

Town of Middlebury
Emergency Management Bulletin
April 14, 2020

If You're Ill Call Your Doctor, Don't Wait!

This note from Dr. Deb Huber, one of the Acute Respiratory Clinic providers, "Several patients I've seen with advanced pneumonia or COPD exacerbations *waited at home far too long*, afraid to walk into a hospital or doctor's office for fear of contracting coronavirus or taking up needed resources. We see a decent number of folks every day, though I suspect from conversations with patients that there are many more out there who should be evaluated, so we encourage people to call their provider if they have any health concerns so that we can see them in a timely manner." Read the full article in the Addison Independent at :

<https://addisonindependent.com/news/acute-respiratory-clinic-middlebury-primary-care>

Also, you can see the PSA by the VT Department of Health at:

<https://www.youtube.com/watch?v=nINDDCBtGNc&feature=youtu.be>

Emergency Management, Generally

So far spring flooding has not been a problem. We monitor the stream gauge at Otter Creek to assess the flow volumes to anticipate flooding. This has been a gentle spring and run off has been lower than usual. There was a slight peak with Monday's rains, but it hasn't been critical.

Don't Give Up The Ship

The rate of positive tests for CV-19 has slowed in recent days, but the numbers are still growing. Proverbially speaking, the wharf is in sight but the ship hasn't docked yet. All hands are needed aboard lest a sudden storm come up and blow us out to sea. Wear your masks! Practice social distancing! It's not over yet, don't get complacent. It's tiring and people are getting worn out from all this. We're seeing some risky behavior out there, and it's certainly understandable, but all the while inadvisable.

Farmer's Markets and C.S.A.s

Markets are still prohibited, but farmers are encouraged to sell their produce and goods from farm stands while maintaining social distancing. If all goes well we hope markets will get the go ahead later in the spring as we hope for a fruitful and bountiful year. C.S.A's are allowed under the Governor's orders.

Want to Volunteer But Not Sure How?

Addison County Mutual Aid is a site run by volunteers in our community to connect people in need with people who can help. If you need help, please visit the website to fill out a quick questionnaire or call (802) 377-3335 and leave a message. Someone will be in touch shortly.

If you would like to join the over 400 volunteers we have already enlisted to help, please fill out the "I can help" survey on the website and a point person for your town will reach when there's a need that matches your availability.

Telephone - (802) 377-3335 See the following links for information:

<https://www.addisoncountymutualaid.org>
<https://www.facebook.com/AddisonCountyMutualAid/>