The best mirror is an old friend.
- George Herbert

The last day of regular classes for the year is June 10th. Starting Monday, June 13th we will have an exam schedule until June 23rd. Students only need to attend the dates & times they have a final exam those weeks. The exam schedule will be out quite soon along with transportation information.
Starting May 3 the YMCA is launching a **free college planning informational series**. In partnership with Advantage College Planning, on the first Tuesday of each month we are offering an online monthly virtual meeting to answer questions about college planning. Each informational session begins at 7:00 pm and runs for approximately 45 minutes, and is free and open to the public. More information can be found on the website ([https://www.ymcabn.org/planning-college](https://www.ymcabn.org/planning-college)).

**Calling all senior parents!!!! Please sign up for our Senior Class Email to get all the updated information about Senior Activities!**

willnorth2022@gmail.com
MEET THE CANDIDATES Night

Wednesday, May 11, 2022
7:00 p.m. – 9:00 p.m.

1A - Stuart Bulan      2A - Teresa Anne Leatherbarrow      3A - Matthew Riggi
4A - Christina Bleckinger      5A - Jessica Foscolo

Available on the District’s YouTube Channel:
https://www.youtube.com/watch?v=X70LisH62UM

To submit a question to candidates, please complete this Google form:
https://docs.google.com/forms/d/e/1FAIpQLSjZ5zmSJ6K1XCEjjUUMG4WGEc3zLMHn0cLGu02ipR7xg/viewform

Presented By: Williamsville PTSA Council
Moderated By: League of Women Voters of Buffalo Niagara
The Williamsville North DECA chapter, advised by Mr. Alan Balsdon, continued to outshine the competition at this year’s NYDECA State Career Conference. Even though things were much different this year, North’s members rose to the challenge and showed an unmatched dedication and commitment to their competitions. This conference was the culmination of the New York State DECA year and the final step to participating in the International Career Development Conference in April. With Williamsville North’s representation of 55 students, the chapter amassed an impressive number of awards and had the following 16 students qualify to compete at the International Career Development Conference.


Other North competitors received recognition for their achievement in their events including many top five medals for their role-play, test and overall finish. These students are: Joseph Saia, Ronald Vincent, Gavin Miller, Leah Stone, Hadley Katzman, Corrine Meldrum, Drew Katzman, Adarsh Narayanan, Ian Lopes, Ananya Chandra, Matt Klapp, Isadora Pellegrinetti, Jimmy Kasperek, Niharika Arany, Victoria Bollinger, Sydni Wasserman, Annabel Cavall, Carolina Brown, Josephine Peck, Ethan Stierheim, Noah Stierheim

The Williamsville North community is very proud of the accomplishments of these students and young business people. The chapter hopes to maintain this high level of success at the International Career Development Conference at the end of April. Aside from these conferences, the chapter is involved in many fundraisers and community service projects. For more information about DECA, please visit www.newyorkdeca.com or www.deca.org. Also, don’t forget to check out the DECA WITS page for more information on what is going on for North DECA.
Congratulations to the following North High School students who will be inducted into the NATIONAL HONOR SOCIETY at a ceremony to be held in North’s auditorium on Tuesday, April 5, 2022:

