



**SENIOR ADVISORY COMMITTEE
Gus Velasco Neighborhood Center
Tuesday, February 14, 2023
9:30 a.m.**

MINUTES

1. CALL TO ORDER – Executive Secretary Jose Carrillo called the meeting to order at 9:34 a.m.

2. ROLL CALL

Members Present: Gilbert Aguirre, Janie Aguirre, Dolores Duran, Bonnie Fox, Johnny Hernandez, Hilda Zamora, Astrid Shesterkin, Josefina Lara, Elena Lopez, Dolores Romero

Members Absent: Nancy Kruger, Linda Vallejo

Staff: Jose Carrillo, Community Services Supervisor/Executive Secretary
Ed Ramirez, Family and Human Services Manager
Jasmine Oregel, Administrative Assistant II

Guests: Zachary Salazar, CHP Public Information Officer

3. PLEDGE OF ALLEGIANCE – Jose Carrillo

4. ORAL COMMUNICATIONS
None.

5. APPROVAL OF MINUTES

A motion was made by Hilda Zamora and seconded by Gilbert Aguirre to approve the Minutes for the November 8, 2022 meeting.

6. COUNCIL LIAISON REPORT – Jay Sarno, Mayor Pro Tem
Mayor Pro Tem, Jay Sarno, reported on the following:

- a. The City of Santa Fe Springs has a new Interim City Manager, Tom Hatch. He will be with the City for about 4 to 6 months until a permanent City Manager is hired.
- b. Wednesday, February 15, 2023 at 6:00 p.m., a community meeting held at Town Center Hall regarding the Aquatic Center renovations.
- c. Ribbon cutting for the new playground at Los Nietos Park will take place on Saturday, February 18, 2023 at 10:00 a.m.
- d. The City of Santa Fe Springs will be hosting the annual Shamrock 5k Fun Run/Walk that will be taking place on Saturday, March 11, 2023 at 7:00 a.m.

- e. Mayor Pro Tem, Jay Sarno, asked committee members if they have any suggestions on any programs they'd like the City to facilitate. Member Zamora expressed gratitude to City staff for putting together the Adaptive Recreation program. Member Janie Aguirre commented on how some participants would like to have the older adult dances during the evening rather than the morning. Mr. Ramirez informed members the challenge that has been faced in the past is transportation services. These services are not as available during the evening as they are during the morning.

7. PRESENTATIONS

a. *Senior Driving Course Overview*

Public Information Officer, Zachary Salazar, of the Santa Fe Springs California Highway Patrol, provided an overview of the senior driving course known as Age Well, Drive Smart. The course is free and about 2 hours long; it helps older adults tune up their driving skills, refresh their knowledge of road rules, and discuss normal age-related physical changes and how they affect their driving ability. Officer Salazar informed members there is no age limit with driving in the State of California. Member Zamora asked Officer Salazar if the course is also available in Spanish and he informed the members it is available in Spanish, it just would not be him instructing the class as he is not bilingual in Spanish. If the course is needed to be in a language other than English, Officer Salazar will have one of his colleagues who speak the requested language do the course. He informed the members he is flexible with scheduling the course if they or the community is interested in it; the number of participants is not an issue.

8. EXECUTIVE SECRETARY REPORT

Mr. Ramirez and Mr. Carrillo reported on the following to the committee:

- a. Congratulations to Jasmine Oregel on her recent promotion to an Administrative Assistant II within the Family and Human Services (FHS) Division.
- b. Volunteer Acknowledgment of Workers Compensation Form
- c. The Department of Community Services video recap of the 2022 events.
- d. Presidents' Day Penny Carnival will be held on Monday, February 20, 2023 at 1:00 p.m.
- e. The annual Shamrock Fun Run/Walk 5k event will be held on Saturday, March 11, 2023 at 7:00 a.m. Registration for this event is now open.
- f. The annual Art Fest will be held on Friday, April 28, 2023, with the preview and showcase night being held on Thursday, April 27, 2023.
- g. Recap of the holiday program and events that were held at the Gus Velasco Neighborhood Center.
- h. The annual Jingle Bell Ball was held on Friday, December 2, 2022 from 9:00 a.m. – noon.
- i. The New Year's Dance took place on Friday, January 13, 2023 from 9:00 a.m. – noon.
- j. 2023 Community Services Event Calendar
- k. Committee Meeting Dates- The committee does not host meetings in the months of July, August, and December.
- l. An Aquatic Center Community Engagement Meeting will be held on Wednesday, February 15, 2023 at Town Center Hall.
- m. California Advocates for Nursing Home Reform survey to provide future presentation topics. The current topics are as follows:
 - Medi-cal Eligibility and Long Term Care Options
 - Home and Community Based Services
 - Senior Home Equity Protection

- Long Term Care Residents' Rights
Outcome of survey will be discussed at the March 14, 2023 meeting.

9. DEPARTMENT OF COMMUNITY SERVICES REPORT

a. Family and Human Services Division Program and Project Updates

Mr. Carrillo provided a brief overview of the older adult programming that is currently in session and encouraged members to read through the report in the February packet for more detailed information.

- a. Bingo
- b. Games and Fun
- c. Create-it Now
- d. Monthly Birthday Cake Celebration
- e. Café Con José – *NEW*
- f. Movin' N' Groovin' Chair Exercise
- g. Latin Dance Cardio
- h. City Strollers
- i. Pickleball
- j. Outdoor Fitness Court
- k. Tile and Mosaic Stepping Stones
- l. Master Your Cell Phone
- m. Centerpiece Creations
- n. Sewing Machine Class – *NEW*
- o. Yoga – *NEW*
- p. VITA

10. OLD BUSINESS

None.

11. NEW BUSINESS

a. Nominations and Election of Chairperson and Vice Chair-person

- i. Executive Secretary opened nominations for Chairperson.
- ii. Gilbert Aguirre was nominated by Johnny Hernandez, Gilbert Aguirre respectfully declined the nomination.
- iii. Gilbert Aguirre nominated Janie Aguirre. Janie Aguirre accepted and member Hernandez seconded the nomination of Janie Aguirre as Chairperson.
- iv. No other nominations were received and Janie Aguirre was elected Chairperson for 2023 by majority vote.
- v. Chairperson Aguirre opened up the nominations for Vice Chair-person.

- i. Bonnie Fox was nominated by Johnny Hernandez for Vice Chair, Bonnie Fox accepted the nomination, and was seconded by Elena Lopez.
- iii. No other nominations were received and Bonnie Fox was elected Vice-Chairperson for 2023 by majority vote.

12. FUTURE AGENDA ITEMS

- Gilbert inquired about having the Interim City Manager, Tom Hatch, attend a meeting to get to know everyone.

13. MEMBERS COMMENTS/ANNOUNCEMENTS

- Member Elena Lopez inquired about the garden at the GVNC. Mr. Ramirez informed the committee that Merchants, the landscaping company, maintains it, however, programming is in the works for the spring to begin utilizing for programming.
- Vice-Chairperson Fox wished everyone a Happy Valentine's Day.
- Member Zamora reminded everyone of the Quartermania that will be taking place on Sunday, March 12, 2023.
- Member Gilbert Aguirre wished everyone a Happy Valentine's Day. He also suggested hiring new staff who have knowledge and experience with working with older adults.
- Member Hernandez added to member Aguirre's comment in regards to hiring new staff with knowledge with working with older adults. He made the comment of how some applicants can look good on paper but may not have the personality to be able to work well with older adults. He also wished everyone a Happy Valentine's Day and he looks forward to working with everyone in the committee.

14. ADJOURNMENT – CHAIRPERSON JANIE AGUIRRE

Chairperson Janie Aguirre adjourned the meeting at 11:46 a.m.

The Next Meeting of the Senior Advisory Committee will be held in-person at the Gus Velasco Neighborhood Center on March 14, 2023.



Jose Carrillo, Executive Secretary