

Oak Park

City Magazine and Recreation Program Guide • Summer 2024

City Magazine and
Recreation Program Guide

Voting and Elections Information

Oak Park Corridor Improvement Authority Unveils New Events!

Library & Recreation Programs





Message From City Manager Erik Tungate

I am proud to report the budget I am proposing for FY 2024-25 is balanced and will not require us to use the General Fund Balance if revenues continue to rise, expenses from the fallout from the Coronavirus outbreak, including the related supply chain issues, continue to diminish, and overall operating costs can be curtailed.

With all of the progress we have made in the last several years, this continues to be an exciting time for the City of Oak Park. The City continues to reach new heights despite lingering challenges associated with the loss of revenue from the 2008 financial fallout, economic uncertainty, as well as high inflation.

For the second year in a row, I am happy to announce that Oak Park's property value increases have outpaced the rest of Oakland County.

I am also happy to report that our new budget includes a \$4.4 million rainy day fund to protect us from unforeseen circumstances.

We have also moved into the next phase of the Elevate Oak Park Project, which will allow us to begin adding new recreation amenities. In fact, we expect the City's

Event Hub project to break ground and move into the construction phase later this year. This will create a central gathering place for our community and give us a year-round event space along with an outdoor amphitheater, trailways, and a memorial garden.

We are also making strides in preparing to issue bonds for the City's new Community Center project. This project will include an indoor pool, elevated track, and several gathering spaces to be shared by all members of our community. There will be much more to come on this soon.

In Oak Park, we are meeting our objectives and identifying opportunities to elevate the quality of life throughout our community.

None of this would be possible without the amazing support of our residents and business owners.

Thank you for all you do!

Sincerely, 
Erik Tungate, Oak Park City Manager

A NOTE TO OUR READERS

The Oak Park City Magazine and Recreation Guide will have a new schedule come fall of 2024. To better align this publication with the City's calendar of events the next magazine will be published in November of 2024. The new publishing schedule will then be as follows:

- Winter Magazine: February
- Spring: May
- Summer: August
- Fall: November

CITY OF OAK PARK

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Voting and Elections Information

Voting options have expanded.

The Choice is Yours!

1. **Vote absentee** via the permanent mail ballot list. You have a **NEW** constitutional right in Michigan to automatically get a ballot mailed to you for **EVERY ELECTION** (without having to submit an application each time). A ballot will be mailed to you approximately 40 days prior to each election. Vote from home by absentee and take your time to study the ballot.

Upcoming Elections Date:

Aug. 6, 2024
Statewide
Primary

Nov. 5, 2024
State General
Elections

Avoid potential lines at the polls on Election Day. To request a form to be placed on the Permanent Ballot list, please call or visit the Clerk's Office. Once you have completed the appropriate form you can return it to the Clerk's Office in one of the following ways:

- **Scan** (or take a picture) and email to cityclerk@oakparkmi.gov
 - **Return in person** to 14000 Oak Park Blvd. Oak Park, MI 48237 by bringing it into the Clerk's Office or leaving it in one of the two drop boxes outside of City Hall.
 - **Using a first-class stamp, mail to:**
City Clerk's Office
14000 Oak Park Blvd.
Oak Park, MI 48237
*For those who are currently on the Permanent Absent Voter Application List, we encourage you to migrate to the new Permanent Absent Voter Ballot List, as the expectation is that the Permanent Voter Application List will be eliminated in the future.
2. **Vote early** during a nine-day window starting the second Saturday prior to election day at the Oak Park Community Center
 3. **Vote on Election Day** at your precinct from 7 AM to 8 PM.

IMPORTANT! Please do not delay returning your absentee ballot once you have received it. If you are returning your ballot within two weeks of election day, we recommend hand-delivering your ballot to avoid possible postal delays. In order to be counted, all

absentee ballots must be returned to the Clerk's Office by 8:00 PM on Election Day.

DROP BOX LOCATIONS

There are two **secure** drop boxes outside of City Hall, 14000 Oak Park Boulevard.

VOTING INFORMATION

The Michigan Voter Information Center (MVIC) provides helpful information regarding voting. You can find out if you are registered, track your absentee ballot and more, visit mvic.sos.state.mi.us.

ELECTION WORKERS

Community-oriented individuals are needed to help facilitate our elections. This is your chance to give back to the community while gaining a deeper understanding of the election process. *Teens (ages 16-17) can also work as precinct inspectors with parental or guardian permission.* This role qualifies as community service credit that can be applied to school records or transcripts. *All election workers are compensated and paid training is provided.* Interested parties should complete an Election Inspector Application, which can be found online or in the Clerk's Office, and submit it to:

City of Oak Park
City Clerk's Office
14000 Oak Park Blvd.
Oak Park, MI 48237

For questions or concerns, call the Clerk's Office, (248) 691-7542.

FREE ADMISSION**FAMILY/ FRIENDLY/ FUN**

Bring a lawn chair, a blanket, and bug spray. Food for purchase is available.

NOW ON WEDNESDAYS**JULY 10 - AUG. 14****7 to 8:30 PM****JULY 10**

Kimmie Horne

JULY 17

The Couriers

JULY 24

Roots Vibration

JULY 31

Valerie Barrymore & The Foundation of Funk

AUG. 7

Bobby Murray featuring Tosha Owens, and Lenny

AUG. 14

Sound Proof

DAVID H. SHEPHERD PARK24198 Church Street
Oak Park, MI 48237**VENDORS | FOOD | FRESH FRUITS & VEGATABLES | MUSIC | COOKING DEMOS | FREE PARKING**

OAK PARK Humana Ascension

FARMERS MARKET

NOW ON THURSDAYS IN THE OAK PARK COMMUNITY CENTER PARKING LOT**OPENING DAY | THURSDAY, JULY 11 | 9 AM TO 2 PM****FOR MORE INFORMATION AND SPONSORSHIP CALL (248) 691-7555****LOCATION: THE OAK PARK COMMUNITY CENTER | 14300 OAK PARK BLVD. | OAKPARKMI.GOV**

Oak Park Corridor Improvement Authority

UNVEILS NEW EVENTS!

The Oak Park Corridor Improvement Authority (CIA) aims to help the City's business districts in Oak Park thrive, and the upcoming events planned by this group should do just that. Since 2016, the CIA has been working to revitalize commercial corridors in the City, like Nine Mile, Coolidge and 11 Mile Road through development and tax increment financing (TIF) plans. These special tax funds are utilized, with the approval of the CIA Board, to fund projects such as:

- Improving streetscapes
- Helping businesses fix their storefronts
- Supporting and marketing the CIA district businesses
- Hosting events

The CIA Board is comprised of individuals with different backgrounds, including the mayor, business owners and residents. The CIA supports over 280 businesses, including those in the Water Tower Social District. Follow their progress on their Facebook Page – Oak Park Corridor Improvement Authority.



Oak Park
CRUISE & GROOVE
THURSDAY, AUG. 15
6 - 9 PM

60+ CLASSIC CARS

LIVE MUSIC WITH GOOD GRAVY

FUEL UP ON SOCIAL DISTRICT EATS AND SIPS

WATER TOWER SOCIAL DISTRICT
14700 KINGSTON ST., OAK PARK

SPONSORED BY THE OAK PARK CORRIDOR IMPROVEMENT AUTHORITY



SPONSORED BY THE OAK PARK CORRIDOR IMPROVEMENT AUTHORITY

Oak Park **TOWER TAILGATE**
THE "MANE" EVENT

Celebrate the Lion's season opener with a roaring good time!

Sept. 8, 2024 | 7 PM
Water Tower Social District
14700 Kingston St., Oak Park

Enjoy food and drinks from your Social District favorites, yard games, and energetic music to get you pumped for the game. Wear your Honolulu blue and get ready to cheer on our team to victory!



