

Oak Park

City Magazine and Recreation Program Guide • Fall 2023

City Magazine and
Recreation Program Guide

City of Oak Park Recognized with SEMCOG's
2023 Regional Showcase Award

Elevate Your Support for
Oak Park and the Detroit Lions

Summer Fun in Oak Park





Message From City Manager Erik Tungate

We are entering a new era in Oak Park, one that is elevated beyond what many of us envisioned decades ago. This era will focus on a higher standard of living for our residents, which will be rooted in the public service programs we have intentionally developed over the last decade, along with an increased focus on parks and recreation opportunities.

The City of Oak Park is reaching new heights because of the sound fiscal responsibility we have exemplified year-after-year. The Fiscal Year 2023-24 Budget, which was unanimously approved by the City Council, is balanced and highlights our commitment to meeting our citizens most critical needs while also giving us the ability to continue to achieve a high quality of life for the residents of our City.

For Fiscal Year 2023-24 the City of Oak Park will do the following:

- Have a fund balance, or rainy day fund, that is approximately 20 percent of our budget, meaning that we are meeting the highest national standards;
- Bring in about \$1 million more in tax revenue than we did in the previous budget; this is a true testament to the business-friendly culture we have created in Oak Park;
- Continue to attract and increase the number of new businesses in the City, allowing for a continued increase in our tax base, beautification of vacant properties and additional employment opportunities for residents.
- Have a taxable value rate that has increased from \$432 million in 2012 to \$649 million in 2023, a gain that leads Oakland County in the most improved category.

These budget facts continue to support the idea that Oak Park is on the rise! But, in order to be at the top we still have some work to do, and in order to accomplish this we will need to rise together.

Come November, Oak Park voters will see two proposals on the ballot. One proposal will be asking voters to approve a 2.4 Mill Headlee Override for recreation. If this proposal passes, the funds would be used for the purpose of funding capital improvements for facilities, parks, amenities and general operating costs for the Recreation Department. In other words, if passed, these funds would help bring the Event Hub next to City Hall to fruition (we have already raised \$3.75 million for this space and are close to securing additional federal, state and grant funds). The funds from this millage would also allow for investment in the parks and recreation amenities you—our residents—identified as priorities in the Elevate Oak Park engagement process.

The additional question on the ballot will ask voters to approve a general obligation tax bond for up to \$40 million which, if passed, would pay for debt service. What are these capital improvements you ask? Well, that new community center you have been asking for is certainly high on that list. And, if this bond proposal were to pass and a new community center were to be built, it is important to note that staffing the community center will be necessary. The funds for increased staffing, driven by the increase in recreation opportunities we would be offering, will be supported by the passage of 2.4 mill Headlee Override.

This is a lot to digest, and trust me, in the coming months you will be flooded with information on these proposals. Town Halls will be scheduled. Postcards and flyers will be mailed. Information pieces will be available at City events, in City buildings and on all City communications platforms. All I can ask is that you ask questions and learn what approval of these two ballot proposals will mean for you, your neighbors and the City and its parks and recreation opportunities.

With these new amenities, it is my firm belief that we can bring this City to new heights. While we know it will take time, work and funding, our record of work on other City project, such as our new City Hall, has proven we are capable of managing larger projects on-time and under budget.

CITY OF OAK PARK

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Remember to Vote
on November 7

Understanding Your November Ballot:

The Elevate Oak Park Recreation Edition



Scan for
additional
information



Oak Park residents are being asked to vote on two recreation related proposals on Nov. 7, 2023.

These proposals were placed on the ballot after the Oak Park community shared its parks and recreation wants and needs during a yearlong, community engagement focused planning process in 2022. Through this process, which shaped the Parks and Recreation Master Plan Update, it was determined that the priority areas for increased parks and recreation opportunities in Oak Park are:

- Fitness, wellness and cultural programming
- A new Community Center
- An indoor swimming pool
- Trails and greenways
- An indoor track and an indoor gym
- Natural parks and preserves
- Public restrooms in parks
- A Farmers Market pavilion and year-round special event spaces
- Sports courts and playground amenities

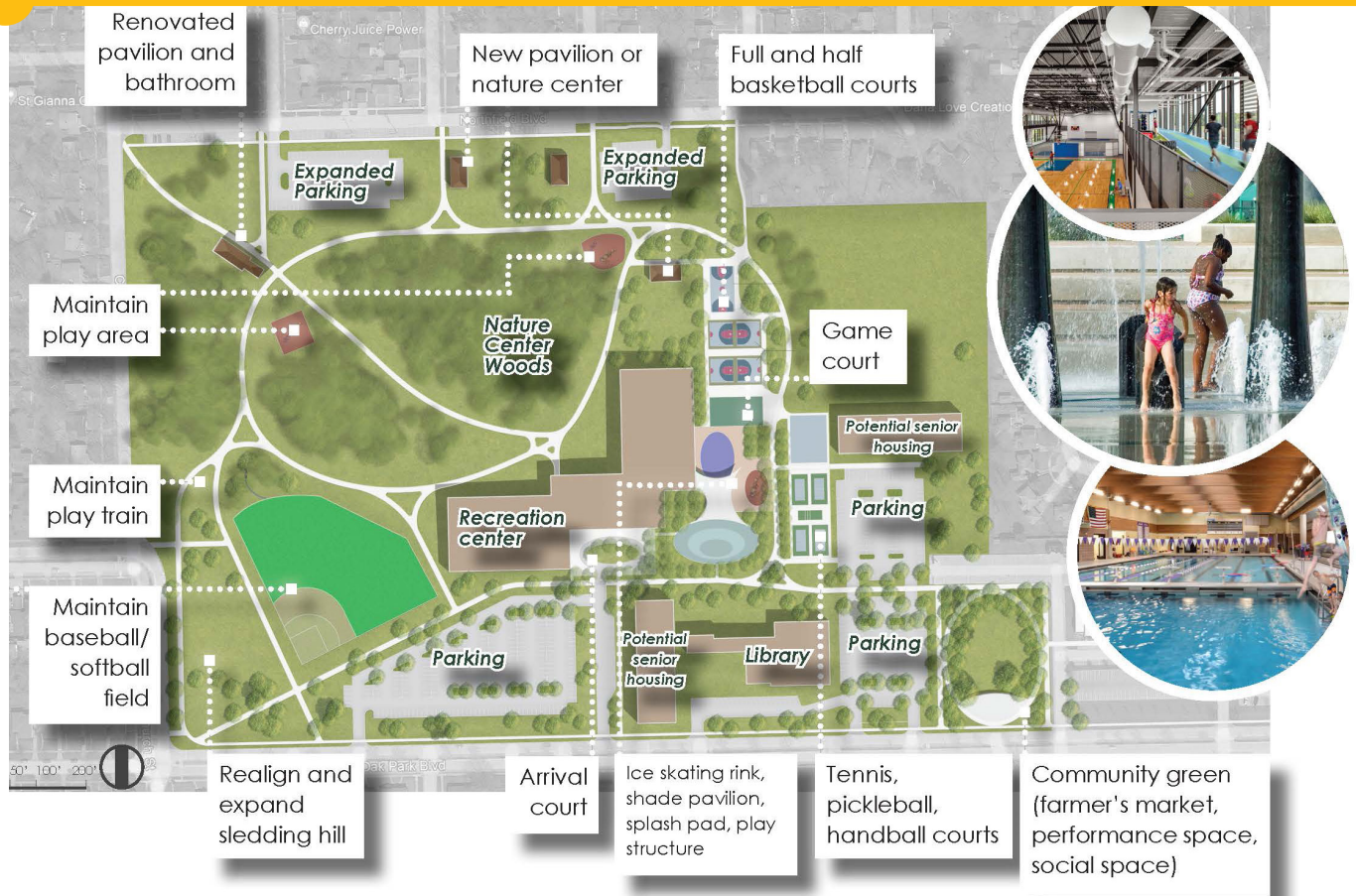
To offer these new amenities (and more), and to sufficiently operate them, a secure funding mechanism is needed.

