Weekly Update
NORTH HIGH

PRINCIPAL’S MESSAGE

May 14, 2021

Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime. - Chinese Proverb
Science Olympiad competes in an invitational, regional, and state science competition every year. This year our teams finished 2nd, 6th, and 8th at the Erie-Niagara Regional Competition in March. We are always looking for new members in the fall. Come and make new friends and learn more about science!

The Spartan of the Month program is meant to promote success in and out of the classroom. For a student to be a well-respected citizen, they must be able to balance many different areas of life. They must exemplify outstanding characteristics both as a student and as a citizen of the community. The student must be able to handle many different aspects of student life while maintaining excellence in the classroom. This award is designed to nominate and select students who promote and take pride in Williamsville North High School and in themselves. Congratulations to this month’s selections!

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Student Nominee</th>
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<tbody>
<tr>
<td>Mrs. Bushey</td>
<td>Amelia Nelson</td>
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<tr>
<td>Mrs. Boucher</td>
<td>Brier Amerlinck</td>
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<tr>
<td>Ms. Cardinale</td>
<td>Maya Burgio, Maryam Gilani</td>
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<tr>
<td>Ms. Darrah</td>
<td>Fadhil Khaleel</td>
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<tr>
<td>Mrs. Dunlap</td>
<td>Hayden Radel</td>
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<tr>
<td>Mrs. Goergen</td>
<td>Savannah Nayor, Sarafina Turner</td>
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<tr>
<td>Mrs. Kirk</td>
<td>Colin Maddigan, Eunice Park</td>
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<tr>
<td>Mrs. Kruszynski</td>
<td>Emily An, Alyssa Baker, Lily Baumann, Kylee Colavecchia, Colin Dawley, Jade McLanahan, Alex McMahon, Tessa Miller, Jason Pennella, Jonah Weber</td>
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Digital Learning Expectations

Lessons being delivered remotely should not be recorded by students and/or shared publicly. The online learning classroom is intended for Williamsville North students to participate in. Any parent questions should be directed to teachers outside of the online classroom time. We encourage parents to continue to support their children by allowing them to independently attend synchronous class periods and assisting with homework and assignments outside of class time.

We are all adjusting to new learning experiences and new types of interactions. We all benefit when everyone shares the same expectations. Everyone is expected to adhere to all District Acceptable Use policies, whether they are using a District-provided device or a personal device.

Students are expected to continue to give their best effort on assignments. They will submit their own work and use online tools appropriately. They will also keep their login information and passwords private, with the exception of sharing them with their parents, guardians, or teachers when necessary.

We will all respect the intellectual property of others. Work created by a student is his or her own intellectual property. Work created by an educator is his or her own intellectual property and/or the intellectual property of the Williamsville Central School District. No work, whether printed, audio, or video, should be shared, published, or duplicated without the author’s permission.

There are expectations when interacting in a digital environment that apply to everyone participating in the conference as well as those who may be in the vicinity during the conference. Participation in video conferencing experiences is contingent upon adhering to these expectations. Participants in video conferences and everyone in the vicinity of the video conference will:

- wear clothing that is appropriate for school.
- use language that would be appropriate in a school setting.
- be on time and ready to participate.
- be in an environment conducive for learning, such as at a desk or table or sitting on a couch or chair.
- keep themselves and their devices stationary during the conference.
- respect the direction of the organizer of the conference regarding whether video is on or off and whether mics are on or muted.
- use their own name when signing in to the conference.
- check that the background appearing on screen is free of any items that would not be appropriate in a school setting.
- ensure that a parent or guardian is aware they will be participating in a video conference.
- notify any household members in the vicinity that a video conference is occurring and that their image may be seen and their voices may be heard.
- be mindful that the chat feature may be visible by other participants.
- respect the privacy of others by not recording or taking pictures of any portion of the conference.
- be aware of background noise and use a headset when necessary to prevent disrupting the conference.
- make their teachers aware of any concerns they have about online interactions.
- be mindful of the attire of any small children who may be in the vicinity of a video conference.
North PTSA

WNHS PTSA virtual meeting: June 14 @ 7pm

We need YOU!
The following committee positions are open for the 2020-21 school year:
Dash’s Receipts Collection, Post Prom Committee, Spirit Wear, Reflections, Senior Spartan Day, Staff Appreciation, Service to Youth Award, SEPTSA

Joining a committee is a fun & easy way to get involved and impact student life at North!
Please email williamsvillenorthptsa@gmail.com if you would like more information.

Shop Amazon Smile
Smile.amazon.com
Type in Williamsville North PTSA (listed as PTA New York Congress 19390 Williamsville North PTSA) as your charity. A portion of the price of eligible purchases is donated to help support our students!

