City Magazine and Recreation Program Guide - Winter 2024

City Magazine and Recreation Program Guide

OF OA

Established 1945

Reaching New Heights Election Season in 2024 Oak Park Welcomes its 40th City Council Snow Emergencies



Message From City Manager Erik Tungate

Elevate: to raise or lift something up.

Elevate Oak Park: to come together as a community to raise or lift the quality of life for all.

Last November, our Oak Park community exemplified the definition of "elevate" by supporting both recreation ballot proposals and creating a defined pathway for new parks and recreation amenities and opportunities, including the building of a new community center and investment into our City parks.

Oak Park....THANK YOU!

Thank you for your support of such a large and transformative endeavor for our community's future.

Thank you for the trust you have instilled in me and the Oak Park team as responsible stewards of your tax dollars, as innovators of the City's future and as advocates for each and every one of you.

Thank you for engaging in the Elevate Oak Park project since day one—for attending town halls, reading our informational pieces, and creating dialogue in the community on how improved parks and recreation amenities will only make Oak Park better than it already is.

Thank you for taking the time to vote and having a voice in your future.

Thank you, Oak Park, thank you!

I take a great deal of pride in serving as your City Manager and the results of the recent November election once again highlighted what a supportive, engaged and wonderful community we have here in Oak Park. It is through the diverse pool of ideas that are fostered in our community that newfound successes are born, and I am certain we will have many successes to celebrate from this day forward.

With the approval of Ballot Proposal No. 23-01 (Recreation Millage Proposition) and Ballot Proposal No. 23-02 (General Obligation Bonding Proposition) myself and my team are ready to get to work to bring you the parks and recreation opportunities you want, and deserve. An internal team will come together for a project kickoff meeting in the coming days and will continue to meet weekly through the duration of these projects, ensuring thorough financial oversight, detailed project management and a communication strategy that will keep our residents informed and engaged. This same approach was employed for the City Hall project, and through such project management we were able to come in \$1 million under budget. Make no mistake, we will remain just as diligent in our financial management and project oversight of the Elevate Oak Park Project.

As we continue to look ahead to our City's future I would be remiss if I did not thank our City Council, who has supported opportunities to improve our residents' quality of life at every step. Their dedication to this community is part of what makes Oak Park the wonderful community it is.

I am excited to welcome Marian McClellan back, as she enters her seventh term as Mayor. I am just as excited to welcome Council members Julie Edgar and Soloman Radner back to the City Council as well. These three, along with Council members Carolyn Burns and Shaun Whitehead, will comprise the City's 40th City Council, a team that will continue to elevate Oak Park.

Elections are the crux of the democratic process, a culmination of each voice in a community. Oak Park is a diverse community that respects each individual voice and comes together for the greater good. This election not only reaffirmed that those elected represent the best interest of Oak Park residents, but also have the vision to ensure long-term success.

So, thank you again Oak Park for showing up to support your community and helping us to continue down our path of excellence. Helping establish Oak Park as a regional leader in everything from public safety to economic development and now parks and recreation, brings me incredible joy and fulfillment. These projects represent the single largest public investment in our community since its founding.

We are moving forward in all ways, relentlessly pursuing our goals, and reaching new heights together.

Sincerely 2 /n

Erik Tungate, Oak Park City Manager

CITY OF OAK PARK

MAYOR Marian McClellan

> MAYOR PRO TEM Carolyn Burns

COUNCIL MEMBERS Solomon Radner Julie Edgar Shaun Whitehead

> CITY MANAGER Erik Tungate

CITY OF OAK PARK 14000 Oak Park Blvd. Oak Park, MI 48237 (248) 691-7400 www.OakParkMI.gov

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Oak Park City Magazine

2



City Magazine

- **MESSAGE FROM City Manager Erik Tungate**
- CITY IMPROVEMENTS **4** Reaching New Heights
 - CITY CLERKS OFFICE **Election Season in 2024**
 - **Oak Park Welcomes its 40th City Council**
 - **PUBLIC WORKS Snow Emergencies**
- **PUBLIC LIBRARY** 10 Teen, Everyone, Children, Adult, and Book Club Events

Recreation Program Guide

- **RECREATION PROGRAMS** 154 Ways to Register
 - YOUTH SPORTS
- **16** YOUTH SPORTS Martial Arts, Soccer, Parent-Tot Playtime, **Baseball, Basketball and Adult Leagues**
- **18** ARTS AND ENTERTAINMENT Theatre, Lunch Trips, **Extended Trips and Day Trips**
- **COMMUNITY EVENTS** 19 Winterfest, Daddy Daughter Dance, Mom 2 Mom Sale, Save the Date and Now Hiring
- **FITNESS & WELLNESS** 20 Yoga, Tai Chi, Zumba, Hustle, Belly Dance and Ballroom Dance
- **22** SENIOR PROGRAMS Brunch & Learn, Virtual Health, and Drop-In Programs

Reaching New Heights

The path for Oak Park to reach new heights has been solidified thanks to voters in the

November 2023 election. More than 57 percent of voters in that election cast a ballot in support of growing Oak Park's parks and recreation opportunities through projects like building a new community center, improving several City parks and adding additional programming to support the wellness and wellbeing of residents.

To begin this next—monumental—phase in Oak Park's history a planning team comprised of City staff has been brought together by City Manager Erik Tungate to ensure all projects that will fall under the "Elevate Oak Park Project" will be completed within (or under) budget, efficiently and in line with the needs and wants of Oak Park residents. While the Elevate Oak Park Project is large in scope, in will be guided by an eye (or eyes...) for meticulous detail through the City's Project Planning Team and outside contractors brought on to offer their professional expertise.

One of the first steps in this process is releasing a Request for Quotes for Engineering and Architectural Services for the Event Hub. The future Event Hub building, which will be located in the green space between City Hall and the Library, will be utilized as a four-seasons facility, banquet/meeting room and will also house a summertime Farmer's Market. This space will also feature a 1,500 square foot commercial kitchen, integrated audio/visual equipment and rollup (garage) doors to use as an open-air facility. An adjacent elevated bandshell will provide a permanent location for the City's summer concert series and will provide community groups a location to showcase local talent/performances.

Currently, the City has secured \$5.75 million to support building the future Event Hub. The \$5.75 million is a combination of capital improvement dollars and grants the City has been awarded, specifically for the Event Hub. The City is also in the process of securing federal, state and additional local grants and is also working on fundraising efforts. The gap between the overall cost of the project and the grant funding the City is being awarded could be filled in by the voter-approved Recreation Millage. Thanks to the support of Oak Park voters, the City is now authorized to levy 2.4033 mills for a period of 20 years, from 2024 through 2043, beginning with the summer 2024 tax roll. Revenues from this millage will be available only for the purpose of funding capital improvements for facilities, parks, amenities, and general operating costs for the Department of Recreation, and paying any and all other costs associated with or related to such programs.

"We are building momentum and I want a shovel in the ground in 2024 for the Event Hub," said City Manager Erik Tungate. "This is an extremely important project, our ability to complete the project with absolute transparency is an important first step."

To provide such transparency, Tungate will give monthly updates at City Council meetings on the progress of the Elevate Oak Park Project. Additionally, several updates a month regarding the project will be posted on the City's website and social media outlets.

