

STATE OF SOUTH CAROLINA )  
 )  
COUNTY OF PICKENS )

RESOLUTION #2020-03

A RESOLUTION RECOGNIZING FEBRUARY 2021 AS AMERICAN HEART MONTH

WHEREAS, February is American Heart Month, a time when all people can focus on their cardiovascular health; and

WHEREAS, heart disease remains the leading cause of death worldwide, according to the American Heart Association; and

WHEREAS, approximately 299,000 people in South Carolina have coronary heart disease, the most common form of heart disease which can often be prevented; and

WHEREAS, heart disease is the leading cause of death in Pickens County, with a higher heart disease rate than the state and higher hospitalization rate for heart attacks than neighboring counties; and

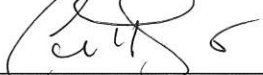
WHEREAS, medical experts predict the global burden of cardiovascular disease will grow exponentially over the next few years as the long-term effects of the current COVID-19 pandemic evolve; and

WHEREAS, County Council supports the goals of American Heart Month and the efforts to raise awareness of the causes, risks, and prevention of heart disease;

NOW THEREFORE, BE IT RESOLVED that Pickens County Council does hereby recognize February 2021 as American Heart Month and encourages every citizen to live a heart-healthy lifestyle: know his or her risk factors, choose heart healthy foods, maintain a healthy weight, manage stress, get regular physical activity, quit or never start smoking, and get his or her blood pressure and cholesterol checked.


Passed and approved, this 1 day of February, 2021.

COUNTY COUNCIL OF PICKENS COUNTY,  
SOUTH CAROLINA

  
Chris Bowers, Chairman of County Council  
Pickens County, South Carolina

(SEAL)

Attest:

  
Clerk of County Council  
Pickens County, South Carolina