

**CENTRAL CAROLINA HOSPITAL**  
A Duke LifePoint Hospital




# Central Carolina Hospital Community Health Needs Assessment (CHNA)

*Lee County, NC | October 2022*

# Community Health Summit Agenda



9:00 a.m.	<b>Welcome and Why We're Here</b>	<i>Chris Fensterle, CEO Central Carolina Hospital</i>
	<b>Review Agenda &amp; Objectives</b>	<i>Lee Ann Lambdin, SVP Healthcare Strategy, Stratasan</i>
	<b>Progress since the 2019 CHNA</b>	<i>Mandisa McAllister, Lee County Health Department</i>
	<b>Community Analysis – Demographics</b>	<i>Lee Ann</i>
	<b>Community Health Assessment – focus groups</b>	<i>Mandisa McAllister</i>
10 min.	<b>Break</b>	
	<b>Community Health Analysis – Survey &amp; Community Health Data</b>	<i>Lee Ann</i>
	<b>Exercise – Prioritize most significant health needs</b>	<i>All</i>
20 min.	<b>Lunch</b>	
	<b>Results – Most significant health needs</b>	<i>Lee Ann</i>
	<b>Brainstorming solutions to the health needs</b>	<i>Table groups</i>
	<b>Next Steps and Closing</b>	
12:50 p.m.	<b>Adjourn</b>	



# Progress since 2019 CHNA

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*Lee County, NC CHNA*

# Tobacco & Substance Use

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- ◎ QuitlineNC
- ◎ The Commission on The Opioid Abuse Epidemic
- ◎ Sandhills Opioid Consortium
- ◎ Project Lazarus
- ◎ Narcan distribution



# Teen Pregnancy & STDs

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- ◎ Partnership for Children and Families Initiatives: Reducing the Risk & Adolescent Parenting Program (AP2)
- ◎ Infant Mortality Reduction- Safe Sleep Classes

# Obesity

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- ◎ LEEding Towards Wellness- Cooperative Extension Initiatives: Red Tablecloth, Virtual Walking and Wellness Challenge, A Healthy Resource Map
- ◎ Relationships with Community Housing partners to bring nutrition related programming directly to communities.

# Mental and Behavioral Health

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- ◎ 988 Implementation
- ◎ CIT Training
- ◎ Crisis Support Brochure
- ◎ Opioid Misuse & Overdose Brochure
- ◎ Daymark & LCHD Partnership

# COVID-19

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- ⦿ Vaccination Clinics
- ⦿ Testing
- ⦿ Kit Distribution
- ⦿ Mask Distribution



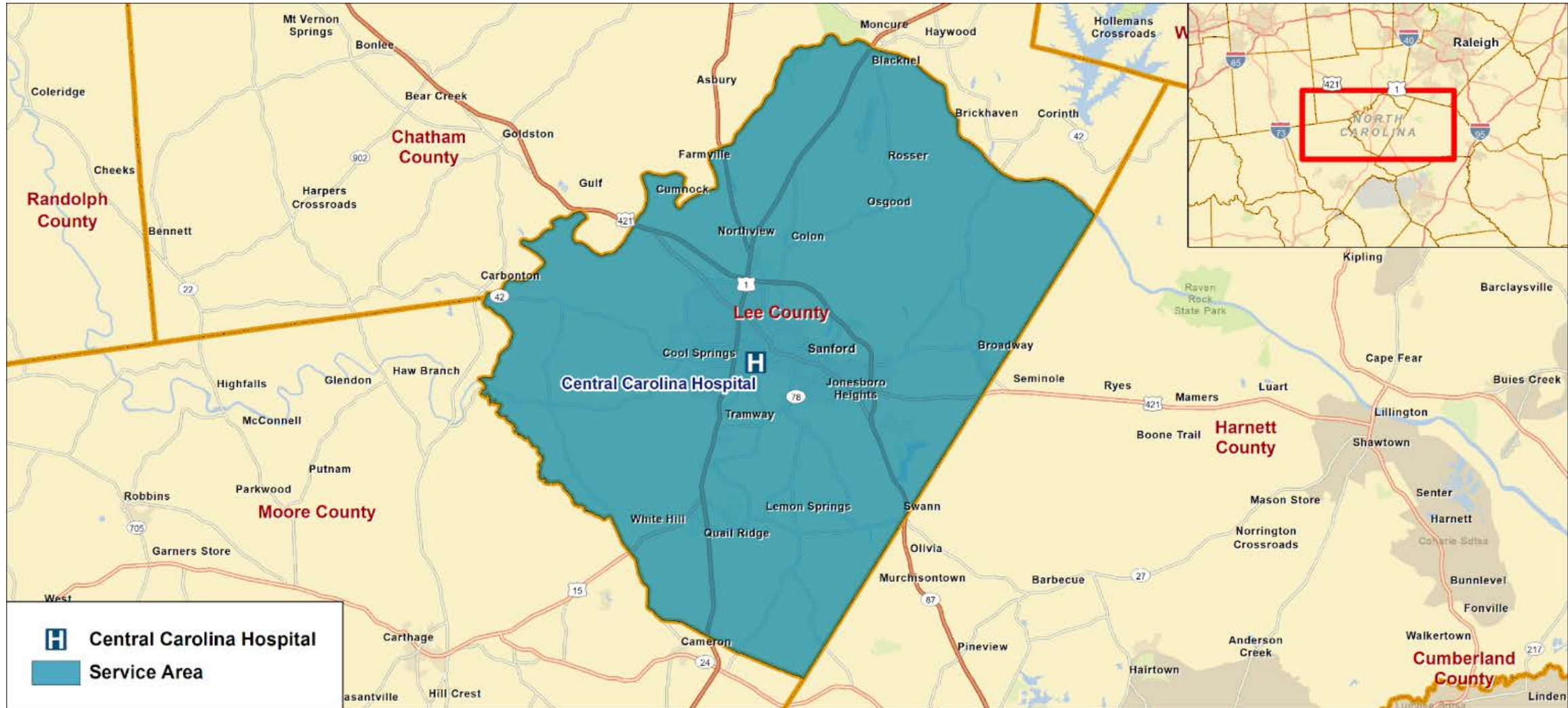
# Demographics and Socioeconomics

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*Lee County, NC CHNA*



# Central Carolina Hospital CHNA Geography



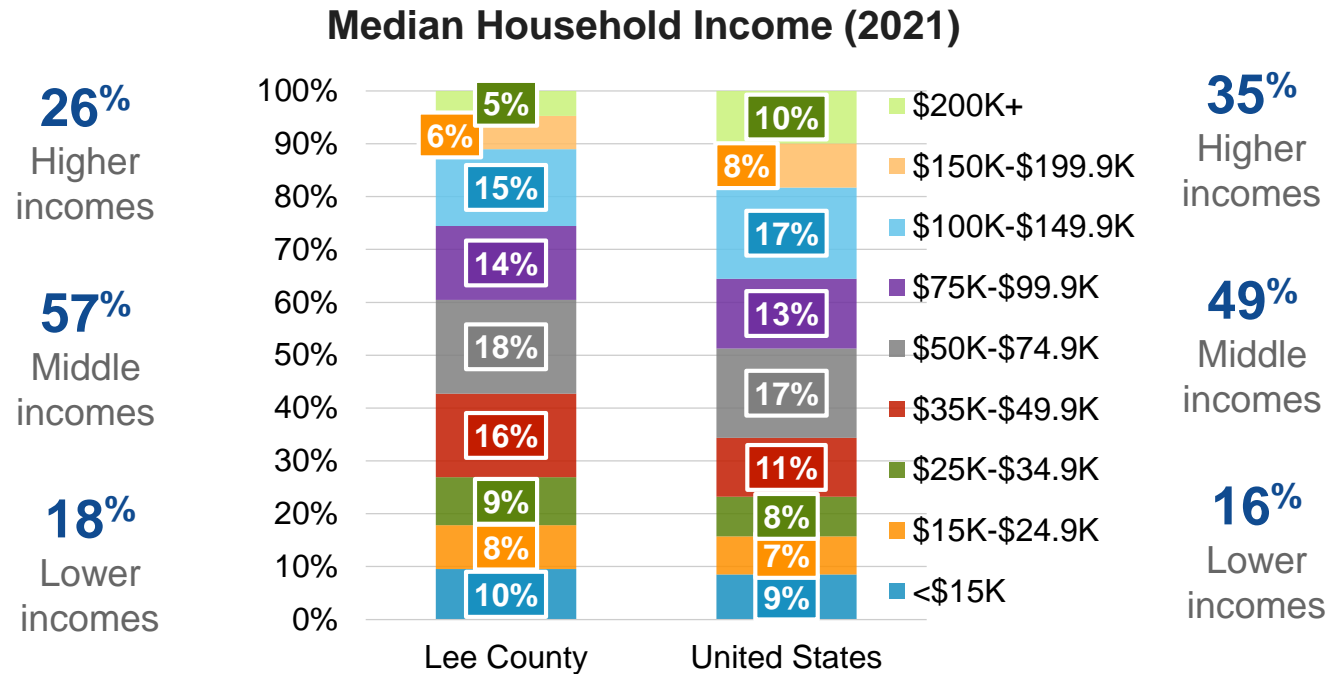
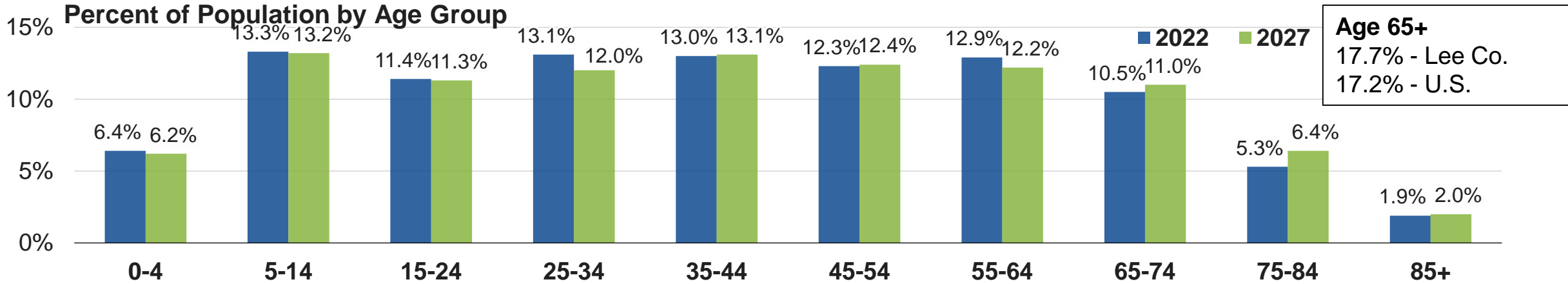
# County Demographic Summary 2022



	Lee County	North Carolina	USA
Population	64,597	10,671,397	335,707,897
Median Age	39.4	39.2	38.9
Median Household Income	\$57,943	\$62,513	\$72,414
Annual Pop. Growth (2022-2027)	0.54%	0.57%	0.25%
Household Population	25,161	4,262,517	128,657,669
Dominant Tapestry	Down the Road (10D)	Southern Satellites (10A)	Green Acres (6A)
Businesses	2,401	402,186	12,609,070
Employees	28,492	4,549,765	151,363,907
Health Care Index*	84	92	100
Average Health Expenditures	\$5,979	\$6,515	\$7,087
Total Health Expenditures	\$150.4 M	\$27.8 B	\$911.7 B
<b>Racial and Ethnic Make-up</b>			
White	60%	62%	61%
Black	17%	21%	12%
American Indian	1%	1%	1%
Asian/Pacific Islander	1%	3%	6%
Other	12%	6%	9%
Two or More Races	9%	7%	11%
Hispanic Origin	21%	11%	19%

\*The Health Care Index is household-based, and represents the amount spent out of pocket for medical services and health insurance relative to a national index of 100.

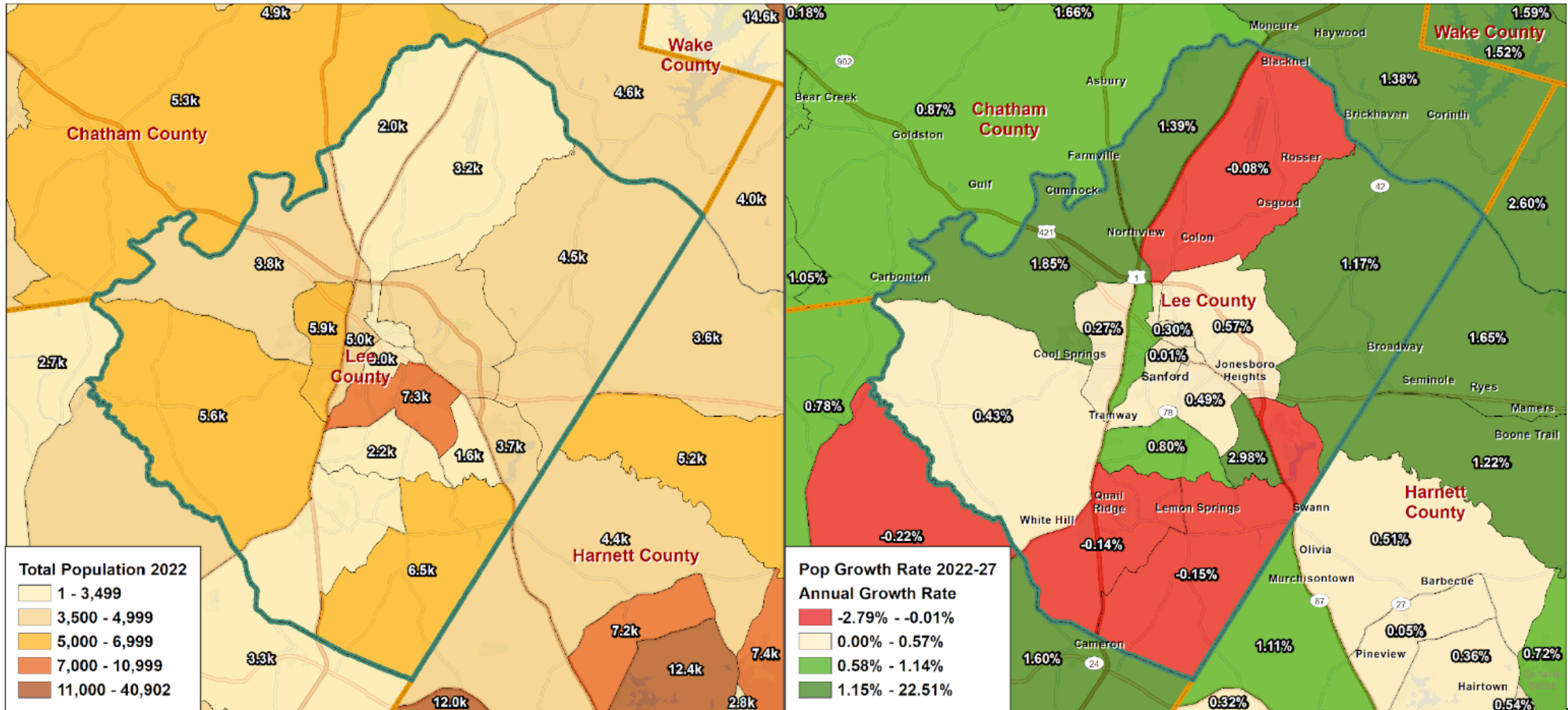
# Lee County Demographics 2022





# Population by Census Tract

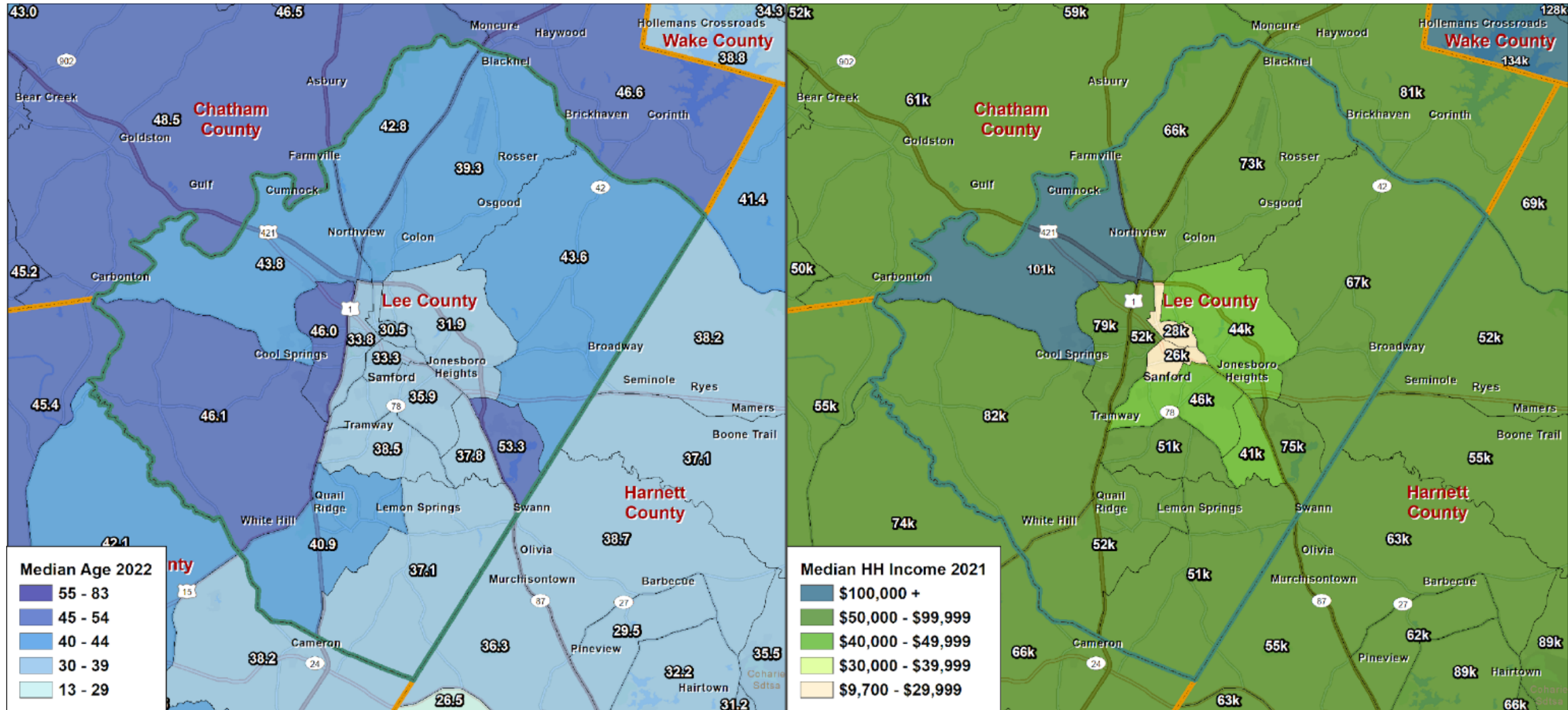
# Population Change



Yellow is positive up to the NC growth rate  
Green is greater than the NC growth rate  
Dark green is twice the NC growth rate

