

Oak Park

City Magazine and Recreation Program Guide • Winter 2022



City Magazine and Recreation Program Guide

A Change Has Come

Recreation Opportunities

Transformation Continues Along Nine Mile

Oak Park Welcomes its 39th City Council



Message From City Manager Erik Tungate

We have entered each of the last three years with hope, but that feeling was linked to very different reasons at the start of each year. For 2020, we had the traditional hopes that come with a new year. For 2021, we had hopes for a return to “normalcy” and improved health and safety. For 2022, all those hopes remain in place, but so do hopes of new opportunities and connections—the spirit that fuels this outlook for 2022 is at the heart of a strong community and gives way to turning past and future hopes into a reality.

As I reflect on 2021, and look ahead into 2022, I cannot help but focus on the bright spots that continued to make hope possible. Despite still enduring a global pandemic, the City of Oak Park moved forward on its path of excellence. We welcomed new businesses, opened a social district, brought back events in a safe manner, and expanded our services to the public to ensure they receive the support they deserve. The City of Oak Park also welcomed its 39th City Council, passed two millage renewals, and grew to a population of 29,560. So much of this was done in a time where uncertainty continues to loom.

We cannot avoid the uncertainty in life, but we can build plans based off facts and data to be best prepared for many different scenarios. In 2022, the residents of Oak Park will witness the City digging even deeper into this method of planning, to ensure what we do as a City best serves our businesses and residents. Our Recreation Master Plan Update and Building Asset Study will draw on all the diverse voices of this community and examine our recreational needs, allowing for an informed recommendation to be made. This is one of the items I am certain will be a bright spot for Oak Park in 2022. It will undoubtedly serve as a beacon of hope and excitement in our community for years to come.

There is much to be hopeful for in 2022. I look forward to continuing to move Oak Park forward with all the opportunities we are ready and willing to seize.

Sincerely,

CITY OF OAK PARK

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MAYOR PRO TEM
Julie Edgar

COUNCIL MEMBERS
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Transformation into a Destination:

THE UNOFFICIAL THEME FOR THE CITY OF OAK PARK



A downtown corridor, a linear park, a soon-to-be fully developed former armory site are just some of the major changes in Oak Park that are transforming this inner-ring suburb.

Recently, Unexpected Craft Brewing Company opened its doors to the public on 11 Mile Road. This is the second brewery to open in what is now known as the Water Tower District, the other being Dog and Pony Show Brewing Company. Along with these breweries, the City has also welcomed gastropub Oak Park Social and Berkeley Coffee, a coffee and mocktail café that also features live entertainment. The City will soon welcome another new restaurant with a lounge called the OakParker. All of these establishments are located in the City's social district, which allows for outdoor drinking in designated areas.

In 2012, breweries and gastropubs would not have found a home in Oak Park, as the City was a dry one. However, that changed in 2013 when the City Council, led by Mayor Marian McClellan, approved allowing restaurants to serve beer and wine with

a tavern license as a way to support and build a thriving business community. Then in 2015 voters in Oak Park approved a proposal to allow establishments in the City to expand their alcoholic beverage lists to include spirits and mixed drinks.

"In 2011 we were stagnant," said McClellan. "Now the City of Oak Park is dynamic because of economic development strategies, our leadership and our transformation into a regional destination."

Such transformations take time and a true understanding of a community and its long-term vision.

"We make a point to listen to our residents and business owners, seeking ways to improve their quality of life and enhance our business community," said City Manager Erik Tungate. "The allowance of alcohol in Oak Park establishments has made the City a more desirable destination for many, ultimately benefiting the community as a whole."

Unexpected Craft Brewing Company owner Edward Stencel was the first business to buy into the Water Tower District dream,

and while it took a few years to open the brewery he welcomed dozens of people to his grand opening on Oct. 28.

"We were the first ones to commit to the Water Tower District," he said. "And I am so happy I did because it has the vibe of rediscovery, it is diverse and the City has already shown us so much support... it is really everything we wanted in a location."

Just as Stencel recognizes the City's diversity and is seeking to embrace it, City officials have also been working to do the same. Since 2013, Tungate's first full year as City Manager, the demographics of employees hired nearly mirrors the City's racial makeup, according to the 2020 Census.

"As we continue to move the City of Oak Park forward, one of our continuous goals is to ensure those who serve this City are reflective of those who live in this City," Tungate said. "I take our mission of providing the highest quality of life to our residents in everything we do seriously. This is why we as a City have, and continue to, place an emphasis on not only diversifying our hiring practices but also on our economic development strategies as well."

Having staff that reflects the community they are there to serve is just as important as building and supporting a business community that will do the same. And, with the creation of the Water Tower District these businesses have proved they are proud members of the Oak Park community. From supporting a concert series in



a back parking lot to hosting a film festival, the 11 Mile corridor business district is certainly helping Oak Park become a destination.

The Nine Mile Linear Park, complimented by the two pocket parks across the street—Sherman and Seneca pocket park --, is also attracting interest. From the Dr. Suess-like flowers that line crosswalk stops to a ninja-warrior play set and sensory stations, those meandering down the Nine Mile Linear Park will all have something to enjoy. This collection of parks not only brings new and exciting recreation opportunities for residents, but also encourages economic development opportunities along Nine Mile Road as well.

"We not only want to provide our residents with exceptional services and assets but we also want to attract businesses and opportunities that will further enhance the lives of those who live and work here,"

said Tungate. "And, we of course want to encourage visitors to come, and stay, in Oak Park."

The revitalization of the Nine Mile corridor is another example of vision, dedication and innovation coming together to further build on Oak Park's thriving community.

The development of the FedEx Ground Distribution Center at the former Detroit Armory site helped shift Oak Park from a surviving community to one that is thriving. Building on the original 2015 armory site announcement, as of today, the City of Oak Park can officially say that the former Detroit Armory site will now be fully developed in the coming months. Between FedEx, the new Forgotten Harvest headquarters and a newly approved development by Opus Development Company, Oak Park is again welcoming new businesses.

The site approved for the Opus Development Company's spec build out is 17.3 acres, where a 275,484 square foot warehousing and storage spec building will be constructed.

A diverse community, a dedicated community, a patient community and a community represented by committed, forward thinking and experienced officials have all led to a thriving community. And, even better...more is yet to come!

"The change in this City is astounding," said McClellan. "Our trajectory has completely changed, for the better."



OAK PARK READY TO TAKE Recreation Opportunities TO NEW HEIGHTS

Oak Park City Council unanimously approved SmithGroup to lead the community's Recreation Master Plan Update and Comprehensive Asset Study over the next nine months.

This project will play an integral part in transforming Oak Park's quality of life amenities by developing an implementation-ready plan, based on authentic public input, that will improve existing amenities and create exciting, new recreational opportunities.

"Oak Park is in the midst of a metamorphosis and the SmithGroup has the experience, vision and toolkit necessary to bring our community into the next phase," said City Manager Erik Tungate. "Oak Park is becoming a destination, and the results of this study will allow our ideas to converge and come to fruition, making Oak Park the destination. I can't wait to embark on this transformative project with the Oak Park community."

The SmithGroup was one of six consulting groups that submitted a proposal to lead the comprehensive update to the City's Recreation Master Plan and conduct the Recreation Asset Study. Each organization offered a variety of expertise, but it was the SmithGroup's experience in updating recreation facilities, efficiently utilizing space in smaller parks and

its community engagement toolbox that made it the integrative design company best suited for this transformative Oak Park project.

"City Council Members voted unanimously to award the contract for the Parks and Recreation Master Plan Update to the SmithGroup based on their experience with creatively planning recreation improvements for other cities," said Mayor Marian McClellan. "This is the next exciting opportunity to make a positive impact on our lives in this City. Parks bring us together; they are a unifier. This unifying project will once again show how Oak Park is a leader in innovation, giving us an even deeper sense of joy and pride. We will soon be the place to come for the best recreation experiences."

In the coming weeks, City officials will begin working closely with the SmithGroup team to create a 10-year vision for Oak Park's parks, recreation, open space and trails. This vision will be based around thorough and authentic community input, a study of the City's current recreation assets and a comprehensive

assessment of the City's future recreation services, programs and facilities needs.

