



The Center Post



Volume 31

JANUARY 2022

**The
Enrichment Center
(919) 776-0501**

**Hours: Monday,
Wednesday, Friday
8 AM - 5 PM
Tuesday and
Thursday
8 AM - 7 PM**

*Connecting people
who are age 50 and
better, family
caregivers and
veterans with
meaningful
educational and
volunteer
opportunities;
increasing their
access to services,
benefits and
resources and
offering them tools
to manage their
health and finances.*

Senior Centers:
Masters of Aging



Enrichment Center **VET CONNECT**

**Wednesday
January 5th at 5PM
Game of the night:
Dominoes**



**Wednesday
February 2nd at
5PM
Game of the
night: Bingo**

*Vet Connect get-togethers
provides local veterans with the
opportunity to meet and
socialize with other veterans.*

**Call (919)776-0501
Ext. 2210 if you need further
information. See you there!**

Tech 9-1-1

Wednesday, January 26, 2022

**A one-hour session to help you
with your Technology questions
(tablet, phone, laptop).
Call to register for your one-hour
time slot
(919) 776-0501 Ext. 2230.**

*To Join, Or Not To
Join...That Should Not
Even Be A Question!
~ Shakespeare?*



Drama Club General Interest Meeting Wednesday, January 19, 2022 2:00 PM – 3:00 PM

We will discuss plans for the fourth season of *The Enrichment Players*. All those interested in joining either on or off stage are welcome and invited to attend.

**For More Information, contact
Holly hhigh@leecountync.gov
or (919) 776-0501 ext. 2230.**

Creative Writing Journaling Group

Thursday, January 27, 2022

This new EC Creative Writing Club meets the 4th Thursday of each month
2 PM - 3 PM.

Each month a new topic or theme will be given. After journaling for 30-40 minutes we will then share our written experience.

At the end of the year you will have a special keepsake to pass down to your loved ones of your 12 months of thoughts/ideas/dreams/goals and memories...what a special treasure for your family to have!

**Bring your own notebook.
If interested in joining please call Holly
at (919) 776-0501 Ext. 2230 or email
hhigh@leecountync.gov**

Sparkle & Sweat 2022

Tuesdays & Thursdays

January 4 - 27, 2022

5:30 PM – 6:30 PM

Cost: \$10

Kick off your fitness in the New Year with fitness coach, **Erica Davidson**, for 4 weeks of Sparkle and Sweat 2022! Let's not make fitness a New Year's resolution but a lifestyle! At the end of the workouts, you will receive one on one coaching with Erica to get a fitness plan created based on your individual goals!

*Class Participants will need a mat and light weights.

Please call to register (919) 776-0501 ext. 2203. First come first served to those aged 50 & better and Lee County Government staff. Waiting list available to those 49 and below.

Many Thanks to

The WRAG Art Group and
First Baptist Church Art Group
for Providing the Paintings in the
Enrichment Center Hallway

Did you know by the Year 2035,

14 years away, Americans age 65 and older
are forecast to outnumber kids
for the first time.

The U.S. Census Bureau projects that the
population of older adults will surpass
children by almost two million.

A Novel Approach Book Group

The group meets at 12:00 noon at The Enrichment Center for
a discussion of the month's selection. Open to all adults.

The book for **January 2022**
is **A Cold and Lonely Place**
by Sara J Henry

The book for **February 2022**
is **To The Bright Edge of the World**
by Eowyn Ivey

If you have questions, you can contact Ellie Matthews,
elliegolf@charter.net or Debbie Williams (919) 776-0501 ext. 2203.

Blood Pressure Checks

**First Wednesday
of the Month - Registration Not Needed**

**with Dana Guevara,
Amedisys Hospice**

Measure your blood pressure regularly to help
your health care team diagnose any health
problems early. You and your health care team
can take steps to control your blood pressure if
it is too high.

Measuring your blood pressure is the only way
to know whether you have high blood pressure.
High blood pressure usually has no warning
signs or symptoms, and many people do not
know they have it.

You're Invited! 1st Friday Movie Club

Friday, January 7, 2022 at 2:00 PM Movie: **All the President's Men**. The Washington Post
reporters uncover the details of the Watergate scandal that leads to President Nixon's resignation.

