



Fall Activity Guide

Programs, Athletics and Special Events for Adults, Youth and Families

New Registration Site: middleburyvt.myrec.com

Middlebury Parks & Recreation Department • townofmiddlebury.org • Sept. - Nov. 2023



Bread + Puppet

Annual Tour Begins



Town Hall Theater Presents
Bread and Puppet's Circus
 Outdoors at the
Middlebury College Snow Bowl

Friday, September 1

Gates 5pm; Show 5:45-7PM

6886 Vermont Rte 125, Hancock, VT 05748

Tickets \$22

The circus is coming! The circus is coming!

Bread and Puppet Theatre's circus, that is. On Friday, September 1st, Town Hall Theater presents the first show of Bread + Puppet's annual tour at the Middlebury College Snow Bowl in Hancock, Vermont. The performance will feature a mountainous backdrop and the iconic Bread + Puppet hand-painted bus – and begin with Bread & Puppet's brass band at 5:45.

This year's show will be a spectacle of protest and celebration that addresses the urgent themes of the moment using paper maché, dance, and a live brass band.

Circus is perhaps the most iconic of the many performance genres for which Bread & Puppet is known. A Bread & Puppet Circus is a large-scale political puppet show which borrows from traditional Circus tropes and is performed in-the-round. Made up of a bright, raucous melee of short acts using diverse puppetry styles, it spans many moods, from slapstick to the sublime. After the show, Bread and Puppet will serve its famous sourdough rye bread with aioli, and Bread and Puppet's "Cheap Art" – books, posters, postcards, pamphlets and banners from the Bread and Puppet Press – will be for sale.

All ticket proceeds benefit Bread and Puppet Theatre and Town Hall Theater. Tickets are required and available for purchase at townhalltheater.org. No one will be turned away for lack of funds. If you need assistance with the price of the ticket, please contact tickets@townhalltheater.org or call 802-382-9222.

Bring chairs, picnics, and a sense of humor.

Thank You to Middlebury College for our
 Continued Partnership

Tickets:
townhalltheater.org

802-382-9222

General Information

Mission Statement

The Middlebury Parks & Recreation Department (MPR) shall provide lands, facilities, and services for community members of all ages and all income levels. It shall provide programs for both sport and leisure. The department shall serve as instructor, facilitator, and partner in efforts to promote and improve quality of life for participants. MPR will work with an involved public and business community to provide a healthy and aesthetically pleasing environment with opportunities for cultural growth.

The department should be flexible enough to meet the changing needs and tastes of the community, while finding creative ways to deliver recreation programs and facilities that are affordable to the residents of Middlebury.

Contact Us

Office Hours: Monday – Friday, 9:00 am 5:00 pm
Physical Address: 154 Creek Road
Mailing Address: 77 Main St., Middlebury, VT 05753
Other Contact Info:
Phone: 802-458-8014/15
Facebook: Town of Middlebury Parks and Recreation

Middlebury Parks & Recreation Committee

Greg Boglioli –Chair and East Middlebury Representative
Tricia Allen – Ilsley Library Representative
Bill Ford- Memorial Sports Center Representative
Melissa Kin- Middlebury At-Large
Mark Wilch- Middlebury At-Large
Megan Curran- Middlebury At-Large
Isabel Gogarty- Selectboard Representative
Karen Duguay- ACSD Representative
Ethan Murphy- Middlebury At-Large

STAFF OF MIDDLEBURY PARKS AND RECREATION DEPARTMENT

Dustin Hunt – Superintendent 802-458-8014 dhunt@townofmiddlebury.org	Scott Bourne – Program Coordinator 802-458-8015 sbourne@townofmiddlebury.org
Trever Nadeau – Grounds and Maintenance - 802-388-8100 Ext. 219 middrecmaintenance@townofmiddlebury.org	

Important Registration Information

We are pleased to announce that we are switching our registration software to Myrec.com. The software is much more user-friendly and will provide a better experience for all involved. Because of this, everyone will need to visit the new site and create a family account before being able to register. The address of the new site is **middleburyvt.myrec.com**

ADVERTISING

The Addison Independent prints and distributes this publication four times per year. We welcome your advertisement for a business, program or event in our publication for a fee; please contact us for more specific information: ads@addisonindependent.com or 388-4944.

RESERVATIONS- Facilities and Sports Fields

Middlebury Parks & Recreation Department requests that all groups planning to use our facilities or fields please notify us in advance by making a reservation. Anyone wishing to make a reservation must complete a facility use application, available in our offices or online at the Town website. Facility Use Request Forms are considered on a first come, first serve basis, depending on availability. Rental fees may apply. For additional information regarding availability, rates, and reservations, contact the MPR offices at (802) 458-8014.



INCLEMENT WEATHER POLICY

Programs may be canceled in the event of severe weather or power outages. MPR encourages you to do the following if you have any questions:

Call: MPR Offices, 802-458-8015

For Program Cancellations Check:

Facebook - Town of Middlebury Parks & Recreation

REFUND POLICY

If you need to cancel your registration before the second session of the program, we will refund you a pro-rated registration fee, minus a 10% processing fee. After the second session is attended, eligibility for a refund is void.

- Please be aware that refund requests may take up to 30 days to process.

- Every effort is made to ensure that the information in this guide is accurate. We reserve the right to add, withdraw, or revise programs or events as needed. For more updated information, please visit our website often.

ACCESSIBILITY

Individuals with or without disabilities may register for all programs offered by MPR provided program safety can be met. The Department provides reasonable accommodations for people with disabilities. Contact MPR offices in advance of the program start date to discuss accommodation on a case-

by-case basis.

