Take a chance! All life is a chance. The man who goes furthest is generally the one who is willing to do and dare.

<table>
<thead>
<tr>
<th>12/20</th>
<th>12/21</th>
<th>12/22</th>
<th>12/23</th>
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</thead>
<tbody>
<tr>
<td>C-Day</td>
<td>D-Day</td>
<td>E-Day</td>
<td>F-Day</td>
</tr>
</tbody>
</table>
Below is North’s exam schedule for January 25th-28th. Monday, January 24th is a regular day of instruction. 1/25 - 1/28, students only come in when scheduled for an exam. We will send out a transportation schedule early in January.

### JANUARY 2022 EXAM SCHEDULE
#### NORTH HIGH SCHOOL

<table>
<thead>
<tr>
<th>January 25</th>
<th>January 26</th>
<th>January 27</th>
<th>January 28</th>
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<tbody>
<tr>
<td>8:00 a.m</td>
<td>8:00 a.m</td>
<td>8:00 a.m</td>
<td>8:00 a.m</td>
</tr>
<tr>
<td>English Language Arts</td>
<td>Algebra 1</td>
<td>Global History &amp; Geography</td>
<td>Physical Setting/Earth Science</td>
</tr>
<tr>
<td>Living Environment R</td>
<td>Physical Setting/Physics</td>
<td>PreACT</td>
<td>Physical Setting/Chemistry</td>
</tr>
<tr>
<td>Living Environment A</td>
<td>Global S</td>
<td></td>
<td>Health</td>
</tr>
<tr>
<td>Physics R</td>
<td>Precalculus A</td>
<td></td>
<td>Finance</td>
</tr>
<tr>
<td>Physics A</td>
<td>Calculus AB/BC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AP Psychology</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:00PM</td>
<td>12:00PM</td>
<td>12:00PM</td>
<td>12:00PM</td>
</tr>
<tr>
<td>Living Environment</td>
<td>Geometry</td>
<td>Algebra II</td>
<td>Global 10 (Flowers)</td>
</tr>
<tr>
<td>Algebra I</td>
<td>Geometry R</td>
<td>Earth Science</td>
<td></td>
</tr>
<tr>
<td>Algebra II R</td>
<td>Geometry A</td>
<td>Chemistry R</td>
<td></td>
</tr>
<tr>
<td>Algebra II A</td>
<td>AP US History</td>
<td>Chemistry A</td>
<td></td>
</tr>
<tr>
<td>Economics</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Red=Regents exam
Blue=District exam
Black=Midterm exam
Winter Recess will begin, **Friday, December 24, 2021 through Sunday, January 2, 2022**. School will resume on Monday, January 3, 2022.

**The Guidance and Main Offices** will be open on the following dates:

**Guidance (7:30a – 3:00p)**

Tuesday, December 28

Wednesday, December 29

**Main Office (7:30a – 3:00p)**

Wednesday, December 29

The **entire building** will be **closed and locked** on the following dates:

Friday, December 24

Saturday, December 25

Sunday, December 26

Monday, December 27 (Open for Sports only – closed after 12:30 pm)

Thursday, December 30

Friday, December 31

Saturday, January 1

Sunday, January 2
Weekly Update
NORTH HIGH

North’s 2021 Variety Show Highlights
OCTOBER PSAT INFORMATION

Regarding the October PSATs, the College Board has sent the students emails letting them know when the scores would be available and how to access the scores (either signing in or creating an account). Please know that every student did put an email on their answer sheet. Your child can also pick up their test booklet from the Guidance office should they want to review the questions. If you need any additional information, please contact your child’s school counselor.
The Williamsville Central School District is seeking nominations for its Wall of Fame honoring graduates for extraordinary achievements in career and public service. The deadline for nominations is April 15, 2022.

The nomination form can be accessed at the following link: [Wall of Fame Nomination Form](#)

To be eligible, candidates must have graduated at least ten years ago from Williamsville East, North, or South High Schools, or be a graduate of the original Williamsville High School. Their contributions to humanity, community service, and philanthropic endeavors are important considerations along with their professional achievements and leadership.