OAKTOBERFEST
09.21.24

LEARN TO YODEL | FREE ENTRY | CONTESTS

4 - 9 PM

DRINK - FOOD - LIVE MUSIC
CONTESTS INCLUDE:
◆ COSTUME ◆ YODELING ◆ STEINHOLDING ◆
◆ PRETZEL EATING ◆ DANCE OFF ◆
KID'S ACTIVITIES FROM 4 - 6PM

WATER TOWER SOCIAL DISTRICT
14700 KINGSTON ST. OAK PARK
SPONSORED BY THE OAK PARK CORRIDOR IMPROVEMENT AUTHORITY

Best Friends Child Care



Building Early Childhood Foundations That Last a Lifetime!

248-629-7065

8430 W. 9 Mile
Oak Park, MI 48237



Enrollment Information



Scan with your Camera

We Accept
DHS

Contact us Today for
a Scheduled tour!

Oak Park Public Library

CONTACT US!

(248) 691-7480

reference@oakparkmi.gov

HOURS:

Monday-Thursday 10 am to 8 pm

Friday 10 am to 5 pm

Saturday Closed, Sunday 1 to 5 pm

Kimberly Schaaf, Director

 @ Oak Park Library

 @ oakparkmilibrary

EVENTS FOR EVERYONE

CONCERT WITH ROSEWOOD CHAMBER MUSICIANS

Sunday, September 15 | 2 pm

A beautiful afternoon of live chamber music! We're excited to welcome local musicians Debi, Heather, and Carly who will be performing pieces from Max Bruch and Rebecca Clarke for the Viola, Piano, and Clarinet. **Registration recommended.**

MICHIGAN ALLIANCE FOR FAMILIES

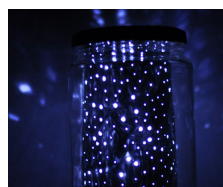
Monday, September 23 | 6-7 pm

Do you have a child who receives or may need special education services? Michigan Alliance for Families can assist you in knowing your rights, effectively communicating your child's needs, and advising how to help your child develop and learn. Find out how to get support for children and young adults (birth-26 years old) who receive or may be eligible for special education services. **Registration required.**

ADVENTURES IN OUTDOOR GAMING

Sunday, July 14 | 2-4 pm | All ages

Bring friends or the whole family and join us for this game extravaganza! Kids and adults are invited to play cornhole and enjoy jumbo yard games like Jenga, Connect 4, Yardzee, or checkers. For more unusual games, try your hand at inflatable mini curling or soccer billiards. Our littlest patrons (under 100 lbs) will have fun with the inflatable slide, mini maze, and bounce house. **This is a free drop-in program. You must wear socks to use the inflatables.**



GRAB & GO: CONSTELLATION JAR

Wednesday, July 24 | Ages 5+

This kit contains instructions and supplies to bring the night sky into your bedroom. We'll provide the stars, you provide the jar. **One per person, while supplies last.**

SUMMER READING FINALE

Sunday, Aug. 11 | 2-4 pm | All ages

Learn the science behind hot air balloons, bungee jumping, and flaming dragon's breath with Mad Science Detroit from 2-3 pm, ZZ the Robot will read a story at 3:30 pm, and we'll hand out rewards to Summer Reading Program participants! **No registration required.**



OAK PARK BOOK CLUB

Our growing group of readers meet in-person on the first Wednesday of each month at 6 pm. Copies of each book are available at the circulation desk one month before we meet.

Upcoming Selections:

Aug. 7 – *Demon Copperhead*

by Barbara Kingsolver

Sept. 4 – *Circe* by Madeline Miller

Oct. 9 – *Happiness Falls* by Angie Kim



EVENTS FOR CHILDREN

SPACE STORIES

Wednesday, July 31 | 6:30 pm | Ages 4-8

Have fun and learn about space with the director of the Hoffman Planetarium! Mr. Mercer will join us to read, rhyme, and answer your questions about space. Extend the fun with a space-related take-home activity! **Registration required.**

BE PREPARED: FIRE SAFETY

Monday, Oct. 7 | 6:30-7:30 pm | Ages 4-10

Join us for a fun Fire Safety Month program! We're hosting Oak Park Public Safety who will read a book, help kids get familiar with what a firefighter looks like wearing all their gear, and give us a tour of their new firetruck! **Registration required.**

TODDLER STORYTIME

Thursdays | Sept. 5-Dec. 19 | 10:15 AM | Ages 0-3

Join us to read, sing, rhyme and move while building your child's language and literacy skills. Pick up an early literacy calendar with daily activities at the library. **No registration required.**

PJ STORYTIME

**Thursdays | July, 25, Sep. 26, Oct. 24, and Dec. 12
6:30 pm | Ages 0-5**

Join us for an evening of reading, rhyming, and singing fun! Pajamas optional. **Registration required.**

PAGES IN THE PARK

Tuesdays | 10:30 am | Ages 0-5.

Join us for some outdoor fun. We're partnering with our friends at Southfield and Huntington Woods Public Libraries to bring storytimes to local neighborhoods. Attend one session (or all) and then stay and play in the park! **No registration required.**

July 9 – Inglenook Park in Southfield

July 16 – Peasley Park in Huntington Woods

July 23 – Best Park in Oak Park

Aug 13 – Civic Center Park in Southfield

GRAB & GO: MAGIC PAPER FLASHLIGHT

Wednesday, July 3 | Ages 2-7

This kit contains everything you need to create an underwater adventure for our littlest patrons. After that, use your imagination to make another "in the dark" scene to illuminate. **One per person, while supplies last.**

GRAB & GO: SOLAR OVEN CHEF

Wednesday, July 3 | Ages 8+

This kit contains everything you need to create a solar oven. Once you're done building the oven, use one of the recipes provided and cook something delicious! **One per family, while supplies last.**

DROP-IN: DIY BINOCULARS

Monday, July 8 | 4-6 pm | Ages 5+ w/caregiver

Stop by to help your child make their own set of binoculars, then use them to identify birds in your backyard! We'll send you home with a birding guide to help identification. **One per person, while supplies last.**

FAMILY TRIVIA: ADVENTURE MOVIES

Monday, July 22 | 6:30 pm | Families with kids age 5+

Join us for this fun family program and show off your knowledge about adventure movie characters, soundtracks, and more! **Registration required, one per family.**

EARLY LITERACY BINGO

Monday, July 29 | 2-2:45 pm | Ages 4-8 with caregiver

Wednesday, Aug. 7 | 2-2:45 pm | Ages 4-8 with caregiver

Bring your child to bingo! Bingo will focus on literacy-building skills like rhyming, recognizing letters, and sight-words. Get a bingo, win a new book. **Registration required.**

SMOKEY THE BEAR READING CHALLENGE

Sept. 1-30 | Ages 4-10

Pick up an activity sheet from the library and hit the ground running this school year! This challenge includes reading and other fun activities you can do all month. Return your activity sheet to the library by September 30th to get a prize. One challenge per child. **No registration required.**



EVENTS FOR ADULTS

PREVENTION OF ELDER ABUSE, NEGLECT AND EXPLOITATION Disability Network of Eastern Michigan

Tuesday, Sept. 17 | 6:30 pm

Abuse can happen even in the most vigilant communities. It is sneaky, and isolation can help it fly under the radar. More than 73,000 older adults in Michigan are victims of elder abuse. The symptoms and treatment of elder abuse are complex and demand a concerted effort to tackle this often unrecognized and unreported social problem. DNEM staff will be on-site prior to the presentation to provide mobile outreach services. **Registration required.**



WHAT'S NEW IN MEDICARE 2025

Tuesday, Sept. 24 | 6:30 pm

The AgeWays Medicare Medicaid Assistance Program (MMAP) will provide an overview of the different parts of Medicare and highlight some of the benefits and services Medicare provides. We will then discuss changes that will take place effective January 1, 2025, and how we can help you better understand your Medicare options and make changes to your plans during the Annual Open Enrollment Period, October 15 - December 7, 2024. MMAP is the State Health Insurance Assistance Program (SHIP) for the State of Michigan. **Registration required.**



ESTATE PLANNING 101

Tuesday, Oct. 8 | 6:30 pm

Join Lakeshore Legal Aid attorney Courtney J. Marshall for a presentation on creating an estate plan. Topics of discussion will include an overview of common legal documents, benefits of estate planning for you and your loved ones, and how estate planning can prevent abuse and exploitation for older adults. **Registration required.**

Please note: This presentation will not constitute legal advice; instead, all information, content, and materials in the presentation are for general informational purposes only. Information in the presentation may not constitute the most up-to-date legal or other information.

