

# Compact Fluorescent Lights Disposal Guide



## Why Recycle Compact Fluorescent Light bulbs (CFLs)?

- CFLs contain mercury, which is toxic and can damage the brain and kidneys.
- No mercury is released when a CFL is in use, but mercury is released if a bulb breaks in the trash.
- CFLs also contain valuable materials, including glass & metal.
- NH law prohibits mercury containing bulbs from being placed in landfills.

## How to Recycle CFLs

- Contact your local transfer station and ask if they take CFLs.
- Many large home improvement stores collect CFLs for recycling.
- If your town or local stores do not take CFLs, bring them to a HHW collection.

## What about LED light bulbs?

- LED light bulbs are not considered hazardous but they do contain valuable materials. Recycle them at a participating transfer station or retail store.

Find CFL recycling locations at <https://search.earth911.com/>

**Household Hazardous Waste (HHW) Collections**  
for residents of Amherst, Brookline, Hollis, Hudson, Litchfield, Merrimack,  
Milford, Mont Vernon, Nashua, Pelham, and Windham  
visit [www.nashuarpc.org/hhw](http://www.nashuarpc.org/hhw) or scan code:

