STATE OF SOUTH CAROLINA)
)
COUNTY OF PICKENS)

RESOLUTION # 2024-03

A RESOLUTION RECOGNIZING FEBRUARY 2024 AS AMERICAN HEART MONTH

WHEREAS, February is American Heart Month, a time when all people can focus on their cardiovascular health; and

WHEREAS, heart disease is the leading cause of death and disability in the United States and about 696,000 Americans die each year from heart disease; and

WHEREAS, heart disease is also the leading cause of death in South Carolina; and

WHEREAS, heart disease is the leading cause of death in Pickens County and our county has a higher heart disease rate than the state and higher hospitalization rate for heart attacks than neighboring counties; and

WHEREAS, the most common form of heart disease in the United States is coronary heart disease, which can lead to heart attack; and

WHEREAS, County Council supports the goals of American Heart Month and the efforts to raise awareness of the causes, risks, and prevention of heart disease;

NOW THEREFORE, BE IT RESOLVED that Pickens County Council does hereby recognize February 2024 as American Heart Month and encourages every citizen to live a heart-healthy lifestyle: know his or her risk factors, choose heart healthy foods, maintain a healthy weight, manage stress, get regular physical activity, quit or never start smoking, and get his or her blood pressure and cholesterol checked.

Passed and approved, this 5 day of February, 2024.

COUNTY COUNCIL OF PICKENS COUNTY,
SOUTH CAROLINA

Chris Bowers, Chairman of County Council
Pickens County, South Carolina

(SEAL)

Attest:

Meagan Nations, Clerk of County Council
Pickens County, South Carolina