No act of kindness, no matter how small, is ever wasted.

- Aesop

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<td>F- Day</td>
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Upcoming Events:

We are currently doing a modified version of **Spring Medley**. We will be filming the individual plays and music numbers and putting it together as a virtual show!! We will be sharing a link to the show. More details on the date to come.

This Years Highlights:

- We ran virtual Monologue workshops and performances
- We ran our annual BBQ Chicken Fundraiser
- We ran many virtual meetings and are now doing hybrid
- We have a picture of the month contest
The Spartan of The Month program is meant to promote success in and out of the classroom. For a student to be a well-respected citizen, they must be able to balance many different areas of life. They must exemplify outstanding characteristics both as a student and as a citizen of the community. The student must be able to handle many different aspects of student life while maintaining excellence in the classroom. This award is designed to nominate and select students who promote and take pride in Williamsville North High School and in themselves. Congratulations to this month’s selections!

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Student Nominee</th>
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<tbody>
<tr>
<td>Mrs. Bushey</td>
<td>Amelia Nelson</td>
</tr>
<tr>
<td>Mrs. Boucher</td>
<td>Brier Amerlinck</td>
</tr>
<tr>
<td>Ms. Cardinale</td>
<td>Maya Burgio, Maryam Gilani</td>
</tr>
<tr>
<td>Ms. Darrah</td>
<td>Fadhil Khaleel</td>
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<tr>
<td>Mrs. Dunlap</td>
<td>Hayden Radel</td>
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<tr>
<td>Mrs. Goergen</td>
<td>Savannah Nayor, Sarafina Turner</td>
</tr>
<tr>
<td>Mrs. Kirk</td>
<td>Colin Maddigan, Eunice Park</td>
</tr>
<tr>
<td>Mrs. Kruszynski</td>
<td>Emily An, Alyssa Baker, Lily Baumann, Kylee Colavecchia, Colin Dawley, Jade McLanahan, Alex McMahon, Tessa Miller, Jason Pennella, Jonah Weber</td>
</tr>
</tbody>
</table>
CONGRATULATIONS TO OUR SENIORS WHO WERE RECOGNIZED AT THIS YEAR’S SCHOLASTIC ACHIEVEMENT DINNER ON THURSDAY, MAY 20

SARAH JIANG
Scholastic Achievement Recognition
National Honor Society, Fusion, MSDP, Science Olympiad, Model UN, Student Council, SIHAC, Concert Choir, and Spartones
Plans to study biomedical engineering and pre-medicine at Duke University

CHLOE WEN
Scholastic Achievement Recognition
National Honor Society, Science Olympiad, Student Council
Dance, piano, cello
Plans to study anthropology and pre-medicine at Stony Brook University

ELLIA YANG
Scholastic Achievement Recognition
National Honor Society, Science Honor Society, Biology Honor Society
National Merit Scholarship and Coca Cola Scholarship.
Semi-Finalist, AP Scholar with Distinction
Varsity Swim, Science Olympiad, Student Council. Model UN, DECA, Link Crew
NYSSMA All-State Musician, Wind Ensemble, Symphony Orchestra
University at Buffalo Gifted Math Program
Plans to study Computer Science at Carnegie Mellon University
Digital Learning Expectations

Lessons being delivered remotely should not be recorded by students and/or shared publicly. The online learning classroom is intended for Williamsville North students to participate in. Any parent questions should be directed to teachers outside of the online classroom time. We encourage parents to continue to support their children by allowing them to independently attend synchronous class periods and assisting with homework and assignments outside of class time.

We are all adjusting to new learning experiences and new types of interactions. We all benefit when everyone shares the same expectations. Everyone is expected to adhere to all District Acceptable Use policies, whether they are using a District-provided device or a personal device.

Students are expected to continue to give their best effort on assignments. They will submit their own work and use online tools appropriately. They will also keep their login information and passwords private, with the exception of sharing them with their parents, guardians, or teachers when necessary.

We will all respect the intellectual property of others. Work created by a student is his or her own intellectual property. Work created by an educator is his or her own intellectual property and/or the intellectual property of the Williamsville Central School District. No work, whether printed, audio, or video, should be shared, published, or duplicated without the author’s permission.

