

Town of Middlebury  
Emergency Management Bulletin  
April 28, 2021

**To Mask Or Not To Mask**

By now you've probably all heard the news about CDC guidance on unmasking in public. That's a good indicator of things to come! HOWEVER (there's always that caveat, isn't there) it's not unlimited. This is what the CDC says as of April 27, 2021:

Fully vaccinated people can:

- Visit with other fully vaccinated people indoors without wearing masks or physical distancing
- Visit with unvaccinated people (including children) from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing
- Participate in outdoor activities and recreation without a mask, except in certain crowded settings and venues
- Resume domestic travel and refrain from testing before or after travel or self-quarantine after travel
- Refrain from testing before leaving the United States for international travel (unless required by the destination) and refrain from self-quarantine after arriving back in the United States
- Refrain from testing following a known exposure, if asymptomatic, with some exceptions for specific settings
- Refrain from quarantine following a known exposure if asymptomatic
- Refrain from routine screening testing if asymptomatic and feasible

For now, fully vaccinated people should continue to:

- Take precautions in indoor public settings like wearing a well-fitted mask
- Wear well-fitted masks when visiting indoors with unvaccinated people who are at increased risk for severe COVID-19 disease or who have an unvaccinated household member who is at increased risk for severe COVID-19 disease
- Wear well-fitted masks when visiting indoors with unvaccinated people from multiple households
- Avoid indoor large-sized in-person gatherings
- Get tested if experiencing COVID-19 symptoms
- Follow guidance issued by individual employers
- Follow CDC and health department travel requirements and recommendations

The entire document can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html>

Remember, if you're not fully vaccinated (that is 2 weeks post last shot), you still need to mask up and these relaxed guidelines don't apply. In the meantime, Vermont's Restart team has already been considering changes to Vermont's guidance, and will review the CDC's recommendations in the context of the Vermont Forward Plan, the pace of vaccination, and progress being made managing the Covid-19 pandemic in Vermont.

### **COVID Infection Numbers On A Significant Downward Trajectory**

Vermont just went through 9 straight days with new infections numbers below 100 per day. 293 fewer infections in the past week compared with the prior week. Addison County has had 46 new infections in the past 14 days. COVID is still out there, and still punchy in spite of taking a pretty good vaccination hit. Time to finish it off. Northwest New Hampshire and western Maine are still COVID hot spots if anyone is considering traveling there, beware, protect yourselves. Vermont has already hit its May 1 objective for vaccinations, and with J&J back in business we should get on a roll to speed up the process even more.

### **Reminder- BIPOC Vaccination Clinic Today in Middlebury**

The Rutland Area NAACP has organized a BIPOC-specific vaccine clinic in Middlebury on April 28 from 4pm- 6 pm. Registration for this one is through the State of Vermont – you can call **855-722-7878**, or do it through the Department of Health website at <https://www.healthvermont.gov/covid-19/vaccine/getting-covid-19-vaccine> (you will need to create an account if you don't have one). In either case, you **must identify yourself as BIPOC (or living in a household with BIPOC) to access this clinic.**

This clinic is open to BIPOC Middlebury College students, faculty, and staff (and households, including roommates/housemates), as well as the wider community.