Obligation Bond Proposal, the City is now authorized to issue its general

obligation unlimited tax bonds for a period not to exceed 25 years for each series, for the purpose of paying all or any part of the costs of

constructing and furnishing a new Community Center; equipping and

reequipping a new and remodeled community and recreation center;

for the proposed bonds is 4 mills.

demolishing certain existing facilities; and other necessary steps to improve

the City's recreation facilities. The City of Oak Park will borrow a principal

amount not to exceed \$44 million. The estimated millage that will be levied

While the City is a few years out from breaking ground on the Community

Center, the Oak Park Project Planning team is already working in the back-

ground to secure bond counsel and complete the necessary paperwork and

Oak Park is navigating this new path toward greatness one step at a time.

Those looking to remain updated on the Elevate Oak Park Project can follow

the City of Oak Park on Facebook and/or signup for the Community E-Blast

policies to pave way for a new, state-of-the-art facility.

The Elevate Oak Park Project will be a multi-year endeavor, but the ultimate results will usher in a new era for Oak Park, or "turn over a new leaf."

While the Event Hub is the first major project on the list, it is only one of many. Funds from the Recreation Millage, will also allow for improvements in Oak Park's neighborhood parks, specifically the priority parks identified in the updated Parks and Recreation Master Plan. Such improvements will include new public restrooms in parks, new pathways, updated play equipment and more. These priority parks are:

- Best Park
- Dewey Park
- Key Park
- Rothstein Park
- Tyler Park
- City-wide trail system
- City Complex Area

And, of course, the new Community Center remains a top priority for both the City and its residents. With the approval of the General

Election Season in 2024

In 2024, there will be four elections in Michigan, with the first election being the February 2024 Presential Primary Election. As with all elections, the polls will open at 7 am and close at 8 pm. The Presential Primary Election is being held on Tuesday, Feb. 27, 2024.

The polling locations are as follows:

- Precinct 1,2,3: Norup International School, 14450 Manhattan
- Precinct 4: Pepper Elementary School, 24301 Church
- Precinct 5,6: Oak Park Community Center, 14300 Oak Park Blvd.
- Precinct 7,8: Oak Park High School, 13701 Oak Park Blvd.
- Precinct 9, 10: Einstein Elementary School, 14001 Northend
- Precinct 11: Lessenger Early Childhood Center, 12901 Albany
- Precinct 12,13: Oak Park Preparatory Academy, 23261 Scotia
- Precinct 14,15,16: Ferndale Upper Elementary School, 24220 Rosewood
- Please note that there is a temporary polling place change for this election. Due to construction voters registered

at precincts 15 and 16 will need to vote at Ferndale Upper Elementary- 24220 Rosewood instead of CASA (23561 Rosewood).

at bit.ly/OPSignUP.

- Nine Days of Early Voting will be held at Oak Park Community Center 14300 Oak Park Blvd. starting Saturday Feb. 17 through Feb. 25, 2023. The hours will be 8:30 AM - 4:30 PM each day, except Feb. 22. On Thursday, Feb. 22 the hours will be noon - 8 pm.
- Early voting allows a voter to cast a ballot before Election Day, in an experience similar to voting on Election Day. During the early voting period, voters are issued a ballot and can then insert their ballot directly into a tabulator at the early voting site.
- The early voting site **does not** offer voter registration.
- · Absentee voting allows voters to re-

quest a ballot by mail or in person at their local clerk's office. Voters can complete their absentee ballot at home or at their local clerk's office and submit it in an envelope by mail, in person or by drop box. After an absentee ballot is received by the local clerk, the voter's absentee ballot is processed and tabulated by their local clerk.

- The last day to request an absentee ballot by mail is Feb. 23. Feb. 26 at 4 pm is the deadline to request an absentee ballot in person, which must be voted on the premises.
- For additional questions call the Oak Park Clerk's Office at (248) 691-7544.

The other election in Michigan in 2024 are:

• May 7, Aug. 6 and Nov. 5 (General Presidential Election)





Oak Park Welcomes its 40th City Council

The City of Oak Park ushered in its 40th City Council last month, with Marian McClellan being elected as Mayor for her seventh term and Julie Edgar and Soloman Radner being welcomed back too. Carolyn Burns and Shaun Whitehead will continue on as Council Members, with Burns now serving as Mayor Pro Tem.

"It's been the honor of my life to serve you, the great residents of Oak Park, for the past 12 years," McClellan said. "Recently we've seen things that make us proud - the growth of restaurants on Eleven Mile and the gardens and parks on Nine Mile."

Oak Park officials have also been concentrating on improvements elsewhere too.

Over the last two years both the City's staff and the Oak Park City Council have dedicated a great deal of time to engaging with residents on what they want to see for Oak Park's future. From public comments at City Council meetings to Town Halls and various engagement sessions to conversations at the local coffee shop, the Oak Park City Council heard that residents wanted improvements in the City's parks and recreation opportunities. Knowing such improvements take dedicated funding mechanisms, the City Council placed two funding requests on the ballot—letting the residents decide what they were comfortable with.

According to the Nov. 7 election results, the recreation millage proposal for park improvements and increased parks and recreation operations passed, as did the general obligation bond request to build a new community center.

"I am thrilled that voters shared our vision for Oak Park's future by passing our recreation millages. I plan to roll up my sleeves right away to work on plans for upgrading our parks and building a community center," said City Council Member Julie Edgar. "Thank you, voters, for allowing me to serve at a wonderful moment in our City's history!"

The City of Oak Park has dedicated itself to reaching new heights, and a new pathway to do so just opened.

"You knew it would take an increase in taxes, but the majority voted to upgrade and elevate our City," said McClellan. "Now we are going to get busy to make another dream a reality. Hold on to your hats, this ride is going to be amazing."

In addition to the focus on new parks and recreation opportunities, the City Council will also continue to focus on its other goals over the next few years, which include attracting and retaining businesses, building upon and celebrating the City's diversity, providing an efficient and resilient government and ensuring a safe environment for everyone.



Snow Emergencies

For more information about Snow Emergencies, please contact the Department of Public Works at (248) 691-7497.

When is a Snow Emergency Declared?

A snow emergency is declared when four or more inches of snow falls or other hazardous conditions necessitate. When a snow emergency is declared, parking is not permitted on City streets until the snow emergency has been lifted. This allows for the Department of Public Works to efficiently clear the roadways.

What Should You Do During a Snow Emergency?

Until the Snow Emergency has been lifted by City Manager Erik Tungate, all vehicles must be removed from curbside and parked off street. The City has eight areas within the City designated for overflow parking, they are:

- Eleven Mile Off-Street Parking Lots
- Victoria Park Parking Lots
- Shepherd Park Parking Lots
- City Complex Parking Lots
- Best Park Parking Lot

- Key Park Parking Lot
- Lessenger Park Parking Lot
- Dewey Park Parking Lot

For a map of available snow emergency parking locations within Oak Park, visit http://bit.ly/OPSnowEmergencyMap.

How Will You Know When a Snow Emergency Has Been Declared?

As a general rule, if a significant snow event is anticipated, City Manager Erik Tungate will proactively declare a Snow Emergency in advance to allow residents to properly prepare.

There are several ways in which residents can become informed of a Snow Emergency, they include:

- Website: Log onto the City's website at www.oakparkmi.gov. An alert will be posted in the lower right of your screen and in the front page news.
- Community eBlast: Enroll to

receive Community eBlasts that arrive in your email. To enroll, visit www.bit.ly/OakParkSignUp.