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Non-Resident Policy

Non-Residents of Middlebury are allowed to register for all Parks and Recreation programs. Non-Residents will be charged an additional fee of 15% for each program registered for. A Non-Resident is defined as someone who does not live in Middlebury or pay property taxes to the Town of Middlebury.

Scholarships

Middlebury Parks and Recreation is pleased to be able to offer scholarships to participate in all of our programs. The scholarship guidelines are based on the free and reduced lunch guidelines within the schools. If you'd like to apply for a scholarship or more information, please contact our office.

QR CODE
SCAN ME

MIDDLEBURY AREA LAND TRUST
20th Annual
TAM TREK
19mi | 10k | 5k TRAIL RUN/HIKE
2mi FUN RUN/WALK
SEP 17 2023

\$5 off registration
use code: LOVETHETAM

NEW this year
5k

New Moon
PHYSICAL THERAPY & WELLNESS

RACE RESULT
534

WHEELS
RACE RESULT
459

WHEELS
RACE RESULT
457

STAFF
TAGLIT - RYAN
BIRTHRIGHT ISRAEL
www.brightisrael.com

RACE RESULT
458

www.maltvt.org/tam-trek

Fall Gymnastics

Instructor: Terri Phelps 802-236-1315


Important: Please Read Registration will begin Tuesday, Aug. 29th at 9:30am

Students will work to improve strength, flexibility, and coordination, as well as skill development in a safe and fun environment. Instruction will be included on uneven bars, beam, floor exercise, springboard, parallel bars, and vault.

September 11th- November 18th (No classes 9/20-9/25, 10/9, 11/6-11/7)




		Resident	(Non-Resident) Fees
Preschool (Ages 3-4)			
01. Tuesday	10:00-11:00am	\$135	(\$155.25)
02. Tuesday	11:00-12:00pm	\$135	(\$155.25)
03. Saturday	9:00-10:00am	\$135	(\$155.25)
04. Saturday	10:00-11:00am	\$135	(\$155.25)
Young Beginner (ages 4-5)			
05. Saturday	11:00-12:00pm	\$135	(\$155.25)
Beginner (Ages 5-7)			
06. Saturday	12:30-1:30pm	\$125	(\$143.75)
Beginner/Advanced Beginner			
07. Tuesday	3:15-4:15pm	\$125	(\$143.75)
08. Wednesday	3:15-4:15pm	\$125	(\$143.75)
Advanced Beginner/Intermediate			
09. Saturday	1:30-2:30pm	\$125	(\$143.75)
Intermediate/Advanced			
10. Tuesday	4:15-5:15pm	\$125	(\$143.75)
11. Wednesday	4:15-5:15pm	\$125	(\$143.75)
12. Saturday	2:30-3:30pm	\$125	(\$143.75)



Art. Agriculture. Abolition.

A National Historic Landmark connecting visitors with the human experience of the Underground Railroad and with the lives of the four generations of Robinsons who lived at Rokeby from 1793-1961.

**OPEN DAILY, 10-5
UNTIL OCTOBER 14**



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Back to Leaf Peeping!

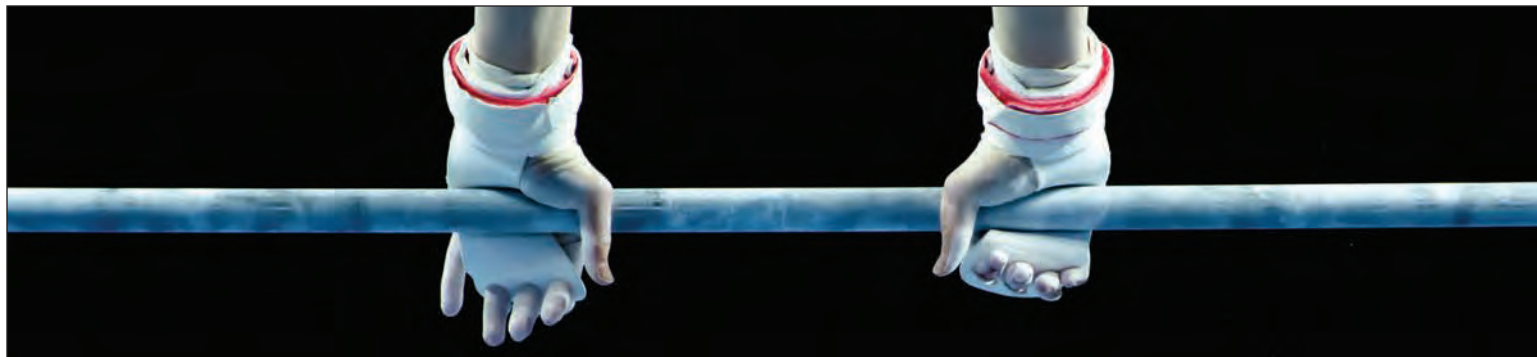
Stock up on back-to-school supplies! Our Stationery section is bursting with fun notebooks, planners, pens, Post-Its, and more!

Summer may be ending, but plein air season is in full swing! We have everything you need to get out there and capture the fall foliage.



52 Main St, Middlebury, VT 05753
(802) 989-7225

info@sparrowartsupply.com
sparrowartsupply.com
[@sparrowartsupply](https://www.instagram.com/sparrowartsupply)



Thursday Gymnastics Afterschool Program Ages 6-10

Program includes a 1-hour class, games/activities, and free time. Please bring a snack as well. Students can arrive anytime after 3pm and must be picked up by 5:30pm.

