



**SENIOR ADVISORY COMMITTEE  
Gus Velasco Neighborhood Center  
Tuesday, May 9, 2023  
9:30 a.m.**

**MINUTES**

1. CALL TO ORDER – Chairperson Janie Aguirre called the meeting to order at 9:30 a.m.

2. ROLL CALL

*Members Present:* Gilbert Aguirre, Janie Aguirre, Dolores Duran, Bonnie Fox, Hilda Zamora, Astrid Shesterkin, Josefina Lara, Johnny Hernandez, Dolores Romero

*Members Absent:* None

*Council Liaison:* Absent

*Staff:* Jose Carrillo, Community Services Supervisor/Executive Secretary  
Jasmine Oregel, Administrative Assistant II

*Guests:* None

3. PLEDGE OF ALLEGIANCE – Hilda Zamora

4. ORAL COMMUNICATIONS

None.

5. APPROVAL OF MINUTES

A motion was made by Astrid Shesterkin and seconded by Gilbert Aguirre to approve the Minutes for the April 11, 2023 meeting.

6. COUNCIL LIAISON REPORT – Jay Sarno, Mayor Pro Tem

None.

7. PRESENTATIONS

None.

8. EXECUTIVE SECRETARY REPORT

Mr. Carrillo reported on the following to the committee:

- a. Meal Input for Future Older Adult Dances
- b. AARP Safe Driving Course

## 9. DEPARTMENT OF COMMUNITY SERVICES REPORT

### a. Family and Human Services Division Program and Project Updates

Mr. Carrillo provided a brief overview of the older adult programming that is currently in session and the upcoming special events. Members are encouraged to read through the report in the May packet for more detailed information.

- a. Bingo
- b. Games and Fun
- c. Create-it Now
- d. Monthly Birthday Cake Celebration
- e. Café Con José
- f. Movin' N' Groovin' Chair Exercise
- g. Latin Dance Cardio
- h. City Strollers
- i. Pickleball
- j. Outdoor Fitness Court
- k. Crafty Crocheting – *NEW*
- l. Origami 101 – *NEW*
- m. Rock Painting
- n. T-Shirt Upcycle – *NEW*
- o. Yoga
- p. Older Adults Mother's Day Event
- q. Senior Ball – *NEW*
- r. Karaoke
- s. National Health and Fitness Day
- t. Hawaiian Luau Dance
- u. C.H.P. – Age Well Drive Smart Presentation
- v. Older Adults Father's Day Event
- w. Gardening Tutorial

## 10. OLD BUSINESS

- a. A recap was provided on the VITA Program by Secretary Carrillo. There were a total of 213 tax packets that were delivered of which 175 were completed. A total of \$195,319 was refunded this tax season.

11. NEW BUSINESS

- a. City Council will be proclaiming for National Health and Fitness Day at the meeting on May 16, 2023 at 6:00 p.m. Staff is requesting that members of the Senior Advisory Committee attend the City Council meeting to accept the proclamation.

12. FUTURE AGENDA ITEMS

- a. Member Zamora requested a recap of the Art Fest event be presented to the advisory committee.

13. MEMBERS COMMENTS/ANNOUNCEMENTS

- Member Zamora shared the Superintendent for the Little Lake City School District will be announced at the meeting held at 6:00 p.m. on May 9<sup>th</sup>.
- Member Shesterkin wished everyone a Happy Mother's Day.
- Vice-Chairperson Fox expressed gratitude to all of the members who volunteered to help fold clothes and participate for the Children's Boutique.

14. ADJOURNMENT – CHAIRPERSON JANIE AGUIRRE

Chairperson Janie Aguirre adjourned the meeting at 10:15 a.m.

**The Next Meeting of the Senior Advisory Committee will be held in-person at the Gus Velasco Neighborhood Center on June 13, 2023.**



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Jose Carrillo, Executive Secretary



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Jasmine Oregel, Administrative Assistant II