Below is detailed information on each proposal and answers to many of the questions we have been hearing while out in the community. More information can also be found at bit.ly/ElevateBallotProposals or by scanning the QR code to the left. On the Elevate Ballot Proposals webpage there is also a list of upcoming town halls and question and answer sessions.

PROPOSAL 23-1: Recreation Millage Proposition (2.4033 mills, Headlee Override)

This ballot proposition, if approved, will authorize the City to levy 2.4033 mills for a period of 20 years, from 2024 through 2043. Revenues from this millage will be available only for the purpose of funding capital improvements for facilities, parks, amenities, and general operating costs for the Department of Recreation, and paying any and all other costs associated with or related to such programs.

Funds from this millage, if approved, will allow for improvements in our neighborhood parks, specifically the priority parks identified in the updated Parks and Recreation Master Plan. Such improvements will include new public restrooms in parks, new pathways, updated play equipment and more.



Priority Neighborhood Parks

- Best Park
- Dewey Park
- Key Park
- Rothstein Park
- Tyler Park
- City-wide trail system
- City Complex Area

If approved, this proposal will also fund increased recreation operating costs, directly impacting the number of parks and recreation opportunities provided to residents. Furthermore, if voters approve the bond measure to fund a new community center, this proposal will fund a portion of the costs needed to operate the new Community Center, which will have increased costs due to increased programming, amenities and staffing.

PROPOSAL 23-2: General Obligation Bonding Proposition (4 mills)

The Oak Park community shared its parks and recreation wants and needs during a yearlong, community engagement focused planning process in 2022. Through this process, the community shared their desire for a new community center, an indoor pool and an indoor track and gym, among other items. To provide and sufficiently operate these recreation amenities, a secure funding mechanism is needed.

The General Obligation Nov. 7 ballot proposition, if approved, will authorize the City of Oak Park to issue its general obligation unlimited tax bonds for a period not to exceed 25 years for each series, for the purpose of paying all or any part of the costs of constructing and furnishing a new Community Center; equipping and reequipping a new and remodeled community and recreation center; demolishing certain existing facilities; and other necessary steps to improve the City's recreation facilities. If this bond proposal passes, the City of Oak Park will borrow a principal amount not to exceed \$44 million. The estimated millage that will be levied for the proposed bonds is 4 mills.

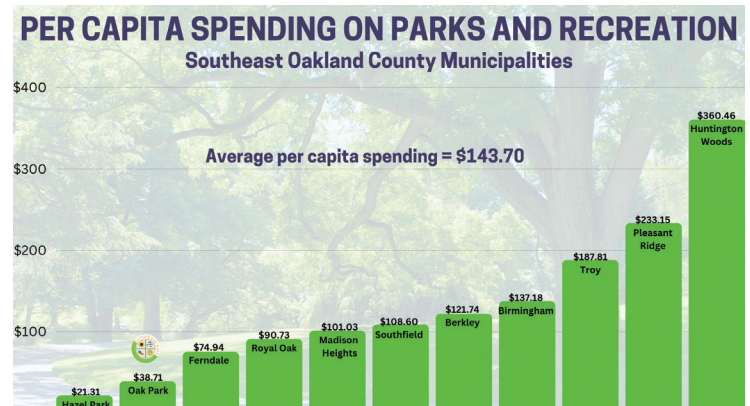
It is important to note that if this proposition is approved and a new community center is built, an additional revenue stream will be necessary to operate the community center. Approval of the 2.4 mill Headlee Override proposal on the Nov. 7 ballot would allow for such funding.

Nov. 7 Ballot Questions and Answers

How does Oak Park's per capita spending on parks and recreation compare to our neighboring communities?

Our per capita spending on parks in Oak Park ranks ten out of eleven when compared with our neighboring communities. We spend \$38.71 per capita while the top city spends \$360.46.

If the proposed funding mechanisms for increased parks and recreation opportunities are approved, Oak Park still won't spend the highest per capita on parks in the area.



What financial impact will these proposals have on an average homeowner in Oak Park if approved?

- Average Taxable Value of a home in Oak Park = \$46,521
- Recreation Millage (Headlee Override) Proposition (2.4 Mills, 20 years)
 - Tax increase = 2.4033 mills
 - Average Annual Millage Revenue would be about \$1,562,145 (2023).
 - Average Monthly Cost = \$9.30
 - Average Annual Cost = \$111.65
- General Obligation Bonding Proposition
 - Tax increase would be about 4 mills
 - Total Debt Issued would be about \$44 million
 - Average Monthly Cost = \$15.07
 - Average Annual Cost = \$186.08

How is the City working to secure additional funding for new parks and recreation amenities?

Currently, the City has secured \$5.75 million to support building the future Event Hub, which will be located in the green space between City Hall and the Library. The \$5.75 million is a combination of general fund dollars and grants the City has been awarded from Oakland County and the state budget allocation, specifically for the Event Hub. The City is also in the process of securing federal, state and additional local grants and working on fundraising efforts as well.

Will the Recreation (Headlee Override) millage, if approved, support building the future Event Hub too?

If approved, funding from the Headlee Override millage will fill the funding gap to ensure the Event Hub will include all of the planned amenities. However, the City has secured \$5.75 million to support building the future Event Hub thus far and has applied for additional state and federal grants as well. Revenues from this millage would be available only for the purpose of funding capital improvements for facilities, parks, amenities, and general operating costs for the Department of Recreation, and paying any and all other costs associated with or related to such programs. The neighborhood parks prioritized in the City's Parks and Recreation Master Plan Update will remain a priority for investment from these millage funds.

What is a General Obligation Bond?

A general obligation, or GO bond, is a type of municipal bond that is backed entirely by the issuers (i.e. the City) creditworthiness and ability to levy taxes on its residents. GO bonds are generally seen as the most credit worthy in the market and are used to fund a variety of general public projects, like municipal buildings, parks and schools.

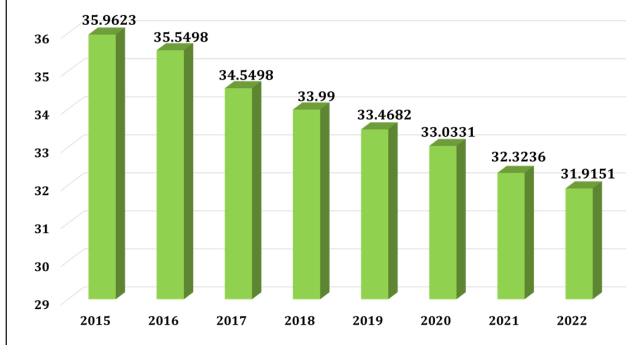
What happens if the General Obligation Bond proposition does not pass?

If this proposition does not pass, the City will not have the funding to build a new community center, indoor pool, indoor track, gymnasium and other recreational amenities.

What is a Headlee Override Proposal?

A Headlee Override asks voters to approve raising the millage rate to its original rate after it has been forced to be rolled back because of growth in property values.

Average Oak Park Millage Rate Change



If this Headlee Override is approved, residents will continue to see a decrease in the City's millage rate due to state mandated millage rollbacks in the future. In fact, the City's millage rate has decreased by almost 10% since 2015 due to state mandated rollbacks and the responsible refinancing of debt.

(INSERT GRAPH HERE!)

What happens if the Recreation (Headlee Override) millage proposal does not pass?

If the Headlee Override Proposal does not pass there will not be identified funds to fully invest in the prioritized neighborhood parks or to increase recreation operations.

What happens if the General Obligation Bond passes, but the Headlee Override millage proposal does not pass?

The City will have a secure funding mechanism to build a new Community Center if the General Obligation Bond passes. However, there will not be a secure funding mechanism to operate the Community Center if the Headlee Override does not pass. The Headlee Override proposal, if passed, will fund a portion of the costs needed to operate the new Community Center, which will have increased costs due to increased programming, amenities and staffing.

What happens if the Headlee Override millage proposal passes but the General Obligation Bond does not pass?