13. Thursday 3:15-5:15pm \$180 (\$207.00)

Monday Gymnastics Afterschool Intensive Program

New this Year!

If you are an intermediate or advanced student and serious about gymnastics this is the class for you. Each 90-minute lesson will have a different event and/or focus. Students will learn strategies to master new skills, the importance of skill progression, safety considerations, the value of strength and flexibility, beginner spotting techniques, and how games/activities/contests benefit skill development. Class is limited to 6 students.

14. Monday 3:30-5:00pm \$160 (\$184.00)

Middlebury, how do you age well?



For over 45 years, we have provided Vermonters 60+ with the necessary support to manage their daily living needs, with the goal of keeping them active, healthy, & independent.

Our wide array of programs can enhance your quality of life and peace of mind. Age Well is a nonprofit.

- Helpline: Information & Assistance
- Meals on Wheels & Community Meals
- Restaurant Ticket Program
- Tai Chi & Wellness Offerings

- Medicare Counseling & Training
- Case Management
- HomeMeds Medication Assessment
- Volunteer Opportunities

agewellvt.org | Helpline: 1-800-642-5119

Fall Soccer

Division 1- Grades 1 and 2 (Coed) -
Wednesday and Friday 3:30-4:45

Division 2- Grades 3 and 4 (Gender Specific) -
Tuesday and Thursday 3:30-5:00

Division 3- Grades 5 and 6 (Gender Specific) -

Boys: Monday and Wednesday 5:30-7:00

Girls: Monday and Wednesday 5:30-7:00

- Please note that 6th graders will have the option of playing Rec. Soccer this fall as well as for the school teams (practices are later for that age group so they can do both)
- All practices will be held at the Middlebury Recreation Park
- The program will begin the week of Sept 4th.
(No practices on Labor Day)

Fee: \$70 for Residents of Middlebury, \$80.50 for Non-Residents (Scholarships available)

Each player will receive a ball and jersey to keep

If you are interested in coaching a team please email
Scott Bourne sbourne@townofmiddlebury.org
or call 802-458-8015



Preschool and Kindergarten Soccer (Ages 4-5)

This 6-week session will focus on teaching the fundamentals of soccer. This program is designed to be clinic-based skills work which will help players get ready for the next level of competitive soccer while keeping it fun and engaging. The groups will be age specific this year and we will be limiting it to 20 players per age group so we can keep the group sizes small and offer more one on one direction.

Dates and Time: Monday, Sept. 11th-October 16th

4-Year-olds- 3:30-4:25 **5-Year-olds-** 4:30-5:25

Cost: \$50 for Residents, \$57.50 Non-Residents



Tiger Tennis Fall 2023 Sept. 18 - Mid Oct.

Open to beginner and intermediate
middle and high school players.

MONDAY AND WEDNESDAY
3:30-5:00
Middlebury Rec Park Courts

PRE-REGISTRATION REQUIRED
SPACE IS LIMITED
FREE OF COST

Tennis lessons available for all ages and abilities
year-round at our indoor facility!

More information
802-388-3733
CONTACT @ MIDDLEBURYTENNIS.ORG
www.middleburytennis.com



QUILT SHOW

October 7 & 8, 2023
Saturday 10 AM - 5 PM
Sunday, 10 AM - 3 PM

Middlebury Rec Center
154 Creek Rd
Middlebury, VT 05753



Featured Quilter: Sandra Bonomo

The Milk & Honey Quilters Guild proudly presents:

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Admission: \$7 / under 12 free

www.milkandhoneyquilters.com

Archery 1

Number of Students per Class: Minimum: 8, Maximum: 14

Dates: Thursdays, 4pm to 5pm, 09/14-10/05

The program consists of a 1 hour, once-a-week class for 4 weeks.

The cost per student for the 4-week class is \$90.

Type of Bow: Recurve (provided by instructor) or bring your own

Location of Range: Mary Hogan Rec Field

Equipment (provided): Recurve bows, arrows w/ field tips, targets

Course Content: Range safety, range set-up, basic equipment setup and use, and the basic steps of shooting, and scoring.

About the Instructor: Melinda Hardt has been instructing and designing Archery classes for youth since 2007. She started teaching the basics at an outdoor science school in California. She was trained by an Olympic-level Archer, and obtained her level 1 Archery certification. She designed and orchestrated year-round



archery classes and a continuing Summer Camp program as well. She went on to obtain a level 2 USA Archery certification and has taught Archery programs all over the country. She currently runs her own Archery business in Vermont which provides programs for youth in Middlebury, Rutland & Castleton, as well as birthday parties, home school groups and more!

Contact Info: Phone- 802-417-7581, Email- sendmelindamessages@gmail.com

HALF MARATHON, RELAY & 3-MILE FUN RUN SUNDAY NOV 5, 2023 MIDDLEBURY, VT

MIDDLEBURY
MAPLE
RUN
2023

Vermont's "Sweetest" Half Marathon!



Registration is open at

MiddleburyMapleRun.com



What makes it so sweet?

- Beautiful, scenic routes with views of the Green Mountains and Adirondacks.
- A mix of trail (10%), paved (45%), and dirt roads (45%) for the half marathon; all paved for 3-mile fun run.
- USATF-certified course that is well supported, with rolling hills and foliage views.

WELL ORGANIZED, GREAT SWAG,
INSPIRING MUSIC ON COURSE,
POST-RACE BREAKFAST
TOP FINISHERS RECEIVE
VERMONT MAPLE SYRUP!



