

PEER RECOVERY SERVICES

Specialized Peer Recovery Services are provided to Respite clients, those peers utilizing the Recovery Line and those peers engaged in the community. Peer Services Staff will provide Wellness Coaching, Support Group Facilitation and Benefits Advisement.

Peer Recovery Services support Person Centered Planning, Wellness Recovery Action Plans (WRAP), and Quality of Life discussions while being presented in a trauma-informed care environment of peers. Outcomes include skill development toward making person-focused choices and the development and implementation of key behavior strategies to move toward successful independence and community-based recovery.

HOPE HOUSE — THE PEER RECOVERY RESPITE CENTER
344 Walnut Street
Lockport, NY 14094

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**344 Walnut Street
Lockport, NY 14094
716-433-6543**

- Peer Recovery Services
 - Respite Beds
 - Recovery (Warm) Line
- Therapeutic Support & Intervention

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In Partnership with



**Niagara County
New York**

**Dept. of Mental Health and
Substance Abuse Services**

HOPE HOUSE - THE PEER RECOVERY RESPITE CENTER

This Niagara County program was developed to provide services to Niagara County adults in a home-like, safe and secure environment. Peer-operated services are designed to alleviate one's emotional worry with helpful and thoughtful support.

Mission Statement: Hope House provides support, empowerment and healing opportunities to guests, during a mental health crisis, promoting stability and hospital diversion.

RECOVERY (TOOLS) SERVICES

Recovery (Warm) Line
Recovery Person Centered Services
Respite Bed Services
Therapeutic Support & Intervention

HOURS OF OPERATION

24 hours/day—7 days/week
Phone: 716-433-6543

These services are made possible by Niagara County Department of Mental Health and Substance Abuse Services and New York State Office of Mental Health funds.

RECOVERY (WARM) LINE

The program provides the peer adult, through face to face meetings and/or phone support, the opportunity to prevent the onset of an emotional crisis. The Recovery Line is a key strategy for Niagara County adults with psychiatric disabilities to recognize and deal with their own mental health triggers. Our ultimate goal is to keep adults in their communities of support while minimizing the use of the emergency room and offering hospital diversion as a desired outcome.

RESPITE BEDS

Respite Services provide adults with psychiatric disabilities a safe, sober, clean environment in which to temporarily live. There are four (4) Respite beds within Hope House.

The facility is not designed as a long stay residence. The service is designed to help peers resolve immediate emotional distress and worry, and to begin using tools for recovery and wellness. These tools and activities are highlighted in the Peer Recovery Services of this brochure.

Respite Services are offered as appropriate for hospital diversion, temporary housing, symptom management and as a rest or relief from stressors to current living situations. All four (4) beds are offered at 344 Walnut Street in Lockport.

THERAPEUTIC SUPPORT & INTERVENTION

Hope House has a qualified mental health professional to provide mobile transitional support to the Hope House guest in their time of need. When a guest is in crisis, this level of support can be instrumental to prevent hospitalization, unnecessary emergency room visits, or further crisis situations.

The qualified mental health professional is able to meet with the Hope House guest off hours at Hope House and provide them with therapeutic support, assist them to develop coping strategies, skill development, safety planning, and therapeutic interventions as necessary. They can also help to assure linkage to appropriate services upon departure from Hope House.

This support is recovery oriented and coordinated with the Peer Services at Hope House which are provided by the Mental Health Association of Niagara County.