

Oak Park

City Magazine and Recreation Program Guide - Spring 2024

**City Magazine and
Recreation Program Guide**

Summer 2024: One to Remember

Oak Park is Barking... And the Pooches are Jumping for Joy!

Library & Recreation Programs





Message From City Manager Erik Tungate

It's been about five months since Oak Park voters approved two funding requests to allow the Elevate Oak Park Project to move forward, and let me just say, the project is pushing ahead at rapid speed!

In January, the City Council approved the Architectural / Engineering Design Services contract with Neumann Smith Architecture for the Event Hub and Municipal Services Buildout for the total not-to-exceed price of \$397,525. This contract allows firm Neumann Smith Architecture to create designs and provide professional engineering services for the design and construction of a 5,000 square foot Event Hub, an adjacent bandshell, open area for community gathering, as well as a memorial garden to honor the residents of the City of Oak Park.

Requests for Proposals for design and professional engineering services were sent to various firms in late 2023 and seven proposals were returned to the City of Oak Park. The City's selection team reviewed these proposals with the following criteria in mind: prior experience, proposed project schedule, fees and the makeup of the project team. Neumann Smith Architecture not only met the criteria, but exceeded expectations.

Neumann Smith Architecture has an extensive project list, especially as it relates to community centers, recreational facilities and farmers markets. Some notable projects include the 1,000 square foot event space at the Detroit Riverfront Conservancy's Robert C. Valverde Park, the renovation for the City of Royal Oak Farmers Market and the Macomb Township Community Recreation Center.

In February, the City Council approved Dickinson Wright as the law firm to serve as its bond and related disclosure counsel for the issuing of bond that voters approved in 2023. The issuing of bonds will be another

important step in the progress of the Elevate Oak Park Project as they are necessary to fund the design and construction of the City's future community center.

Just recently, at a March City Council meeting, Council approved a Contract Manager for the Event Hub project, which allows the City to understand the true costs of building the Event Hub and utilize an economies to scale approach in the construction phase of the project.

As we work hard to improve the quality of life for our residents here in Oak Park it is important to remember that this work is a direct reflection of what you, the residents of Oak Park, wanted for our wonderful community and the investment you were willing to make to see your dreams become a reality. There was clear support for the 2.4033 mill Headlee Override Proposal, which now allows us to fund improvements in our neighborhood parks and increase recreation operating costs related to the new community center. Voters also were clear that a new community center was a priority of theirs, as could be seen by the passage of the General Obligation Bond Proposal. With that approval the City is now ready to borrow a principal amount not to exceed \$44 million to build the community center you told us you want!

I am eager to see the momentum of the Elevate Oak Park Project as we continue to tackle more and more steps in the process. I am also eager to see your reaction as we unveil some exciting news related to the Event Hub at the June 6 State of the City Address. I promise this is an event you won't want to miss!

Sincerely,

Erik Tungate, Oak Park City Manager

CITY OF OAK PARK

MAYOR
Marian McClellan

MAYOR PRO TEM
Carolyn Burns

COUNCIL MEMBERS
Solomon Radner
Julie Edgar
Shaun Whitehead

CITY MANAGER
Erik Tungate

CITY OF OAK PARK
14000 Oak Park Blvd.
Oak Park, MI 48237
(248) 691-7400
www.OakParkMI.gov

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Department of
Communications and
Public Information
(248) 691-7504
cflynn@oakparkmi.gov

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Summer 2024: One to Remember

With countless Oak Park traditions amplified for 2024 we're certain this will be a summer to remember! Pull out your calendar now and save the following dates so you don't miss an ounce of fun.



- The real summer kickoff for 2024 is our **STATE OF THE CITY ADDRESS**, which will take place on **June 6** in the **Community Center**. City Manager Erik Tungate and Mayor Marian McClellan will provide updates on City operations, review our recent successes and tease what's in store for the City in the year(s) to come (did we hear whispers about an Event Hub update)! Save the date now, because we can promise you there will be news you don't want to miss!
- A few short days later, **SUMMER BLAST** returns to the City of Oak Park for its third year! This well-loved community fair will be stationed outside the **Oak Park Community Center grounds** from **June 14-16**! The highlight of this event for many are the carnival rides, and don't worry, Skerbeck Family Amusements carnival will be returning with the fan favorites (yes, that means the Ferris wheel)! The City is proud that Summer Blast is a community focused event, so bring your kids, grandkids, neighbors, cousins and whoever is

looking to create a newfound tradition! **Admission is \$5 Friday and Saturday, and for those looking to enjoy ride-after-ride-after-ride daily armbands are \$20 per day on Friday and Sunday and \$25 for all day Saturday.**

- The City's annual **JUNETEENTH** event is returning this year, with even more opportunities for the public to celebrate Juneteenth and understand its history. On **Wednesday, June 19** the annual Juneteenth Celebration will be held on the **City's Municipal grounds** and will feature music, dancing, speeches and special presentations. During these celebrations there will also be a **BLACK HISTORY MOBILE MUSEUM** that will be housed in the **Oak Park Public Library** from **4-7 pm**. A one mile walk in honor of Juneteenth will also be held. To view the detailed list of events for the Juneteenth Celebration visit bit.ly/OPJuneteenth.

- Another Oak Park summer staple? Our **FOURTH OF JULY CELEBRATION**, of course! With the Juneteenth one mile walk serving as preparation, we expect you to be ready for the **Mayor's 5K RUN/WALK**, which will begin at 8 am. Following the race is the **Oak Park Youth Assistance Pancake Breakfast** from **9-11 am** in **Shelter 1 at Shepherd Park**. This is the place to carb load before heading to the parade route! The **Independence Day Parade** kicks off at **11 am**, beginning at Coolidge Highway and Nine Mile Road and ending at Shepherd Park.
- Following the parade is **FUN FEST**, which happens in **David Shepherd Park** between **11 am and 3 pm**. This is a family-friendly event with live music, inflatables, a petting zoo, pony rides and more.

Mark your calendars now to create ore memories with this longstanding Oak Park tradition!



More Fun to Come This Summer

Oak Park Farmers Market

New Day: Thursdays, July 11-Oct. 3 from 9 am to 2 pm

New Location: Oak Park Community Center Parking Lot & Grounds

Old habits die hard, which is why we want to give you plenty of notice to plan ahead for the new day and location! The Farmers Market season will kickoff on Thursday, July 11 this year. Even though the day and location of the Farmers Market has changed, the beloved vendors will be back and we promise there will be even more goodies to find than before. We are committed to celebrating and supporting small family farms and look forward to offering that support with you by our side!



Oak Park Summer Concert Series

New Day: Wednesdays, July 10-Aug. 14 from 7 to 8:30 pm

Same Location: David H. Shepherd Park near Shelter 1

Wednesday evening just became date night in Oak Park! Relax on the lawn in David H. Shepherd Park and listen to musicians play the Blues, Jazz, R&B, Top 40, Reggae and more! Bring your lawn chair, blanket, friends and family for memorable evenings in Oak Park's jewel park. Food vendors will be on site with food to purchase, making your Wednesday evening stress free. Visit www.oakparkmi.gov and click on the Summer Concert tab for a complete listing of performers.



Oak Park is Barking...

And the
pooches are
jumping for joy!

The City of Oak Park recently opened its first dog park, Oak Park & Bark, at Lessenger Park (21950 Scotia Rd.). This 1.64 acre dog park is divided into three sections, ensuring every dog has his or her place to play! The largest section of the three is 1.3 acres and

this area is dedicated for large dogs over 25 pounds, 0.18 acres is dedicated for dogs under 25 pounds and 0.16 acres is for yellow ribbon dogs with special needs (those with physical or emotional challenges).

The park opened late in the summer and celebrated its grand opening in mid-October, a party many were excited to celebrate!

Oak Park & Bark is the brainchild of the community as a whole, with the Oak Park Dog Park Sub-Committee leading the charge. This sub-committee was formed in 2020 with leaders from the City of Oak Park and residents, all geared toward bringing a safe space for Oak Park pooches to play and socialize.

Following the creation of the Oak Park Dog Park Sub-Committee members visited area dog parks and reviewed their policies and procedures to ensure Oak Park was offering the best to its residents and canine friends.

While the sub-committee pushed forward with the dog park, another project to complement



the dog park was also happening. Oak Park Dog Park Sub-Committee member Mark Phillips partnered with artist Joey Salamon to paint a mural overlooking the dog park to honor his late son, Idan Phillips. Idan worked at the Animal Welfare Society and was known as a dog lover



and whisper. The dogs in the mural honor Idan's passion for dogs and the mural itself is also an ode to Idan's interest in art. Phillips said he chose Salamon as the muralist because of the impact his bright, bold and beautiful pieces of work have on him and others, and because of Salamon's Oak Park connection (he's a local resident!). Salamon has an art and design degree from Grand Valley State University and has done several murals throughout the country, including many locally.

