



Mooresville Public Library

## **CONSENT, WAIVER, RELEASE, AND ASSUMPTION OF RISKS**

By signing this waiver, I release, indemnify and hold harmless, the Town of Mooresville, it's officials, officers, employees, agents, or their successors and assigns, Mooresville Public Library (MPL), MPL staff and volunteers, any invited judges, vendors, sponsors, and any observers or participants from any and all liability, damage, claim of any nature whatsoever arising out of and in any way related to my/my child's/my family's attendance or participation in any Mooresville Public Library cooking programs ("Cooking Program(s)").

I recognize that attending and/or participating in any Cooking Program(s) presents some risk of injury and/or illness, including without limitation the risk of burns, cuts, choking and contact with allergens or dangerous substances. I agree that my safety and that of my child/my family is primarily my responsibility and not that of the Town of Mooresville, its officials, officers, employees, agents, volunteers, invited judges, vendors, sponsors, or other observers or participants attending the Cooking Program(s).

I also recognize that the Town of Mooresville assumes no liability whatsoever for personal injuries or property damage that may arise from my/ my child's/my family's attendance and/or participation in the Cooking Program(s).

I agree to abide by all safety guidelines and rules applicable to the Cooking Program(s), including but not limited to following any instructions given by an instructor. I further agree to carefully supervise and ensure that my minor child(ren) also abide by all safety guidelines and rules applicable to the Cooking Program(s).

Authorization is hereby given for medical treatment deemed necessary by medical personnel should I or my child be injured during the Cooking Program(s).

This consent, waiver, and release will be construed broadly to provide a waiver and release to the maximum extent permissible under North Carolina and/or federal law.

**I HAVE READ THIS DOCUMENT AND UNDERSTAND ITS CONTENT AND ACKNOWLEDGE THAT IT IS BEING SIGNED VOLUNTARILY. I AGREE THAT THIS DOCUMENT IS NOT ONLY BINDING ON ME BUT IS ALSO BINDING ON MY PERSONAL REPRESENTATIVES, EXECUTORS, HEIRS, AND NEXT OF KIN, AS WELL AS ANY MINOR CHILD I HAVE ALLOWED TO PARTICPATE.**

Participants Name(s): \_\_\_\_\_

(Participants under the age of 18 must have a Parent or Legal Guardian sign their Consent.)

Signature of Participant/Parent or Legal Guardian: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date signed \_\_\_\_\_

Emergency contact name and number: \_\_\_\_\_

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## Library Cooking Programs Allergy and Permission Form

Participants in the Mooresville Public Library's cooking program will have an opportunity to learn about healthy food and food preparation. Participants will also be able to taste their creations. To ensure the safety of participants, a list of all ingredients will be provided at each program/class. Please check the list of ingredients carefully. The menu for this program may include the following:

List ingredients:

Please see page 3.

Please circle any above listed ingredients to which the participant has an allergy. Please list additional allergies below and indicate if the allergy relates to ingestion only or also contact or odor:

_____	_____
_____	_____
_____	_____

If you have a severe known allergy or may require the use of an EpiPen, please indicate this below with details or instructions on how to respond should such a reaction occur. Please indicate below the location of any EpiPen you possess and let the instructor know verbally regarding its location as well.

_____
_____
_____

Participants Name(s): \_\_\_\_\_

Signature of Participant/Parent or Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Teen Kitchen Capers August

Item(s) Being Made: Hibachi Chicken with Fried Rice and Yum Yum Sauce

Ingredients & Possible Allergens

#### Hibachi and Fried Rice:

- **Chicken**
- **Rice**
- **Sesame Oil: Ingredients:** Toasted Sesame Seed Oil. **Allergens:** contains Sesame Seeds and their derivatives.
- **Unsalted Butter: Ingredients:** Cream, Natural Flavoring. **Allergens:** Contains dairy and its derivatives.
- **Soy Sauce: Water, Soybeans, Wheat, Salt, Lactic Acid, Sodium Benzoate as a Preservative. Allergens:** Contains Wheat and Their Derivatives, Soybean and its Derivatives.
- **Onion**
- **Egg**
- **Green Onion**
- **Vegetable Oil**
- **Teriyaki Sauce: Ingredients:** Soy Sauce (Water, Soybeans, Wheat, Salt), Sugar, Water, Mirin (Sweet Cooking Rice Wine), Ginger, Sesame Seeds, Vinegar, Garlic, Dehydrated Onion, Salt, Garlic Powder, Spices, Xanthan Gum, Citric Acid. **Allergens:** Contains Wheat and Their Derivatives, Sesame Seeds and their derivatives, Soybean and its Derivatives, Corn and its derivatives.
- **Salt**
- **Pepper**
- **Zucchini**
- **Carrots**
- **Peas**
- **Mushrooms**
- **Broccoli**

#### Yum Yum/Shrimp Sauce

- **Mayonnaise: Ingredients:** Soybean Oil, Egg Yolks, Water, Distilled and Cider Vinegar, Salt, Oleoresin Paprika, Natural Flavors, Calcium Disodium EDTA Added to Protect Flavor. **Allergens:** Contains Eggs and their derivatives, Soybean and its Derivatives. Free from Cereals and Their Derivatives
- **Sugar**
- **Garlic powder**
- **Paprika**
- **Unsalted Butter: Ingredients:** Cream, Natural Flavoring. **Allergens:** Contains dairy and its derivatives.
- **Ketchup**
- **Cayenne pepper**
- **Water**