Established in 2000, the Wall of Fame has recognized more than 100 Williamsville alumni for their contributions and accomplishments. The next induction ceremony will take place on Thursday, November 10, 2022.

The Williamsville Education Foundation, Inc. sponsors the Wall of Fame in conjunction with the District’s three high schools. The selection committee includes members of the Foundation Board of Directors and representatives from each Williamsville high school.

Nomination forms are available on the District website, the Foundation website, [www.wedf.org](http://www.wedf.org), or by calling (716) 626-8005.
Signs and Symptoms of COVID-19

- Fever (100F or greater) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

REMEMBER: Any student, faculty, or staff member that exhibits signs and/or symptoms of COVID-19 must stay home regardless of vaccination status. At the onset of signs/symptoms do not report to the school building, immediately report signs/symptoms to your school of attendance so proper steps can be followed to return to school, and notify your direct supervisor. This also applies to any student, faculty, or staff member that receives a positive COVID-19 test result.
This past Sunday, 53 Williamsville North DECA members competed at the Region 12 competitions held at Grand Island HS. The students did a phenomenal job representing their school, their chapter and themselves in everything they did. North had an impressive showing, with 31 students qualifying for this year’s State Career Conference. Those students will be joined by 18 other members who are competing in a manual event at States this year.

Please help me congratulate the following 49 students on a job well done!

Amerlinck
Arany
Bailey
Baldwa
Bastible
Bollinger
Brown
Burgio
Cavall
Chandra
Cooper
Courtney
Czosnyka
Danilovich
Gavin
Hoffman
Hudecki
Kandarpa
Kasperek
Katzman
Katzman
Klapp
Lopes
Mallya
Meldrum

Brier
Niharika
Ryan
Vallabh
Jackson
Victoria
Carolina
Maya
Annabel
Ananya
Melanie
Sean
Evan
Galina
Miller
Brooke
Gretchen
Tejaswi
James
Drew
Hadley
Matthew
Ian
Pratik
Corrine

Michalowski
Narayanan
Palmer
Pandit
Pastore
Peck
Peer
Pellegrinetti
Penetrante
Rivera
Saia
Seo
Sriram
Stierheim
Stierheim
Stone
Sun
Swiech
Vincent
Viscome
Viscome
Wasserman
Weiss
Weissenberg

Christian
Adarsh
Max
Sumitra
Tyler
Josephine
Miranda
Isadora
Savannah
Sophia
Joseph
Angela
Sathvika
Ethan
Noah
Leah
Jade
Chaderick
Ronald
Cole
Gianna
Sydni
Jack
Abigail

Officers: Hadley Katzman - President, Angela Seo - Executive Vice President, Vallabh Baldwa - VP of Competitive Events, Leah Stone - VP of Finance, Corrine Meldrum - VP of Project Management, Brier Amerlinck - VP of Communications
The Spartan of the Month program is meant to promote success in and out of the classroom. For a student to be a well-respected citizen, they must be able to balance many different areas of life. They must exemplify outstanding characteristics both as a student and as a citizen of the community. The student must be able to handle many different aspects of student life while maintaining excellence in the classroom. This award is designed to nominate and select students who promote and take pride in Williamsville North High School and in themselves. Congratulations to this month’s selections!