With the completion of the mural and then all of the details of the dog park coming together shortly after, Oak Park & Bark opened to the community. The grand opening welcomed residents, dogs and organizations and businesses that support animal adoption and wellness. Oak Park & Bark is open seven days a week and is a prime example of a community coming together to create accessible and enjoyable spaces.



Are you an Oak Park resident and interested in utilizing Oak Park & Bark? Visit bit.ly/OakParkandBark to learn more about the application process. Please note, all dogs must have an up-to-date dog park license, be current with their vaccinations and proof of spay or neuter.

SAVE THE DATE

FOR A CITY OF OAK PARK

JUNETEENTH CELEBRATION



JUNE 19, 2024

OAK PARK MUNICIPAL GROUNDS
MUSIC, DANCING, SPEECHES,
SCHOLARSHIP AWARDS, ONE MILE WALK

OAK PARK PUBLIC LIBRARY
BLACK HISTORY 101 MOBILE MUSEM

[Bit.ly/OPJuneteenth](https://bit.ly/OPJuneteenth)



Park Partnerships Moving Forward

Partnerships and plans for Oak Park's parks are moving to new heights this year.

The City's partnership with Oakland County Parks began in 2022 with the goal to improve

David H. Shepherd Park, while still maintaining its history and character. Since then, the City and Oakland County have entered into an agreement that will allow Oakland County to operate a portion of David Shepherd Park, while providing a minimum of a \$1.5 million in investment for trail improvements, updated pavilions and restrooms and a new accessible nature playground. This northern 17 acres of David H. Shepherd Park that will be operated by Oakland County Parks will be identified as "Oak Park Woods at Shepherd Park." But, overall, David Shepherd Park will remain known as it has been for years. Furthermore, key historical aspects of the City's largest park will remain as well.

"The train will remain," City Manager Erik Tungate said at last year's State of the City, and that statement remains true today.

As this partnership moves forward, the official operation of Oak Park Woods at David. H Shepherd Park by Oakland County Parks will commence on July 1. Additionally, citizen

engagement opportunities regarding the design of the improvements Oakland County Parks will be providing will be held in summer of 2024, with the final design set to be announced in fall of 2024 and construction to begin in 2025. Initial construction will be on the first phase of improvements, which will be focused on Pavilion 1 and the play area.

The City is also strengthening its relationship with the Berkley School District to allow for improvements to Tyler Park. With Tyler Park sitting adjacent the Tyndall Center and the fact that both the City and the District are planning improvements for those recreational spaces, the two entities are working on creating a partnership that will best serve the community, financially and recreationally.

At the March 4, 2024 City Council meeting, the City Council approved a resolution to support negotiating an interlocal agreement with the Berkley School District for improvements to Tyler Park. This resolution will allow for the next steps in the partnership to take place.

The City continues to be excited about these partnership and is eager to see how its parks and recreation amenities in this area will improve in the years to come.

Best Friends Child Care



Building Early Childhood Foundations That Last a Lifetime!

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8430 W. 9 Mile
Oak Park, MI 48237



Enrollment Information



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We Accept
DHS

Contact us Today for
a Scheduled tour!

Oak Park Public Library

CONTACT US!

(248) 691-7480

reference@oakparkmi.gov

HOURS:

Monday-Thursday 10 am to 8 pm

Friday 10 am to 5 pm

Saturday Closed, Sunday 1 to 5 pm

Kimberly Schaaf, Director

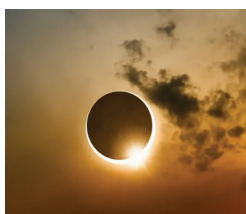
 @ Oak Park Library

 @ oakparkmilibrary

EVENTS FOR EVERYONE

ECLIPSE WATCH PARTY

Monday, April 8 | 2:30-3:30pm | All ages



It's solar eclipse time! Bring a blanket or camp chair and join us to socialize and snack while watching the moon obscure the sun. In Oak Park, we will see a peak of 98% of the sun eclipsed by the moon at 3:14pm. Eclipse glasses will be available at this program while supplies last. **Registration required. One registration per family.**

GRAB & GO KIT: Wildflower Seed Balls

Pick up starting Wednesday, April 17 | All ages

This kit has everything you need to make a dozen native wildflower seed balls, including instructions on when and where to use them responsibly. Help provide the best sources of nectar and pollen for our native pollinators and have fun while you do it! While supplies last. *This program is offered in partnership with the Oak Park Recycling and Environmental Conservation Commission.*

GRAB & GO KIT: Recycled Bird Feeder & Bee Hotel

Pick up starting Wednesday, April 24 | All ages



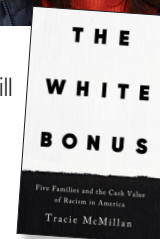
We're continuing to support our native pollinators with this kit! Use recycled materials to make a feeder for our bird friends and a hotel for bees! We'll provide most of the supplies you'll need – you provide a gallon milk jug and a pop/juice bottle. While supplies last. *This program is offered in partnership with the Oak Park Recycling and Environmental Conservation Commission.*

EVENING WITH NEW YORK TIMES BESTSELLING AUTHOR TRACIE MCMILLAN!

*The White Bonus: Five Families
and the Cash Value of Racism in America*

Thursday, May 9 | 6pm | Oak Park City Hall

"Do white Americans believe that racism is worth what it costs all of us?" This unflinching book from award-winning investigative reporter Tracie McMillan examines what white privilege delivers—in dollars and cents—not only to white people of wealth but also to white people from the poor to the middle class. You won't want to miss this important discussion which will include Oak Park and Ferndale connections! **Registration required.** *This event is brought to you by Oak Park Public Library in partnership with Book Beat, who will be selling copies of McMillan's new book at this event.*



OAK PARK BOOK CLUB

Our growing group of readers meet in-person on the first Wednesday of each month at 6 pm. Copies of each book are available at the circulation desk one month before we meet.

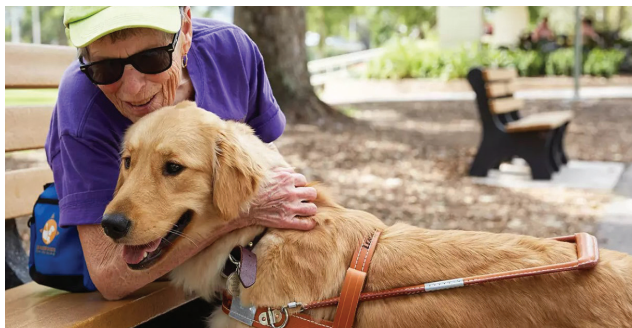
Upcoming Selections:

April 3: *Tyranny of Merit: What's Become of the Common Good?*
by Michael Sandel

May 1: *Leave the World Behind* by Rumaan Alam

June 5: *The Perfume Thief* by Timothy Schaffert

August 7: *Demon Copperhead* by Barbara Kingsolver



LEADER DOGS FOR THE BLIND: Learn How Puppies Are Trained! Wednesday, June 5 | 6:30 pm | Recreation Room B

Ever wondered what goes into the training of Leader Dogs for the Blind? Founded in 1939 in Rochester Hills, Leader Dogs for the Blind provides training and services to those in the blind and deaf / blind community, including placing up to 200 specially trained Leader Dogs each year with clients in need. Veteran puppy raiser Sherrill Platt, with her puppy in training, will talk about the history of the organization and the training process from puppy to Leader Dog. You will also have the opportunity to meet other volunteer puppy raisers and puppies in training! **Registration required.**



SUMMER READING KICKOFF: Adventure Begins... with Bugs! Sunday, June 9 | 2-4 pm | All ages

Your summer adventure begins with entomology as we welcome Bugs on Wheels to the library! Stop by to pick up your summer reading supplies, observe a variety of bugs in their enclosures, ask questions, and learn interesting facts! Feeling adventurous? Take advantage of the opportunity to touch or hold some of these unique insects! **No registration required.** *This program is sponsored by the Friends of the Oak Park Library.*

CELEBRATE JUNETEENTH!