Soon, Oak Park residents, business owners and stakeholders are encouraged to check the City's website, social media sites and facility lobbies to learn how they can provide input throughout this process.

As Oak Park moves into the next cycle of its metamorphosis it is important to recognize many of the changes that have already occurred over the last couple of years. From creating safe, enjoyable spaces along Nine Mile Road with the addition of pocket parks, a linear park and more pedestrian friendly amenities, to revitalizing the 11 Mile Road Corridor into a thriving business district with breweries, restaurants, coffee houses and more, Oak Park has already shown its commitment to positive change.

About the SmithGroup: The integrative design group was founded in Detroit over 150 years ago and employs more than 1,300 experts in areas ranging from strategy to architecture to engineering to urban design and more. Notable projects SmithGroup has been involved with regionally include working with the City of Ferndale on its Master Land Use and Parks Plan and the Wayne County Parks Strategic Master Plan.

Oak Park Welcomes its 39th City Council

In November the City of Oak Park ushered in its 39th City Council, with Marian McClellan serving as Mayor, Julie Edgar serving as Mayor Pro Tem and Soloman Radner, Carolyn Burns and Shaun Whitehead all serving as Council members.

In the last year the Oak Park City Council has witnessed a great deal of change, both in relation to the pandemic and how the City has been transforming. In 2020, Oak Park joined communities across the nation taking precautions to best protect the health and safety of employees and residents due to the COVID-19 pandemic. City facilities have since opened to the public, but precautionary measures still remain in place. However, despite working from home for several months in 2021 a great deal was accomplished in Oak Park.

"Despite the obstacles presented by COVID, especially the inability to meet in person, we surprisingly accomplished a lot in 2021," said Mayor Pro Tem Edgar. "We got new trash receptacles to keep our City cleaner, we held steady on water rates, passed a fair housing ordinance and began planning for a new dog park that could open in the spring."

Mayor Pro Tem Edgar also serves as a member of the dog park subcommittee and is a City Council liaison to the Parks and Recreation Commission.



Economic development has also been booming in Oak Park, a great deal of which is driven by policy.

"Small businesses, especially little restaurants, are the engine of our local economy," said Mayor McClellan. "And so much of what has been opening in Oak Park has been changing us from a once subpar community to one that is spectacular."

Hopes are set high for another year of positive change in 2022.

"Our future is looking even brighter in Oak Park," said McClellan.

Who You Gonna Call? The RSC!

Have a general City related question and wonder who to call? The Resident Services Coordinator can answer it all! (Or at least direct

you to an appropriate person, department or organization.)

This position was created with the adoption of the 2021-22 budget as a means to support residents' needs by providing assistance with questions, concerns or requests, and through providing up-to-date information on programs, projects and connections to available services and resources. Once the position became funded, the City of Oak Park set out to find a candidate with a strong customer service background, a love for local government, a passion for innovation and who

was ready to play a key role in the City's continuous mission of excellence.

Enter Tim Ciechorski.

Ciechorski was chosen to serve as the City's first Resident Services Coordinator because of his extensive experience in both customer service and local government. He joins the Oak Park

team with a wealth of knowledge, a healthy appetite to learn and a commitment to ensuring the City's residents are both heard and helped.

"I cannot wait to get out into the community and meet the residents, and help ensure every citizen is able to take full advantage of the amazing services and programs Oak Park has to offer," Ciechorski said.



If you have a question or concerns, and you're not sure who to contact, call
Resident Services Coordinator
Tim Ciechorski

at (248) 691-7548 or tciechorski@oakparkmi.gov.

Transformation

CONTINUES ALONG NINE MILE

Nine Mile Road continues to evolve as the Linear Park between Scotia and Rosewood begins to come to life.

Those recently passing by have witnessed a ninja-like play structure pop up, lollipop inspired structures line crossing areas and several other play structures become permanently placed. All of these structures along the Nine Mile Linear Park are meant to bring inspiration, fun and enjoyment to those who live in and visit Oak Park. The sensory panels will increase awareness and social interaction, the ninja warrior course will increase children's agility (and fun!) and the other amenities will allow for spinning, jumping, swinging and bouncing!

For the Linear Park, a great deal of research and review was conducted by City officials and industry professionals to ensure it is safe for use by children, families and the community as a whole. Additionally, in the spring, landscaping will be installed to serve as a buffer between the equipment and the road, and

fencing will soon be placed around the sensory station. The City will also be installing additional traffic calming measures on Nine Mile, complimenting the ones that were installed at the beginning the Nine Mile Redesign project. Safety is the highest priority of this park, followed by fun, of course!

To add to the fun, several pieces of public art will also soon be added, providing more beauty for the community to enjoy.

And, while the addition on the Linear Park certainly signifies transformation of the Nine Mile Corridor, this is just the latest improvement.

Over the last several years, this area has truly transformed with dedicated bike lanes, a road diet, lovely pocket parks and a stately trail-head. And wait---there is more! Following the completion of the Linear Park, a connector park



along the Linear Park, between Troy Street and Nine Mile Road, will also be added. Once complete, this small pass-through park will act as an extension of the Linear Park, connecting the neighborhood to the south to the Nine Mile Corridor. It will include:

Many new play elements for children-

- Small Zip Line – a fun way for kids to travel from one end of the park to the other
- “Sensory panels” – proven to increase awareness and social interaction

- Two play features (one spinning, one bouncing) that are accessible to children with mobility devices (for example a wheelchair)

Amenities for the adults as well-

- including benches and a picnic table (accessible by wheelchairs) to relax in the shade

The Nine Mile Redesign is a largely grant-funded public improvement project that aims to transform the Nine Mile Corridor into a walkable, vibrant public space packed with

amenities for users of all ages and abilities. Through the added amenities discussed above, Oak Park is well on its way to completing the original vision. All of the incremental pieces of the Nine Mile Redesign are coming together to create a string of meaningful public spaces for residents and visitors of all ages and abilities to visit, stay, play and shop. Together, Oak Park is revitalizing the Nine Mile Corridor by providing the amenities and increased recreational opportunities residents desire, ultimately sparking a new beginning for Oak Park.

STREET TREES AVAILABLE



The City of Oak Park recently received a grant from Oakland County to participate in the Oakland County Street Tree Enhancement Matching (OAKSTEM) Grant Pilot Program. Through this program, the City will be able to provide residents with free trees to be placed in the right-of-way (between the sidewalk and street) in front of their homes.

Those interested in participating in the program must make a tree request before Feb. 14, 2022, allowing enough time to order and plant the tree in the 2022 planting season. A request can be completed online here <https://bit.ly/OPStreetTrees>, or by opening the QR Code on this page.

Once the City has compiled a request list staff will reach out to individuals to discuss the program. Please be aware there are a limited amount of trees available so not all requests may be able to be filled; priority will be given on a first come, first served basis.



Recreating Safe Spaces:

THE NINE MILE EDITION

Over the last several years the Nine Mile we once knew has transformed into an area

focused on cultivating a diverse business community while also encouraging both active and passive recreation. The Nine Mile Redesign project began with reducing the number of traffic lanes on Nine Mile Road, along with the addition

of enhanced pedestrian crossings, bike lanes and back-in angle commercial parking—all while adding creative new public spaces.

The changes that have occurred, and continue to occur, were intentional in creating this vibrant community, that is both enjoyable and safe. A proactive design approach was used in bringing the elements of the Nine Mile Redesign project together. In part, these elements are intended to affect behavior and to lower speeds, ultimately reducing pedestrian injury and fatality while simultaneously increasing economic development and passive and active recreation opportunities.

The Nine Mile Redesign project offers many benefits to the community, some of which are described on page 11:

NINE MILE LINEAR PARK

Like street trees, the addition of the recreation amenities along Nine Mile, including the tall Dr. Seuss-like figures, create a visual that allows for a psychological effect which translates into slower driving.



The Linear Park, spanning between Rosewood and Scotia, will also have landscaping that serves as an additional buffer between the recreational amenities and the road; the other buffers include the multi-use path and the bike lanes. Also, some of the play equipment will be surrounding by fencing.

