Please remember to continue to answer the daily COVID questions each morning prior to the school day starting. Thank you!

“You have an obligation to know your own history, the history of your country, and to make sure that something like that will never happen again, and make tolerance one of your primary purposes in life.” - Paul Kester.
North Updates

Sock Drive

One of their greatest needs is new clean socks to give to their clients. On average they give each person 3 pairs of socks...that's 1,800 socks a year!

Weekly Letter Day Schedule

<table>
<thead>
<tr>
<th>3/29</th>
<th>3/30</th>
<th>3/31</th>
<th>4/1</th>
<th>4/2</th>
</tr>
</thead>
<tbody>
<tr>
<td>“B”</td>
<td>“C”</td>
<td>“W”</td>
<td>“D”</td>
<td>No School</td>
</tr>
</tbody>
</table>
This week, North was extremely fortunate to have Mr. Paul Kester (Grandfather of English teacher Shiri Kester-- pictured w/him above left) share his wisdom and experiences through a virtual presentation for all of our 10th grade students. Mr. Kester is a Holocaust survivor who grew up in Germany, and was only 7 when Adolf Hitler came to power. After the widespread anti-Jewish violence and the destruction such as Kristallnacht that swept through Germany in November 1938, Kester’s parents arranged for him to flee the country. Mr. Kester made it to Sweden on the Kindertransport, a train that transported Jewish children to other European countries. Paul’s mother, father, and a grandmother were sent to Theresienstadt, where his grandmother died of starvation and mistreatment. His parents ultimately perished in Auschwitz. He lived in Sweden from 1939 until he ultimately moved to the US in 1948.
DECA prepares emerging leaders and entrepreneurs in marketing, finance, and hospitality & management, in high schools and colleges around the globe. DECA prepares the next generation to be academically prepared, community oriented, professionally responsible and experienced leaders.

This organization is for any student, regardless of their career choice. Students will be able to hone their communication and problem solving skills through events and competitions.

Students enjoy competing in their events at the regional, state and international level. The connections they make, and the networking available to them, are part of what makes the competitive events program one of the best in the Nation!

- The NYDECA State Career Conference is held in Rochester, NY during the first week of March and is comprised of over 2,100 members from across the state.

- The International Career Development Conference is held during the end of April. The location rotates each year between Orlando, FL, Anaheim, CA and Atlanta, GA. Here, students will be competing with over 12,000 DECA members from all over the US and Canada.

There are plenty of scholarships available to DECA members, along with cash awards at the SCC and ICDC levels of competition.

Students MUST be enrolled in a business class in order to join DECA. You can check out what DECA has to offer (conferences, events, scholarships, etc.) at: https://www.deca.org/high-school-programs/

If you have any questions, please contact our advisor, Alan Balsdon at: abalsdon@williamsvillek12.org

Officers: Hadley Katzman - President, Angela Seo - Executive Vice President, Hannah Mahoney & Nitya Chandra - VP of Competitive Events, Sarah Chan - VP of Finance, Vikasini Nandhakumar - VP of Project Management, Catia Pecoraro - VP of Communications
We are pleased to announce that the following Williamsville North students who attend the Harkness Program have been inducted into the National Technical Honor Society.

Shahroze Haider  
Collision Repair

Arcade Mann  
Digital Media

Jessica Ireland  
Early Childhood Education

Holly Nagel  
Fashion Design and Merchandising

Nastassya Palkhouskaya  
Digital Media

The virtual ceremony presentation can be found at the following website:  www.e1b.org/NTHS2021.

Congratulations students!
SCHOLARSHIP INFORMATION

On the next page you will find the list of Memorial Scholarships available to seniors. Please read all instructions very carefully and if you have any questions please contact your guidance counselor. All applications should be submitted using the Google Form attached below.

The deadline for submitting applications is Monday, April 12th.