Sweet socks for ALL registrants!



Middlebury Flag Football

Registration and Equipment Issue at the Middlebury Town Gym – 154 Creek Road

Tuesday, September 5th 6:00 – 6:45 p.m.

8th grade: 6:00 p.m.

7th grade: 6:15 p.m.

6th grade: 6:30 p.m.

Wednesday, September 6th 6:00 – 6:45 p.m.

1st – 3rd grade: 6:00 p.m.

Grades 1-3 can also register online: <https://forms.gle/cG6pbsRCtDu5iP2x8>

4th grade: 6:15 p.m.

5th grade: 6:30 p.m.

*****Please bring two (2) separate checks or cash to registration*****

1) REGISTRATION FEE: Payable to Middlebury Flag Football (MFF)

Grades 5-8: \$50.00 Grade 4: \$25.00

Grades 1 – 3: Free

**Family Rate: Families pay registration fee for 2 players – fee for additional players waived*

2) EQUIPMENT DEPOSIT: Payable to Middlebury Flag Football (MFF). *Original check will be returned/voided when all equipment is returned clean and in good condition.*

All players, grades 4-8: \$125.00

SKILLS CLINIC / TEAM ASSIGNMENT: 4th – 8th Grade

Saturday, September 9th 9:30 – 10:30 a.m.

Flag Football Clinic hosted by Middlebury College Football

team at Middlebury College Alumni Stadium.

BRING YOUR FLAGS

CLEATS ARE OPTIONAL

LEAVE THE REST OF YOUR GEAR AT HOME

Sunday, September 10th: Coaches contact each player regarding: team assignment, practice details and their contact information. If you do not hear from the coach by 6:00 Sunday evening, contact Peter Brakeley 989-6992 or June Kaufmann 349-8534.

Week of September 11th:

5th – 8th grade: Four (4) practices, 2 hours each

* Practice days and times determined by team coach.

4th grade: Monday and Wednesday 5:00-6:00

1st – 3rd Grade: Monday 5:00 – 6:00 p.m.

Practice for all grade levels takes place on the MUHS practice fields.

Saturday, September 16th: Games begin! ALL GAMES will be played at the MUHS practice fields.

9:00 a.m. 7th and 8th grades

10:30 a.m. 5th and 6th grades

1st - 4th graders do not have Saturday games

Week of September 18th: Two (2) practices, 1-½ hours each for 5th – 8th. 4th graders continue 2 practice sessions per week and 1 – 3rd continue with 1 practice a week. (No Saturday games for grades 1 - 4)

Remainder of the season is a repeat of the above (**Grades 5 – 8:** 2 practices each week, games on Saturday through October 21st. **Grade 4:** Monday, Wednesday practice and **Grades 1 -3:** Monday practice).



We realize that no one knows your child better than you!
Our goal is to partner with you to develop a plan to care for your child both in wellness and illness. Let us work with you in every phase of your child's health care to bring out the best in every parent and child.



Rainbow Pediatrics is an Accredited
Patient Centered Medical Home

rainbowvt.com



802-388-1338

West Coast Swing Dancing

Instructor: Karen Graham, **Email:** vtwestiebest@gmail.com, **Phone:** 802-558-1870

Program: West Coast Swing is a versatile partner dance, danced to a wide range of popular music from blues to pop, slow swing, and R&B. A cousin of traditional swing dances like the Lindy Hop and East Coast Swing, West Coast Swing is constantly evolving. Today, it combines swing connection and rhythms with independent movement inspired by influences from nearly every other dance style, as well as contemporary music. It is a smooth, cool, laid-back dance



that can be funky, groovy, or lyrical, depending on the music and your personal style. It's extremely popular in the U.S.A. and is the official state dance of California. No partner required to take class.

Location/Time: 5:30 – 6:30pm

4-week sessions:

Session #1 Thursdays from Sept. 14th - Oct 5th

Session #2 Thursdays from October 19th – Nov 9th

Middlebury Parks & Recreation Facility: 154 Creek Road, Middlebury

Registration: Payment is due at time of registration or the first day via Middlebury Parks & Rec registration website: middleburyvt.myrec.com Sorry, No refunds unless the class is canceled. Preregistration is required but drop-ins are welcome but only at the start of the program. \$48 per session or \$12.00 per class.

Middlebury Youth Field Hockey Club

Who: Children in grades K-6

Location: TBD

When: September 6th- October 18th

Mondays and Wednesdays, Time TBD

Instructors: Chelsey Giuliani, Katharine DeLorenzo and high school & college athletes

Cost: \$25.00

Register: Online or at Recreation office

Description: Girls and boys will learn and hone skills from both collegiate and high school athletes and coaches on a learner-friendly surface.



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| • Rollerblading | • & More |

See You On the Ice in October!

MEMORIAL SPORTS CENTER

296 Buttolph Drive, Middlebury, Vermont
info@memorialsportscenter.org • www.memorialsportscenter.org

Drop-In Programs

Adult Co-ed 30+ Basketball

Wednesdays 7:00-9:00 at Middlebury Rec. Center Gym

For more information please contact Bryan Jones @ 802-989-8399

\$4.00 per drop-in or buy a \$20 punch card for 7 visits.

Adult Co-ed Volleyball

Mondays 6:45-9:00pm at Middlebury Rec. Center Gym

Advanced beginner to intermediate volleyball. Players aim for good ball handling skills, trying for bump, set, spike on most plays. Teams are formed each week depending on who attends to keep the skill levels balanced on both sides and fun for all.

