

Town of Middlebury  
Emergency Management Bulletin  
January 26, 2021

**COVID-19 Vaccinations at Kinney Drugs**

Kinney drugs is also offering COVID-19 vaccinations at some of their stores. The one in Middlebury has no openings for the month of January. As of this morning there were openings at Vergennes and other locations.

This is the link to register. You can go directly to the Kinney site and do not have to register also at the VHD site.

<https://secure.kinneydrugs.com/pharmacy/covid-19/covid-19-vaccinations/>

1. Click on "COVID-19 VACCINATION SCHEDULING"
2. next page, click on the image of the State of Vermont
3. next page, in the orange bar click on "COVID 19 VACCINATION IN VERMONT"
4. next page, enter a zip code- 05753 for the Kinney Drugs in Middlebury, but they are full this month. You can enter "05491" for Vergennes  
You'll also see a menu with other Kinney Drugs locations. You can also click on one of those to see if there are openings.
5. next page, click on the blue bar "SCHEDULE APPOINTMENT" a calendar will come up. There appears to be some availability soon.
6. The other tabs are for entering your information and confirmation.

Remember- you must be a Vermont resident age 75 or older.

**Frustrated With System Delays?**

Of course, and why not, with COVID running rampant, vaccines are needed. Yesterday 21,500 registered for the COVID Vaccine. That is almost half of the 49,000+ who are eligible in the 75+ age band. So delays are expected, but eventually all will get their shots. Patience can be a difficult commodity in the current atmosphere, but rest assured, you will get in. If you couldn't get in the system yesterday keep trying.

**What Can I Expect?**

We are seeing some slight discomfort following the first shot, usually within a few hours- headache, body aches, chills, a general feeling of yuchiness and a lack of energy. Your immune system is turning on and getting in high gear. The symptoms should subside overnight. If you have concerns, call your healthcare provider.

When you get your shot, you'll be asked to wait about 15 minutes before checking out. This is to make sure there is no allergic reaction. You'll also be provided an appointment for your second shot- 21 days later for Pfizer and 28 for Moderna.

### **Today's Data**

Infection numbers continue to drop- Addison County registered 99 new cases in the past 14 days. This is the lowest 2-week total in several weeks. But 99 is not zero so still a cause for caution and concern. As of today 50 people are hospitalized statewide with COVID and 9 are in the ICU. There have been 171 deaths since March.

Convenience stores continue to be an exposure hazard with many people ignoring mask requirements, I suppose because it's inconvenient to put a mask on when going into a convenience store. I don't know. Protect yourselves, avoid places that are unsafe, and keep your mask clean and well-fitted. Keep your hand sanitizer accessible and disinfect often. Regardless of the haphazard approach to COVID that others display, keep yourself safe.