<table>
<thead>
<tr>
<th>STAFF MEMBER:</th>
<th>STUDENT NOMINEE:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mrs. Cardinale</td>
<td>Dax Bartlett</td>
</tr>
<tr>
<td></td>
<td>Sumittra Pandit</td>
</tr>
<tr>
<td></td>
<td>Joel Turner</td>
</tr>
<tr>
<td>Ms. Hitzges</td>
<td>Lily Fiore</td>
</tr>
<tr>
<td>Mrs. Lehman</td>
<td>Hailey Epstein</td>
</tr>
<tr>
<td></td>
<td>Lily Fiore</td>
</tr>
<tr>
<td>Mr. Mulcacy</td>
<td>Daniel Rovner</td>
</tr>
<tr>
<td>Ms. Nigam</td>
<td>Chloe Atallah</td>
</tr>
<tr>
<td></td>
<td>Joshua Stover</td>
</tr>
<tr>
<td></td>
<td>Angelina Tupchik</td>
</tr>
<tr>
<td>Mrs. Rautenstrauch</td>
<td>Lauren Farber</td>
</tr>
<tr>
<td>Mrs. Rosa</td>
<td>Lola Jordan</td>
</tr>
<tr>
<td></td>
<td>Soha Shah</td>
</tr>
<tr>
<td>Mr. Scott</td>
<td>Daphne Adams</td>
</tr>
<tr>
<td>Ms. Weiss</td>
<td>Mason Schultz</td>
</tr>
<tr>
<td></td>
<td>Chase Verrastro</td>
</tr>
</tbody>
</table>
Shared Decision Making (SDM)
See our mission statement below. We work collaboratively to help shape our students to become successful leaders.

What we’ve accomplished in the last two years:
1. Created our school’s motto- Spartans: Learning Today, …Leading Tomorrow
2. Branded our school spartan head
3. Clubs/ Sports- Event of the Week
4. Created the Spartan of the Year Award

Current SDM Committee Members

Parent Representatives: Mrs. Karen Shiff, Ms. Jennifer Kerr, and Ms. Michelle McKinstry
Teacher Representatives: Mrs. Michelle Doviak (Chair), Ms. Emily Cardullo, and Mrs. Jackie Goergen
Administrative Representative: Mr. Bob Coniglio, Principal
Support Staff Representatives: Mrs. Patricia Ryan
Community Member Representative: Mr. Tom Lucia
Student Representatives: Angela Seo (12) and Gavin Miller (11)
GOALS FOR 2021-2022

Mission Statement
We are a representative group of the Williamsville community who agree to convene in order to plan, problem-solve & set direction for the improvement of student achievement & character development at Williamsville North High School. We are committed to fostering a safe, respectful & nurturing learning climate that encourages students to achieve their fullest potential academically, emotionally, physically & creatively. Our purpose is to positively impact education & allow for the personal growth of all students at Williamsville North, so that they can become the leaders of tomorrow & shape the future.

Shared Decision Making (SDM Goals)
We continue to confront issues that are relevant and that could make a positive impact on our school community. We have some academic and social emotional learning goals, along with last year's goal dealing with school unity.

*Social Emotional Learning Goal: This is a continued goal from last year. We will be working toward encouraging teachers to do community circles in their classrooms to help with social / emotional issues. The pandemic is still a part of our community, and we need to help students who are struggling emotionally. Our plan is to speak at a faculty meeting, post community circle prompts, and follow up with teachers in the spring.

Academic and School Community Building/ Unity Goal #1: Spartan of the Year Endeavor. Since there is no class rank anymore, we would like to build a sense of community through nominating a Spartan who represents everything about North-leadership, teamwork, etc. This is a goal from last year as well, and it was pretty successful. We would like to continue this endeavor and focus on communication (with students, parents, teachers, etc.). This is an honored tradition, and our goal is to publicize and clarify this honor. This student will speak at graduation this year just like our recipient, Sarah Jiang, did last year.

Academic and School Community Building/ Unity Goal #2: Freshmen Connection: We are concerned that freshmen aren’t making enough connections with the school community. Working with the guidance department, support staff (cafeteria monitors), administration, and teachers, we will survey staff and students regarding: freshmen behavior, freshmen academic needs/ wants, freshmen supports, etc. Our goal is to compile resources for freshmen and also create a means of keeping them connected to school (i.e., via clubs, through Link Crew, etc.).

