



# Walking Challenge Log



*\*turn into WCHD front desk when complete (must be turned in by August 14, 2023)*

**Patient Name:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Date	Minutes Walked
Aug 6, 2023	
Aug 7, 2023	
Aug 8, 2023	
Aug 9, 2023	
Aug 10, 2023	
Aug 11, 2023	
Aug 12, 2023	

