

February 2020

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|---|
|  | | <p>Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.</p> <p>1 Corinthians 13:4-5</p> | | | | 1  |
| 2 Ruth's Birthday | 3 9am *Exercise 10:15 *Chair Yoga ***Shopping Day | 4 NO EXERCISE VOTING 10am Cooking Matters | 5 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge | 6 NO EXERCISE 7:30am Mayor's Prayer Breakfast 10am *Music | 7 10am Pink Goes Red (Alpha Kappa Alpha) ***Shopping Day | 8  |
| 9 Vera's Birthday | 10 9am *Exercise 10:15 *Chair Yoga ***Shopping Day | 11 9am *Exercise 10am Cooking Matters | 12 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge | 13 9am *Exercise 10am *Medicare Update | 14 10am BINGO w/Legacy Village King & Queen ***Shopping Day | 15  |
| 16  | 17 9am *Exercise 10:15 *Chair Yoga ***Shopping Day | 18 9am *Exercise 10am *Singing Samaritans | 19 9am *Line Dance 10am *Bible Study 10:15 *Chair Yoga 1pm Bridge | 20 9am *Exercise 10am *Music | 21 10am Chair Exercises w/Bethany Hospice 7pm SELF ***Shopping Day | 22  |
| 23 Ethel's Birthday | 24 9am *Exercise 10:15 *Chair Yoga ***Shopping Day | 25 9am *Exercise 10am Cooking Matters Jess' Birthday | 26 9am *Line Dance 10am *Bible Study 10:15 Chair Yoga 12pm *Lenten Lunch 1pm Bridge | 27 9am *Exercise 10am Crafts w/Kim | 28 10am **"Medicine Talk" w/Moon's Pharmacy ***Shopping Day Agnes' Birthday | 29  |

315 West 2nd Street, Tifton, GA 31793 229-556-6189 all (*) are open to 50+ Fran Kinchen, Director ** Natasha Patrick, Site Manager

LEROY ROGERS SENIOR CENTER

Calling All Seniors!