Friday, February 4, 2022 at 2:00 PM Movie: **Porgy & Bess**. A woman whose past is scorned by
nearly everyone around her meets a man who'd love her regardless—if only everyone else would allow
them to. **Call to reserve your spot, (919) 776-0501 ext. 2230.**

*Movie selections based on suggestions and may or may not be to your preference as far as language or
subject matter. Please research before attending. Thank you!



Tune in for
LCG Enrichment
Center Updates!



Friday, February 4, 2022 is National Wear Red Day

On this day in February, which is considered American Heart Month, everyone across the country dons the color red in order to raise and spread awareness in hopes to help eradicate heart disease

and stroke in millions of women all over the nation.

So put on your reddest red - whether it be a lipstick, a pair of pants or your favorite hat - and paint the city and town red.

Wear your red on Friday, February 4th!

WDSG
107.9

Tune in for
LCG Enrichment
Center Updates!

Trips!

Appointment required
to register.

Call Jourdan Huskey
(919) 776-0501 ext. 2206.

Pick up a flyer with full details
at the EC front desk.

West Virginia

Train Adventure June 14-17, 2022
Trip is full - waiting list available.

Canada & New England Cruise

August 11 - 19, 2022
Aboard Royal Caribbean's
"Enchantment of the Seas"

Alaska Cruise

September 15 - 23, 2022
Aboard Royal Caribbean's
"Ovation of the Seas"

AARP Tax-Aide

The program will begin accepting
appointments for filing 2021 taxes
after February 1, 2022.

AARP Tax-Aide is a group of volunteers who
provide free tax filing services to Seniors, low and
middle-income individuals during tax season.

**Call (919) 776-0501 Ext. 2201 after
Feb. 1, 2022 for an appointment.**

Hiring Drivers!

COLTS - County Of Lee Transit System
is hiring part time drivers.

Start pay rate \$13/hour.

Contact Tonya Surratt (919) 776-7201
1807 Douglas Drive, Sanford

Reminders When Visiting The Enrichment Center Monday—Friday

- The Enrichment Center is not open for guests who are not attending a scheduled activity or receiving a service. We are not allowing individuals to come into the center for socialization only, such as sitting, visiting, reading the newspaper, watching TV or using the computer lab.
- All guests should enter through the front door.
- It is recommended whether vaccinated or not, participants and visitors wear masks and social distance while inside and outside of the center.

COVID-19 Vaccine Clinics

Provided by the
Lee County Government
Health Department

Schedule an appointment:

Online: www.leecountync.gov

By Phone:

(919) 842-5744 (English)

(919) 718-4640, option 8 (Spanish)

To schedule a free ride with COLTS, register for the COVID vaccine or Booster and then call COLTS to schedule transportation
(919) 776-7201.

Enrichment Center Fitness Programs

Open to Lee County residents ages 50 and better.

Keep fit and stay in shape for physical and mental health!
The Enrichment Center is currently offering these programs to help you maintain a healthy lifestyle in a clean, safe environment.
Call Cathy Andrew if you have questions (919) 776-0501 Ext. 2208.

Fitness Room - Monday-Friday

Available to participants who have completed orientation.
Call (919) 776-0501 ext. 2208 to make an appointment. Five participants are allowed per appointment slot. Cleaning takes place between appointments. \$1 (Free to Silver Sneakers Participants)

Morning Yoga - Monday & Friday, 8:30 a.m. – 9:30 a.m.

Great for beginners or those who find it difficult getting to the floor.
*Participants should bring their own equipment, mats, blocks, straps & kneeling pads. \$10 Per Month.

On The Move - Tuesday & Thursday, 10:00 a.m. – 10:30 a.m.

A free exercise class that will help to keep you fit while having fun!

Advanced Tai Chi - Monday & Friday, 10:30 a.m. – 11:30 a.m.

This is Tai Chi for Arthritis and Fall Prevention. The focus of this class is to reduce fall risk. \$10 Per Month.

Fit & Toned - Tuesday & Thursday, 8:30 a.m. – 9:30 a.m.

Suitable for beginners or those that already have an exercise program.
*Chair will be used for stability. \$10 Per Month.

Evening Yoga - Tuesday & Thursday, 5:30 p.m. – 6:30 p.m.

Better suited to participants with prior yoga experience.
\$10 Per Month.

Virtual Yoga - Tuesday & Thursday, 11:00 a.m. – 12:00 p.m.

Designed for those who are familiar with yoga. \$10 Per Month.