In addition to the park being a safe place for children to play, it is also one that encourages creativity and development. According to Kaboom, projects such as ours, provide opportunities for children to develop their imagination and dexterity, along with their physical, cognitive and emotional strength. From the sensory panels to the ninja course to the interactive dance and play arch, the opportunities for fun are boundless.

TRAFFIC LANE REDUCTION

The reduction of traffic lanes on Nine Mile created more room for cyclists and pedestrians, while also creating a safer road for travel. The most effective way to control vehicular speed is by narrowing lane widths, avoiding long straightaways, introducing on-street parking, and providing points of visual friction.

Lane reduction can decrease car accidents from between 19 to 47 percent. Further, the road diet will help boost local economic activity. For local businesses, a road diet can improve economic vitality by changing the corridor from a place that people “drive-through” to one that they “drive-to.”

BIKE LANES

Designated lanes for cyclists to travel causes significantly less accidents and injuries for everyone on the road. Creating an environment that cyclists feel safe in also promotes physical fitness and environmental sustainability.

Further, the addition of bike lanes can help stimulate the local economy by increasing shopping traffic in an area, therefore increasing sales for local businesses.

POCKET PARKS

According to the Project for Public Spaces, a leader in creating sustainable public common areas, the benefits of pocket parks range from attracting new business investments and tourism to improving public health and reducing crime and suspicious activity. The Seneca and Sherman Pocket Parks have

FOR YOUR SAFETY

- For pedestrians, it is most important to be aware of the area’s surroundings. Look left-right-left before crossing the street, and cross at marked crosswalks and intersections only.
- For cyclists, it is important to remember that most motor traffic laws apply to this mode of transportation, too. Cyclists should obey all traffic signs and signals, indicate when turning, and ride with traffic, not against it.
- For motorists, it should be remembered that other modes of transportation also utilize the road, and often move slower. Always be aware of pedestrians and cyclists, and remember, pedestrians have the right-of-way at intersections.
- Overall, the safest transportation outcomes for all users happen when all traffic laws are followed and everyone is courteous of one another.

proven those benefits to the Oak Park community since opening. We see the business community near those parks growing and community members regularly utilizing the parks for gatherings and playtime.

A REVIEW: BACK-IN ANGLE PARKING

Back-in angle parking uses the same process and motions as parallel parking, but is much safer and allows for the creation of more parking spaces. Getting into a back-in angle parking space is as easy as 1-2-3.

With a clearer line of sight and easier maneuverability than typical on-street parking, back-in angle parking provides motorists with better vision of bicyclists, pedestrians, other cars, and commercial trucks as they exit their parking space and enter moving traffic. Back-in angle parking also eliminates the risk that is present in parallel parking situations of a motorist opening their car door into the path of a bicyclist. It allows safer access to trunk space and allows passengers to enter and exit the vehicle safely.

Step 1: Signal

Immediately turn right turn signals on to indicate the vehicle will be slowing down to back into the open angled parking space.

The motorist behind the vehicle trying to park should be sure to give the person in front of them plenty of space to maneuver. Remember, be patient and be courteous.

Step 2: Stop

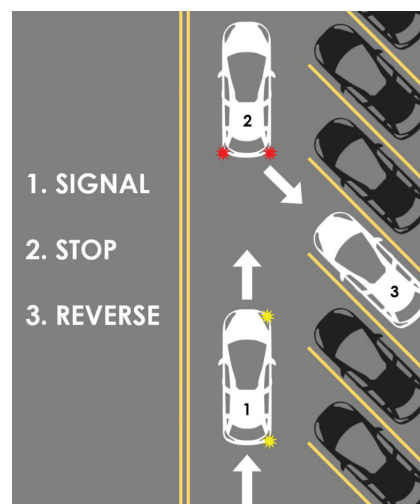
Stop just ahead of the intended space, similar to parallel parking. Next, turn the steering wheel to the right to prepare for backing in. Be sure to check for pedestrians and cyclists in all mirrors.

Step 3: Reverse

Carefully reverse into the space, ensuring the vehicle is fully in the space and the

front end of the vehicle isn’t sticking out into traffic.

For a video on back-in angle parking, visit the City’s YouTube channel or check out this link: bit.ly/BackInAngleParkingVideo.





Oak Park Public Library

CONTACT US!

(248) 691-7480
reference@oakparkmi.gov

HOURS: Monday-Thursday 10 a.m. to 8 p.m.
Friday 10 a.m. to 5 p.m.
Saturday Closed, Sunday 1 to 5 p.m.

Kimberly Schaaf, Director

 @ Oak Park Library
 @ Oak Park Public Library

ADULT EVENTS

AN EVENING WITH HOLOCAUST SURVIVOR IRENE MILLER

Tuesday, March 1

6 pm, registration required, in-person event
Sponsored in part by the Friends of OPPL

Irene Miller, a Holocaust survivor, author, speaker, and educator will take attendees on a harrowing survival journey through displacement during and after World War II. When Irene completes her story you will wonder how a child with this background grew up to become a positive, creative, accomplished woman with such joy for living! It is a story of courage, determination, perseverance, and the power of the human spirit!



HISTORY OF TIGER STADIUM WITH AUTHOR DOC FLETCHER

Thursday, April 28

6 pm, registration required, in-person event
Baseball season is right around the corner, and we're pleased to welcome Detroit native Doc Fletcher, who will be talking about his book, *The History of Tiger Stadium: A Love Letter to Baseball at Michigan & Trumbull*.



LIVE CONCERT: THE BOOGIE-WOOGIE KID!

Sunday, May 15

3 pm, registration required, in-person event

Join Pianist and Singer Matthew Ball aka The BoogieWoogie Kid for a family program of New Orleans Song, Boogie-Woogie Piano and Swing Dance era favorites!

Ball is the piano man with 4.7 million YouTube views who performs classics like Ain't Misbehavin, In the Mood, It Had to be You, On the Sunny Side of the Street, When the Saints Go Marchin' In, Basin Street Blues and more. For a preview, just visit Ball's website at boogiewoogiekid.com or on Facebook as "The Boogie Woogie Kid."

WINTER BOOK CLUB

The Book Club meets the first Wednesday of each month at 6 pm via Zoom!

Books are available for check out at the Circulation Desk. The latest Book Club selection can be found on the Library's website or on our Facebook and Instagram accounts!

YOUTH EVENTS

Youth Events sponsored by the Friends of OPPL

GUESSING JAR CONTESTS

A new contest each month! Make a guess at how many items are in the jar for a chance to win. The person who guesses closest to the number without going over wins. Winners will be announced on Jan. 28, Feb. 28, and March 31.

TAKE-HOME CRAFT KITS

New craft kits are available during first full week of each month, beginning Jan. 3.

- Stop by the information desk to take one home!
- Jan. 3-7: Snowman
- Feb. 7-11: Jolly Rancher Rose
- March 7-11: Four Leaf Clover

FIND THE HIDDEN ITEMS!

In January, February and March, children can search for hidden items in the Children's Department and turn them in for a prize at the information desk!

- January: Special I-Spy Riddles display case
- February: Find the Hearts
- March: Find the Leprechauns

STORYTIME WITH MR. STUART!

Wednesdays, starting Feb. 2 from 10:15 am, ages 0-6

Registration required for this in-person event! Come make friends, bond with your child, and learn to play. Story time develops listening, literacy and pre-reading skills while exposing your child to letters, numbers, shapes, colors, animals and more. During story time, we read, sing, dance, move and play.



VALENTINE'S DAY COOKIE DECORATING PARTY

Wednesday, Feb. 9

6:30 pm, registration required, in-person event

Sponsored by the Friends of OPPL

Pick up a Valentine craft kit and decorate a cookie with friends!

1,000 BOOKS BEFORE KINDERGARTEN

Throughout January, ages 12 and under.

Receive a free book when you register!

Is your child ready for kindergarten? The 1,000 Books before Kindergarten program is dedicated to promoting reading to newborns, infants and toddlers to successfully prepare them for formal education in Kindergarten. By providing a simple, fun approach to learning between ages 0 and 5 that can be done at any pace, parents and caregivers can ensure these early literacy years are successful.