Important web sites
Spirit Wear Apparel Store:  https://wnhs2021.itemorder.com/

Clearance Spirit Wear, PTSA memberships, and No-Fuss Fundraiser: https://willnorth.memberhub.store/

Do you have a Senior?
Keep up to date with senior activities and fundraisers to make the rest of the year spectacular!
Join our email list willnorth2021@gmail.com or
The Will North 2021 Fan Club

Follow us on Social Media!
@ WillNorth PTSA
willnorthptsa
@ptsanorth
Here is the link to information on updates for parents regarding senior activities.

Class of 2021 Senior Parent Update

Also, North Class of 2021 members get a deal on ice cream at Sweet Emelia's on Friday, May 21st.

Class of 2021 Senior Ice Cream Night
Spring Sports Update

- Follow @north_spartans on Twitter for athletic updates!

- Williamsville North proctors will be ensuring that all athletic events stay within the spectator capacity

- For updated spring sport schedules, please visit: ArbiterLive
Social Emotional Strategy of the Week: Sources of Strength

This week’s Mental Health Awareness Month message will introduce students to Sources of Strength, a best practice suicide prevention and mental health promotion program that utilizes the unique position and social capital of young people. Student peer leaders break down stigma and promote positive mental health among their peers by reminding them to tap into existing resources.

When students are struggling with the challenges life throws their way, it can be difficult to remember the things and people they already have in their lives that can help them traverse those challenges. For more information about each of the eight Sources of Strength (Family Support, Positive Friends, Mentors, Healthy Activities, Generosity, Spirituality, Medical Access and Mental Health) check out https://sourcesofstrength.org/

On Friday, students will watch a video message from North peer leaders. They will be challenged to identify sources of strength in their own lives and participate in activities that take advantage of those strengths.
Williamsville SEPTSA is looking for current members to chair or participate in the board nominating committee for the 2021-2022 school year. Positions are available on the board for those interested in supporting Exceptional Education in the Williamsville School District.

Please respond to this email if you are interested in participating in either the nominating committee or joining the board next year.

Support and Networking

FREE ONLINE EVENT: Sunday May 16, 2021 6:30- 7:30pm

Join us for an evening of virtual socialization and have the ability to ask questions of the Williamsville SEPTSA Executive Board Members

Membership Meeting

Thursday May 27, 2021 6:30- 7pm

Join us as we discuss recent SEPTSA events and plan for the 2021-2022 school year.

Click here for the link to register to attend this virtual meeting.

Supporting Siblings of Children with Special Needs

FREE ONLINE EVENT: Thursday May 27, 2021, 7 pm - 8:45 pm

Join Kathy Doody, Ph.D. of Exceptional Education at Buffalo State College for an interactive session on the needs of siblings of children with special needs.

Click here for the link to register.

Become a Williamsville SEPTSA Member
Williamsville is working with UB to train our staff in trauma-informed practices. The videos below are great resources for parents too. These videos are also available under the Wellness Tab in WITS.

**Safety Video**

**Creating Safety for Students/Families:**

- View trauma-related symptoms/behaviors as attempts to cope
- Watch for and reduce triggers and trauma reactions
- Establish what physical/emotional safety mean to the student/family
- Sit down with students to ask, “what’s going on?” before consequences given
- Consequences given using supportive, non-confrontational language

**Empowerment Video**

**Fostering Empowerment for Students/Families:**

- Recognize and build upon student/family strengths
- Focus on skill development and enhancement
- Acknowledge the strength it takes to get where the student/family is
- Instill a realistic sense of hope and change
Important Links:

- Free & Reduced Lunch Application
- Health/Wellness Tips & Information
- Williamsville SEPTSA Information
- Williamsville North Webpage
- Williamsville North PTSA
- Williamsville North Guidance Office
- Williamsville North Hyflex Informational Packet
- Williamsville North Library Webpage

Williamsville North Class of 2021, seniors and parents/guardians!

Over the next couple of months, we will be displaying the names and senior photos of all members of the Class of 2021 on our digital sign board which is located at the corner of Hopkins Rd. and Dodge Rd.

We have divided the class, at random, into groups in hopes that everyone who wants to will be able to see their name and picture. Each group will run 24 hours a day for one week starting on Monday morning & ending on Sunday night. We have excluded our remaining break, 4/5 – 4/9 in anticipation of potential travel, and we will continue until we have displayed every member of the Class of 2021. In addition, we will WITS mail students as well as parents/guardians the Friday before their group is scheduled to be displayed.