If the Headlee Override proposal passes then the City will have the funding mechanism needed to invest in several neighborhood parks in Oak Park (specifically the ones listed above) and to program and staff additional recreation opportunities. If the General Obligation Bond does not pass though there will not be a funding mechanism to build a new Community Center (which would include an indoor pool, track, gymnasium and more).

If the General Obligation Bond Proposal passes and a new Community Center is built, will there need to be additional staffing?

Yes, there will need to be additional personnel to properly staff and operate a new Community Center. Part of the Recreation (Headlee Override) millage will provide such funds for operations. However, if the Recreation (Headlee Override) millage fails the City does not currently have identified funds for additional staffing needs for a new Community Center.

If the General Obligation Bond Proposal passes, when and where will the Community Center be built?

If approved, we anticipate construction for the new Community Center will

begin in 2025-26. The ice arena will be demolished, as will the current Community Center. The footprint of a new community center will not be where the current one is though.

If a new Community Center is built, will there be a charge to use it?

The City will not move forward with solidifying plans for a Community Center until after the election. If the proposal to build a new Community Center passes, it is anticipated that the new building will include areas that are open to the community with no additional costs, but will also feature areas and services that include a necessary fee for use. This model is similar to how the current Community Center is operated and is common amongst all community centers. The City will be competitive with our neighbors while still offering quality programs and services.

How big will a new Community Center be and what can we expect?

- The size of the proposed new Community Center will depend, in part, on the cost of material, construction and labor.
- By levying approximately 4 mills to build a new Community Center, the City will be able to borrow a principal amount not to exceed \$44 million for all or any part of the costs of constructing, reconstructing and remodeling the community center, recreation center, and Department of Recreation building; furnishing, refurbishing, equipping and reequipping a new and remodeled community and recreation center; demolishing certain existing facilities; preparing, developing and improving sites, including entrances, approaches, parking facilities, and landscaping. If this bond proposal passes and a new Community Center is built, it will include an indoor pool and walking track, meeting space, a gymnasium, activity rooms and more to fit the parks and recreation needs of our community.

Has there been community engagement to support placing these questions on the ballot?

- 20 public meetings;
- Received about 400 survey responses;
- Held stakeholder meetings and collaborated with Berkley, Ferndale, Oak Park and Yeshiva schools and with Oakland County, including Oakland County Parks and Recreation.

You spoke, we listened and now we are looking to put the Elevate Oak Park plan into action.

Will there be public engagement opportunities prior to the Nov. 7, 2023 election?

Yes, please see the dates listed to the right.

For more information visit bit.ly/ElevateBallotQuestions

ELEVATE TOWN HALLS



City officials will be on hand to present information on the two Nov. 7 ballot questions related to Oak Park's parks and recreation opportunities.

SEPT. 7	6-11 PM	TAILGATE @ WATER TOWER SOCIAL DISTRICT
SEPT. 11	5:30-6:45 PM	CITY HALL (COUNCIL CHAMBERS)
SEPT. 15	11:30 AM-NOON	SHEPHERD PARK
SEPT. 18	5:30-6:45 PM	CITY HALL (COUNCIL CHAMBERS)
SEPT. 20	5-6:30 PM	COMMUNITY CENTER
SEPT. 27	5-6:30 PM	COMMUNITY CENTER
OCT. 10	10:15-11:30 AM	COMMUNITY CENTER
OCT. 16	5:30-6:45 PM	CITY HALL (COUNCIL CHAMBERS)
OCT. 18	5-6:30 PM	COMMUNITY CENTER
OCT. 24	10:15-11:30 AM	COMMUNITY CENTER
NOV. 1	5-6:30 PM	COMMUNITY CENTER



Presentation to Seniors

Visit [Bit.ly/ElevateBallotQuestions](https://bit.ly/ElevateBallotQuestions) for more information



JOIN CITY MANAGER ERIK TUNGATE FOR



City Manager Erik Tungate will be available for Wednesday Question and Answer sessions on the two Nov. 7, 2023 ballot questions related to Oak Park's recreation opportunities.

AUG. 30	1-2 PM	CITY HALL (COUNCIL CHAMBERS)
SEPT. 13	10-11 AM	CITY HALL (COUNCIL CHAMBERS)
SEPT. 20	1-2 PM	CITY HALL (COUNCIL CHAMBERS)
SEPT. 27	1-2 PM	CITY HALL (COUNCIL CHAMBERS)
OCT. 11	10-11 AM	BEST PARK
OCT. 18	1-2 PM	ROTHSTEIN PARK
OCT. 25	10-11 AM	KEY PARK
NOV. 1	1-2 PM	CITY HALL (COUNCIL CHAMBERS)

Visit [Bit.ly/ElevateBallotQuestions](https://bit.ly/ElevateBallotQuestions) for more information



November 7 is Election Day



This year, Election Day in Oak Park is on Tuesday, Nov. 7 with the polls opening at 7 am and closing at 8 pm. Oak Park voters will be selecting one candidate Mayor and two candidates for City Council. The Mayor will be elected for a 2-year term and the two City Councilmember seats will each be for 4-year terms. These positions are vital to the conduct of our City government and it is important that you, as an Oak Park resident, participate in this, and every, election. Oak Park voters will also be given the opportunity to vote on two recreation related ballot questions. These questions are Ballot Proposal No. 23-01: Recreation Millage Proposition (Headlee Override) and Ballot Proposal No. 23-02: General Obligation Bonding Proposition. Oak Park Schools also has a proposal on the ballot for a Non-Homestead Operating Millage Replacement and Restoration Proposal.

Additional Election Information

- The polling locations are as follows:
 - Precinct 1,2,3: Norup International School, 14450 Manhattan
 - Precinct 4: Pepper Elementary School, 24301 Church
 - Precinct 5,6: Oak Park Community Center, 14300 Oak Park Blvd.
 - Precinct 7,8: Oak Park High School, 13701 Oak Park Blvd.
 - Precinct 9, 10: Einstein Elementary School, 14001 Northend
 - Precinct 11: Lessenger Early Childhood Center, 12901 Albany
 - Precinct 12,13: Oak Park Preparatory Academy, 23261 Scotia
 - Precinct 14,15,16: Ferndale Upper Elementary School, 24220 Rosewood
- Please note that there is a temporary polling place change for this election. Due to construction voters registered at precincts 15 and 16 will need

to vote at Ferndale Upper Elementary- 24220 Rosewood instead of CASA (23561 Rosewood).

- Nine Days of Early Voting will be held at Oak Park Community Center 14300 Oak Park Blvd. starting Saturday Oct. 28 through Nov. 5, 2023. The hours will be 8:30 am-4:30 pm each day, except Nov. 2. On Thursday, Nov. 2 the hours will be noon-8 pm.
- Early voting allows a voter to cast a ballot before Election Day, in an experience similar to voting on Election Day. During the early voting period, voters are issued a ballot and can then insert their ballot directly into a tabulator at the early voting site.
- The early voting site does not offer voter registration.
- Voter registration is available online at [Michigan.gov/Vote](https://mivc.sos.state.mi.us/). After Oct. 23, 2023, voters must visit the Clerk's Office and provide proof of residency to register to vote.
- Absentee voting allows voters to request a ballot by mail or in person at their local clerk's office. Voters can complete their absentee ballot at home or at their local clerk's office and submit it in an envelope by mail, in person or by drop box. After an absentee ballot is received by the local clerk, the voter's absentee ballot is processed and tabulated by their local clerk.
- The last day to request an absentee ballot by mail is Nov. 3. Nov. 6 at 4 pm is the deadline to request an absentee ballot in person, which must be voted on the premises.
- To view a sample ballot, visit the Election tab on the City's website or come in person to the Clerk's Office to request a physical sample ballot.
- To find out your correct precinct and polling location please visit <https://mivc.sos.state.mi.us/> or call the clerk's office at 248-691-7544
- For additional questions, call the Oak Park Clerk's Office at (248) 691-7544.