There are expectations when interacting in a digital environment that apply to everyone participating in the conference as well as those who may be in the vicinity during the conference. Participation in video conferencing experiences is contingent upon adhering to these expectations. Participants in video conferences and everyone in the vicinity of the video conference will:

- wear clothing that is appropriate for school.
- use language that would be appropriate in a school setting.
- be on time and ready to participate.
- be in an environment conducive for learning, such as at a desk or table or sitting on a couch or chair.
- keep themselves and their devices stationary during the conference.
- respect the direction of the organizer of the conference regarding whether video is on or off and whether mics are on or muted.
- use their own name when signing in to the conference.
- check that the background appearing on screen is free of any items that would not be appropriate in a school setting.
- ensure that a parent or guardian is aware they will be participating in a video conference.
- notify any household members in the vicinity that a video conference is occurring and that their image may be seen and their voices may be heard.
- be mindful that the chat feature may be visible by other participants.
- respect the privacy of others by not recording or taking pictures of any portion of the conference.
- be aware of background noise and use a headset when necessary to prevent disrupting the conference.
- make their teachers aware of any concerns they have about online interactions.
- be mindful of the attire of any small children who may be in the vicinity of a video conference.
We need YOU!
The following committee positions are open for the 2021-22 school year:
- Post Prom Committee
- Spirit Wear
- Reflections
- Senior Spartan Day
- Staff Appreciation
- Service to Youth Award
- SEPTSA

Joining a committee is a fun & easy way to get involved and impact student life at North!
Please email williamsvillenorthptsa@gmail.com if you would like more information.

Shop Amazon Smile
Smile.amazon.com
Type in Williamsville North PTSA (listed as PTA New York Congress 19390 Williamsville North PTSA) as your charity. A portion of the price of eligible purchases is donated to help support our students!

Important web sites
Spirit Wear Apparel Store: https://wnhs2021.itemorder.com/
*Note on Spirit Wear: current orders are being processed and should be ready in approx. 3 weeks

Clearance Spirit Wear, PTSA memberships, and No-Fuss Fundraiser: https://willnorth.memberhub.store/

Do you have a Senior?
Keep up to date with senior activities and fundraisers to make the rest of the year spectacular!
Join our email list willnorth2021@gmail.com or
The Will North 2021 Fan Club

Follow us on Social Media!
@ WillNorth PTSA
willnorthptsa
@ptsa_north
Here is the link to information on updates for parents regarding senior activities.

[Class of 2021 Senior Parent Update](#)

Also, North Class of 2021 members get a deal on ice cream at Sweet Emelia's on Friday, May 21st.

[Class of 2021 Senior Ice Cream Night](#)
Spring Sports Update

- Follow @north_spartans on Twitter for athletic updates!

- Williamsville North proctors will be ensuring that all athletic events stay within the spectator capacity

- For updated spring sport schedules, please visit: ArbiterLive

Spartan Athletes of the Week

Madisyn Roberto- Softball
Pitched 2 complete games, 1 hit shutout, 22 total strikeouts

Conor Murphy- Boys Lacrosse
6 G, 5A, 11pts
Social Emotional Strategy of the Week: Project Hope

This week Link Crew Leaders will share a message of hope for Mental Health Awareness Month. COVID has presented so many different challenges this year that it can be difficult to see the light at the end of the tunnel. New York State developed Project Hope to remind people that they are not alone and that there is hope. The website shares information about strategies for coping with daily challenges. It also provides a free hotline (844-863-9314) you can call if you’re really struggling and need someone to talk to.

Here are some tips Project Hope recommends for teens:
- Stay active. Physical activity helps our body stay healthy and also has a positive impact on our mental health.
- Stay social, even if that means using technology to stay connected.
- Maintain a daily routine. Incorporating consistency in our lives helps us feel in control in the midst of uncertainty and change.
- Try new things, step outside your comfort zone and take advantage of new opportunities.
- Take time to destress each day through music, journaling, art, spending time outside or playing with a furry friend.
- Find ways to help others. Showing generosity in any form helps us feel better about ourselves and gives us hope that things can be better. Don’t underestimate the power of a simple smile or random act of kindness.

Check out the Project Hope website for more information at: https://nyprojecthope.org/covid-19-youth/
Williamsville SEPTSA is looking for current members to chair or participate in the board nominating committee for the 2021-2022 school year. Positions are available on the board for those interested in supporting Exceptional Education in the Williamsville School District.

