ST. PETE'S RACE TO SAFE





We're all working hard to Restart St. Pete and adapt to a new normal.

But, in light of the continued community health risks, we're shifting our focus to reducing Pinellas County's COVID-19 positivity rate and being Florida's most COVID-safe community.

Our daily lives and important moments like holidays, weddings and graduations have looked a lot different, but we must continue doing everything we can to keep our community safe.

Every day, every action each of us takes contributes to our shared goal to be Florida's most COVID-safe community. Read on to see how you can help St. Pete win this race.

We're in this Race to Safe together - the St. Pete Way.





We all play a part in this effort. Here's how you can help prevent the spread of the pandemic:



Wash your hands often for at least 20 seconds (hand sanitizer with 60% alcohol otherwise)



Avoid close contact – maintain 6 feet of distance between yourself and people who don't live in your household



Wear a mask that covers your mouth and nose when around others



Cover coughs and sneezes with a tissue or inside of your elbow



Monitor your health daily by watching for symptoms of COVID-19 like fever, cough and shortness of breath



Clean and disinfect frequently touched surfaces





The City of St. Petersburg encourages all residents to get tested for COVID-19. You should also get tested if:

- You have symptoms of COVID-19
- You have had close contact (within 6 feet for a total of 15
 minutes or more) with someone with confirmed COVID-19
- You have been asked or referred to get testing by your healthcare provider, local or state health department

Find local testing sites at **<u>StPeteRacetoSafe.com</u>**.







Travel increases your chance of getting and spreading the pandemic. Staying home is the best way to protect yourself and others from the pandemic. Do not travel if you are sick, have recently tested positive for the virus that causes COVID-19, or have been exposed to a person with COVID-19.

If you must travel:

- First, check state, local, and territorial governments travel restrictions, including testing requirements, stay-at-home orders and quarantine requirements upon arrival
- Avoid contact with anyone who is sick

- Wear a mask that covers your nose and mouth when in public settings, including on public transportation and in transportation hubs such as airports and stations
- Avoid close contact by staying at least 6 feet apart from anyone who is not from your household
- Wash your hands often or use hand sanitizer (with at least 60% alcohol)
- Avoid touching your eyes, nose and mouth

When you arrive at your destination, you and your travel companions, including children, can be contagious without symptoms for up to 14 days if you were exposed to the virus along the way.

Learn more from the Centers for Disease Control and Prevention (CDC) at <u>cdc.gov/travel</u>.





We will all have to adjust our holiday traditions and gatherings to help prevent the spread of the pandemic. Getting together virtually or with members of your own household (who are consistently taking measures to reduce the spread of the pandemic) poses the lowest risk for spread.

The following people should not attend in-person gatherings:

- People with or exposed to COVID-19
- People at increased risk for severe illness

The CDC has compiled guidelines for hosting and attending gatherings. If you are hosting or attending a gathering:

- Consider if it is safe based on COVID-19 infection rates in areas where attendees live
- Limit the number of attendees
- Host outdoor rather than indoor gatherings as much as possible
- Wear a mask and avoid close contact maintain 6 feet of distance between yourself and people who don't live in your household
- Find detailed information at **<u>bit.ly/2ISQui8</u>**.





Certain activities and situations can increase your risk of exposure to COVID-19. Do your best to avoid these activities:

- Being in a crowd
- Attending large social gatherings
- Attending mass public gatherings like sporting events, concerts or parades if a safety mitigation plan is not in place and/or if masks are not being worn