- Applications for each scholarship are located on Naviance.
- If you are unsure how to access your Naviance account instructions can be found here.
- Parents who would like a Naviance account should email cansell@williamsvillek12.org from the email they would like their account linked to along with the name of their student/s.
- To locate the scholarship list on Naviance- choose Colleges from the upper right corner > Scholarships and Money > Scholarship List > Local & Regional Scholarships. You can change the category filter at the top to Memorial Scholarship if you would like to narrow the list to just these scholarships.

All applications must be submitted using this Google Form: Senior Scholarship Form

(Please disregard any application instructions saying to turn the forms into the guidance office.)

The deadline for submitting applications is Monday, April 12th. Applications will not be accepted after the deadline.
SCHOLARSHIP INFORMATION

The scholarships listed are non-renewable and are to be used towards the first year of study.

Aaron W. Holender Memorial Scholarship ($500) Candidates for this scholarship must (1) have a GPA of 85% or higher and proof of acceptance and plans to attend a four year college or university (2) must be a two year Varsity letter winner in any of the following sports (golf, bowling, tennis, swimming, x-country, track and field, gymnastics or wrestling) (3) evidence of qualities of good character, sportsmanship, scholarship and outstanding athletic achievement (4) submission of two letters of recommendation, one for sportsmanship and the other a character reference.

Christopher Callan Memorial Scholarship ($500) Candidates must have a (1) GPA of 85% or above (2) must have been a member of a Williamsville North Varsity sports team (3) must submit a letter of recommendation from his or her coach. Other considerations for the award will include the candidate's: Leadership ability, dedication, and unmet financial need.

Jonathon Cote Memorial Scholarship ($1,000) Candidates must (1) be a current senior enrolled at Williamsville North High School (2) exemplify service and selflessness within their community (3) have a GPA of 80% or higher (4) proof of acceptance into post-secondary school or military service (5) read the book: Big Boy Rules: America's Mercenaries Fighting in Iraq, and (6) have two letters of recommendation that display reasons why the student is deserving of the award.

L. Scott Read Memorial Scholarship ($1,000) This scholarship is offered to a college bound Williamsville North High School senior who must have a minimum GPA of 90% or higher. They should demonstrate leadership qualities in athletics and/or community service.

Mariann Inzinna Extra Mile Award (Amount Varies) Candidates must be a current Williamsville North Senior and exemplify the ideal of "going the extra mile." Strong preference is also given to students who to (1) attended Heim Middle School and (2) are majoring in Art.

Mentor Scholarship in Memory of Greg Stang ($1,000 - 2 awards given, 1 female, 1 male) Candidates must be (1) Williamsville North High School graduating senior (2) a member of the Cross Country Team (3) demonstrate a strong academic record during their 4 years of high school (4) accepted to a 2 or 4-year college after graduation (5) must include three letters of recommendation 1 from their coach, one from a teacher and one personal reference (6) typed written essay.

Sean P. Galliher Jr. Memorial Scholarship ($1,000) Candidates must be a graduating senior from Williamsville North High School who (1) must be accepted for enrollment at an accredited two or four year institution of higher learning (2) must be well liked, hard-working, generous in heart and spirit, be active in service to others both in and out of the school, and a positive role model to other students.

Sean Teeter Memorial Culinary Scholarship ($500) Candidates must be high school seniors who love cooking and baking and will be pursuing this career in the future. Students did not have to attend Harkness, but must be planning on enrolling in either a 2 or 4 year college program for culinary.
The Spartan of the Month program is meant to promote success in and out of the classroom. For a student to be a well-respected citizen, they must be able to balance many different areas of life. They must exemplify outstanding characteristics both as a student and as a citizen of the community. The student must be able to handle many different aspects of student life while maintaining excellence in the classroom. This award is designed to nominate and select students who promote and take pride in Williamsville North High School and in themselves. Congratulations to this month’s selections!