BOOK SALE!

July 10 - 12:
\$1.00 hardcover
\$0.50 paperback



Sunday, July 14:
Fill a provided bag for \$3.00

NEW BEGINNINGS: UNDERSTANDING RECORD EXPUNGEMENT

Tuesday, Oct. 29 | 6:30 pm

Michigan's laws have changed in recent years, allowing more people to clear their criminal records. Join an attorney with Lakeshore Legal Aid to learn more about expungement eligibility, free expungement resources in the community, and how to get the process started.

Registration required.

Please note: This presentation will not constitute legal advice; instead, all information, content, and materials in the presentation are for general informational purposes only. Information in the presentation may not constitute the most up-to-date legal or other information.

BASIC COMPUTER SKILLS

INSTRUCTION BY APPOINTMENT

Limited to Oak Park residents

30 min sessions

Personalized instruction tailored to your needs! Our knowledgeable instructor will guide you through the basics of computer usage, including navigating the internet, using email, and utilizing various software applications. Call the library and take the first step towards mastering essential computer skills. **Registration required.**

Oak Park Low-Cost Pet Immunization Clinic

Saturday, Oct. 5 | 10 am to 2 pm

Presented by All About Animals Rescue Michigan | www.AllAboutAnimalsRescue.org

Must bring previous vaccination records to event. Avoid \$10 late fee by obtaining animal license by December 27. Cash and check only for license purchase.



Immunizations

Microchip Implants - \$20
 Flu and Lyme (if available) - \$30
 Heartworm Tests - \$20
 Vaccines - \$10

Vaccines include Rabies, DHLPP for dogs, Bordetella, Distemper and Feline Leukemia



David H. Shepherd Park
 Pavilion #1
 Oak Park, MI | (248) 691-7450

Animal Licenses

Cash/Check ONLY

1 Year Dog / Cat License:
 Spayed/Neutered - \$7
 Non-Spayed/Neutered - \$16

3 Year Dog / Cat License:
 Spayed/Neutered - \$15
 Non-Spayed/Neutered - \$30

RECREATION DEPARTMENT
CITY OF OAK PARK
14300 Oak Park Blvd.
Oak Park, MI 48237
(248) 691-7555
www.OakParkMI.gov

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ldisabatino@oakparkmi.gov

Hours:
Monday-Thursday
9 am-1 pm and 2-5 pm
Every Other Friday
8 am-4 pm

THE MISSION OF THE RECREATION
DEPARTMENT IS TO ENRICH THE QUALITY OF
LIFE FOR OUR DIVERSE COMMUNITY WHILE
ESTABLISHING A HIGH STANDARD OF
EXCELLENCE IN OUR PROGRAMS,
ACTIVITIES, PARKS AND SERVICES.

FOLLOW US ON:



@CityOfOakPark

PAYMENT METHODS

We accept checks or money orders
made payable to the City of Oak Park,
cash paid in-person, and the
following credit cards:

American Express®, Discover®,
MasterCard®, or Visa®



OAK PARK RECREATION

4 Ways to Register for Recreation Programs

ONLINE REGISTRATION

Register online for activities by clicking on the "Click Here to Register" button on the Recreation Department's page of the City's website, at www.OakParkMI.gov. Or, go directly to the online registration page at <http://bitly.com/OPRegisterOnline>.

When registering online, follow these easy steps:

1. Visit <http://bitly.com/OPRegisterOnline>.
2. Enter the required information to generate your customer identification and password.
3. Click on the activities you want to register for.
4. Pay with a credit card, print your receipt, and receive an instant email confirmation of your purchase.

MAIL-IN REGISTRATION

A mail-in registration is available for most activities, except when athletic contracts are required for registration. For athletic contracts, register in person. To register via mail:

1. Complete the Recreation Registration Form, see form on adjacent page.
2. Include check or money order payable to the City of Oak Park. Do not include cash or credit card numbers.
3. When a birth certificate is required for registration, a copy of the birth certificate can be mailed or the original can be delivered in-person to the Recreation Department.

IN-PERSON REGISTRATION

Register in-person during regularly scheduled business hours. The Recreation Department is located in the City's Community Center at **14300 Oak Park Blvd., Oak Park.**

Office Hours: Monday - Thursday, 9 am to 5 pm (Closed 1 to 2 pm)

Open every other Friday, 8 am to 4 pm: July 5, 19, Aug. 2, 16, 30, Sept. 13, 27, and Oct. 11, 25

Closed: July 4 and Sept. 2

BY PHONE

Register by phone with a credit card (American Express®, Visa®, MasterCard® or Discover®) by calling (248) 691-7555.

Classes are filled on a first-come, first-serve basis. Register early! Refund policies apply.



MARTIAL ARTS

GO-TI YOUTH MARTIAL ARTS

Tuesday and Thursday, 7:15 to 8:30 pm

\$65 Resident/\$70 Non-Resident | 8 weeks

Ages: 8-13 | Community Center Room A

GO-TI Youth Karate is a class specifically designed for beginner through intermediate skill levels. It enhances a child's focus, memory, teamwork skills, discipline, self-control, fitness, balance, and coordination. All of this is achieved through exciting and fun games and activities. Students should dress in gym attire. Participants will be assessed on their overall skills on the first day of class. A responsible adult must remain in attendance during class. Instructor: Grand Master Dereke Batten.

Session 4: Aug. 13-Oct. 3

Session 4: Oct. 8-Dec. 10 *(no class 10/31, 11/5, & 11/28)*

YOUTH SOCCER

Registration Open Now | Registration Ends: Aug. 2

Games are Saturdays and some week nights

Oak Park will participate in the Quad-City Alliance Soccer League. They compete with teams from Ferndale, Hazel Park and Pleasant Ridge. This is a co-ed soccer league. Participants are provided with jersey, shorts, and soccer socks. Shin guards are not provided but must be worn at all games and practices. Practices are in Oak Park. Games are played in Ferndale.

U4 SOCCER

Fee: \$50 Resident/\$55 Non-Resident

U6 SOCCER

Fee: \$60 Resident/\$65 Non-Resident

U8 SOCCER

Fee: \$65 Resident/\$70 Non-Resident

U10 SOCCER

Fee: \$70 Resident/\$75 Non-Resident

U12 SOCCER

Fee: \$70 Resident/\$75 Non-Resident



PRESCHOOL SOCCER CLINIC

Sept. 9 to Oct. 14 | Mondays, 6 to 7 pm | Ages 3-5

6 weeks | Community Center

\$36 Resident/\$41 Non-Resident

This non-competitive soccer clinic will focus on teaching children skills in dribbling, passing, toe taps and defense.

Make a Difference in the Lives of Our Youth

BECOME A VOLUNTEER COACH

Are you interested in making a difference in the lives of the youth of our community? Become a volunteer coach! Even if you are not an expert in the sport, we need more positive role models in the lives of our youth to help them develop into well-rounded individuals. Volunteer coaches must complete a volunteer application, pass a background check and complete concussion training. For more information contact Jes Alger at jalger@oakparkmi.gov or call the Recreation Office (248) 691-7555.

BECOME A SPONSOR

Interested in sponsoring a team? Donate money to your favorite youth sport and get your logo on the back of each player's jersey. Contact our office at (248) 691-7555.

YOUTH GIRLS SOFTBALL

Registration Open Now | Registration Ends: Aug. 2

Practices begin the week of Aug. 12.

Games start week of Sept. 9.

Games played on weeknights and Saturdays

Oak Park teams will participate in the Tri City Alliance Girls Softball League, competing with teams from Ferndale and Madison Heights. Participants are provided with jerseys and ball caps. Teams will be provided with bats, balls, and batting helmets. Coaches are responsible for choosing practice times and locations. Practices are in Oak Park. Games are in Ferndale and Madison Heights.

