

The **Niagara County Counseling and Wellness Services** at locations in Lockport and Niagara Falls provide outpatient services to Niagara County residents, 12 years of age or older, who seek help for a range of behavioral health concerns and limited physical health concerns, including depression, anxiety, suicidal feelings, psychiatric illness, substance use, relapse prevention, basic primary care and wellness services.

Treatment Methods Include:

- Telehealth
- Individual Psychotherapy
- Group Psychotherapy
- Family Education
- Family Therapy
- Medication Therapy & Education
- Case Management
- Crisis Intervention
- Trauma Counseling
- Physical Health Services/Basic Primary Care
- Wellness Services

Substance use treatment is part of our Integrated Care Clinic but the Clinics also have additional linkage and joint treatment with another community substance abuse provider as well.

Business hours:

- Mondays 8:30 a.m. to 7:00 p.m.
 - Tuesdays through Fridays, 8:30 a.m. to 4:30 p.m.
- Individuals are seen by appointment.*

Open Access Walk-In hours for new adult clients:

Lockport: Mon. 10 a.m. & Wed. 12:45 p.m.
Niagara Falls: Tues. & Fri. 10 a.m.; Thurs. 12:45 p.m.
Individuals seen on first-come first-served basis.

For New Adolescent intakes, please call to schedule.

Specialties:

- Dual Diagnosis/Co-occurring Disorders
- Anxiety Management
- Solution Focused Treatment
- Motivational Interviewing
- Trauma Focused Therapy
- Serious Emotional Disturbance (SED)
- Serious Mental Illness (SMI)
- Depression Management
- Chronic Post Trauma Management
- Substance Use Disorders
- Behavioral Health Disorders w/ Co-morbid Physical Health issues

Family and Couple/Marital issues are addressed within the context of the behavioral health treatment.

Insurance accepted include:

- Highmark Blue Cross Blue Shield
- Univera Healthcare
- Medicaid
- Medicare
- Independent Health
- Fidelis
- Wellcare
- United Healthcare

Plus a variety of additional 3rd Party Insurers.

For those individuals not covered by insurance, a sliding-fee scale, based on income, is available.

Therapy and supportive services are provided by:

- Licensed Social Workers
- Registered Nurses and LPN
- Licensed Mental Health Counselors
- CASAC
- Other Qualified Health Professionals
- Integrated Care Manager
- Peer Wellness Coach

Medication prescription services are provided by:

- Psychiatrists
- Psychiatric Nurse Practitioners

Physical Health/Primary Care services are provided by:

- Family Physician
- Family Nurse Practitioner
- Registered Nurse
- Licensed Practical Nurse

Crisis Intervention is provided 24 hours a day through Niagara County Crisis Services.

24 - Hour Crisis Services
716-285-3515

Trauma Specialty Services Program

Specialized Trauma Therapy is available for individuals who are:

- *Adult Survivors of Childhood Sexual Abuse*
- *Adult Victims of Rape and Sexual Assault*
- *Adult Victims of Domestic Violence*
- *Adult Victims of Assault*
- *Adult Survivors of Homicide Victims*

Referrals to the Trauma Specialty Services Program can be made through either Niagara Counseling and Wellness Services Location.

**Niagara County Counseling and Wellness Services
Outpatient Clinic Locations**

Lockport Locations

Shaw Bldg. - Mt. View Campus
5467 Upper Mountain Road
Lockport, New York 14094
Telephone 716-439-7400

Satellite location located at:
Save the Michaels House of Hope Niagara
81 Walnut Street, Lockport, NY 14094
Telephone 716-439-7400

Niagara Falls Locations

Trott Access Center
1001 Eleventh Street
Niagara Falls, New York 14301
Telephone 716-278-1940

Satellite location located at:
Dr. Frank Laurri's Practice
10175 Niagara Falls Blvd
Niagara Falls, NY 14304
Telephone 716-278-1940



Niagara County, through the Community Services Board, established the Niagara County Department of Mental Health & Substance Abuse Services and its Outpatient Niagara County Counseling and Wellness Services. The Board is a citizens' committee developed in accordance with NYS Mental Hygiene Law.

mcd/tz

(5/2023)

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