- Robo Call Notification: Enroll to receive robo calls on your landline or your cell phone. To enroll, visit www.bit.ly/OakParkSignUp.
- Text Message Notification: Enroll to receive text message notification, visit www.bit.ly/OakParkSignUp.
- Social Media Posts: Follow us on the City's Facebook or Twitter accounts @CityOfOakPark.
- Cable TV Stations: Tune into the City's Comcast Cable TV15 and 16.
- Local TV Stations: The City notifies the following local television stations of snow emergencies: ABC, CBS, NBC and Fox2Detroit.
- Local Radio Stations: The City notifies the following local radio stations of snow emergencies: WWJ and WJR.

How is Snow Removal Prioritized?

During snow emergencies the Department of Public Works prioritizes the roadways. In general, the City crews treat and plow roadways in the following order:



- Primary Roadways: Primary routes are the first priority for plowing and de-icing. Primary routes include major streets, snow emergency routes, around schools and around medical facilities. These roadways include the I-696 service drives, Greenfield, Coolidge, Eleven Mile Road, and Nine Mile Road.
- Secondary Roadways: Secondary routes are main and heavily traveled thoroughfares. These include streets like Oak Park Boulevard, Scotia, Rosewood, Church, Capital, Lincoln, and Northfield.



The Warming Center will be operational when the weather forecast calls for real-feel temperatures of 10°F or below.

 Residential Intersections: Tertiary priority is made to residential intersections so that vehicles can properly stop and proceed safely at intersecting roadways. Residential roadways are plowed when appropriate, typically when four or more inches of snow is present or other circumstances necessitate.

WHAT ARE THE CITY'S SNOW REMOVAL REQUIREMENTS?

The following are snow removal provisions contained in Chapter 66 Section 166-167 of the Code of Ordinance:

- Snow and ice must be removed from all sidewalks.
- Snow and ice must be removed within 12 hours when it stops snowing during daylight hours.
- Snow and ice must be removed by 6:00 pm the next day when it stops snowing during night time.
- It is considered a public nuisance to allow ice and snow to accumulate on sidewalks.
- Failure to remove snow and/or ice from all sidewalks within the time frames above may result in citations being issued or City removal at the homeowner's expense.

ak Park Public Library

CONTACT US! (248) 691-7480 reference@oakparkmi.gov

HOURS:

Monday-Thursday 10 am to 8 pm Friday 10 am to 5 pm Saturday Closed, Sunday 1 to 5 pm Kimberly Schaaf, Director F @ Oak Park Library @ oakparkmilibrary

EVENTS FOR TEENS

DRAGON EYES Sunday, Feb. 4 | 3:30-4:30 pm | Grades 6-8



In the Chinese Zodiac, 2024 is the Year of the Dragon! Teens are invited to ring in the Chinese New Year by making their own dragon eye out of clay. Registration Required. One registration per person.

SPACE & ART AT THE PLANETARIUM!

Sunday, Feb. 25 & Sunday, March 24 | 2-3pm | Adults and teens 13+ At the Oak Park High School Hoffman Planetarium. Are you ready for the total solar eclipse in April? Have fun learning about space with a planetarium show and an art activity designed just for you. Attendees will receive one pair of eclipse glasses to take home. Registration Required. One registration per person.

EVENTS FOR EVERYONE

Celebrate Black History Month! Grab & Go Craft: **Artist Alma Woodsey Thomas** Pick up starting Thursday, Feb. 1 All ages

Help us celebrate this teacher and artist! Learn about her life and art before making your own expressionist masterpiece. Must be present to get kit. One per person, while supplies last.



Eclipse Citizen Science Monday, March 4, 6:30-7:30 pm. | Recreation Room B

Be a citizen scientist! Learn how to easily record cloud, mosquito habitat, and land cover observations in our community to help NASA and other scientists study things like energy transfer, climate and weather conditions, and vulnerability to disasters. The total solar eclipse in April provides an especially important opportunity to gather rare data for research. This program uses an app to record your observations, you must bring a smartphone or tablet to participate in this program. Attendees will receive a pair of eclipse glasses to take home. Registration Required.

BORROW A LAPTOP TO USE @ THE LIBRARY!



OAK PARK PUBLIC LIBRARY

EVENTS FOR CHILDREN

TODDLER STORYTIME

Ages 0-3 | Thursdays, 10:15-10:45 am | Jan 4-Feb. 29

Toddler Storytime is a great way to introduce babies and toddlers to the joys of reading and start building their very first early literacy skills. This weekly 30-minute program includes stories, songs, rhymes, and activities that encourage language development, play, and exploration. Pick up a storytime schedule at the library. **No registration required.**

MUSIC & MOVEMENT WITH EARLY ON OAKLAND Saturday, Jan 20 & Saturday, March 2 10-11 am | Recreation Room B

Children aged 1.2 years old who are walking, with a caregiver

Bring your child to explore music and movement activities that promote learning and fun! Learn how to make movement a part of your child's

daily routine while enhancing growth and development. Offered in partnership with Early On Oakland; this program is led by physical and occupational therapists.



Registration required. One registration per family.

PJ STORYTIMES Monday, Jan. 22 & Thursday, Feb. 15 6:30-7 pm | Ages 0-5, with a caregiver

Join us for an evening of reading, rhyming, and singing fun! Pajamas optional. **Registration required. One registration per family.**

SPACE & SHADOWS AT THE PLANETARIUM! Sunday, Feb. 4 & Sunday, March 10 \mid 2-3 pm Families with children in grades K-5

At the Oak Park High School Hoffman planetarium. Are you ready for the total solar eclipse in April? Have fun learning about space with a planetarium show and activity designed just for your family. Each family will receive eclipse glasses to take home. **Registration required. One registration per family.**

Celebrate Black History Month! Grab & Go Craft: Engineer Jerry Lawson Pick up starting Monday, Feb. 12 | Ages 2-13

Help us celebrate this engineer! Learn about his life before creating your own simple animation. Must be present to pick up kit. **One per person while supplies last.**





Eclipse Watch Party Monday, April 8 | 2:30-3:30 pm

EVENTS FOR ADULTS

GRAB & GO KIT: NATIONAL PUZZLE MONTH! Pick up starting Monday, Jan. 8

January is National Puzzle Month and we're gathering some fun crosswords, word searches, Sudoku, and dots-and-boxes that can be done alone or with friends and family! **No Registration required.** While supplies last.

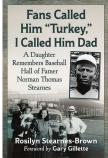
SPACE & ART AT THE PLANETARIUM! Sunday, Feb. 25 & Sunday, March 24 | 2-3 pm Adults and teens 13+.

At the Oak Park High School Hoffman Planetarium. Are you ready for the total solar eclipse in April? Have fun learning about space with a planetarium show and an art activity designed just for you. Attendees will receive one pair of eclipse glasses to take home. **Registration required. One registration per person.**

CELEBRATE BLACK HISTORY MONTH: BASEBALL EDITION! Fans Called Him "Turkey," I Called Him Dad: A Daughter Remembers Baseball Hall of Famer Norman Thomas Stearnes By Local Author Rosilyn Stearnes-Brown Tuesday, Feb. 27: 6:30 pm

Baseball Hall of Famer Norman Thomas "Turkey" Stearnes (1901-1979) batted more than .400 three times, led the Negro Leagues in home runs seven times and holds the all-time Negro Leagues record for career home

runs. Despite his legendary achievements on the field, Stearnes worked off-seasons in Detroit's auto plants, including one owned by Walter Briggs, who also owned the Detroit Tigers--a team Stearnes couldn't play for because he was black. Written by his eldest daughter, this first biography of "Turkey" Stearnes intimately recounts his life and career and gives overdue recognition to one of the greatest all-around players in the history of baseball. **Registration required.**



ration required.

