

Oak Park

City Magazine and Recreation Program Guide
Summer Recap and Fall Preview-2022



City Magazine and Recreation Program Guide

Oak Park City Manager Tungate Honored
New Officers in Oak Park
Breaking New Ground
New Garbage Routes Have Begun



Message From City Manager Erik Tungate

In Oak Park, we pride ourselves on our collaborative nature that embraces creativity. It is this mindset that has allowed us to be a financially sound community, while also breaking new ground for the betterment of our future.

Sound fiscal responsibility was exemplified in our budget for FY 2022-23, and I couldn't more proud of what it will allow us to accomplish. This balanced budget, which was unanimously approved by the City Council, highlights our commitment to meeting our citizens most critical needs while also giving us the ability to continue to achieve a high quality of life for the residents of our City.

For Fiscal Year 2022-23 the City of Oak Park will do the following:

- Receive over \$300,000 in new revenues to the General Fund from expiring Brownfields;
- Receive over \$1.5 million in our last installment of Federal COVID assistance dollars;
- And, add additional revenue from the positive economic development projects throughout the city and the over 10% increase in taxable value that we have been experiencing.

Because property tax revenues represent over 60 percent of the City's total revenue, a stronger tax base supports a healthy, sustainable budget and it allows the City to provide high quality of life amenities, which includes our continued focus on public safety.

In the upcoming year, the City budgeted to add three additional public safety officers to our force. I am also excited to announce that we will adding a new firetruck to our existing fleet.

While the City's increased tax base will allow us to continue to provide a high quality of life to our residents, our commitment to collaboration also allows us to meet those needs.

Obtaining grant funding is one way in which we regularly work to collaborate with outside entities, and I am excited to announced that we recently were awarded two grants from the Ralph C. Wilson Jr. Legacy Funds at the Community Foundation for Southeast Michigan to support our parks and recreation amenities.

The first grant will support the future Connector Park set to be built between the Nine Mile Linear Park and Troy Street. This Ralph C. Wilson Jr. grant, along with one from the Michigan Department of Natural Resources, will allow us to secure the amenities that are going to make that park accessible to everybody and anybody.

The second grant the City recently received from the Ralph C. Wilson Jr. Legacy Funds at the Community Foundation for Southeast Michigan is supporting a now operating mobile recreation unit in our City. This unit serves our youth between the ages of 6 to 17 years of age with resources to enjoy recreational activities throughout the Oak Park.

These announcements are just some of many that have me eager to see how our wonderful City will continue to excel. We've come a long way, Oak Park, and there is no stopping us now.

Sincerely,

CITY OF OAK PARK

MAYOR
Marian McClellan

MAYOR PRO TEM
Julie Edgar

COUNCIL MEMBERS
Carolyn Burns
Solomon Radner
Shaun Whitehead

CITY MANAGER
Erik Tungate

CITY OF OAK PARK
14000 Oak Park Blvd.
Oak Park, MI 48237
(248) 691-7400
www.OakParkMI.gov

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Department of
Communications and
Public Information
(248) 691-7504
cflynn@oakparkmi.gov

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Oak Park City Manager Tungate Honored

WITH OUTSTANDING PUBLIC SERVICE
EXECUTIVE OF THE YEAR AWARD



City Manager Erik Tungate was recently named the Outstanding Public Service Executive of the Year for 2022 by the American Society for Public Administration (ASPA) Detroit Metropolitan Chapter.

This award is given annually to individuals whose career in public service has been impactful on the communities they have been chosen to represent and has contributed to the advancement of the public interest and the prestige of the public service profession.

"To serve as a public service professional is a calling and I am honored that my passion for helping others has been recognized by ASPA-Detroit Metropolitan Chapter," said Oak Park City Manager Erik Tungate.

ASPA's mission is to advance excellence in public service through promoting the value of joining and elevating the public service profession, building bridges among all who pursue public purposes at home and internationally and achieving innovative solutions to the challenges of governance.

City Manager Tungate is a key leader in public service," said President-Elect of the ASPA-Detroit Chapter Courtney Flynn. "Through strong fiscal policies, long-term economic development goals and a deep connection to the communities he has served, City Manager Tungate has positively impacted the Metro-Detroit region."

Tungate has been a committed public servant since 2005, which is when he began his career in public service as the Executive Director of Community and Economic Development for the City of Hamtramck. From there, Tungate went on to serve as the Business Development Manager for the Detroit Economic Growth Corporation, the Senior Project Manager of National Business Attraction for the Michigan Economic Development Corporation, an Economic Development Officer for Wayne County and Acting City Manager for Hamtramck. Tungate's success in these positions led him to the role of Oak Park's City Manager in 2012.

Tungate has now served as Oak Park's City Manager for nearly 10 years, a timeframe in which he has bolstered the City's financial health and implemented policies that allow the community to thrive. Some key examples that highlight how Tungate's skills and leadership abilities have led to a thriving community include how:

- The once dry City of Oak Park reformed its liquor/alcohol regulations and is now home to two micro-breweries, a social district and other establishments that offer such libations, creating greater opportunities for economic development.
- The City's tax base substantially growing, in part, due to economic success. Such economic success includes the full development of the former Detroit Armory Site, and new local businesses regularly opening.
- A focused commitment to the health and wellness of the Oak Park community, which is currently being exemplified by a complete assessment of the City's parks and recreation amenities through the Elevate Oak Park project. With this project, like all projects in the City, citizen engagement is of the highest priority.
- The leveraging of resources through working closely with neighboring communities and entities to create more opportunities for community success can be found.



New Officers in Oak Park

The City of Oak Park has welcomed three new Public Safety Officers to the force in recent months, all of whom are beyond qualified to serve to the residents of Oak Park and provide the service and protection the community expects.

The three new Public Safety Officers are:

Kara Dean
Cassandra Barclay
John Dean

The Oak Park Department of Public Safety was created to serve the community, with its mission being to improve the quality of life in Oak Park by working together with all citizens to protect life and property, promote safety, maintain public order and preserve human rights.



OAK PARK FARMERS MARKET

WEDNESDAYS 9AM - 2PM
JULY 6 - SEPTEMBER 28

Fresh Michigan produce, baked goods, honey, earn market bucks with Power of Produce program for children and adults.

FREE Yoga classes for adults.

