

Adult | TREND SUMMARY

Adult Variables	Morrow County 2016	Ohio 2014	U.S. 2014
Health Status			
Rated health as excellent or very good	51%	51%	53%
Rated general health as fair or poor	9%	18%	17%
Average days that physical health not good in past month	3.5	3.9**	3.7**
Average days that mental health not good in past month	2.9	3.9**	3.5**
Health Care Coverage			
Uninsured	10%	10%	13%
Arthritis, Asthma, & Diabetes			
Has been diagnosed with arthritis	39%	31%	26%
Has been diagnosed with diabetes	13%	12%	10%
Has been diagnosed with asthma	12%	15%	14%
Cardiovascular Health			
Had angina	5%	5%	4%
Had survived a heart attack	4%	5%	4%
Had survived a stroke	2%	4%	3%
Has been diagnosed with high blood pressure	35%	34%*	31%*
Has been diagnosed with high blood cholesterol	39%	38%*	38%*
Had blood cholesterol checked within the past 5 years	87%	78%*	76%*
Weight Status			
Obese	41%	33%	30%
Overweight	35%	34%	35%
Alcohol Consumption			
Had at least one alcoholic beverage in past month	50%	53%	53%
Binged in past month (5 or more drinks in a couple of hours on an occasion)	11%	18%	17%
Tobacco Use			
Current smoker (currently smoke some or all days)	11%	21%	18%
Former smoker (smoked 100 cigarettes in lifetime & now do not smoke)	26%	25%	25%
Preventive Medicine			
Had a pneumonia vaccine (age 65 and older)	77%	70%	70%
Had a flu vaccine in the past year (ages 65 and over)	77%	56%	61%
Ever had a shingles/zoster vaccine	14%	21%	22%
Had a mammogram in the past two years (age 40 and older)	70%	72%	73%
Had a pap smear in the past three years	65%	74%	75%
Quality of Life			
Limited in some way because of physical, mental or emotional problem	19%	22%	20%
Oral Health			
Adults who have visited the dentist in the past year	65%	65%	65%

** 2010 BRFSS Data

*2013 BFRSS Data