

STATE OF SOUTH CAROLINA)
)
COUNTY OF PICKENS)

RESOLUTION # 2023-17

A RESOLUTION RECOGNIZING MAY 2023 AS MENTAL HEALTH MONTH IN PICKENS COUNTY

WHEREAS, good mental health is essential to overall health and quality of life, including the well-being of our families, communities, schools, and businesses; and

WHEREAS, mental health is important at every stage of life, from childhood and adolescence through adulthood; and

WHEREAS, since January 2021, Pickens County has raised awareness and connected crisis care providers through the SAMHSA Crisis Intercept Mapping for Suicide Prevention for Service Members, Veterans, and their Families and continues to focus on supporting positive mental health outcomes for those of have served our country; and

WHEREAS, with early and effective interventions, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, greater public awareness about mental health can change negative attitudes and behaviors toward people living with mental illnesses; and

WHEREAS, spending time in nature is linked to many positive mental health outcomes – improved focus, lower stress, better mood, and reduced risk of developing a mental health condition, and

WHEREAS, Pickens County offers a variety of outdoor attractions and natural wonders, making our county the perfect environment in which to boost mental health through enjoying the outdoors;

NOW THEREFORE, BE IT RESOLVED that Pickens County Council does hereby proclaim May 2023 as Mental Health Month in Pickens County and calls upon the citizens, public and private institutions, businesses, and schools in Pickens County to commit our community to increasing awareness and understanding of mental health through compassion for our neighbors. Furthermore, Council recognizes the benefits of spending time outdoors to one's mental health and encourages the community to explore Pickens County trails and parks throughout the month of May.

Passed and approved, this 1 day of May, 2023.

COUNTY COUNCIL OF PICKENS COUNTY,
SOUTH CAROLINA


Chris Bowers, Chairman of County Council
Pickens County, South Carolina

(SEAL)

Attest:

Meagan Nations

Meagan Nations, Clerk of County Council
Pickens County, South Carolina