Black History 101 Mobile Museum Exhibit

Wednesday, June 19 | 4-7 pm | Oak Park Public Library
Keynote Discussion by Curator Dr. Khalid el-Hakim | 6 pm

As the nation's premiere Black history traveling exhibit, the Black History 101 Mobile Museum has exhibited in 40 states, at over 500 institutions including colleges and universities, K-12 schools, corporations, libraries, conferences, and cultural events, making it the most sought-after exhibit of its kind in the country. Founder Dr. El-Hakim has worked for over 20 years in the hip-hop industry as a manager or agent for artists such as The Last Poets, Proof of D12, Jessica Care Moore, and Professor Griff of Public Enemy. Dr. el-Hakim also taught middle school social studies in Detroit for 15 years and recently founded the Michigan Hip Hop Archive which was featured on the campus of Western Michigan University. He received his Ph.D. from the University of Illinois. **Registration recommended.**



INFLATABLE ADVENTURES – OUTDOOR EVENT!

Sunday, June 30 | 2-4 pm

All ages | FREE

Located in the grassy area between OPPL and City Hall.

Get ready for a fast-paced competitive adventure! Adults and kids 8+ can challenge an opponent to run, jump, and crawl their way through an obstacle course. Who will finish first? Kids 7 and under will have fun racing friends down the pirate ship slide. Stop by with friends or bring the whole family to this free drop-in program. *You must wear socks to use the inflatables.* **No registration required.**

ADVENTURES IN OUTDOOR GAMING

Sunday, July 14 | 2-4 pm

All ages | FREE

Located in the grassy area between the OPPL and City Hall.

Bring friends or the whole family and join us for this game extravaganza! Kids and adults are invited to play cornhole and enjoy jumbo yard games like Jenga, Connect 4, Yardzee, or checkers. For more unusual games, try your hand at inflatable mini curling or soccer billiards. Our littlest patrons (under 100 lbs) will have fun with the inflatable slide, mini maze, and bounce house. This is a free drop-in program. *You must wear socks to use the inflatables.* **No registration required.**

EVENTS FOR CHILDREN

TODDLER STORYTIME

Ages 0-3

Thursdays

10:15 am

Storytime includes books, songs, rhymes, and movement to encourage language development and build early literacy skills. Pick up a monthly early literacy calendar at the library. **No registration required.**

Spring session: April 11-May 30

Summer session: June 13-Aug. 1

SING. SAY. POINT. PLAY.

Fridays in April & May

10-11 am

Ages 0-3

This 7-week play group starts Friday, April 12. Caregivers, discover your superpower to help your child learn to talk and read! In this program you will play with your child, learn new ways to support your child's learning, connect with other parents, and see how your child makes new friends. We will meet on April 12, 19, 26 and May 3, 17, 24, 31. **Registration required.** One registration signs you up for all 7 weeks.

GUERRILLA GARDENING

Sunday, April 14

2-3:30 pm

Families with kids ages 7+.

Join us for a fun read aloud about how gardening helps birds, bugs, and humans. Then make native wildflower seed balls to take home!

Registration required. One registration per family. *This program is offered in partnership with the Oak Park Recycling and Environmental Conservation Commission.*

OPPL CELEBRATES EARTH DAY!**Tuesday, April 23 | 6-6:45 pm****Families with kids ages 4-8**

Join us for an Earth Day read aloud and learn about recycling with some fun trivia. We'll talk about things we can do to support local pollinators and you'll leave with supplies to make a recycled bird feeder and a bee hotel for your backyard! *This program is offered in partnership with the Oak Park Recycling and Environmental Conservation Commission.*

Registration required. One registration per family.**PJ STORYTIMES: AGES 0-5****Thursday, April 25: 6:30-7 pm****Thursday, May 16: 6:30-7 pm**

Join us for an evening of reading, rhyming, and singing fun! Pajamas optional. **Registration required. One registration per family.**

PAGES IN THE PARK

Ages 0-5. Join us for some outdoor fun! We're partnering with our friends at Southfield and Huntington Woods Public Libraries to bring storytimes to local neighborhoods. Attend one (or all) then stay and play in the park! **No registration required.**

Tuesday, June 25 at 10:30 am — Victoria Park in Oak Park**Thursday, June 27 at 6:30 pm — Peasley Park in Huntington Woods****Tuesday, July 16 at 10:30 am — Peasley Park in Huntington Woods****Tuesday, July 23 at 10:30 am — Best Park in Oak Park**

EVENTS FOR ADULTS

SMART PHONE ASSISTANCE CLASSES**iPhone Basics: Tuesday, April 2 | 6-7:30 pm****Android Basics: Tuesday, April 16 | 6-7:30 pm**

These helpful classes are dedicated to helping you use your smart phone! Whether you're new to smart phones or just want to brush up on your skills, these classes are for you! Bring your phone and any questions you have. There will be time for Q&A after each class.

Registration required.**EVENING WITH JIM NASH****Oakland County Water Resource Commissioner****Tuesday, May 14 | 6:30 pm**

Water infrastructure affects each of us. Commissioner Jim Nash will be in Oak Park during Infrastructure Week to share the purpose and scope of the Oakland County Water Resources Department, and how it differs from City of Oak Park water and sewer infrastructure. Commissioner Nash will also discuss the large-scale I-75 drainage project, home water issues such as basement water back-ups, and water maintenance grants currently available in Oakland County. Bring your questions! **Registration required.**



WRC
WATER RESOURCES COMMISSIONER
Jim Nash

VAPE 101

KNOW THE RISKS

TRAINING OPPORTUNITY

OAKLAND
COUNTY MICHIGAN
HEALTH DIVISION
DAVID COULTER
OAKLAND COUNTY EXECUTIVE

**VAPING 101****with Oakland County Health Division****Tuesday, May 21 | 6:30 pm**

E-cigarette or vape use among teens is increasing at an alarming rate and poses serious health risks. Vapes are the most commonly used tobacco product among middle and high school students, and are also used to deliver other drugs, including marijuana. You'll learn about e-cigarettes, their health risks, and resources for effective student guidance. Includes time for questions. OCHD offers this course **FREE** to the community with a focus on adults. **Registration required.**

BASIC COMPUTER SKILLS INSTRUCTION BY APPOINTMENT**Limited to Oak Park residents | 30 min sessions**

Our basic computer skills sessions provide personalized instruction tailored to your needs. Our knowledgeable instructor will guide you through the basics of computer usage, including navigating the internet, using email, and utilizing various software applications. Whether you are a beginner or just looking to enhance your current skill set, our class is designed to meet your individual goals and improve your overall computer proficiency. Call the library and take the first step towards mastering essential computer skills. **Registration required. Call 248-691-7480, ext. 3.**

1-ON-1 TECHNOLOGY ASSISTANCE BY APPOINTMENT**30 mins sessions**

Looking for help with your smartphone or tablet? Make an appointment where you'll learn the basics of setting up and navigating your device, utilizing useful apps and features, and troubleshooting common issues. Our experienced staff will guide you step-by-step and provide personalized support to ensure you feel confident using your device. Don't miss out on this opportunity to enhance your digital skills and make the most out of your device! **Call 248-691-7480, ext. 3 to make an appointment.**

Donations & Sponsorships

- Friends of the Oak Park Library
- Oak Park Recycling and Environmental Conservation Commission

If you'd like to support the library, please call our director at 248-691-7480.

RECREATION DEPARTMENT
CITY OF OAK PARK
14300 Oak Park Blvd.
Oak Park, MI 48237
(248) 691-7555
www.OakParkMI.gov

LAURIE STASIAK
Director, Recreation Department
(248) 691-7576
lstasiak@oakparkmi.gov

MARALEE ROSEMOND
Recreation Coordinator
(248) 691-2357
mrosemond@oakparkmi.gov

JES ALGER
Recreation Coordinator
(248) 691-7562
jalger@oakparkmi.gov

ERIN FOLEY
Recreation Intern
(248) 691-2347
efoley@oakparkmi.gov

TRACY EATON
Administrative Clerk
(248) 691-2358
teaton@oakparkmi.gov

LOGAN DISABATINO
Recreation Assistant
(248) 691-7462
ldisabatino@oakparkmi.gov

Hours:
Monday-Thursday
9 am-1 pm and 2-5 pm
Every Other Friday
8 am-4 pm

THE MISSION OF THE RECREATION
DEPARTMENT IS TO ENRICH THE QUALITY OF
LIFE FOR OUR DIVERSE COMMUNITY WHILE
ESTABLISHING A HIGH STANDARD OF
EXCELLENCE IN OUR PROGRAMS,
ACTIVITIES, PARKS AND SERVICES.

FOLLOW US ON:



@CityOfOakPark

PAYMENT METHODS

We accept checks or money orders
made payable to the City of Oak Park,
cash paid in-person, and the
following credit cards:

American Express®, Discover®,
MasterCard®, or Visa®



OAK PARK RECREATION

4 Ways to Register for Recreation Programs

ONLINE REGISTRATION

Register online for activities by clicking on the "Click Here to Register" button on the Recreation Department's page of the City's website, at www.OakParkMI.gov. Or, go directly to the online registration page at <http://bitly.com/OPRegisterOnline>.