# Median Age

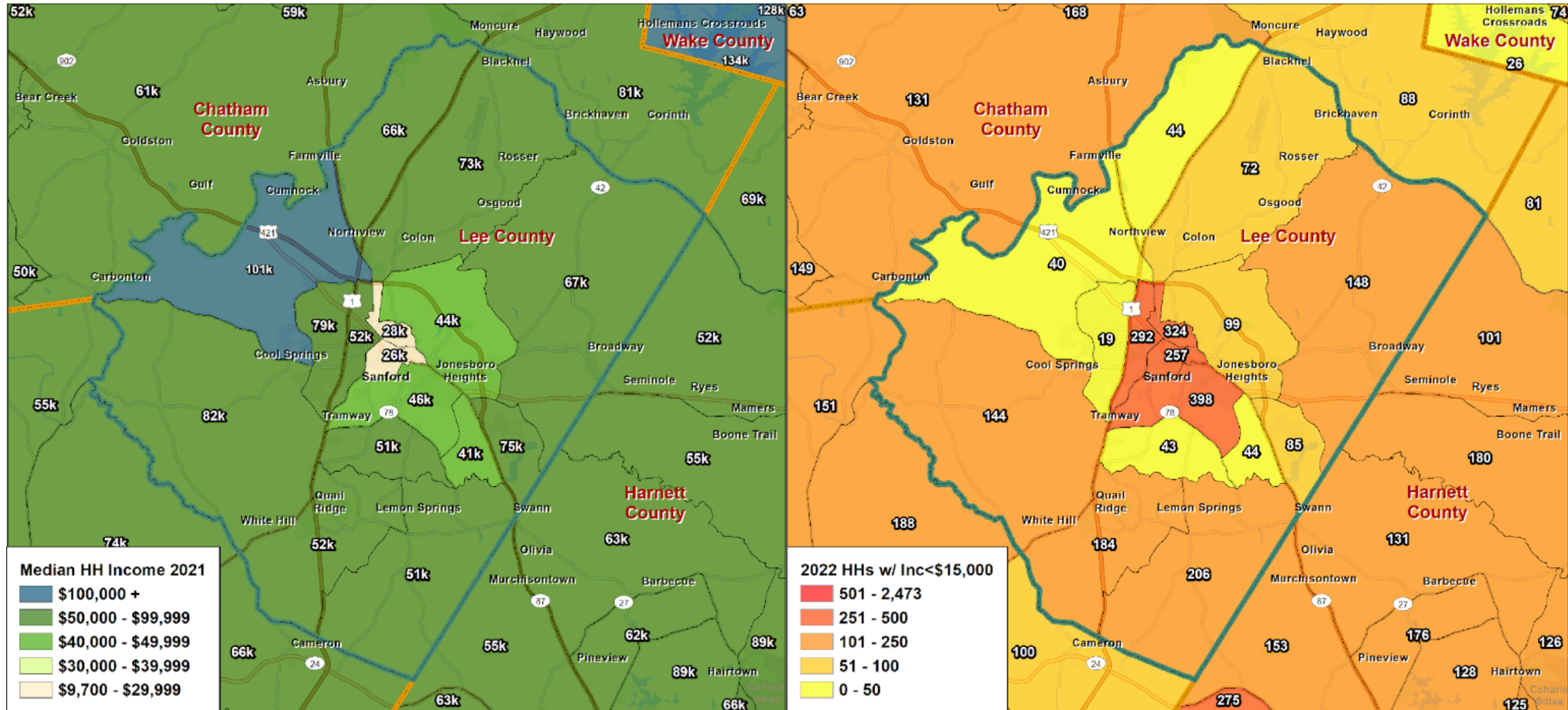
# Median Income



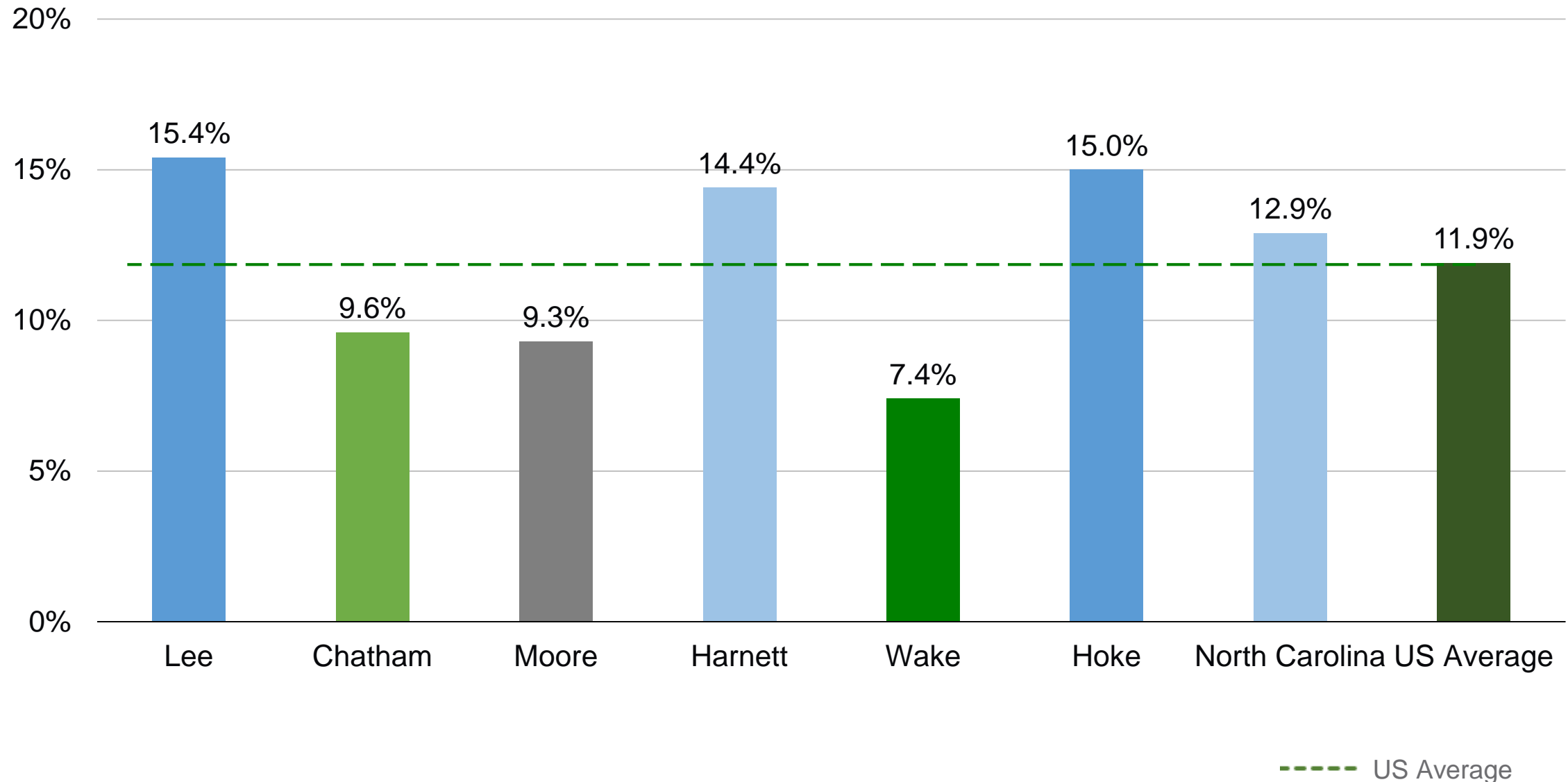


# Median Income

# Median Income < \$15,000



# Poverty Estimates 2020 for Nearby Counties, NC, and US



# Cost of Living

	Lee County	North Carolina	USA
Overall	81.0	91.0	100
Grocery	95.5	96.5	100
Housing	60.2	83.1	100
Median Home Cost	\$175,500	\$242,300	\$291,700
Utilities	100.7	99.2	100
Transportation	73.6	83.9	100
Miscellaneous	88.9	89.2	100

100 index = National Average

[https://www.bestplaces.net/cost\\_of\\_living/county/North Carolina/Lee](https://www.bestplaces.net/cost_of_living/county/North%20Carolina/Lee)

The total of all the cost-of-living categories weighted subjectively as follows: housing (30%), food and groceries (15%), transportation (10%), utilities (6%), health care (7%), and miscellaneous expenses such as clothing, services, and entertainment (32%). State and local taxes are not included in any category. The overall index for transportation costs, including gasoline, commuting, and auto insurance



# **Business & Industry Environment**

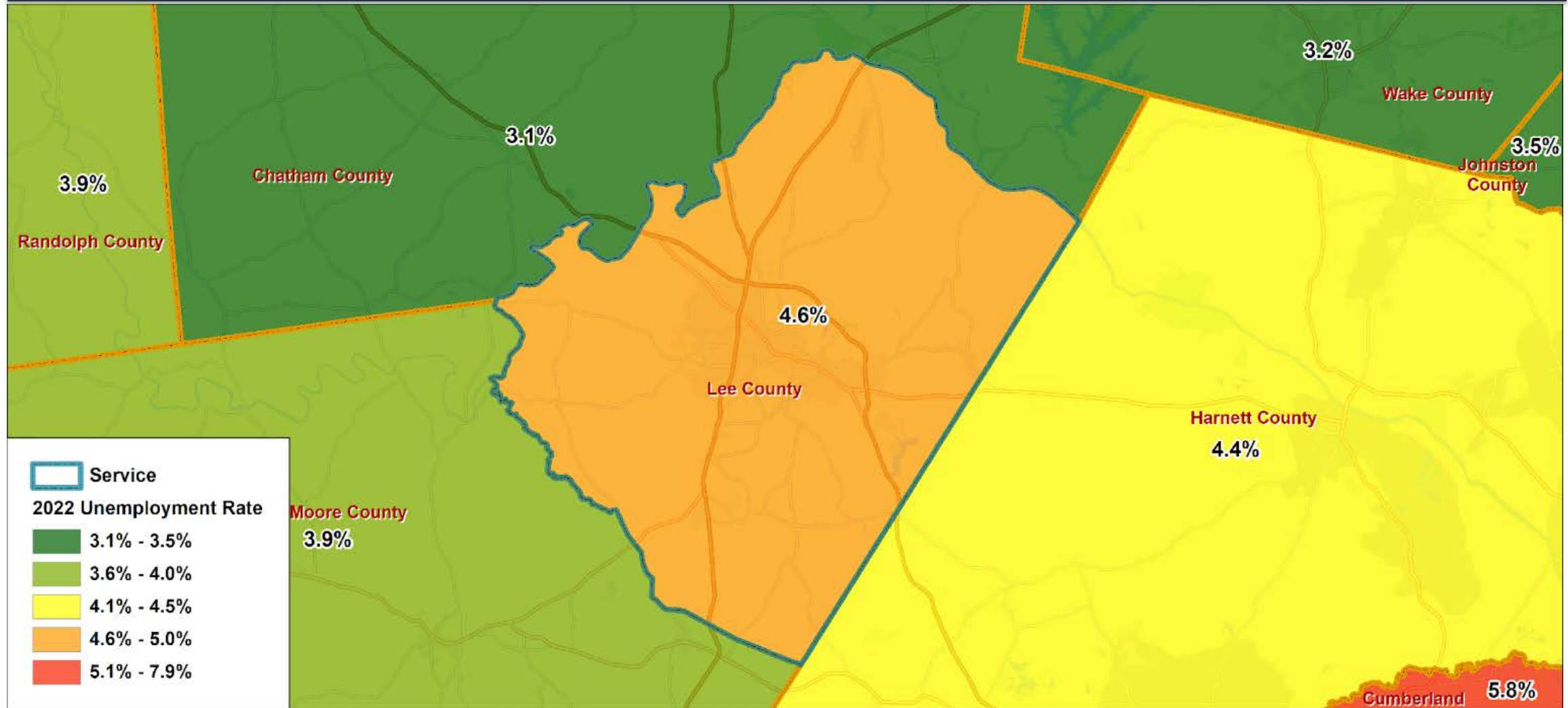
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*Lee County, NC CHNA*



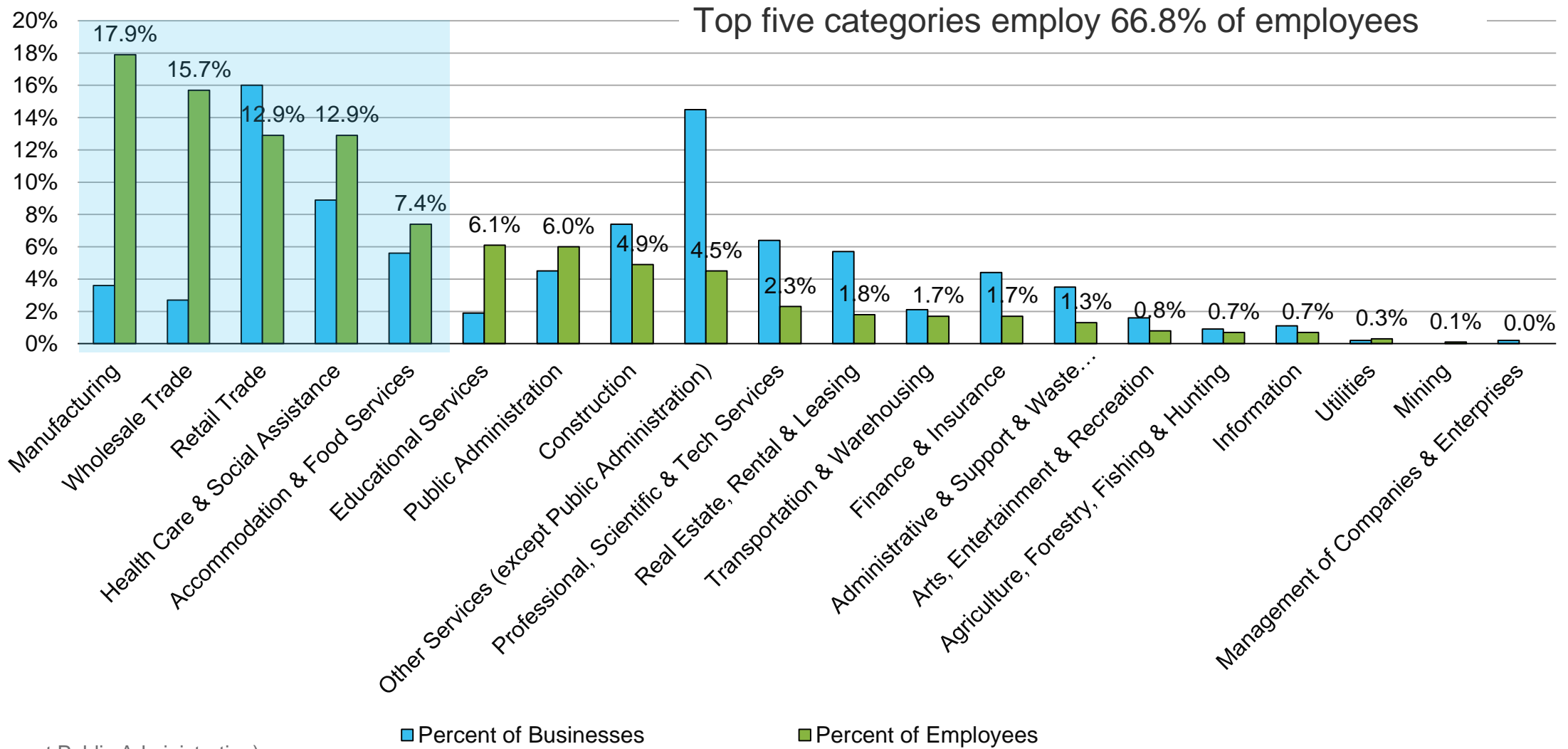
# Unemployment by County

(2022 May Preliminary): Lee County – 4.6% | North Carolina – 3.4% | U.S. – 4.0%





# Lee County Business Environment 2022



Other Services (except Public Administration):

Establishments in this sector are primarily engaged in activities, such as equipment and machinery repairing, promoting or administering religious activities, grantmaking, advocacy, and providing dry-cleaning and laundry services, personal care services, death care services, pet care services, photofinishing services, temporary parking services, and dating services.