Eyiwunmi Akinyele
Brady Alexander
Aya Amer
Brier Amerlinck
Niharika Arany
McKenna Archer
Vallabh Baldwa
Victoria Behun
Paige Bessel
Amelia Blake
Sydney Blake
Micaela Bollinger
Carolina Brown
Caroline Brown
Gabriella Brown
Haley Brown
Harrison Brown
Numaan Bukhari
Miranda Burgett
Ava Burke
Makayla Callahan
Noah Callesto
Julia Chamberlin
Jackie Cho
Andrew Ciambella
Melanie Cooper
Tyler Costin
Sean Courtney
Miguel Cruz
Kara Dees
William Deinzer
Ashley Dellinger
Zachary Dellinger
Haley Domagala
Emily Dreyer
Arianna Elefante
Lauren Farber
Josephine Flemming
Ava Fletch
Reagan Frey
Jack Gennocro
Gavin Griffin
Sarah Harmon
Natalie Henzler
Samuel Hepworth
Sydney Holet
Karen Honan
Karen Huang
David Iskander
Emilio Izquierdo
Ella Johel
Marissa Kalwicki
John Kerr
Jacob Kim-Kubiak
Hannah Klein
Lauren Koenig
Christopher Kramer
Kaitlyn Lamb
Jack Leberer
Elizabeth Macartney
Molly Mackes
Zaara Malik
Molly Martin
Nathaniel Marzec
Benjamin Matesic
Madison McCarthy
Lily Meltser
Gavin Miller
Gabriella Mirand
Julia Mulderig
Corrinne Myers
Natalie Navis
Alexa Neira
Anna Nezha
Lilianna Palumbo
Jacob Parzych
Tyler Pastore
Josephine Peck
Savannah Penetrante
Charles Persons
Brayden Peters
Seanna Poehler
Giana Pollina
Hayden Radel
Rithvik Ravichandran
Hannah Retzer
Ashley Roca
Elaina Rodgers
Amanda Rottenberg
Amaya Rushing
Isabella Schmidt
Owen Schmidt
Kristina Schrflau
Jessica Schroeder
Sela Schulefand
Ava Shiff
Vincent Signore
Leland Snyder
Ethan Stierheim
Mary Stockman
Alyssa Strozewski
Cliff Sun
Julia Swick
Ruth Tefera
Samuel Tringali
Andrew Tucker
Chase Verrastro
Mia Wagner
Andrew Wang
Sydni Wasserman
Grace Watson
Ryan Weiss
John Welgoss
Noah Wexler
Darya Yermakova
Kaylee Zemla
The Spartan of the Month program is meant to promote success in and out of the classroom. For a student to be a well-respected citizen, they must be able to balance many different areas of life. They must exemplify outstanding characteristics both as a student and as a citizen of the community. The student must be able to handle many different aspects of student life while maintaining excellence in the classroom. This award is designed to nominate and select students who promote and take pride in Williamsville North High School and in themselves. Congratulations to this month’s selections!

<table>
<thead>
<tr>
<th>STAFF MEMBER:</th>
<th>STUDENT NOMINEE:</th>
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<tbody>
<tr>
<td>Mrs. Arroyo</td>
<td>Hannah Perry</td>
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<td></td>
<td>Cole Rossano</td>
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<tr>
<td>Mrs. Barnes</td>
<td>Alexa Neira</td>
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<tr>
<td>Ms. Barney</td>
<td>Daniela Arreguin Tenorio</td>
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<td>Mrs. Beaudet</td>
<td>Ashley Lonczak</td>
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<td>Ms. Cardinale</td>
<td>Lauren Flynn</td>
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<td>Inwoo Shin</td>
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<td>Connor Smith</td>
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<td></td>
<td>Corrigan Strohmeier</td>
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<td>Mrs. Dunlap</td>
<td>Lola Jordan</td>
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<td>Mrs. Goergen</td>
<td>Yasmin Malik</td>
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<td>Jolynda Wang</td>
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<td>Ms. Hitzges</td>
<td>Ari Klein</td>
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<td>Mrs. Hooper</td>
<td>Soha Shah</td>
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<td>Mrs. Johnson</td>
<td>Jacob Lozo</td>
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<td>Mrs. Kruszynski</td>
<td>Ava Licata</td>
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<td>Mr. Murphy</td>
<td>Alex Faulhaber</td>
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<td>Soha Shah</td>
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<td>Ms. Nigam</td>
<td>Morgan Daege</td>
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<td>Michael Deck</td>
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<td>Michael Dreyer</td>
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<td>Kathryn Grady</td>
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<td>Daniel Litt</td>
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<td>Cataleena Mailloux</td>
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<td>Brooke O'Donoghue</td>
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<td>Nicholas Smith-Lewis</td>
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<td>Colton Walsh</td>
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<td>Lucas Rautenstrauch</td>
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<td>Mrs. Oehler</td>
<td>Nicholas Smith-Lewis</td>
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<td>Mrs. Rautenstrauch</td>
<td>Keira Feuerstein</td>
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<td>Hannah Klein</td>
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<tr>
<td>Mrs. Tringali</td>
<td>Victor Moscoso</td>
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<tr>
<td>Mrs. Tuttle</td>
<td>Ella Modicamore</td>
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<tr>
<td>Ms. Weiss</td>
<td>Paul Reynolds</td>
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Below is a link to the support structures we have for students in Williamsville in addition to a video on the Learning Labs that have been developed at each high school this year.
The Spartan of the Year Award is an SDM initiative and will be given to a graduating senior who, as viewed by the staff of Williamsville North, exemplifies all of the following characteristics.