"That's the thing about books – they let you travel without moving your feet." Jhumpa Lahiri

For The Love Of Books

DID YOU KNOW?

Reading reduces stress by 68%!

The Lee County Library's Delisa Williams will be joining us the 2nd and 4th Wednesday of each month to bring new books for your reading pleasure. These books will be available to check out at no charge and without having to go to the Library to return them.



Veteran Services Office

The Lee County Veteran Services Officer (VSO) assists eligible

veterans and their families, deceased veteran's dependents and survivors in applying for benefits from the U.S. Department of Veterans Affairs (VA) and the N.C. Department of Military and Veterans Affairs (NCDMVA).

Members of the Reserves, National Guard and active duty service members are also welcome to call the county VSO for assistance with any matters involving the VA.

While Lee County is not the authorizing organization for these benefits, the County Veterans Service Officer can assist the veteran greatly in the following areas:

- Assessing and confirming eligibility
- Completing the documentation required by the VA and NCDMVA
- Explaining complex issues and forms
- Referring veterans and service members to other agencies that may be of assistance

The mission of Lee County Veterans Services is to pursue a high quality of life for local veterans, their families and their survivors.

It is our goal to increase public awareness of the services available to veterans and their families. We advocate for Lee County veterans and their families by assisting them in obtaining the benefits to which they are entitled.

**Get Expert Assistance
With Your VA Claim
Call (919) 776-0501 ext. 2209.**

Thank You!

Angel Tree 2021 was a success. Over 125 gifts were delivered to Lee County older adults.

Heartfelt thanks to those who made contributions towards this annual project. With your help, we were able to make Christmas a little bit brighter and add smiles to many faces.

PUBLIC TRANSPORTATION



- Public Transportation to Work, Shopping, General, Medical
- Raleigh Executive Jetport Shuttle
- Purchase Ride Vouchers
- Accessibility for Physically Challenged
- Free Transportation to COVID-19 Vaccination Location
- Call COLTS for More Public Access Transit Options, Schedule & Pricing



1807 Douglas Drive, Sanford

(919) 776-7201

www.leecountync.gov/colts.aspx

Title VI Policy Participant

Our mission is to provide safe & reliable transportation to the citizens of Lee County.



The Enrichment Center's Home Delivered Meals Program is in need of Volunteers to deliver a hot, nutritious meal to a homebound older adult in Lee County Monday - Friday.

Regular and fill-in positions available.

Routes take a little over an hour.

Meals are picked up at the Enrichment Center and then placed in a cooler at the client's door.

**Contact Janice Holmes
919-776-0501, Ext. 2213
for more information or to
volunteer.**

*Volunteers do not necessarily have the time; they just have the heart.
– Elizabeth Andrew*

Benefits of Participating at a NC Senior Center

Based on a survey of 7000 NC senior center participants taken by NC Dept. HHS, Division of Aging and Adult Services.

Improvement in well-being...
Development of stronger support systems...

Better management of health...
Better and easier access to services...

Increased creativity...

We Provide Hot Lunches

Lee County citizens ages 60 and better can participate in our lunch time nutrition program. You have a hot lunch at The Enrichment Center, Monday through Friday.

For those who are unable to drive, COLTS can provide a ride to the Enrichment Center for you to have lunch. We offer a pick-up option as well at this time.

For those who are homebound and live outside of the Sanford city limits, we offer **home delivered meals.**



Our menus include: BBQ chicken, baked beans, salad, oven browned potatoes, spaghetti, marinated pork loin and spiced peach cobbler.

Each week you will receive next week's menu, health & wellness information, important alerts, games and puzzles.

**If you would like to participate in our lunch time program
call Carole, (919) 776-0501 ext. 2205.**

**If you or your loved one is in need of a home delivered
meal call Janice, (919) 776-0501 ext. 2213.**

SATURDAY NIGHT DANCE

At The Enrichment Center

Doors Open at 5:45 PM

Dance 7:00 PM - 10:00 PM Admission: \$10

NO food items served.

Individually wrapped snacks and drinks only.

Bands for January:

**1st - The Back Alley Kats, 8th - Fabalous
Flashback, 15th - Jimmy Shirley Band,
22nd - Carolina Dreamers, 29th - Side Kix**

*Keep in mind Lee County Government policies while
attending the dance: No alcohol on the property, smoking
allowed 50 feet away from the facility, no firearms or
weapons on the property.*



Opciones Con COLTS

COLTS es un sistema de tránsito coordinado que provee servicios de transporte a muchas de las agencias que proveen servicios humanos en el Condado de Lee.

