

2023 Summer Track Program



Track is back and we couldn't be more excited. USA Track has not released the meet schedule for this coming season but they will be held Thursday's at 10:00. We will be breaking the groups into different time slots to increase coach to athlete ratio. This breakdown will be determined closer to the start of the season.

Practices will be Wednesday nights (starting 6/21)

4:00 p.m.—8:00 p.m. (time slots by age to be determined)

Membership to USA Track required to compete in all USA Track meets (this is the responsibility of the parent)

**Like our Facebook Page
*Winslow Summer Track***

We are in need of parent volunteers to help facilitate groups at trackmeets and at practices. No prior track experience needed. All parent volunteers will need to be safe sport trained (paid for by parks and rec) and will receive a shirt.

Price—\$75.00 Residents

\$85.00 Non-Residents

Transportation not included to meets.

Program Coordinator

Coach Nadeau nadeau56@gmail.com

Register in person at the rec center at 114 Benton Ave Winslow. Forms are available from 8-5 Monday-Friday. There is a locked box if no one is available in the office. Or go to www.winslow-me.gov to find online registration forms.

Questions??? Call the Rec office 872-2776 or email amccaslin@winslow-me.gov