**Evergreen Apartments** Last Tuesday/Wednesday of the month Tuesday Morning Appts. Contact: Senior Dining at 320-587-6029 or Public Health (see back of brochure)

#### Senior Center/Event Center

Last Tuesday/Wednesday of the month Tuesday afternoon & Wednesday morning Appts. Contact: 320-234-5656

#### **Green Castle**

First Tuesday of the month, Morning Appts. Contact: 320-587-4040

# Silver Lake

#### Silver Lake Auditorium

Third Tuesday of the month, Morning Appts. Contact: Senior Dining at 320-327-2621 or Public Health (see back of brochure)

## Stewart

#### **Stewart Community Center**

Second Thursday of the month, Morning Appts. Contact: 320-562-2730

## Winsted

#### **Lindenwood Apartments**

Third Tuesday of the month, Afternoon Appts. Contact: 320-485-4303



For more information, or for a pre-visit screening to determine if you can be seen, please call:

McLeod County Public Health Nursing Service

(320) 864-3185 Glencoe
(320) 395-2568 Winsted
(320) 484-4399 Hutchinson
(320) 328-4413 Stewart



Prevent, Promote, Protect,

# Foot Care Clinics



McLeod County Public Health 1805 Ford Avenue, Suite 200 Glencoe, MN 55336 (320) 864-3185

# What is the purpose of the foot care clinic?

To assist individuals age 55 and older, or under age 55 with a handicap condition, to attain and maintain optimal health and independence through regular foot care.

#### Who provides my care?

Under the direction of McLeod County's Medical Director, an RN or an LPN completes the foot care.

#### When do I receive care?

Clinics are held monthly at various sites in McLeod County.



#### How do I sign up for the clinic?

Call McLeod County Public Health for a screening to determine if you can be seen at a clinic or to ask us any questions. When you call, ask to talk with a Foot Care Nurse.

If you have Diabetes, are prescribed a blood thinning medication, have numbness of the feet, or have open skin, we may not be able to trim your toenails. We will refer you to a podiatrist if we cannot trim your toenails.

#### What is the cost?

\$25 per clinic visit, which is payable at the time of your appointment.

#### **Preparation for Appointment**

Please soak your feet for about 15 minutes within a few hours of your appointment time. This is to soften the nails for easier cutting.



# FOOT CARE CLINIC SITES Glencoe

#### **Glencoe City Center**

First Thursday of the month, Morning & Afternoon Appts. Contact: Public Health (see back of brochure)

#### Hutchinson Prince of Peace

First Tuesday of the month, Afternoon Appts. Contact: 320-234-7588 or sign-up at Prince of Peace

#### **Park Towers**

Second Tuesday of the month, Morning Appts. Contact: 320-587-2168

#### **Hutchinson Village Cooperative**

Second Tuesday of the month, Afternoon Appts. Contact: 320-234-7761

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