COACH PITCH

Fee: \$45 Resident/\$50 Non-Resident. **Ages:** 7-8

PONY

Fee: \$55 Resident/\$60 Non-Resident. **Ages:** 9-10

MINORS

Fee: \$55 Resident/\$60 Non-Resident. **Ages:** 11-12

YOUTH BASKETBALL

January-March | Registration begins Sept. 9 & ends Nov. 8

Co-ed Grades K-2: \$70 Resident/\$75 Non-Resident

Co-ed Grades 3-4: \$75 Resident/\$80 Non-Resident

Co-ed Grades 5-6: \$75 Resident/\$80 Non-Resident

Girls Basketball Grades 3-5: \$75 Resident/\$80 Non-Resident

Teams will play in the Tri-City Alliance Basketball League, competing with teams from Ferndale and Hazel Park. Games are played on Saturdays in Ferndale, with select games during the week in Oak Park and Hazel Park. All practices are in Oak Park. This is a Co-ed basketball league focusing on skill development in a fun and safe atmosphere. Practices begin in December or January dependent on gym availability.

SPORTS SAMPLER CAMP

Aug. 19-23

Full Week (5 Days) | Mon-Fri, 9 a.m. - 4 p.m.

\$140 Resident per week/\$150 Non-Resident per week

Sports Sampler Camp invites kids to explore the wide world of athletics in a fun and supportive environment! From soccer to basketball, and even archery, campers will enjoy trying out various sports and discovering their favorites. Our staff provide guidance and encouragement, fostering skill development and confidence in every participant. *Latchkey will not be provided during Sports Sampler Camp.*



ARCHERY

Oak Park Recreation is very excited to partner with USA Archery to provide archery classes to our youth! No experience required and all equipment will be provided by Oak Park Recreation. For more information contact the rec office at (248) 691-7555.

YOUTH CLASSES

Mondays from 5:30 to 6:30 pm | 5 weeks | Rooms A & B

\$25 Resident/\$30 Non-Resident

Session 1: Sept. 9-Oct. 7

Session 2: Oct. 14-Nov. 25 (no class 10/28 and 11/4)

SENIOR CLASSES

Mondays from 3-4 pm | 5 weeks | Rooms A & B

\$25 Resident/\$30 Non-Resident

Session 1: Sept. 9-Oct. 7

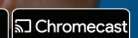
Session 2: Oct. 14-Nov. 25 (no class 10/28 and 11/4)

hoopla

Tap into Discovery.
Instantly Read, Listen, and
Watch with Your Library Card.



hoopladigital.com





GATLINBURG, TENNESSEE

EXTENDED TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of extended trips. These trips require us to book well in advance. As additional tours become available, we will add the information in the lobby of the Community Center.



Full details are available in the Recreation Department lobby! Contact the Recreation Department at (248) 691-7555 for more details. Here is a sneak peek.

SMOKY MOUNTAINS

Featuring Pigeon Forge & Gatlinburg Tennessee.

The highlights of this trip are too many to list!

Stop in the lobby of the Community Center for complete details.

Monday, Oct. 21 to Thursday, Oct. 24 (4 days/3 nights)

\$1,059 per person / double occupancy

NEW YORK HOLIDAY

The highlights of this trip are too many to list!

Stop in the lobby of the Community Center for complete details.

Tuesday, Dec. 3 to Saturday, Dec. 7 (5 days/4 nights)

\$2,225 per person / double occupancy

LUNCH TRIPS

The Recreation Department will be planning monthly lunch trips as soon as possible. Our group loves to get out and about and to experience different restaurants and culinary opportunities. Stop by the recreation lobby for details as they arise.

DAY TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of day trips. These trips require us to book well in advance. We are currently booking for Fall tours. As these and more trips come in we will post the full details in the lobby of the Recreation Department.



Contact the Recreation Department at (248) 691-7555 for more details. Here is a "sneak peek".

MYSTERY TRIP

Tuesday, September 24 from 7:15 am to 5:15 pm | \$111

A day of wonderful day of fun, education, food and great friendship!

HARVEST ADVENTURE

Wednesday, October 16 from 10:30 am to 4:45 pm | \$112

Enjoy lunch at The White Horse Inn. This local landmark dates back to the 1850's. Until recently, it was the oldest continuously operating restaurant in Michigan. Throughout its long history the White Horse Inn served as a stagecoach stop, hotel, brothel and restaurant. Enjoy a wonderful lunch before heading to Westview Orchards and Winery. Includes a hay ride tour of the orchard and one free bag of fruit to take home. Visit the beautiful wine bar. This trip will **sell out quickly** secure your spot today.

THE PARADE COMPANY

Tuesday, November 19 from 9:15 am to 3 pm | \$119

Enjoy a wonderful tour of the Parade Company in its new home! Meet many of the artisans that bring magic to YOU every Thanksgiving. Travel to Sinbads for lunch, followed up with a tour of the historic Whitney for a champagne tour of this gracious Detroit gem!



SENIOR MEALS

MEALS ON WHEELS “More than just a meal”

Meals on Wheels home delivery is available in Oak Park as long as you call one week in advance. Lunch can be served with a pre-ordered meal. For more information call the Senior Meals on Wheels at their **NEW NUMBER (248) 223-9160**.

SMART TRANSPORTATION

The Oak Park Recreation Department provides transportation through a partnership with SMART buses for residents who are seniors, age 50 or above, and individuals who have a disability.

NEW!

Our transportation hours have a brand-new start time! We are now able to begin scheduled pick ups at 8 am with return times no later than 4:30 pm (when prior arrangements are made), Monday through Fridays.

In addition to our regular Kroger and Meijer trip days, we are adding shopping opportunities to Target, Walmart, Aldi and Marshall's! Qualified individuals can contact the Recreation Department at (248) 691-7555

BRUNCH & LEARN

Our groups always have such a great time at the Outdoor Adventure Center in Detroit that we are headed back for more fabulous topics about Michigan and elsewhere while we have a wonderful light brunch and then head off to a local restaurant for lunch. The trips will leave Oak Park at 8:15 am, with the program starting at the Adventure Center at 9 am. We will tour of the building from 10:30 to 11:30 am and then we will leave for our restaurant destination, which is TBD. The cost for each Brunch and Learn is \$9/person. Lunch will be on your own. **LIMITED seats available, sign up today to reserve your seat. Preregistration is required and tickets will go fast!**

Life of a Honeybee | August 1

Join Bees in the D for an exciting presentation about an interesting pollinator! Participants will become a member of a honey bee hive and learn the different responsibilities and roles of a honey bee's short life.

LIMITED seats available.

Michigan's Mushrooms | September 19

Have you ever wondered what went into mushroom foraging? Joining Lorenzo Lo Piccolo to learn about Michigan's mushrooms. This presentation will include fungi facts and anatomy, foraging tips and safety, etiquette & sustainability. Information on mushroom poisoning, and a search and identification activity. Lunch in Detroit: TBD

LIMITED seats available.

Landscaping Your Backyard | October 3

Join the OAC team and DNR Forestry Division staff member Lawrence to learn about oak wilt, tree maintenance such as planting and pruning, and landscaping tips and tricks. Lawrence Sobson is an Urban and Community Forester with the Michigan DNR's Forest Resources Division. Lunch TBD.

LIMITED seats available.

SENIOR SCOOP

Stay up to date with The Senior Scoop. The Senior Scoop is a monthly print edition, with copies being posted online, detailing the programs, classes, trips, lunches, and more that are offered to our seniors in the Community Center. As opportunities arise, the Recreation Department provides "add-ons" to its services. This document also highlights our instructors, volunteers, Recreation Commission members and more to give a personal side to the story.

Puzzles, recipes and fun facts are also included. Please stop by the Community Center to pick your copy up and say "Hi" to our staff. We look forward to seeing and meeting you.