When registering online, follow these easy steps:

1. Visit <http://bitly.com/OPRegisterOnline>.
2. Enter the required information to generate your customer identification and password.
3. Click on the activities you want to register for.
4. Pay with a credit card, print your receipt, and receive an instant email confirmation of your purchase.

MAIL-IN REGISTRATION

A mail-in registration is available for most activities, except when athletic contracts are required for registration. For athletic contracts, register in person. To register via mail:

1. Complete the Recreation Registration Form, see form on adjacent page.
2. Include check or money order payable to the City of Oak Park. Do not include cash or credit card numbers.
3. When a birth certificate is required for registration, a copy of the birth certificate can be mailed or the original can be delivered in-person to the Recreation Department.

IN-PERSON REGISTRATION

Register in-person during regularly scheduled business hours. The Recreation Department is located in the City's Community Center at **14300 Oak Park Blvd., Oak Park.**

Office Hours: Monday - Thursday, 9 am to 5 pm (Closed 1 to 2 pm)

Open every other Friday, 8 am to 4 pm: Apr. 12, 26, May 10, 24 and June 7, 21

Closed: May 27

BY PHONE

Register by phone with a credit card (American Express®, Visa®, MasterCard® or Discover®) by calling (248) 691-7555.

Classes are filled on a first-come, first-serve basis. Register early! Refund policies apply.



MARTIAL ARTS

GO-TI YOUTH MARTIAL ARTS

Tuesday and Thursday, 7:15 to 8:30 pm

\$65 Resident/\$70 Non-Resident | 8 weeks

Ages: 8-13 | Community Center

GO-TI Youth Karate is a class specifically designed for beginner through intermediate skill levels. It enhances a child's focus, memory, teamwork skills, discipline, self-control, fitness, balance, and coordination. All of this is achieved through exciting and fun games and activities. Students should dress in gym attire. Participants will be assessed on their overall skills on the first day of class. A responsible adult must remain in attendance during class. Instructor: Grand Master Dereke Batten.

Session 3: May 21 – July 16

YOUTH BASEBALL

Registration is open, ends Apr. 26

Practice begins the week of May 13

Games run from June 15-Aug. 2

Games played on weeknights and Saturdays

Oak Park teams will participate in the Tri City Alliance Baseball League, competing with teams from Ferndale and Hazel Park. This is a co-ed baseball league. Participants are provided with jerseys and ball caps. Teams will be provided bats, balls, and batting helmets. Coaches are responsible for choosing practice times and locations. Practices are in Oak Park. Games are in Ferndale and Hazel Park.

T-BALL 5/6

Fee: \$45 Resident/\$50 Non-Resident

Age: 5-6

COACH PITCH 7/8

Fee: \$45 Resident/\$50 Non-Resident

Age: 7-8

PONY 9/10

Fee: \$55 Resident/\$60 Non-Resident

Age: 9-10

MINOR 11/12

Fee: \$55 Resident/\$60 Non-Resident

Age: 11-12

MAJOR 13/14

Fee: \$65 Resident/\$70 Non-Resident

Age: 11-12



Make a Difference in the Lives of Our Youth

BECOME A VOLUNTEER COACH

Are you interested in making a difference in the lives of the youth of our community? Become a volunteer coach! Even if you are not an expert in the sport, we need more positive role models in the lives of our youth to help them develop into well-rounded individuals. Volunteer coaches must complete a volunteer application, pass a background check and complete concussion training. For more information contact Jes Alger at jalger@oakparkmi.gov or call the Recreation Office (248) 691-7555.

BECOME A SPONSOR

Interested in sponsoring a team? Donate money to your favorite youth sport and get your logo on the back of each player's jersey. Contact our office at (248) 691-7555.

BASEBALL

PRESCHOOL BASEBALL CLINIC

Mondays, June 17 to July 22 | 6 to 7pm

Ages: 3-5 | Fee: \$36 Resident/\$41 Non-Resident

This non-competitive baseball clinic will focus on teaching children skills teaching throwing, catching, batting, running and agility.

YOUTH SOCCER

Week of Sept. 7 to Week of Oct. 26 | Saturdays | 9 weeks

Registration Begins: June 3 | Registration Ends: Aug. 2

Games are Saturdays and some week nights

Oak Park will participate in the Quad-City Alliance Soccer League. They compete with teams from Ferndale, Hazel Park and Pleasant Ridge. This is a co-ed soccer league. Participants are provided with jersey, shorts, and soccer socks. Shin guards are not provided but must be worn at all games and practices. Practices are in Oak Park. Games are played in Ferndale.

U4 SOCCER

Fee: \$40 Resident/\$45 Non-Resident

U6 SOCCER

Fee: \$55 Resident/\$60 Non-Resident

U8 SOCCER

Fee: \$60 Resident/\$65 Non-Resident

U10 SOCCER

Fee: \$65 Resident/\$70 Non-Resident

U12 SOCCER

Fee: \$65 Resident/\$70 Non-Resident



PRESCHOOL SOCCER CLINIC

Sept. 9 to Oct. 14 | Mondays, 6 to 7 pm | Ages 3-5

\$36 Resident/\$41 Non-Resident | 6 weeks | Community Center

This non-competitive soccer clinic will focus on teaching children skills in dribbling, passing, toe taps and defense.

PARENT-TOT PLAYTIME

Wednesdays, 9 to 11 am | Community Center

\$2 per child resident/ \$4 per child Non-Resident

Weekly, ends May 22, closed when OP Schools are closed

Open play for children ages 0-5 years old along with their parents/caregivers. This is a drop-in style play time. No pre-registration required. Parents/caregivers must remain with and supervise their child(ren) at all times.

ADULT LEAGUES

SUMMER ADULT KICKBALL

Fridays, May 31-Aug. 9 (no games June 14)

6 to 10 p.m.

Ages 18+

Registration open now, ends May 10

David Shepherd Park

Fee: \$350 + \$50 Refundable Team Forfeit Fee

The Oak Park adult co-ed kickball league is an organized, great way to stay active and have fun! Teams are provided shirts, scorebooks, and two regulation kickballs. Teams pay a \$15 umpire fee at each game in addition to the league fee. The league plays 14 games plus playoffs. For more information, please contact the Recreation Office at (248) 691-7555.

MEN'S SOFTBALL

Mondays, May 6-July 15 (no games May 27)

Ages 18+

Registration open now, ends April 19

David Shepherd Park

Fee: \$450 + \$50 Refundable Team Forfeit Fee

The Oak Park Men's Spring League features a doubleheader 14-game season with a single game elimination tournament at the conclusion of season. Teams must pay a \$15 umpire fee at each game in addition to the league fee. For more information, please contact the Recreation Office at (248) 691-7555.

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Chromecast

NIAGARA FALLS



THEATRE

Please stop by the Recreation Department or visit the Recreation page on the city website under "Theatre," for the most up to date information. Must be a member of the 50 Up Club.

LUNCH TRIPS

The Recreation Department will be planning monthly lunch trips as soon as possible. Our group loves to get out and about and to experience different restaurants and culinary opportunities. Stop by the recreation lobby for details as they arise.



EXTENDED TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of extended trips. These trips require us to book well in advance. As tours become available, we will add the information in the lobby of the Community Center. Full details available in the Recreation Department lobby! Contact (248) 691-7555 for more details.



NIAGARA FALLS GETAWAY

Passport, Passport Card, or Enhanced Driver's License Required.
Tuesday, Aug. 13 to Thursday, Aug. 15 (3 Days/2 Nights)
\$695 per person / Double Occupancy

SMOKY MOUNTAINS

Featuring Pigeon Forge & Gatlinburg Tennessee.
The highlights of this trip are too many to list!
Stop in the lobby of the Community Center for complete details.
Monday, Oct. 21 to Thursday, Oct. 24 (4 days/3 nights)
\$1,059 per person / double occupancy

NEW YORK HOLIDAY

The highlights of this trip are too many to list!
Stop in the lobby of the Community Center for complete details.
Tuesday, Dec. 3 to Saturday, Dec. 7 (5 days/4 nights)
\$2,225 per person / double occupancy

DAY TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of day trips. These trips require us to book well in advance. We are currently booking for Summer and Fall tours. As these and more trips come in we will post the full details in the lobby of the Recreation Department. Contact (248) 691-7555.