COMO SE USA COLTS Pasajeros que usan COLTS bajo el auspicio de una agencia que provee servicios humanos pueden viajar gratis pero primero deben de ser referidos por la agencia patronizadora. Los requisitos varían dependiendo de las agencias del Condado de Lee. Si usted o alguien que usted conoce tiene necesidades especiales, llame a la agencia de servicios humanos que usted piensa apropiada o simplemente llame a la oficina de COLTS. Nosotros le ayudaremos en determinar su elegibilidad a través de las agencias que están contratadas con COLTS.

HORARIO 6:00 a.m. a 5:00 p.m. lunes a viernes. Mensajes para cancelar servicios se pueden dejar en la grabadora después de las horas de trabajo. **(919) 776-7201**

Dirección Física: 1807 Douglas Drive, Sanford

Correo: 1615 S. Third Street, Sanford

COLTS esta patrocinado por el Condado de Lee de Carolina del Norte, por el Departamento de Transporte por el Gobierno Federal y el público en general.

COLTS es participante de la empresa de negocios para los desventajados.

Sistema de transito Condado de Lee Declaración política del Título VI

Es la política de brindar igualdad de oportunidades a toda personas, que reciban servíos del Sistema de Transito Condado de Lee. "COLTS" (919) 776-0501 Ext. 2216.



Caring with Compassion

Hospice Volunteers Needed In Our Area

**You can make a difference with as little as one hour a week or even just one day a month.
Free training provided.**

Opportunities and Ways Hospice Volunteers Help:

Friendly visits at nursing facilities or in the patient's home; sitting with patients and talking about their life; polishing nails and combing hair; Bible study and prayer; making phone calls; listening and laughing; watching television; playing cards...and much more...

"The Hospice volunteer who came in to sit with my dad provided a positive, uplifting presence. Her kindness and genuine concern for my dad and our family made the night a little easier."

~ Daughter of a Hospice Patient

**For more information
please contact
Charlotte Walton
Regional Volunteer
Program Manager
(910) 515-4715**

chwalton@libertyhomecare.com



**Tune in for
Up & Coming
with Margaret
& Melanie**



Tablet & Phone Class with Instructor Holly Hight

Tuesday, February 8, 2022

5:00 PM - 6:00 PM

This one hour class is designed around you and your needs. Bring your questions and device. Class size is limited. To register call (919) 776-0501 Ext. 2230.

Donating Your IRA Distributions to a Charity

Qualified charitable distributions (QCDs) can be used to satisfy required minimum distributions from an IRA without having the distribution included in your income. Ask your Financial Advisor if QCD is an option for you. **If so, please consider donating to The Enrichment Center, Inc. 501c3 charity.**

The Enrichment Center, Inc. Helping Fund is used to assist older adults in Lee County who are in a crisis situation. The funds are used for food, fuel, electricity, water and medications.

**Make checks payable to The Enrichment Center, Inc. and mail to or drop off at
1615 S. Third Street, Sanford.
(919) 776-0501**

*Every dollar donated to The Enrichment Center, Inc. Helping Fund is used to assist Lee County older adults in need.
Thank you.*

Drug costs hard to swallow?

If you're on Medicare, call
855-408-1212 or
visit **ncshiip.com**



NC DEPARTMENT OF
INSURANCE
SENIORS' HEALTH INSURANCE
INFORMATION PROGRAM

PHOTO: JIM

The Enrichment Center Support Groups **Open to All Adults (Holidays may affect dates. Call before coming.)**

Parkinson Support:

3rd Wednesday of each month at 10:30 a.m.

Grief Support:

1st & 3rd Thursday of each month at 1:00 p.m.

Stroke Support:

2nd Thursday of each month at 1:00 p.m.

Grancare Support:

4th Friday of each month at 10:30 a.m.

Low Vision Support:

2nd Tuesday of each month at 1:00 p.m.

Caregiver/Dementia Support:

*Virtual and In-Person at 1:00 p.m.

1st & 3rd Thursday of each month at 1:00 p.m. are in person at the Enrichment Center. Call (919) 776-0501 ext. 2230 for virtual log-in information.

