

# Are you concerned about your, or a loved one's:

Thoughts / threats of suicide?

Thoughts / threats of harming others?

Symptoms of Mental Illness?

Drug use or addiction to alcohol, marijuana, heroin, prescription pills, or other substances?

Other concerns (i.e. anxiety, depression, sexual assault, domestic violence, grief, runaways, elderly concerns, etc)?

## You are not alone

### There is Help - There is Hope Recovery is possible.

### Call Us!

## NIAGARA COUNTY CRISIS SERVICES 24 – Hour Crisis Phone

### (716) 285-3515

### Free Confidential Support & Guidance

Access the most appropriate resources and/or treatment options available based on individual needs

<http://www.niagaracounty.com/Departments/Mental-Health-Services/Crisis-Services>



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