Weekly Update 1/29
NORTH HIGH

January 29th, 2021

North High | 1595 Hopkins Road | Williamsville, NY 14221
Please remember to continue to answer the daily COVID questions each morning prior to the school day starting. Thank you!

“Be a good listener. Your ears will never get you in trouble.” - Frank Tyger
North Updates

If a student’s schedule has changed for 2nd semester and they need early release or late arrival, please WITS Mail Mr. Flanagan.

If you are an 11th or 12th grader that needs a parking pass, WITS Mail Mr. Thielke in the Main Office to get the process started.

Material/Supply pick-up is any school day from 8:00am - 4:00pm in at the Horseshoe entrance.

Weekly Letter Day schedule

<table>
<thead>
<tr>
<th>2/1</th>
<th>2/2</th>
<th>2/3</th>
<th>2/4</th>
<th>2/5</th>
</tr>
</thead>
<tbody>
<tr>
<td>D-Day</td>
<td>E-Day</td>
<td>W-Day</td>
<td>F-Day</td>
<td>A-Day</td>
</tr>
</tbody>
</table>
SNOWMAN BUILDING CONTEST

JAN 21 - FEB 21

The class of 2021 is hosting a snowman building contest from January 21st to February 21st! Top voted snowmen will receive a $5 gift card for each team member! Be creative and scan the QR to submit entries!

- Teams can be a max of 3 students
- Please practice social distancing when building
  - no more than 10 minutes less than 6-feet apart
  - wear masks at all times
- All entries must be family friendly, no obscenities or inappropriate articles of clothing, accessories etc.
- All entries should consist of a photograph of the snowman and must have at least one builder in the photo
2021-22 Course & Scheduling Information

WILLIAMSVILLE NORTH HIGH SCHOOL
1595 Hopkins Road, Williamsville, NY 14221  phone (716) 626-8500  fax (716) 626-8597

December 16, 2020

IMPORTANT INFORMATION FOR PARENTS REGARDING
THE COURSE SELECTION PROCESS FOR THE 2021/22 SCHOOL YEAR

We are starting to plan for the 2021-2022 school year. Our counselors will begin meeting with students in January to begin scheduling. The 2021-22 course catalog is currently available on WITTS and on the school’s website. The course catalog is designed to assist students in the planning process as they prepare to make course selections for the upcoming school year. It contains course descriptions for both required and elective courses available at North High School.

I encourage parents to be active participants in the course selection process. Courses that are selected should be at an appropriate academic level for the individual student. Students should challenge themselves to the best of their ability without compromising their ability to obtain a solid foundation in the course content. English, math, science and social studies teachers will make recommendations regarding the next level of study in their specific content areas. If you wish to override a teacher recommendation, I strongly encourage you to contact the teacher who made the recommendation to have a conversation and discuss the rationale for the recommendation.

Often times we hear that students want to have an easy senior year because they have completed most of their graduation requirements. However, colleges want to see four years of math and science as well as rigorous course work on a student’s transcript. With the focus on college and career-readiness, it is essential that students take four years of math and science. Our English and social studies departments also offer a number of half-year electives in addition to the multitude of courses offered by the art, business, music, second language and technology departments. With the abundance of course offerings available at North, please encourage your child to take advantage of these offerings to explore potential college majors and career possibilities.

I also ask not only for your support in helping your child select the most appropriate courses, but also in discouraging them from dropping courses once school resumes in September. Please know that there is no guarantee that your child will be able to select another course should they decide to drop an original course they choose this spring.

You will receive an email once your child’s course selections are ready to be viewed on WITTS. You will then be able to approve your child’s selections on WITTS. Please note that the deadline to approve your child’s course selections is Friday, February 12th.

If approval is received after the February 12th deadline, requests for changes to what was planned when your child met with his/her counselor may not be honored. Should you have questions about the course selection process, please do not hesitate to contact me or your child’s counselor.

Sincerely,
Robert Coniglio
Principal

2021-2022 Course Catalog

2021-2022 Master Course List

8th Grade Orientation/Class Description Site

Erie 1 BOCES CTE Offerings
Digital Learning Expectations

Lessons being delivered remotely should not be recorded by students and/or shared publicly. The online learning classroom is intended for Williamsville North students to participate in. Any parent questions should be directed to teachers outside of the online classroom time. We encourage parents to continue to support their children by allowing them to independently attend synchronous class periods and assisting with homework and assignments outside of class time.

We are all adjusting to new learning experiences and new types of interactions. We all benefit when everyone shares the same expectations. Everyone is expected to adhere to all District Acceptable Use policies, whether they are using a District-provided device or a personal device.

Students are expected to continue to give their best effort on assignments. They will submit their own work and use online tools appropriately. They will also keep their login information and passwords private, with the exception of sharing them with their parents, guardians, or teachers when necessary.

We will all respect the intellectual property of others. Work created by a student is his or her own intellectual property. Work created by an educator is his or her own intellectual property and/or the intellectual property of the Williamsville Central School District. No work, whether printed, audio, or video, should be shared, published, or duplicated without the author’s permission.