Memorial Donations

• Ken Sherman, in honor of Duster

Interested in making a donation to OPPL? Contact our Director at 248-691-7480



CLASSICAL CONCERT WITH TRIO VISTA Sunday, Jan. 21 | 2-2:45 pm

Local string group, Trio Vista, will be performing a "Beethoven and Friends" classical concert at the library! Warm up with the relaxing sounds of live music on a Sunday afternoon for this family-friendly event. Registration recommended but not required.

BASIC COMPUTER SKILLS INSTRUCTION BY APPOINTMENT Limited to Oak Park residents | 30 min sessions

Our basic computer skills sessions provide personalized instruction tailored to your needs. Our knowledgeable instructor will guide you through the basics of computer usage, including navigating the internet, using email, and utilizing various software applications. Whether you are a beginner or just looking to enhance your current skill set, our class is designed to meet your individual goals and improve your overall computer proficiency. Call the library and take the first step towards mastering essential computer skills. **Registration required.**

SMART PHONE ASSISTANCE CLASSES iPhone Basics: Tuesday, April 2 | 6-7:30 pm Android Basics: Tuesday, April 16 | 6-7:30 pm

These helpful classes are dedicated to helping you use your smart phone! Whether you're new to smart phones or just want to brush up on your skills, these classes are for you! Bring your phone and any questions you have. There will be time for Q&A after each class. **Registration required.**

OAK PARK BOOK CLUB

Our growing group of readers meet in-person on the first Wednesday of each month at 6 pm. Copies of each book are available at the circulation desk one month before we meet.

Upcoming Selections:

Jan. 4: Lady Tan's Circle of Women, by Lisa See Feb. 7: Born a Crime, by Trevor Noah Mar. 6: Giver of Stars, by Jojo Moyes Apr. 3: Tyranny of Merit, by Michael Sandel May 1: Leave the World Behind, by Rumaan Alam

COLORING GROUP FOR ADULTS! Tuesdays | 5-7 pm

OAKLAND

Interested in a relaxing evening with friends, or looking to make new ones? Coloring isn't just for kids, and it can be a great way to de-stress after a busy day of work or errands. Join the growing group of coloring enthusiasts on Tuesday evenings at OPPL. We'll provide the colored pencils and coloring sheets (or bring your own)! **No registration required.**

1-ON-1 TECHNOLOGY ASSISTANCE BY APPOINTMENT 30 mins sessions

Looking for help with your smartphone or tablet? Make an appointment where you'll learn the basics of setting up and navigating your device, utilizing useful apps and features, and troubleshooting common issues. Our experienced staff will guide you step-by-step and provide personalized support to ensure you feel confident using your device. Don't miss out on this opportunity to enhance your digital skills and make the most out of your device! **Call 248-691-7480, ext. 3 to make an appointment.**

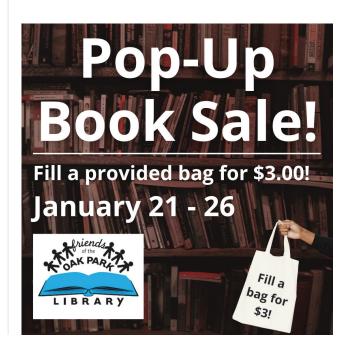
SMALL BUSINESS COUNSELING WITH OAKLAND THRIVE Jan. 16: 5-7 pm | Feb. 20: 5-7 pm

Oakland Thrive Small Business Consultant Daryl Peguese will be available at Oak Park Public Library for a FREE strategy session for new entrepreneurs or existing small business owners. No registration is

required. Questions about starting, managing, or expanding a business are welcome!

Oakland Thrive, a nonprofit headquartered in Pontiac, is helping to build a sustainable, inclusive local economy by providing training, education, and resources for small business

owners in Oakland County. For more information, please contact Daryl at peguesed@oaklandthrive.org or visit oaklandthrive.org.



ends

Building Early Childhood Foundations that Last a Lifetime!

8430 W. Nine Mile Oak Park, MI 48237

Curiosity starts here.

248-629-7065

Looking for a child care where your child can learn and grow at their own pace? A child care filled with adventure and where active learning fuel creativity? Are you seeking an environment where your little one is safe to explore and discover? Look no further.

- Arts & Crafts
- Language & Literacy
- Active Learning
- Movement & Music
- Nurturing Teachers

Contact us Today for \$100 Tuition Credit!



Utility Bill Assistance Organizations and Programs

If you are in need of utility bill assistance consider contacting one of the organizations below. This list can also be found at oakparkmi.gov.

- AMERICAN RESCUE PLAN ASSISTANCE (517) 373-8080
 WWW.HOUSE.GOV/HFA
- COVID EMERGENCY ASSISTANCE (CERA) 1-888-441-1742
 WWW.OAKLANDHOMELESS.ORG/CERA 196 CESAR EAST CHAVEZ AVE, PONTIAC, MI 48342
- DETROIT WATER PROJECT
 DETROITWATERPROJECT.ORG
- DHS-MADISON HEIGHTS (248) 542-5860 HTTPS://BIT.LY/3xG450Q 30755 MONTPELIER, MADISON HEIGHTS, MI 48071
- HOSPITALITY HOUSE FOOD PANTRY (248) 960-9975
 PROGADMIN@HHFP.ORG
- MICHIGAN HOMEOWNER ASSISTANCE 1-866-946-7432
 WWW.STEPFORWARDMICHIGAN.ORG PO BOX 30632 LANSING MICHIGAN 48909
- OAKLAND COUNTY CARES ACT (248) 858-0730
 OAKGOV.COM/COVID/GRANTS
- OAKLAND COUNTY FAIR HOUSING 1-888-350-0900 OAKGOV.COM/FAIRHOUSINGSURVEY
- OLSHA-OAKLAND (248) 542-5860 30755 MONTPELIER, MADISON HEIGHTS 48342
- OUR LADY OF FATIMA
 ST. VINCENT DE PAUL
 (248) 545-2310

- PEOPLE'S WATER BOARD COALITION (833 882-7766
- SALVATION ARMY (248) 585-5600 3015 NORTH MAIN, ROYAL OAK, MI 48073
- THE HEAT AND WATER FUND (THAW) 1-800-866-8429 535 GRISWOLD ST, STE 200, DETROIT 48226
- WRAP PROGRAM (313) 386-9727 WAYNEMETRO.ORG/WRAP

WWW.OAKPARKMI.GOV

RECREATION DEPARTMENT CITY OF OAK PARK 14300 Oak Park Blvd. Oak Park, MI 48237 (248) 691-7555 www.OakParkMI.gov

LAURIE STASIAK Director, Recreation Department (248) 691-7576 Istasiak@oakparkmi.gov

MARALEE ROSEMOND Recreation Coordinator (248) 691-2357 mrosemond@oakparkmi.gov

JES ALGER Recreation Coordinator (248) 691-7562 jalger@oakparkmi.gov

ERIN FOLEY Recreation Intern (248) 691-7161 efoley@oakparkmi.gov

TRACY EATON Administrative Clerk (248) 691-2358 teaton@oakparkmi.gov

Hours: Monday-Thursday 9 am-1 pm and 2-5 pm Every Other Friday 8 am-4 pm

THE MISSION OF THE RECREATION DEPARTMENT IS TO ENRICH THE QUALITY OF LIFE FOR OUR DIVERSE COMMUNITY WHILE ESTABLISHING A HIGH STANDARD OF EXCELLENCE IN OUR PROGRAMS, ACTIVITIES, PARKS AND SERVICES.