DETROIT HERITAGE

Thursday June 20 from 8:45 am to 4 pm | \$122

A full day packed with: Charles H. Wright Museum of African American History, Sinbad's Restaurant for lunch, Free Time on the Detroit River Walk, Diamond Jack's River Cruise.

OHIO WINE TOUR

Friday, July 26 fro 7:45am to 8 pm | \$139

A day of wonderful wines and a delightful lunch. Vist three wineries: Knotty Vines Winery, Urban Pine Winery, and Chateau Tableau (includes light buffet). Then to lunch at The Barn in Archbold, Ohio

HURON LADY II

Friday, Aug. 23 from 9 am to 6:15 pm | \$113

This trip will SELL OUT QUICKLY so secure your spot today.

Enjoy lunch at The Voyageur with an elegant and grand view of the St. Clair River. Next board the Lady Huron II for a narrated tour of the Blue Water Area. Finish the day with everyone's favorite by shopping at the Sweet Tooth of Marine City. This "must stop" features nostalgic candy from the 1900's to 1970's. Hand dipped chocolates and Hudsonville hand dipped ice cream caps off a fabulous day!

FREE ACTIVITIES | LIVE MUSIC | GAMES

PRESENTED BY THE
OAK PARK CORRIDOR IMPROVEMENT AUTHORITY

90th Family FUN FEST



SATURDAY, JUNE 1 | 1 - 4 PM

BETWEEN THE SENECA & SHERMAN POCKET PARKS

FACE PAINTING

ARTS & CRAFTS

PETTING ZOO

STORY TIME

PUPPET SHOW

SIDEWALK SALES

HAVE QUESTIONS? (248) 691-2350
MBISHOP@OAKPARKMI.GOV



DAY CAMP & LATCHKEY

JUNE 17 to AUG. 9

Registration Begins: Resident Apr. 15 | Non-Resident Apr. 29

Enrollment is on a first come, first served basis. Fees must be paid in advance. We do not take deposits. Latchkey participants must be enrolled in Summer Day Camp or Tot Lot Day Camp to be enrolled in the Latchkey program. For information call (248) 691-7555.

TOT LOT DAY CAMP (Age 5-6)

SUMMER DAY CAMP (Ages 7-12)

Full Week (5 Days)

Monday-Friday, 9am to 4pm

\$135 per week, Resident | \$145 per week, Non-Resident

July 1-5 (4 Days, Closed on July 4)

\$108 Resident | \$118 Non-Resident

LATCHKEY (Ages 5-12)

AM Latchkey

8 to 9am | Full Week (5 Days)

Monday-Friday | \$25/Resident, \$30/Non-Resident

4 Day Week (4 Days, Closed July 4)

July 1, 2, 3, and 5 | \$20/Resident, \$25/Non-Resident

PM Latchkey

4 to 5pm | Full Week (5 Days)

Monday-Friday | \$25/Resident, \$30/Non-Resident

4 Day Week (4 Days, Closed July 4)

July 1, 2, 3, and 5 | \$20/Resident, \$25/Non-Resident

Summer Pool Season



We are excited for the summer pool season to begin! Information regarding all of our pool programs including Water Aerobics, Swim Lessons, Lap Swim, and Pool Rentals are listed below. We appreciate all suggestions from the community and are doing our best to provide the finest summer experience possible at the Oak Park Pool.

DAILY RATES

DAILY RATES

Open Swim Daily Fee - Resident:

- Ages 3 and Under, FREE
- Ages 4-54, \$4 per day
- Ages 55 & Up, \$3 per day

Open Swim Daily Fee - Non-Resident:

- Ages 3 and Under, FREE
- Ages 4-54, \$6 per day
- Ages 55 and Up, \$5 per day

SEASON POOL PASSES

Resident: Ages 4-54, \$30 | Ages 55 and Up, \$20 | 10 punches

Non-Resident: Ages 4-54, \$50 | Ages 55 and Up, \$30 | 10 punches

Women's & Men's Only: 20 punches | Resident \$50/Non-Resident \$60

Women's & Men's Only: 40 punches | Resident \$90/Non-Resident \$110

Resident rates apply to residents of Oak Park, Ferndale, Hazel Park, and Southfield.

SEASON DATES

Early Extended Season: May 25 – June 16

Regular Season: June 17 – Aug. 18

Late Extended Season: Aug. 19 – Sept. 7

HOURS OF OPERATION

Early and Late Extended Season Hours

Thursday, 5-7 pm

Saturday, 1-6 pm

Friday, 1-8 pm

Sunday, 1-6 pm

Holiday Hours

Memorial Day, May 27, 1-6 pm

Independence Day, July 4, 1-6 pm

Labor Day, Sept. 2, 1-6 p.m.

Regular Season Hours

Sunday, 1-6 pm

Thursday, 2 to 7 pm

Monday, 2-7 pm

Friday, 1-8 pm

Tuesday, 2-7 pm

Saturday, 1-6 pm

Wednesday, 2-7 pm

SPECIAL POOL HOURS

WOMEN-ONLY AND MEN-ONLY SWIM

Oak Park Pool will be hosting separate female-only and male-only swim hours. For any number of reasons, including faith or personal preference, some women and girls may prefer to swim without being in the presence of males. And, vice versa, men and boys may prefer to swim without being in the presence of females. More times/hours may be added throughout the pool season, check back for more details.

Female-Only Swim:

Female lifeguards will be assigned during women-only swim.

Monday-Wednesday, 7:30 to 9 p.m.

Sundays, 10:30 a.m. to 12 p.m.

Fee: \$3 Resident/\$5 Non-Resident or Season Pass

Extended Early/Late Seasons: Female only available on Sundays only

Male-Only Swim:

Male lifeguards will be assigned during men-only swim.

Tuesday and Thursdays, 7:30 to 9 p.m.

Fee: \$3 Resident/\$5 Non-Resident or Season Pass.

Extended Early/Late Seasons: Male only available on Thursday only.

ADULT-ONLY LAP SWIM

Fee: \$4 Resident/\$6 Non-Resident or Season Pass.

One lane available. More times/hours may be added throughout the pool season. Additional lanes may be added based on pool attendance.

Morning: Monday/Wednesday/Friday from 9 to 10:30 a.m.

Afternoon: Monday-Thursday from 4:30-6:30 p.m.
Friday from 5:30-7:30 p.m.

Weekend: Saturday & Sunday from 3:30-5:30 p.m.

Extended Early/Late Seasons:

Monday/Wednesday/Friday from 9 to 10:30 am.

WATER AEROBICS

May 29 through Sept. 7 | \$3 Resident/\$4 Non-Resident

Mondays, Wednesdays, and Fridays from 9 to 10 a.m.

NEW! Saturdays from 11 to 12 a.m.

Sunday (Female-Only): June 2-Aug. 13 from 9 to 10 a.m.

This fun and energetic class is geared towards improving your overall health and well-being. Water aerobics uses all aspects of a typical aerobics class but with the added health benefits of using water as a natural form of resistance, creating an excellent full-body workout with great heart benefits and endurance development.

Extended Early/Late Seasons:

Water Aerobics will be available as scheduled.

SWIM LESSONS

Classes will begin the week of June 17 with morning sessions at 10 a.m. For more information, including start times, contact the Recreation Office at (248) 691-7555.

5 to 8 years old, 9 to 15 years old, and adults.

Mondays and Wednesdays | 10 a.m. | 1 hour

\$48 Residents/\$53 Non-Residents

Session 1: June 17 to July 10

Session 2: July 22 to Aug. 14

Parent/Tot (Ages 1-4)

Saturdays at Noon | 1 hour | 4 weeks

\$32 Residents/\$37 Non-Residents

Session 1: June 22 to July 13

Session 2: July 27 to Aug. 17

DOG DAY AT THE POOL

DOG DAY AT THE POOL

Sunday, Sept. 8 from noon to 3 p.m.

Cost: \$15/dog pre-registered, \$20/dog day-of registration

Each registered dog receives a gift and a 55-minute dog-only swim session. Must have proof of current vaccinations and a dog license before entry is allowed. For the safety and enjoyment of the dogs, we offer separate swim times for various size dogs. They are:

#DDAP123 Small Sized Dogs (under 30 lbs.) Noon to 12:55 p.m.

#DDAP223 Medium Sized Dogs (under 30-69 lbs.) 1 to 1:55 p.m.

#DDAP323 Large Sized Dogs (70 lbs. and up) 2 to 2:55 p.m.



Oak Park Pool

CALLING ALL LIFEGUARDS!