# Lee County Commuter In-migration

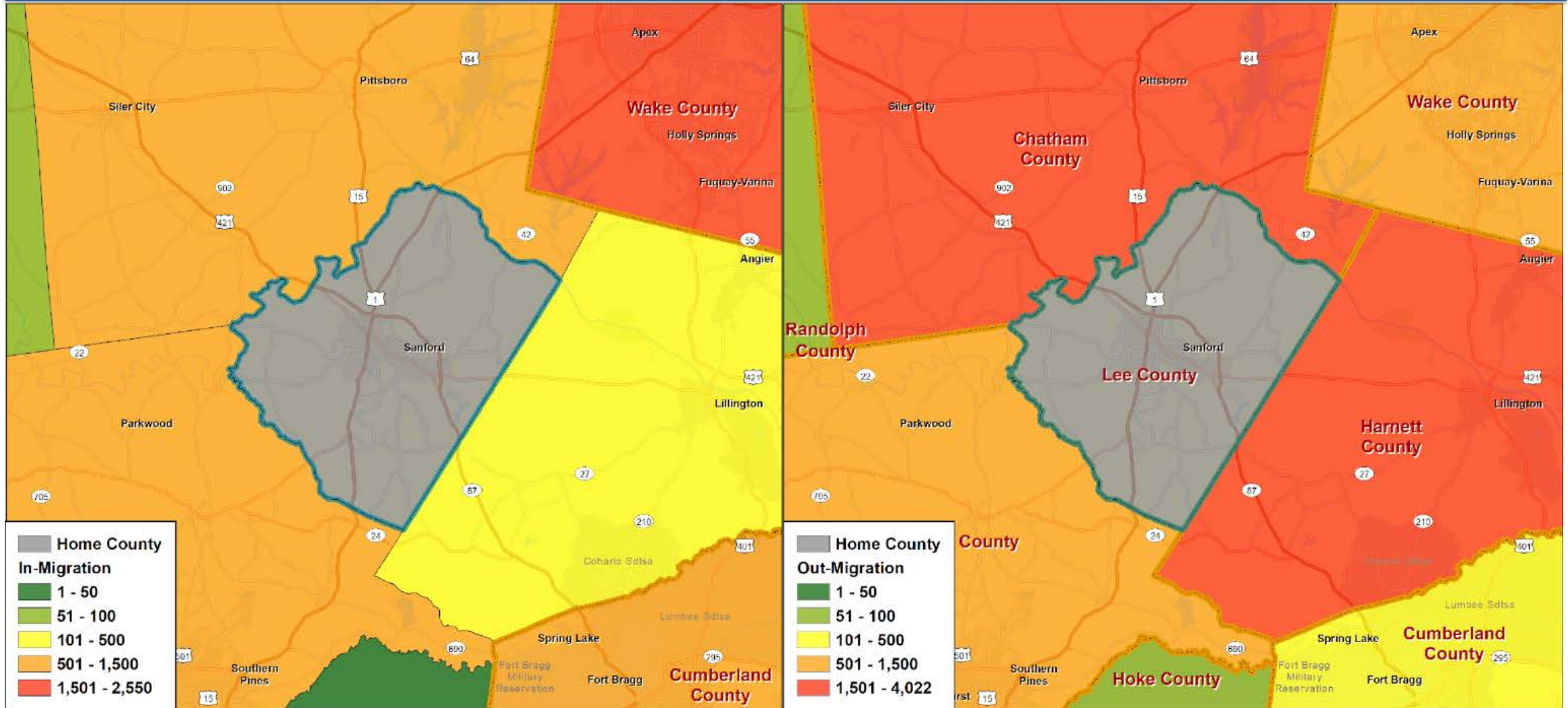
# Lee County Commuter Out-migration



In Migration: 7,435

Out Migration: 9,197

Net Flux: **-1,762**





# Psychographics

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*Lee County, NC CHNA*



# Tapestry Profile

Neighborhood classification based on purchasing and lifestyle behaviors

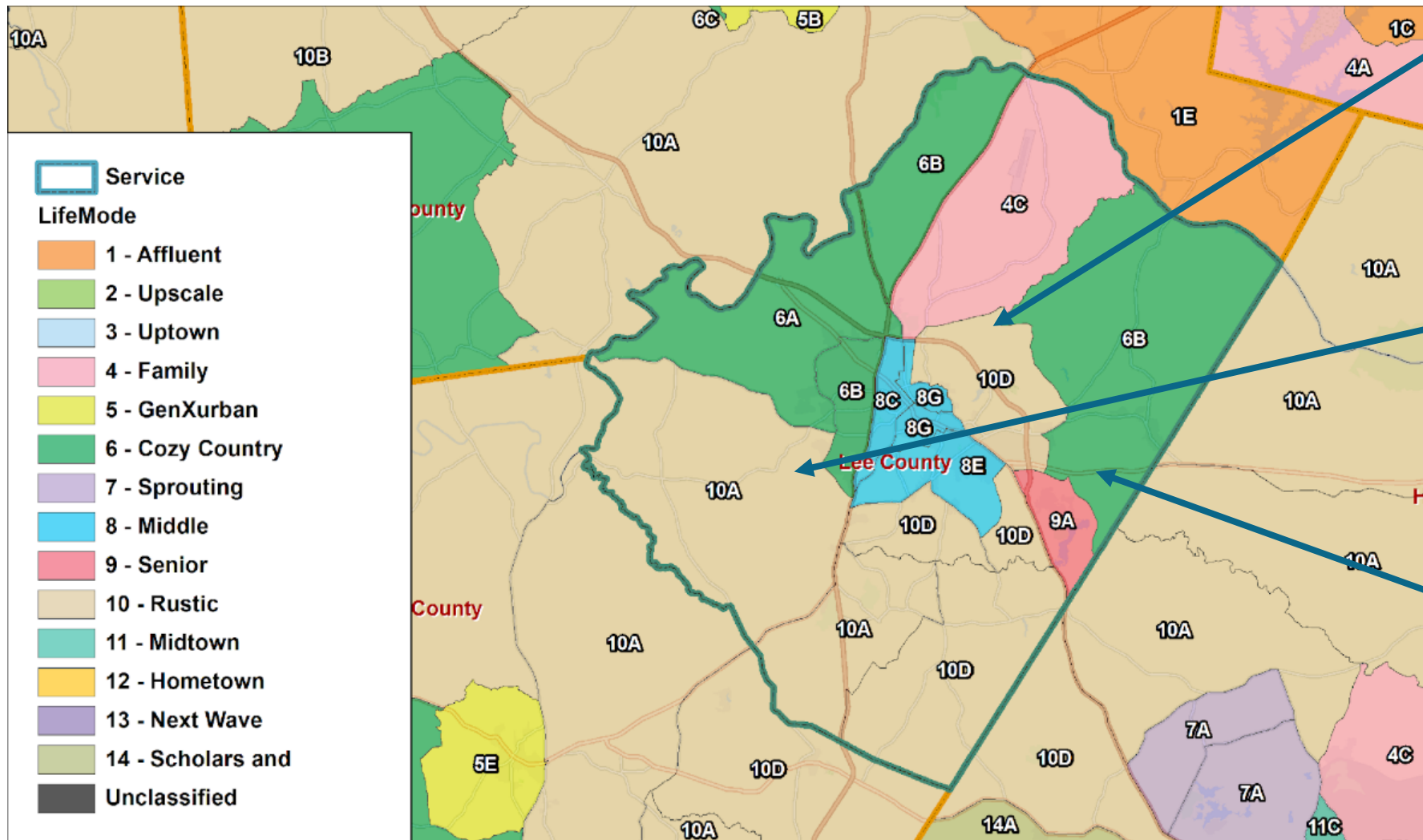
14 LifeModes 67 Tapestry Segments

L0   LifeMode Group	L1   Affluent Estates	L2   Upscale Avenues	L3   Uptown Individuals	L4   Family Landscapes
<b>0A</b>   Name   Tapestry Segment Number  <b>EXAMPLE</b>	<b>1A</b>   Top Tier <b>1B</b>   Professional Pride <b>1C</b>   Boomburbs <b>1D</b>   Savvy Suburbanites <b>1E</b>   Exurbanites	<b>2A</b>   Urban Chic <b>2B</b>   Pleasantville <b>2C</b>   Pacific Heights <b>2D</b>   Enterprising Individuals	<b>3A</b>   Laptops & Lattes <b>3B</b>   Metro Renters <b>3C</b>   Trendsetters	<b>4A</b>   Workday Drive <b>4B</b>   Home Improvement <b>4C</b>   Middleburg
L5   Gen X Urban	L6   Cozy Country Living	L7   Sprouting Explorers	L8   Middle Ground	L9   Senior Styles
<b>5A</b>   Comfortable Empty Nesters <b>5B</b>   In Style <b>5C</b>   Parks & Rec <b>5D</b>   Rustbelt Tradition <b>5E</b>   Midlife Constants	<b>6A</b>   Green Acres <b>6B</b>   Salt of the Earth <b>6C</b>   The Great Outdoors <b>6D</b>   Prairie Living <b>6E</b>   Rural Resort Dwellers <b>6F</b>   Heartland Communities	<b>7A</b>   Up & Coming Families <b>7B</b>   Urban Villages <b>7C</b>   Urban Edge Families <b>7D</b>   Forging Opportunity <b>7E</b>   Farm to Table <b>7F</b>   Southwestern Families	<b>8A</b>   City Lights <b>8B</b>   Emerald City <b>8C</b>   Bright Young Professionals <b>8D</b>   Downtown Melting Pot <b>8E</b>   Front Porches <b>8F</b>   Old & Newcomers <b>8G</b>   Hometown Heritage	<b>9A</b>   Silver & Gold <b>9B</b>   Golden Years <b>9C</b>   The Elders <b>9D</b>   Senior Escapes <b>9E</b>   Retirement Communities <b>9F</b>   Social Security Set
L10   Rustic Outposts	L11   Midtown Singles	L12   Hometown	L13   Next Wave	L14   Scholars & Patriots
<b>10A</b>   Southern Satellites <b>10B</b>   Rooted Rural <b>10C</b>   Economic Bedrock <b>10D</b>   Down the Road <b>10E</b>   Rural Bypasses	<b>11A</b>   City Strivers <b>11B</b>   Young & Restless <b>11C</b>   Metro Fusion <b>11D</b>   Set to Impress <b>11E</b>   City Commons	<b>12A</b>   Family Foundations <b>12B</b>   Traditional Living <b>12C</b>   Small Town Simplicity <b>12D</b>   Modest Income Homes	<b>13A</b>   Diverse Convergence <b>13B</b>   Family Extensions <b>13C</b>   NeWest Residents <b>13D</b>   Fresh Ambitions <b>13E</b>   High Rise Renters	<b>14A</b>   Military Proximity <b>14B</b>   College Towns <b>14C</b>   Dorms to Diplomas

[Click here for more information on Tapestry Segments](#)

# Dominant Tapestry Segmentation by Census Tract

Top three categories represent 45% of total households.



## Top 3 Tapestry Segments

### 10D | Down the Road (17.9%)

- 35.0 med. age
- \$39k med. HH income
- Almost half of householders live in mobile homes
- Young, family-oriented consumers who value their traditions
- Participate in fishing and hunting
- Use the internet to stay connected with friends and play online video games.

### 10A | Southern Satellites (14.8%)

- 40.3 med. age
- \$47.8k med. HH income
- Enjoy country living, preferring outdoor activities and DIY home projects
- More concerned about cost rather than quality or brand loyalty
- Somewhat late in adapting to technology
- They obtain a disproportionate amount of their information from TV

### 6B | Salt of the Earth (12.2%)

- 44.1 med age
- \$56k med. HH income
- They may be experts with DIY projects, but the latest technology is not their forte. They use it when absolutely necessary, but seek face-to-face contact in their routine activities
- Last to buy the latest and greatest products
- Try to eat healthy, tracking the nutrition and ingredients in the food they purchase.

[Click here for more information on Tapestry Segments](#)

Dominant Tapestry Segmentation of Lee County

Arrows point to the top 3 tapestry segments within the county. Tapestry segments only appear on map if they are ranked 1<sup>st</sup> in a census tract.



# WHAT Report: Lee County Health & Behavior Habits



Health Habits of Your Community	More-Likely
Smoked 9+ Packs Of Cigarettes Last 7 Days	280
Used Chewing or Smokeless Tobacco Last 6 Mo	222
Smoked Non-Menthol Cigarettes Last 12 Mo	206
Smoked Cigarettes Last 12 Mo	189
Smoked Menthol Cigarettes Last 12 Mo	186
Filled Prescription at Discount or Department Store Last 12 Mo	176
Smoked 2+ Cigars Last 7 Days	168
Used Denture Adhesive or Fixative Last 6 Mo	162
Used Denture Cleaner Last 6 Mo	157
HH Used Children`s Cough Syrup Last 6 Mo	154
Used Rheumatoid Arthritis Prescription Drug	154
Filled Prescription at Supermarket Last 12 Mo	148
Used `Cold Turkey` Method to Stop Smoking/Last 12 Mo	146
Smoked Electronic/E-Cigarette/Vaporizer Last 12 Mo	145

Behavior Habits of Your Community	More-Likely
Very Conservative Political Outlook	156
Affiliated With Republican Policial Party	154
Do not try to eat healthy	149
Rarely buy based on quality not price	146
Strongly prefer travel in the U.S. over abroad	145
Occasionally try to eat healthy with nutrition focus	141
Vote in National Elections: 1-Never	141
Do not use Internet for banking transactions	139
Helping to preserve nature is of average importance	139
Am not more environmentally conscious than most people	138
Somewhat likely to buy first house in next 12 months	136
Do not follow a regular exercise routine	134
Rarely pay more for environmentally safe product	134
Am not interested in how to help the environment	134

Note: United States Index is 100

# WHAT Report: Lee County Communication & Technology Habits




















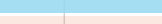






Communication Habits of Your Community	More-Likely
Watched Bounce Last Week	323
HH Has Dish Network Satellite Dish	297
Watched INSP Last Week	277
Purchased Music at Discount Department Store Last 6 Mo	250
Watched CMT (Country Music Television) Last Week	239
Listen to Hispanic Radio Format	238
Listen to Country Radio Format	215
Watched Nickelodeon Last Week	214
Watched TV Land Classic Last Week	211
Watched WE TV Last Week	209
Watched Outdoor Channel Last Week	207
Watched Cartoon Network Last Week	207
Watched Disney XD Last Week	206
Watched BET (Black Entertainment TV) Last Week	201

Technology Habits of Your Community	More-Likely
Satellite Service Connection to Internet at Home	298
Used Spanish Language Website or App Last 30 Days	216
Used Telemundo Website or App Last 30 Days	174
DSL Connection to Internet at Home	139
Used Xbox Live Online Gaming Service Last 30 Days	138
Spend <0.5 Hours Online (Excluding Email) Daily	134
HH Spent \$1-\$499 On Most Recent Home Computer	133
Played a Game Using Social Media Last 30 Days	130
HH Owns Portable GPS Device	125
HH Owns Nintendo Wii U Video Game System	123
HH Owns Xbox 360 Video Game System	122
Used Internet to Download Video Game Last 30 Days	119
HH Most Recent TV Purchase: Small Screen (<27 in)	119
HH Most Recent TV Purchase: Medium Screen (27-35 in)	118

Note: United States Index is 100

# Lee County Medical Expenditures Index

				Amount Spent		
				Average	Total	
<b>Health Care</b>		84		<b>Health Care</b>	<b>\$5,979</b>	<b>\$150.4 M</b>
<b>Medical Care</b>		85		<b>Medical Care</b>	<b>\$2,024</b>	<b>\$50.9 M</b>
Physician Services		84		Physician Services	\$242	\$6.1 M
Dental Services		82		Dental Services	\$375	\$9.4 M
Eyecare Services		85		Eyecare Services	\$67	\$1.7 M
Lab Tests, X-Rays		87		Lab Tests, X-Rays	\$68	\$1.7 M
Hospital Room and Hospital Services		86		Hospital Room and Hospital Services	\$196	\$4.9 M
Convalescent or Nursing Home Care		76		Convalescent or Nursing Home Care	\$29	\$0.7 M
Other Medical services		79		Other Medical services	\$138	\$3.5 M
Nonprescription Drugs		86		Nonprescription Drugs	\$152	\$3.8 M
Prescription Drugs		90		Prescription Drugs	\$341	\$8.6 M
Nonprescription Vitamins		80		Nonprescription Vitamins	\$90	\$2.3 M
Medicare Prescription Drug Premium		90		Medicare Prescription Drug Premium	\$122	\$3.1 M
Eyeglasses and Contact Lenses		82		Eyeglasses and Contact Lenses	\$90	\$2.3 M
Hearing Aids		84		Hearing Aids	\$39	\$1.0 M
Medical Equipment for General Use		79		Medical Equipment for General Use	\$6	\$0.1 M
Other Medical Supplies		82		Other Medical Supplies	\$70	\$1.8 M
<b>Health Insurance</b>		84		<b>Health Insurance</b>	<b>\$3,954</b>	<b>\$99.5 M</b>
Blue Cross/Blue Shield		87		Blue Cross/Blue Shield	\$1,067	\$26.9 M
Commercial Health Insurance		83		Commercial Health Insurance	\$797	\$20.1 M
Health Maintenance Organization		76		Health Maintenance Organization	\$630	\$15.8 M
Medicare Payments		88		Medicare Payments	\$831	\$20.9 M
Long Term Care Insurance		81		Long Term Care Insurance	\$46	\$1.1 M
Other Health Insurance		83		Other Health Insurance	\$145	\$3.6 M

Note: United States Index is 100  
Health Care Index is household-based, and represents the amount spent out of pocket for medical services relative to a national index of 100.