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Student Nominee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ms. Nigam</td>
<td>Hannah Perry</td>
</tr>
<tr>
<td>Mr. Buckle</td>
<td>Grady Andrews</td>
</tr>
<tr>
<td>Ms. Lorenz</td>
<td>Hannah Perry</td>
</tr>
<tr>
<td>Mrs. Carroll</td>
<td>Minchae Kim</td>
</tr>
<tr>
<td>Mrs. Preischel</td>
<td>David Bulan</td>
</tr>
<tr>
<td>Ms. Hitzges</td>
<td>Sophia Ketsuk</td>
</tr>
<tr>
<td>Mrs. Boebel</td>
<td>Josh Rioux</td>
</tr>
<tr>
<td>Mrs. Kruszynski</td>
<td>Peter Nguyen</td>
</tr>
<tr>
<td></td>
<td>Martha Montiero</td>
</tr>
<tr>
<td></td>
<td>Noor Rasool</td>
</tr>
<tr>
<td></td>
<td>Lina Brown</td>
</tr>
<tr>
<td>Mrs. Spaugh</td>
<td>Ella Guy</td>
</tr>
<tr>
<td>Mrs. Azzarelli-Brown</td>
<td>Christopher Parisi</td>
</tr>
<tr>
<td></td>
<td>Peyton Tamburello</td>
</tr>
<tr>
<td></td>
<td>Camdyn Levesque</td>
</tr>
<tr>
<td>Mrs. Dunlap</td>
<td>Alyssa Strozewski</td>
</tr>
<tr>
<td>Mrs. Boucher</td>
<td>Giana Pollina</td>
</tr>
<tr>
<td>Mrs. Kirk</td>
<td>Angela Seo</td>
</tr>
<tr>
<td></td>
<td>Katie Carnevale</td>
</tr>
<tr>
<td>Mrs. Doviak</td>
<td>Yauheni Pachka</td>
</tr>
<tr>
<td>Ms. Bajdas</td>
<td>Immanuel Paulk</td>
</tr>
</tbody>
</table>
Digital Learning Expectations

Lessons being delivered remotely should not be recorded by students and/or shared publicly. The online learning classroom is intended for Williamsville North students to participate in. Any parent questions should be directed to teachers outside of the online classroom time. We encourage parents to continue to support their children by allowing them to independently attend synchronous class periods and assisting with homework and assignments outside of class time.

We are all adjusting to new learning experiences and new types of interactions. We all benefit when everyone shares the same expectations. Everyone is expected to adhere to all District Acceptable Use policies, whether they are using a District-provided device or a personal device.

Students are expected to continue to give their best effort on assignments. They will submit their own work and use online tools appropriately. They will also keep their login information and passwords private, with the exception of sharing them with their parents, guardians, or teachers when necessary.

We will all respect the intellectual property of others. Work created by a student is his or her own intellectual property. Work created by an educator is his or her own intellectual property and/or the intellectual property of the Williamsville Central School District. No work, whether printed, audio, or video, should be shared, published, or duplicated without the author’s permission.

There are expectations when interacting in a digital environment that apply to everyone participating in the conference as well as those who may be in the vicinity during the conference. Participation in video conferencing experiences is contingent upon adhering to these expectations. Participants in video conferences and everyone in the vicinity of the video conference will:

- wear clothing that is appropriate for school.
- use language that would be appropriate in a school setting.
- be on time and ready to participate.
- be in an environment conducive for learning, such as at a desk or table or sitting on a couch or chair.
- keep themselves and their devices stationary during the conference.
- respect the direction of the organizer of the conference regarding whether video is on or off and whether mics are on or muted.
- use their own name when signing in to the conference.
- check that the background appearing on screen is free of any items that would not be appropriate in a school setting.
- ensure that a parent or guardian is aware they will be participating in a video conference.
- notify any household members in the vicinity that a video conference is occurring and that their image may be seen and their voices may be heard.
- be mindful that the chat feature may be visible by other participants.
- respect the privacy of others by not recording or taking pictures of any portion of the conference.
- be aware of background noise and use a headset when necessary to prevent disrupting the conference.
- make their teachers aware of any concerns they have about online interactions.
- be mindful of the attire of any small children who may be in the vicinity of a video conference.
North PTSA

Join Us and Support our Students!
$7 for teachers/staff/parents and $5 for students
https://willnorth.memberhub.store/

Congratulations to North PTSA for achieving the Founders Day Award!
Our North PTSA was honored with this award for having achieved at least 10 new members during the month of February. This award shows that you have shared your love of PTSA and our community has embraced and supported our school by becoming a PTSA member.
THANK YOU!