AGEWAYS: NONPROFIT SENIOR SERVICES

The Area Agency on Aging 1B is now AgeWays Nonprofit Senior Services! New Name. Same great people. Same great programs. The new name reflects what they do best: Helping older adults age in the ways they choose. For more information please visit: AgeWays.org/NewName.

TRUALTA

A new, online educational platform offered by AgeWays Nonprofit Senior Services offers caregivers an easy way to get information and advice online. It's also FREE!

Trualta's learning modules, on subjects ranging from handling a loved one's resistance to taking medications to managing pressure wounds can be read, listened to or watched. There are many resources, articles, checklists, videos, quizzes and webinars to choose from. There is also a chat function so caregivers can learn from each other and supports groups. For additional information or questions call 833-262-2200 or email trualta@ageways.org. Pick up this informational brochure in the lobby of the Community Center.



EXTENDED SHOPPING DAYS

**All shopping trips leave at 10:30am and return at 3 pm.
Transportation fee: \$6/person. Must be a 50 Up member.**

The Recreation Department has added several shopping destinations to include Twelve Oaks Mall, Partridge Creek, The Villages of Rochester and more! Limited seating, must be able to drive to the Oak Park Community Center for departure.

July 19: Great Lakes Crossing

Aug. 9: Sommerset

Sept. 9: Villages of Rochester

Oct. 4: Partridge Creek

DROP-IN PROGRAMS

50 UP CLUB MEMBERSHIP

Fee: \$6 Res./\$12 Non-Res. | Calendar Year Renewal

The mission of the 50 Up Club Membership is to provide Oak Park's diverse, mature population with education, exercise, and recreation programs to challenge the mind and body to greater heights of personal achievement. Join our Senior 50 Up Club and enjoy our weekly senior drop-in sessions at the Community Center, located at 14300 Oak Park Blvd, Oak Park. Call (248) 691-7555 for more information.

HOURS

Monday to Friday, 9 am to 5 pm (Closed 1 pm to 2 pm for lunch)
Every other Friday, 8 am to 4 pm

You MUST be a 50 Up Club Member to enjoy drop-in programs:

MONDAY

Bingo, every Monday, 11:30 to 1:30 pm., Inquire about fee.

TUESDAY

Watercolor Drop-In, 1 to 3 pm.

Contemporary Quilters, every third Tuesday, 1 to 3 pm.

Mah Jongg, 12:30 to 4 pm, Bring own tiles.

WEDNESDAY

Scrabble Club, 1 to 4 pm.

Bingo, 11:30 am to 1:30 pm. (every other Wednesday) Inquire about fee.

THURSDAY

Dominoes, 10am to 1pm.

Bid Whist, 1 to 4 pm.

Drop In Hustle, Noon to 1:30pm, \$5/resident; \$7/non-resident

Chess, 6 to 9 pm.

SUMMER PICNICS

Noon to 2:30 pm | Ages 55+

Shelter 1, or if necessary due to weather, in Activity Room A.

The Summer Senior Picnics are quickly turning into a summertime favorite! Great picnic style foods are provided for a nominal fee plus and a one hour small concert is also scheduled for entertainment. Please note that individuals are required to sign up and pay in advance. No tickets are available on the day of the picnic as food needs to be ordered several days prior to the scheduled date.

Lunch Dates:

Aug. 16: \$12/person. Smash burgers, fries, beverage and dessert.

Music by Oliver Nevels. Register is Thursday, Aug. 8.

Sept. 13: \$15/person. Deep fried chicken tenders, fries, coleslaw, roll and butter, beverage and dessert. Music by The Motor City Three. Register by Thursday, Sept. 5

CLASSES

AARP SAFETY DRIVERS CLASS

Aug. 7 & 8 | Community Center Senior Lounge
\$20 AARP Member/\$25 Non AARP Member

This 2 day course is specially designed for our senior population. It will go over new Michigan laws pertaining to driving. This refresher class has helped millions of driver over the age of 50 to sharpen their skills and drive safely on today's roads. Limited seating register today! Call 248-691-7555.

POP UP ART CLASSES

11am to 1pm

\$32 Resident/\$37 /Non Resident

It is time to get your "Art On"! Join us for a morning of fun, friendship, creativity and light refreshments. There will be three Senior Pop Up Art sessions. All supplies are included in the session fee. This is guaranteed to be a wonderful time, sign up soon. Limited Spots available.

July 23: Still life summer fruits | Medium: Watercolor

Aug. 20: Abstract | Medium: Various

FULL SESSION ART CLASSES

Tuesdays from 11 am to 12:30 pm

\$40 Resident/\$45 Non Resident

You asked for them, we aim to deliver! Our instructors have a Bachelors in Arts from Wayne State University & College of Creative Studies in Detroit. Various forms and mediums will be explored in these sessions. Get your "Art On" and enjoy the company of those that want to explore their creativity. Registration is required for each separate class. All supplies provided.

Course: intro-art-24

Sept. 10 - Introduction to the color wheel.

Paint tree demonstrating blending colors to make leaves.

Course: intro-blendingcolors-24

Sept. 17

Create an abstract painting to apply art concepts of blending colors.

Course: watercolor-24

Sept. 24 - Fall Tree.

Watercolor painting to apply to art concepts of watercolor paint.

Course: acrylic-24

Oct. 1 - Fall Love Birds in the Sunset.

Painting to art concepts of acrylic paint.

Course: watercolorOct-24

Watercolor: Pumpkin and Gourds

Course: acrylicAutumn-24:

Oct. 15 - Acrylic: Autumn Tropical Aloha Waterfall

For complete schedule stop by the Recreation Department Oct. 22-Nov. 26



MIKE'S ON THE WATER,
ST. CLAIR SHORES

LUNCH TRIPS

The long awaited lunch trips are back!
These various restaurants will tickle your taste buds!
Transportation fee: \$6/person. Must be a 50 Up member.

July 30: Mike's on the Water, St. Clair Shores

Aug. 27: Waves, St. Clair Shores

Sept. 17: TBD

Oct. 8: TBD

NEW! SENIOR TRIVIA LUNCH

Are you smarter than the "average bear?" Join in the fun as we all walk down memory lane and test our recollections during our new Friday Trivia Lunches. There will be dozens of categories with many questions from each category. Will it be Movies? General Knowledge? Television? And so many more.

Friday, Aug. 30 at 12 pm to 2 pm

Lunch 12-1pm | Games 1-2pm | \$12/Resident/\$17 Non Resident
 Choice of Polish sausage, hot dogs with the fixings, chips, beverage and dessert. Register with order by Thursday, Aug. 22

Friday, Oct. 11, 2024

Lunch 12-1pm | Games 1-2pm | \$12/Resident/\$17 Non Resident
 Choice of Honey Baked Lunches. Register by Thursday, Oct. 3.

Summer Pool Season



The Oak Park summer pool season has begun! We appreciate all suggestions from the community and are doing our best to provide the finest summer experience possible at the Oak Park Pool. Please check the city website for the most up to date weekly calendar of swim times and activities.

DAILY RATES

DAILY RATES

Open Swim Daily Fee - Resident (proof of residency required):

- Ages 3 and Under, FREE
- Ages 4-54, \$4 per day
- Ages 55 & Up, \$3 per day

Open Swim Daily Fee - Non-Resident:

- Ages 3 and Under, FREE
- Ages 4-54, \$6 per day
- Ages 55 and Up, \$5 per day

SEASON POOL PASSES

Resident: Ages 4-54, \$30 | Ages 55 and Up, \$20 | 10 punches

Non-Resident: Ages 4-54, \$50 | Ages 55 and Up, \$30 | 10 punches

Women's & Men's Only: 20 punches | Resident \$50/Non-Resident \$60

Women's & Men's Only: 40 punches | Resident \$90/Non-Resident \$110

Resident rates apply to residents of Oak Park, Ferndale, Hazel Park, and Southfield.