Grupos de apoyo de la CE de primavera

- Asistencia para el Parkinson
3er miércoles de cada mes a las 10:30 a.m.
- Apoyo para el duelo
1er y 3er jueves de cada mes a la 1:00 p.m.
- Soporte para accidentes cerebrovasculares
2do jueves de cada mes a la 1:00 p.m.
- Soporte de Grancare
4to viernes de cada mes a las 10:30 a.m.
- Soporte para baja visión
2do martes de cada mes a la 1:00 p.m.
- Apoyo al cuidador
* Virtual y Presencial a la 1:00 p.m.

1er y 3er jueves de cada mes a la 1:00 p.m. están en persona en el Centro de Enriquecimiento. Llame al (919) 776-0501 ext. 2230 para el enlace al grupo de apoyo virtual.

Diabetic Support Group

**Meets monthly on the first Wednesday
10:00 a.m. At The Enrichment Center
Led by Erica Duval, Nurse Liaison,
Amedisys Home Health**

Grupo de apoyo para diabéticos

mensual, primer miércoles
**10:00 a.m. En el Centro de Enriquecimiento
Dirigido por Erica Duval, enfermera de enlace,
Amedisys Home Health**

Free Health Promotion Tai Chi

For Arthritis for Fall Prevention

Call To Register
The Enrichment Center
(919) 776-0501 ext. 2208



**Classes are provided by
a Health Promotion Grant
Contributions accepted.**

*Classes are aimed at helping to improve
both lower and upper body strength, as
well as improve balance and reduce falls.*

Priority given to those aged 60 & better.
Open spaces available to adults
under age 60.

**Call To Register
The Enrichment Center
(919) 776-0501 Ext. 2208
1615 S. Third Street
Sanford, NC 27330**

For Beginners

Mondays & Wednesdays

January 3 -

March 14, 2022

1:30 p.m. – 2:30 p.m.

Classes held
at The Ingram Building
Dalyrmpole Park
300 W. Globe Street
Closed Jan. 17 for Holiday

- 10 weeks – 20 sessions
- Class begin promptly.
- Please wear comfortable attire.
- Try to attend every class.

Part II Intermediate

*Prerequisite – you must have completed a
Beginners Class for Arthritis
For Fall Prevention*

Mondays & Wednesdays

March 21 – May 25, 2022

1:30 p.m. – 2:30 p.m.

Classes held at The Ingram Building
Dalyrmpole Park
300 W. Globe Street

- Class begin promptly.
- Please wear comfortable attire.
- Try to attend every class.

DO YOU HAVE **concerns** about falling?



A MATTER OF
BALANCE

MANAGING CONCERNS ABOUT FALLS

Many older adults (ages 60 and better) experience concerns about falling and restrict their activities. A MATTER OF BALANCE is an award-winning program designed to manage falls and increase activity levels.

This program emphasizes practical strategies to manage falls.

YOU WILL LEARN TO:

- view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength and balance

WHO SHOULD ATTEND?

- anyone concerned about falls
- anyone interested in improving balance, flexibility and strength
- anyone who has fallen in the past
- anyone who has restricted activities because of falling concerns



Classes meet weekly at
The Enrichment Center
1615 S. Third Street
Sanford, NC 27330

Eight Classes in the Series
Wednesdays 9am – 11am
March 2, 2022 – April 20, 2022

NO COST - Contributions Accepted.
Class size limited.

For more information or to register please call
The Enrichment Center
(919)776-0501 Ext. 2208

A Matter of Balance: Managing Concerns About Falls

This program is based on Fear of Falling: A Matter of Balance. Copyright ©1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

A Matter of Balance Lay Leader Model

Recognized for Innovation and Quality in Healthcare and Aging, 2006, American Society on Aging.

A Matter of Balance Lay Leader Model was developed by a grant from the Administration on Aging (#90AM2780).

