



**SENIOR ADVISORY COMMITTEE
Gus Velasco Neighborhood Center
Tuesday, February 13, 2024
9:30 a.m.**

MINUTES

1. CALL TO ORDER – Vice-Chairperson Astrid Shesterkin called the meeting to order at 9:32 a.m.

2. ROLL CALL

Members Present: Dolores Duran, Bonnie Fox, Hilda Zamora, Astrid Shesterkin, Dolores Romero, Josefina Lara, Paul Nakamura, Yoko Nakamura, Johnny Hernandez

Members Absent: Gilbert Aguirre, Janie Aguirre

Staff: Jose Carrillo, Community Services Supervisor/Executive Secretary
Ed Ramirez, Family and Human Services Manager
Jasmine Oregel, Administrative Assistant II

Guests: Tania Taylor, L.A. Metro Manager

3. PLEDGE OF ALLEGIANCE – Paul Nakamura

4. ORAL COMMUNICATIONS

None.

5. APPROVAL OF MINUTES

A motion was made by Hilda Zamora and seconded by Josefina Lara to approve the minutes for the January 9, 2024 meeting.

6. PRESENTATIONS

a. L.A. Metro On the Move Riders Program

Tania Taylor, a manager with L.A. Metro, provided a presentation to members of the On the Move Riders Program. This program works to empower older adults with information and confidence to travel on public transportation. They provide one-on-one and/or group travel training, informational transit tours, and safety education presentations. The travel training clubs are led by volunteers and they plan monthly trips and group trips to destinations such as museums, theaters, etc. Volunteers receive an EZ transit pass and seniors are able to get a TAP card they can use at 27 transit agencies throughout Los Angeles County. L.A. Metro provides educational workshops at senior centers and hosts resources tables at community or senior events to share information of the On the Move Riders Program.

b. Recap of Donor and Volunteer Holiday Basket Program

Mr. Carrillo provided a recap of the Donor and Volunteer Holiday Basket Program Recognition event that took place on February 1st. The theme was “Thanks a Latte” and the guests were given a goodie bag. There was a coffee bar with baked goods available to enjoy. Guests were shown a recap video of the Holiday Basket Programs and were given a certificate signed by Mayor Jay Sarno.

7. EXECUTIVE SECRETARY REPORT

Mr. Carrillo reported on the following to the committee:

a. Modifications to Advisory Committees

During the January 11th City Council meeting, city council elected to eliminate the assignment of a Council Liaisons for all advisory committees. Although City Council members can still attend the meetings, they are will no longer speak on agenda items. Staff will be providing City Council a report on key items discussed at advisory meetings.

b. Mardi Gras Dance Recap

The Mardi Gras older adults dance took place on Friday, February 9th at the Gus Velasco Neighborhood Center. The City Manager, Assistant City Manager, and Councilmember Annette Rodriguez were in attendance. The dance sold out on January 30th and it is the quickest a dance has sold out. Participants were able to enjoy a roast beef or turkey sandwich for lunch.

8. OLD BUSINESS

None.

9. NEW BUSINESS

a. *City Advisory Committee Presentation at City Council Meeting*

Members were provided an update by Mr. Carrillo regarding having the Chairperson or Vice-Chairperson provide a presentation to City Council on quarterly updates of what the committee is doing. Staff will assist with the preparation of this presentation and these presentations will begin in April. A schedule is being prepared.

10. DEPARTMENT OF COMMUNITY SERVICES REPORT

a. *Family and Human Services Division Program and Project Updates*

Executive Secretary Carrillo provided a brief overview of the older adult programming that is currently in session and the upcoming special events.

- a. Bingo takes place Tuesdays – Fridays (unless there is a Friday activity) from 9:30 – 11:30 a.m.
- b. Games and Fun takes place Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.
- c. Create-it Now takes place on February 26th, March 25th, and April 29th from 9:30 – 11:00 a.m.
- d. Monthly Birthday Cake Celebrations take place on the last Wednesday of the month at 11:45 a.m.
- e. Café con José takes place on the last Thursday of the month at 11:45 a.m.
- f. Movin’ N’ Groovin’ Chair Exercise classes take place on Mondays and Wednesdays from 8:15 – 9:15 a.m.
- g. Pickleball takes place on Mondays and Wednesdays at Los Nietos Park from 9:00 – 10:30 a.m.

- h. Latin Dance Cardio takes place on Mondays and Wednesdays from 10:00 – 11:00 a.m.
- i. Yoga takes place on Mondays from 1:00 – 2:20 p.m.
- j. Garden Fun Under the Sun takes place on Mondays from 8:30 – 11:00 a.m.
- k. Panoramic Picture Day will take place on Wednesday, February 28th at 11:30 a.m.
- l. Karaoke will take place on Friday, March 8th from 9:00 – 11:30 a.m.
- m. Origami 101 will take place on Tuesdays from February 20th to March 12th at 1:00 p.m.
- n. The No Bake Cheesecake class is a new class that will take place on Wednesdays from February 21st to March 13th at 1:00 p.m.
- o. Tile and Mosaic Stepping Stones class will take place on Thursdays from February 22nd to March 14th at 1:00 p.m.
- p. Machine Sewing classes will take place the first and third Monday of the month until April 15th between 8:30 – 11:00 a.m.

11. FUTURE AGENDA ITEMS

- Committee members suggested having the attendance policy in the by-laws be revisited to enhance its accommodation for members.

12. MEMBERS COMMENTS/ANNOUNCEMENTS

None.

13. ADJOURNMENT – CHAIRPERSON JANIE AGUIRRE

Vice-Chairperson Astrid Shesterkin adjourned the meeting at 10:40 a.m.

The Next Meeting of the Senior Advisory Committee will be held in-person at the Gus Velasco Neighborhood Center on March 12, 2024.



Jose Carrillo, Executive Secretary



Jasmine Oregel, Administrative Assistant II