

SENIORS CLUB

Power Produce of

OAK PARK FARMERS MARKET 2020



JOIN THE POWER OF PRODUCE SENIORS CLUB!

Complete weekly activities and earn Market \$\$ to spend.

WEEK 1: WHAT'S YOUR FAVORITE?

At the Market:

What is your favorite fruit or vegetable? What dish could you make with it?

WEEK 2: WORD SEARCH

At Home Activity:

Find a fruit or vegetable for all 26 letters of the alphabet!

WEEK 3: RECIPE SHARE: FRUIT

At Home Activity:

Find your favorite fruit-based recipe and bring it to next week's farmers market. We will take your name and a photo of your recipe (does not have to be your original recipe). All recipes submitted will be used in an end of season community cookbook.

WEEK 4: WORD PUZZLE

At Home Activity:

Complete the Farmers Market Crossword Puzzle.

WEEK 5: ENJOY A TREAT!

At the Market:

Stop by the tent to get a tomato and a small container of balsamic vinegar to take home.

At Home Activity:

Slice your tomato. Lay the slices on a plate and sprinkle with salt and pepper. Drizzle the seasoned tomato slices with the balsamic vinegar. Enjoy!

WEEK 6: RECIPE SHARE: VEGETABLE

At Home Activity:

Find your favorite vegetable-based recipe and bring it to next week's farmers market. We will take your name and a photo of your recipe (does not have to be your original recipe). All recipes submitted will be used in an end of season community cookbook.

WEDNESDAY WALKS

Take a walk every Wednesday to earn extra market \$\$. How far did you walk this week? Let us know, we'd love to hear about it!

Humana.



Beaumont