



COPING WITH COVID-19



**CSAC COMMUNITY
SUPPORT LINE**

388-7641

DON'T WORRY ALONE.

You might have never considered calling the Counseling Service before. But CSAC is here to help.

CSAC'S COPING WITH COVID-19 COMMUNITY SUPPORT LINE offers *free* supportive phone counseling, information and referrals, and real-time connection to Addison County community members.

**Monday through Friday
9am-3:30pm**

**Friday Evening
5-10pm**

**Saturday and Sunday
9am-10pm**

For more resources,
visit our website at
www.csac-vt.org

CSAC's 24/7 crisis services remain available whenever you need us at 388-7641.

