



SENIOR ADVISORY COMMITTEE

October 10, 2023 | 9:30 a.m.

**AGENDA**

Gilbert Aguirre – Committee Member  
Dolores Duran – Committee Member  
Johnny Hernandez – Committee Member  
Josefina Lara – Committee Member  
Paul Nakamura – Committee Member

Yoko Nakamura – Committee Member  
Dolores Romero – Committee Member  
Astrid Shesterkin – Committee Member  
Hilda Zamora – Committee Member

Bonnie Fox - Vice- Chairperson  
Janie Aguirre - Chairperson

1. CALL TO ORDER – JANIE AGUIRRE
2. ROLL CALL – EXECUTIVE SECRETARY
3. PLEDGE OF ALLEGIANCE – JANIE AGUIRRE
4. ORAL COMMUNICATIONS – JANIE AGUIRRE  
*This is the time members of the public may address City Advisory Committee members and related authorities and agencies. The public may speak on items that are on the agenda and non-agenda items that are under the subject matter jurisdiction of the Advisory Committee and/or its related authorities and agencies.*
5. CONSENT AGENDA – JANIE AGUIRRE  
Approval of Minutes for September 12, 2023
6. COUNCIL LIAISON REPORT – JAY SARNO, MAYOR PRO TEM
7. PRESENTATIONS – JANIE AGUIRRE
  - a. Meet and Greet with City Manager René Bobadilla
8. EXECUTIVE SECRETARY REPORT – JANIE AGUIRRE
  - a. Dia De Los Muertos – October 21<sup>st</sup> @ Heritage Park (5 p.m. – 10 p.m.)
  - b. Lantern Tour – October 20<sup>th</sup> @ Heritage Park (7 p.m.)
  - c. Halloween Carnival – October 28<sup>th</sup> @ Los Nietos Park (5 p.m. – 9 p.m.)
  - d. Fiestas Octubre en Noviembre – November 4 & 5, 2023
9. DIVISION PROGRAM UPDATES – JANIE AGUIRRE
  - a. Bingo
  - b. Games and Fun
  - c. Create-It Now
  - d. Monthly Birthday Cake Celebration
  - e. Café Con José
  - f. Movin' N' Groovin' Chair Exercise
  - g. Latin Dance Cardio
  - h. City Strollers
  - i. Pickleball
  - j. Outdoor Fitness Court
  - k. Machine Sewing
  - l. Mindful Meditation
  - m. Holiday Balloon Decorations
  - n. Wood Craft Class



- o. Yoga
  - p. Fright Fest Dance
  - q. Thanksgiving Feast Dance
  - r. Garden Fun Under the Sun
10. OLD BUSINESS – JANIE AGUIRRE
- a. None
11. NEW BUSINESS – JANIE AGUIRRE
- a. 2023 Holiday Basket Volunteer Orientation
12. FUTURE AGENDA ITEMS – JANIE AGUIRRE
- a. Update on Additional Educational and Fitness Classes
  - b. Presentation on Passport Services
13. MEMBER COMMENTS/ANNOUNCEMENTS – JANIE AGUIRRE
14. ADJOURNMENT – JANIE AGUIRRE

**NEXT IN-PERSON MEETING: Tuesday, November 14, 2023 – 9:30 a.m.**  
**LOCATION: Gus Velasco Neighborhood Center, Meeting Room #1**