TWEEN BUTTON MAKING PARTY

Thursday, March 10, ages 7-12

6:30 pm, registration required, in-person event

Our button machine is back and we'll be making buttons, including buttons you can wear for St. Patrick's Day! Choose a ready-to-go design, or make your own and wear them home. An age-specific activity kit will also be provided for tweens who attend.

FREE ADMISSION | FREE ACTIVITIES | FREE PARKING | FREE ICE SKATING

KIDS AREA

Crafts
Face Painting
Music

FAMILY FUN

Meet up with neighbors

S'MORES

Sloppy Joes
Hot Chocolate
Cookie Decorating

ANIMALS

Reindeer

WINTERFEST 2022
Sunday, January 16, 2022 • 2 TO 5 P.M.
OAK PARK COMMUNITY CENTER



OAK PARK COMMUNITY CENTER
 14300 Oak Park Blvd., Oak Park, MI 48237
www.OakParkMI.gov | (248) 691-7555

Utility Bill Assistance Organizations and Programs

If you are in need of utility bill assistance consider contacting one of the organizations below. This list can also be found at oakparkmi.gov.

- **AMERICAN RESCUE PLAN ASSISTANCE**
(517) 373-8080
WWW.HOUSE.GOV/HFA
- **COVID EMERGENCY ASSISTANCE (CERA)**
1-888-441-1742
WWW.OAKLANDHOMELESS.ORG/CERA
196 CESAR EAST CHAVEZ AVE, PONTIAC, MI 48342
- **DETROIT WATER PROJECT**
DETROITWATERPROJECT.ORG
- **DHS-MADISON HEIGHTS**
(248) 542-5860
[HTTPS://BIT.LY/3xG450Q](https://bit.ly/3xG450Q)
30755 MONTEPELIER, MADISON HEIGHTS, MI 48071
- **HOSPITALITY HOUSE FOOD PANTRY**
(248) 960-9975
PROGADMIN@HHFP.ORG
- **MICHIGAN HOMEOWNER ASSISTANCE**
1-866-946-7432
WWW.STEPFORWARDMICHIGAN.ORG
PO BOX 30632 LANSING MICHIGAN 48909
- **OAKLAND COUNTY CARES ACT**
(248) 858-0730
OAKGOV.COM/COVID/GRANTS
- **OAKLAND COUNTY FAIR HOUSING**
1-888-350-0900
OAKGOV.COM/FAIRHOUSINGSURVEY
- **OLSHA-OAKLAND**
(248) 542-5860
30755 MONTEPELIER, MADISON HEIGHTS 48342
- **OUR LADY OF FATIMA ST. VINCENT DE PAUL**
(248) 545-2310
- **PEOPLE'S WATER BOARD COALITION**
(833) 882-7766
- **SALVATION ARMY**
(248) 585-5600
3015 NORTH MAIN, ROYAL OAK, MI 48073
- **THE HEAT AND WATER FUND (THAW)**
1-800-866-8429
535 GRISWOLD ST, STE 200, DETROIT 48226
- **WRAP PROGRAM**
(313) 386-9727
WAYNEMETRO.ORG/WRAP



WWW.OAKPARKMI.GOV



OAK PARK RECREATION DEPARTMENT

LAURIE STASIAK
Director, Recreation Department
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LStasiak@OakParkMI.gov

DAVID PITTS
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(248) 691-7562
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MARALEE ROSEMOND
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(248) 691-2357
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CITY OF OAK PARK
14300 Oak Park Blvd.
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Hours:
Monday-Thursday
9 a.m.-1 p.m. and 2-5 p.m.
Every Other Friday
8 a.m.-4 p.m.

**THE MISSION OF THE RECREATION
DEPARTMENT IS TO ENRICH THE QUALITY
OF LIFE FOR OUR DIVERSE COMMUNITY
WHILE ESTABLISHING A HIGH STANDARD
OF EXCELLENCE IN OUR PROGRAMS,
ACTIVITIES, PARKS AND SERVICES.**

FOLLOW US ON:



@CityOfOakPark

PAYMENT METHODS

We accept checks or money orders made payable to the City of Oak Park, cash paid in-person, and the following credit cards:

American Express®, Discover®, MasterCard®, or Visa®

Oak Park Recreation



Recreation

4 Ways to Register for Recreation Programs

ONLINE REGISTRATION

Register online for activities by clicking on the "Click Here to Register" button on the Recreation Department's page of the City's website, at www.OakParkMI.gov. Or, go directly to the online registration page at <http://bitly.com/OPRegisterOnline>.

When registering online, follow these easy steps:

1. Visit <http://bitly.com/OPRegisterOnline>.
2. Enter the required information to generate your customer identification and password.
3. Click on the activities you want to register for.
4. Pay with a credit card, print your receipt, and receive an instant email confirmation of your purchase.

MAIL-IN REGISTRATION

A mail-in registration is available for most activities, except when athletic contracts are required for registration. For athletic contracts, register in person. To register via mail:

1. Complete the Recreation Registration Form, see form on adjacent page.
2. Include check or money order payable to the City of Oak Park. Do not include cash or credit card numbers.
3. When a birth certificate is required for registration, a copy of the birth certificate can be mailed or the original can be delivered in-person to the Recreation Department.

IN-PERSON REGISTRATION

Register in-person during regularly scheduled business hours. The Recreation Department is located in the City's Community Center at **14300 Oak Park Blvd., Oak Park**.

Office Hours: Monday - Thursday, 9 a.m. to 5 p.m. (Closed 1 to 2 p.m.)

Open every other Friday, 8 a.m. to 4 p.m.

Jan. 7 and 21, Feb. 4 and 18, March 4 and 18.

Closed on Jan. 17.

BY PHONE

Register by phone with a credit card (American Express®, Visa®, MasterCard® or Discover®) by calling (248) 691-7555.

Classes are filled on a first-come, first-serve basis. Register early! Refund policies apply.



BASKETBALL

BASKETBALL SKILLS & DRILLS

Registration Ends Friday, Jan. 7 | 8 weeks

These clinics are in partnership with the Detroit Pistons Academy and will provide participants the opportunity to improve their skills. Each session will be held in the Oak Park elementary schools; Pepper, Einstein, and Key. The clinics are one hour and will include skill-based practices that end with organized scrimmages. Each participant will receive a Pistons Academy Jersey as well as their own indoor/outdoor basketball, plus extras such as Pistons tickets, and more! For more information, please contact the Recreation Office at (248) 691-7555.

1ST AND 2ND GRADE BASKETBALL SKILLS AND DRILLS

Fee: \$65 Resident/\$70 Non-Resident

Week of Jan. 10 to Week of Feb. 28

3RD AND 4TH GRADE BASKETBALL SKILLS AND DRILLS

Fee: \$75 Resident/\$80 Non-Resident

Week of Jan. 10 to Week of Feb. 28

5TH AND 6TH GRADE BASKETBALL SKILLS AND DRILLS

Fee: \$75 Resident/\$80 Non-Resident

Week of Jan. 10 to Week of Feb. 28

CO-ED BASEBALL

Week of June 6 to Week of July 18

Teams will play in the Quad City Alliance Baseball League, competing with teams from Ferndale, Hazel Park and Pleasant Ridge. Players are provided with jerseys and ball caps. Teams will be provided bats, balls, catcher's gear, and batting helmets. Coaches are responsible for choosing practice times and locations.

SOCCER

Week of April 11 to Week of May 16

Oak Park will participate in the Quad-City Alliance Soccer League. They compete with teams from Ferndale, Hazel Park and Pleasant Ridge. This is a co-ed soccer league. Participants are provided with jersey, shorts, and soccer socks. Shin guards are not provided but must be worn at all games and practices.

U4 SOCCER

Games are on Saturday Mornings

Fee: \$40 Resident/\$45 Non-Resident

U6 SOCCER

Games are on Saturday Mornings

With a few Monday and Wednesday Games

Fee: \$50 Resident/\$55 Non-Resident

U8 SOCCER

Games are on Saturday Mornings

With a few Tuesday and Thursday Games

Fee: \$60 Resident/\$65 Non-Resident

U10 SOCCER

Games are on Saturdays. Location TBA.

Fee: \$65 Resident/\$70 Non-Resident



MARTIAL ARTS

GO-TI YOUTH MARTIAL ARTS

Tuesday and Thursday, 7:15 to 8:15 p.m.

\$65 Resident/\$70 Non-Resident | 8 weeks

Ages: 8-13 | Community Center; Room C

GO-TI Youth Karate is a class specifically designed for beginner through intermediate skill levels. It enhances a child's focus, memory, teamwork skills, discipline, self-control, fitness, balance, and coordination. All of this is achieved through exciting and fun games and activities. Students should dress in gym attire. Participants will be assessed on their overall skills on the first day of class. A responsible adult must remain in attendance during class. Instructor: Grand Master Dereke Batten

Jan. 11-March 3

March 8-April 28

ARCHERY

Oak Park Recreation is very excited to partner with USA Archery to provide archery clinics and classes to youth and seniors! No experience required and all equipment will be provided by Oak Park Recreation. For more information contact the rec office at (248) 691-7555. Instructor: David Pitts

YOUTH CLASSES

Thursdays from 6 to 7 p.m.

Recreation Center Room A & B

\$20 Resident/\$25 Non-Resident

Session 1: Jan. 20-Feb. 10

Session 2: Feb. 17-March 10

SENIOR CLASSES

Tuesdays from 2 to 3 p.m.

Recreation Center Room A & B

\$20 Resident/\$25 Non-Resident

Session 1: Jan. 18-Feb. 8

Session 2: Feb. 15-March 8

FREE ARCHERY DAY

Youth: Jan. 13 at 6 p.m. | **Seniors:** Jan. 11 at 10:15 a.m.



Make a Difference in the Lives of Our Youth

BECOME A VOLUNTEER

Are you interested in making a difference in the lives of the youth of our community? Become a volunteer coach. Even if you are not an expert in the sport, we need more positive role models in the lives of our youth to help them develop into well-rounded individuals. Oak Park administrators will help provide you with practice plans and provide you with the equipment you need. If you have any interest, Please contact the Recreation Office at (248) 691-7555.

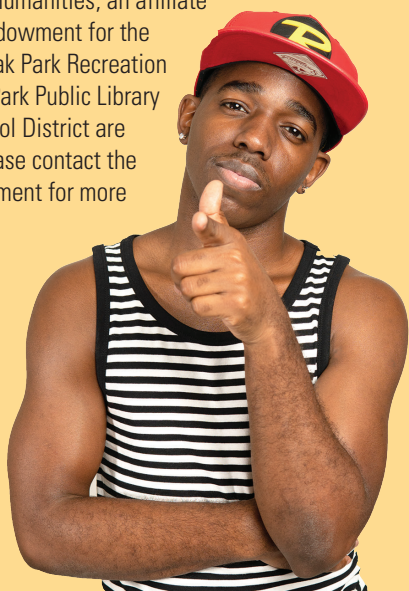


HIP HOP DANCE CLUB

Wednesdays from 3:30 to 4:30 p.m.

Oak Park High School | FREE

Are you interested in Hip Hop!? Instructor Robert Gilmore will be teaching a weekly hip-hop dance class. The class will also include the evolution in the Hip Hop culture, starting from its roots. This project is funded in part by Michigan Humanities, an affiliate of the National Endowment for the Humanities; the Oak Park Recreation Department, Oak Park Public Library and Oak Park School District are also sponsors. Please contact the Recreation Department for more information or to sign-up at (248) 691-7555.



YOUTH DANCE

STAR 2 DANCE PROGRAM

\$75 Resident/\$80 Non-Resident | 5 weeks

Come Dance with STAR 2! This program is designed to instill the love of dance through musical exercises, technique building, teamwork and fun! Whether your child is looking for an opportunity to perform in front of a large crowd, travel with a group or just learn the basic fundamentals of dance they can get it done with lots of FUN!

BALLET/JAZZ

Wednesdays, Jan. 5-Feb. 2

Ages 5-9 | 5:30 to 6:30 p.m.

COURSE: BalletWed5-9 2022

BALLET/JAZZ

Wednesdays, Jan. 5-Feb. 2

Ages 10-15 | 6:30 to 8:15 p.m.

COURSE: BalletWed10-15 2022

BALLET/TAP PRE-DANCE

Fridays, Jan. 7-Feb. 4

Ages 3-4 | 5:15 to 6 p.m.

COURSE: FRI Pre-Dance22

TAP

Fridays, Jan. 7 to Feb. 4

Ages 10-15 | 6 to 7 p.m.

COURSE: FRI TAP22 (*some experience necessary)

JAZZ HIP HOP

Fridays, Jan. 7 to Feb. 4

Ages 10-15 | 7 to 8 p.m.

COURSE: FRI JazzHip22

OAK PARK TEEN COUNCIL

We are inviting all of our teens the opportunity to join our teen council! We will be hosting two meetings per month at the Oak Park High School. This will allow YOU the chance to help us develop new, fun, and innovative programs for all teens. In addition, there will be volunteer opportunities throughout the community, special events, and development workshops! So, start brainstorming, and together we will come up with a strategy to help you prepare for the next step! Please contact the Recreation Office for more information at (248) 691-7555.

Upcoming Teen Council Meeting Dates

- Jan. 12 and 26
- Feb. 9 and 23
- March 9 and 23

ADULT ACTIVITIES

DODGEBALL

"Dodge, Duck, Dip, Dive, and Dodge!" Join ComePlayDetroit's recreational coed dodgeball league! Guaranteed 9-weeks of fun at the Oak Park Community Center. Each week teams will play best of 7 series vs. 2 other teams, guaranteeing 8-14 games per evening! For more information, please contact Come Play Detroit at (248) 845-8273.

Feb. 1 to March 29

Oak Park Community Center, Rooms A&B

\$500 per team (team registration only)

Register at comeplaydetroit.com

SELF-DEFENSE CLASS

This class will teach its participants basic fundamentals in self-defense and fitness. Students will be instructed in various martial arts techniques and fitness exercises, promoting health and wellness. These include, striking techniques, spatial awareness, and situational defense tactics. Includes basic boxing, kickboxing. Gloves required and are not provided.

Jan. 24-March 14

Ages 18 and up

\$65 resident/\$70 non-resident

Activity Room C

KICKBALL LEAGUE

Games will be played at Joe Forbes Field and City Park #2. This is a coed double header league (16 games) game league plus end of season playoff tournament. For more information, please contact the Recreation Office at (248) 691-7555.

Fridays, June 10-August 12

(no games July 4 weekend)

Monday, June 6-August 8



ESPORTS TOURNAMENTS

Put your gaming skills to the test at one of our various esports tournaments. Games include Super Smash Bros., NBA 2k22, Madden NFL 22, and more! Bring your own controller, mask must be worn while inside the community center. Pre-registration is required.

Super Smash Bros.,

Feb. 11 from 6 to 8:30 p.m.

\$20/person

NBA 2k22

March 18 from 6 to 8:30 p.m.

\$20/person

Ages: 10+

DROP-IN VIDEO GAMES

Every Thursday from 3:30 to 4:30 p.m.

In collaboration with the Oak Park Library, we will be hosting drop in esports at the Oak Park High School! Come enjoy your favorite games including, Rocket League, Super Smash Bros., NBA 2k22, and Madden NFL 2022!



CLASSES

BASIC HATHA YOGA

Thursday from 10:30 to 11:30 a.m.

Ages 50 and up | \$32 Resident/\$37 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class provides a basic yoga foundation. Instruction is personalized around the unique needs of those enrolled. Don't forget to bring your own mat. Instructor: Bob Smith.

Course: Hatha Yoga Jan22 - Thursday, Jan. 13-March 3

Course: Hatha Yoga Mar22 - Thursday, March 10-April 28

GENTLE CHAIR YOGA

Mondays from 11 a.m. to 12 p.m.

Ages 50 and up | \$24 Resident/\$29 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Gentle Chair Yoga provides gentle therapeutic yoga exercise while reducing stress on joints and muscles. Instructor: Bobby Calhoun.

Course: Gentle Chair Jan22 - Monday, Jan. 10-March 7

Course: Gentle Chair Mar22 - Monday, March 14-May 2

TAI CHI FOR BEGINNERS

Tuesdays from 10 to 10:45 a.m.