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Oak Park Public Library

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reference@oakparkmi.gov

HOURS: Monday-Thursday 10 am to 8 pm
Friday 10 am to 5 pm
Saturday Closed, Sunday 1 to 5 pm

Kimberly Schaaf, Director
f @ Oak Park Library
o @ oakparkmilibrary

EVENTS FOR EVERYONE

CRYPTIDS DECRYPTED!

BEYOND BIGFOOT AND LOCH NESS MONSTER!

Sunday, Oct. 22 | 2 pm | Recommended for ages 9+.

Presented by Andrew Kercher from the Port Huron Museums! Join us for this fun presentation about mysterious creatures that turned out to be all too real. Go beyond Bigfoot and the Loch Ness Monster to learn how not-so-extinct fish to animals now found in zoos the world over were once considered creatures of legend. Make it extra fun by coming dressed as your favorite mysterious creature!

Registration required.



GRAB & GO

World Origami Day

Pick up Monday, Nov. 6-Friday, Nov. 10. | Recommended for ages 8+

Celebrate World Origami Day with these all-ages Grab & Go kits, a way explore the art of origami from the comfort of your home! Each kit comes with step-by-step instructions and paper to make a variety of designs. From animals to geometric shapes, the possibilities are endless. Pick up your origami kit and experience the joy of folding and creating! **One per person, while supplies last.**

Winter Village

Pick up Monday, Nov. 13-Wednesday, Nov. 22 | All ages

Help us create Snow(k) Park, a small winter village version of our city! Pick up a wooden house to decorate and return it to us by Wednesday, November 29th. We'll display your house in the library as part of our Winter Village created by the community! **One per person, while supplies last.**

Quilled Paper Snowflakes

Pick up Monday, Dec. 4-Monday, Dec. 11 | Recommended for ages 10+



Looking to add a little extra flair to your holiday gifts or décor? This quilled paper snowflake kit has everything you need to create beautiful winter designs. Pick up a kit, make yourself a cup of cocoa, and get crafty. **One per person, while supplies last.**

EVENTS FOR CHILDREN

PJ STORYTIME: DINOSAURS!

Tuesday, Nov. 14 | 6:30 pm | Ages 0-5 with a caregiver.

Wear a dino shirt, bring a dino toy, or just bring yourself, your child, and a love of dinos! Wear your PJs to be extra cozy. We'll read, sing, rhyme, enjoy a snack and have a dino-mite time! Space is limited. **Registration required.**

TODDLER STORYTIME

Ages 0-3 | Thursdays, 10:15 am | Oct. 12-Nov. 9 | Nov. 30-Dec. 21

Toddler Storytime is a great way to introduce babies and toddlers to the joys of reading and start building their very first early literacy skills. This weekly 30-minute program includes stories, songs, rhymes, and activities that encourage language development, play, and exploration. Pick up a storytime schedule at the library. **No registration required.**

FAMILY STORYTIME

Ages 0-5 | Tuesdays, 10:15 am | Oct. 10-Nov. 7 | Nov. 28-Dec. 19

Family Storytime is a great way to develop essential language skills through specially selected books and early literacy activities for toddlers and preschoolers. The program is designed with both learning and fun in mind. It helps prepare children for school by building strong foundational skills they'll need to read and write. This weekly 30-minute program includes fun stories, songs, and rhymes parents can duplicate with their little one at home. Pick up a storytime schedule at the library. **No registration required.**

EVENTS FOR TEENS

TEEN HALLOWEEN FEST

Wednesday, Oct. 18 | 5:30 pm | Ages 13-18.

Unleash thrills & chills! Thrill-seeking teens aged 13-18 are invited to join us for a spooktacular Teen Halloween Fest! We'll watch a spooky movie, do some Halloween crafts, and eat delicious snacks. Dress up in your favorite costume and enjoy a hauntingly fun evening with friends. Don't miss the frightful fun!

No registration required.

EVENTS FOR ADULTS



FINDING YOUR BLACK ANCESTORS

Tuesday, Oct. 3 | 6:30 pm

African American genealogy presents unique challenges for modern researchers, so we're excited to welcome Rozlyn Kelly, the president of the Farmington Genealogical Society, who will provide guidance and best practices when doing your family history. **Registration**

required. Limited seating.

ESTATE PLANNING CLASSES

Tuesday, October 10 | 6:30 pm

and Wednesday, Nov. 8 | 2 pm

Two identical classes available. Please join Lakeshore Legal Aid staff attorney Hammad Khan for presentations on the value of estate planning, including an overview of wills, medical and financial Power of Attorney, and Lady Bird Deeds. Lakeshore Legal Aid is a nonprofit law firm serving people with low income, seniors, and survivors of domestic violence and sexual assault throughout Michigan. **Registration required.**

The information provided in these presentations does not, and is not intended to, constitute legal advice; instead, all information, content, and materials available are for general informational purposes only. Information in this webinar may not constitute the most up-to-date legal or other information.



WHAT'S NEW IN MEDICARE 2024

Tuesday, Oct. 24 | 6:30 pm

The Area Agency on Aging 1-B's Medicare Medicaid Assistance Program (MMAP) will provide an overview of the different parts of Medicare and highlight some of the benefits and services Medicare provides. We will update you on changes that will be taking place effective Jan. 1, 2024. We will also discuss how we can help you better understand your Medicare options and make changes to your plans during the Annual Open Enrollment Period, Oct. 15-Dec. 7, 2023. MMAP is the State Health Insurance Assistance Program (SHIP) for the State of Michigan.



Navigating Medicare

GENEALOGY 101

Tuesday, Nov. 28 | 6:30 pm

This is a beginner's class designed for anyone interested in exploring their family history. Participants will learn the basic techniques of genealogical research, such as how to search for and interpret important documents, organize information, and evaluate sources. The class will cover resources available at the library and online. By the end of the class, participants will have the knowledge and skills necessary to start building their own family tree and discovering their heritage! **Registration required.**

BASIC COMPUTER SKILLS INSTRUCTION BY APPOINTMENT

By Appointment | Oak Park residents | 30 min sessions

Our basic computer skills sessions provide personalized instruction tailored to your needs. Our knowledgeable instructor will guide you through the basics of computer usage, including navigating the internet, using email, and utilizing various software applications. Whether you are a beginner or just looking to enhance your current skill set, our class is designed to meet your individual goals and improve your overall computer proficiency. Call the library and take the first step towards mastering essential computer skills. **Registration required.**

ENGLISH LANGUAGE CONVERSATION CLASS

Classes available for new learners and intermediate/advanced speakers. We've partnered with Siena Literacy Center of Detroit to provide those learning English an opportunity to strengthen their skills in a group setting. In-person and virtual classes available. Contact the library at 248-691-7480 for more information. **Registration required.**



SIENA LITERACY CENTER

1-ON-1 TECHNOLOGY ASSISTANCE BY APPOINTMENT

Looking for help with your smartphone or tablet? Learn the basics of setting up and navigating your device, utilizing useful apps and features, and troubleshooting common issues. Our experienced instructors will guide you step-by-step and provide personalized support to ensure you feel confident using your device. Don't miss out on this opportunity to enhance your digital skills and make the most out of your device! Call 248-691-7480, ext. 3 to make an appointment.



ALBERT KAHN, DETROIT'S ARCHITECT!

Thursday, Nov. 16 | 6:30 pm

Presented by Andrew Kercher from the Port Huron museums! Takes a look at the life and buildings of America's foremost industrial designer of the 20th century. Everyone has seen some of his masterpieces, such as Cadillac Place and the Fisher Building. Hear the story behind them and take a closer look at why Kahn's legacy endures.

Registration required.

BOBLO BOATS: A DETROIT FERRY TALE

Tuesday, Dec. 5 | 6:30 pm

We're welcoming Aaron Schillinger, writer and director of the award-winning documentary **Boblo Boats: A Detroit Ferry Tale!** When Ste. Claire and SS Columbia sounded their whistles, every Detroit kid knew it heralded the coming of summer and the magic of ferrying over to nearby **Boblo Island Amusement Park**. After 85 years of operation, these two sister steamships – the oldest in America – awoken from a deep slumber to find a devoted team of enthusiasts have set out to rescue them from their deteriorating state. SS Columbia has been whisked away to New York while Claire's fate rests in the hands of an unlikely band of heroes: a doctor, a psychic, and an amusement park fanatic. Aaron will present clips of the documentary and discuss Sarah E. Ray, the Civil Rights activist! **Registration required.**



OAK PARK BOOK CLUB

Our growing group of readers meet in-person on the first Wednesday of each month at 6 pm.