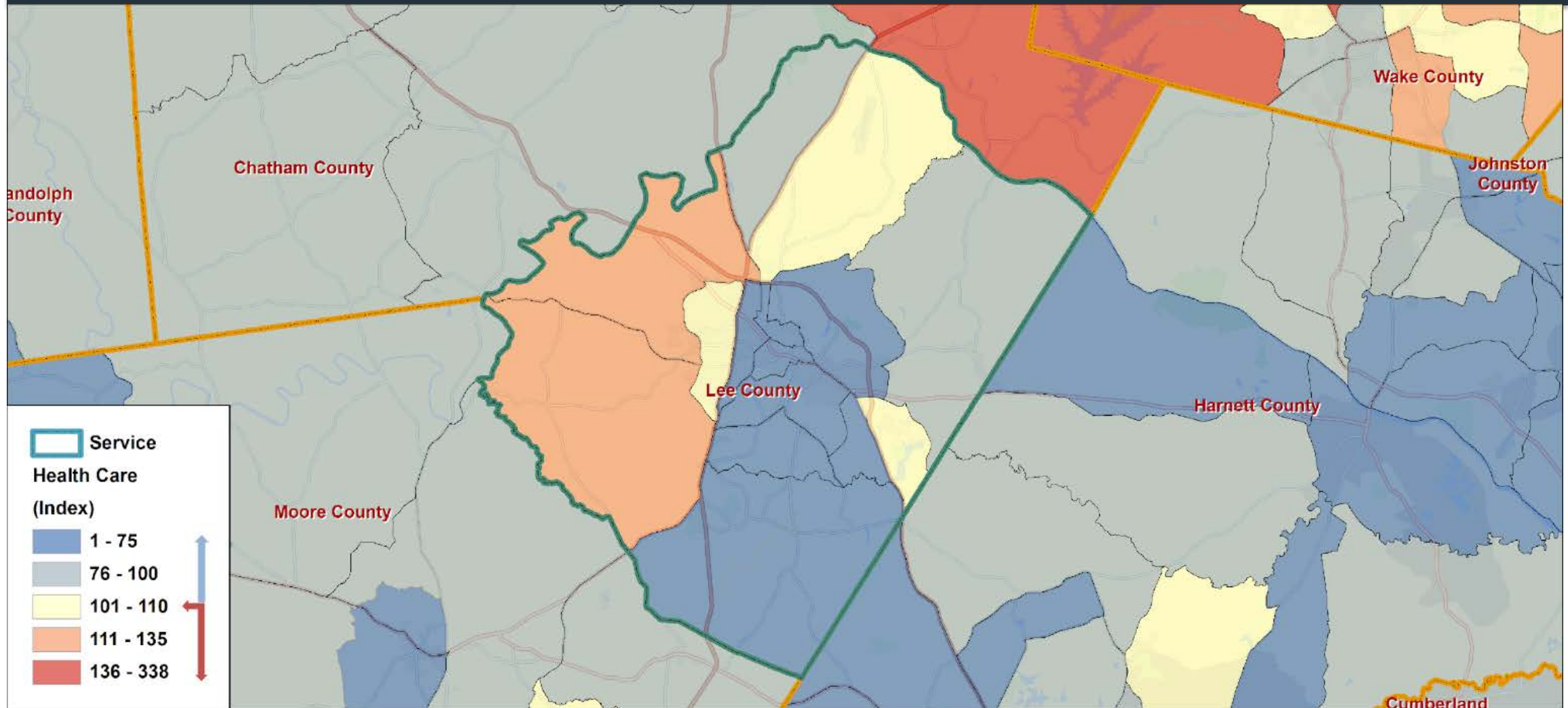
# Environment and Health Data

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*Lee County, NC CHNA*

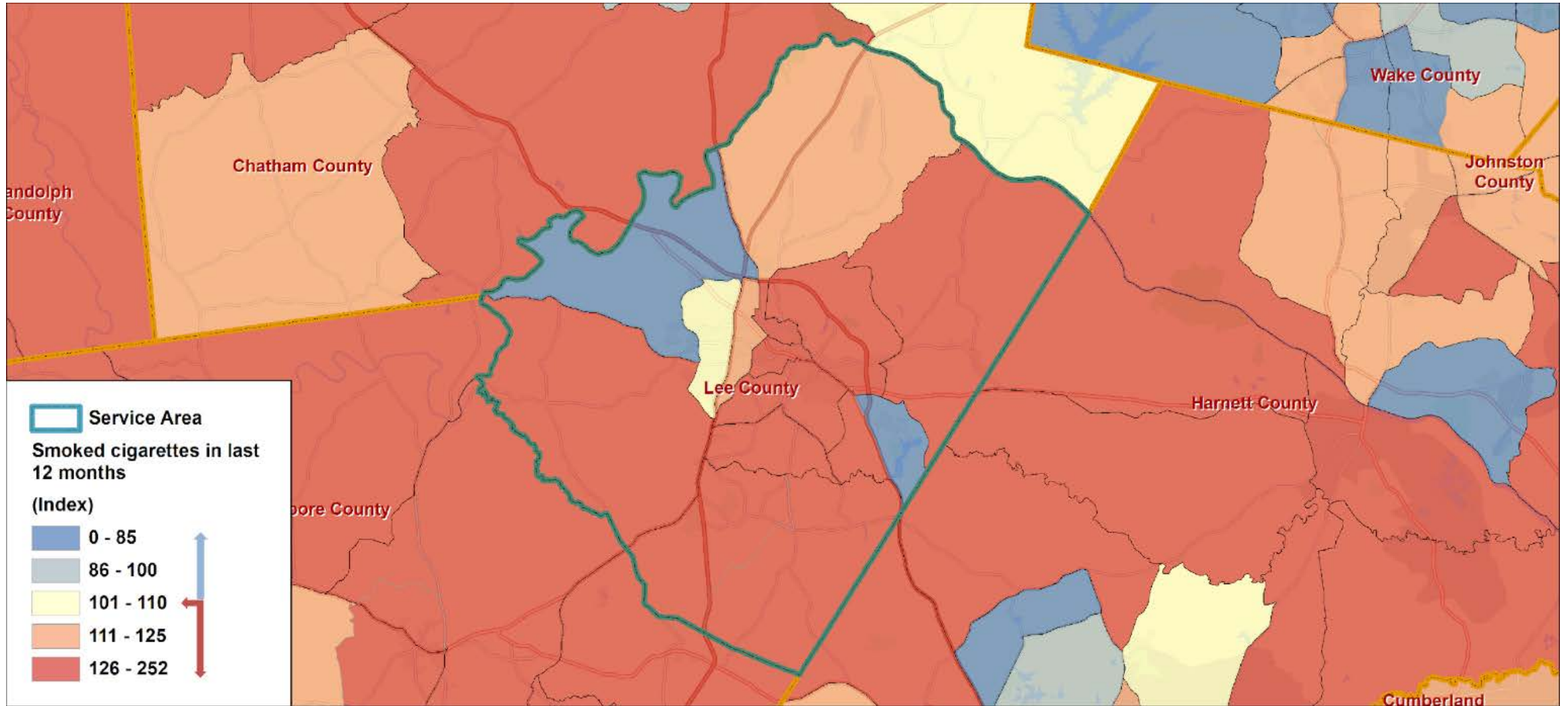
# Consumer Spending on Health Care

US Index is 100. Orange and red shaded census tracts are areas that spend more out of pocket on health care than the US average. Grey, blue, yellow colors spend less out of pocket on healthcare than the US.