Oak Park Recreation is seeking responsible pool operators and lifeguards. We provide all the training you need to be successful. If you are a strong swimmer and a responsible individual, no experience necessary! We certify you in First-Aid, CPR, and other essential lifeguarding skills. Help us provide a safe, clean, and accident-free environment for your community by joining our exciting team... because it's more than just a paycheck!

For those interested in joining our lifeguard team, the City of Oak Park will be offering up to an \$800 signing bonus!

- \$400 for returning and new certified lifeguards, to be paid on the second paycheck.
- \$300 for lifeguards needing to be certified, to be paid on second paycheck – post certification.
- End of season bonus: To be eligible staff must work 20 hours each week, including one 8-hour weekend shift, between the weeks of June 8 and Aug. 17, 2024. Those that meet this requirement will receive a \$1 bonus for each hour worked post certification, up to \$400. The bonus will be paid on Sept. 12, 2024.
- Additional \$100 bonus for staff who work until Sept. 7, 2024.

POOL RENTALS

Are you planning a party, baby shower, family reunion, or any special event and looking for a unique, fun venue to host it at? Consider renting the Oak Park Pool. It's sure to be a welcome splash! For more information and to make your reservations, call the Recreation Department at (248) 691-7555.

Availability: Saturdays: 6:30 to 8:30 p.m. | Sundays: 6:30 to 8:30 p.m.

Rental Fees

Up to 75 people
76 to 100 people
101 to 200
201 to 400

After July 1

\$240 Resident/\$275 Non-Resident for two hours
\$275 Resident/\$310 Non-Resident for two hours
\$310 Resident/\$340 Non-Resident for two hours
\$400 Resident/\$435 Non-Resident for two hours

A \$75.00 deposit is required on all pool rentals. All pool rentals MUST be paid in full on the booking date to reserve the date and time.



MOTHER/SON DANCE

Sunday, May 11 from 5 to 7 pm | Community Center
Resident: \$35/couple, \$12 each additional son
Non-Resident: \$40/couple \$12 each additional son
Registration now open, ends May 9

Come celebrate Mother's Day weekend! Included is dinner, dance, photo booth and a rose for mom! Registration required in advance. Call the Recreation Office at (248) 691-7555 or visit the Community Center. **No tickets will be sold at the door.**

SUMMER BLAST

June 14-16. Mark your calendars for the 3rd Annual Summer Blast event in Oak Park. Skerbeck family Carnival will provide hours of Family Fun! Fabulous Rides for young and old, Midway with fabulous fair food and games



4th OF JULY CELEBRATION

This time-honored celebration is not to be missed. The day is packed full of fun for everyone. The morning starts with the Mayors Fun Run (*pre-registration is encouraged*), a wonderful Pancake Breakfast, then the parade which will kick off The Funfest! Following the end of the parade there will be a live concert, an incredible food court, FREE activities and a petting farm for children till 3 pm.

MAYOR'S 5K RUN /WALK
Monday, July 4, 8 a.m. START
\$25 pre-registration/\$30 day-of-registration.

OPYA PANCAKE BREAKFAST
From 9 to 11 a.m. at Shelter 1, David H. Shepherd Park

INDEPENDENCE DAY PARADE
11 a.m. to Noon
Route begins at Coolidge Highway and McClain
and ends at David H. Shepherd Park

One of Oak Parks' oldest and most celebrated annual tradition is the Independence Day Parade. We welcome thousands of people from all over southeast Oakland County for this event. Park your lawn chair on Coolidge Hwy or Oak Park Blvd along with your shades and sunscreen. The parade ends at Shepherd Park where the Fun Fest is!

FUN FEST
11 a.m. to 3 p.m. at David H. Shepherd Park

We'll have plenty of family-friendly fun for all ages. Live musical entertainment, inflatables from Oakland County Parks, a great food court with Kosher food available.



SUMMER CONCERT SERIES

NEW DAY: Wednesday from July 10 through Aug. 14
SAME TIME: 7-8:30 pm
SAME LOCATION: David H. Shepherd Park Near Shelter 1

The Summer Concert Series will be "the destination place" for Oak Park and its surrounding residents! Fantastic music from some of the most loved musicians in the Metro Detroit area and beyond will be featured throughout the summer. Music to soothe you, get your toes tapping and your feet up and dancing. Bring your lawn chair, blanket, friends and family for evenings that will be filled with music ranging from Blues, Jazz, R&B, Top 40, Reggae and more!

Food vendors will be on site with food to purchase, making your evening stress free. Visit the city's website at www.oakparkmi.gov and click on the Summer Concert tab for a complete listing of performers.

OAK PARK FARMERS MARKET

NEW DAY! Thursdays from July 11 through Oct. 3 | 9 am -2 pm

NEW LOCATION! Oak Park Community Center Parking Lot & Grounds

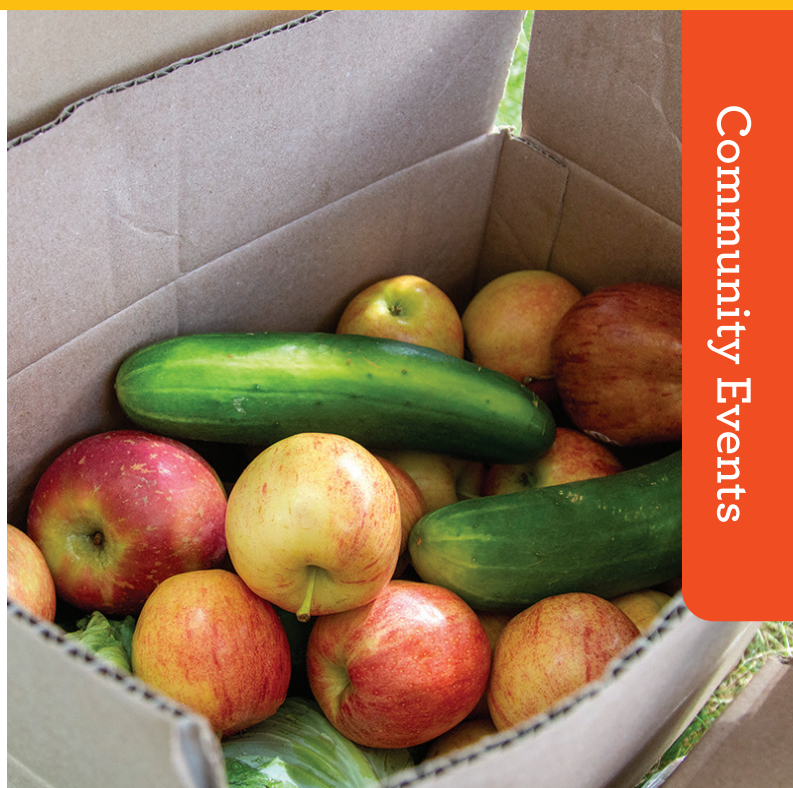
The Oak Park Farmers Market enters its seventh year! This year the market will be located in the Community Center parking lot and on the surrounding grounds. The market celebrates and promotes small family Michigan farms, loaded with local produce, fresh vegetables, honey, eggs, berries and more! Our small businesses will feature baked goods, such as cakes, pies, cookies. Gluten free and vegan varieties are now available too. There will be breads, popcorn, mushrooms, soaps, shea butters, candles, cut flowers and more! Enjoy time with friends at the provided seating area while listening to music and enjoying hot foods for lunch.

POWER OF PRODUCE PROGRAM

The Power of Produce program will once again be in full swing! There will be a children's program as well a separate senior program. This year we will be focusing on all the "colors" of the garden. Activities will include: growing your own herbs and small vegetables at home, make and take activities, cooking demonstrations, nutrition education in a FUN way. Did we mention that when you turn in your "homework" you earn \$3 in Power of Produce Bucks to spend at the market?! This is a very popular program, with limited capacity of 65 participants per program. Sign up today to reserve your spot!

FREE YOGA CLASSES & STORY TIME

There will be FREE yoga classes provided by our Recreation Instructor Rachel Eckert, as well as "Story Time at the Market" provided by our Oak Park Public Library.



Did you know that the Oak Park Farmers Market proudly accepts: SNAP (Michigan Bridge Card), Double Up Food Bucks (DUFb), Senior Project Fresh coupons, WIC Market Fresh coupons, Prescription for Health Coupons and of course almost every vendor accept credit cards and Cash is always King!

For up-to-date information visit the Oak Park city website www.oakparkmi.gov and click on the "Oak Park Farmers Market" tab. Here you will find a calendar of events for each market day!

New Service Alert!

See what all the Hoopla's about!

NEW hoopla OR libby by OverDrive

DOWNLOAD THE APPS TODAY TO GET STARTED!

