



CITY OF RED BLUFF

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CITY OF RED BLUFF WELLNESS PROGRAM AUTHORIZATION AND PARTICIPATION FORM

Effective October 1, 2022, the City of Red Bluff's Wellness Program will be amended as follows: Employees will now be able to use the fitness center of their own choosing. Instead of a payroll deduction, the employee will now pay for their own membership and submit the billing to our Finance Department for up to a \$15 reimbursement monthly. Interested employees will need to complete this authorization form and submit it to the Finance Department.

1. I agree to participate in a Wellness and Fitness program at the following fitness center:

2. I understand that the City will contribute \$15.00 monthly towards my membership at a qualified fitness center. I understand that I will have to submit proof of paid monthly membership to the Finance Department to receive reimbursement of the city's contribution.
3. I understand that memberships must be in the employee's name and submitted within the current fiscal year for reimbursement. I understand that I will be responsible for the cost of the membership and that **it is my responsibility to turn in a timely payment request.**
4. I agree that the City has instituted this program out of concern for the general well being of its employees. I further understand that my participation in this program is voluntary, and the City is free from any liability including worker's compensation.
5. Effective date of gym membership on wellness program: _____

Print Name

Signature

Date