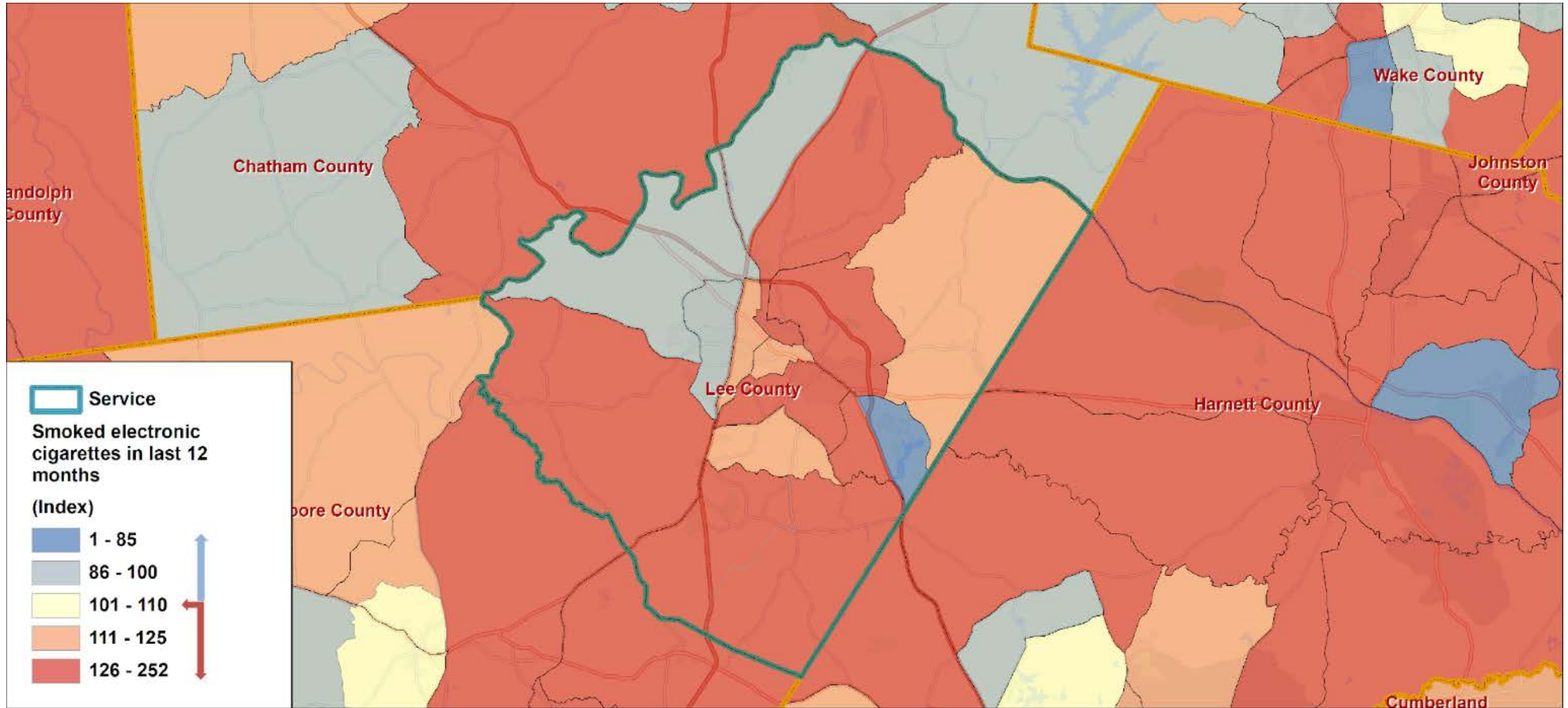




# Smoked Cigarettes in the Last 12 Months

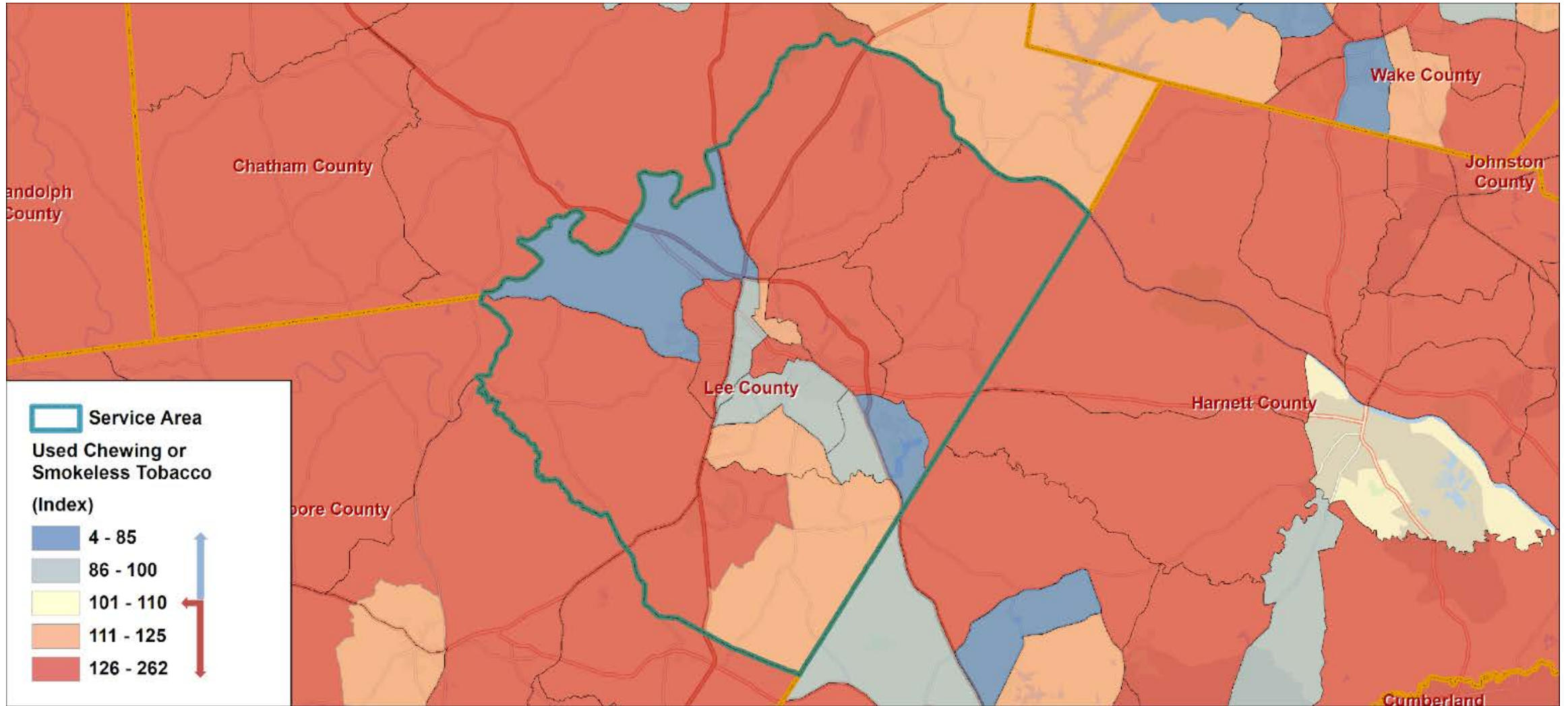


# Smoked Electronic Cigarettes in the Last 12 Months

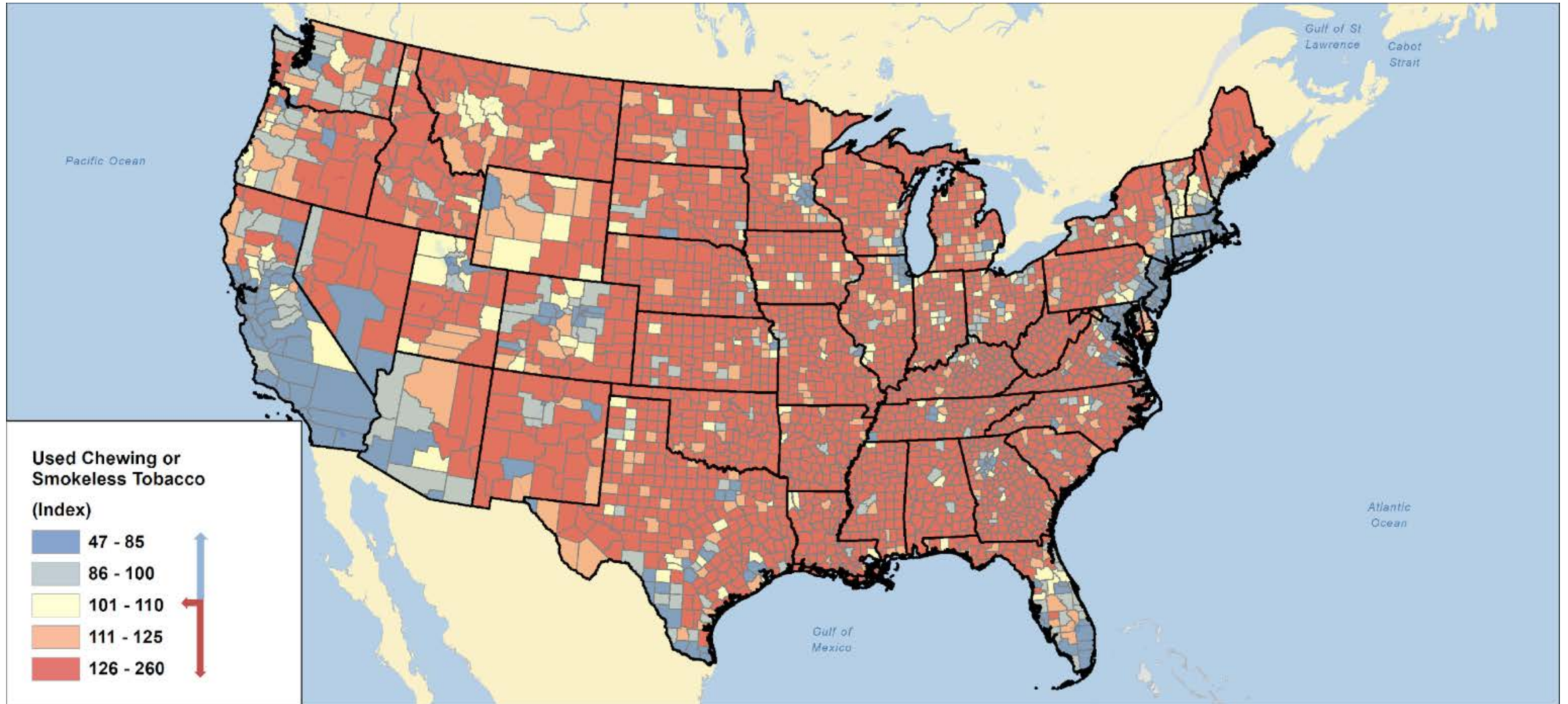




# Used Chewing or Smokeless Tobacco in the Last 12 Months

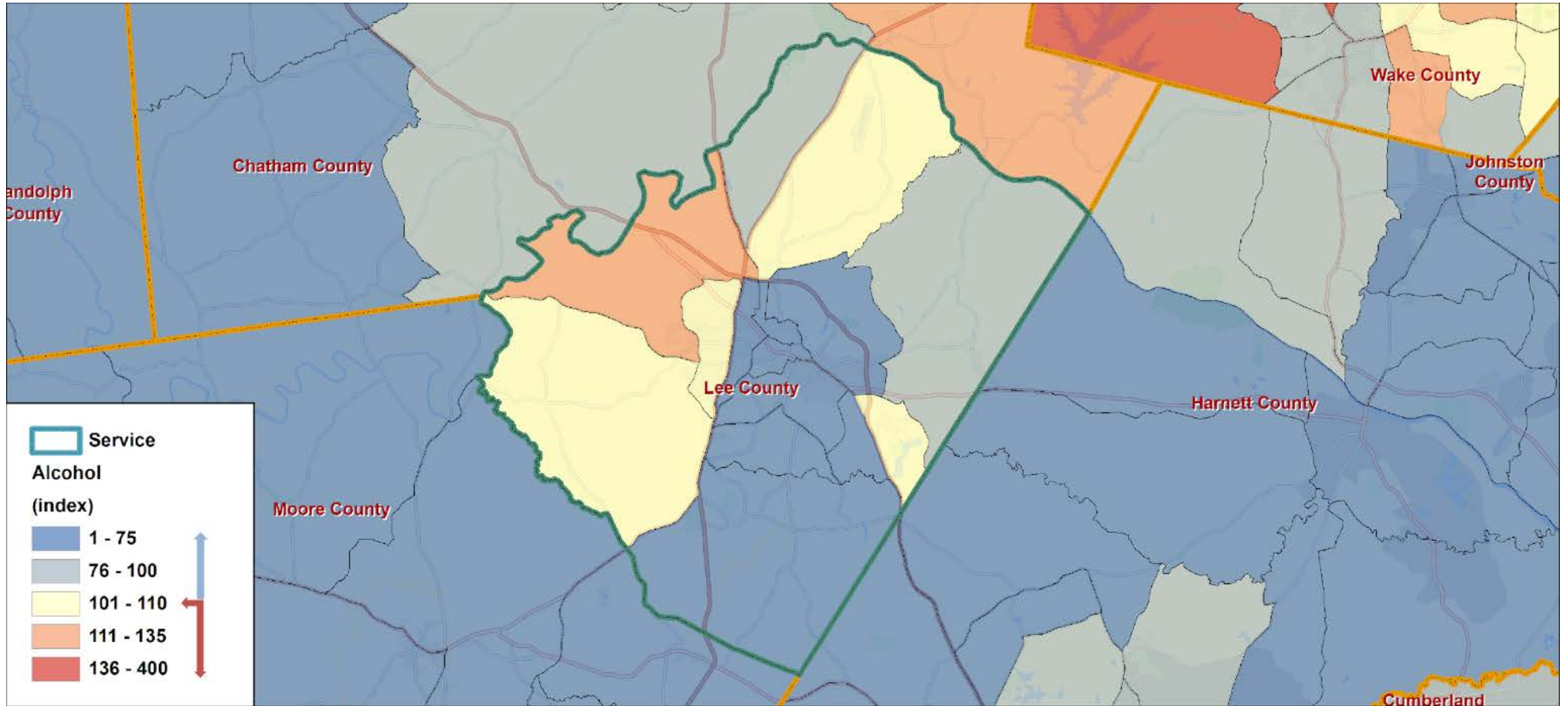


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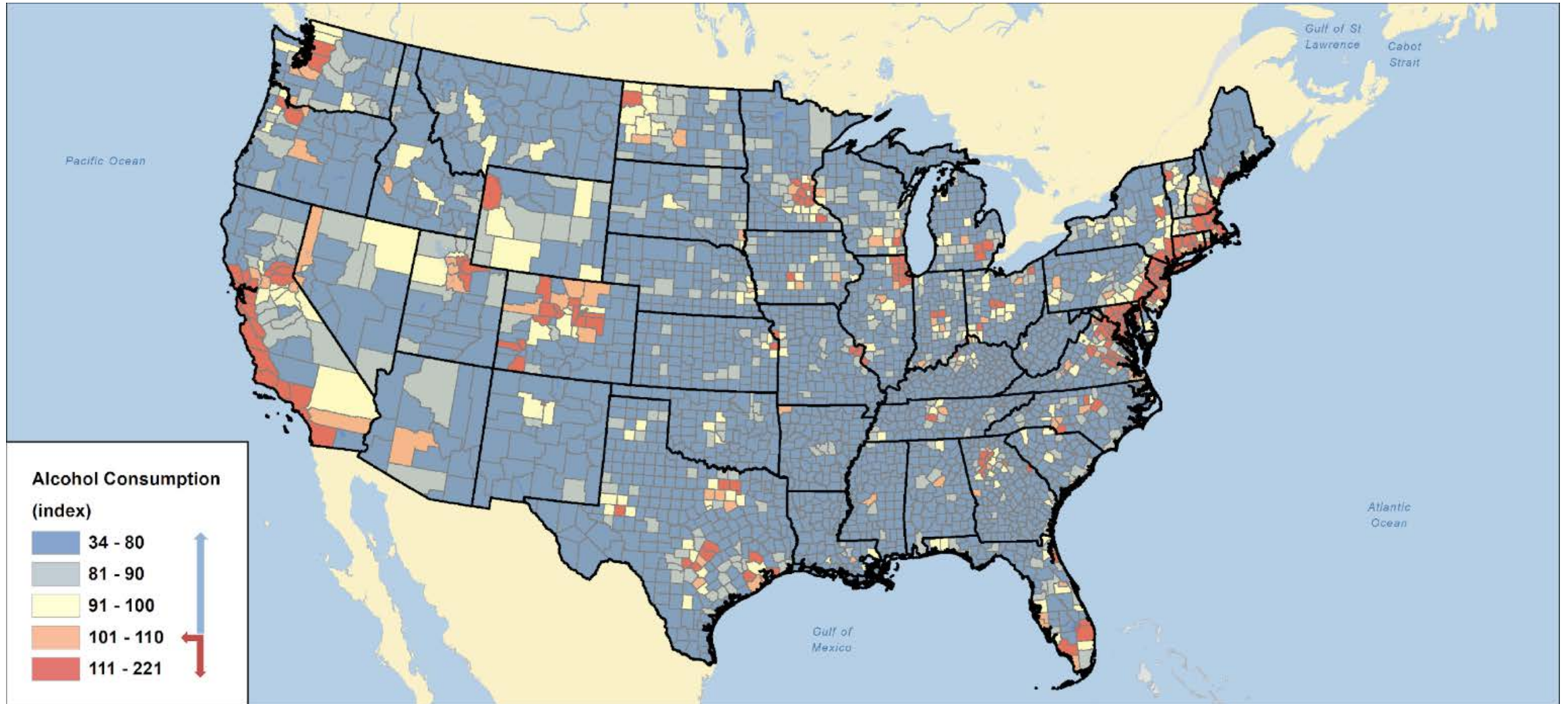