OAK PARK PUBLIC LIBRARY



A large graphic featuring a stylized American flag with red and white stripes flowing across the top. Below the flag, the text "4TH OF JULY" is prominently displayed in blue and red, with a red star containing the year "2024" to the left. To the right is the official seal of the City of Oak Park, Michigan, which includes an oak leaf and the text "CITY OF OAK PARK MICHIGAN" and "Established 1965".

Thursday, July 4, 2024

Events go from 8 am - 3 pm on the Oak Park Municipal Campus

★ MAYOR'S 5K RACE ★ OPYA PANCAKE BREAKFAST ★ INDEPENDENCE DAY PARADE ★ FUN FEST ★

VENDORS | FOOD | FRESH FRUITS & VEGATABLES | MUSIC | COOKING DEMOS | FREE PARKING

OAK PARK  Humana.

FARMERS MARKET

NOW ON THURSDAYS IN THE OAK PARK COMMUNITY CENTER PARKING LOT

OPENING DAY | THURSDAY, JULY 11 | 9 AM TO 2 PM

FOR MORE INFORMATION AND SPONSORSHIP CALL (248) 691-7555




LOCATION: THE OAK PARK COMMUNITY CENTER | 14300 OAK PARK BLVD. | OAKPARKMI.GOV

Payment logos: VISA, MasterCard, American Express, CASH

FREE ADMISSION

FAMILY/ FRIENDLY/ FUN
 Bring a lawn chair, a blanket, and bug spray. Food trucks are available.

NOW ON WEDNESDAY
JULY 10 - AUG. 14

7 to 8:30 PM

**JULY 10, JULY 17, JULY 24, JULY 31,
 AUG. 7, AUG. 14**



DAVID H. SHEPHERD PARK
 24198 Church Street
 Oak Park, MI 48237

FREE PARKING | FOOD VENDORS | GAMES



**Friday, June 14TH
 Sunday, June 16TH**



SKERBECK FAMILY CARNIVAL

Fun for the whole family, amusement rides, music, food & more!

FRIDAY, JUNE 14 | 3 TO 10 PM

SATURDAY, JUNE 15 | NOON TO 10 PM

SUNDAY, JUNE 16 | NOON TO 6 PM



**FAMILY
 FRIENDLY**



**FOOD
 COURT**



**KIDS
 FUN**



\$5 ADMISSION FEE
FRIDAY, SATURDAY & SUNDAY

SKERBECK FAMILY CARNIVAL

Tickets, Wristbands for purchase for rides

OAK PARK COMMUNITY CENTER | 14300 OAK PARK BLVD. OAK PARK, MI 48237 | WWW.OAKPARKMI.GOV | (248) 691-7555



CLASSES

BASIC HATHA YOGA

Thursday from 10:30 to 11:30 am

Ages 50 and up | \$32 Resident/\$37 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class provides a basic yoga foundation. Instruction is personalized around the unique needs of those enrolled. Don't forget to bring your own mat. Instructor: Bob Smith.

Course: HathaMay2024 - Thursday May 9-July 11 (no class 7/4)

GENTLE CHAIR YOGA

Monday OR Thursday from 9 to 10 am

Ages 50 and up | \$29 Resident/\$34 Non-Resident | 8 weeks

There must be a minimum of five participants for this class to run. Gentle Chair Yoga provides gentle therapeutic yoga exercise while reducing stress on joints and muscles. Instructor: Rachel Ekert

Course: Gentle ChairMay24 - May 13-July 8

Course: Gentle ChairMay24 - May 23-July 18

TAI CHI FOR BEGINNERS

Tuesday, from 10 to 10:45am

Ages 18 and up | \$84 Resident/\$89 Non-Resident | 12 weeks

This is the newly redesigned 12-week class to get all participants through the entire curriculum to transfer more quickly into the next level. The fee still works out to \$7/class. There must be a minimum of five participants for class to run. Learn the ancient Chinese system of exercise and movement meditation in an effort to develop flexibility and coordination, and to slow down the aging process. All experience levels are welcome! Instructor: Holly Malloy.

Course: TaiChiBegApr2024 - Apr. 16-July 2

TAI CHI FOR RETURNING STUDENTS

Tuesday, from 11:30am to 12:15pm

Ages 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class utilizes the ancient Chinese system of exercise and movement meditation to develop flexibility and coordination while striving to improve the aging process. This class is for experienced students only. Instructor: Han Hoong Wang.

Course: TaiChiRetMay2024 - May 21-July 9

SENIORS IN MOTION

Tuesdays and Thursdays, 9 to 10 am

Ages: 50 and up | \$40 Resident/\$45 Non-Resident | 8 weeks

Raymond Defoe, the energetic guru of senior exercise will be providing these morning classes designed to energize your day! The class includes warm up, cool-down, low impact aerobics, strength and balance training and flexibility exercises. Each class maintains core fitness exercises that have proven to be effective in assisting participants to maintain and improve strength, balance, posture, flexibility and stamina. The SIM program allows instructors to be creative with their aerobic routines and provide modified exercises to match the participants' varying levels of ability. Instructor: Raymond DeFoe.

Course: SeniorsMay24 - May 16-July 16 (no class 6/13 & 7/4)

STRETCH IT OUT

Tuesdays, 10:15 to 11 am

Ages: 50 and up | \$35 Resident/\$40 Non-Resident | 8 weeks

Stretch It Out is a low impact, low intensity workout that will tone your muscles, increase your range of motion and flexibility, and help you relieve stress. While working through a series of stretching and toning exercises, participants will also develop breathing techniques to complement this resistance training workout. This class is for everyone who would like to improve their health by practicing intentional, yet simple, movement and balance, borrowed from several disciplines, including yoga, safe therapeutic movement, and beneficial stretching. Comfortable, unrestrictive clothing suggested.

Course: StretchMay24 - May 21-July 9

YOGA IS FOR EVERY BODY

Mondays from 7:15 to 8:45 pm

Ages: 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Yoga is for EVERY BODY! This course is designed to fit the needs of the beginner as well as the returning student. Emphasis is placed on stretching and strengthening the muscles, improving posture, breathing and deep relaxation. Reducing stress is an important benefit! Bring a mat and wear loose clothing. Instructor: Lyn Cottrill.

Course: YogaEveryBodyApr2024 - Apr. 1-May 20

Course: YogaEveryBodyJune2024 - June 3-July 22

ZUMBA GOLD (Evening Session)

Thursdays from 6 to 7 pm

\$48 Resident/\$55 Non-Resident | 8 weeks

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaGoldMay2024 - May 2-June 27 (no class 6/13)

ZUMBA FOR ALL

Tuesdays from 6 to 7 pm

\$40 Resident/\$45 Non-Resident | 8 weeks

Forget your working out and join a dance party atmosphere full of Latin and international music. Zumba combines high energy and motivating music to create a fun and energetic workout that is just infectious! Bring a towel, water, and yourself. Ditch the workout and join the party! Instructor: Alicia Jackson

Course: ZumbaMay2024 - May 21-July 19

HUSTLE CLASS BEGINNERS

\$40 Resident/\$45 Non-Resident | 8 weeks

This class is tailored for individuals with little to no experience in Hustle dancing. Participants will learn to combine two or three dance steps in a repeating sequence to the rhythm of music, completing at least three different hustle dances each class meeting. Instructor: Maurice Adams

Wednesdays from 7:30 to 8:45 pm

Course: BegHustleMay2024 - May.1-June 19

Course: BegHustleJune2024 - June 26-July 24

5 weeks (prorated \$30 Resident /\$35 Non-Resident)

HUSTLE CLASS INTERMEDIATE

\$40 Resident/\$45 Non-Resident | 8 weeks

This class is designed for individuals with prior experience in Hustle dancing and a solid understanding of basic Hustle steps. Participants will focus on mastering the coordination of 5-8 different dance steps in a repeating sequence, set to popular music styles such as a rhythm and blues, jazz, country and music featuring elements of mild rap. Instructor: Maurice Adams

Wednesdays from 6 to 7:30 pm

Course: InterMedHustleMay2024 - May.1-June 19

Course: InterMedHustleJune2024 - June 26-July 24

5 weeks (prorated \$25 Resident /\$30 Non-Resident)



MIDDLE EASTERN BELLY DANCE

Wednesdays from 6 to 7 pm

\$75 Resident/\$80 Non-Resident | Ages: 20 and Up | 8 weeks

There must be a minimum of five participants for class to run. This class attracts participants of all shapes and sizes who come dressed in comfortable clothing to learn the art of belly dance. Express yourself through dance and learn fun ways to maintain health. Enjoy the physical and personal benefits of belly dancing - abdominal toning, leg strengthening, self-esteem, and an essence of sensuality. No experience necessary. Instructor: Dee Watkins