Follow us on Social Media!
@ WillNorth PTSA
willnorthptsa
@ptsa_north

Show Some North Spirit!
Order your spirit wear to show North pride at home & at school! Place your order now at
https://willnorth.memberhub.store/

Do you have a Senior?
Keep up to date with senior activities and fundraisers to make the rest of the year spectacular!
Join our email list
willnorth2021@gmail.com
or
The Will North 2021 Fan Club

Shop at Dash’s?
Collect your receipts and support our students! Send any receipts in to WNHS
Attn: Michelle McKinstry, PTSA Treasurer
Dash’s donates $2.50 for every $100 spent!

Shop Amazon Smile
Smile.amazon.com
Type in Williamsville North PTSA (listed as PTA New York Congress 19390 Williamsville North PTSA) as your charity. A portion of the price of eligible purchases is donated to help support our students!
PTSA SPIRIT WEAR

Williamsville North Spirit Wear Sale

CLEARANCE ITEMS

Green only - 50/38/12 poly/cotton/rayon
Ladies Sz Med & Men’s Sz Small
GREEN T-SHIRT $15

BILLBOARD SHIRT $15

CAR MAGNETS & LICENSE PLATE HOLDERS $4

Sizes S, M, L, XL, 2XL
3/4 ZIP PULLOVER $17.50

LIMITED QUANTITIES
Get them before they are gone!

https://willnorth.memberhub.store/store

Ladies & Men’s Sizes S, M, L & XL
OMBRE T-SHIRT $18

Grey, Green & Black - all colors 50/50 cotton/poly
Men’s Sizes S, M, L
HOODIE $25

Grey: 90/10 cotton/poly Green & Black: 100% cotton
Men’s Sizes S, M, L, XL & 2XL
SHORT-SLEEVE T-SHIRT $10
PTSA SPIRIT WEAR

Black & Grey: 60/40 cotton/poly fleece
- Men's Sizes S, M, L & XL
- Ladies Size S, M, L

Joggers $28

Grey, Black - all colors 50/50 cotton/poly blend
- Elastic cuffed legs, side pockets
- Men's Sizes S, M, L & XL
- Ladies Sizes S, M, L

Sweatpants $25

50/50 cotton/polyester blend
- Green and Black
- Ladies Sizes S, M, L & XL

Ladies Shorts $12

With Pockets
- Green & Black: 100% polyester
- Men’s Sizes S, M, L & XL

Men’s Shorts $15

100% acrylic Embroidered Logo

Pom Pom Hat $20

Fleece Headband - One Size

Fleece Headband $10

Drawstring Backpack
- 100% polyester

Backpack $12

Mid-Calf Athletic Socks
- 65% polypropylene / 15% Spandex / 15% Nylon / 8% Sta-Cool
- Women’s Size 9-11
- Men’s Size 10-13

Socks $12

The Will North PTSA Store is your one stop spot to:

JOIN the PTSA

BUY North Spirit Wear

DONATE to the No Fuss Fundraiser

https://willnorth.memberhub.store/store
### Spartan Athletics

**Sport Schedules Week of 3/29-4/3**

<table>
<thead>
<tr>
<th>DATE</th>
<th>SPORT</th>
<th>OPPONENT</th>
<th>TIME</th>
<th>BUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 3/30/21</td>
<td>Varsity Girls Volleyball</td>
<td>v. Sacred Heart</td>
<td>6:30pm</td>
<td></td>
</tr>
<tr>
<td>Tuesday 3/30/21</td>
<td>JV Girls Volleyball</td>
<td>v. Sacred Heart</td>
<td>5:00pm</td>
<td></td>
</tr>
<tr>
<td>Wednesday 3/31/21</td>
<td>Varsity Boys Volleyball</td>
<td>@Clarence</td>
<td>6:30pm</td>
<td>5:15pm</td>
</tr>
<tr>
<td>Wednesday 3/31/21</td>
<td>JV Boys Volleyball</td>
<td>@Clarence</td>
<td>5:00pm</td>
<td>4:00pm</td>
</tr>
<tr>
<td>Saturday 4/3/21</td>
<td>Varsity Football</td>
<td>@Frontier</td>
<td>7:00pm</td>
<td>5:00pm 2 buses</td>
</tr>
<tr>
<td>Saturday 4/3/21</td>
<td>JV Football</td>
<td>v. Frontier turf #1</td>
<td>10:00am</td>
<td></td>
</tr>
</tbody>
</table>

**Congratulations Girls Ice Hockey on their Section 6 Championship!**

**Best of luck to Boys Ice Hockey and Girls Basketball as they compete in the Sectional Finals this Saturday!**

**Click Below for the Health Tip of the Week:**

**Move Like a Ninja- Mobility Work**
Emmy Werner, one of the world’s foremost experts on child development dedicated much of her professional life to understanding why some children demonstrate incredible resilience in the face of adversity while others do not. She and others in her field identified a number of factors that bolster a child’s resilience including flexibility, the ability to problem solve, and having an internal locus of control among others. However, the factor that they have consistently settled on as the most impactful predictor of a young person’s ability to bounce back after hardship is having, in addition to a supportive family, a non-parent trusted adult they can rely on for emotional support. It doesn’t matter who that connection is with, but simply that it exists. The individual should be reliable, trustworthy, accessible and, most importantly, must be someone the young person chooses as an ally. It might be a teacher, neighbor, coach, faith leader, or boss - anyone the young person connects with. The power of having just one ally as a young person is immeasurable.

Does your child have someone in their life they identify as an ally? A great conversation starter with a young person is to ask them who their “go-to person” is. Planning ahead of time for stressful or chaotic situations is incredibly important since teens don’t do their best thinking in the middle of a crisis. Encourage them to think about who they will go to if they are in trouble, if they are struggling with a mental health challenge or if they need guidance while making a difficult decision. This prompts them to be proactive but also gives them permission to seek out and ask for help from people they trust. Sharing who your go-to person was when you were a youth can also be powerful and promotes the idea that we all need help sometimes.
Williamsville is working with UB to train our staff in trauma-informed practices. The videos below are great resources for parents too. These videos are also available under the Wellness Tab in WITS.

**Safety Video**

*Creating Safety for Students/Families:*

- View trauma-related symptoms/behaviors as attempts to cope
- Watch for and reduce triggers and trauma reactions
- Establish what physical/emotional safety mean to the student/family
- Sit down with students to ask, “what’s going on?” before consequences given
- Consequences given using supportive, non-confrontational language

**Empowerment Video**

*Fostering Empowerment for Students/Families:*

- Recognize and build upon student/family strengths
- Focus on skill development and enhancement
- Acknowledge the strength it takes to get where the student/family is
- Instill a realistic sense of hope and change
Williamsville North Class of 2021, seniors and parents/guardians!

Over the next couple of months, we will be displaying the names and senior photos of all members of the Class of 2021 on our digital sign board which is located at the corner of Hopkins Rd. and Dodge Rd.

We have divided the class, at random, into groups in hopes that everyone who wants to will be able to see their name and picture. Each group will run 24 hours a day for one week starting on Monday morning & ending on Sunday night. We have excluded our remaining break, 4/5 – 4/9 in anticipation of potential travel, and we will continue until we have displayed every member of the Class of 2021. In addition, we will WITS mail students as well as parents/guardians the Friday before their group is scheduled to be displayed.

Important Links:

Free & Reduced Lunch Application
Health/Wellness Tips & Information
Williamsville SEPTSA Information
Williamsville North Webpage
Williamsville North PTSA
Williamsville North Guidance Office
Williamsville North Hyflex Informational Packet
Williamsville North Library Webpage