For more information, please contact Sue Richardson @ suerichardson@gmavt.net or

802-557-2724 . \$4.00 per drop-in or buy a \$20 punch card for 7 visits.



Tot Time Gym Hours

Wednesdays and Thursdays
10am-12pm

\$50 for school-year
pass or \$4 per visit.

Scholarships available
for passes.

Pickleball

Outdoor play will continue
at Midd Rec Park until first
snowfall.

Indoor courts (starting approx. mid-October)

Monday through Thursday 7am-10am. All abilities welcome.

3 courts available, Court 1 will be for beginners, Courts 2 and 3 will be for intermediate/advanced players

\$4.00 per drop-in or buy a \$20 punch card for 7 visits.



Figure Skating

Want to learn to figure skate? The Middlebury Rec Department, Middlebury College, and the Middlebury Figure Skating Club are pleased to partner to offer classes for children ages 5-18, starting in October and ending with a non-competitive group Ice Show in February as part of the Middlebury College Winter Carnival. Registration will open in mid-September through the Middlebury Rec Department.

Lessons are at Middlebury College's Chip Kenyon '85 Arena. All kids are grouped according to ability and coached at the level at which they are ready to learn following the US Figure Skating Association model.

Instructors invite skaters to have fun while exploring the basics of skating. Starting in January, each group will learn a number to perform in Middlebury College's Winter Carnival Ice Show in February, which marks the end of the skating lessons.

Children between the ages of 5 and 18 years are welcome with their own skates. Figure skates encouraged for skaters aged 8 and up.

Please contact middiceshow@gmail.com if you have any questions.

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MEMBER OWNED. MEMBER COMMITTED.

Yoga with Vanessa Dunleavy

Fridays, 9:30-10:30 AM in the Middlebury Rec Center Multipurpose Room

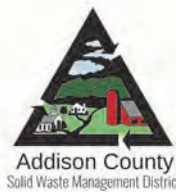
Come revitalize your body and relax your mind with Yoga asanas and breath work. With a focus on alignment and awareness, we'll work on strength, balance and flexibility, all while honoring our body's intuition and individual needs. www.vanessadunleavy.com

Drop-ins welcome, \$15 per class

Learn Something New, Take Up Music Lessons!

Middlebury Community Music Center offers in-person and virtual lessons for: guitar, piano, violin, trumpet, clarinet, bass and more.

Visit mcmcvf.org to learn more about our programs and register for a lesson today.



District Transfer Station Hours:
M-F: 7 AM to 3 PM
SAT: 8 AM to 1 PM



HazWaste Center Hours:
M-F: 8 AM to 2 PM
SAT: 8 AM to 1 PM

1223 Rte 7 South Middlebury, VT
(802) 388-2333 • AddisonCountyRecycles.org • acswwmd.acswwmd.org
Facebook: [Addison County Solid Waste Management District](https://www.facebook.com/AddisonCountySolidWasteManagementDistrict) Instagram: [@addison.co.waste.mgmt](https://www.instagram.com/addison.co.waste.mgmt)

The District Transfer Station accepts:

- Appliances • Batteries • Books • Confidential Documents •
- Construction & Demolition Debris •
- Electronic Waste • Food Waste • Fluorescent Light Bulbs •
- Furniture & Mattresses • Hazardous Waste • Leaf & Yard Waste •
- Maple Sap Tubing • Natural Wood Waste •
- Plastic Bags & Film • Scrap Metal • Tires..... and more!





The Teen Center

77 Mary Hogan Drive, Middlebury
www.teencentervt.org

The Teen Center is a place for teens in 7th-12th grade to enjoy unstructured social time after school. After School Drop-In takes place every school day from 3pm-6pm, or 1pm-6pm on early release days. If ACSD schools close or cancel after school activities due to weather, we will also close. If ACSD schools are open, we are too!

Our code of conduct is simple:

- No violence in speech or action
- Respect each other and the space
- We are a substance-free space.

Within those boundaries, we encourage expression, creativity, authenticity, and community building. Staff are present daily for any teen needing a safe adult to talk to, and to help mediate conflict.

After School Drop-In will begin **Wednesday, August 30th, 2023**. Teens can register themselves on their first visit. Once

registered, teens can enjoy a snack, spend time with friends, and utilize the adjacent rec park, including the pump track and Middlebury Mini skate ramp. We also have computers, gaming, board games, a teen-run garden, and art supplies. Teens are in charge of our space and are free to use it to explore interests such as baking, cooking, and crafting.

All our programs are FREE or pay-only-what-you-can.

Dungeons & Dragons

We will run a weekly D&D campaign with our amazing DM, Spencer. New players are welcome to join, no experience necessary. D&D is on **Wednesdays from 3:30pm-6:00pm**.

Queer Group

LGBTQIA+ teens are welcome to attend a peer-led support group on **Mondays from 4:00-5:30**. This group is led by the


Continued on Page 15

Continued from Page 14
incredible Elio and is a place for queer or questioning teens to seek support and guidance, or to decompress from incidents like bullying.

Friday Night Group
Run by OutRight Vermont, FNG is another opportunity for LGBTQIA+ teens to connect with their greater community and seek support around their queer or questioning identities. FNG meets monthly on the **first Friday of the month, from 6:30pm-8:00pm.**

Murder Mystery Club
Murder Mystery Club is back by popular demand. Participants will solve a realistic (but not gruesome) murder. Murder Clubbers will need to examine evidence, look for clues, and organize materials to identify the killer. Murder Club will meet **Thursdays from 4:00pm-5:30pm**





Bounce and Read Storytime

Ilsley Public Library Meeting Room
Birth - Preschool

Join Miss Tricia for fun songs, fingerplays, bounces, and books! We will follow the same program of songs, games, and board book for an entire session. Participants are welcome to drop into any class. No need to commit to the entire seven weeks.

