



## COVID-19 Testing and Contact Tracing Protocol

- Students and staff exhibiting the following signs with no other explanation will be sent with their face covering on their mouth and nose to the designated isolation room for an assessment by the school nurse:
  - Flushed cheeks;
  - Rapid or difficulty breathing (without recent physical activity);
  - Fatigue, and/or irritability; and
  - Frequent use of the bathroom
  
- Signs and symptoms of COVID-19 are as follows:
  - Fever (100°F or greater) or chills;
  - Cough;
  - Shortness of breath or difficulty breathing;
  - Fatigue;
  - Muscle or body aches;
  - Headache;
  - New loss of taste or smell;
  - Sore throat;
  - Congestion or runny nose;
  - Nausea or vomiting; and/or
  - Diarrhea
  
- Any staff member or student exhibiting signs or symptoms of COVID-19 will be isolated immediately in a supervised designated isolation room and will be assessed by the school nurse.
  
- If a school nurse is not available, the parent/guardian will be contacted to pick up their ill child or the staff member will be sent home.
  
- For any individual exhibiting signs or symptoms of COVID-19 and meeting the criteria for COVID-19 testing, the building administrator and/or the school nurse will immediately call the district nurse practitioner to alert her of the situation. The district nurse practitioner will work with the local Health Department (ECDOH) for further guidance and will then direct the school building of the next steps.

- No student movement will occur in the building until the health department (ECDOH) provides further guidance. The principal will initiate shelter in place to eliminate movement throughout the building.
- The parent will be contacted as soon as possible by either the school nurse, building principal or the district nurse practitioner.
- Arrangements for student pick-up and medical referral and follow-up will be made immediately including information on where to obtain a COVID-19 test. The school district will coordinate with the ECDOH, the individual's healthcare provider, and the parent/guardian to set-up COVID-testing for the suspected individual.
- Required CDC guidelines for cleaning and disinfection will occur.
- For COVID-19 positive individuals, the school district will collaborate with the ECDOH to assist with contact tracing. The ECDOH will contact the student, parent, or staff to perform case investigation and contact tracing. Contact tracing begins 48 hours prior to the start of symptoms or 48 hours prior to the positive test for an asymptomatic person.
- The school district in conjunction with the ECDOH will follow-up and notify any individual(s) who have come into close or proximate contact with a person with COVID-19 will occur and confidentiality will be maintained. According to the ECDOH, a close contact is defined as any individual who was within 6 feet of an affected person for at least 10 minutes starting from 48 hours before illness onset or for asymptomatic individuals, 2 days prior to positive specimen collection. All persons within 6 feet for more than 10 minutes from the COVID-19 positive individual will be quarantined for 14 days, monitored for symptoms and tested for COVID-19.
- A COVID-19 positive student or staff member will be isolated for a minimum of 10 days from illness onset. The individual must be fever free for 3 days without the use of fever reducing medication and have a progressive improvement in symptoms before returning to school.

# Protocol for Symptomatic or Positive COVID-19 Student or Staff