The Enrichment Center & COLTS Directory (919) 776-0501

Debbie Davidson	Director	Ext. 2216
Melanie Rodgers	Administrative, Finance, Marketing	Ext. 2214
Tonya Surratt	Transportation Coordinator, COLTS - County of Lee Transit System	Ext. 2228
Cynthia Wiley	COLTS Scheduling Information	Ext. 5418
Maria Davis	COLTS Ride Scheduling - Dispatch	Ext. 2219
Tami Carter	Social Work, Information & Assistance, Options Counseling, Wheel Chair Loan Program	Ext. 2212
Debbie Williams	Senior Center Programming & Scheduling, Fitness, Health Promotion	Ext. 2203
Holly Hight	Family Caregiver Information, Support Groups, Senior Center Programs	Ext. 2230
Cathy Andrew	Fitness & Wellness Classes, Health Promotion	Ext. 2208
Janice Holmes	Nutrition Programs: Diners Club, Home Delivered Meals, Ensure	Ext. 2213
Carole Nicely	Diners Club Reservations, Nifty Noggins Head Coverings for cancer patients	Ext. 2205
Jourdan Huskey	Medicare & SHIIP (Seniors' Health Insurance Information Program), Volunteer, Trips	Ext. 2206
Jimmy Solomon	Safety, Senior Games & Silver Arts, General & Medical Transportation	Ext. 2207
Kyla Love	Veteran Services Officer II	Ext. 2209
Zee Cupid	Veteran Services Officer I	Ext. 2210

The Enrichment Center plays a vital role in the lives of older adults in Lee County.



We are committed to help you stay connected with our communities; Sanford, Broadway, Lemon Springs, Deep River, Tramway, Jonesboro. Our goal is to keep you motivated, socialized, informed and independent.

Let's Stay Connected!

Share your E-mail address with us for updates and information announced after The Center Post newsletter has been published.

**E-mail Holly to be added
hhight@leecountync.gov**

Ring Ring - It's the Enrichment Center Calling!

The Enrichment Center uses a telephone one-call system to alert participants about important information.

We will call you with news and updates about meetings, weather, programs, meals and other important announcements.

Be sure to answer the call and listen carefully. The system will leave a voicemail if your phone permits.

Rada Cutlery for Sale Year-Round at The Enrichment Center

Proceeds benefit The Enrichment Center, Inc. Helping Fund. The HF assists Lee County older adults who are in a crisis situation with fuel, electricity and other necessities of life.

Rada Cutlery is 100% American made. With over 170 million pieces sold, Rada Cutlery has earned the reputation for remarkable cutlery, service and value. Purchase as gifts, replace dull or worn out cutlery with America's best and at the same time help older adults in Lee County.

Best sellers include Regular Paring, Tomato Slicer, Utility/Steak, Heavy Duty Paring, Quick Edge Knife Sharpener and Vegetable Peeler. **To purchase or place an order call Melanie, 919-776-0501 ext. 2214.**



THE ENRICHMENT CENTER

1615 S. Third Street, Sanford, N.C. 27330
919.776.0501 www.leecountync.gov/ec

Making Every Day a Great Day



The Enrichment Center Radio Newsletter
Monday through Saturday,
on Life 103.1 WLHC-FM.

LCG Enrichment Center's
Information & Resource Directory and this
newsletter available online:
www.leecountync.gov/ec

Non-Profit Org.
U.S. Postage
PAID
Sanford, NC
27330
Permit No. 198

Handicapped Accessible Facility

The mission of Lee County Senior Services
is to fashion an achievable vision of successful aging in Lee County.

Caring-Lee is an all-inclusive resource guide to caregiving in Lee County. You can find it on our website, www.leecountync.gov/ec or call Holly for a paper copy to be mailed to you, (919) 776-0501 Ext. 2230. *NOTE: some programs in the guide are operating on limited schedules due to the global pandemic. Please call the appropriate entity for updated times. For more information and resources regarding COVID-19 please go to nc.gov/COVID19 or call the Lee County Health Dept., (919) 718-4640.

Nifty Noggins are handmade head coverings for cancer patients. If you or someone you know could use head coverings, contact Carole at The Enrichment Center (919) 776-0501 Ext. 2205.

Legal Aid of North Carolina is a statewide nonprofit law firm that provides free legal services in civil matters to people in order to ensure equal access to justice and to remove legal barriers to economic opportunity. Seniors should call 1-877-579-7562 for assistance and an appointment or online at www.legalaidnc.org.

Lee County Enrichment Center 2022 Holiday Closings

Martin Luther King, Jr.

Birthday	January 17
Good Friday	April 15
Memorial Day	May 30
Independence Day	July 4
Labor Day	September 5
Veterans Day	November 11
Thanksgiving	Nov. 24, 25
Christmas	Dec. 23, 26, 27

Like or Follow Lee Co.
Govt. Social Media
Accounts for Dept. &
Program Information

Facebook



Twitter



YouTube



Instagram



Blogger