School Community Building/ Unity Goal: Spartan Event of the Week. This was a goal we started two years ago, and we are tackling this again. This year, we will publicize an event each week and encourage students and community members to participate in the event. Club advisors will sign up for a designed slot in the weekly newsletter and using a slide template, will publicize their club. We’ve been working closely with administration to highlight all school events.

Communication Goal: We will communicate with community members via the weekly newsletter (who we are, parent/ student feedback and input). Our goal is to better educate the public about SDM’s work/ goals. *Mrs. Doviak will be speaking at PTSA on 11/1 re: our goals, past goals/ successes, etc.
ATTN: HIGH SCHOOL STUDENTS!

2021-2022 WILLIAMSVILLE PTSA DISTRICT COUNCIL STUDENT APPLICATION

Scan the QR code for more information and the student application

[QR Code Image]

Williamsville PTSA Council
PTA®
evychild. one voice®
**Spartan Athletics Update**

### Home Game Guidelines

*4 spectators per home athlete will be admitted*
*Spectators for JV game should leave following conclusion of JV game*
*Student section will be limited to 105 students; first come basis*
*Masks are to be properly worn indoors at all times*
*$1 student/$3 adult admission for JV/Varsity boys basketball games*

<table>
<thead>
<tr>
<th>DATE</th>
<th>SPORT</th>
<th>OPPONENT</th>
<th>TIME</th>
<th>BUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 12/19/2021</td>
<td>Varsity Hockey</td>
<td>@Frontier Harbor Center</td>
<td>7:15pm</td>
<td></td>
</tr>
<tr>
<td>Monday 12/20/2021</td>
<td>B/G Bowling</td>
<td>v. Starpoint Transit Lanes</td>
<td>4:00pm</td>
<td></td>
</tr>
<tr>
<td>Monday 12/20/2021</td>
<td>Varsity Girls Basketball</td>
<td>v. Clarence</td>
<td>7:00pm</td>
<td></td>
</tr>
<tr>
<td>Monday 12/20/2021</td>
<td>JV Girls Basketball</td>
<td>v. Clarence</td>
<td>5:30pm</td>
<td></td>
</tr>
<tr>
<td>Tuesday 12/21/2021</td>
<td>Varsity Boys Basketball</td>
<td>v. Ken-East</td>
<td>7:00pm</td>
<td></td>
</tr>
<tr>
<td>Tuesday 12/21/2021</td>
<td>JV Boys Basketball</td>
<td>v. Ken-East</td>
<td>5:30pm</td>
<td></td>
</tr>
<tr>
<td>Tuesday 12/21/2021</td>
<td>MOD Wrestling</td>
<td>@Will South Will South HS</td>
<td>6:00pm</td>
<td>5:00pm</td>
</tr>
<tr>
<td>Wednesday 12/22/2021</td>
<td>Varsity Wrestling</td>
<td>v. Orchard Park</td>
<td>6:00pm</td>
<td></td>
</tr>
<tr>
<td>Wednesday 12/22/2021</td>
<td>B/G Bowling</td>
<td>v. Will South Transit Lanes</td>
<td>4:00pm</td>
<td></td>
</tr>
<tr>
<td>Thursday 12/23/2021</td>
<td>Varsity Boys Basketball</td>
<td>v. McKinley Amherst HS</td>
<td>5:30pm</td>
<td>4:15pm</td>
</tr>
<tr>
<td>Thursday 12/23/2021</td>
<td>Varsity Girls Hockey</td>
<td>@Amherst Northtown – Feature</td>
<td>4:30pm</td>
<td></td>
</tr>
</tbody>
</table>
GOOGLE CLASSROOM GUARDIAN SUMMARIES

Teachers can invite guardians to receive automatic emails from Google Classroom about missing work, upcoming work, and class activity.

Example of guardian summary

Contact your child's teacher and provide your email address to sign up for guardian summaries.