Copies of each book are available at the circulation desk one month before we meet.

Upcoming Selections:

Oct. 4: *The Big Dark Sky*, by Dean Koontz

Nov. 1: *Eternal*, by Lisa Scottoline

Dec. 6: *Firekeeper's Daughter*, by Angeline Boulley



Utility Bill Assistance Organizations and Programs

If you are in need of utility bill assistance consider contacting one of the organizations below. This list can also be found at oakparkmi.gov.

- **AMERICAN RESCUE PLAN ASSISTANCE**
(517) 373-8080
WWW.HOUSE.GOV/HFA
- **COVID EMERGENCY ASSISTANCE (CERA)**
1-888-441-1742
WWW.OAKLANDHOMELESS.ORG/CERA
196 CESAR EAST CHAVEZ AVE, PONTIAC, MI 48342
- **DETROIT WATER PROJECT**
DETROITWATERPROJECT.ORG
- **DHS-MADISON HEIGHTS**
(248) 542-5860
[HTTPS://BIT.LY/3xG450Q](https://bit.ly/3xG450Q)
30755 MONTPELIER, MADISON HEIGHTS, MI 48071
- **HOSPITALITY HOUSE FOOD PANTRY**
(248) 960-9975
PROGADMIN@HHFP.ORG
- **MICHIGAN HOMEOWNER ASSISTANCE**
1-866-946-7432
WWW.STEPFORWARDMICHIGAN.ORG
PO BOX 30632 LANSING MICHIGAN 48909
- **OAKLAND COUNTY CARES ACT**
(248) 858-0730
OAKGOV.COM/COVID/GRANTS
- **OAKLAND COUNTY FAIR HOUSING**
1-888-350-0900
OAKGOV.COM/FAIRHOUSINGSURVEY
- **OLSHA-OAKLAND**
(248) 542-5860
30755 MONTPELIER, MADISON HEIGHTS 48342
- **OUR LADY OF FATIMA**
ST. VINCENT DE PAUL
(248) 545-2310
- **PEOPLE'S WATER BOARD COALITION**
(833) 882-7766
- **SALVATION ARMY**
(248) 585-5600
3015 NORTH MAIN, ROYAL OAK, MI 48073
- **THE HEAT AND WATER FUND (THAW)**
1-800-866-8429
535 GRISWOLD ST, STE 200, DETROIT 48226
- **WRAP PROGRAM**
(313) 386-9727
WAYNEMETRO.ORG/WRAP



WWW.OAKPARKMI.GOV



RECREATION DEPARTMENT
CITY OF OAK PARK
14300 Oak Park Blvd.
Oak Park, MI 48237
(248) 691-7555
www.OakParkMI.gov

LAURIE STASIAK
Director, Recreation Department
(248) 691-7576
lstasiak@oakparkmi.gov

MARALEE ROSEMOND
Recreation Coordinator
(248) 691-2357
mrosemond@oakparkmi.gov

JESSICA ALGER
Recreation Coordinator
(248) 691-7562
jalger@oakparkmi.gov

ERIN FOLEY
Recreation Coordinator
(248) 691-7161
efoley@oakparkmi.gov

TRACY EATON
Administrative Clerk
(248) 691-2358
teaton@oakparkmi.gov

Hours:
Monday-Thursday
9 am-1 pm and 2-5 pm
Every Other Friday
8 am-4 pm

THE MISSION OF THE RECREATION
DEPARTMENT IS TO ENRICH THE QUALITY OF
LIFE FOR OUR DIVERSE COMMUNITY WHILE
ESTABLISHING A HIGH STANDARD OF
EXCELLENCE IN OUR PROGRAMS,
ACTIVITIES, PARKS AND SERVICES.

FOLLOW US ON:



@CityOfOakPark

PAYMENT METHODS

We accept checks or money orders
made payable to the City of Oak Park,
cash paid in-person, and the
following credit cards:

American Express®, Discover®,
MasterCard®, or Visa®



OAK PARK RECREATION

4 Ways to Register for Recreation Programs

ONLINE REGISTRATION

Register online for activities by clicking on the "Click Here to Register" button on the Recreation Department's page of the City's website, at www.OakParkMI.gov. Or, go directly to the online registration page at <http://bitly.com/OPRegisterOnline>. When registering online, follow these easy steps:

1. Visit <http://bitly.com/OPRegisterOnline>.
2. Enter the required information to generate your customer identification and password.
3. Click on the activities you want to register for.
4. Pay with a credit card, print your receipt, and receive an instant email confirmation of your purchase.

MAIL-IN REGISTRATION

A mail-in registration is available for most activities, except when athletic contracts are required for registration. For athletic contracts, register in person. To register via mail:

1. Complete the Recreation Registration Form, see form on adjacent page.
2. Include check or money order payable to the City of Oak Park. Do not include cash or credit card numbers.
3. When a birth certificate is required for registration, a copy of the birth certificate can be mailed or the original can be delivered in-person to the Recreation Department.

IN-PERSON REGISTRATION

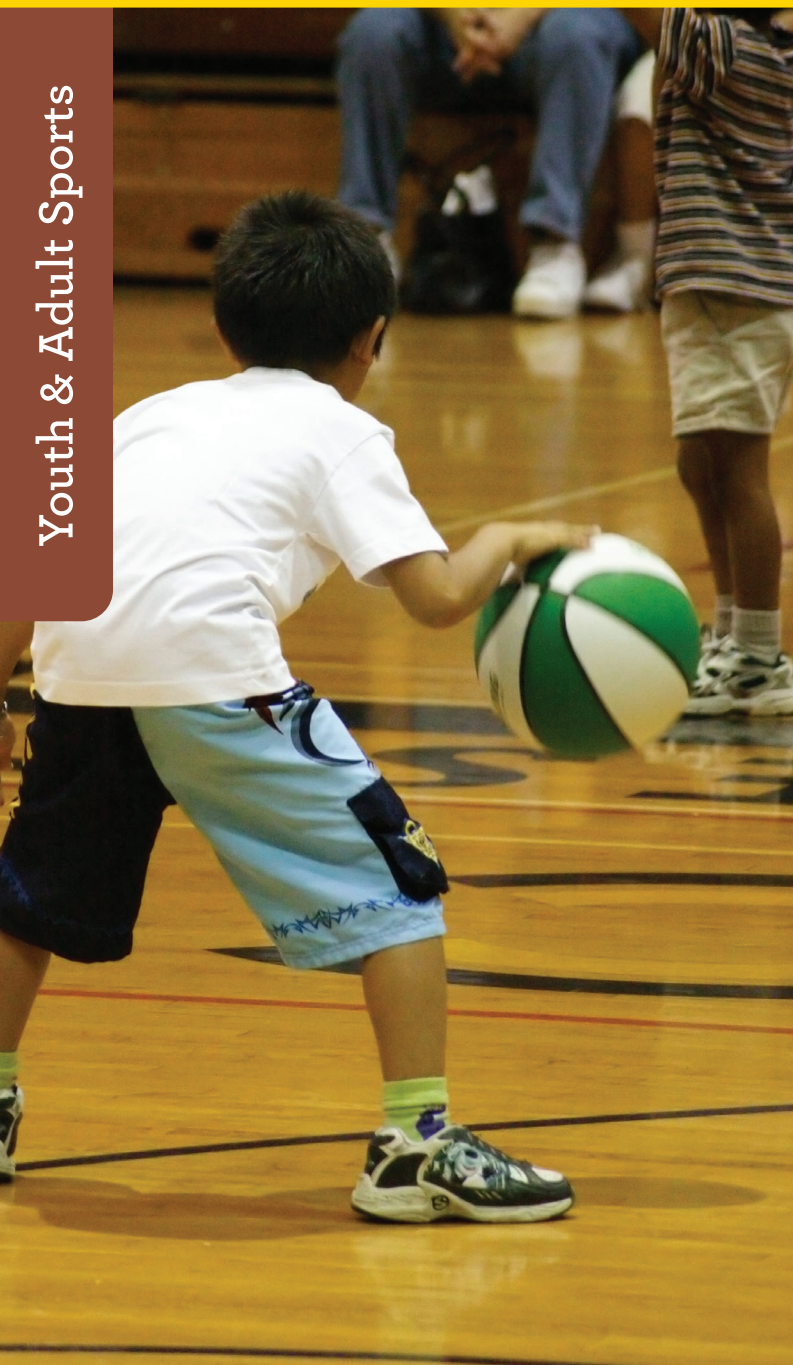
Register in-person during regularly scheduled business hours. The Recreation Department is located in the City's Community Center at **14300 Oak Park Blvd., Oak Park**.