FOLLOW US ON:



@CityOfOakPark

PAYMENT METHODS

We accept checks or money orders made payable to the City of Oak Park, cash paid in-person, and the following credit cards:

> American Express®, Discover® MasterCard®, or Visa®

Oak Park Recreation

4 Ways to Register for Recreation Programs

ONLINE REGISTRATION

Register online for activities by clicking on the "Click Here to Register" button on the Recreation Department's page of the City's website, at **www.OakParkMI.gov**. Or, go directly to the online registration page at **http://bitly.com/OPRegisterOnline**. When registering online, follow these easy steps:

1. Visit http://bitly.com/OPRegisterOnline.

- 2. Enter the required information to generate your customer identification and password.
- 3. Click on the activities you want to register for.
- 4. Pay with a credit card, print your receipt, and receive an instant email confirmation of your purchase.

MAIL-IN REGISTRATION

A mail-in registration is available for most activities, except when athletic contracts are required for registration. For athletic contracts, register in person. To register via mail:

- 1. Complete the Recreation Registration Form, see form on adjacent page.
- Include check or money order payable to the City of Oak Park. Do not include cash or credit card numbers.
- 3. When a birth certificate is required for registration, a copy of the birth certificate can be mailed or the original can be delivered in-person to the Recreation Department.

IN-PERSON REGISTRATION

Register in-person during regularly scheduled business hours. The Recreation Department is located in the City's Community Center at **14300 Oak Park Blvd.**, **Oak Park.**

Office Hours: Monday - Thursday, 9 am to 5 pm (Closed 1 to 2 pm) Open every other Friday, 8 am to 4 pm: Jan. 5, 19, Feb. 2, 16 and March 1, 15 Closed: Jan. 15 and March 29

BY PHONE

Register by phone with a credit card (American Express[®], Visa[®], MasterCard[®] or Discover[®]) by calling (248) 691-7555.

Classes are filled on a first-come, first-serve basis. Register early! Refund policies apply.

15

MARTIAL ARTS

GO-TI YOUTH MARTIAL ARTS Tuesday and Thursday, 7:15 to 8:30 pm \$65 Resident/\$70 Non-Resident | 8 weeks

Ages: 8-13 | Community Center

GO-TI Youth Karate is a class specifically designed for beginner through intermediate skill levels. It enhances a child's focus, memory, teamwork skills, discipline, self-control, fitness, balance, and coordination. All of this is achieved through exciting and fun games and activities. Students should dress in gym attire. Participants will be assessed on their overall skills on the first day of class. A responsible adult must remain in attendance during class. Instructor: Grand Master Dereke Batten.

Session 1: Jan. 9-March 7 (*no class 2/20 & 2/22*) Session 2: March 12-May 9 (*no class 3/26 & 3/28*)

YOUTH SOCCER

Week of April 8 to Week of May 25 | 9 to 11 a.m. | 9 weeks Registration Begins: Jan. 8 | Registration Ends: March 15

Games are Saturday morning, with possible Sunday, Tuesday, or Thursday games. Practices take place in Oak Park and games are in Ferndale.

Oak Park will participate in the Quad-City Alliance Soccer League, which allows participants to compete with teams from Ferndale, Hazel Park and Pleasant Ridge. This is a co-ed soccer league. Participants are provided with a jersey. Shin guards and cleats must be worn at all games and practices.

U4 SOCCER Fee: \$40 Resident/\$45 Non-Resident

U6 SOCCER Fee: \$55 Resident/\$60 Non-Resident

U8 SOCCER Fee: \$60 Resident/\$65 Non-Resident

U10 SOCCER Fee: \$65 Resident/\$70 Non-Resident

PRESCHOOL SOCCER CLINIC

April 15-May 20 | Mondays, 6 to 7 pm | Ages 3-5 \$36 Resident/\$41 Non-Resident | 6 weeks | Community Center This noncompetitive clinic will focus on teaching skills in kicking, dribbling, passing, throw ins, passing, defense, and goal keeping.



Make a Difference in the Lives of Our Youth

BECOME A VOLUNTEER

Are you interested in making a difference in the lives of the youth of our community? Become a volunteer coach. Even if you are not an expert in the sport, we need more positive role models in the lives of our youth to help them develop into well-rounded individuals. Oak Park administrators will help provide you with practice plans and provide you with the equipment you need. If you have any interest, Please contact the Recreation Office at (248) 691-7555.

BECOME A SPONSOR

Interested in sponsoring a team? Donate money to your favorite youth sport and get your logo on the back of each player's jersey. Contact our office at (248) 691-7555.

BASEBALL

Week of June 3 to July 15

Teams will play in the Quad City Alliance Baseball League, competing with teams from Ferndale, Hazel Park, and Pleasant Ridge. This is a co-ed baseball league. Players are provided with jerseys and ball camps. Teams will be provided bats, balls, catcher's gear, and batting helmets. Coaches are responsible for choosing practice times and locations.

BASKETBALL

PRESCHOOL BASKETBALL CLINIC

Mondays, Jan. 22 to March 11 (no class 2/19 & 2/26) | 6 to 7pm Ages: 3-5 | Community Center Room A | 6 weeks Fee: \$36 Resident/\$41 Non-Resident

This non-competitive clinic will focus on teaching skills in dribbling, ball handling, passing, catching, shooting, agility and running.

PARENT-TOT PLAYTIME

Wednesdays, 9 to 11 am | Community Center \$2 per child resident/ \$4 per child Non-Resident Weekly starting Jan 17, closed when OP Schools are closed Open play for children ages 0-5 years old along with their parents/caregivers. This is a drop-in style play time. No pre-registration required. Parents/caregivers must remain with and supervise their child(ren) at all times.

ADULT SPORTS LEAGUES

CoREC KICKBALL Fridays, May 31-Aug. 16 (no games 6/14 & 7/5) Ages 18+ | Fee: \$350/team plus + \$50 Forfeit Fee

This CoRec double header league plays at Joe Forbes Field and City Park #2 in Shepherd Park. The league plays 14 games plus playoffs. For more information or to register, please contact the Recreation Center at (248) 691-7555.

MEN'S SOFTBALL

Mondays, May 6-July 15 Ages 18+

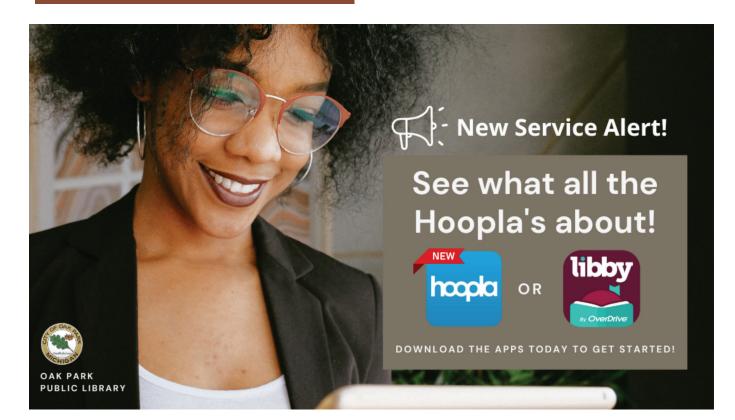
Fee: \$350/team plus + \$50 Forfeit Fee

This men's double header league plays at Joe Forbes Field and City Park #2 in Shepherd Park. The league plays 14 games plus playoffs. For more information or to register, please contact the Recreation Center at (248) 691-7555.