FREE yoga mats for the first 25 registered participants. Call 248-691-7555

Location: 13701 Oak Park Blvd (Oak Park High School)

Call for Information 248-691-2357

Accept EBT, Participate in Double-Up Food Bucks

Special Event Dates:

July 27 Family Market Day

August 24 Senior Market Day

Brought to you by

Humana



Supporting Sponsorship

Beaumont

Dedicated Senior Medical Centers



Breaking New Ground

Oak Park held its Nine Mile Linear Park Kickoff and State of the City Event on June 28 in the future connector park located between Nine Mile Road and Troy Street. This event welcomed residents, business owners and more to walk and enjoy the linear park prior to City Manager Erik Tungate and Mayor Marian McClellan providing updates related to the City. Tungate and McClellan touted the economic growth the City is experiencing and highlighted the importance of the parks and recreation opportunities in Oak Park, which will be further enhanced by the Elevate Oak Park project. A special shoutout was also given to the artists whose work now lines the Linear Park. These artists are: Oak Park artist Dale Teachout who created the Hoops Kid and Earth Girl installations, artist Foster Wiley who created the Oak Leaf Monument and Dale Rogers who created The Dog sculpture.

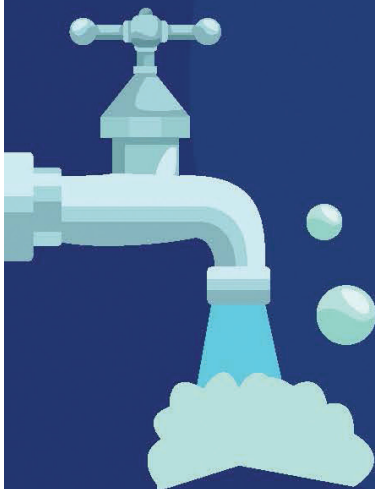


Oak Park Water and Sewer Rate Changes Effective July 1, 2022

- The minimum consumption for water and sewer on the monthly utility bill has been eliminated.
- Water and sewer rates will increase by a combined 6%.
- The Meter Service Fee is now called the Infrastructure Fee. This fee helps cover the cost of operation, maintenance, repair and replacement of our utility systems.
- The increase is based on the cost to purchase water from the Great Lakes Water Authority and deliver it to our users, along with the cost to collect and send sewage to Oakland County for treatment.

How is my Utility Bill calculated?

Utility bills are determined by the amount of water that passes through your water meter multiplied by the current water and sewer rates. For example, if you receive a bill and under the “current usage” column you were billed for 7 units of water, we would calculate your monthly bill as follows:



\$33.46 - Water Rate 7 x 4.78
\$36.05 - Sewer Rate 7 x 5.15
\$5.00 - Average Infrastructure
\$12.91 - Rubbish Collection Fee
\$29.08 - Average Stormwater Runoff
\$116.50 - TOTAL



Water and Sewer charges are necessary to maintain and update infrastructure, which allows us to have and access clean water.

New Garbage Routes Have Begun



The new 5-day garbage pickup schedule has begun. In addition to the map of the new routes being available in this edition of the City Magazine (*please see page 9*), it can also be found on our website at bit.ly/OPGarbageDays. Services affected in this change include trash, recycling, yard waste (compost) and brush pickup. We ask that everyone have their garbage to the curb by 7 am on their pickup day.

- **Monday (Section One):** North of Ten Mile, between Greenfield and Coolidge Hwy.
- **Tuesday (Section Two):** North of Nine Mile and South of Ten Mile, between Greenfield and Coolidge Hwy.

- **Wednesday (Section Three):** North of Nine Mile and South of Ten Mile, between Coolidge Hwy. and Rosewood Ave.
- **Thursday (Section Four):** North of Eight Mile and South of Nine Mile, between Greenfield and Coolidge Hwy.
- **Friday (Section Five):** South of Nine Mile, between Coolidge Hwy. and the City of Ferndale; and North of Nine Mile, between Rosewood and the City of Ferndale.

Please keep this information in a convenient location and if you have any questions the Oak Park Department of Public Works can be contacted at (248)691-7497. The GFL dedicated Oak Park Customer Service line is (248)513-8528.

Bird's E-Scooter Safety Guide

RESPONSIBLE RIDING HOW-TOS:

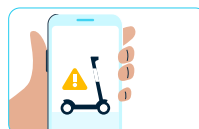
- ✓ You must be 18 or older to ride.
- ✓ Only one rider per Bird.
- ✓ Riders are allowed on the sidewalks except when bike lanes are available.
- ✓ Bird e-scooters are calibrated to go no faster than 18mph to maintain a safe speed. Always start slow and at a speed that you feel comfortable with.



Keep both hands on the bars. Ensure you place both feet on the footboard at all times whilst riding.



Wear a helmet.



If something isn't right, tell us through the Bird app.