Office Hours: Monday - Thursday, 9 am to 5 pm (Closed 1 to 2 pm)
Open every other Friday, 8 am to 4 pm: Oct. 13, 27, Nov. 10, Dec. 8, 22
Closed: Nov. 23-24 and Dec. 25-26

BY PHONE

Register by phone with a credit card (American Express®, Visa®, MasterCard® or Discover®) by calling (248) 691-7555.

Classes are filled on a first-come, first-serve basis. Register early! Refund policies apply.



MARTIAL ARTS

GO-TI YOUTH MARTIAL ARTS

Tuesday and Thursday, 7:15 to 8:30 pm

\$49 Resident/\$53 Non-Resident | 6 weeks

Ages: 8-13 | Community Center

GO-TI Youth Karate is a class specifically designed for beginner through intermediate skill levels. It enhances a child's focus, memory, teamwork skills, discipline, self-control, fitness, balance, and coordination. All of this is achieved through exciting and fun games and activities. Students should dress in gym attire. Participants will be assessed on their overall skills on the first day of class. A responsible adult must remain in attendance during class. Instructor: Grand Master Dereke Batten.

Nov. 9-Dec. 21 (no class 11/23)

YOUTH BASKETBALL

Jan. 13 to March 23 | Registration ends Dec. 8.

Teams will play in the Tri-City Alliance Basketball League, competing with teams from Ferndale and Hazel Park. Games are played on Saturdays in Ferndale, with select games during the week in Oak Park and Hazel Park. All practices are in Oak Park. This is a co-ed basketball league focusing on skill development in a fun and safe atmosphere. Practices begin in Dec. and Jan.

1st & 2nd Grade Basketball

Saturday Mornings | Fee: \$65 Resident/\$70 Non-Resident

3rd & 4th Grade Basketball

Saturday Mornings with a few Monday and Wednesday games

Fee: \$75 Resident/\$80 Non-Resident

5th & 6th Grade Basketball

Saturday Mornings with a few Tuesday and Thursday games

Fee: \$75 Resident/\$80 Non-Resident

7th & 8th Grade Basketball

Saturday Game. Location TBD | Fee: \$75 Resident/\$80 Non-Resident

Make a Difference in the Lives of Our Youth

BECOME A VOLUNTEER

Are you interested in making a difference in the lives of the youth of our community? Become a volunteer coach. Even if you are not an expert in the sport, we need more positive role models in the lives of our youth to help them develop into well-rounded individuals. Oak Park administrators will help provide you with practice plans and provide you with the equipment you need. If you have any interest, Please contact the Recreation Office at (248) 691-7555.

BECOME A SPONSOR

Interested in sponsoring a team? Donate money to your favorite youth sport and get your logo on the back of each player's jersey. Contact our office at (248) 691-7555.

TRUNK OR TREAT

Mark your calendars for the Second Annual Oak Park Trunk or Treat! This event will once again be set up in our 11 Mile Social District area for a "Ghoulish" good time! Trick or Treat among the wonderfully decorated cars, trucks, vans! Many of the vehicle owners also came in fabulous costumes for the event. Register early for your spot! There will be no registration fee for vehicle participants. Call 248-691-7555 to register today!

Saturday Oct. 28 | 1-3 pm

11 Mile Water Tower Social District (14700 Kingston St.)

WINTERFEST 2024

Mark your calendar for the annual Oak Park Winterfest! Don't miss out on this time honored, highly anticipated event. The afternoon boasts the s'more stations, free chili, donuts and hot chocolate, ice skating, horse and carriage rides through the park, face painting and a make and take craft.

Sunday Jan. 28 | 1-4 pm | Community Center and grounds



SAVE THE DATE



DADDY DAUGHTER DANCE

Join us for the Oak Park Daddy Daughter Dance! This very special event sells out quickly as space is limited. Registrations will open Monday Jan. 8. The evening will consist of dinner, dessert, a keepsake photo, dancing and a flower for that special little lady. Call 248-691-7555 to register today.

Sunday, Feb. 4 | 4-6 pm

CITY OF OAK PARK RECREATION DEPARTMENT

TRUNK OR TREAT

FREE ADMISSION
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TRUNK-OR-TREAT

GAMES • MUSIC •
FOOD & SNACKS FOR PURCHASE

VOTE FOR YOUR
FAVORITE VEHICLE

VEHICLES MUST REGISTER
TO BRING AND
HAND OUT CANDY



OCT. 28, 2023

1-3 pm: Trunk or Treat

WATER TOWER SOCIAL DISTRICT, 14700 KINGSTON ST.

More Information: (248) 691-7555 or recoffice@oakparkmi.gov



**Oak Park & Bark
Dog Park**

GRAND OPENING!
SUNDAY, OCT. 15
12 - 3 PM
21950 SCOTIA RD.

**DOGS ARE WELCOME TO TRY THE
DOG PARK AT THIS EVENT!**

• Visit oakparkmi.gov for more
information on requirements for dogs
to be admitted



CLASSES

BASIC HATHA YOGA

Thursday from 10:30 to 11:30 am

Ages 50 and up | \$32 Resident/\$37 Non-Resident | 8 weeks

There must be a minimum of five participants for class to run. This class provides a basic yoga foundation. Instruction is personalized around the unique needs of those enrolled. Don't forget to bring your own mat. Instructor: Bob Smith.

Course: HathaNovember2023 - Thursday, Nov. 2-Dec. 21

GENTLE CHAIR YOGA

Mondays from 9 to 10 am

Ages 50 and up | \$29 Resident/\$34 Non-Resident | 5 weeks

There must be a minimum of five participants for class to run. Gentle Chair Yoga provides gentle therapeutic yoga exercise while reducing stress on joints and muscles. Instructor: Rachel Ekert

Course: Gentle ChairNov.23 - Nov.20-Dec. 18

TAI CHI FOR BEGINNERS

Tuesday, from 10 to 10:45am

Ages 18 and up | \$28 Resident/\$33 Non-Resident | 4 weeks

There must be a minimum of five participants for class to run. Learn the ancient Chinese system of exercise and movement meditation in an effort to develop flexibility and coordination, and to slow down the aging process. All experience levels are welcome! Instructor: Holly Malloy.

Course: Tai Chi Beg Nov.2023 - Nov. 28-Dec. 19

TAI CHI FOR RETURNING STUDENTS

Tuesday, from 11:30am to 12:15pm

Ages 18 and up | \$28 Resident/\$33 Non-Resident | 4 weeks

There must be a minimum of five participants for class to run.

This class utilizes the ancient Chinese system of exercise and movement meditation to develop flexibility and coordination while striving to improve the aging process. Practice the ancient art of Tai Chi. This class is for experienced students only. Instructor: Han Hoong Wang.