Guardian Summaries Support from Google

CONNECT TO WCSD WIFI W/ PERSONAL DEVICE

Chromebook, iPhone, Laptop

Students can bring personal devices to school and connect to WCSD Wifi. Click for Overview

Android Users

Help for students having trouble connecting to Wifi: Click Here

Help for students having trouble accessing their WCSD profile for Google Workspace for Education. Click here for support from Google

WITS & LANDING PAGES

WITS

WITS PARENT PORTAL TUTORIAL

Accessing Grades and Progress Reports

View Missing Assignments

LANDING PAGES

North's Landing Page for Teacher Pages

How to access and navigate the site

NEED A DEVICE?

TIPS FOR STUDENTS

Sign out a device from the library

Chromebooks are available in the library for a 2-night loan. Stop by the library to sign out a Chromebook.

Google Access on iPhone

If you have an iPhone, you can download Google Apps and sign into your Williamsville account.

More Tips

-Go to library to borrow a device during a free mod.
-Talk to your study hall teacher about borrowing a Chromebook during the mod.

TECHNOLOGY TIPS
SOCIAL EMOTIONAL LEARNING

These days, it feels like a LOT is out of our control. That can quickly lead to feelings of anxiety and helplessness. Sometimes it makes us feel like _everything_ is out of our control. One effective strategy for responding to this is creating a Sphere of Control. It helps us focus our energy more efficiently on what we can control and influence.

The “control” segment includes things an individual person has control over such as their beliefs, thoughts, choices, and behaviors. Choosing to study for an exam instead of playing X-Box all night, would be in the sphere of control.

The “influence” segment refers to things an individual may have some say in or be able to contribute to but does not have ultimate control over. For example, a teen might be involved in negotiating curfew or other family rules. Their relationship with their parents, the choices they make and their behaviors influence family rules even though guardians ultimately make those decisions.

The “concern” segment includes things an individual cares about or is impacted by, but that they don’t have the ability to control or influence in an immediate or meaningful way. Natural disasters are a pretty extreme, but good example of this. Individuals can control how they prepare for emergencies. They can make choices about evacuating or not. They can even influence policies and practices related to natural disaster responses. But in the end, individuals don’t have any say in whether or not one happens, regardless of how concerned they might be.

Many people spend a great deal of time, energy, and worry on things that fall into the sphere of concern which just leads us to feel like we’re spinning our wheels. Sometimes we spend so much energy on those things that we don’t have any energy left to dedicate to the things we actually can control. However, our best chance at reducing anxiety and solving problems is when we identify what we can control and take ownership of those things. That doesn’t mean we should stop caring about things in our sphere of concern; it just means that if we spend too much time focusing on them, it can become exhausting and stressful.

You can use this strategy for any segment of your own life and model it for your child. It can be especially helpful to complete a sphere for a specific part of your life that you might be struggling in. Maybe for you it’s your workplace or finances. For your child it might be a math class sphere, baseball sphere, or a school club sphere. Whatever your sphere looks like, try to identify specific behaviors and actions that you (or your child) can control that could make life better and ease anxieties.
Important Links:

Free & Reduced Lunch Application
Health/Wellness Tips & Information
Williamsville SEPTSA Information
Williamsville North Webpage
Williamsville North PTSA
Williamsville North Guidance Office
Williamsville North Library Webpage
WNY Regional SEPTSA gathering

Hope you can come!!!!
Please join us at the first regional in-person SEPTSA meeting.

Thursday, December 9 from 7:30 - 9 p.m.
at the Lancaster Public Library conference room
5466 Broadway in Lancaster.
Parking available behind the building.

This is a great time to network and get to know each other,
especially our new groups!
Masks are required for everyone at the library.
No food or drinks allowed (water ok).

Everyone is welcome!!!