# Alcohol Consumption in the Last 12 Months

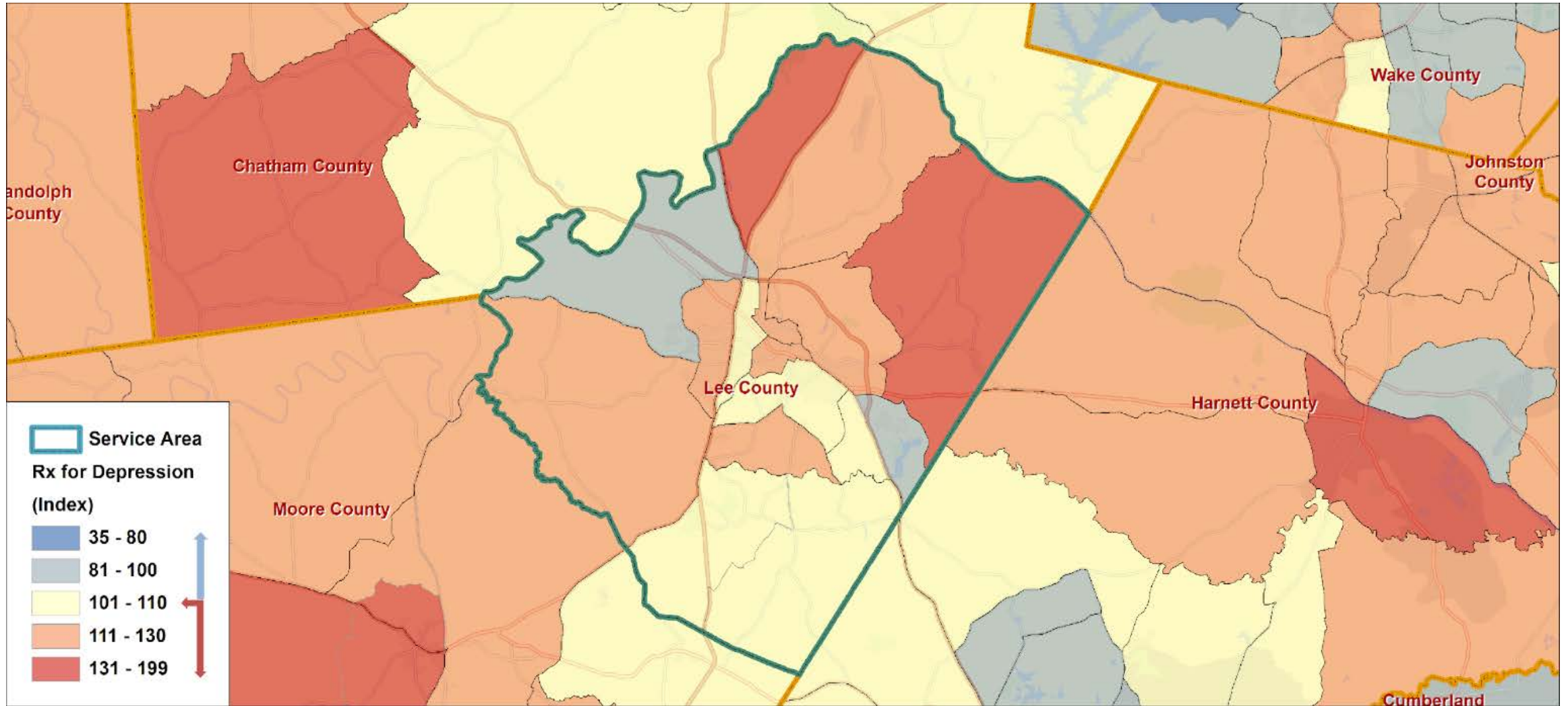


# Alcohol Consumption in the Last 12 Months



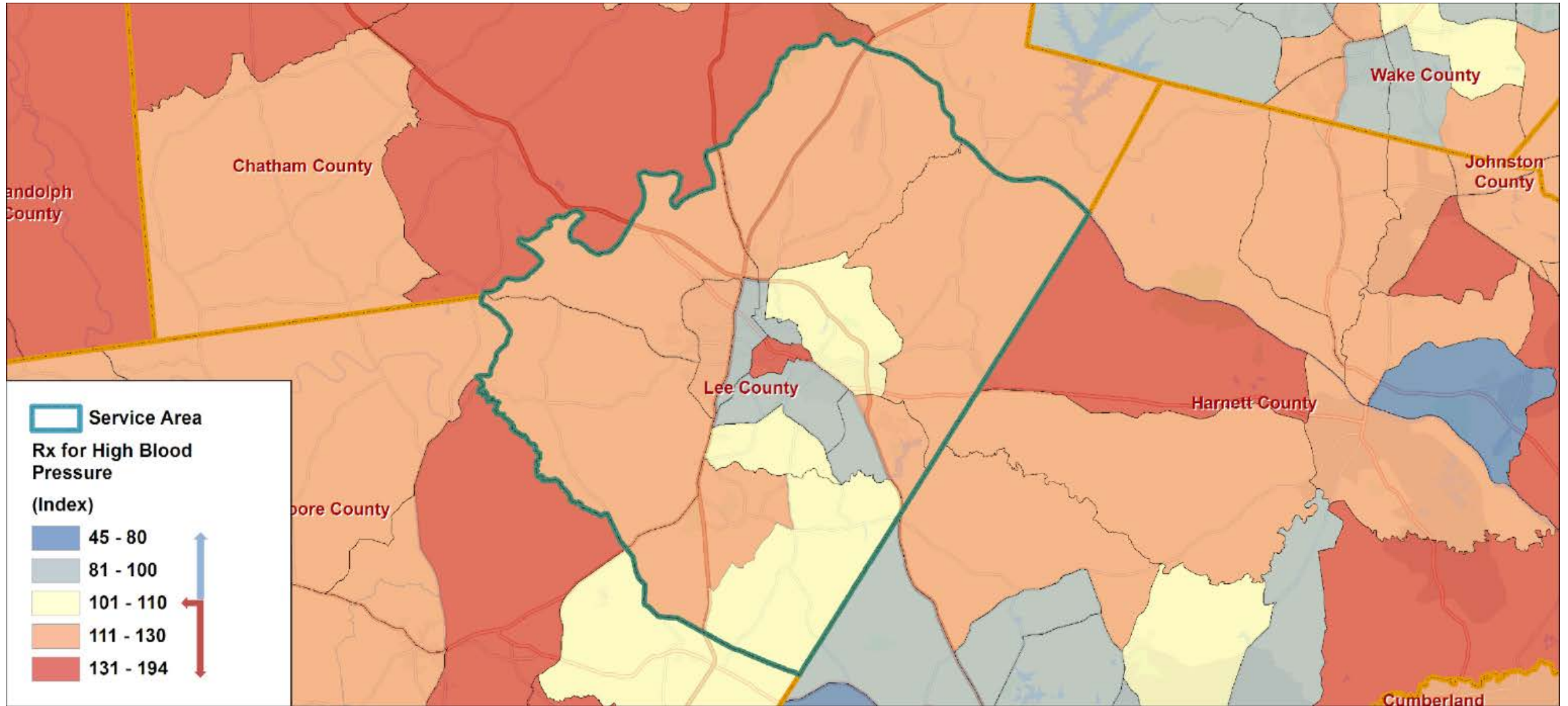


# Use Prescription Drug for Depression

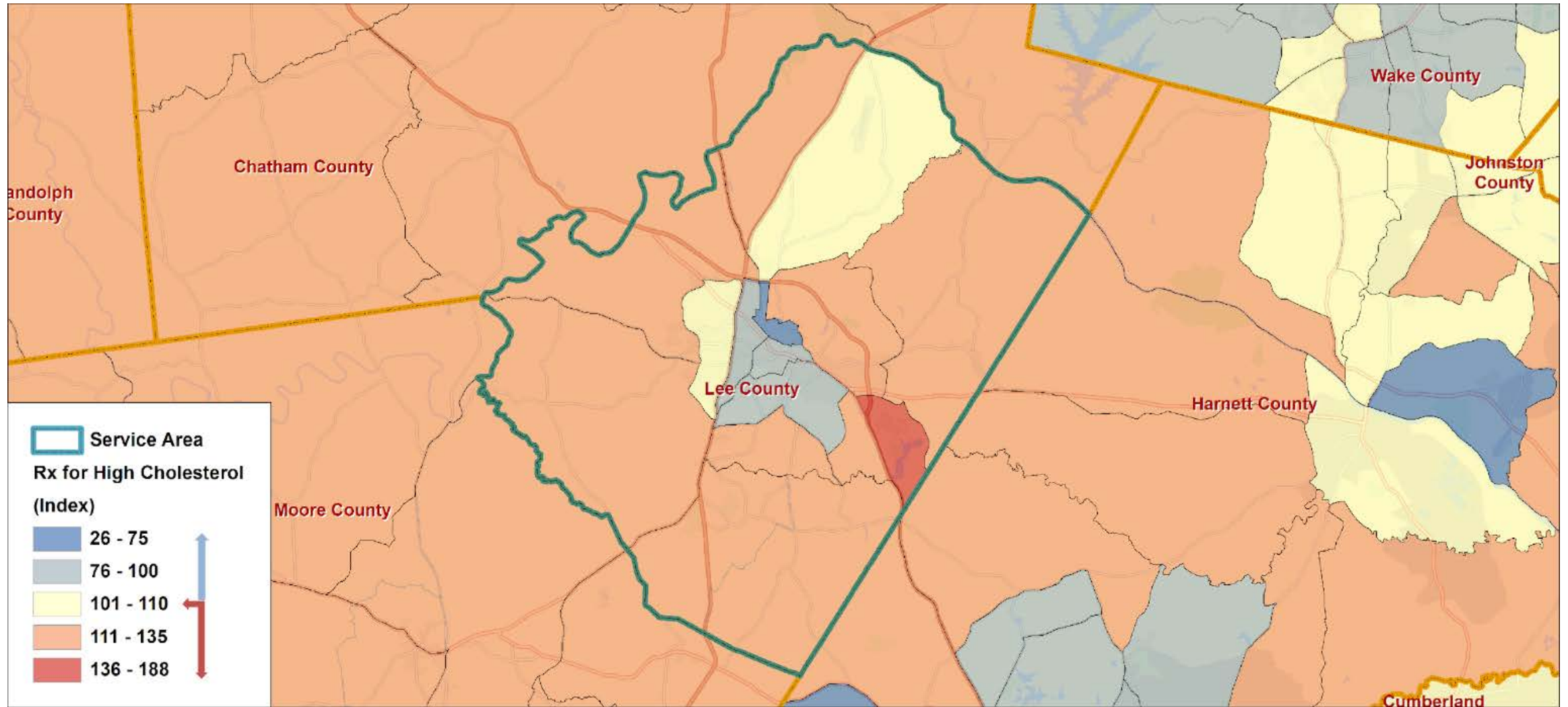




# Use Prescription Drug for High Blood Pressure

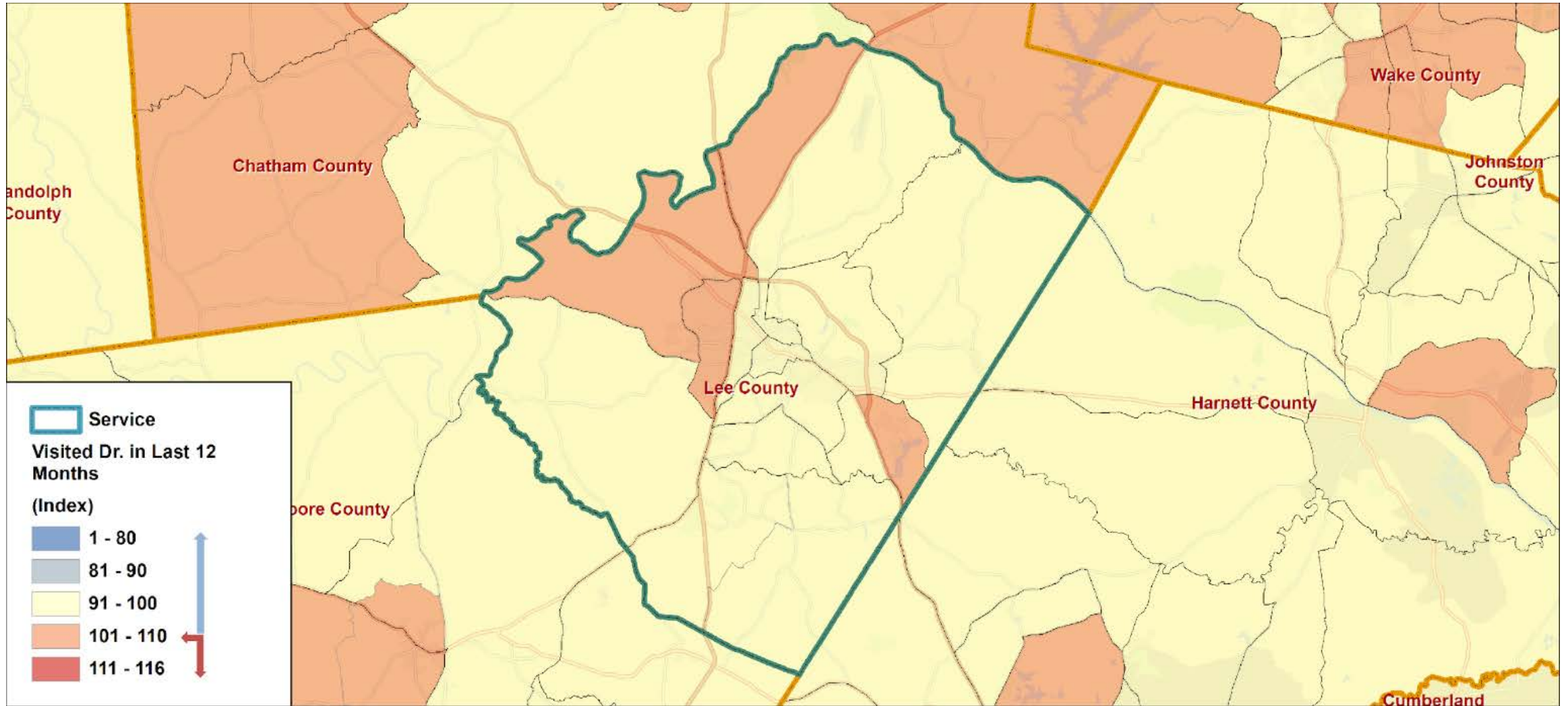


# Use Prescription Drug for High Cholesterol





# Visited a Doctor in the Last 12 Months





# Community Focus Groups

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*Lee County, NC CHNA*

Three focus groups were held at:

- Central Carolina Hospital on May 19
- Dennis Wicker Civic Center on June 23
- McSwain Building on August 11, 2022

25 community members participated in focus groups to share their opinions on community health status and needs.

They represented:

1. Mental health
2. Substance use
3. Attorneys
4. Children and families
5. Housing
6. Community advocates



# Please identify the two most serious barriers for residents to access health department services?



- Lack of transportation-COLTS is the primary means, cost & hours. Impact to food, work, hospital access.
- Perception of expense-real or otherwise there is a concern that the cost will limit access
- Most commonly cited barriers were transportation and insurance.
- Also mentioned were documentation related to residency status, awareness of services, and an unwelcoming perception and environment.
- Transportation
- Citizens are unaware of services provided, misinformation about services available, and lack of accessible advertising of services



## What are the two major health issues in Lee County?

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- Diabetes
- Behavioral/Mental Health
- Drug Use Disorder
- STD/Is
- Access to Medicare resources for older adults to assist with registering and obtaining benefits

# What are two things that can be done to strengthen the health care system in Lee County?



- Increase resources of services that are already available
- Someone in the community to create relationships and trust to provided services
- Strengthen transportation to rural areas, extension of County of Lee Transportation System (COLTS), and ensuring affordable transportation
- Offer evening hours for clinical services for those who work and can't take time off
- Increase access to health insurance
- Coordination of care for primary care services
- More funding for peer support programs

# What are the two most important issues affecting the lives of children/youth in Lee County?

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- Homelessness-impact on children
- Nutrition- Food deserts/insecurity, access to food/nutrition during non-school hours and summer break
- Teen pregnancy
- Drug use, alcohol abuse
- Recreation, viable accessibility for recreation meaning accessible to all
- Affordable childcare
- There is nothing for children to do during summer and non-school hours which leads to boredom and illicit activities



# What are two things that can be done to improve the quality of life for children/youth?

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- Better access to affordable housing
- Address unsheltered youth crisis and recognize that it is widely under-reported
- Transportation
- Increase the quality of life, through outlets for child enrichment and summer activities
- Accessible and affordable childcare
- Workshops for families and parents, and bilingual staff
- Provide parents with parenting education and resources that they need
- Provide more mental health services within school setting and fight back against stigma that kids are "bad", increase counseling/social work staff in schools

# What are the two most important issues affecting the lives of senior citizens in Lee County?

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- Inflation-Price of goods, prescription costs, services Then leads to isolation which exacerbates mental health issues
- Transportation
- Food deserts
- Lack of in home and respite care
- Lack of access to adequate housing that is structurally sound, lack of access to resources for remediating inadequate living conditions
- Insufficient resources for connecting Seniors to Medicare coverage and services

# What are two things that can be done to improve the quality of life for senior citizens in Lee County?

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- Transportation
- Awareness of available services, such as access to the enrichment center
- Forming a partnership with the Community College and its CNA program for additional access to in home services and quality care
- Increase resource programs
- Address barriers related to navigating housing insecurity/changes in housing, address affordability crisis for housing

## What are the two main threats to safety for county residents?

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- Gang issue-neighboring counties, gangs are major threats
- Internet-change in behavior and attitude
- Drug and alcohol abuse
- Gun violence
- Housing insecurity, unsheltered status
- Lack of child enrichment are also of great concern



## What are two things that can be done to make Lee County safer?

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- De-escalation techniques from law enforcement
- Events for youth, well mannered interactions with uniformed officers, establish partnerships with county departments within the community
- Increasing sense of community and relying less on policing and more on the community to police itself;
- Address entire family unit to address accountability
- Substance use/trauma/mental health among parents, empower all family members to ask for help
- Hire police who truly understand and now how to respond appropriately in situations of crisis; hire peer support staff within law enforcement



# What are two major reasons individuals and families need help because of stress and anxiety?

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- COVID-19
- The unknown
- Unemployment, job security, finances
- School being out
- Inflation
- Displacement concerns

## What are two things that can be done to strengthen supports for households needing help with stress and anxiety?

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- Behavioral health in telehealth.
- Outlet for youth aside from B&G club, activities for youth
- Secure jobs
- Collaborate with outside agencies and community partners to provide perception of unity
- Offer virtual options for services to address transportation barrier
- Make people more aware of services available

## What are the two most significant environmental health issues in the county?

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- Older homes in need of repair,
- Multiple families in single family homes putting strain on individual property infrastructure like water and sewage
- Unsafe drinking water, inadequate/unsafe housing
- Rapid growth and expansion outpacing existing infrastructure

## What are two ways the county can improve environmental health?

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- Infrastructure for wastewater for new developments
- Address housing insecurity and water/waste infrastructure.
- Address the perception that the County is not currently doing anything by increasing awareness on efforts and services



## What are the two most significant educational needs in Lee County?

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- Better staffing for teachers, order and better framing in classrooms to allow teaching
- Staffing for qualified teachers and retaining staff
- Drop out rates for students
- Lack of access to early child education
- Investments in continuing education
- Choices regarding school choice and quality
- Removing politics from school board
- Quality of education, producing high school graduates that truly ready for the workforce, community college offers very limited number of programs, community college has waitlists for most programs

## What are two ways the county can improve education?



- Pay teachers a living wage, increase teacher pay
- Remove politics from school board proceedings
- Increasing positive sentiment and awareness for trade school
- Investments in early child education
- Continuing education for staff
- Increase the number of qualified staff and retain existing staff
- Address inadequate staffing for new home development/growth
- Challenge students to excel
- Address home environments that do not believe in education
- Allow students to leave school environment once legally able to at 16 years old

## What are the two biggest criminal justice needs in Lee County?



- Prevalence of misuse of guns
- Bail reform or extended detainment before trial
- Employment opportunities for those coming out
- Trauma informed outreach, mental health resources are inadequate, inaccessible, and have long waiting lists
- Substance use disorder and mental health challenges
- Lack of access to reentry programs that are holistic
- Racial disparities for crimes/sentencing, disconnect for equity at local/state/federal levels,
- Families and caretakers don't have the resources to transport/assist youth with reentry requirements

## What are two ways Lee County can improve criminal justice?

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- Recidivism
- Inpatient drug rehab
- Provide trauma informed trainings for first responders, provide mental health care via first responders
- Remove barriers to post incarceration employment.
- Dedicated staff to go inside of jails to meet with those to be released to counsel and plan for post incarceration plans

Please identify two services or programs that are needed in Lee County that are not currently available.

---



- Inpatient Drug rehab
- More capacity for sheltering the homeless
- Summer programs, an example given was the National Youth Sports Program or NYSP.
- Teen court and court-mandate compliant parenting programs for families.
- A day reporting system for reentry that provides an array of programs for incarceration-to-community reentry



## What do you consider to be Lee County's two greatest strengths?



- Lower cost of living in comparison to other cities/counties
- Strong & diverse faith community
- Community College
- Nonprofit community excels
- Manufacturing, jobs, retail, opportunities for employers to receive large tax breaks, more opportunities for revenue with increased growth

## What are the two greatest challenges facing the county?



- Focus on regular everyday people not being left behind during expansion.
- Ensuring that young people are ready for coming industries in the area and not surpassed by the neighboring counties
- Growth
- Transportation
- Drug use
- Food insecurity up to 19%
- Rapid growth and the perception that Lee County can't keep up to accommodate demand
- No opportunity for low to middle income residents to own a home or acquire affordable housing

Do you feel that the Lee County Health Department provides the healthcare services needed in Lee County? If not, how do you feel the health department could improve? If so, how should the health department improve?