The Spartan of the Year: is respectful to peers, faculty, and staff. demonstrates a strong sense of responsibility with academics as well as sports, extracurricular activities, the arts, community service, etc. is intrinsically motivated and values academic achievement with integrity while supporting peers to also achieve their best academically. is resilient and has persevered through life’s challenges (academic, personal, etc.)
FINANCIAL AID NIGHT

Tuesday, April 26th
6:30pm - 7:30pm
Williamsville South Auditorium

- Presentation by a local financial aid expert
- College planning & financial aid information
- FAFSA information

This event is for
Williamsville North & South
**AIRDROP TECH TIPS**

AirDrop (Using iPhones or Apple devices) can be a great tool for sharing resources. Apple users should be aware of iPhone settings to limit unwanted sharing.

**HOW TO EDIT AIRDROP SETTINGS**

You can turn receiving off, or limit to contacts only. You will still get pop-ups asking you if you accept the AirDrop.

**NAME YOUR DEVICE PROPERLY**

It is recommended that you only accept AirDrop requests from known devices. “iPhone” may be too generic.
ATTENTION SENIOR PARENTS

Join our Facebook page - 2022 Will North Senior Fan Club

We're officially in 2022 and getting closer to the end of year Senior activities. There are still senior class committees that have no chairs or could still use extra help. We are looking for a chair to organize collecting local business donations. This would entail sending letters and/or visiting local businesses and working to get $25 dollar gift cards donated. Great ideas are local pizza places, coffee shops, smoothie bars, gas, restaurants, convenience stores, etc. If you would be able to help with this committee or have a couple of friends that would like to do it together we could really use your help. The other committees we have, that could always use more help are:

"Super prize" donations

Senior and Guest registration

Decorations

Food and Beverage

Prize distribution

Fundraising

Also, if anyone is able to donate gift cards or items that the students would be excited about winning we would love your donations.

Other ways to help the senior class is to save your Dash's receipts and bring them to the main office and sign up on Amazon smile for Williamsville North HS and a % of all your purchases on Amazon will go to our PTSA.

Thank you and if you have any questions please contact Taunya Abaya (taunyaabaya@yahoo.com) or Andrea Weissenburg (ap1yz@aol.com)
SPECIAL DASH'S RECEIPT COLLECTION

to benefit
Spartan Class of 2022
celebration activities!

It's Easy!
Shop at any Dash's location. Collect your receipts.
Once you have a bunch, turn them in at North or to a North senior parent volunteer.
Label the envelope "Spartan Class of 2022"

Dash's donates $2.50 per $100 spent.
For example $50,000 collected in receipts = $1,250!

Andrea Weissenburg
26 Shady Oaks Ct
East Amherst
716-553-6114

Taunya Abaya
480 Rambling Rd
East Amherst
716-535-9603
REMINDER

MASKS are OPTIONAL

However, if you test positive and return from isolation early, **MASKS ARE REQUIRED** to be worn on return to school days 6-10.

For more information visit: COVID-19 Education page www.williamsvillek12.org
Signs and Symptoms of COVID-19

- Fever (100F or greater) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

REMINDER: Any student, faculty, or staff member that exhibits signs and/or symptoms of COVID-19 must stay home regardless of vaccination status. At the onset of signs/symptoms do not report to the school building, immediately report signs/symptoms to your school of attendance so proper steps can be followed to return to school, and notify your direct supervisor. This also applies to any student, faculty, or staff member that receives a positive COVID-19 test result.
SOCIAL EMOTIONAL LEARNING: SELF CARE

In so many ways, parents are selfless. We spend countless hours working, managing our homes and finances, most importantly, caring for our families. However, putting all of our efforts and energies into these responsibilities can become overwhelming. When we think of the term “burnout” we often perceive it in relation to one’s profession. However, our family obligations can be similarly exhausting. If we spend so much time caring for others, we risk becoming so overdrawn that we can’t effectively care for anyone.