Course: Tai Chi RetSept2023 - Nov. 28-Dec. 19

SENIORS IN MOTION

Tuesdays and Thursdays, 9 to 10 am

Ages: 50 and up | \$25 Resident/\$30 Non-Resident | 5 weeks

Raymond DeFoe, the energetic guru of senior exercise will be providing these morning classes designed to energize your day! The class includes warm up, cool-down, low impact aerobics, strength and balance training and flexibility exercises. Each class maintains core fitness exercises that have been proven effective in assisting participants to maintain and improve strength, balance, posture, flexibility and stamina. The SIM program allows instructors to be creative with their aerobic routines and provide modified exercises to match the participants' varying levels of ability. Instructor: Raymond DeFoe.

Course: SeniorsNov.23 - Nov. 16-Dec. 21

STRETCH IT OUT

Tuesdays, 10:15 to 11 am

Ages: 50 and up | \$24 Resident/\$29 Non-Resident | 6 weeks

Stretch It Out is a low impact, low intensity workout that will tone your muscles, increase your range of motion and flexibility, and help you to relieve stress. Through a series of stretching and toning exercises, participants will develop breathing techniques to complement this resistance training workout. This class is for everyone who would like to improve their health by practicing intentional, yet simple, movement and balance, borrowed from several disciplines, including yoga, safe therapeutic movement, and beneficial stretching. Comfortable, unrestrictive clothing suggested.

Course: StretchNov.23 - Nov. 14-Dec. 19

YOGA IS FOR EVERY BODY

Mondays from 7:15 to 8:45 pm

Ages: 18 and up | \$56 Resident/\$61 Non-Resident | 6 weeks

There must be a minimum of five participants for class to run.

Yoga is for EVERY BODY! This course is designed to fit the needs of the beginner as well as the returning student. Emphasis is placed on stretching and strengthening the muscles, improving posture, breathing and deep relaxation. Reducing stress is an important benefit! Bring a mat and wear loose clothing. Instructor: Sherry Stone.

Course: YogaEveryBodyNov.2023 - Nov. 13-Dec. 18

ZUMBA GOLD (Evening Session)

Thursdays from 6 to 7 pm

\$48 Resident/\$55 Non-Resident | 8 weeks

It's time to live your life like it's golden! This is perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The class introduces easy to follow choreography that focuses on balance, range of motion, and coordination. Whether you are new to Zumba or just looking to have fun and move, come ready to sweat and prepare to leave feeling empowered and feeling strong! Instructor: Renee Wilson

Course: ZumbaChairOct2023 - Oct. 26-Dec. 21

ZUMBA FOR ALL

Tuesdays from 6 to 7 pm

\$40 Resident/\$45 Non-Resident | 8 weeks

Forget your working out and join a dance party atmosphere full of Latin and international music. Zumba combines high energy and motivating music to create a fun and energetic workout that is just infectious! Bring a towel, water, and yourself. Ditch the workout and join the party! Instructor: Alicia Jackson

Course: ZumbaOct2023 - Oct. 31-Dec. 19

ZUMBA GOLD CHAIR

Thursdays from 5 to 6 pm

\$48 Resident/\$55 Non-Resident | 8 weeks

Zumba Gold can be done standing or sitting in a chair. This class is perfect for people who have mobility or balance problems or for people who just want to start in a chair. These classes typically run 30 minutes which is usually enough time for people. You will be surprised by just how much can be done in a chair! Let's have fun dancing to some great music while in a chair!

Course: ZumbaChairAug2023 - Aug.31-Oct. 19

HUSTLE CLASS

Wednesdays from 6 to 7 pm

\$40 Resident/\$45 Non-Resident | 7 weeks

Only \$5/class! This is a choreographed dance wherein a group of people dance along to a repeating sequence of steps while arranged in one or more rows. The dancers are not in contact with each other, and you do not need a partner. Each dance is usually associated with and named for, a specific song. We dance to the popular music styles of rhythm and blues, jazz and music that mixes in mild rap. Instructor: Maurice Adams

Course: HustleNov.2023 - Nov. 8-Dec. 20

BALLROOM DANCE BEGINNERS

Fridays from 6 to 7:15 pm

\$20 Resident/\$25 Non-Resident | 4 weeks

Only \$5/class! Learn Detroit Style Ballroom dance—a partner dance where the cha-cha is the basic step. It's not the formal traditional ballroom dance like the waltz and Foxtrot. The dance is easy and lots of fun. This style of dance originated over 60 years ago and is still popular, not only in Detroit, but around the country. You'll learn new dance steps get your steps in for getting into shape. Imagine the next social event where you'll be able to showcase your ballroom moves. Bring a partner or come alone. Yes, even you can learn to dance. Instructor: Maurice Adams

Course: BallroomBegDec.2023 - Dec. 1-Dec. 22

BALLROOM DANCE ADVANCED

Fridays, 7:30 to 9 pm

\$22 Resident/\$27 Non-Resident | 4 weeks

Only \$5/class! The prerequisite for this class is that you have taken the Beginner ballroom class, or you are familiar with the basic Detroit Style Ballroom beginner steps. This class builds from where the Beginner class left off with more sophisticated combinations of dance moves. Bring your partner or come without a partner. Instructor: Maurice Adams

Course: BallroomAdvDec.2023 - Dec. 1-Dec. 22

MIDDLE EASTERN BELLY DANCE

\$75 Resident/\$80 Non-Resident | Ages: 20 and Up | 8 weeks

There must be a minimum of five participants for class to run. This class attracts participants of all shapes and sizes who come dressed in comfortable clothing to learn the art of belly dance. Express yourself through dance and learn fun ways to maintain health. Enjoy the physical and personal benefits of belly dancing - abdominal toning, leg strengthening, self-esteem, and an essence of sensuality. No experience necessary. Instructor: Dee Watkins

Mondays 6 to 7pm

Course: BellyMonAug2023 - Aug. 28-Oct. 23

Wednesdays 6 to 7pm

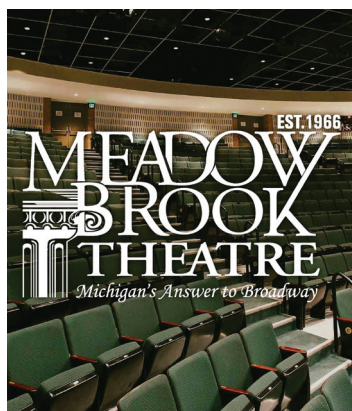
Course: BellyWedSept2023 - Sept. 6-Oct. 25



TRINITY LUTHERAN CHURCH, DETROIT

THEATRE

Please stop by the Recreation Department or visit the Recreation page on the city website under Theatre, for the most up to date information. Must be a member of the 50 Up Club.



MEADOWBROOK

The Recreation Department has secured tickets for the entire Meadowbrook 2023-2024 season. There are 6 theatre performances throughout the season, all will include lunch in the days outing. Tickets will be limited so register early. Information on these trips will be posted when they are received.

BROADWAY IN DETROIT

The Recreation Department has requested tickets for the 2023-2024 season. These include: Wicked, Mrs. Doubtfire, Frozen and To Kill A Mockingbird. Information will be posted as soon as it received from Broadway In Detroit.



DAY TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of day trips. These trips require us to book well in advance. We are currently booking for Summer and Fall tours. As these and more trips come in we will post the full details in the lobby of the Recreation Department. Contact (248) 691-7555 for more details.



HOLIDAY CHURCH TOUR

Tuesday, Dec. 7 | 9:15am-4:45 pm | \$109/person

Visit two beautiful churches in Detroit on this day trip! One church will be the Historic Trinity Lutheran, which was founded in 1850 following a large influx of German immigrants who settled along the Gratiot corridor. Historic Trinity Lutheran is like no other church; it has 260+ Creches from around the world, 90+ Nutcrackers on display, a multitude of angels and many beautifully decorated Christmas trees. Also, in the Sanctuary you will find the oldest and largest hand painted Nativity. Round trip transportation-Via deluxe highway motorcoach.

Following that will be lunch at Amore de Roma Café (formally known as Roma Café) and then onto St. Francis D'Assisi, the second Polish parish on Detroit's booming West Side.