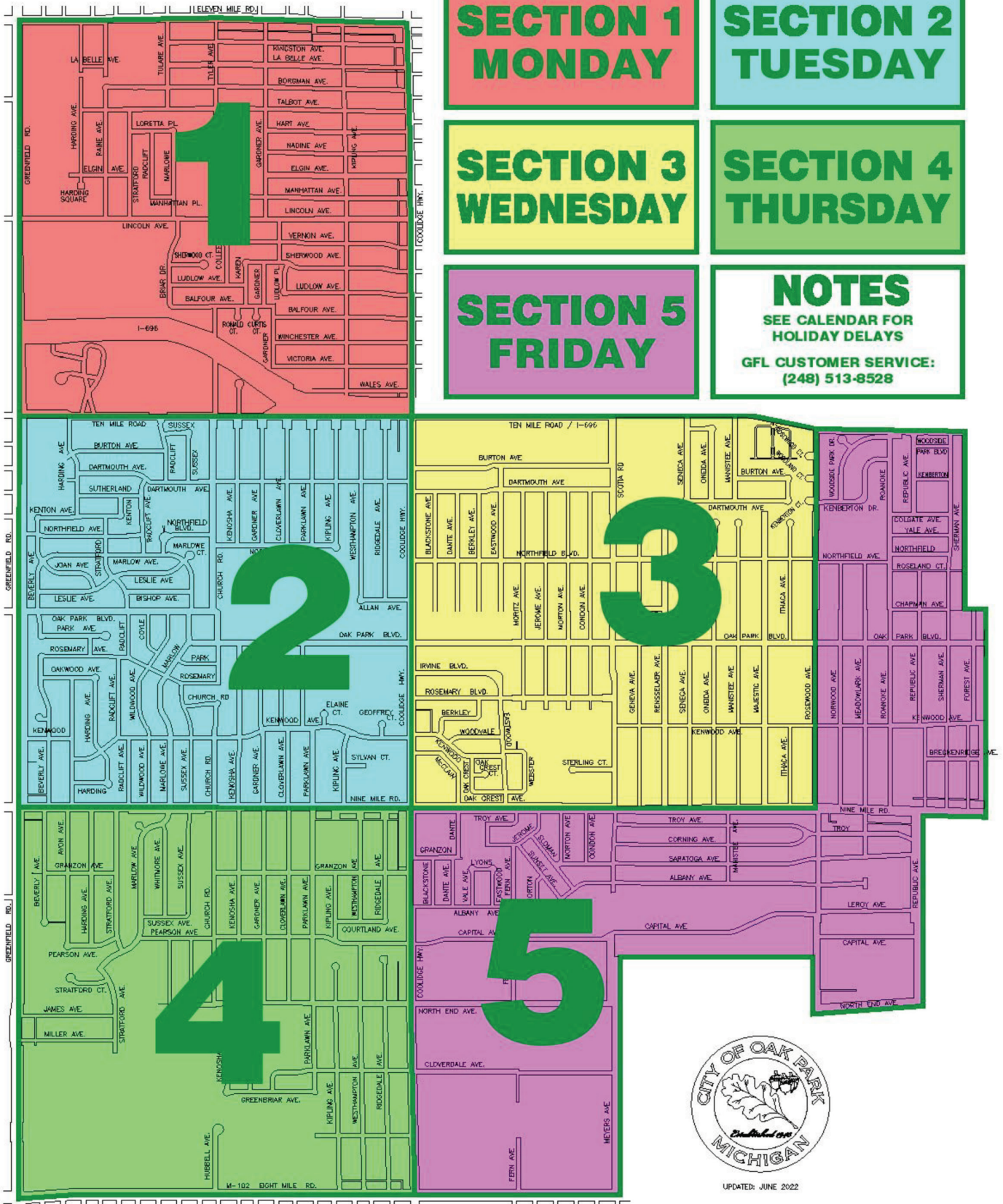


Park responsibly and at bike racks where possible. Do not block doorways, ramps, sidewalks or rights of way.

Any questions? Email us at hello@bird.co



TRASH COLLECTION ROUTES







Oak Park Public Library

CONTACT US!

(248) 691-7480
reference@oakparkmi.gov

HOURS: Monday-Thursday 10 a.m. to 8 p.m.
Friday 10 a.m. to 5 p.m.
Saturday Closed, Sunday 1 to 5 p.m.

Kimberly Schaaf, Director

 @ Oak Park Library
 @ oakparkmilibrary

YOUTH EVENTS

TOT TIME STORY & PLAY

Tuesdays, 10:15 am

New for 2022, bring your tot for a story followed by play in our youth department with Miss Anna! We'll bring out some additional age-appropriate toys just for them.

STORYTIME

Ages 0-5

Thursdays in August at 10:15 am

Wednesdays Sept. through Dec. at 10:15 am

Join Mr. Stuart for a story, songs, rhythm, and movement!

TALK LIKE A PIRATE DAY

Ages 5-12 | Sept. 19, all day

Stop by OPPL to pick up a pirate themed activity kit and learn how to talk like a pirate!

MONTHLY TAKE-HOME CRAFT

Ages 5-12

We're creating pirate ships, friendly spiders and much more this fall with our fun take-home craft kits! Available at the start of each month at the information desk!

GUESSING JAR CONTESTS!

Each month in the youth department, take a guess at how many items are in the jar and return your entry to the information desk! You could win a new prize each month!

TEEN EVENTS

TEEN VOLUNTEER COUNCIL

Let your voice be heard and gain critical leadership skills by attending our Teen Council meetings. There are also opportunities to gain NHS volunteer hours – please email reference@oakpark-mi.gov or call 248-691-7480 ext. 3 for more information.

All meetings held at 4 pm at Oak Park Public Library.

In partnership with Oak Park Schools.

Sept. 7 & 21 Nov. 2 & 16

Oct. 5 & 19 Dec. 7

TEEN E-SPORTS AT OPHS

Thursdays, 3:30 pm, on school days

Play video games after school with friends! In partnership with Oak Park Recreation and Oak Park Schools

ANIME MOVIE NIGHT!

Join us once a month at 6 pm for a special showing of an anime favorite!

Sept. 26 Nov. 21

Oct. 24 Dec. 19

Memorial Donations

- The Faber Family, in honor of their mother, Lorraine Faber
- Mayor Marian McClellan, in support of the library

If you'd like to support the library, please call our director at 248-691-7480.

FAMILY EVENTS

CAMERON ZVARA: COMEDY MAGICIAN & ENTERTAINER!

Nov. 13, 2 pm



Join us for an afternoon of FUN with Comedy Magician & Entertainer-Cameron Zvara! Cameron's show is filled with mind blowing magic, comedy, juggling, music, and TONS of audience participation. You do not want to miss out. Registration required.

FRIENDSHIP DAY CRAFT

Aug. 29, 6 pm | Ages 5-12

Join us for Friendship Day and make friendship bracelets!

FAMILY MOVIE NIGHTS!

Family movie nights are back at OPPL!

Oct. 20, 6 pm | Halloween theme

Dec. 1, 6 pm | Winter theme

ADULT EVENTS

FALL CONCERT WITH THE WATERSTONES!

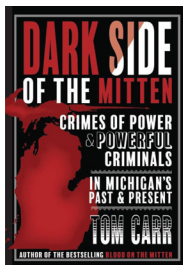
Sept. 18, 2 pm

They're back by popular demand! Jack and Hannah are the Waterstone Duo... a piano-sax music team that will get your feet tapping and hands clapping to your all-time favorite tunes and pieces. Registration encouraged.

DARK SIDE OF THE MITTEN WITH AUTHOR TOM CARR!

Oct. 25, 6 pm, Recreation Room 4

Author Tom Carr tells stories of murder, robbery and mayhem through the ages in the Great Lakes state. Delivered in a lively manner with irreverence and historical context, the stories include crimes of passion, greed, insanity and just plain awfulness. Carr is an award-winning reporter and columnist, and worked at daily newspapers in Michigan for more than 25 years and has freelanced for NPR, the New York Daily News, and the Detroit Free Press. Registration required.



ESL Conversation Group with Siena Literacy

Tuesday evenings, starting Sept. 13, 6 pm via Zoom

We've partnered with Siena Literacy Center of Detroit, to provide those learning English an opportunity to strengthen their skills in a group setting. You'll meet virtually to start, with the possibility to move to an in-person meeting if there is sufficient demand. Registration required.



SIENA LITERACY CENTER



COMPUTER CLASSES WITH IRINA

Second and Fourth Thursday of each month, 9 am

Bi-weekly computer classes are back at OPPL starting Thursday, Sept. 8 through Nov. 17! Bring your questions about computers, laptops, computer programs, eReaders, or email accounts. You may bring your own laptop, or use a library computer during the class, which will meet in our computer lab. Wireless internet will be available. Ideal for those new to technology and those looking to brush up on their skills. Registration is required.

