



**SENIOR ADVISORY COMMITTEE  
Gus Velasco Neighborhood Center  
Tuesday, March 12, 2024  
9:30 a.m.**

**MINUTES**

1. CALL TO ORDER – Vice-Chairperson Astrid Shesterkin called the meeting to order at 9:30 a.m.

2. ROLL CALL

*Members Present:* Gilbert Aguirre, Janie Aguirre, Dolores Duran, Bonnie Fox, Hilda Zamora, Astrid Shesterkin, Dolores Romero, Josefina Lara, Paul Nakamura, Yoko Nakamura, Johnny Hernandez, Nancy Krueger

*Members Absent:* None.

*Staff:* Jose Carrillo, Community Services Supervisor/Executive Secretary  
Ed Ramirez, Family and Human Services Manager

*Guests:* None.

3. PLEDGE OF ALLEGIANCE – Dolores Duran

4. ORAL COMMUNICATIONS

None.

5. APPROVAL OF MINUTES

A motion was made by Dolores Duran and seconded by Dolores Romero to approve the minutes for the February 13, 2024 meeting.

6. PRESENTATIONS

*a. Lunch Menu Ideas for Older Adult Dances*

Mr. Carrillo invited suggestions for lunch options for the older adult dances. For the upcoming Sock Hop Dance, enchiladas will be served from a new vendor. Members expressed their satisfaction with the usual lunch offerings but welcomed the opportunity to explore something new.

7. EXECUTIVE SECRETARY REPORT

Mr. Carrillo reported on the following to the committee:

*a. Volunteers for the upcoming Children's Boutique on March 27, 2024*

Mr. Carrillo reminded the members of the upcoming Children's Boutique event scheduled for March 27<sup>th</sup>. A clothing drive is currently underway from March 11<sup>th</sup> – March 15<sup>th</sup>, with volunteers scheduled to begin sorting clothes from Tuesday, March 19<sup>th</sup> through Thursday, March 21<sup>st</sup>. Members were encouraged to sign-up for volunteer slots using the provided sign-up sheet.

## 8. OLD BUSINESS

None.

## 9. NEW BUSINESS

### a. New Department of Parks and Recreation

Mr. Ramirez provided an update to members regarding the newly established Department of Parks and Recreation. Parks and Recreation (PRS) will now operate independently, no longer under the Department of Community Services. Leading the Department of Parks and Recreation is Gus Hernandez, the former PRS Manager, who now serves as the Director of Parks and Recreation. Their responsibilities encompass managing a plethora of events and all City parks, with the exception of Heritage Park and Clarke Estate which will remain under the purview of Community Services.

## 10. DEPARTMENT OF COMMUNITY SERVICES REPORT

Executive Secretary Carrillo provided a brief overview of the older adult programming that is currently in session and the upcoming special events.

### a. Family and Human Services Division Program and Project Updates

- a) Bingo takes place Tuesdays – Fridays (unless there is a Friday activity) from 9:30 – 11:30 a.m.
- b) Games and Fun takes place Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.
- c) Create-it Now takes place on February 26<sup>th</sup>, March 25<sup>th</sup>, and April 29<sup>th</sup> from 9:30 – 11:00 a.m.
- d) Monthly Birthday Cake Celebrations take place on the last Wednesday of the month at 11:45 a.m.
- e) Café con José takes place on the last Thursday of the month at 11:45 a.m.
- f) Movin' N' Groovin' Chair Exercise classes take place on Mondays and Wednesdays from 8:15 – 9:15 a.m.
- g) Pickleball takes place on Mondays and Wednesdays at Los Nietos Park from 9:00 – 10:30 a.m.
- h) Latin Dance Cardio takes place on Mondays and Wednesdays from 10:00 – 11:00 a.m.
- i) Yoga takes place on Mondays from 1:00 – 2:20 p.m.
- j) Garden Fun Under the Sun takes place on Mondays from 8:30 – 11:00 a.m.
- k) Sock Hop Dance will take place on Friday, March 22<sup>nd</sup> from 9:00 a.m. – noon. Tickets are on sale for \$10.
- l) Spring Fling Dance will take place on Friday, April 19<sup>th</sup> from 9:00 a.m. – noon. Tickets will be on sale for \$10 for residents beginning April 1<sup>st</sup> and for non-residents beginning April 8<sup>th</sup>.
- m) Wood Block Painting Classes will take place on Tuesdays from April 2<sup>nd</sup> through April 23<sup>rd</sup> from 1:00 – 2:30 p.m.
- n) Rock Painting classes will take place on Wednesdays from April 3<sup>rd</sup> through April 24<sup>th</sup> from 1:00 – 2:30 p.m.
- o) Sensational Salads classes will take place on Thursdays from April 4<sup>th</sup> through April 25<sup>th</sup> from 1:00 – 2:30 p.m.
- p) Machine Sewing classes will take place the first and third Monday of the month until April 15<sup>th</sup> between 8:30 – 11:00 a.m.
- q) Bunny Bingo and Easter Events will take place on Thursday, March 28<sup>th</sup> from 9:30 – 11:30 a.m.

11. FUTURE AGENDA ITEMS

- Committee members suggested having the attendance policy in the by-laws be revisited to enhance its accommodation for members.

12. MEMBERS COMMENTS/ANNOUNCEMENTS

- Members shared the City is offering an excursion to Fullerton for Saturday, March 16<sup>th</sup> for Community Garden plot holders. The cost is \$7 per person.
- Members shared there will be a car show held at the Geezers parking lot on March 30<sup>th</sup>, the same day as the Easter Eggstravaganza event, from 10:00 a.m. to 4:00 p.m. The organizers of the car show will be handing out Easter baskets to children at 2:00 p.m.

13. ADJOURNMENT – CHAIRPERSON JANIE AGUIRRE

Vice-Chairperson Astrid Shesterkin adjourned the meeting at 10:31 a.m.

**The Next Meeting of the Senior Advisory Committee will be held in-person at the Gus Velasco Neighborhood Center on April 9, 2024.**



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Jose Carrillo, Executive Secretary



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Jasmine Oregel, Administrative Assistant II