Wednesdays, 9:00-9:45am
Session 1: September 6th - October 18th
Session 2: October 25th - December 13th (no storytime on November 22nd)



Start the fall off with a Big JUMP by training at TaeKwon Do KICKS!

"We see the benefits of Taekwondo in our six year old son every day: posture, agility, discipline, respect for adults and a pro-teamwork attitude with his peers."
— Middlebury mom

"Taking Taekwondo has been a great way for me to meet new people with similar interests. Martial arts is a great exercise. Taekwondo has helped me increase my balance, flexibility and coordination. Becoming healthier is very important to me and I have a better quality of life. Most importantly I'm taking Taekwondo with my wife."
— Bruce, age 70+



Now accepting new students Preschool through Adults for the Fall. Try First Class for free. Classes available in Vergennes, Middlebury, Orwell and Hinesburg.
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Walk and Bike Activities

Middlebury E-bike Lending Library Ilseley Public Library is partnering with Frog Hollow Bikes to loan out three e-bikes through October. E-bikes have an electric assist that helps riders

get around with less effort and scale hills that previously seemed impossible. For complete details, loan rules, and descriptions of

Continued on Page 17



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a uniquely
portable
magic."

– Stephen King

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John and Jim Fitzgerald



Continued from Page 16
the bikes please visit: <https://www.ilsleypubliclibrary.org/find-it/library-of-things-e-bike/> To reserve a bike, call the library front desk at 802.388.4098

Middlebury Bike Pump Track The bike pump track is now open at Rec Park next to the town pool. Pump Tracks are small, confined loops consisting of banked corners and rollers that are spaced and shaped to enable riders to generate momentum by “pumping” the bike through the rollers. Pump tracks are fun and develop bike-handling skills for riders of all ages. Check it out and check out the new mini-ramp for skateboarding.

Safe Routes Middlebury hosts “Walk and Roll to School Day” on the first Wednesday of each month at Mary Hogan School, monitors traffic patterns and travel behavior, plans activities to teach bike skills and rules of the road, and recommends improvements to roads, parking lots, drop-offs, sidewalks, crosswalks, traffic lights, signage, bus routes, bike routes, bike racks, and more. Contact Erik Remsen at erik.remsen@gmail.com to help or offer input.

Walk/Bike Council of Addison County is a county-wide, citizen-led advisory group that meets every 12 weeks in Middlebury. The Council seeks to build momentum and capacity for safer walking and biking in our towns and villages. We are mapping a Triangle road bike loop best connecting our Addison County hubs of Bristol, Vergennes, and Middlebury via New Haven. Council members work with state and regional agencies, municipal staff, schools, and other interested community partners. We seek members from western, north, and south portions of our county. Anyone interested should visit <https://www.walkbikeaddison.org/>

International Walk and Bike to School Day is a global event that involves communities from more than 40 countries walking and biking to school on the same day. Over time, this event has become part of a movement for year-round safe routes to school and a celebration – with record-breaking participation – each October. This year the date is October 4th, 2023.

ADDISON COUNTY
INDEPENDENT

The 2023 Garden Game Is Here!

Each summer the Addy Indy and Agway partner to present the Garden Game, awarding prizes for the largest entries in each of the fruit and veggie categories below:

Asparagus (length x circumference)	Onion (circumference)
Beet (circumference)	Parsnip (circumference)
Broccoli (diameter)	Pepper (circumference x circumference)
Cabbage (circumference)	Potato (length x circumference)
Cantaloupe (circumference)	Pumpkin (circumference x circumference)
Carrot (length x circumference)	Radish (circumference)
Cauliflower (diameter)	Rhubarb (length)
Corn (length x circumference)	Rutabaga (circumference)
Cucumber (length x circumference)	Summer Squash (length x circumference)
Edible Leafy Greens (length x width - leaf only)	Sunflower (diameter)
Eggplant (circumference x circumference)	Tomato (circumference)
Fennel (length x circumference)	Turnip (circumference)
Green Bean (length)	Winter Squash (length x circumference)
Kohlrabi (circumference)	Zucchini (length x circumference)
Leek (length x circumference)	
Melon (circumference)	

How do you play the Garden Game?

Just bring in any of the above fruits/veggies to our office at 58 Maple Street, Middlebury to be officially measured. Weekly front runners will be posted online and listed in the newspaper. Entries must be home-grown in the greater Addison County area. One winner per category. One prize per person. Winners will be announced at the first sign of frost.

Visit addisonindependent.com/contests for more info.



WIC provides nutrition education, healthy foods, breastfeeding/ chestfeeding support, and referrals to other services. WIC is for Vermonters who are pregnant, who have recently had a baby, and families with children under 5. If you have Medicaid/Dr. Dynasaur, you are **automatically** income eligible.



Applying to WIC is easy! Scan the QR code to start your application or reach out to your local WIC office (www.healthvermont.gov/local). For Addison County WIC Call: 802-388-4644



45th Annual Turkey Trot and Gobble Wobble Sunday, November 19th, 2023, 12pm

Mark your calendars for the triumphant return of the 45th annual running of this pre-Thanksgiving event.

All participants will receive a special gift and we'll be giving away turkeys, gift certificates and much more!

Race brochures will be available in the Parks and Recreation office in Mid-September.