AREA AGENCY ON AGING

RESOURCE SEMINARS FOR SENIORS

Critical information for seniors and their caretakers from the experts in Oakland County.



What's New in Medicare 2023

Oct. 13, 6 pm, Recreation Room 2

The Area Agency on Aging 1-B's Medicare Medicaid Assistance Program (MMAP) will provide an overview of the different parts of Medicare and highlight some of the benefits and services Medicare provides. We will then update you on the changes that will be taking place effective Jan. 1, 2023. We will also discuss how we can help you better understand your Medicare options and make changes to your plans during the Annual Open Enrollment Period, Oct. 15-Dec. 22. MMAP is the State Health Insurance Assistance Program (SHIP) for the State of Michigan.

Planning Ahead: Care Options as You Age

Sept. 27, 6:30 pm, Recreation Room 4

The Area Agency on Aging 1-B will help you plan ahead by introducing you to different senior-care settings and options available as you age. We will explore aging in place, independent senior living, assisted living, and homes for the aged. We will explain the differences and what types of services are available in each. You will get a better understanding of senior care choices and what might work for either you or a loved one. The Area Agency on Aging 1-B is a local nonprofit that has been helping seniors and their families for over 45 years.

Friends of the Oak Park Library

Second Thursday of each month at 7 pm via Zoom. Interested? Email us at friends.oakparklibrary@gmail.com

Best Friends Child Care



Building Early Childhood Foundations that Last a Lifetime!

8430 W. Nine Mile
Oak Park, MI 48237

248-629-7065



Curiosity starts here.

Looking for a child care where your child can learn and grow at their own pace? A child care filled with adventure and where active learning fuel creativity? Are you seeking an environment where your little one is safe to explore and discover? Look no further.

- Arts & Crafts
- Language & Literacy
- Active Learning
- Movement & Music
- Nurturing Teachers

Contact us Today for
\$100 Tuition Credit!



Scan with your Camera

Utility Bill Assistance Organizations and Programs

If you are in need of utility bill assistance consider contacting one of the organizations below. This list can also be found at oakparkmi.gov.

- **AMERICAN RESCUE PLAN ASSISTANCE**
(517) 373-8080
WWW.HOUSE.GOV/HFA
- **COVID EMERGENCY ASSISTANCE (CERA)**
1-888-441-1742
WWW.OAKLANDHOMELESS.ORG/CERA
196 CESAR EAST CHAVEZ AVE, PONTIAC, MI 48342
- **DETROIT WATER PROJECT**
DETROITWATERPROJECT.ORG
- **DHS-MADISON HEIGHTS**
(248) 542-5860
[HTTPS://BIT.LY/3xG450Q](https://bit.ly/3xG450Q)
30755 MONTPELIER, MADISON HEIGHTS, MI 48071
- **HOSPITALITY HOUSE FOOD PANTRY**
(248) 960-9975
PROGADMIN@HHFP.ORG
- **MICHIGAN HOMEOWNER ASSISTANCE**
1-866-946-7432
WWW.STEPFORWARDMICHIGAN.ORG
PO BOX 30632 LANSING MICHIGAN 48909
- **OAKLAND COUNTY CARES ACT**
(248) 858-0730
OAKGOV.COM/COVID/GRANTS
- **OAKLAND COUNTY FAIR HOUSING**
1-888-350-0900
OAKGOV.COM/FAIRHOUSINGSURVEY
- **OLSHA-OAKLAND**
(248) 542-5860
30755 MONTPELIER, MADISON HEIGHTS 48342
- **OUR LADY OF FATIMA**
ST. VINCENT DE PAUL
(248) 545-2310
- **PEOPLE'S WATER BOARD COALITION**
(833) 882-7766
- **SALVATION ARMY**
(248) 585-5600
3015 NORTH MAIN, ROYAL OAK, MI 48073
- **THE HEAT AND WATER FUND (THAW)**
1-800-866-8429
535 GRISWOLD ST, STE 200, DETROIT 48226
- **WRAP PROGRAM**
(313) 386-9727
WAYNEMETRO.ORG/WRAP



WWW.OAKPARKMI.GOV



Oak Park Recreation



4 Ways to Register for Recreation Programs

ONLINE REGISTRATION

Register online for activities by clicking on the "Click Here to Register" button on the Recreation Department's page of the City's website, at www.OakParkMI.gov. Or, go directly to the online registration page at <http://bitly.com/OPRegisterOnline>.

When registering online, follow these easy steps:

1. Visit <http://bitly.com/OPRegisterOnline>.
2. Enter the required information to generate your customer identification and password.
3. Click on the activities you want to register for.
4. Pay with a credit card, print your receipt, and receive an instant email confirmation of your purchase.

MAIL-IN REGISTRATION

A mail-in registration is available for most activities, except when athletic contracts are required for registration. For athletic contracts, register in person. To register via mail:

1. Complete the Recreation Registration Form, see form on adjacent page.
2. Include check or money order payable to the City of Oak Park. Do not include cash or credit card numbers.
3. When a birth certificate is required for registration, a copy of the birth certificate can be mailed or the original can be delivered in-person to the Recreation Department.

IN-PERSON REGISTRATION

Register in-person during regularly scheduled business hours. The Recreation Department is located in the City's Community Center at **14300 Oak Park Blvd., Oak Park.**

Office Hours: Monday - Thursday, 9 a.m. to 5 p.m. (Closed 1 to 2 p.m.)

Open every other Friday, 8 a.m. to 4 p.m.

Aug. 5 and 19, Sept. 2, 16 and 30, Oct. 14 and 28.

Closed on Sept. 5.

BY PHONE

Register by phone with a credit card (American Express®, Visa®, MasterCard® or Discover®) by calling (248) 691-7555.

Classes are filled on a first-come, first-serve basis. Register early! Refund policies apply.

OAK PARK RECREATION DEPARTMENT

LAURIE STASIAK
Director, Recreation Department
(248) 691-7576
LStasiak@OakParkMI.gov

MATT CLUNIS
Recreation Coordinator
(248) 691-7562
MClunis@OakParkMI.gov

MARALEE ROSEMOND
Recreation Coordinator
(248) 691-2357
MRosemond@OakParkMI.gov

RECREATION DEPARTMENT
CITY OF OAK PARK
14300 Oak Park Blvd.
Oak Park, MI 48237

(248) 691-7555
www.OakParkMI.gov

Hours:
Monday-Thursday
9 a.m.-1 p.m. and 2-5 p.m.
Every Other Friday
8 a.m.-4 p.m.

