

How to Make Less Waste

Step 1: Reduce



How:

- **PRECYCLE** buy products with little to NO pkging or at the very least recyclable packaging
- **AVOID** disposable or single-use products such as plastic bags, razors, lighters, foam/paper cups, plates & utensils, plastic water bottles, alkaline batteries, etc.
- **BUY & USE DURABLE**, long lasting products such as cloth bags, and rechargeable products such as Stainless steel water bottles, and hot beverage mugs, rechargeable batteries, etc.
- **RECYCLE MORE PAPER!** Visit www.massrecyclespaper.org and download the UPDATED PAPER RECYCLING LIST. Don't throw valuable resources (paper) in the trash.
- **USE BOTH SIDES OF THE PAPER** by making double sided copies, sharing information by email, and avoid unnecessary printouts.
- **COMPOST YOUR ORGANIC FOOD WASTES** in addition to your leaves, grass clippings etc.. Call Board of Health (781 762 1240) for more info on compost bins.
- **STOP UNWANTED MAIL:** <http://www.mass.gov/> enter junk mail in search box.
- **OPT OUT OF TELEPHONE DIRECTORIES:** <http://www.telephonepagesgoesgreen.org>
- **REMOVE YOUR NAME** from unwanted catalogue lists: <http://www.catalogchoice.org>
- **DONATE YOUR STUFF** to:
 - Women's Community Committee, Washington Street, Norwood MA
 - Goodwill drop off trailer in the Shaw's Supermarket Plaza, Nahatan Street, Norwood
 - Salvation Army Store, Rt 1, Norwood
 - Collect and drop off "stuff" for recycling at Norwood's Fall and Spring Recycle Days.
 - Got Books? Container is located at the Grace Episcopal Church, Chapel Street, Norwood
 - Call to schedule a pick up with the Veterans Association, Big Brother, Big Sister, etc
- **POST ONLINE at:**
 - Craiglists.com; you can give it away or sell it
 - Freecycle.org; list your stuff for free, get stuff for free
 - Ebay; sell your stuff
- **BRING YOUR STUFF BACK TO RECYCLING TAKE BACK PROGRAMS:**
 - COMPUTERS & TVS UNDER 32" (\$10 FEE)** ALL other electronics are free
 - FLORESCENT BULBS-** Rocky's Ace Hardware, Home Depot, Lowes
 - RECHARGEABLE BATTERIES/ CELL PHONES-** Home Depot, Staples, Lowes
 - KEYS & DOG LISCENSES-** Rocky's Ace Hardware, Home Depot,
 - RECYCLABLE PLASTIC BAGS & PLASTIC SHRINKWRAP** -Any grocery store
 - Visit www.earth911.org and find out where you can recycle those hard to recycle materials!

BE A SMART CONSUMER. Ask yourself, "Do I need this?" before making a purchase.