Ages: 18 and Up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Learn the ancient Chinese system of exercise and movement meditation in an effort to develop flexibility and coordination, and to slow down the aging process. All experience levels are welcome! Instructor: Holly Malloy.

Course: Tai Chi Beg Jan22 - Jan. 11-March 1

Course: Tai Chi Beg Mar22 - March 8-April 26

TAI CHI FOR RETURNING STUDENTS

Tuesdays from 11:30 a.m. to 12:15 p.m.

Ages: 18 and Up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class utilizes the ancient Chinese system of exercise and movement meditation to develop flexibility and coordination while striving to improve the aging process. Practice the ancient art of Tai Chi. This class is for experienced students only. Instructor: Han Hoong Wang.

Course: Tai Chi Ret Jan22 - Jan. 11-March 1

Course: Tai Chi Ret Mar22 - March 8-April 26

SENIORS IN MOTION

Tuesdays and Thursdays, 9 am to 10 am

Ages: 50 and up | \$40 Resident/\$45 Non-Resident | 8 weeks

Raymond DeFoe, the energetic guru of senior exercise will be providing these morning classes designed to energize your day! The class includes warm up, cool-down, low impact aerobics, strength and balance training and flexibility exercises. Each class maintains core fitness exercises that have been proven effective in assisting participants to maintain and improve strength, balance, posture, flexibility and stamina. The SIM program allows instructors to be creative with their aerobic routines and provide modified exercises to match the participants' varying levels of ability. Instructor: Raymond DeFoe

Course: SeniorsJan22 - Jan. 11-March 3

Course: Senior Mar22 - March 8-April 26

YOGA IS FOR EVERY BODY

Mondays from 7:15 to 8:45 p.m.

Ages: 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Yoga is for EVERY BODY! This course is designed to fit the needs of the beginner as well as the returning student. Emphasis is placed on stretching and strengthening the muscles, improving posture, breathing and deep relaxation. Reducing stress is an important benefit! Bring a mat and wear loose clothing. Instructor: Sherry Stone.

Course: Yoga Every Body Jan22 - Jan. 10-March 7

Course: Yoga Every Body Mar22 - March 14-May 2

ZUMBA GOLD (Morning Session)**Tuesdays from 9 to 10 a.m.****\$48 Resident/\$53 Non-Resident | 8 weeks**

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaGoldAM Jan22 - Jan. 11-March 1**Course: ZumbaGoldAm Mar22** - March 8-April 26**ZUMBA GOLD CHAIR****Thursdays from 5 to 6 p.m.****\$48 Resident/\$53 Non-Resident | 8 weeks**

Zumba Gold can be done standing or sitting in a chair. This class is perfect for people who have mobility or balance problems or for people who just want to start in a chair. These classes typically run 30 minutes which is usually enough time for people. You will be surprised on just how much can be done in a chair! Let's have fun dancing to some great music while in a chair! Instructor: Renee Wilson

Course: Zumba Chair Jan22 - Jan. 13-March 1**Course: Zumba Chair Mar22** - March 10-April 26**ZUMBA GOLD (Evening Session)****Thursdays from 6 to 7 p.m.****\$48 Resident/\$53 Non-Resident | 8 weeks**

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaGoldPM Jan22 - Jan. 13-March 1**Course: ZumbaGoldPm Mar22** - March 10-April 26**ZUMBA FOR ALL****Tuesdays from 6 to 7 p.m.****\$25 Resident/\$30 Non-Resident | 8 weeks**

Forget your working out and join a dance party atmosphere full of Latin and international music. Zumba combines high energy and motivating music to create a fun and energetic workout that is just infectious! Bring a towel, water, and yourself. Ditch the workout and join the party! Instructor: Alicia Jackson

Course: ZumbaJan22 - Jan. 11-March 1**Course: ZumbaMar22** - March 8-April 26**MIDDLE EASTERN BELLY DANCE****Mondays and Wednesdays from 6 to 7 p.m.****\$75 Resident/\$80 Non-Resident | Ages: 20 and Up | 8 weeks**

There must be a minimum of five participants for class to run. This class attracts participants of all shapes and sizes who come dressed in comfortable clothing to learn the art of belly dance. Express yourself through dance and learn fun ways to maintain health. Enjoy the physical and personal benefits of belly dancing - abdominal toning, leg strengthening, self-esteem, and an essence of sensuality. No experience necessary. Instructor: Dee Watkins

Course: BellyMonJan22 - Jan. 10-March 7**Course: BellyMonMar22** - March 14-May 2**Course: BellyWedJan22** - Jan. 12-March 2**Course: BellyWedMar22** - March 9-April 27**HUSTLE CLASS****Wednesdays from 6 to 7 p.m.****\$40 Resident/\$45 Non-Resident | 8 weeks**

This is a choreographed dance wherein a group of people dance along to a repeating sequence of steps while arranged in one or more rows. The dancers are not in contact with each other, and you do not need a partner. Each dance is usually associated with and named for a specific song. We dance to the popular music styles of rhythm & blues, jazz, and music that mixes in mild Rap. Instructor: Maurice Adams

Course: HustleJan22 - Jan. 12-March 2**Course: HustleMar22** - March 9-April 27Only
\$5 per
class!**BALLROOM DANCE BEGINNERS****Fridays from 6 to 7:15 p.m.****\$40 Resident/\$45 Non-Resident | 8 weeks**

Learn Detroit Style Ballroom dance—a partner dance where the cha-cha is the basic step. It's not the formal traditional ballroom dance like the waltz and Foxtrot. The dance is easy and lots of fun. This style of dance originated over 60 years ago and is still popular, not only in Detroit, but around the country. You'll learn new dance steps get your steps in for getting into shape. Imagine the next social event where you'll be able to showcase your ballroom moves. Bring a partner or come alone. Yes even you can learn to dance. Instructor: Maurice Adams

Course: BallroomBegJan22 - Jan. 14-March 4**Course: BallroomBegMar22** - March 11-April 29Only
\$5 per
class!**BALLROOM DANCE ADVANCED****Fridays, 7:30 to 9 p.m.****\$45 Resident/\$50 Non-Resident | 8 weeks**

Must have taken the beginner ballroom, or be familiar with the basic Detroit Style Ballroom beginner steps. This class builds from where the Beginner class left off with more sophisticated combinations of dance moves. Bring your partner or come without a partner. Instructor: Maurice Adams

Course: BallroomAdvJan22 - Jan. 14-March 4**Course: BallroomAdvMar22** - March 11-April 29Only
\$5 per
class!



DROP-IN PROGRAMS

50 UP CLUB MEMBERSHIP

Fee: \$6 Res./\$12 Non-Res. | Calendar Year Renewal

The mission of the 50 Up Club Membership is to provide Oak Park's diverse, mature population with education, exercise, and recreation programs to challenge the mind and body to greater heights of personal achievement. Join our Senior 50 Up Club and enjoy our weekly senior drop-in sessions at the Community Center, located at 14300 Oak Park Blvd, Oak Park. Call (248) 691-7555 for more information.

HOURS

Monday to Friday, 9 a.m. to 5 p.m. (Closed 1 p.m. to 2 p.m. for lunch)
Every other Friday, 8 a.m. to 4 p.m.

You must be a 50 Up Club Member to enjoy the following drop-in programs:

MONDAY

Ping Pong, Noon to 2 p.m., Free
Bingo, every Monday, 11:30 to 1:30 p.m., Inquire about fee

TUESDAY

Watercolor Drop-In, 12 to 3 p.m., Free
Contemporary Quilters, every third Tuesday, 1 to 3 p.m., Free

WEDNESDAY

Ping Pong, Noon to 2 p.m., Free
Scrabble Club, 1 to 5 p.m., Free

THURSDAY

Bid Whist, 1 to 4 p.m., Free

FRIDAY

Pickleball, Only open Fridays, 12 to 4 p.m., \$3

SENIOR FOCUS GROUP

The Oak Park Senior Programming division is looking for individuals who are 55+ and able to participate in a Senior Focus Group. The purpose of this group is to explore the needs of our senior population in regards to recreational programming, transportation and amenities. We are looking for your feedback regarding current programs, amenities and suggestions for new offerings.