MiniBury

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Addison Independent photo/Steve James

Middlebury Skatepark Project

Family-Friendly Mini Ramp Meetups

1st and 3rd Saturdays, 10am-noon

Middlebury Mini Ramp in Recreation Park

From now until the snow starts falling!

All wheels, all ages, all abilities welcome; newcomers and old-timers encouraged!

For updates/cancellations, follow us on Instagram or Facebook.



OTHER UPCOMING EVENTS THIS FALL:

***Skate Dreams* Documentary Screening Fundraiser**
Marquis Theater - Date TBD

Fall Fundraising Event

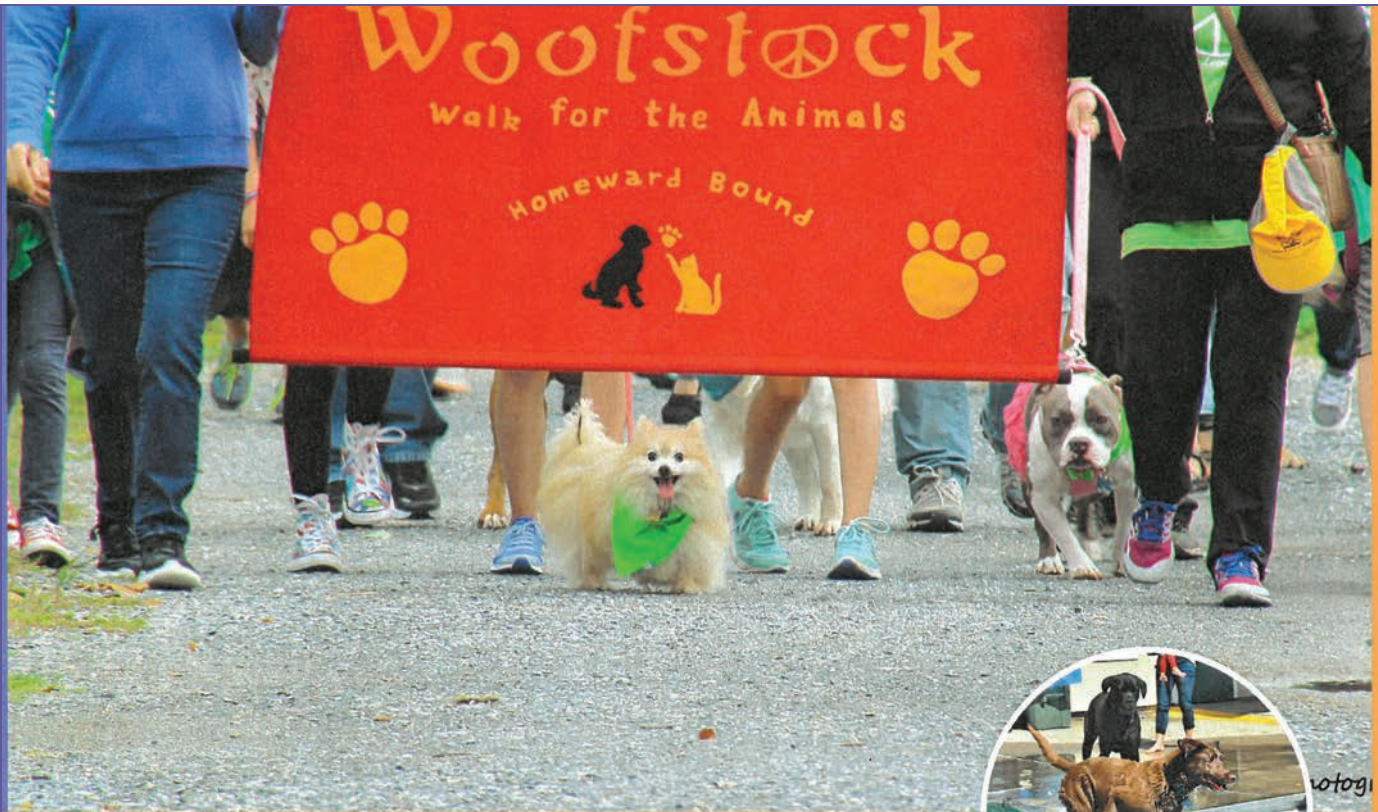
Location and Date TBD

Contact us to volunteer!

middleburyskatepark@gmail.com

For more details on these events and other updates from the Middlebury Skatepark Project as we raise funds for the skatepark, sign up for our newsletter on our website:

www.middleburyskatepark.com



SIGN UP FOR WOOFSTOCK!

Walk for the Animals

Saturday, September 9

Join us for a 1 mile walk around Middlebury followed by music, prizes, food, and our ever-popular pool party for dogs in the Middlebury Town Pool! Your participation matters!



