



SENIOR ADVISORY COMMITTEE

January 9, 2024 | 9:30 a.m.

**AGENDA**

Gilbert Aguirre – Committee Member  
Dolores Duran – Committee Member  
Johnny Hernandez – Committee Member  
Josefina Lara – Committee Member  
Paul Nakamura – Committee Member

Yoko Nakamura – Committee Member  
Dolores Romero – Committee Member  
Astrid Shesterkin – Committee Member  
Hilda Zamora – Committee Member

Bonnie Fox - Vice- Chairperson  
Janie Aguirre - Chairperson

1. CALL TO ORDER – JANIE AGUIRRE
2. ROLL CALL – EXECUTIVE SECRETARY
3. PLEDGE OF ALLEGIANCE – JANIE AGUIRRE
4. ORAL COMMUNICATIONS – JANIE AGUIRRE  
*This is the time members of the public may address City Advisory Committee members and related authorities and agencies. The public may speak on items that are on the agenda and non-agenda items that are under the subject matter jurisdiction of the Advisory Committee and/or its related authorities and agencies.*
5. CONSENT AGENDA – JANIE AGUIRRE  
Approval of Minutes for November 14, 2023
6. COUNCIL LIAISON REPORT – JAY SARNO, MAYOR PRO TEM
7. PRESENTATION– JANIE AGUIRRE
  - a. California Highway Patrol Senior Volunteer Program – California Highway Patrol
8. EXECUTIVE SECRETARY REPORT – JANIE AGUIRRE
  - a. Recap of the 2023 Holiday Basket Programs
    - i. Thankful Neighbor Basket Program
    - ii. Neighborly Elf Christmas Basket Program
9. OLD BUSINESS – JANIE AGUIRRE
  - a. None
10. NEW BUSINESS\* – JANIE AGUIRRE
  - a. Nomination and Election of:
    - i. Chairperson for 2024
    - ii. Vice-Chairperson for 2024
11. DIVISION PROGRAM UPDATES – JANIE AGUIRRE
  - a. Bingo
  - b. Games and Fun
  - c. Create-It Now
  - d. Monthly Birthday Cake Celebration
  - e. Café Con José
  - f. Movin' N' Groovin' Chair Exercise
  - g. Pickleball



- h. New Year's Dance
- i. Garden Fun Under the Sun
- j. Karaoke
- k. New! Sound Bath Meditation
- l. Super Smoothies
- m. Food Art
- n. Centerpiece Creations

12. FUTURE AGENDA ITEMS – CHAIRPERSON

13. MEMBER COMMENTS/ANNOUNCEMENTS – CHAIRPERSON

14. ADJOURNMENT – CHAIRPERSON

**NEXT IN-PERSON MEETING: Tuesday, February 13, 2024 – 9:30 a.m.**

**LOCATION: Gus Velasco Neighborhood Center, Meeting Room #1**

**\*Denotes Advisory Committee Action Needed**