THE MISSION OF THE RECREATION DEPARTMENT IS TO ENRICH THE QUALITY OF LIFE FOR OUR DIVERSE COMMUNITY WHILE ESTABLISHING A HIGH STANDARD OF EXCELLENCE IN OUR PROGRAMS, ACTIVITIES, PARKS AND SERVICES.

FOLLOW US ON:



@CityOfOakPark

PAYMENT METHODS

We accept checks or money orders made payable to the City of Oak Park, cash paid in-person, and the following credit cards:

American Express®, Discover®, MasterCard®, or Visa®



FOWLING TOURNAMENT

Saturday, Sept. 24 | 12-7pm | \$40 per team
Ages 18+ | Registration Ends: Sept. 16

Join us at the Oak Park Community Center field for a fun Fowling Tournament. Fowling is a fun game that combines football and bowling for a casual competitive experience. Teams can be 2-4 players. Each team is guaranteed 2 games and the format will be a double elimination tournament. Rules will be sent out prior to the event.

FARMERS MARKET

Wednesdays from 9 a.m. to 2 p.m. through Sept. 28
at Oak Park High School, Coolidge Highway side.

The Oak Park Farmers Market is now in its fifth year of operation! The City, in partnership with Humana Inc., Beaumont Community Health and the Oak Park High School has seen tremendous growth over the years. Fresh Michigan produce from locally sourced family farms, fresh breads, baked goods, coffee, teas and more will be on hand. The Power of Produce program has returned



with a whole new look, where you can earn money just by signing up! Meet up with friends, old and new, as you enjoy lunch and live music each market day. Please visit the website for up-to-date activities and happenings at the market.

MOTHER DAUGHTER PRINCESS TEA

Saturday Nov. 12 | 11-12:30pm
Registration Ends: Nov. 4
\$30/couple resident | \$15/additional person
\$35/couple non-resident | \$20/additional person

Dress up like your favorite princess and join us for a fancy tea party at the Oak Park Community Center! Activities will include a princess craft to take home, as well as a dance party and photo opportunities with REAL PRINCESSES! The event will conclude with tea and cookies. Registration is required for both adult and child.

ENTERTAINMENT SERIES

Movie will be held in David Shepherd Park from 7-8:30 pm. Topp Dogg will be available for hot foods.

Aug. 11: Outdoor Movie: Encanto
Aug. 18: Concert featuring Roots Vibration
Aug. 25: Concert featuring Mainstreet Soul

A big thank you to our sponsors:

- Jim Shaffer and Associates Realtors
- Dedicated Senior Medical Centers





FALL YOUTH SOCCER

Saturdays, Aug. 27 to Oct. 29 | 9 to 11 a.m. | 9 weeks
Registration Ends: Aug. 17

Games are every Saturday and some week nights
 Practices take place in Oak Park, Games take place in Ferndale.

Oak Park will participate in the Quad-City Alliance Soccer League. They compete with teams from Ferndale, Hazel Park and Pleasant Ridge. This is a co-ed soccer league. Participants are provided with jersey, shorts, and soccer socks. Shin guards are not provided but must be worn at all games and practices.

U4 SOCCER

Fee: \$40 Resident/\$45 Non-Resident | **Course:** 1000FW22

U6 SOCCER

Fee: \$50 Resident/\$55 Non-Resident | **Course:** 1002FW22

U8 SOCCER

Fee: \$60 Resident/\$65 Non-Resident | **Course:** 1001FW22

U10 SOCCER

Fee: \$65 Resident/\$70 Non-Resident | **Course:** 1003FW22

MARTIAL ARTS

GO-TI YOUTH MARTIAL ARTS

Tuesday and Thursday, 7:15 to 8:15 p.m.
\$65 Resident/\$70 Non-Resident | 8 weeks
Ages: 8-13 | Community Center

GO-TI Youth Karate is a class specifically designed for beginner through intermediate skill levels. It enhances a child's focus, memory, teamwork skills, discipline, self-control, fitness, balance, and coordination. All of this is achieved through exciting and fun games and activities. Students should dress in gym attire. Participants will be assessed on their overall skills on the first day of class. A responsible adult must remain in attendance during class. Instructor: Grand Master Dereke Batten.

Sept. 20 – Nov. 3
Nov. 10 – Dec. 15 (no class 11/22)

YOUTH BASKETBALL

Registration Begins: Sept. 6

Registration Ends: Nov. 30

Teams will play in the Tri-City Alliance Basketball League, competing with teams from Ferndale and Hazel Park. Games are played on Saturdays in Ferndale, with select games during the week in Oak Park and Hazel Park. All practices are in Oak Park. This is a co-ed basketball league focusing on skill development in a fun and safe atmosphere. Practices begin in December.

1st & 2nd GRADE

Games are on Saturday Mornings

Fee: \$65 Resident/\$70 Non-Resident

Jan. 14 to March 25

3rd & 4th GRADE

Games are on Saturday mornings with a few Monday and Wednesday games

Fee: \$75 Resident/\$80 Non-Resident

Jan. 14 to March 25

5th & 6th GRADE

Games are on Saturday mornings with a few Tuesday and Thursday games

Fee: \$75 Resident/\$80 Non-Resident

Jan. 14 to March 25

7th & 8th GRADE

Games are on Saturdays. Location TBA.

Fee: \$65 Resident/\$70 Non-Resident

Jan. 14 to March 25

PRESCHOOL BASKETBALL

Monday 6-6:45pm | Ages: 3-5 | Community Center Room A

Fee: \$50 Resident/\$55 Non-Resident | 8 weeks

We are excited to help these little ones develop a love of the great game of basketball! Class focuses on teaching various basic skills. Some which include passing, dribbling and shooting.

Sept. 19-Nov. 14 (no class 10/31)



ADULT ACTIVITIES

DODGEBALL TOURNAMENT

Oct. 15 from 12-7pm | \$40/team | Ages 18+

Teams will consist of 5 players on the court with a maximum of 8 players on the roster. Each team is guaranteed 2 best of three games. Games will be 10 minutes long and you will try to get the most wins during that time. The format will be a double elimination tournament. Come on out and show us that you're the best team in Oak Park!

ADULT KICKBALL

Fridays | 6 to 10 p.m. | Ages 18+

\$200 + \$50 Refundable Team Forfeit Fee

Location: David Shepherd Park

Games will be played at Joe Forbes Field and City Park #2. Teams pay a \$13 umpire fee at each game in addition to the league fee. This is a coed double header league plus end of season playoff tournament. For more information, please contact the Recreation Office at (248) 691-7555.