SENIOR SOFTBALL TRAVEL LEAGUE Monday & Wedesday mornings Season begins mid-April Details coming soon

This Senior Softball league plays throughout Oakland and Macomb Counties. Teams play two single 9-inning games with no time limit with up to 30 games in the season. All current-year USA Softball

with up to 30 games in the season. All current-year USA Softball rules apply except where modified by NMDSSA, including the use of USA Softball approved bats.



NIAGARA FALLS

THEATRE

Please stop by the Recreation Department or visit the Recreation page on the city website under "Theatre," for the most up to date information. Must be a member of the 50 Up Club.

MEADOWBROOK

The Recreation Department has secured tickets for the entire Meadowbrook 2024 season. There are six theatre performances throughout the season and all will include lunch. Tickets will be limited, so register early. Information on these trips will be posted when they are received sometime in late August. Here is a "sneak peek".

- "Native Gardens": April 10
- "Route 66": May 8
- "Ella, The First Lady of Song": June 19

LUNCH TRIPS

The Recreation Department will be planning monthly lunch trips as soon as possible. Our group loves to get out and about and to experience different restaurants and culinary opportunities. Stop by the recreation lobby for details as they arise.



EXTENDED TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of extended trips. These trips require us to book well in advance. As tours become available, we



will add the information in the lobby of the Community Center. Full details available in the Recreation Department lobby! Contact (248) 691-7555 for more details.

CHARLESTON, S.C. | April 7-12 NIAGARA FALLS GETAWAY | April 13-15 LAKES & LEGENDS | May 19-22 MACKINAW ISLAND LILAC FESTIVAL | June 5-7

DAY TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of day trips. These trips require us to book well in advance. We are currently booking for Summer



and Fall tours. As these and more trips come in we will post the full details in the lobby of the Recreation Department. Contact (248) 691-7555 for more details.

FIREKEEPERS CASINO, BATTLE CREEK | Thursday Feb. 22 DETROIT PROHIBITION TOUR | Wednesday, April 17 DETROIT HERITAGE TOUR | Thursday, June 20



WINTERFEST 2024

Mark your calendars for the annual Oak Park Winterfest. The highlight of the winter months is the Oak Park Winterfest! There will be free ice skating at the ice rink, hot chocolate and donuts, chili to warm the spirit, fire pits to huddle around to make S'Mores, ice carvers dwindling two 400 pound blocks of ice into beautiful statues and a horse drawn wagon rides through David H. Shepherd Park. Face painting and make and take crafts are also included in the lineup of free events. Sponsorships are available. Call 248-691-2357 for more information.

Sunday Jan. 28 | 1-4 pm | Community Center and grounds

DADDY DAUGHTER DANCE

Dinner, dance, keepsake photo and flower. RSVP NOW! This event sells out very quickly, attendees must register and pay in advance through the Recreation office. No ticket sold the day of at the door.

Sunday Feb. 4 | 4-6 pm Resident: \$35/couple | Non-resident: \$40/couple \$12 each additional child

MOM 2 MOM SALE

The Mom 2 Mom Sale is an indoor sale where parents and caregivers can purchase space to sell their children's outgrown, gently used items to other parents or caregivers. It provides sellers a way to declutter their homes. Buyers are able to find quality items at a low cost. It encourages green practices in the community, as residents can reuse children's items and reduce waste.

Buyer Information: 8 am to 1 pm, early bird entry 8 to 9 am. \$2 admission, \$3 early bird admission at door.

Seller Information: Seller Spaces available. \$20 resident/\$25 Nonresident, limit 2 spaces per seller. Seller registration deadline Friday Feb 23 or while spaces last. No spaces will be sold day of. To register, call 248-691-7555 or visit us at 14300 Oak Park Blvd., Oak Park, MI 48237.

Sunday, March 10 | 8 am-1 pm | Oak Park Community Center

SAVE THE DATE



MOTHER SON DANCE

Celebrate Mother's Day weekend with the Mother/Son Dance! Included is dinner, dance, photo booth and a rose for mom! Register by calling the Recreation Office at: (248) 691-7555. No tickets sold the day of, at the door. Sunday, May 11 | 5-7 pm | Community Center Resident: \$35/couple | Non-resident: \$40/couple \$12 each additional child



NOW HIRING!

Pool Managers, Assistant Managers, Lifeguards & Pool Cashiers

We provide all the training you need to be successful. As long as you are a strong swimmer and a responsible individual, no experience is necessary! We certify you in First-Aid, CPR, and other essential lifeguarding skills. Hiring Bonus: A \$400 bonus for returning and new certified lifeguards, to be paid on their second paycheck. A \$300 bonus for lifeguards needing to be certified, to be paid on second paycheck, post certification. To receive the bonuses, lifeguards must commit to work 20 hours each week, including one 8-hour weekend shift, between the weeks of June 8 and Aug. 17, 2024, they will receive a \$1 bonus for each hour worked post certification, up to \$400. This bonus will be paid on Sept 12, 2024. There will also be an additional \$100 bonus for staff who work until Sept. 7, 2024.

Camp Director, Assistant Dirctor & Counselors

Oak Park Recreation is looking for energetic staff for our Oak Park Summer Day Camp. Staff are responsible for the supervision and engagement of all our campers. Responsibilities include playing a variety of games, helping with arts and crafts, supervising weekly field trips and daily swim times. Experience working with children required, ability to swim preferred.

19



CLASSES

BASIC HATHA YOGA

Thursday from 10:30 to 11:30 am

Ages 50 and up | \$32 Resident/\$37 Non-Resident | 8 weeks There must be a minimum of five participants for class to run. This class provides a basic yoga foundation. Instruction is personalized around the unique needs of those enrolled. Don't forget to bring your own mat. Instructor: Bob Smith.

Course: HathaJan2024 - Jan. 11-March7 (no class 2/22) Course: HathaMar2024 - Mar. 14-May 8

GENTLE CHAIR YOGA

Monday from 9 to 10 am

Ages 50 and up | \$29 Resident/\$34 Non-Resident | 8 weeks

There must be a minimum of five participants for this class to run. Gentle Chair Yoga provides gentle therapeutic yoga exercise while reducing stress on joints and muscles. Instructor: Rachel Ekert

Course: Gentle ChairJan24 - Jan. 8-Mar. 4 Course: Gentle ChairMar24 - Mar. 11-Apr. 29

TAI CHI FOR BEGINNERS

Tuesday, from 10 to 10:45am

Ages 18 and up | \$84 Resident/\$89 Non-Resident | 12 weeks

This is the newly redesigned 12-week class to get all participants through the entire curriculum to transfer more quickly into the next level. The fee still works out to \$7/class. There must be a minimum of five participants for class to run. Learn the ancient Chinese system of exercise and movement meditation in an effort to develop flexibility and coordination, and to slow down the aging process. All experience levels are welcome! Instructor: Holly Malloy.