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- Lack of offered services after or during regular hours due to staffing or other issues. Extended availability of existing hours.
- Further change in perception of what HD does.
- Continue to review needs of the community and then locate staffing & funding to care for the identified need.
- Perception is no. Issue with care not being given to certain age groups without parental consent. The LCHD seems to be doing the best job they can with very limited resources, idea that LCHD is working with nothing to make something happen



# Community Survey

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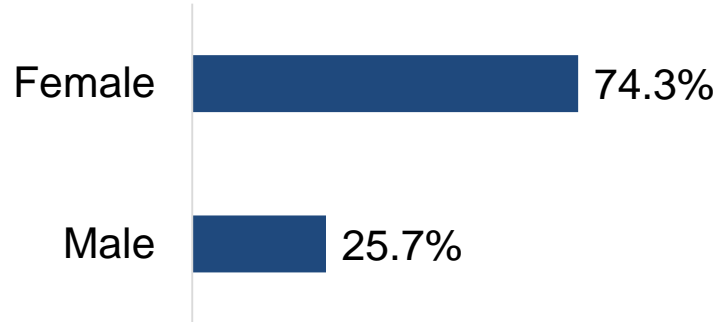
*Lee County, NC CHNA*



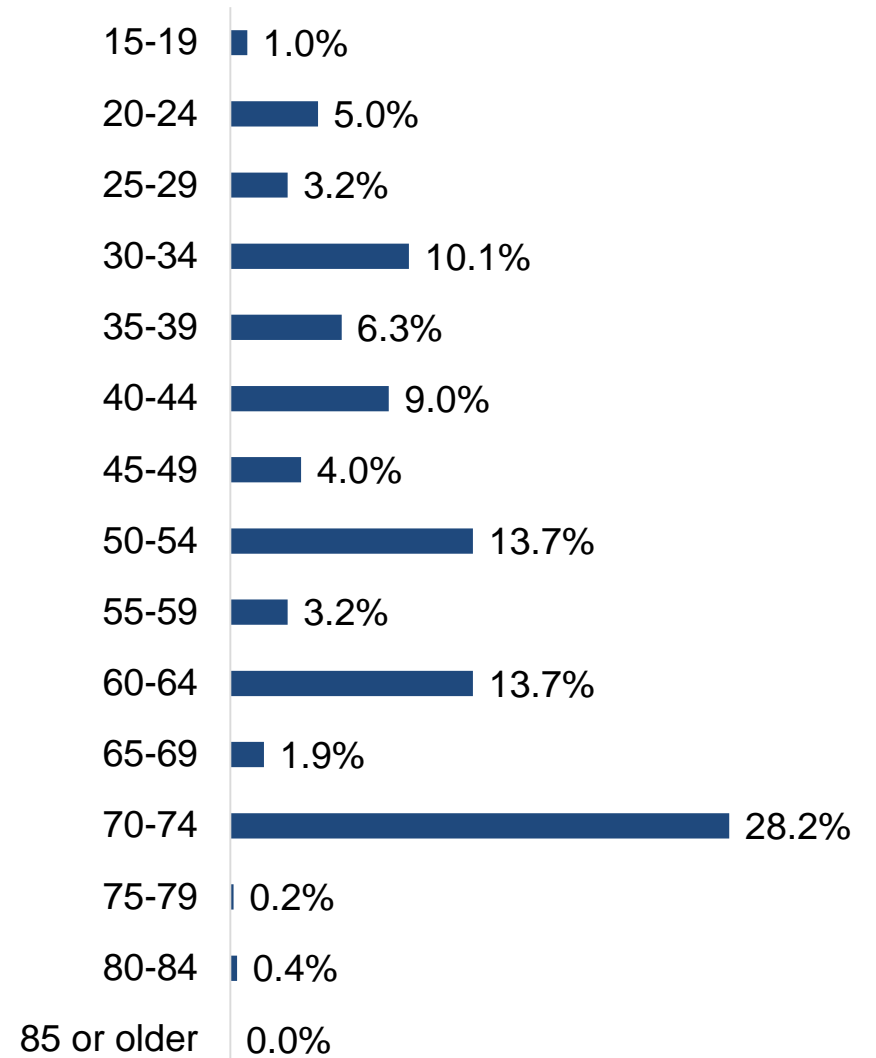
- LeeCAN, Central Carolina Hospital, and the Lee County Health Department conducted an online and paper version community survey in Lee County. Stratason combined and analyzed the results.
- 663 total surveys were completed from March 16, 2022, through August 16, 2022, including 399 paper surveys, 218 online English surveys, and 46 online Spanish surveys were completed.

# Community Survey Demographics – Age, Gender, ZIP Code

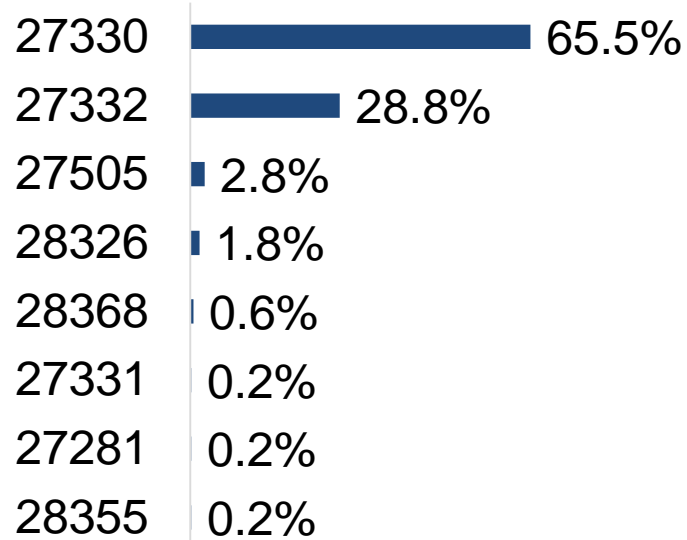
## Gender



## Age

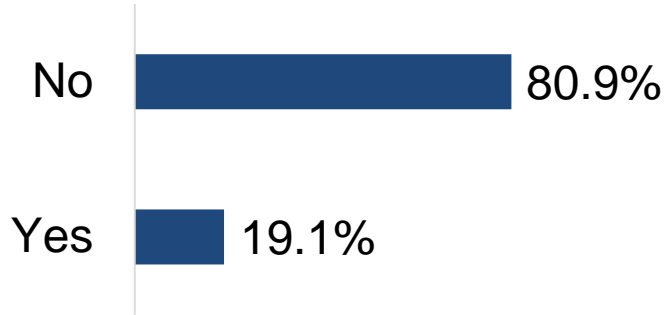


## ZIP Code

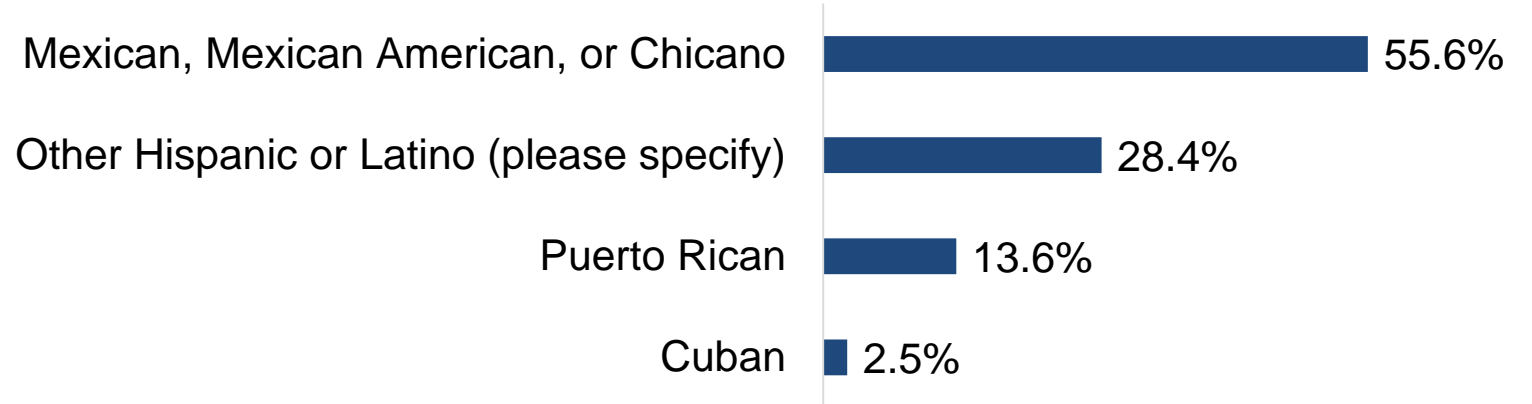


# Community Survey Demographics – Race/Ethnicity

## Are you of Hispanic, Latino, or Spanish origin?



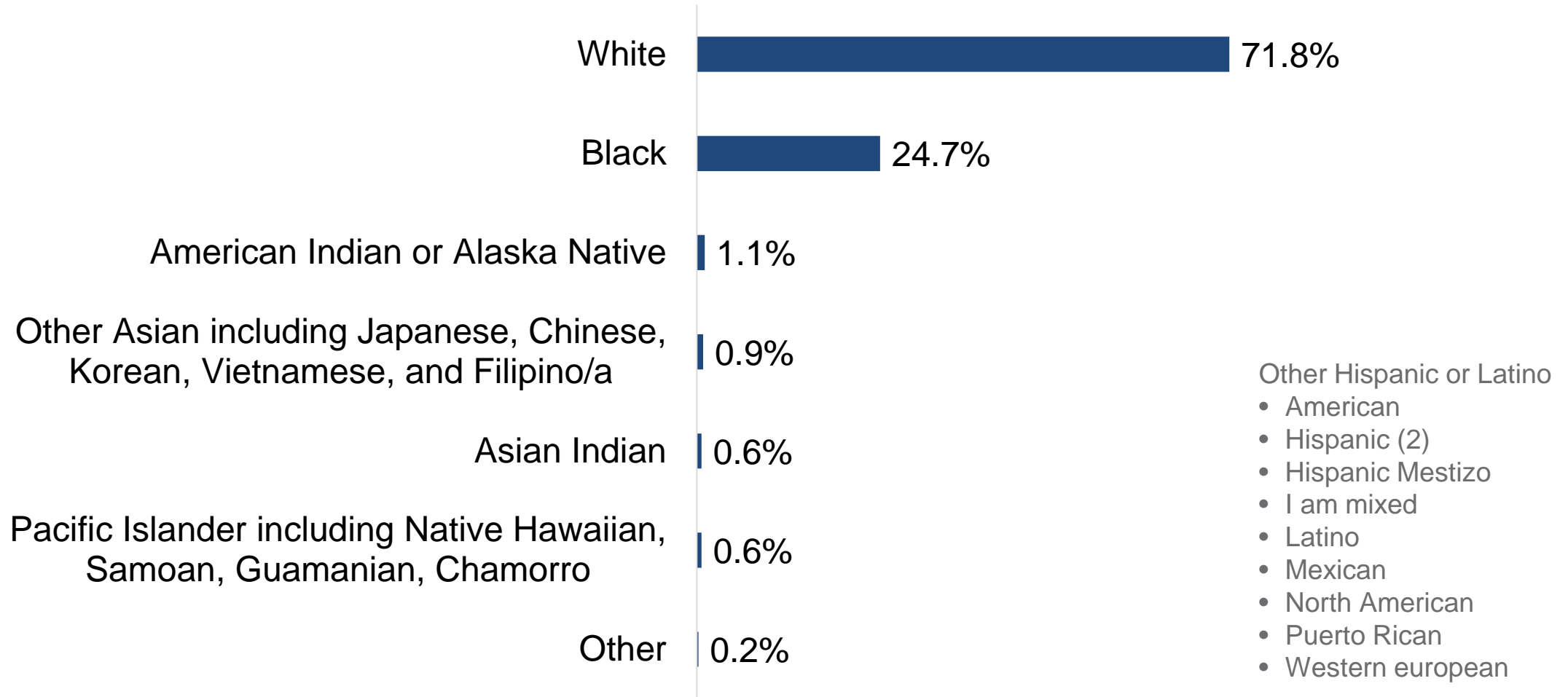
## If yes, are you:



### Other Hispanic or Latino

- Salvadoran 6
- Guatemalan 4
- Honduran 4
- Blank 2
- Central American
- Latino
- Venezuela
- Venezuelan-American
- Cuban
- Dominican
- Peru

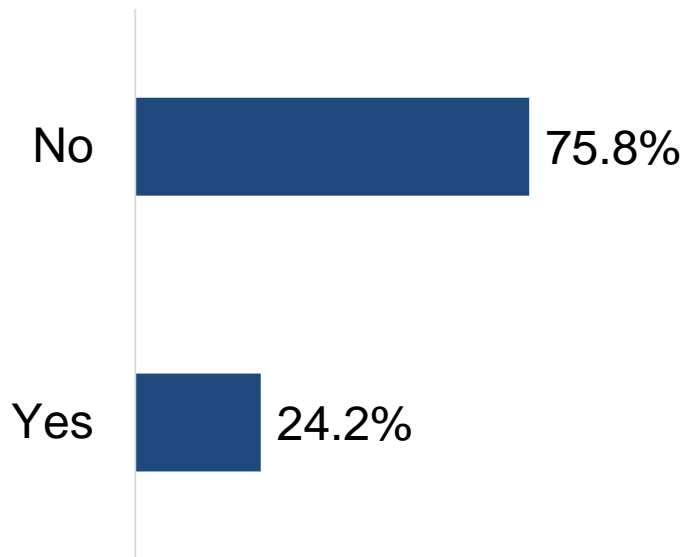
## What is your race?



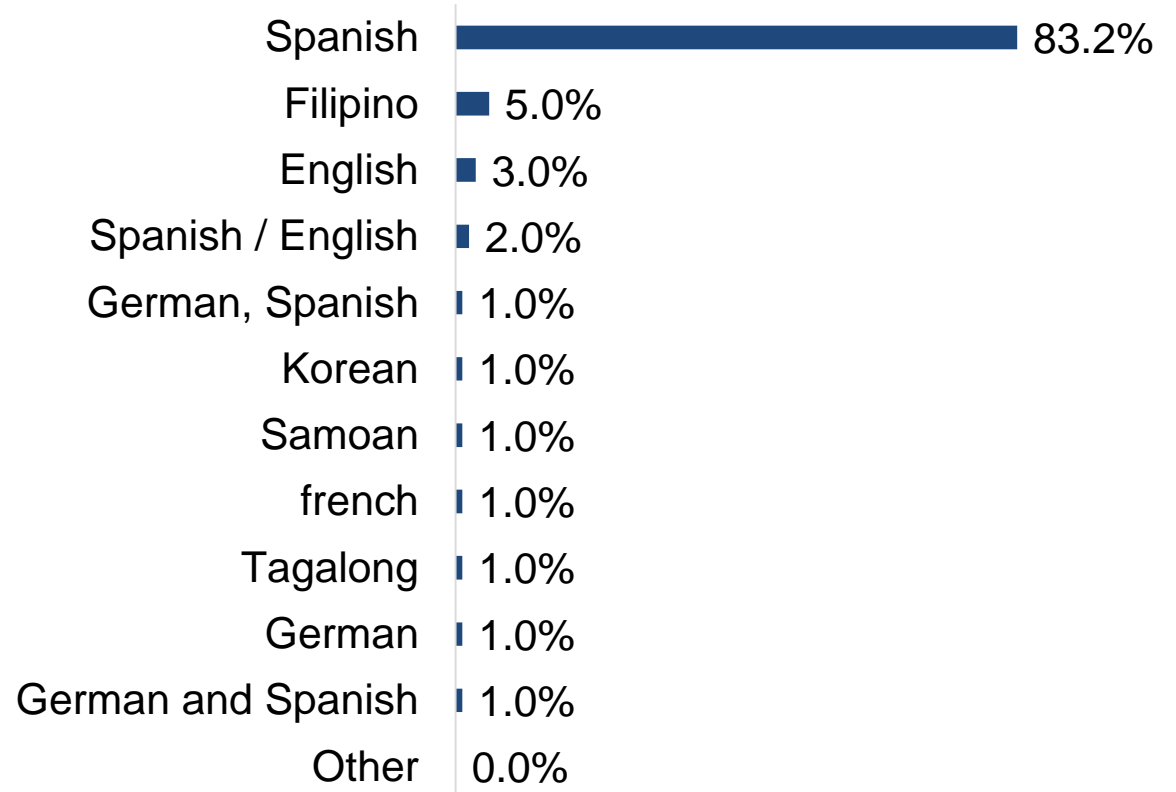


# Community Survey Demographics – Language

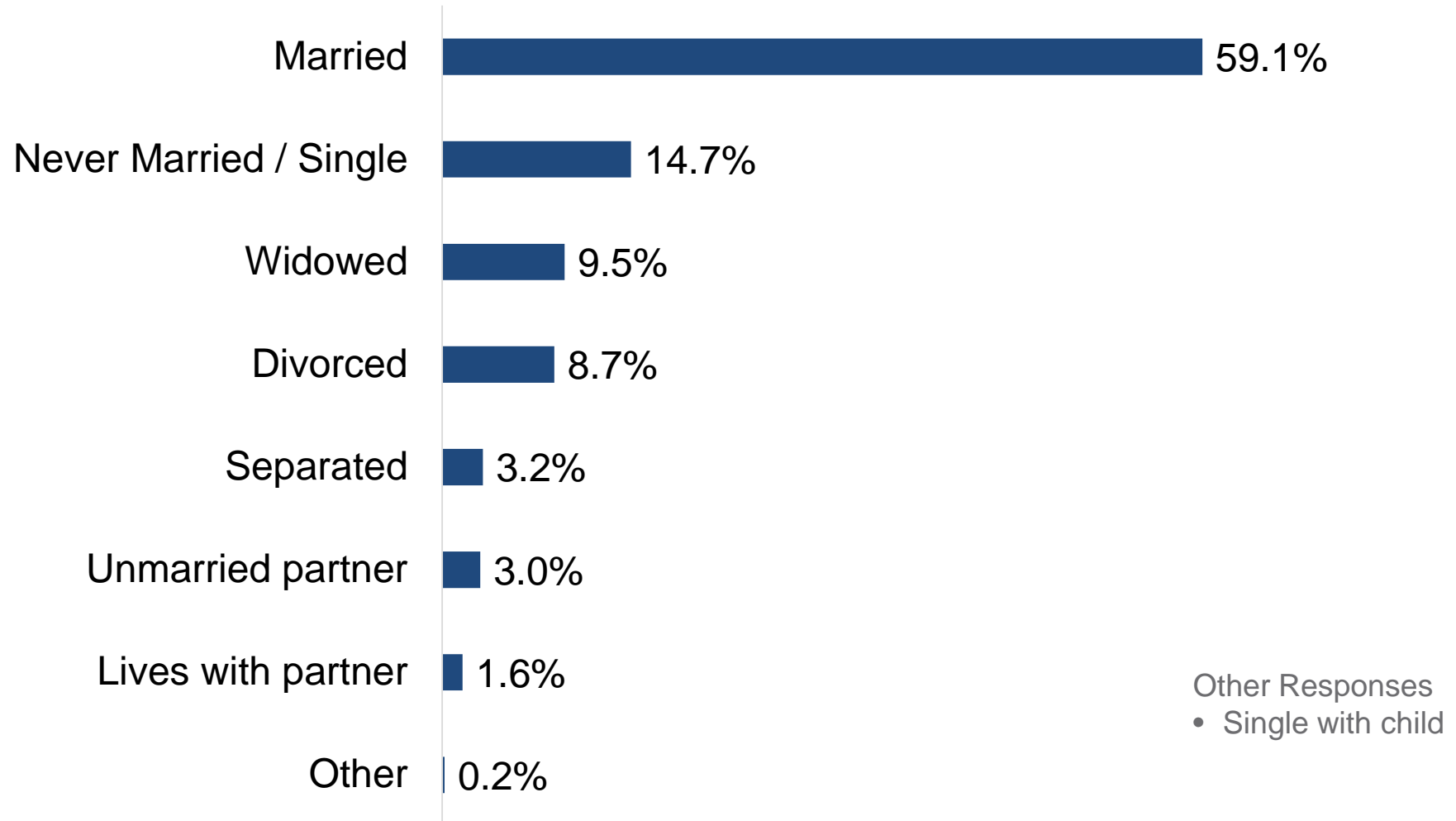
Do you speak a language other than English at home?



