



SENIOR ADVISORY COMMITTEE

May 9, 2023 | 9:30 a.m.

AGENDA

Gilbert Aguirre – Committee Member
Dolores Duran – Committee Member
Johnny Hernandez – Committee Member
Josefina Lara – Committee Member

Elena Lopez – Committee Member
Dolores Romero – Committee Member
Astrid Shesterkin – Committee Member
Hilda Zamora – Committee Member

Bonnie Fox - Vice- Chairperson
Janie Aguirre - Chairperson

1. CALL TO ORDER – JANIE AGUIRRE
2. ROLL CALL – EXECUTIVE SECRETARY
3. PLEDGE OF ALLEGIANCE – JANIE AGUIRRE
4. ORAL COMMUNICATIONS – JANIE AGUIRRE
This is the time members of the public may address City Advisory Committee members and related authorities and agencies. The public may speak on items that are on the agenda and non-agenda items that are under the subject matter jurisdiction of the Advisory Committee and/or its related authorities and agencies.
5. CONSENT AGENDA – JANIE AGUIRRE
Approval of Minutes for April 11, 2023
6. COUNCIL LIAISON REPORT – JAY SARNO, MAYOR PRO TEM
7. PRESENTATIONS – JANIE AGUIRRE
 - a. None
8. EXECUTIVE SECRETARY REPORT – JANIE AGUIRRE
 - a. Meal Input for Future Older Adult Dances
 - b. AARP Safe Driving Course
9. DIVISION PROGRAM UPDATES – JANIE AGUIRRE
 - a. Bingo
 - b. Games and Fun
 - c. Create-It Now
 - d. Monthly Birthday Cake Celebration
 - e. Café Con José
 - f. Movin' N' Groovin' Chair Exercise
 - g. Latin Dance Cardio
 - h. City Strollers
 - i. Pickleball
 - j. Outdoor Fitness Court
 - k. Crafty Crocheting-*NEW*
 - l. Origami 101-*NEW*
 - m. Rock Painting
 - n. T-Shirt Upcycle-*NEW*
 - o. Yoga



- p. Older Adults Mother's Day Event
 - q. Senior Ball-*NEW*
 - r. *Karaoke*
 - s. National Health and Fitness Day
 - t. Hawaiian Luau Dance
 - u. C.H.P.- Age Well Drive Smart Presentation
 - v. Older Adults Father's Day Event
 - w. Gardening Tutorial
10. OLD BUSINESS – JANIE AGUIRRE
- a. VITA Program Recap
11. NEW BUSINESS – JANIE AGUIRRE
- a. National Health and Fitness Day Proclamation
12. FUTURE AGENDA ITEMS – JANIE AGUIRRE
13. MEMBER COMMENTS/ANNOUNCEMENTS – JANIE AGUIRRE
14. ADJOURNMENT – JANIE AGUIRRE

NEXT IN-PERSON MEETING: Tuesday, June 13, 2023 – 9:30 a.m.
LOCATION: Gus Velasco Neighborhood Center, Meeting Room #1