If you’ve ever traveled by airplane, you’re familiar with this concept. The flight attendants always explain the importance of putting on your own air flow mask before assisting others. When your feet are on the ground, the same concept applies. This is particularly important because our children learn by example. If they see us over-committing and not taking care of our minds and bodies, they will likely do the same. By engaging in self-care practices, we role-model the importance of maintaining balance in our lives. The benefits of this are not only better physical and mental health, but that we also become more effective and efficient in our jobs, or as students, in school.

I am providing a printable self-care checklist below that your family can use to assess where your self-care strengths lie. You can also use the checklist to set goals in areas where you may not be as strong. I encourage you to complete this for yourself, but also to use it to coach your child towards better self care.

https://drive.google.com/file/d/1j7U2tWHRIZYKuE-DAc-e2sCOx-iup16M/view?usp=sharing
GOALS FOR 2021-2022

Shared Decision Making (SDM Goals)
We continue to confront issues that are relevant and that could make a positive impact on our school community. We have some academic and social emotional learning goals, along with last year's goal dealing with school unity.

*Social Emotional Learning Goal: This is a continued goal from last year. We will be working toward encouraging teachers to do community circles in their classrooms to help with social / emotional issues. The pandemic is still a part of our community, and we need to help students who are struggling emotionally. Our plan is to speak at a faculty meeting, post community circle prompts, and follow up with teachers in the spring.

Academic and School Community Building/ Unity Goal #1: Spartan of the Year Endeavor. Since there is no class rank anymore, we would like to build a sense of community through nominating a Spartan who represents everything about North-leadership, teamwork, etc. This is a goal from last year as well, and it was pretty successful. We would like to continue this endeavor and focus on communication (with students, parents, teachers, etc.). This is an honored tradition, and our goal is to publicize and clarify this honor. This student will speak at graduation this year just like our recipient, Sarah Jiang, did last year.

Academic and School Community Building/ Unity Goal #2: Freshmen Connection: We are concerned that freshmen aren’t making enough connections with the school community. Working with the guidance department, support staff (cafeteria monitors), administration, and teachers, we will survey staff and students regarding: freshmen behavior, freshmen academic needs/ wants, freshmen supports, etc. Our goal is to compile resources for freshmen and also create a means of keeping them connected to school (i.e., via clubs, through Link Crew, etc.).

School Community Building/ Unity Goal: Spartan Event of the Week. This was a goal we started two years ago, and we are tackling this again. This year, we will publicize an event each week and encourage students and community members to participate in the event. Club advisors will sign up for a designed slot in the weekly newsletter and using a slide template, will publicize their club. We’ve been working closely with administration to highlight all school events.

Communication Goal: We will communicate with community members via the weekly newsletter (who we are, parent/ student feedback and input). Our goal is to better educate the public about SDM’s work/ goals. *Mrs. Doviak will be speaking at PTSA on 11/1 re: our goals, past goals/ successes, etc.

Mission Statement
We are a representative group of the Williamsville community who agree to convene in order to plan, problem-solve & set direction for the improvement of student achievement & character development at Williamsville North High School. We are committed to fostering a safe, respectful & nurturing learning climate that encourages students to achieve their fullest potential academically, emotionally, physically & creatively. Our purpose is to positively impact education & allow for the personal growth of all students at Williamsville North, so that they can become the leaders of tomorrow & shape the future.
The Williamsville PTSA Council, with financial support from the PTSA Council Holiday Craft Show, is awarding 8 scholarships of $750 each to graduating seniors. Eight seniors from the district’s three high schools will receive a scholarship that may be used at any college or university or vocational school/training. All high school seniors are encouraged to apply.

The selection as a finalist will be based on three equally weighted criteria:
- Activities in school
- Service in the community and extra-curricular activities
- Written essay

Scholarship Qualifications:
- An Applicant must:
  - Be a Williamsville Central School student for at least one full year preceding graduation.
  - Be a member of a Williamsville Central School District PTSA unit - PTSA unit name or a copy of your membership card.
  - Complete the online google application form and submit your essay and two supporting documentation via pdf via the google form, email to the account below, or printed neatly and submitted by mail/drop.
- The deadline for all items to be submitted is Sunday, May 1, 2022 at 11:59 PM.

The selection committee will weigh the merits of each candidate and mutually select those students felt to be most deserving of this award.

WPTSACScholarship@gmail.com with any questions
ATTN: HIGH SCHOOL STUDENTS!