Please respond to this email if you are interested in participating in either the nominating committee or joining the board next year.

Membership Meeting

Thursday May 27, 2021 6:30- 7pm

Join us as we discuss recent SEPTSA events and plan for the 2021-2022 school year.

Click [here](#) for the link to register to attend this virtual meeting.

Supporting Siblings of Children with Special Needs

FREE ONLINE EVENT: Thursday May 27, 2021, 7 pm - 8:45 pm

Join Kathy Doody, Ph.D. of Exceptional Education at Buffalo State College for an interactive session on the needs of siblings of children with special needs.

Click [here](#) for the link to register.

Become a Williamsville SEPTSA Member
Williamsville is working with UB to train our staff in trauma-informed practices. The videos below are great resources for parents too. These videos are also available under the Wellness Tab in WITS.

**Safety Video**

Creating Safety for Students/Families:

- View trauma-related symptoms/behaviors as attempts to cope
- Watch for and reduce triggers and trauma reactions
- Establish what physical/emotional safety mean to the student/family
- Sit down with students to ask, “what’s going on?” before consequences given
- Consequences given using supportive, non-confrontational language

**Empowerment Video**

Fostering Empowerment for Students/Families:

- Recognize and build upon student/family strengths
- Focus on skill development and enhancement
- Acknowledge the strength it takes to get where the student/family is
- Instill a realistic sense of hope and change
Weekly Update
NORTH HIGH

Williamsville North Class of 2021, seniors and parents/guardians!

Over the next couple of months, we will be displaying the names and senior photos of all members of the Class of 2021 on our digital sign board which is located at the corner of Hopkins Rd. and Dodge Rd.

We have divided the class, at random, into groups in hopes that everyone who wants to will be able to see their name and picture. Each group will run 24 hours a day for one week starting on Monday morning & ending on Sunday night. We have excluded our remaining break, 4/5 – 4/9 in anticipation of potential travel, and we will continue until we have displayed every member of the Class of 2021. In addition, we will WITS mail students as well as parents/guardians the Friday before their group is scheduled to be displayed.

Important Links:

- Free & Reduced Lunch Application
- Health/Wellness Tips & Information
- Williamsville SEPTSA Information
- Williamsville North Webpage
- Williamsville North PTSA
- Williamsville North Guidance Office
- Williamsville North Hyflex Informational Packet
- Williamsville North Library Webpage
Celebrates

Sylvia Scarlett

Attending

Cornell University

Majoring in

Spanish & Mathematics

Class Of 2021
Celebrates

Abbie Alexander

Attending

NIAGARA UNIVERSITY

Majoring in

Early Childhood and Special Education
Celebrates

Brendan Funke

Attending

SUNY Brockport

Majoring in

Exercise Science
Celebrates

Eileen Wang

Attending

Penn
University of Pennsylvania

Majoring in

Economics
Celebrates

Kathryn Carnevale

Attending

Fredonia
State University of New York

Majoring in

English B.A.

Class Of 2021
Celebrates

Riley Sheridan

Attending

Ohio State University

Majoring in Nursing
Celebrates

Julia Schiavoni

Attending The University of Rochester

Majoring in Public Health

HEAL Program
Celebrates

Jonathan Bailey

Attending

BGSU

Majoring in

Finance
Celebrates

Cassandra Thome

Attending

St. Bonaventure University

Majoring in

Finance
Celebrates

Juliana Gentile

Majoring in

Computer Engineering
Celebrates

Jackson Oehler

Enlisting in the
United States
Army

Infantry: Special
Operations
Celebrates

Christopher Herrmann

Attending

Canisius College

Majoring in

EDUCATION
Celebrates

Connor Stroth

Attending

Cornell University

Majoring in

Physics and/or Chemistry
Celebrates

Preyashi Chaudhuri

Attending

University at Buffalo
The State University of New York

Majoring in

Biology, Psychology

Class Of 2021
Celebrates

Christian Brann

Attending

Roosevelt University

Majoring in

Piano Performance / Music Education

Class Of 2021
Celebrates

Alex Hepworth

Attending

SUNY Cobleskill
Fisheries and Wildlife

Majoring in
Fisheries and Aquaculture
Celebrates

Alex McKinlay

Attending

Nazareth College

Majoring in

Inclusive General Education and Special Education
+
Psychology
Emily Hoolihan

Attending

Majoring in

Psychology