homewardboundanimals.org

All proceeds benefit
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Addison County's
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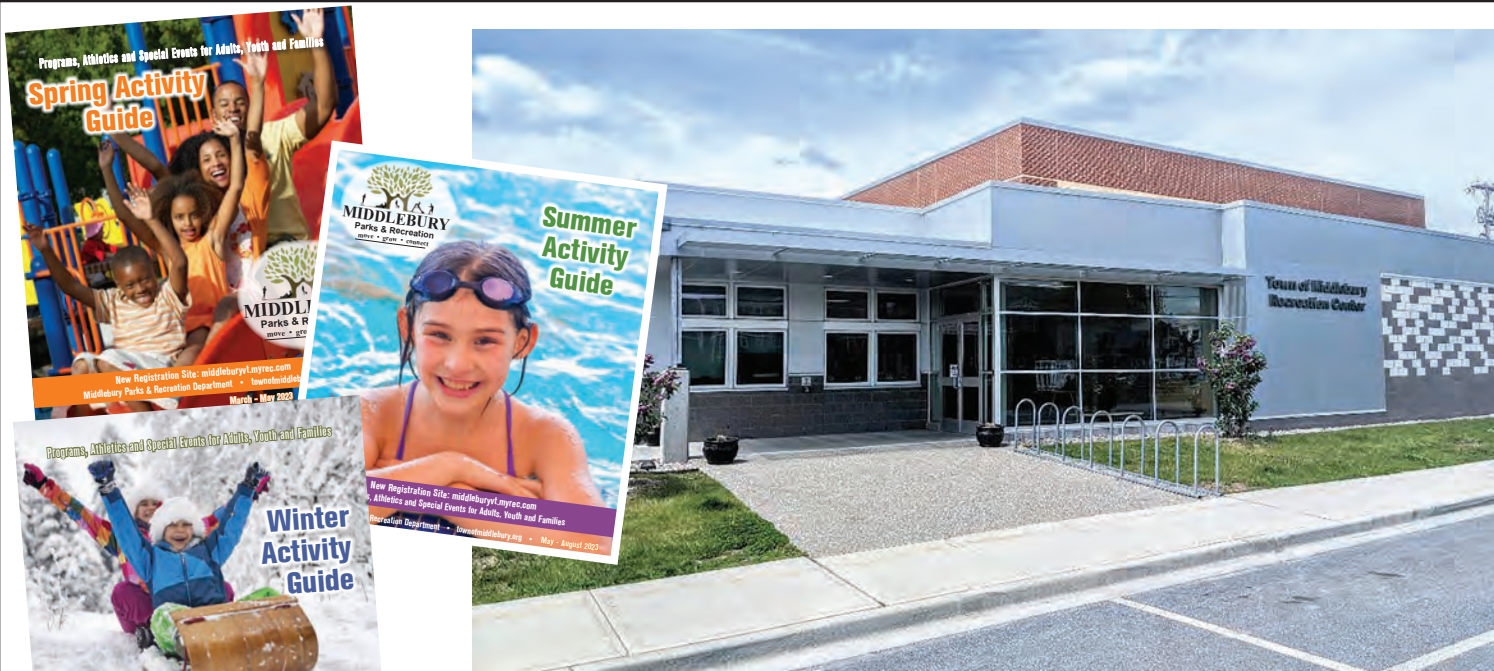
FALLING FOR AUTUMN?

Check out the **Addison
Independent's Annual
Fall Guide** for:

-  Foliage Tours
-  Fall Calendar of Events
-  Dining Guide
-  Historical & Cultural Destinations
-  Recreation Adventures

Hitting the newsstands on September 28th!





Watch for the 2023 Winter Activity Guide
Coming November 9.



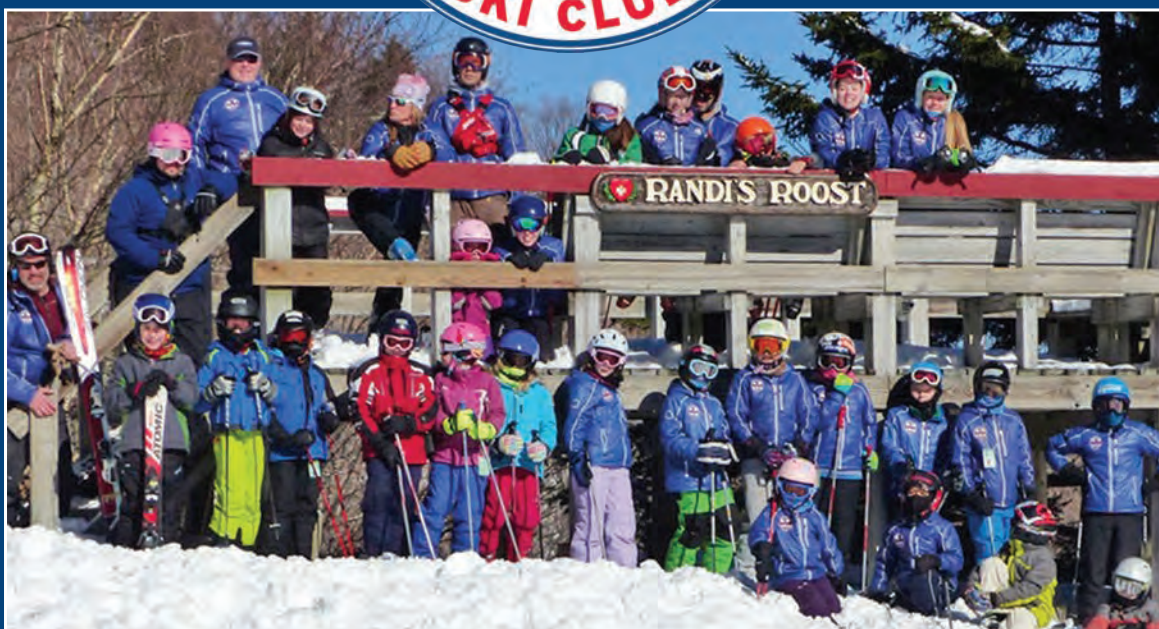
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Sunday, October 29th 2023



Get ready for tricks, treats and lots of fun new activities on the green in Middlebury!
Visit ExperienceMiddlebury.com for more information about Spooktacular,
the rest of Experience Middlebury signature events and all of the ways you can
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