2021-2022 WILLIAMSVILLE PTSA DISTRICT COUNCIL STUDENT APPLICATION

Scan the QR code for more information and the student application.

Williamsville PTSA Council
PTA®
everychild. onevoice.
Spartan Athletics Update

Game schedules are weather-dependent. Please refer to the link below for schedules that are updated daily.

[T9Dqr4gb3UuI1Z_6xhwZqp2tJo/edit](T9Dqr4gb3UuI1Z_6xhwZqp2tJo/edit)
Please use the links below to get information on the district’s capital project.

VIDEO: https://www.youtube.com/watch?v=yjHe4_GyD10

Important Links:

Free & Reduced Lunch Application
Health/Wellness Tips & Information
Williamsville SEPTSA Information
Williamsville North Webpage
Williamsville North PTSA
Williamsville North Guidance Office
Williamsville North Library Webpage
Special Education PTSA

for exceptional students with special education or gifted programming needs

RSVP for our 2021-22 SEPTSA events here: bit.ly/SEPTSA21-22

Williamsville Special Education PTSA Programs
are open to the public & all are welcome!
In WCSD Office Conference Rooms,
105 Casey Rd, East Amherst, NY 14051
unless otherwise noted.

Addressing Social-Emotional Needs in Students
Thu Oct 28, 7pm - 8:45pm, Virtual event

Technology for All & Assistive Technology for
Students w/ Special Needs
Thu Nov 18, 7pm - 8:45pm

Regional SEPTSA Gathering,
Thu Dec 9, Time & Location TBD

Special Education: What’s it all about?
Thu Jan 27, 7pm - 8:45pm

Is my Child Gifted?
Thu Feb 17, 7pm - 8:45pm

What are the acronyms OT & PT?
Thu Mar 24, 7pm - 8:45pm
Learn more about occupational & physical therapy.

Inclusive Programming for Children w/ Autism
Spectrum Disorders (ASD),
Thu Apr 28, 7pm - 8:45pm
This seminar provides school personnel with
practical & evidence-based intervention techniques
to maximize the success of students with ASD
within public education settings.
Presenter: The Summit Center.
TBD, Thu May 26, 7pm - 8:45pm

Support & Networking for WCSD
Special Education & Gifted Services
Meet others supporting exceptional education &
bring your questions, ideas, or concerns.
Please RSVP to receive confirmed location
and/or virtual link the day before.
With so much changing we are trying to be flexible.

Sun Oct 10, 6:30 pm - 8 pm
Sun Nov 7, 6:30 pm - 8 pm
Sun Jan 9, 6:30 pm - 8 pm
Sun Feb 13, 6:30 pm - 8 pm
Sun Mar 13, 6:30 pm - 8 pm
Sun Apr 10, 6:30 pm - 8 pm
Sun May 8, 6:30 pm - 8 pm
Sun Jun 12, 6:30 pm - 8 pm

Membership Meetings
Become a member:
wseptsa.memberhub.com/store
Support exceptional education
(prior to our programs) at 6:15pm on
Nov 18, Jan 27, Mar 24 & May 26

Connect With Us:
www.williamsvilleseptsa.org
williamsvilleseptsa@gmail.com
facebook.com/WSEPTSA
twitter.com/WSeptsa
North PTSA

Upcoming PTSA Meeting
Monday, May 2, 2022 @ 7pm
No RSVP required - join us in North’s Downstairs Cafe

The Snack Shack Needs YOU!
Please volunteer for a shift during the month of May
The Snack Shack proceeds goes toward supporting Senior events and all student programming. Please sign up at https://www.signupgenius.com/go/20f084eada722a6fc1-maysnack

Support the Spartan Class of 2022!
Collect your Dash’s receipts and support our students!
Send all Dash’s receipts in to WNHS and label “Spartan Class of 2022”.
Dash’s donates $2.50 for every $100 spent!

Shop Amazon Smile and support our North students!
Smile.amazon.com
Type in Williamsville North PTSA (listed as PTA New York Congress 19390 Williamsville North PTSA) as your charity. A portion of the price of eligible purchases is donated to help support our students!

Follow us on Social Media
@ WillNorth PTSA
willnorthptsa
@ptsa_north

Join WNHS PTSA
~Support North students, events and be eligible for sponsored scholarship~
$10 adults and $7 students
Join online today at https://willnorth.memberhub.com/store