SEASON DATES

Regular Season: Open now – Aug. 18

Late Extended Season: Aug. 19 – Sept. 7

HOURS OF OPERATION

Holiday Hours

Independence Day, July 4, 1-6 pm

Labor Day, Sept. 2, 1-6 p.m.

Regular Season Hours

Sunday, 1-6 pm

Monday, 2-7 pm

Tuesday, 2-7 pm

Wednesday, 2-7 pm

Thursday, 2 to 7 pm

Friday, 1-8 pm

Saturday, 1-6 pm

Late Extended Season Hours

Thursday, 5-7 pm

Friday, 1-8 pm

Saturday, 1-6 pm

Sunday, 1-6 pm

SPECIAL POOL HOURS

WOMEN-ONLY AND MEN-ONLY SWIM

Oak Park Pool will be hosting separate female-only and male-only swim hours. For any number of reasons, including faith or personal preference, some women and girls may prefer to swim without being in the presence of males. And, vice versa, men and boys may prefer to swim without being in the presence of females. More times/hours may be added throughout the pool season, check back for more details.

Female-Only Swim:

Female lifeguards will be assigned during women-only swim.

Monday-Wednesday, 7:30 to 9 p.m.

Sundays, 10:30 a.m. to 12 p.m.

Fee: \$3 Resident/\$5 Non-Resident or Season Pass

Late Season: Female only available on Sundays only

Male-Only Swim:

Male lifeguards will be assigned during men-only swim.

Tuesday and Thursdays, 7:30 to 9 p.m.

Fee: \$3 Resident/\$5 Non-Resident or Season Pass.

Late Season: Male only available on Thursday evening only.

ADULT-ONLY LAP SWIM

Fee: \$4 Resident/\$6 Non-Resident or Season Pass.

One lane available. More times/hours may be added throughout the pool season. Additional lanes may be added based on pool attendance.

Morning: Monday/Wednesday/Friday from 9 to 10:30 a.m.

Afternoon: Monday-Thursday from 4:30-6:30 p.m.
Friday from 5:30-7:30 p.m.

Weekend: Saturday & Sunday from 3:30-5:30 p.m.

Late Season:

Monday/Wednesday/Friday from 9 to 10:30 am.

WATER AEROBICS

Now through Sept. 7 | \$3 Resident/\$4 Non-Resident

Mondays, Wednesdays, and Fridays from 9 to 10 a.m.

NEW! Saturdays from 11 to 12 a.m.

Sunday (Female-Only): June 2-Aug. 13 from 9 to 10 a.m.

This fun and energetic class is geared towards improving your overall health and well-being. Water aerobics uses all aspects of a typical aerobics class but with the added health benefits of using water as a natural form of resistance, creating an excellent full-body workout with great heart benefits and endurance development.

Late Season:

Water Aerobics will be available as scheduled.

SWIM LESSONS

Classes will begin the week of July 22 with morning sessions at 10 a.m. For more information, including start times, contact the Recreation Office at (248) 691-7555.

5 to 8 years old, 9 to 15 years old

Mondays and Wednesdays | 10 am | 1 hour | 3 weeks

\$48 Residents/\$53 Non-Residents

Session 2: July 22 to Aug. 14

Adult Lessons

Mondays and Wednesdays | 6 pm | 1 hour | 3 weeks

\$48 Residents/\$53 Non-Residents

Session 2: July 22 to Aug. 14

Parent/Tot (Ages 1-4)

Saturdays at Noon | 1 hour | 4 weeks

\$32 Residents./\$37 Non-Residents

Session 2: July 27 to Aug. 17

DOG DAY AT THE POOL

DOG DAY AT THE POOL

Sunday, Sept. 8 from noon to 3 p.m.

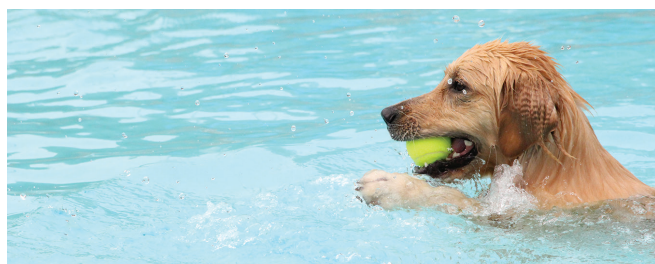
Cost: \$15/dog pre-registered, \$20/dog day-of registration

Each registered dog receives a gift and a 55-minute dog-only swim session. Must have proof of current vaccinations and a dog license before entry is allowed. For the safety and enjoyment of the dogs, we offer separate swim times for various size dogs. They are:

Small Sized Dogs (under 30 lbs.) Noon to 12:55 p.m.

Medium Sized Dogs (under 30-69 lbs.) 1 to 1:55 p.m.

Large Sized Dogs (70 lbs. and up) 2 to 2:55 p.m.



POOL RENTALS

Are you planning a party, baby shower, family reunion, or any special event and looking for a unique, fun venue to host it at? Consider renting the Oak Park Pool. It's sure to be a welcome splash! For more information and to make your reservations, call the Recreation Department at (248) 691-7555.

Availability: Saturdays: 6:30 to 8:30 p.m. | Sundays: 6:30 to 8:30 p.m.

Rental Fees

Up to 75 people

76 to 100 people

101 to 200

201 to 400

No Rental After Aug. 18

\$240 Resident/\$275 Non-Resident for two hours

\$275 Resident/\$310 Non-Resident for two hours

\$310 Resident/\$340 Non-Resident for two hours

\$400 Resident/\$435 Non-Resident for two hours

A \$75.00 deposit is required on all pool rentals. All pool rentals MUST be paid in full on the booking date to reserve the date and time.



DAY CAMP & LATCHKEY

ONGOING WEEKLY UNTIL AUG. 9

Enrollment is on a first come, first served basis. Fees must be paid in advance. We do not take deposits. Latchkey participants must be enrolled in Summer Day Camp or Tot Lot Day Camp to be enrolled in the Latchkey program. For information call (248) 691-7555.

TOT LOT DAY CAMP (Age 5-7)

SUMMER DAY CAMP (Ages 8-12)

Full Week (5 Days)

Monday-Friday, 9 am to 4 pm

\$135 per week, Resident | \$145 per week, Non-Resident

AM Latchkey

8 to 9 am | Full Week (5 Days)

Monday-Friday | \$25/Resident, \$30/Non-Resident

PM Latchkey

4 to 5 pm | Full Week (5 Days)

Monday-Friday | \$25/Resident, \$30/Non-Resident

NEW THIS YEAR!

SUMMER SEND OFF CAMP

Embark on one last week of summer camp as we end the season with a splash. Summer Send Off Camp offers 3 field trips, one park swap and a Summer Send Off Party on Friday! Enrollment is on a first come, first served basis. Fees must be paid in advance. We do not take deposits. Latchkey will not be provided during Summer Send Off.

Aug. 12-16 | 9 am to 4 pm | Full Week (5 Days)

\$140 Resident per week/\$150 Non-Resident per week



REC ON THE ROAD

Tuesdays, 10 am to 12 pm, June 18-Aug. 20

FREE | 10 weeks

Mobile Recreation provides a safe and fun environment for kids to enjoy arts and crafts, individual and group games, fitness exercises, and recreation activities at local community parks. Meet the Mobile Recreation SMART Van at the designated park on Tuesdays and get ready to play! For more information call 248-691-7555. *Please note: Be weather watchful before heading out to Rec on the Road! Park activities may be canceled if rain or excessive heat advisories are in effect. Parents/guardians must stay in the park during Mobile Recreation programs.*

David H. Shepherd Park: June 18, August 20

Best Park: June 25 & July 23

Victoria Park: July 2

Key Park: July 9 & Aug. 13

Dewey Park: July 16

Nine Mile Connector Park: July 30

Tyler Park: Aug. 6

MOBILE RECREATION AT THE FARMERS MARKET

Thursdays, 9 am to 2 pm, Community Center Grounds

July 11, July 18, Aug. 8 & Aug. 22

YOUTH INTRO TO ART CLASSES

Ages: 5-7 | 5:30-6:30pm | Room C

Ages: 8-12 | 7pm -8pm | Room C

\$40 Resident per class/\$45 Non-Resident per class

Monday, Sept 23 - Introduction to the Color Wheel. Students will learn basic painting art concepts including primary and secondary colors as well as blending colors. All supplies are included.

