

# TRENDS SUMMARY

| Youth Variables  | Morrow<br>County<br>2016<br>(6 <sup>th</sup> -12 <sup>th</sup> ) | Morrow<br>County<br>2016<br>(9 <sup>th</sup> -12 <sup>th</sup> ) | Ohio<br>2013<br>(9 <sup>th</sup> -12 <sup>th</sup> ) | U.S.<br>201<br>5<br>(9 <sup>th</sup> -12 <sup>th</sup> ) |
|--|--|--|--|--|
| <b>Tobacco Use</b>   |  |  |  |  |
| Ever tried cigarettes  | 25%  | 41%  | 52%**  | 32%  |
| Current smokers  | 9%   | 17%  | 15%  | 11%  |
| Smoked cigarettes on 20 or more days during the past month (of all youth)                        | 2%   | 3%   | 7%   | 3%   |
| Smoked a whole cigarette for the first time before the age of 13 (of all youth)                  | 5%   | 6%   | 14%**  | 7%   |
| Tried to quit smoking (of those youth who smoked in the past year)                               | 44%  | 43%  | 56%**  | 45%  |
| Usually obtained their own cigarettes by buying them in a store or gas station                   | 21%  | 21%  | N/A  | 13%  |
| <b>Sexual Behavior</b>   |  |  |  |  |
| Ever had sexual intercourse  | 25%  | 50%  | 43%  | 41%  |
| Used a condom at last intercourse  | 37%  | 37%  | 51%  | 57%  |
| Used birth control pills at last intercourse   | 38%  | 44%  | 24%  | 18%  |
| Did not use any method to prevent pregnancy during last sexual intercourse                       | 4%   | 5%   | 12%  | 14%  |
| Had four or more sexual partners (of all youth)  | 5%   | 10%  | 12%  | 12%  |
| Had sexual intercourse before age 13 (of all youth)  | 3%   | 6%   | 4%   | 4%   |
| <b>Drug Use</b>  |  |  |  |  |
| Youth who used marijuana in the past month   | 8%   | 14%  | 21%  | 22%  |
| Ever used methamphetamines   | 2%   | 2%   | N/A  | 3%   |
| Ever used cocaine  | 2%   | 2%   | 4%   | 5%   |
| Ever used heroin   | 2%   | 2%   | 2%   | 2%   |
| Ever used steroids   | 2%   | 1%   | 3%   | 4%   |
| Ever used inhalants  | 6%   | 7%   | 9%   | 7%   |
| Ever used ecstasy/ MDMA  | 2%   | 3%   | N/A  | 5%   |
| Ever been offered, sold, or given an illegal drug by someone on school property in the past year | 4%   | 5%   | 20%  | 22%  |
| <b>Personal Health</b>   |  |  |  |  |
| Visited a dentist for a check -up within the past year   | 75%  | 76%  | 75%  | 74%  |
| <b>Mental Health</b>   |  |  |  |  |
| Youth who had seriously considered attempting suicide in the past year                           | 14%  | 17%  | 14%  | 18%  |
| Youth who had attempted suicide in the past year   | 6%   | 7%   | 6%   | 9%   |
| Youth who felt sad or hopeless almost every day for 2 or more weeks in a row                     | 27%  | 28%  | 26%  | 30%  |

\*\*Comparative YRBS data for Ohio is 2011  
N/A – Not available

# Youth | TREND SUMMARY

| Youth Variables   | Morrow County 2016 (6 <sup>th</sup> -12 <sup>th</sup> ) | Morrow County 2016 (9 <sup>th</sup> -12 <sup>th</sup> ) | Ohio 2013 (9 <sup>th</sup> -12 <sup>th</sup> ) | U.S. 2015 (9 <sup>th</sup> -12 <sup>th</sup> ) |
|---|---|---|--|--|
| <b>Weight Control</b>   |   |   |  |  |
| Obese   | 18%   | 16%   | 13%  | 14%  |
| Overweight  | 15%   | 15%   | 16%  | 16%  |
| Described themselves as slightly or very overweight                                       | 30%   | 32%   | 28%  | 32%  |
| Trying to lose weight   | 46%   | 44%   | 47%  | 46%  |
| Went without eating for 24 hours or more  | 5%  | 4%  | 10%  | 13%*   |
| Took diet pills, powders, or liquids without a doctor's advice                            | 2%  | 5%  | 5%   | 5%*  |
| Vomited or took laxatives   | 1%  | 1%  | 5%   | 4%*  |
| Physically active at least 60 minutes per day on every day in past week                   | 36%   | 42%   | 26%  | 27%  |
| Physically active at least 60 minutes per day on 5 or more days in past week              | 58%   | 60%   | 48%  | 49%  |
| Did not participate in at least 60 minutes of physical activity on any day in past week   | 8%  | 10%   | 13%  | 14%  |
| <b>Unintentional Injuries &amp; Violence</b>  |   |   |  |  |
| Carried a weapon in past month  | 10%   | 14%   | 14%  | 16%  |
| Been in a physical fight in past year   | 18%   | 15%   | 20%  | 23%  |
| Did not go to school because felt unsafe  | 3%  | 3%  | 5%   | 6%   |
| Electronically /cyber bullied in past year  | 13%   | 12%   | 15%  | 16%  |
| Bullied on school property in past year   | 34%   | 27%   | 21%  | 20%  |
| Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend in past year | 4%  | 6%  | N/A  | 10%  |
| <b>Alcohol Consumption</b>  |   |   |  |  |
| Ever tried alcohol  | 47%   | 66%   | 71%**  | 63%  |
| Current drinker   | 19%   | 30%   | 30%  | 33%  |
| Binge drinker (of all youth)  | 14%   | 21%   | 16%  | 18%  |
| Drank for the first time before age 13 (of all youth)                                     | 12%   | 11%   | 13%  | 17%  |
| Rode with someone who was drinking  | 14%   | 15%   | 17%  | 20%  |
| Drank and drove (of youth drivers)  | 3%  | 5%  | 4%   | 8%   |
| Obtained the alcohol they drank by someone giving it to them (of drinkers)                | 28%   | 34%   | 38%  | 44%  |

\*Comparative YRBS data for U.S. is 2013

\*\*Comparative YRBS data for Ohio is 2011

N/A- Not available