Zoom also available below.
Time: Dec 9, 2021 07:30 PM

Meeting ID: 502 870 3286
Passcode: 673624

Orchard Park Special Education
PTSA
everychild.onevoice

Williamsville Special Education
PTSA
everychild.onevoice
www.williamsvilleseptsa.org

SEPTSA
SPECIAL EDUCATION
PARENT TEACHER STUDENT ASSOCIATION
CLARANCE SCHOOL DISTRICT

Special Education
PTA
everychild. onevoice
West Seneca

WESTERN REGION PTA

XADX
Williamsville Special Education PTSA Programs
are open to the public & all are welcome!
In WCSD Office Conference Rooms,
105 Casey Rd, East Amherst, NY 14051
unless otherwise noted.

Addressing Social-Emotional Needs in Students
Thu Oct 28, 7pm - 8:45pm, Virtual event

Technology for All & Assistive Technology for
Students w/ Special Needs
Thu Nov 18, 7pm - 8:45pm

Regional SEPTSA Gathering,
Thu Dec 9, Time & Location TBD

Special Education: What's it all about?
Thu Jan 27, 7pm - 8:45pm

Is my Child Gifted?
Thu Feb 17, 7pm - 8:45pm

What are the acronyms OT & PT?
Thu Mar 24, 7pm - 8:45pm

Learn more about occupational & physical therapy.

Inclusive Programming for Children w/ Autism
Spectrum Disorders (ASD),
Thu Apr 28, 7pm - 8:45pm
This seminar provides school personnel with
practical & evidence-based intervention techniques
to maximize the success of students with ASD
within public education settings.
Presenter: The Summit Center.
TBD, Thu May 26, 7pm - 8:45pm

Support & Networking for WCSD
Special Education & Gifted Services
Meet others supporting exceptional education &
bring your questions, ideas, or concerns.
Please RSVP to receive confirmed location
and/or virtual link the day before.
With so much changing we are trying to be flexible.

Sun Oct 10, 6:30 pm - 8 pm
Sun Nov 7, 6:30 pm - 8 pm
Sun Jan 9, 6:30 pm - 8 pm
Sun Feb 13, 6:30 pm - 8 pm
Sun Mar 13, 6:30 pm - 8 pm
Sun Apr 10, 6:30 pm - 8 pm
Sun May 8, 6:30 pm - 8 pm
Sun Jun 12, 6:30 pm - 8 pm

Membership Meetings
Become a member:
wseptsa.memberhub.com/store
Support exceptional education
(prior to our programs) at 6:15pm on
Nov 18, Jan 27, Mar 24 & May 26

Connect With Us:
www.williamsvilleseptsa.org
williamsvilleseptsa@gmail.com
facebook.com/WSEPTSA
twitter.com/WSeptsa

RSVP for our 2021-22 SEPTSA events here: bit.ly/SEPTSA21-22
In-Person PTSA Meeting:
Monday, January 10, 2022 @ 7pm
*No RSVP required - Join Us in North’s Downstairs Cafe!

Your Spirit Wear Order is Ready for Pick Up!
If you ordered spirit wear in September - it is ready for pick up!! Please contact Michelle McKinstry at mlmckinstry2015@gmail.com to make arrangements to get your order.
Thank you for your support and patience!

January Volunteers at the Snack Shack Needed
Volunteering at the Snack Shack is easy and fun! Please consider volunteering for a shift during the month of January. Please sign up at https://www.signupgenius.com/go/20f084eada722a6fc1-january

Need gifts for the holidays? Shop Amazon Smile!
Smile.amazon.com
Type in Williamsville North PTSA (listed as PTA New York Congress 19390 Williamsville North PTSA) as your charity. A portion of the price of eligible purchases is donated to help support our students!

Join WNHS PTSA and Support our Students!
$10 adults and $7 students
Join online today at https://willnorth.memberhub.com/store

Follow us on Social Media
@ WillNorth PTSA
willnorthptsa
@ptsa_north

Shop at Dash’s?
Collect your receipts and support our students!
Send all receipts in to WNHS.

Attn: Jen Kerr
PTSA Dash’s Receipt Chairperson
Dash’s donates $2.50 for every $100 spent!

Thank you from the WNHS PTSA for all your support for our school! Have a safe and wonderful holiday season!