

Paving the Road to Mental Wellness

Pathways at Ohio Recovery Center - a primary mental health treatment service for those experiencing anxiety, depression and/or trauma affecting everyday life.

Our Therapy and Treatment Approach

- Primary mental health concerns
- Co-occurring (secondary) substance use disorders
- Non-hospital, free-standing residential facility
- Voluntary program
- Trauma informed modalities
- Short-term stabilization to increase functioning in community
- Patient-centered care in a structured environment
- Individual and group therapy
- Peer and family support
- Comprehensive health and wellness activities
- 24-hour medical monitoring
- Medication management and stabilization