Course: BellyMay24 - May 8-June 26

BALLROOM DANCE BEGINNERS

Fridays from 6 to 7:15 pm

\$35 Resident/\$40 Non-Resident | 7 weeks

Join us and learn Detroit Style Ballroom dance. Detroit style ballroom is a partner dance where the cha cha is the basic step. It's not the formal traditional ballroom dance like the waltz and Foxtrot. You'll find the dance easy and lots of fun. This style of dance originated over 60 years ago and is still popular, not only in Detroit, but around the country. You'll not only learn new dance steps but you'll get your steps in for getting in shape. Imagine the next social event that you attend and you're able to showcase your ballroom moves on the floor. Bring your partner or come alone. Yes, even YOU can learn to dance. Instructor: Maurice Adams

Course: BallroomBegMay2024 - Apr. 26-June 7

BALLROOM DANCE ADVANCED

Fridays, 7:30 to 9 pm

\$40 Resident/\$45 Non-Resident | 7 weeks

The pre-requisite for this class is that you have taken the Beginner Ballroom Classics, or you are familiar with the basic Detroit Style Ballroom beginner steps. This class builds from where the beginner class left off with more sophisticated combinations of dance moves. Bring your partner or come without a partner. Instructor: Maurice Adams

Course: BallroomAdvMay2024 - Apr. 26-June 7



SENIOR MEALS

MEALS ON WHEELS “More than just a meal”

Meals on Wheels home delivery is available in Oak Park as long as you call one week in advance. Lunch can be served with a pre-ordered meal. For more information call the Senior Meals on Wheels at their **NEW NUMBER (248) 223-9160**.

SMART TRANSPORTATION

The Oak Park Recreation Department provides transportation through a partnership with SMART buses for residents who are seniors, age 50 or above, and individuals who have a disability.

NEW!

Our transportation hours have a brand-new start time! We are now able to begin scheduled pick ups at 8 am with return times no later than 4:30 pm (when prior arrangements are made), Monday through Fridays.

In addition to our regular Kroger and Meijer trip days, we are adding shopping opportunities to Target, Walmart, Aldi and Marshall's! Qualified individuals can contact the Recreation Department at (248) 691-7555

BRUNCH & LEARN

Our groups always have such a great time at the Outdoor Adventure Center in Detroit that we are headed back for more fabulous topics about Michigan and elsewhere, while we have a wonderful light brunch and then head off to a local restaurant for lunch. The trips will leave Oak Park at 8:45 am, with the program starting at the Adventure Center at 9 am. We will tour of the building from 10:30 to 11:30 am, and then we will leave for our restaurant destination, which is TBD. The cost for each Brunch and Learn at the Outdoor Adventure Center is \$9/person. Lunch will be on your own. **Preregistration is required and tickets will go fast!**

Peregrine Falcons in Detroit | May 23

From the edge of extinction to conquering concrete jungles, dive into the history of the world's fastest animal, the Peregrine Falcon. Follow along and learn about this amazing raptor's journey to recovery and how falconry, the sports of kings, played a pivotal role. Danielle Durham has been the Peregrine Falcon Nest Coordinator with the Department of Natural Resources (DNR) since 2019. **LIMITED seats available.**

Nature Paintings | June 13

Learn about the DNR Artist-in-Residence programs at the Porcupine Mountains Wilderness State Park and Mackinac Historic Parks, then make your own painting, with guidance from the DNR's education team. Participants will use acrylic paints for this program, which can stain clothing so dress accordingly or bring an apron. **LIMITED seats available.**

Life of a Honeybee | August 1

Join Bees in the D for an exciting presentation about an interesting pollinator! Participants will become a member of a honey bee hive and learn the different responsibilities and roles of a honey bee's short life. **LIMITED seats available.**

SENIOR SCOOP

Stay up to date with The Senior Scoop. The Senior Scoop is a monthly print edition, with copies being posted online, detailing the programs, classes, trips, lunches, and more that are offered to our seniors in the Community Center. As opportunities arise, the Recreation Department provides "add-ons" to its services. This document also highlights our instructors, volunteers, Recreation Commission members and more to give a personal side to the story.

Puzzles, recipes and fun facts are also included. Please stop by the Community Center to pick your copy up and say "Hi" to our staff. We look forward to seeing and meeting you.

AGEWAYS: NONPROFIT SENIOR SERVICES

The Area Agency on Aging 1B is now AgeWays Nonprofit Senior Services! New Name. Same great people. Same great programs. The new name reflects what they do best: Helping older adults age in the ways they choose. For more information please visit: AgeWays.org/NewName.

TRUALTA

A new, online educational platform offered by AgeWays Nonprofit Senior Services offers caregivers an easy way to get information and advice online. It's also FREE!

Trualta's learning modules, on subjects ranging from handling a loved one's resistance to taking medications to managing pressure wounds can be read, listened to or watched. There are many resources, articles, checklists, videos, quizzes and webinars to choose from. There is also a chat function so caregivers can learn from each other and supports groups. For additional information or questions call 833-262-2200 or email trualta@ageways.org. Pick up this informational brochure in the lobby of the Community Center.



SUMMER PICNICS

Noon to 2:30 pm | Ages 55+

Shelter 1, or if necessary due to weather, in Activity Room A.

The Summer Senior Picnics are quickly turning into a summertime favorite! Great picnic style foods are provided for a nominal fee plus a one hour small concert is also scheduled for entertainment. Please note that individuals are required to sign up and pay for the lunch in advance. No tickets are available on the day of the picnic as food needs to be ordered several days prior to the scheduled picnic date.

Lunch Dates:

June 21: Cost, Menu & Concert TBD

Aug. 2: Cost, Menu & Concert TBD

Sept. 13: Cost, Menu & Concert TBD

DROP-IN PROGRAMS

50 UP CLUB MEMBERSHIP

Fee: \$6 Res./\$12 Non-Res. | Calendar Year Renewal

The mission of the 50 Up Club Membership is to provide Oak Park's diverse, mature population with education, exercise, and recreation programs to challenge the mind and body to greater heights of personal achievement. Join our Senior 50 Up Club and enjoy our weekly senior drop-in sessions at the Community Center, located at 14300 Oak Park Blvd, Oak Park. Call (248) 691-7555 for more information.

HOURS

Monday to Friday, 9 am to 5 pm (Closed 1 pm to 2 pm for lunch)
Every other Friday, 8 am to 4 pm

You **MUST** be a 50 Up Club Member to enjoy drop-in programs:

MONDAY

Bingo, every Monday, 11:30 to 1:30 pm., Inquire about fee.

TUESDAY

Watercolor Drop-In, 1 to 3 pm.

Contemporary Quilters, every third Tuesday, 1 to 3 pm.

Mah Jongg, 12:30 to 4 pm, Bring own tiles.

WEDNESDAY

Scrabble Club, 1 to 4 pm.

Bingo, 11:30 am to 1:30 pm. (every other Wednesday)

THURSDAY

Dominoes, 10am to 1pm.

Bid Whist, 1 to 4 pm.

Drop In Hustle, Noon to 1:30pm, \$5/resident; \$7/non-resident

Chess, 6 to 9 pm.

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THANK YOU

The Recreation Department would like to thank our gracious sponsors that made Winterfest 2024 such a HUGE success! Their participation is deeply appreciated, and without their financial support family events like this one would not be possible. Please stop in and say "thank you" to our sponsors the next time you are in the area:

SPONSORS: Dog and Pony Brewing Company, Scotia Stop, Baskin Robbins 31 Flavors Greenfield location, Alaska Fresh Fish & Chicken.

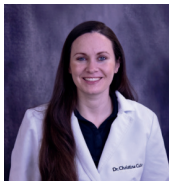
Our volunteers were instrumental in making this a fun filled and safe environment for all to participate in. Our **THANKS** goe out to: Girl Scout Troop 77555, RealTeam RealEstate. Kiwanis Southeast Oakland County , Oak Park Public Library, Oak Park

Arts and Cultural Diversity Committee, Oak Park Environmental Sustainability Recycling Commission, Councilmember Julie Edgar, Recreation Commissioners Alexander Simpson, Juanita Bell, community seniors Jean Jones and Barbara Butler, and Topp Dogg Catering.

THANK YOU to our Daddy Daughter 2024 volunteers for their assistance in the preparation of the table decorations, creation of flower bouquets, the check in process, organizing the photo line, and staffing the beverage station.

Recreation Commissioners Juanita Bell, Beverly Wiggins and Alexander Simpson and Oak Park Seniors Jean Jones and Grace Raddon deserve a big thank you!

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