Our first meeting date will be:

Tuesday, Jan. 25, 2022

Time: 10 to 11:30 a.m.

Location: Oak Park Community Center Room B

Light refreshments will be served.



LET'S DO LUNCH

The Lunch trips have been overwhelmingly popular over these past years as shown by the quick sell out of every date. When transportation logistics are completed and restaurants can accommodate groups once again, lunch trips will be scheduled monthly. Stop by the Community Center for the most up-to-date lunch trip information.

SPECIAL CLASSES

ESTATE PLANNING CLINIC

Tuesday, Feb. 8 | 11 a.m. to noon | Free

What is Estate Planning? Why do I need it? Do I need to hire a lawyer? Is this the same as Medicaid planning? Join Paula Zimmer from Lakeshore Legal Aide as she answers these questions and more! Call the recreation office at 248-691-7555 to sign up.

COOKING FOR ONE

Presented by MSUE: Robin Danto

Thursdays, Jan. 20-Feb. 24 from 1 to 3 p.m.

6 Weeks | FREE

Sometimes cooking can seem like a chore, especially when you are only cooking for yourself. How much to make, how to cut down recipes and how to prepare foods that are healthy to eat are all common questions faced. Whether you are living on your own for the first time, a single college student, a single adult or a senior on your own, cooking can be fun. You will learn helpful tips and tricks along with nutrition basics. There will be a food demo and tasting with each lesson and lots of time for discussion. Call the Recreation Office at 248-691-7555 to register.

DOLL MAKING 101

Presented by Karen Silver, Doll Artist

Saturday, March 26 from 10 a.m. to 1 p.m.

\$45 Resident/\$50 Non-Resident

Experts say that finding and enjoying a new or existing hobby is good for one's mental health and well-being. Discovering that new hobby with one you love is even better! SO this class is designed for an adult and any young person ages 8 and up that they want to spend some fun time with. Bring your daughter, son, grandchild, for an afternoon of Faery Fun! We will create a Faery Wrap Doll. It's a fun technique that is easy for even the newest doll artist! This is an all-inclusive class, everything you need will be provided for each doll. Join us and don't forget to bring your imagination! Price is per doll, not per person. Class size limited to 10 "dolls" to ensure instructor to participant ration and 1:1 assistance. Snack time built in.

Course: Doll-101Mar22

DOLL MAKING 102

Presented by Karen Silver, Doll Artist

Wednesday, March 23 from 10 a.m. to 1 p.m.

\$45 Resident/\$50 Non-Resident

This class is designed for adults only that want to explore a new hobby, or build on an existing love of fiber art dolls. This class will cover the basics of doll making as we create a "Sweet Water Mermaid", an original pattern of Ms. Silver. Patterns and instructions will be provided for each participant, but with time constraints all machine sewing will be provided by Ms. Siler. Time will be spent focusing on the actual making of the doll, including face design and various hair techniques. Snack time built in.

Course: Doll-102Mar22



Senior Programs

SUNSHINE IN A BOX

This program is designed for the senior citizens in our community. Call to reserve your "Sunshine Box". A lovely box will be given to those first 50 seniors to register. Each day you open your Sunshine Box you will be given something to smile about, make you laugh and increase your overall positive outlook during the winter month of February. Call 248-691-7555 to register yours today!

SENIOR MEALS

MEALS ON WHEELS

"More than just a meal"

Meals on Wheels home delivery is available in Oak Park as long as you call at least one week in advance. Lunch can be served with a pre-ordered meal. For more information, call Senior Meals on Wheels at (248) 689-0001.

SMART TRANSPORTATION PROGRAM

The Oak Park Recreation Department provides transportation through a partnership with SMART buses for residents who are seniors, age 50 or above, and individuals who have a disability.

Our transportation hours have a brand new start time! We now are able to begin scheduled pick-ups at 8 a.m. with return time no later than 4:30 p.m. (when prior arrangements are made), Monday through Fridays.

In addition to our regular Kroger and Meijer trip days, we are adding shopping opportunities to Target, Walmart, Aldi and Marshall's! Qualified individuals can contact (248) 691-7555. to schedule transport.



VIRTUAL HEALTH

FREE Virtual Classes. Presented by Beaumont Health.
Visit classes.beaumont.org to register or call 800-633-7377.

DIABETES PATH (Personal Action Toward Health) **Helping you take charge of your diabetes**

Diabetes PATH is a fun, six-week workshop designed to provide skills and tools to help people living with Type 2 diabetes, and their support persons, live a healthier life. Led by certified instructors, this online session will help participants and their caregivers learn to manage all aspects of their diabetes, from the convenience of their own homes. This program equips participants to learn to balance blood sugar, create healthy meal plans, manage symptoms, decrease stress, cope with fatigue and pain, improve overall health, increase energy and improve communications with family members and healthcare providers.

CHRONIC PAIN PATH (Personal Action Toward Health)

Chronic Pain PATH is a complimentary six-week workshop designed for adults living with chronic pain. Chronic pain is defined as pain lasting longer than three to six months or longer than the normal healing time of an injury. This self-management program was developed and rigorously tested by Stanford University to help participants learn techniques and strategies for day to day management of pain. PATH emphasizes creating personal action plans, setting achievable goals, problem solving and decision making. Topics discussed during this program include medications and evaluating treatments, physical activity and exercise, the mind-body connection, good sleep and relaxation, emotions and depression, fatigue management and more. Studies indicate that,

on average, program participants have more energy, less pain, less dependence on others, improved mental health, are more involved in everyday activities and are more satisfied with their lives compared to those who have not taken the program. Chronic Pain PATH virtual sessions allow you to participate online, from the safety and convenience of your own home.

HBP CONTROL: **A Hypertension Self-Management Program**

High blood pressure puts you at risk for heart disease, stroke, kidney damage, vision loss and other health complications. Controlling your blood pressure is important! Participants in this program learn about the basics of hypertension, tips for stress management, the importance of nutrition, physical activity and hypertension, medication management, personal action plans - and more. Program consists of eight weekly sessions.

WALK WITH EASE

The United States Surgeon General has recognized walking as one of the single most important things you can do for your health. Walk With Ease is a six-week, self-guided physical activity program designed to help reduce pain and improve your overall health. The goal of the program is to build up to 30 minutes of walking at least three days a week. Whether you're looking for relief from arthritis pain or just want to be more active, this program is shown to help improve balance, strength and walking pace. It also helps build confidence in your ability to be active and can help improve limitations and symptoms. If you can be on your feet for at least 10 minutes without increased pain, you can enjoy success with Walk With Ease. Virtual informational sessions available.



VIRTUAL PET CONTESTS

People's Choice

Jan. 21 and winners will be determined by Jan. 24.

Submit photos of your dog to be posted on our Facebook page! The winners will be the top dogs with the most likes! Prizes will vary.

Recreation Team

Deadline to submit your dog's photo is March 4 and winners will be determined by March 7.

Submit photos of your dog to our Recreation team. The panel of judges, which includes our Recreation Director and support staff, will pick the top dogs in the following categories: best hair-do, cut-est, most loveable, best puppy, most distinguished, best dressed.

FUN FOR FAMILIES!

Detroit Pistons at Little Caesars Arena

Includes a game ticket, \$10 food voucher, and transportation to and from Little Caesars Arena. Limited space available, contact David Pitts at dpitts@oakparkmi.gov or call us at 248-691-7555.

Detroit Pistons vs Toronto Raptors

Jan. 14 at 7 p.m. | \$65 Resident/\$70 Non-Resident

Detroit Pistons vs Memphis Grizzlies

Feb. 11 at 7 p.m. | \$65 Resident/\$70 Non-Resident

Detroit Pistons vs Atlanta

March 7 at 7 p.m. | \$65 Resident/\$70 Non-Resident

Detroit Pistons vs Washington

March 25 at 7 p.m. | \$65 Resident/\$70 Non-Resident

Detroit Pistons vs Milwaukee

April 8 at 7 p.m. | \$70 Resident/\$75 Non-Resident

SAVE THE DATE

WINTERFEST

Sunday, Jan. 16 from 2 to 5 p.m.