Fridays, Aug. 26 through Oct. 14

Registration Ends: Aug. 19



ARCHERY

Oak Park Recreation is very excited to partner with USA Archery to provide archery clinics and classes to our youth! No experience required and all equipment will be provided by Oak Park Recreation. For more information contact the rec office at (248) 691-7555. Instructor: Matt Clunis.

YOUTH CLASSES

Thursday from 6-7pm

Recreation Center Room A & B

\$20 Resident/\$25 Non-Resident

Session 1: Sept. 15-Oct. 6

Session 2: Oct. 13-Nov. 3

SENIOR CLASSES

Tuesdays from 2-3pm

Recreation Center Room A & B

\$20 Resident/\$25 Non-Resident

Session 1: Sept. 13-Oct. 4

Session 2: Oct. 11-Nov. 1

FREE ARCHERY DAY

Youth: Sept. 8 at 6 p.m. | Seniors: Sept. 6 at 2 p.m.

TEENS DROP-IN ESPORT

Thursday, 3:30pm, on school days

In collaboration with the Oak Park Library, we will be hosting drop in Esports days at the Oak Park High School! Come enjoy your favorite video games after school with friends. Contact the Recreation Office at (248) 691-7555 for more information.

Make a Difference in the Lives of Our Youth

BECOME A VOLUNTEER

Are you interested in making a difference in the lives of the youth of our community? Become a volunteer coach. Even if you are not an expert in the sport, we need more positive role models in the lives of our youth to help them develop into well-rounded individuals. Oak Park administrators will help provide you with practice plans and provide you with the equipment you need. If you have any interest, Please contact the Recreation Office at (248) 691-7555.

BECOME A SPONSOR

Interested in sponsoring a team? Donate money to your favorite youth sport and get your logo on the back of each player's jersey. Contact our office at (248) 691-7555.



CLASSES

BASIC HATHA YOGA

Thursday from 10:30 to 11:30 a.m.

Ages 50 and up | \$32 Resident/\$37 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class provides a basic yoga foundation. Instruction is personalized around the unique needs of those enrolled. Don't forget to bring your own mat. Instructor: Bob Smith.

Course: Hatha Yoga July22 - July 21-Sept. 8

Course: Hatha Sept22 - Sept. 15-Nov 3

GENTLE CHAIR YOGA

Mondays from 11 a.m. to 12 p.m.

Ages 50 and up | \$24 Resident/\$29 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Gentle Chair Yoga provides gentle therapeutic yoga exercise while reducing stress on joints and muscles. Instructor: Bobby Calhoun.

Course: Gentle Chair Oct22 - Oct. 3-Nov. 21

TAI CHI FOR BEGINNERS

Tuesday, from 10-10:45am

Ages 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Learn the ancient Chinese system of exercise and movement meditation in an effort to develop flexibility and coordination, and to slow down the aging process. All experience levels are welcome! Instructor: Holly Malloy.

Course: Tai Chi Beg Nov22 - Nov. 1-Dec. 20

TAI CHI FOR RETURNING STUDENTS

Tuesday, from 11:30am-12:15pm

Ages 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class utilizes the ancient Chinese system of exercise and movement meditation to develop flexibility and coordination while striving to improve the aging process. Practice the ancient art of Tai Chi. This class is for experienced students only. Instructor: Han Hoong Wang.

Course: Tai Chi Ret Nov22 - Nov. 1-Dec. 20

SENIORS IN MOTION

Tuesdays and Thursdays, 9 to 10 a.m.

Ages: 50 and up | \$40 Resident/\$45 Non-Resident | 8 weeks

Raymond DeFoe, the energetic guru of senior exercise will be providing these morning classes designed to energize your day! The class includes warm up, cool-down, low impact aerobics, strength and balance training and flexibility exercises. Each class maintains core fitness exercises that have been proven effective in assisting participants to maintain and improve strength, balance, posture, flexibility and stamina. The SIM program allows instructors to be creative with their aerobic routines and provide modified exercises to match the participants' varying levels of ability.

Course: Seniors Aug22 - Aug. 4-Sept. 27

Course: Seniors Sept22 - Sept. 29-Dec. 1

YOGA IS FOR EVERY BODY

Mondays from 7:15 to 8:45 p.m.

Ages: 18 and up | \$56 Resident/\$61 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. Yoga is for EVERY BODY! This course is designed to fit the needs of the beginner as well as the returning student. Emphasis is placed on stretching and strengthening the muscles, improving posture, breathing and deep relaxation. Reducing stress is an important benefit! Bring a mat and wear loose clothing. Instructor: Sherry Stone.

Course: YogaEveryBody Aug22 - Aug. 8-Oct. 3

Course: YogaEveryBody Oct22 - Oct. 10- Dec. 5



ZUMBA GOLD (Morning Session)**Tuesdays from 9-10 a.m.****\$48 Resident/\$55 Non-Resident | 8 weeks**

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaGoldAM Sept22 - Sept. 13-Nov. 15**ZUMBA GOLD CHAIR****Thursdays from 5 to 6 p.m.****\$48 Resident/\$55 Non-Resident | 8 weeks**

Zumba Gold can be done standing or sitting in a chair. This class is perfect for people who have mobility or balance problems or for people who just want to start in a chair. These classes typically run 30 minutes which is usually enough time for people. You will be surprised on just how much can be done in a chair! Let's have fun dancing to some great music while in a chair! Instructor: Renee Wilson

Course: ZumbaChair Sept22 - Sept. 15-Nov. 3**ZUMBA GOLD (Evening Session)****Thursdays from 6 to 7 p.m.****\$48 Resident/\$55 Non-Resident | 8 weeks**

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaGoldPM Sept22 - Sept. 15-Nov. 34**ZUMBA FOR ALL****Tuesdays from 6 to 7 p.m.****\$25 Resident/\$30 Non-Resident | 8 weeks**

Forget your working out and join a dance party atmosphere full of Latin and international music. Zumba combines high energy and motivating music to create a fun and energetic workout that is just infectious! Bring a towel, water, and yourself. Ditch the workout and join the party! Instructor: Alicia Jackson

Course: ZumbaAug22 - Aug 9-Sept. 27**Course: ZumbaOct22** - Oct. 4-Nov. 22**HUSTLE CLASS****Wednesdays from 6 to 7 p.m.****\$40 Resident/\$45 Non-Resident | 8 weeks**

This is a choreographed dance wherein a group of people dance along to a repeating sequence of steps while arranged in one or more rows. The dancers are not in contact with each other, and you do not need a partner. Each dance is usually associated with and named for a specific song. We dance to the popular music styles of rhythm & blues, jazz, and music that mixes in mild Rap. Instructor: Maurice Adams