There are expectations when interacting in a digital environment that apply to everyone participating in the conference as well as those who may be in the vicinity during the conference. Participation in video conferencing experiences is contingent upon adhering to these expectations. Participants in video conferences and everyone in the vicinity of the video conference will:

- wear clothing that is appropriate for school.
- use language that would be appropriate in a school setting.
- be on time and ready to participate.
- be in an environment conducive for learning, such as at a desk or table or sitting on a couch or chair.
- keep themselves and their devices stationary during the conference.
- respect the direction of the organizer of the conference regarding whether video is on or off and whether mics are on or muted.
- use their own name when signing in to the conference.
- check that the background appearing on screen is free of any items that would not be appropriate in a school setting.
- ensure that a parent or guardian is aware they will be participating in a video conference.
- notify any household members in the vicinity that a video conference is occurring and that their image may be seen and their voices may be heard.
- be mindful that the chat feature may be visible by other participants.
- respect the privacy of others by not recording or taking pictures of any portion of the conference.
- be aware of background noise and use a headset when necessary to prevent disrupting the conference.
- make their teachers aware of any concerns they have about online interactions.
- be mindful of the attire of any small children who may be in the vicinity of a video conference.
SPECIAL DASH’S RECEIPT COLLECTION
to Benefit
Spartan Class of 2021
Celebration Activities!

It’s easy!!
Shop at any Dash’s location. Collect your receipts. Once you have a bunch, turn them in at North or to a North Senior Parent volunteer labeled Spartan Class of 2021.

Dash’s donates $2.50 per $100 spent. For example: $50,000 collected in receipts = $1,250!!

Senior Parent Volunteers:

Michelle McKinstry
15 Stonebridge Drive
East Amherst, NY 14051
540-333-1813

Lisa Brady
53 Birchwood Court
Williamsville, NY 14221
716-983-6650

Thanks for your support!
### Spartan Athletics Update

#### Sports Schedules the Week of 2/1–2/6

<table>
<thead>
<tr>
<th>DATE</th>
<th>SPORT</th>
<th>OPPONENT</th>
<th>TIME</th>
<th>BUS</th>
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</thead>
<tbody>
<tr>
<td>Monday 2/1/2021</td>
<td>Varsity B/G Bowling</td>
<td>v. Will South Transit Lanes</td>
<td>3:30pm</td>
<td></td>
</tr>
<tr>
<td>Monday 2/1/2021</td>
<td>Varsity Boys Swimming</td>
<td>@Hamburg</td>
<td>5:00pm</td>
<td>3:15pm</td>
</tr>
<tr>
<td>Tuesday 2/2/2021</td>
<td>Varsity B/G Bowling</td>
<td>@Clarence Clar. Bowling Aca.</td>
<td>3:45pm</td>
<td></td>
</tr>
<tr>
<td>Thursday 2/4/2021</td>
<td>Varsity B/G Bowling</td>
<td>v. Starpoint Transit Lanes</td>
<td>3:30pm</td>
<td></td>
</tr>
<tr>
<td>Friday 2/5/2021</td>
<td>Varsity Boys Swimming</td>
<td>v. Lancaster</td>
<td>5:00pm</td>
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Click Below for the Health Tip of the Week:

[7 Mental Tips for Athletes](#)
Spartan Athletics
Update

North Winter Sports Tryout Schedule

Varsity Boys Basketball  2/1/2021  3-5PM  North Gym
JV Boys Basketball       2/1/2021    6:15-8:15PM    Casey MS
Varsity Girls Basketball  2/1/2021  5:15-7:15PM   North Gym
JV Girls Basketball  2/1/2021  4-6PM  Casey MS
Varsity Boys Hockey  2/1/2021  3:30-4:20 (last name A-K)
                      4:30-5:20 (last name L-Z)
                      Northtown Center
Varsity Girls Hockey  2/1/2021  4-4:50PM   Heim MS
                      2/2/2021  4-4:50PM   Northtown Center
                      2/3/2021  4-4:50PM   Northtown Center
Mod Boys Basketball  2/4/2021  4-6PM   Casey MS
Mod Girls Basketball  2/4/2021  3:45-4:30PM   Heim MS
Mental Health and Wellness During the COVID-19 Pandemic

Create a routine that works for you.
A healthy routine includes good nutrition, exercise, and sufficient sleep.

Start small by adding to existing habits.
Swap less healthy behaviors for better ones.

Don’t ignore how you are feeling.
Identifying your body’s emotions can help you cope.

Talk it out.
Talk to someone you trust about your feelings and experiences.

Make time for things you enjoy.
Fun and relaxation aid physical and mental health.
Williamsville North Class of 2021, seniors and parents/guardians!

Over the next couple of months, we will be displaying the names and senior photos of all members of the Class of 2021 on our digital sign board which is located at the corner of Hopkins Rd. and Dodge Rd.

We have divided the class, at random, into groups in hopes that everyone who wants to will be able to see their name and picture. Each group will run 24 hours a day for one week starting on Monday morning & ending on Sunday night. We have excluded our two remaining breaks, 2/15 – 2/19 and 4/5 – 4/9 in anticipation of potential travel, and we will continue until we have displayed every member of the Class of 2021. In addition, we will WITS mail students as well as parents/guardians the Friday before their group is scheduled to be displayed.

Important Links:

- Free & Reduced Lunch Application
- Health/Wellness Tips & Information
- Williamsville SEPTSA Information
- Williamsville North Webpage
- Williamsville North PTSA
- Williamsville North Guidance Office
- Williamsville North Hyflex Informational Packet
- Williamsville North Library Webpage