The afternoon is packed with activities for people of all ages! Free ice skating, carriage rides through the park, ice carving demonstration, reindeer pen, S'more stations, hot chili, donuts, hot chocolate, crafts and more! All activities take place in the community center grounds, building and ice rink. FREE admission and FREE parking.



DADDY/DAUGHTER DANCE

Sunday, Feb. 20 from 5 to 7 p.m. | Community Center

Mark your calendar for the return of one of our most loved events! This event is designed for those families that have children between the ages of 5-12. Dinner, dancing, keepsake photo and a flower for each little "Princess" will be provided for this very special evening. Call 248-691-7555 today to secure your ticket(s). Space is limited.

\$35/couple | \$12/additional child | \$5 non-resident fee

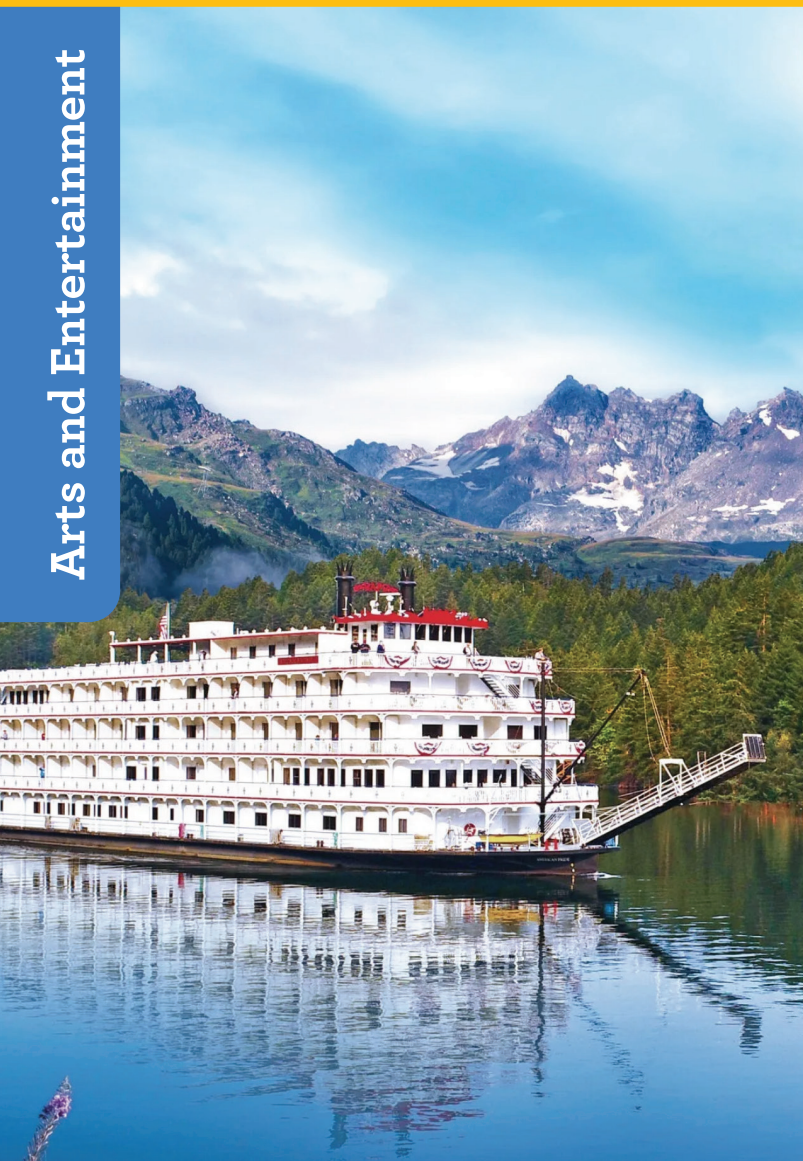
MOTHER/SON DANCE

Friday, May 6 from 6 to 8 p.m. | Community Center

Come celebrate Mother's Day weekend at the Mother/Son Dance at the Community Center! Included is dinner, dance, photo booth, and a rose for mom! Register by calling the Recreation Office at (248) 691-7555 by May 2.

\$35/couple | \$12/additional son | \$5-Non Resident Fee





EXTENDED TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of extended trips. These trips require us to book well in advance. We are currently booking for the following tours. As additional tours become available, we will add the information in the lobby of the



Community Center. Full details available in the Recreation Department lobby! Contact the Recreation Department at (248) 691-7555 for more details.

Lancaster Pennsylvania

Monday, April 18 - Thursday, April 21 | 4 Days/3 Nights
Deluxe highway motorcoach, three nights at the Eden Resort in Lancaster, Pennsylvania. Theater, shopping, historical experiences, wine tasting and more! \$819/person/double occupancy

Crusin' Kentucky

Wednesday, May 18 - Thursday, May 19 | 2 Days/1Night
Featuring a tour of the National Air Force Museum, a Riverboat Dinner Cruise, tours, the aquarium, shopping and more! \$299/person based on double occupancy.

DAY TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of day trips. These trips require us to book well in advance. We are currently



booking for winter tours. Full details are available in the lobby of the Recreation Department. Contact the Recreation Department at (248) 691-7555 for more details.

HISTORIC DETROIT CHURCHES

Thursday, Feb. 24 from 10 a.m. to 4 p.m.

\$96/person

This day long tour will have you in awe of some of the most beautiful churches in Detroit! We start at the Basilica de Ste. Anne de Detroit Catholic Church. Twin spires studded with stunning stained glass rise from southwest Detroit neighborhood. It reigns as the second oldest parish in the entire country. Next we travel to Amore'de Roma Café widely known across the country for its ambiance and authentic Italian cuisine! We round out the day with two more stops: Old St. Mary's church and grotto's, the third oldest church in Detroit, and Historic Trinity. This one is not to be missed! Don't delay, register today to reserve your spot!

Course: ChurchTourFeb22

FISHER THEATRE

Proof of Covid vaccination is required to enter the theatre. When ordering your tickets with the Recreation Department you may be requested to show proof of vaccination for us to process your ticket purchase. Tickets are ordered for:

Donna Summer The Musical

Saturday, March 12

\$70/person

Ain't Too Proud To Beg (August) as soon as they become available. Please check the Recreation Lobby for the most up-to-date information.





MEADOWBROOK THEATRE

LADIES IN LAVENDER (A NEW MUSICAL!)

Wednesday, March 30 from 11 a.m. to 5 p.m.

\$48/person, includes lunch at Loccino's

Cornwall, 1936. When a handsome and talented young Polish violinist is washed ashore, the Widdington sisters take him under their wing to nurse him back to health. However, the presence of the mysterious young man disrupts their peaceful lives and the community in which they live.

Course: Lavender

THE PIN UP GIRLS

Wednesday, May 11 from 11 a.m. to 5 p.m.

\$59/person, includes lunch at Kruse and Muer



From the Andrew Sisters to Hip Hop! From World War I to Afghanistan. The Pin Up Girls sing a cavalcade of hits inspired by letters home from our troops overseas! While singing at their local VFW hall, Leane and her friends stumble upon a huge stash of letters that go back a hundred years.

Inspired by what they find funny, romantic, heartbreaking and... sexy, the ladies put on a show that celebrates the guys and gals who fight to defend our country.

Course: PinUp22



LUNCH TRIPS

The Oak Park Recreation Department will be seeking out local restaurants to get availability to seat 12+ persons at a time, days and hours of the operation etc... Please check the Recreation Lobby for the most up-to-date lunch trips that will be scheduled.

City of Oak Park
14000 Oak Park Blvd.
Oak Park, MI 48237

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THANK YOU!

The Recreation Department would like to thank our gracious sponsors, that without their generous financial support and participation, many of those highly anticipated and dearly loved events would not be possible.

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SPECIAL LIMITED-TIME OFFERS!

\$50 NEW PATIENT DENTAL VISIT
INCLUDES:
Basic cleaning, x-rays, and exam*
(a \$250 value) USE IN-OFFICE CODE: FORT50

FREE EXAM AND X-RAYS
For children under 17

FREE WHITENING A \$400 Value!
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\$400 OFF  **invisalign®**
Ask us for details.

*New patients only. Basic cleaning in absence of periodontal disease. Cannot be combined with any other purchase.



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