Course: HustleSept22 - Sept. 21 – Nov. 9**BALLROOM DANCE BEGINNERS****Fridays from 6 to 7:15 p.m.****\$40 Resident/\$45 Non-Resident | 8 weeks**

Learn Detroit Style Ballroom dance—a partner dance where the cha-cha is the basic step. It's not the formal traditional ballroom dance like the waltz and Foxtrot. The dance is easy and lots of fun. This style of dance originated over 60 years ago and is still popular, not only in Detroit, but around the country. You'll learn new dance steps - get your steps in for getting into shape. Imagine the next social event where you'll be able to showcase your ballroom moves. Bring a partner or come alone. Yes, even you can learn to dance. Instructor: Maurice Adams

Course: BallroomBegAug22 - Aug. 19-Oct. 14**BALLROOM DANCE ADVANCED****Fridays, 7:30 to 9 p.m.****\$45 Resident/\$50 Non-Resident | 8 weeks**

Must have taken the beginner ballroom, or be familiar with the basic Detroit Style Ballroom beginner steps. This class builds from where the Beginner class left off with more sophisticated combinations of dance moves. Bring your partner or come without a partner. Instructor: Maurice Adams

Course: BallroomAdvAug22 - Aug. 19-Oct. 14**Middle Eastern Belly Dance****\$75 Resident/\$80 Non-Resident | Ages: 20 and Up | 8 weeks**

There must be a minimum of five participants for class to run. This class attracts participants of all shapes and sizes who come dressed in comfortable clothing to learn the art of belly dance. Express yourself through dance and learn fun ways to maintain health. Enjoy the physical and personal benefits of belly dancing - abdominal toning, leg strengthening, self-esteem, and an essence of sensuality. No experience necessary. Instructor: Dee Watkins

Mondays 6-7pm**Course: BellyMonMay22** - Aug. 8-Oct. 3**Wednesdays 6-7pm****Course: BellyWedJuly22** - Aug. 3-Sept. 21



SENIOR MEALS

MEALS ON WHEELS “More than just a meal”

Meals on Wheels home delivery is available in Oak Park as long as you call at least one week in advance. Lunch can be served with a pre-ordered meal. For more information, call Senior Meals on Wheels at (248) 689-0001.

SMART TRANSPORTATION

The Oak Park Recreation Department provides transportation through a partnership with SMART buses for residents who are seniors, age 50 or above, and individuals who have a disability.

Our transportation hours have a brand new start time! We now are able to begin scheduled pick-ups at 8 a.m. with return time no later than 4:30 p.m. (when prior arrangements are made), Monday through Fridays.

In addition to our regular Kroger and Meijer trip days, we are adding shopping opportunities to Target, Walmart, Aldi and Marshall's! Qualified individuals can contact (248) 691-7555. to schedule transport.

LET'S DO A PICNIC LUNCH

Enjoy the beautiful Michigan summer with a picnic lunch and one hour concert designed for those 55 and older. Lunches held under Shelter 1 from 12-1pm with a concert following from 1-2pm. In order to accurately plan for food, we ask that participants register and pay in advance. “Good Food & Better Company” is our motto! *These lunches are done in co-partnership with Humana Inc.*

Aug. 19: Fried Chicken tenders, coleslaw, baked beans, roll, beverage and dessert \$6. Must order by Aug. 15

ICE CREAM SOCIALS

I scream, you scream, we ALL scream for Ice Cream! There is no better time to enjoy this sweet treat than summer so come out and enjoy a wonderful ice cream bar. This event is designed for those ages 55 and older. *Ice cream socials are done in co-partnership with Dedicated Senior Medical Centers.*

Aug. 18: \$5/person. Order by Aug. 15

Sept. 6: \$5/person. Order by Aug. 30

VIRTUAL HEALTH

FREE Virtual Classes. Presented by Beaumont Health.
Visit classes.beaumont.org to register or call 800-633-7377.

HBP CONTROL:

A Hypertension Self-Management Program

Are you suffering from high blood pressure? Learn strategies to control it through a workshop that will teach you the basics of hypertension, stress management, improving your nutrition, physical activity, and more. You can even enjoy it from the comfort of your own home.

CHRONIC PAIN PATH

(Personal Action Toward Health)

Chronic pain got you down? Pick yourself up with this FREE, six-week program you can enjoy from the comfort of your own home. Learn skills for day-to-day management of your pain including how to balance physical activity and rest.

WALK WITH EASE

There are so many benefits to walking including weight loss, pain relief, increased energy levels, stress relief, and boosting your immune system. With the guidance of a coach, this FREE six-week, self-guided program will help you build up to walking at least 30 minutes per day for three days out of the week to improve your overall health.

DIABETES PATH (Personal Action Toward Health)

Helping you take charge of your diabetes

Are you currently living with type 2 diabetes? This FREE interactive program will help you manage all aspects of your diabetes so you can live a healthier, happier life. Take charge of your Diabetes. Learn skills to help you manage your diabetes so you can move more easily by doing exercises that work for you. Improve your nutrition and manage your stress. DO the things YOU like to do. Be more independent. Communicate better with your health team.

DIABETES PREVENTION PROGRAM

Are you at risk for type 2 diabetes? Make healthier choices this year. Make this the year of prioritizing your health. Having #prediabetes puts you at higher risk for developing #type2diabetes. Lower your risk by 58% with the support of a lifestyle coach through the Beaumont Diabetes Prevention Program. The lifestyle coaches and fellow participants of the Beaumont Diabetes Prevention Program will help you! Join this free evidence-based program that you can enjoy from the comfort of your own home.



DROP-IN PROGRAMS

50 UP CLUB MEMBERSHIP

Fee: \$6 Res./\$12 Non-Res. | Calendar Year Renewal

The mission of the 50 Up Club Membership is to provide Oak Park's diverse, mature population with education, exercise, and recreation programs to challenge the mind and body to greater heights of personal achievement. Join our Senior 50 Up Club and enjoy our weekly senior drop-in sessions at the Community Center, at 14300 Oak Park Blvd, Oak Park. Call (248) 691-7555 for more information. Membership registration began Sept. 4, 2022.

HOURS

Monday to Friday, 9 a.m. to 5 p.m. (Closed 1 p.m. to 2 p.m. for lunch)
Every other Friday, 8 a.m. to 4 p.m.