Course: Tai Chi Beg Jan2024 - Jan. 9-Mar. 26

TAI CHI FOR RETURNING STUDENTS Tuesday, from 11:30am to 12:15pm

Ages 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class utilizes the ancient Chinese system of exercise and movement meditation to develop flexibility and coordination while striving to improve the aging process. This class is for experienced students only. Instructor: Han Hoong Wang.

Course: Tai Chi RetJan2024 - Jan. 9-Feb. 27 Course: Tai Chi RetMar2024 - Mar. 5-Apr. 23

SENIORS IN MOTION

Tuesdays and Thursdays, 9 to 10 am

Ages: 50 and up | \$40 Resident/\$45 Non-Resident | 8 weeks Raymond Defoe, the energetic guru of senior exercise will be providing these morning classes designed to energize your day! The class includes warm up, cool-down, low impact aerobics, strength and balance training and flexibility exercises. Each class maintains core fitness exercises that have proven to be effective in assisting participants to maintain and improve strength, balance, posture, flexibility and stamina. The SIM program allows instructors to be creative with their aerobic routines and provide modified exercises to match the participants' varying levels of ability. Instructor: Raymond DeFoe.

Course: SeniorsJan24 - Jan. 9 -Mar.14 Course: SeniorsMar24 - Mar. 19 -Apr. 25 (classes prorated)

STRETCH IT OUT Tuesdays, 10:15 to 11 am

Ages: 50 and up | \$35 Resident/\$40 Non-Resident | 8 weeks

Stretch It Out is a low impact, low intensity workout that will tone your muscles, increase your range of motion and flexibility, and help you relieve stress. While working through a series of stretching and toning exercises, participants will also develop breathing techniques to complement this resistance training workout. This class is for everyone who would like to improve their health by practicing intentional, yet simple, movement and balance, borrowed from several disciplines, including yoga, safe therapeutic movement, and beneficial stretching. Comfortable, unrestrictive clothing suggested.

Course: StretchJan24 - Jan. 9-Feb. 27 Course: StretchMar24 - Mar. 5-April 23



YOGA IS FOR EVERY BODY

Mondays from 7:15 to 8:45 pm

Ages: 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Yoga is for EVERY BODY! This course is designed to fit the needs of the beginner as well as the returning student. Emphasis is placed on stretching and strengthening the muscles, improving posture, breathing and deep relaxation. Reducing stress is an important benefit! Bring a mat and wear loose clothing. Instructor: Lyn Cottrill.

Course: YogaEveryBodyJan2024 - Jan. 8-Mar.18 Course: YogaEveryBodyMar2024 - Mar. 25-Apr. 22 (classes prorated)

ZUMBA GOLD (Evening Session) Thursdays from 6 to 7 pm \$48 Resident/\$55 Non-Resident | 8 weeks

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaGold2024 - Jan.11-Feb. 29 Course: ZumbaGoldMar2024 - Mar 7-Apr. 25

ZUMBA FOR ALL

Tuesdays from 6 to 7 pm \$40 Resident/\$45 Non-Resident | 8 weeks

Forget your working out and join a dance party atmosphere full of Latin and international music. Zumba combines high energy and motivating music to create a fun and energetic workout that is just infectious! Bring a towel, water, and yourself. Ditch the workout and join the party! Instructor: Alicia Jackson

Course: ZumbaJan2024 - Jan. 16-Mar. 5 Course: ZumbaMar2024 - Mar. 12-Apr. 30

HUSTLE CLASS

Wednesdays from 6 to 7 pm \$30 Resident/\$35 Non-Resident | 6 weeks

This is a choreographed dance where a group of people dance along to a repeating sequence of steps while arranged in one or more rows. The dancers are not in contact with each other, and you do not need a partner. Each dance is usually associated with and named for a specific song. We dance to the popular music styles of rhythm & blues, jazz, and music that mixes in mild Rap. Instructor: Maurice Adams

Course: HustleJan2024 - Jan. 10-Feb. 14 (classes prorated) Course: HustleMar2024 - Mar. 6-Apr. 24



MIDDLE EASTERN BELLY DANCE Wednesdays from 6 to 7 pm \$75 Resident/\$80 Non-Resident | Ages: 20 and Up | 8 weeks

There must be a minimum of five participants for class to run. This class attracts participants of all shapes and sizes who come dressed in comfortable clothing to learn the art of belly dance. Express yourself through dance and learn fun ways to maintain health. Enjoy the physical and personal benefits of belly dancing - abdominal toning, leg strengthening, self-esteem, and an essence of sensuality. No experience necessary. Instructor: Dee Watkins

Course: BellyJan24 - Jan. 10-Feb. 28 Course: BellyMar24 - Mar. 6-Apr. 24

BALLROOM DANCE BEGINNERS Fridays from 6 to 7:15 pm

\$30 Resident/\$35 Non-Resident | 6 weeks

Join us and learn Detroit Style Ballroom dance. Detroit style ballroom is a partner dance where the cha cha is the basic step. It's not the formal traditional ballroom dance like the waltz and Foxtrot. You'll find the dance easy and lots of fun. This style of dance originated over 60 years ago and is still popular, not only in Detroit, but around the country. You'll not only learn new dance steps but you'll get your steps in for getting in shape. Imagine the next social event that you attend and you 're able to showcase your ballroom moves on the floor. Bring your partner or come alone. Yes, even YOU can learn to dance. Instructor: Maurice Adams

Course: BallroomBegJan2024 - Jan. 5-Feb. 9 *(classes prorated)* Course: BallroomBegMar2024 - Mar. 1-Apr. 19

BALLROOM DANCE ADVANCED Fridays, 7:30 to 9 pm

\$35 Resident/\$40 Non-Resident | 6 weeks

The pre-requisite for this class is that you have taken the Beginner Ballroom Classics, or you are familiar with the basic Detroit Style Ballroom beginner steps. This class builds from where the beginner class left off with more sophisticated combinations of dance moves. Bring your partner or come without a partner. Instructor: Maurice Adams

Course: BallroomAdvJan2024 - Jan.5-Feb.9 (classes prorated) Course: BallroomAdvMar2024 - Mar. 1-Apr. 19

21



SENIOR MEALS MEALS ON WHEELS "More than just a meal"

Meals on Wheels home delivery is available in Oak Park as long as you call one week in advance. Lunch can be served with a pre-ordered meal. For more information call the Senior Meals on Wheels at their **NEW NUMBER (248) 223-9160.**

Volunteers Needed to deliver food to our homebound Seniors in Oak Park /Southfield. This is a great way to give back to your community. Monday-Friday. Pick up food at Oak Park Recreation. Routes will take 1-2 hours to complete. Call 810-632-2155 if interested.

SMART TRANSPORTATION

The Oak Park Recreation Department provides transportation through a partnership with SMART buses for residents who are seniors, age 50 or above, and individuals who have a disability.

Our transportation hours have a brand new start time! We now are able to begin scheduled pick-ups at 8am with return time no later than 4:30 pm (when prior arrangements are made), Monday through Friday.

In addition to our regular Kroger and Meijer days, we are adding shopping opportunities to Target, Walmart, Aldi and Marshall's! Qualified individuals can contact the Recreation Department to schedule transportation at (248) 691-7555.