Monday Oct 7 - Introduction to Watercolor Painting. Students will learn basic watercolor painting techniques. All supplies are included.

Monday Oct 21 - Introduction to Acrylic Painting. Students will learn basic acrylic painting techniques. All supplies are included.

SUMMER CONCERT SERIES

Wednesday's from July 10 through Aug. 14

7-8:30 pm | David H. Shepherd Park Near Shelter 1

Sponsored by: Huntington Bank & 1-800 Self Storage

The Summer Concert Series will be "the destination place" for Oak Park and its surrounding residents! Fantastic music from some of the most loved musicians in the Metro Detroit area and beyond will be featured throughout the summer. Music to soothe you, get your toes tapping and your feet up and dancing. Bring your lawn chair, blanket, friends and family for evenings that will be filled with music ranging from Blues, Jazz, R&B, Top 40, Reggae and more! Food vendors will be on site to purchase food making your Wednesday evening stress free. Visit www.oakparkmi.gov and click on the Summer Concert tab for a complete listing of performers.

CONCERT SERIES LINE UP:

July 10: Kimmie Horne

July 27: The Couriers

July 24: Roots Vibration

July 31: Valerie Barrymore & The Foundation of Funk

August 7: Bobby Murray featuring Tosha Owens and Lenny Watkins

August 14: Sound Proof

OAK PARK & BARK DOG PARK

NOW OPEN TO RESIDENTS & NON-RESIDENTS!

21950 Scotia Rd, Oak Park, MI, 48237

\$40 Residents/\$65 Non-Residents, \$10 per extra dog

Oak Park & Bark is open to residents & now non-residents! Whether your four-legged companion is making new friends or simply enjoying some off-leash freedom, there's something for every tail to wag about! With plenty of land to let your pup run free, Oak Park & Bark is sure to provide plenty of exercise for your furry friend.

DOG DAY AFTERNOON

Sunday, July 21 from 12 to 3 p.m., Oak Park & Bark Dog Park

Dog Day Afternoon will host activities to include pet adoption, obedience training, and lure coursing. Interested in becoming an Oak Park & Bark member? Try the dog park before becoming a member at Dog Day Afternoon! If you are not currently a member of Oak Park & Bark, please bring copies of vaccination records, proof of spay/neuter and dog license before entering the dog park. For more information call 248-691-7555.

POP UP EVENTS

ADVENTURE IN YOUR BACKYARD

Sunday, July 28, 1-3 pm, David H. Shepherd Park, FREE

Prepare for an Adventure in Your Backyard this summer by learning about the seven 'Leave No Trace' principles, and plants and animals to be aware of while exploring outside! Oakland County naturalist, Benjamin Prowse, will also bring a live animal for a meet-and-greet (weather dependent). After, enjoy a sweet summer treat! Call Oak Park Recreation (248)-691-7555 to register!

Meet near Community Center at Concession Stand.

Look out for the Oak Park Recreation Tent!

AUTUMN NATURE SCAVENGER HUNT

Sunday, September 22 | 1-3 pm | David H. Shepherd Park | FREE

Join Oakland County Parks Naturalist Benjamin Prowse in an autumn scavenger hunt! As the leaves change and the air turns crisp, it's the perfect time to explore the beauty of nature all around us in Oak Park! This scavenger hunt is perfect for all ages and skill levels. Your mission? To seek out vibrant red maple leaves, elusive wildlife, whimsical mushrooms, and other seasonal delights hidden in David H. Shepherd Park. Cider and donuts provided after the scavenger hunt. Call Oak Park Recreation (248)-691-7555 to register!

Meet near Community Center at Concession Stand.

Look out for the Oak Park Recreation Tent!

SAVE THE DATE



TRUNK OR TREAT 2024

Mark your calendars for Saturday, Oct. 19 as we once again transform our 11 Mile Social District into our 3rd Annual Trunk or Treat! Last years event saw an increase in participants that decorated their vehicles to the delight of our little Trick or Treaters! Who had more fun? Those that signed up to decorate their cars, truck and trailers or the families that came out in force to enjoy the day in a safe, family fun atmosphere?

Please sign up to be a Trunk or Treater and decorate your vehicle. Sign up is free, we just ask that you provide 1000 pieces of candy for the little ones. Call the Recreation Office for more information and to register your car today.



OAK PARK FARMERS MARKET

NEW DAY! Thursdays from July 11 through Oct. 3 | 9 am -2 pm

NEW LOCATION! Oak Park Community Center Parking Lot & Grounds

The Oak Park Farmers Market enters its 7th year! This year the market will be in the Community Center Parking lot and grounds. The market celebrates and promotes small family Michigan farms, loaded with local produce, fresh vegetables, honey, eggs, berries and more! Our small businesses will feature baked goods, such as cakes, pies, cookies, with gluten free and vegan varieties now available. There will be breads, popcorn, mushrooms, soaps, shea butters, candles, cut flowers and more! A seating area for friends to reconnect while listening to music throughout the day while enjoying hot foods for a lunch option.

POWER OF PRODUCE PROGRAM

The Power of Produce program will once again be in full swing! There will be a Childrens program as well a separate Senior program. This year we will be focusing on all the "colors" of the garden. Activities will include: growing your own herbs and small vegetables at home, make and take activities, cooking demonstrations, nutrition education in a FUN way, and did we mention that when you turn in your "Homework" you earn \$3 in Power of Produce Bucks to spend at the market! This is a very popular program, with limited capacity of 65 participants per program. Sign up today to reserve your spot!

FREE STRENGTH STRETCH CLASSES & STORY TIME

There will be FREE Strength & Stretch classes provided by our Recreation Instructor, Rachel Eckert. No equipment necessary! Don't have a mat? We will provide you with one! "Story Time at the Market" also provided by our Oak Park Public Library.

Did you know that the Oak Park Farmers Market proudly accepts: SNAP (Michigan Bridge Card), Double Up Food Bucks (DUFb), Senior Project Fresh coupons, WIC Market Fresh coupons, Prescription for Health Coupons and of course almost every vendor accept credit cards and Cash is always King!

For up-to-date information visit the Oak Park city website www.oakparkmi.gov and click on the "Oak Park Farmers Market" tab. Here you will find a calendar of events for each market day!



CLASSES

BASIC HATHA YOGA

Thursday from 10:30 to 11:30 am

Ages 50 and up | \$32 Resident/\$37 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class provides a basic yoga foundation. Instruction is personalized around the unique needs of those enrolled. Don't forget to bring your own mat. Instructor: Bob Smith.

Course: HathaJuly2024 - July 18-Sept. 12 (no class Aug. 1)

Course: HathaSept2024 - Sept. 19-Nov. 14 (no class Oct. 31)

GENTLE CHAIR YOGA

Monday from 9 to 10 am

Ages 50 and up | \$29 Resident/\$34 Non-Resident | 8 weeks

There must be a minimum of five participants for this class to run. Gentle Chair Yoga provides gentle therapeutic yoga exercise while reducing stress on joints and muscles. Instructor: Rachel Ekert

Course: Gentle ChairJuly24 - July 22-Sept. 16

Course: Gentle ChairSept24 - Sept. 23-Nov. 11

TAI CHI FOR BEGINNERS

Tuesday, from 10 to 10:45 am

Ages 18 and up | \$84 Resident/\$89 Non-Resident | 12 weeks

This is the newly redesigned 12-week class to get all participants through the entire curriculum to transfer more quickly into the next level. The fee still works out to \$7/class. There must be a minimum of five participants for class to run. Learn the ancient Chinese system of exercise and movement meditation in an effort to develop flexibility and coordination, and to slow down the aging process. All experience levels are welcome! Instructor: Holly Malloy.