You must be a 50 Up Club Member to enjoy the following drop-in programs:

MONDAY

Ping Pong, Noon to 2 p.m., 50 Up membership required
Bingo, every Monday, 11:30 to 1:30 p.m., Inquire about fee

TUESDAY

Watercolor Drop-In, 12 to 3 p.m., 50 Up membership required
Contemporary Quilters, every third Tuesday, 1 to 3 p.m., Free

WEDNESDAY

Ping Pong, Noon to 2 p.m., 50 Up membership required
Scrabble Club, 1 to 4 p.m., 50 Up membership required

THURSDAY

Bid Whist, 1 to 4 p.m., 50 Up membership required
Drop In Hustle, Noon to 1:30 p.m., \$5/resident; \$7/non-resident
Domino Drop, 50 Up membership required

FRIDAY

Pickleball, (will resume Sept. 16)
Open Fridays, Noon to 3 p.m., \$3/resident; \$5/non-resident

THE OAK PARK ARTS AND CULTURAL
DIVERSITY COMMISSION AND
OAKLAND UNIVERSITY PRESENT THE:

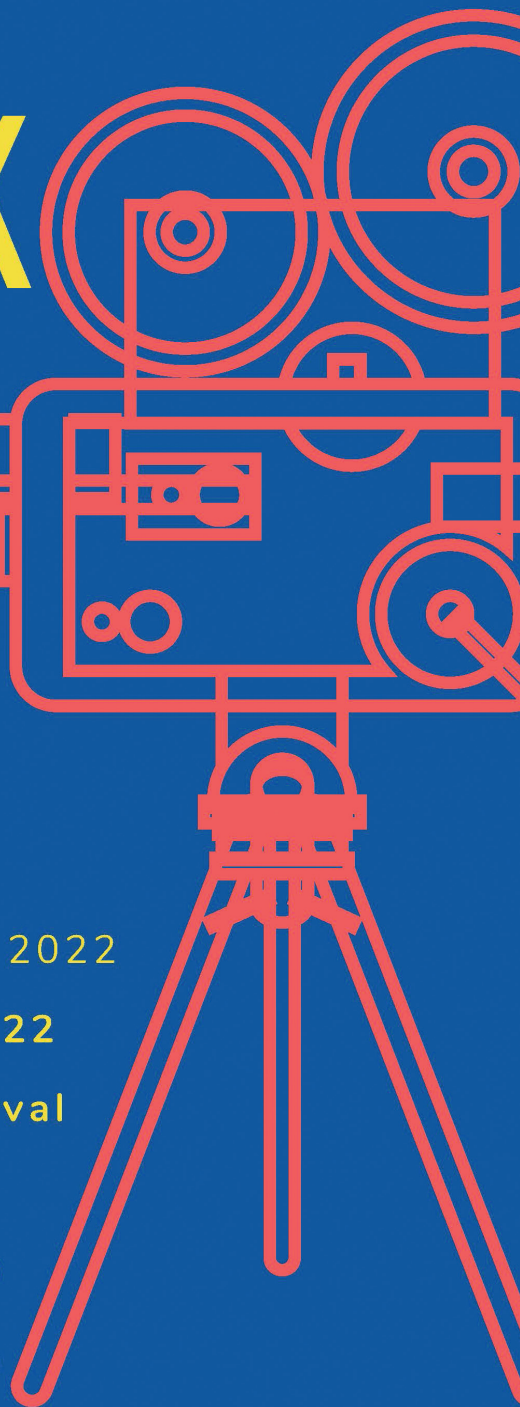
OAK PARK FILM FESTIVAL

Sept. 16-18, 2022

Deadline Submission Date: July 16, 2022

Late Submission Date: Aug. 20, 2022

filmfreeway.com/OakParkFilmFestival





THE MICHIGAN PRINCESS CRUISE

EXTENDED TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of extended trips. These trips require us to book well in advance. We are currently booking for the following tours. As additional tours become available, we will add the information in the lobby of the Community Center. Full details available in the Recreation Department lobby! Contact the Recreation Department at (248) 691-7555 for more details.



Amazing Akron

Wednesday, Oct. 19 through Thursday, Oct. 20

2 days/ 1 night

\$275/double occupancy

Round trip transportation via deluxe motorcoach provided by Bianco Tours. So many sites to see: Brandywine Falls, MAPS Air Museum, Spaghetti Warehouse, Cuyahoga Railroad, Mustill Store and Canal System and more! This is a delightful overnight trip to make wonderful memories of Akron.

Course: Akron22



SPAGHETTI WAREHOUSE

DAY TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of day trips. These trips require us to book well in advance. We are currently booking for the following tours. As additional tours become available, we will add the information in the lobby of the Community Center. Full details available in the Recreation Department lobby! Contact the Recreation Department at (248) 691-7555 for more details.



THE MICHIGAN PRINCESS CRUISE

Thursday Oct. 13 | 8:15am-4:30pm

\$117/person

This wonderful day long trip is packed with fun for everyone. Experience a beautiful fall color cruise along the Grand River, enjoy a full buffet lunch, tour the Michigan State Capitol building, and end the day with a "Super Scoop" of delicious ice cream from the M.S.U. Dairy store! Enjoy this trip with a deluxe highway motorcoach from Bianco.

Course: Princess22

THEATRE TRIPS

Please visit the recreation office for current listings.

MEADOWBROOK THEATER

The Recreation Department has secured tickets for the entire Meadowbrook 2022-2023 season. These theatre trips will begin in late September. Please stop by the Recreation Department or visit the Recreation page on the city website under Theatre, for the most up to date information.

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Oak Park, MI 48237

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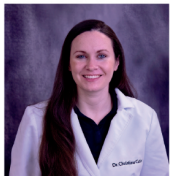
The Recreation Department would like to thank our gracious sponsors, that without their generous financial support and participation, many of those highly anticipated and dearly loved events would not be possible.

- Humana Inc.
- Beaumont
- FPJ Investments
- DTE Foundation
- PNC Bank
- Fortson Dentistry
- Oakland County Parks
- Glory Super Market
- Dedicated Senior Medical Centers
- Joyful Tot's Childcare & Learning Center
- Jim Shaffer & Associates
- Best Friend's Early Childhood Education Center
- SMART Transportation
- Alaska Fresh Fish & Chicken
- Canine to Five

THANK YOU TO OUR VOLUNTEERS

A big shout out goes to Mayor Pro-Tem Julie Edgar, Juanita Bell, Alexander Simpson, Beverly Wiggins, Dwight Thomas, Jean Jones, Rachel Eckert, Aseel Shafou, Jon & Elaney Rosemond, and Oak Park Baptist Church. Their time and dedication to aiding us in making our community events and programs run smoothly, make them more enjoyable and safe is beyond measure!

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