The day will end with desert at Shatila, which was founded in 1979 where bakers labor lovingly like the old world artisans of the Middle East did. Here you will find tissue -thin pastry swabbed with rich pure butter, sweet syrup; it's true authentic old world baking

Course: HolidayChurch23

FANTASTIC CAVERNS, MO

EXTENDED TRIPS

The Oak Park Recreation Department is proud to partner with Bianco Travel and Tours to offer an exquisite line of extended trips. These trips require us to book well in advance. We are currently booking for the following tours. As additional tours become available, we will add the information in the lobby of the Community Center. Full details available in the Recreation Department lobby! Contact (248) 691-7555 for more details.



BRANSON, MO

Monday, Nov. 27 through Sunday, Dec. 2
6 days/ 5 nights (Wednesday through Friday)
\$1,425/per person (double occupancy)

Travel west for a wonderful excursion to Branson. Highlights include: Museum at the Gateway Arch, Mickey Gilley Grand Shanghai Theatre, Chateau on The Lake, Kings Caste Theatre featuring "Christmas Wonderland", Hughes Brothers Theatre, Grand Country Music Hall, Lights of Joy Christmas Drive thru, Fantastic Caverns and more. Stop by the Recreation lobby for your complete informational flyer.

Course: Branson23

LUNCH TRIPS

The Recreation Department will be planning bi-weekly lunch trips as soon as possible. Our group loves to get out and about and to experience different restaurants and culinary opportunities. Stop by the recreation lobby for details as they arise.

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SENIOR MEALS

MEALS ON WHEELS “More than just a meal”

Meals on Wheels home delivery is available in Oak Park as long as you call one week in advance. Lunch can be served with a pre-ordered meal. For more information call the Senior Meals on Wheels at their **NEW NUMBER (248) 223-9160**.

Volunteers Needed to deliver food to our homebound Seniors in Oak Park /Southfield. This is a great way to give back to your community. Monday-Friday. Pick up food at Oak Park Recreation. Routes will take 1-2 hours to complete. Call 810-632-2155 if interested.

SMART TRANSPORTATION

The Oak Park Recreation Department provides transportation through a partnership with SMART buses for residents who are seniors, age 50 or above, and individuals who have a disability.

Our transportation hours have a brand new start time!

We now are able to begin scheduled pick-ups at 8am with return time no later than 4:30 pm (when prior arrangements are made), Monday through Friday.

In addition to our regular Kroger and Meijer days, we are adding shopping opportunities to Target, Walmart, Aldi and Marshall's! Qualified individuals can contact the Recreation Department to schedule transportation at (248) 691-7555.

BRUNCH & LEARN

Our group had such a great time at the Outdoor Adventure Center in Detroit that we are headed back for more fabulous topics about Michigan while we have a wonderful light brunch and then head off to a local restaurant for lunch.

The trips will leave Oak Park at 8:45 am, with the program starting at the Adventure Center at 9 am. We will tour of the building from 10:30 to 11:30 am and then we will leave for our restaurant destination, which is IBD. The cost for each Brunch and Learn at the Outdoor Adventure Center is \$7/ person. Lunch will be on your own. Preregistration is required and tickets will go fast!

FEEDING THE BIRDS IN WINTER

Thursday, Nov. 2 | Lunch will follow at TBD

Learn about the birds that will visit your yard in the winter and the feeders that and the bird food that will attract and nourish them. This is presented by Rosann Kovalcik, owner of Wild Birds Unlimited in Grosse Pointe Woods and a member of the Detroit Audubon.



VIRTUAL HEALTH

FREE Virtual Classes. Presented by Beaumont Health.
Visit classes.beaumont.org to register or call 800-633-7377.

DIABETES PATH (Personal Action Toward Health) Helping you take charge of your diabetes

Diabetes PATH is a fun, interactive workshop that will equip all adults living with Type 2 Diabetes to live a healthier life. Patients and their caregivers will gain hands-on experience learning to manage all aspects of their diabetes from the convenience of their own home.

Mondays, 6-7 pm Informational session Oct. 16 (strongly encouraged)
Classes start Oct. 23.

WALK WITH EASE

This is **FREE** six-week physical activity program designed to help reduce pain and improve your overall health. Whether you are looking for relief from arthritis pain or just want to be more active, this program has shown to help improve balance, strength and walking pace. It also helps build confidence in your ability to be active and can help improve limitations and symptoms. Space is limited.

Mondays, Sept. 18-Oct. 30 from 10-11:30 a.m.

ARE YOU AT RISK FOR DIABETES?

The Diabetes Prevention Program has been proven twice as effective as medication alone in preventing Type 2 Diabetes. During these free, virtual sessions you will learn to make lasting changes, focus on healthy eating, establish a healthy lifestyle, be more active and stay motivated!

Mondays, 6-7 pm Informational session Oct. 18 (strongly encouraged)
Classes start Oct. 23.

DROP-IN PROGRAMS

50 UP CLUB MEMBERSHIP

Fee: \$6 Res./\$12 Non-Res. | Calendar Year Renewal

The mission of the 50 Up Club Membership is to provide Oak Park's diverse, mature population with education, exercise, and recreation programs to challenge the mind and body to greater heights of personal achievement. Join our Senior 50 Up Club and enjoy our weekly senior drop-in sessions at the Community Center, located at 14300 Oak Park Blvd, Oak Park. Call (248) 691-7555 for more information.

HOURS

Monday to Friday, 9 am to 5 pm (Closed 1 pm to 2 pm for lunch)
Every other Friday, 8 am to 4 pm

You MUST be a 50 Up Club Member to enjoy the following drop-in programs:

MONDAY

Bingo, every Monday, 11:30 to 1:30 pm., Inquire about fee.

TUESDAY

Watercolor Drop-In, 1 to 3 pm.

Contemporary Quilters, every third Tuesday, 1 to 3 pm.

Mah Jongg, 10 am to 1 pm, Bring own tiles.

WEDNESDAY

Scrabble Club, 1 to 4 pm.

THURSDAY

Dominoes, 10am to 1pm.

Bid Whist, 1 to 4 pm.

Drop In Hustle, Noon to 1pm, \$5/resident; \$7/non-resident

FRIENDS OF THE OAK PARK LIBRARY

BOOK SALE!

Wednesday, Nov. 1

Thursday, Nov. 2

Friday, Nov. 3



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Oak Park, MI 48237

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THANK YOU

The Oak Park **SUMMER BLAST** was an event to remember with help from our volunteers; Grace Raddon, Angela Dawson, Barbara Butler, Juanita Bell and Ruby Saxon. Summer Blast was also made possible in part due to the generous sponsorship of Fortson Dental and FPJ Investments, Griffin Claw Brewing Company and Dog and Pony Show Brewing. We appreciate the attention to detail of the Skerbeck Family Carnival for the safety and of course the FUN that was had by all our guests that weekend.

The annual **JULY 4th** community event was made possible in part due to our wonderful sponsors that

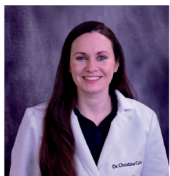
include: PCN Bank, SMART, Glory Supermarket, Alaska Fresh Fish and Chicken, and Comcast. Thank you also to Alexander Simpson from the Parks and Recreation Commission for volunteering.

Thank You to **Joyful Tot's Childcare & Learning Center** for sponsoring many of our books for families in the Power of Produce program at the Oak Park Farmers Market.

The **Oak Park Farmers Market** is most grateful to its **Signature Sponsor HUMANA Inc.** for its continued support of this wonderful resource

and opportunity for our Oak Park residents and those in our surrounding communities. Our **Supporting Sponsors** include Corewell Health/Beaumont, Dedicated Senior Medical Centers, MSUE, National Kidney Foundation, Oakland Health Department, Oakland University and the Oak Park Schools. A most heartfelt Thank You goes out to Jean Jones, our volunteer of over 4+ years of faithfully assisting at the Recreation Tent at the market. Jean has been integral in the recording of food assistance information and being the welcoming face to all that came to the market.

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DR. EVA SCHWARTZ, DDS



DR. ESTER SLEUTELBERG, DDS

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