Course: TaiChiBegSept2024 - Sept. 3-Nov. 19

TAI CHI FOR RETURNING STUDENTS

Tuesday, from 11:30 am to 12:15 pm

Ages 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class utilizes the ancient Chinese system of exercise and movement meditation to develop flexibility and coordination while striving to improve the aging process. This class is for experienced students only. Instructor: Han Hoong Wang.

Course: TaiChiRetSept2024 - Sept. 3-Oct. 22

Course: TaiChiRetOct2024 - Oct. 29-Dec. 17

SENIORS IN MOTION

Tuesdays and Thursdays, 9 to 10 am

Ages: 50 and up | \$38 Resident/\$43 Non-Resident | 8 weeks

Raymond Defoe, the energetic guru of senior exercise will be providing these morning classes designed to energize your day! The class includes warm up, cool-down, low impact aerobics, strength and balance training and flexibility exercises. Each class maintains core fitness exercises that have proven to be effective in assisting participants to maintain and improve strength, balance, posture, flexibility and stamina. The SIM program allows instructors to be creative with their aerobic routines and provide modified exercises to match the participants' varying levels of ability. Instructor: Raymond DeFoe.

Course: SeniorsAug24 - Aug. 8-Oct 15 (no class 8/27 & 8/29)

STRETCH IT OUT

Tuesdays, 10:15 to 11 am

Ages 50 and up | \$35 Resident/\$40 Non-Resident | 8 weeks

Stretch It Out is a low impact, low intensity workout that will tone your muscles, increase your range of motion and flexibility, and help you relieve stress. While working through a series of stretching and toning exercises, participants will also develop breathing techniques to complement this resistance training workout. This class is for everyone who would like to improve their health by practicing intentional, yet simple, movement and balance, borrowed from several disciplines, including yoga, safe therapeutic movement, and beneficial stretching. Comfortable, unrestrictive clothing suggested.

Course: StretchJuly24 - July 23-Sept. 10

Course: StretchSept24 - Sept. 17-Nov. 5

YOGA IS FOR EVERY BODY

Mondays from 7:15 to 8:45 pm

Ages: 18 and up | Pricing Below

There must be a minimum of five participants for class to run. Yoga is for EVERY BODY! This course is designed to fit the needs of the beginner as well as the returning student. Emphasis is placed on stretching and strengthening the muscles, improving posture, breathing and deep relaxation. Reducing stress is an important benefit! Bring a mat and wear loose clothing. Instructor: Lyn Cottrill.

Course: YogaEveryBodySept2024 - Sept. 9-Oct. 21 (7 weeks)
\$49 Resident/\$54 Non-Resident

Course: YogaEveryBodyNov2024 - Nov. 11-Dec. 16 (6 weeks)
\$42 Resident/\$47 Non-Resident

ZUMBA GOLD (Evening Session)

Thursdays from 6 to 7 pm

\$48 Resident/\$55 Non-Resident | 8 weeks

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaGoldJuly2024 - July 11-Sept 5 (no class 8/1)

Course: ZumbaGoldSept2024 - Sept. 12-Nov.7 (no class 10/31)

ZUMBA FOR ALL

Tuesdays from 6 to 7 pm

\$40 Resident/\$45 Non-Resident | 8 weeks

Forget your working out and join a dance party atmosphere full of Latin and international music. Zumba combines high energy and motivating music to create a fun and energetic workout that is just infectious! Bring a towel, water, and yourself. Ditch the workout and join the party! Instructor: Alicia Jackson

Course: ZumbaJuly2024 - July 16-Sept. 17 (no class 7/30 & 8/6)

HUSTLE CLASS BEGINNERS

Wednesdays from 7:30 to 8:45 pm

\$40 Resident/\$45 Non-Resident | 8 weeks

This class is tailored for individuals with little to no experience in Hustle dancing. Participants will learn to combine two or three dance steps in a repeating sequence to the rhythm of music, completing at least three different hustle dances each class meeting. Instructor: Maurice Adams

Course: BegHustleAug2024 - Aug.14-Oct. 2

Course: BegHustleOct2024 - Oct. 9-Dec. 11 (no class 10/30 & 11/6)

HUSTLE CLASS INTERMEDIATE

Wednesdays from 6 to 7:30 pm

\$40 Resident/\$45 Non-Resident | 8 weeks

This class is designed for individuals with prior experience in Hustle dancing and a solid understanding of basic Hustle steps. Participants will focus on mastering the coordination of 5-8 different dance steps in a repeating sequence, set to popular music styles such as a rhythm and blues, jazz, country and music featuring elements of mild rap. Instructor: Maurice Adams

Course: IntermedHustleAug2024 - Aug.14-Oct. 2

Course: IntermedHustleOct2024 - Oct. 9-Dec. 11
(no class 10/30 & 11/6)



MIDDLE EASTERN BELLY DANCE

Wednesdays from 6 to 7 pm

\$75 Resident/\$80 Non-Resident | Ages: 20 and Up | 8 weeks

There must be a minimum of five participants for class to run. This class attracts participants of all shapes and sizes who come dressed in comfortable clothing to learn the art of belly dance. Express yourself through dance and learn fun ways to maintain health. Enjoy the physical and personal benefits of belly dancing - abdominal toning, leg strengthening, self-esteem, and an essence of sensuality. No experience necessary. Instructor: Dee Watkins

Course: BellyJuly24 - July 3-Sept.4 (no class 7/31 & 8/7)

Course: BellySept24 - Sept.11-Nov.13 (no class 10/30 & 11/6)

BALLROOM DANCE BEGINNERS

Fridays from 6 to 7:15 pm

\$40 Resident/\$45 Non-Resident | 8 weeks

Join us and learn Detroit Style Ballroom dance. Detroit style ballroom is a partner dance where the cha cha is the basic step. It's not the formal traditional ballroom dance like the waltz and Foxtrot. You'll find the dance easy and lots of fun. This style of dance originated over 60 years ago and is still popular, not only in Detroit, but around the country. You'll not only learn new dance steps but you'll get your steps in for getting in shape. Imagine the next social event that you attend and you're able to showcase your ballroom moves on the floor. Bring your partner or come alone. Yes, even YOU can learn to dance. Instructor: Maurice Adams

Course: BallroomBegJuly2024 - July 5-Sept. 6 (no class 7/26 & 8/2)

Course: BallroomBegSept2024 - Sept. 13-Nov.15 (no class 10/25 & 11/1)

BALLROOM DANCE ADVANCED

Fridays, 7:30 to 9 pm

\$45 Resident/\$50 Non-Resident | 8 weeks

The pre-requisite for this class is that you have taken the Beginner Ballroom Classics, or you are familiar with the basic Detroit Style Ballroom beginner steps. This class builds from where the beginner class left off with more sophisticated combinations of dance moves. Bring your partner or come without a partner. Instructor: Maurice Adams

Course: BallroomBegJuly2024 - July 5-Sept. 6 (no class 7/26 & 8/2)

Course: BallroomBegSept2024 - Sept. 13-Nov.15 (no class 10/25 & 11/1)

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THANK YOU

The Recreation Department would like to thank our gracious sponsors that made our 4th of July Celebration Event 2024 such a HUGE success! Their support and participation is deeply appreciated, and without their financial support family events like this one would not be possible. Please stop in and say "Thank you" to our sponsors the next time you are in the area:

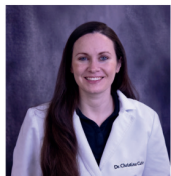
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Our Volunteers were instrumental in assisting in making this a fun filled and safe environment for all to participate in. Our THANKS goes out to: Oak Park Baptist Church.

The Oak Park Farmers Market Raised Bed The Oak Park Farmers Market Raised Bed Gardens, Thank you to Ghaida Havern from MSUE for assisting in writing the grant for our raised bed gardens for the farmers markets educational project. Thanks also go out to Dr. Tamara Jefferson and Joyful Tot's Childcare for being a staunch supporter of the education components of the Oak Park Farmers Market. We are grateful for their sponsorship of funds for the purchase of books, educational materials, plants and more.

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