BRUNCH & LEARN

Since our groups always have such a great time at the Outdoor Adventure Center in Detroit we are headed back for more, with fabulous topics featuring Michigan and elsewhere. A wonderful light brunch will be included at the Outdoor Adventure Center and then we will head off to a local restaurant for lunch. The trips will leave Oak Park at 8:45 am, with the program starting at the Adventure Center at 9 am. We will tour the building from 10:30 to 11:30 am and then we will leave for our restaurant destination, which is TBD. The cost for each Brunch and Learn at the Outdoor Adventure Center is \$9/person. Lunch will be on your own. Pre-registration is required. Hurry, tickets will go fast!

Peregrine Falcons in Detroit | May 23

From the edge of extinction to conquering concrete jungles, dive into the history of the world's fastest animal, the Peregrine Falcon. Follow along and learn about the amazing raptor's journey to recovery and how falconry, the sport of kings, played a pivotal role.

SENIOR SCOOP

Did you know that the Recreation Department hosts a monthly newsletter called the "SENIOR SCOOP". The Senior Scoop is a great way for you to stay up to date on the happenings at Oak Park Recreation. This newsletter is up dated the first week of every month and is located in the lobby of the Community Center. Each edition of the Senior Scoop will contain the following: Special Trips, Class Schedules, Recration News, Puzzles, Senior Interiew Highlights, Recipes, and all Recreation News.

Come see us and pick up your edition of the Senior Scoop the first week of each month for all updated and additional news.

VIRTUAL HEALTH

FREE Virtual Classes. Presented by Beaumont Health. Visit classes.beaumont.org to register or call 800-633-7377.

DIABETES PATH (Personal Action Toward Health) Helping you take charge of your diabetes

Diabetes PATH is a fun, interactive workshop that will equip all adults living with Type 2 Diabetes to live a healthier life. Patients and their caregivers will gain hands-on experience learning to manage all aspects of their diabetes from the convenience of their own home.

Mondays, 6-8 pm Informational session Jan. 29 (strongly encouraged) Classes start Feb. 5.

WALK WITH EASE

This is **FREE** six-week physical activity program designed to help reduce pain and improve your overall health. Whether you are looking for relief from arthritis pain or just want to be more active, this program has shown to help improve balance, strength and walking pace. It also helps build confidence in your ability to be active and can help improve limitations and symptoms. Space is limited. Call the Recration Office for start date.

ARE YOU AT RISK FOR DIABETES?

The Diabetes Prevention Program has been proven twice as effective as medication alone in preventing Type 2 Diabetes. During these free, virtual sessions you will learn to make lasting changes, focus on healthy eating, establish a healthy lifestyle, be more active and stay motivated!

Mondays, 6-7 pm Informational session Jan. 23 (strongly encouraged) Classes start Jan. 30.

DROP-IN PROGRAMS

50 UP CLUB MEMBERSHIP Fee: \$6 Res./\$12 Non-Res. | Calendar Year Renewal

The mission of the 50 Up Club Membership is to provide Oak Park's diverse, mature population with education, exercise, and recreation programs to challenge the mind and body to greater heights of personal achievement. Join our Senior 50 Up Club and enjoy our weekly senior drop-in sessions at the Community Center, located at 14300 Oak Park Blvd, Oak Park. Call (248) 691-7555 for more information.

HOURS

Monday to Friday, 9 am to 5 pm (Closed 1 pm to 2 pm for lunch) Every other Friday, 8 am to 4 pm

You MUST be a 50 Up Club Member to enjoy drop-in programs:

MONDAY

Bingo, every Monday, 11:30 to 1:30 pm., Inquire about fee.

TUESDAY

Watercolor Drop-In, 1 to 3 pm. | Bid Whist, 1 to 4 pm. Contemporary Quilters, every third Tuesday, 1 to 3 pm. Mah Jongg, 10 am to 1 pm, Bring own tiles.

Bingo, 11:30 am to 1:30 pm.

WEDNESDAY

Scrabble Club, 1 to 4 pm.

THURSDAY

Dominoes, 10am to 1pm. | Bid Whist, 1 to 4 pm. Drop In Hustle, Noon to 1pm, \$5/resident; \$7/non-resident Chess, 6 to 9 pm.

NOW ACCEPTING

_APPLICATIONS FOR OAK PARK & BARK

START THE PROCESS TODAY TO BECOME A MEMBER OF OAK PARK'S NEW PARK

Apply at: Bit.ly/OakParkBarkApp



CALL THE OAK PARK RECREATION DEPARTMENT WITH QUESTIONS AT (248) 691-7555

ECRWSSED DM

POSTAL CUSTOMER OAK PARK, MICHIGAN 48237

THANK YOU

Oak Park & Bark (our new dog park) is open and membership applications are available online and at the city Recreation Office! Big thanks to members of the Dog Park Committee, Councilmember Julie Edgar, Deputy City Manager/ Director of Public Works Dave DeCoster, Animal Control and Code Officer Toni Christofel, Committee Chair Andrew Cissell, Residents Dana Jaffe, Sarah Allan, Leslye Harelik-Richie, Mark Phillips, Theresa Lorick-Henderson and Recreation Director Laurie Stasiak for all their development and design efforts and getting Oak Park & Bark officially open in August 2023.

Special thanks to the vendors that participated and supported the Oct. 15 grand opening: Premier Pet, The Zoom Room of Berkley, Topp Dogg, District 5 Animal Alliance, Oak Park Public Safety, and Ice Cream Truck, and Beyond Juice for the Pup Cup Treats.

Also, a BIG thank you to Mark Phillips and family, for their generous donation of the beautiful mural at the park as a memorial for their son Idan Phillips, a Detroit area animal activist. The mural was created by Oak Park artist Joey Salamon.

The Recreation Department would like to thank our gracious sponsors that made our Second Annual Trunk or Treat such a HUGE success! The support and participation is deeply appreciated, and, without their financial support family events like this one would not be possible. Please stop in and say "Thank you" to our sponsors the next time you are in the area:

SPONSORS: Oak Park Schools, Curts Service, Dog and Pony Brewing Company, Best Friends Child Care, TrvFit Fitness, Four Seasons Garden Center & Custom Landscape Services.

Girl Scout Troop 77555 also deserves a BIG shoutout for providing the make and take craft at the Trunk or Treat event. Kids as well as the parents loved it! Thank you to our volunteers as well: Norma Pope and Beverly Wiggins.

Kudos to the Oak Park Public Safety & DPW staff that provided for a safe and FUN event for all

> COMPREHENSIVE DENTAL CARE FOR YOUR WHOLE FAMILY!

> > **ACCEPTING NEW**

PATIENTS



DR. CHRISTINE CUTLER, DDS



DR EVA SCHWARTZ DDS



DR. ESTER SLEUTELBERG, DDS

SPECIAL LIMITED-TIME OFFERS!



FREE EXAM & X-RAYS* FOR CHILDREN UNDER 17



NEW PATIENT DENTAL VISIT*

INCLUDES: BASIC CLEANING, X-RAYS, AND EXAM (A \$250 VALUE) USE IN-OFFICE CODE: FORT99

CLEANINGS/EXAMS FOR ALL AGES

- EXTRACTIONS (INCLUDING WISDOM TEETH)
 - CLEAR ALIGNERS
- TEETH WHITENING

- FLUORIDE & SEALANT TREATMENTS
- MOUTH GUARDS (NIGHT & SPORT)
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*NEW PATIENTS ONLY. BASIC CLEANING IN ABSENCE OF PERIODONTAL DISEASE. CANNOT BE COMBINED WITH INSURANCE OR ANY OTHER OFFER.