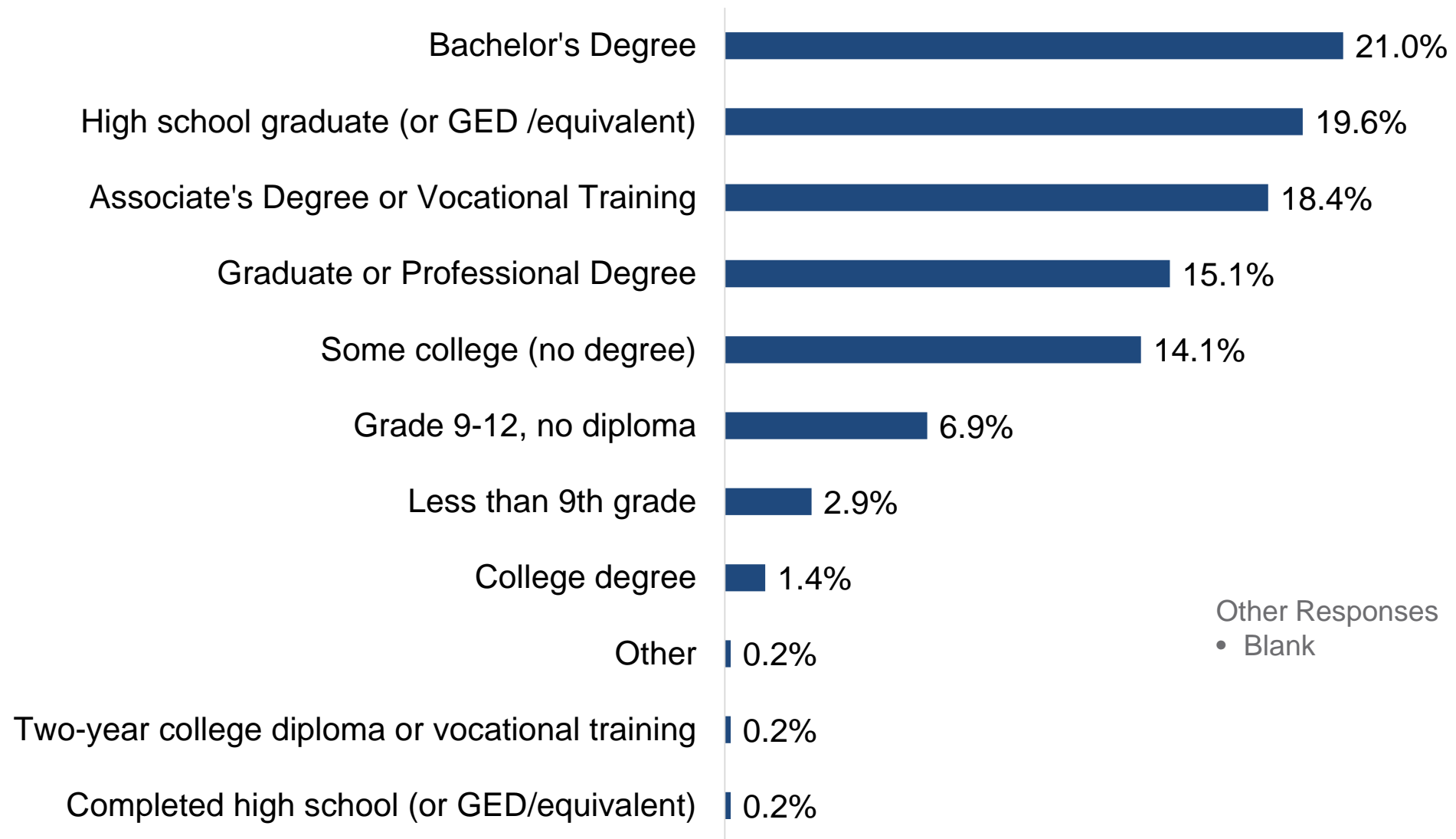
If yes, what language do you speak at home?



# Q44. What is your marital status?

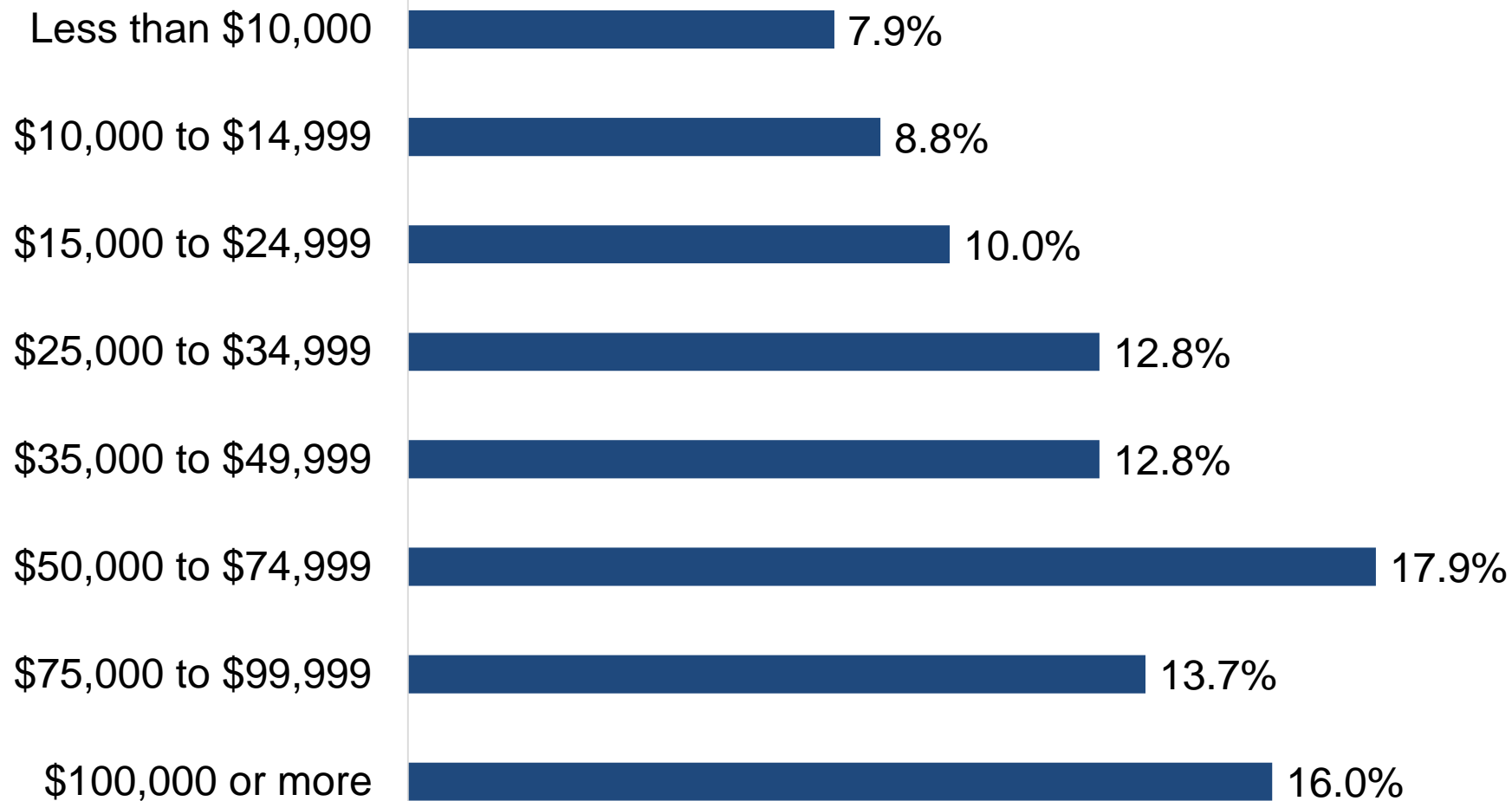


# Q45. What is the highest level of school, college or vocational training that you have finished?



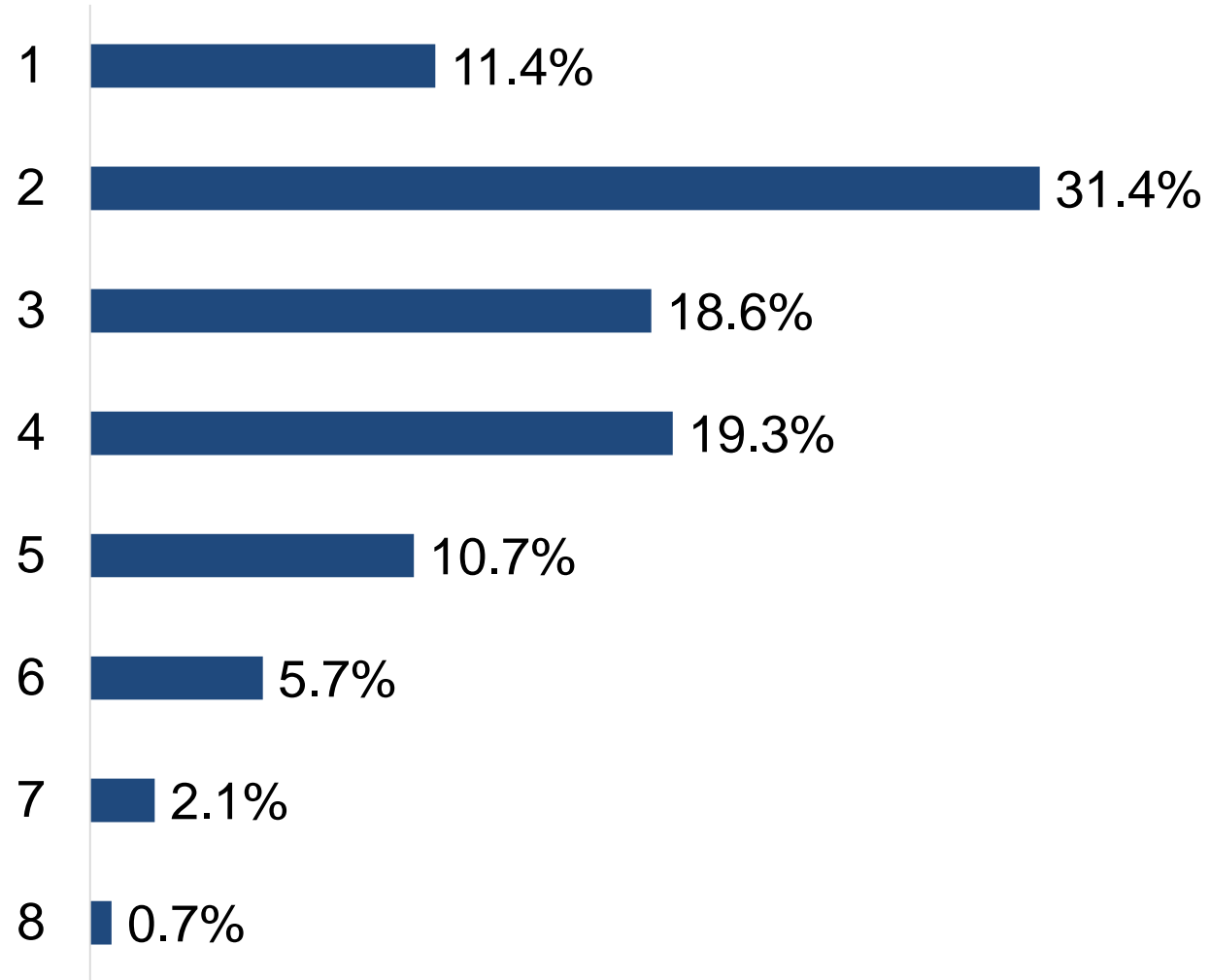


## Q46. What was your total household income last year, before taxes?

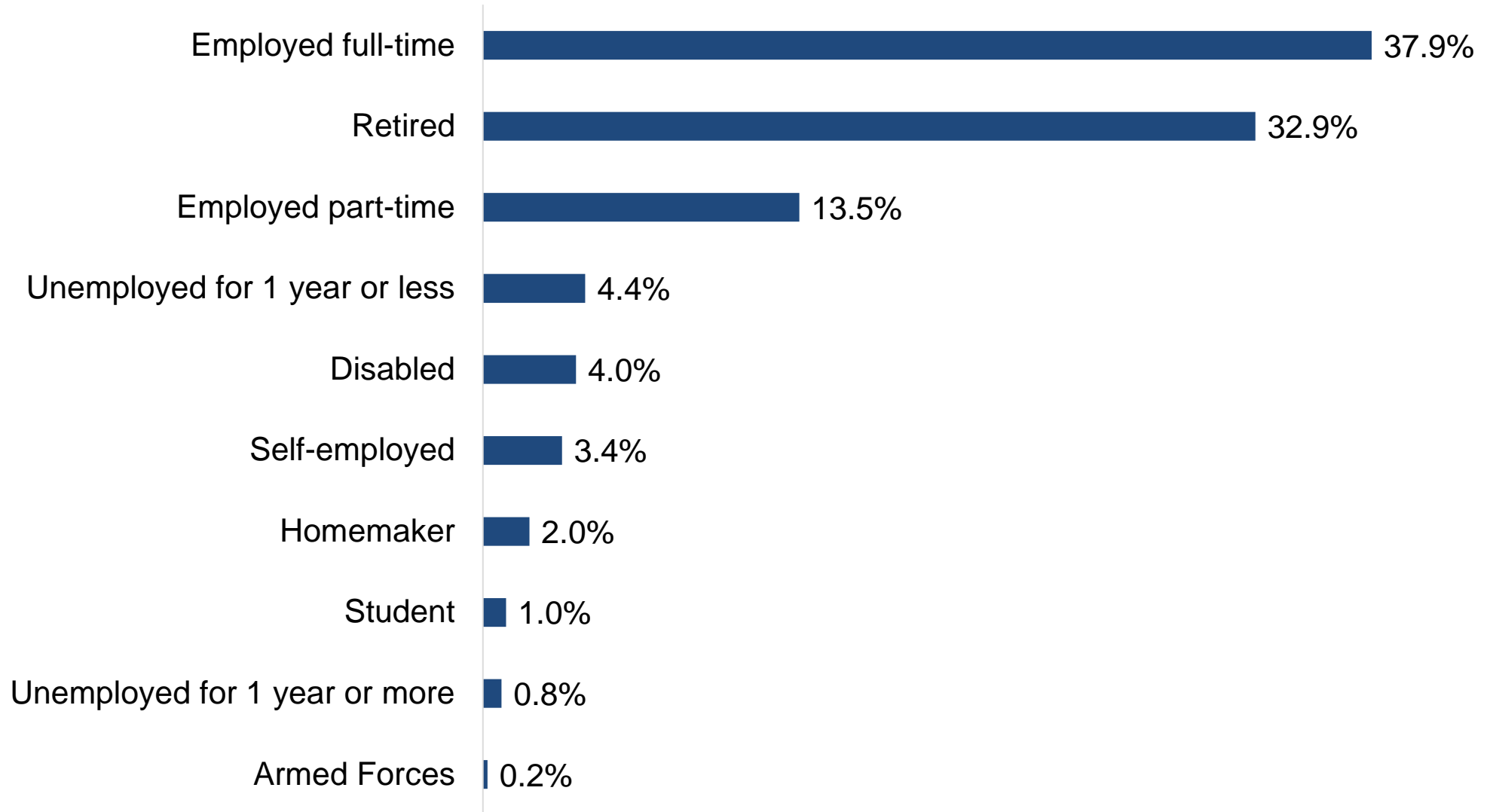




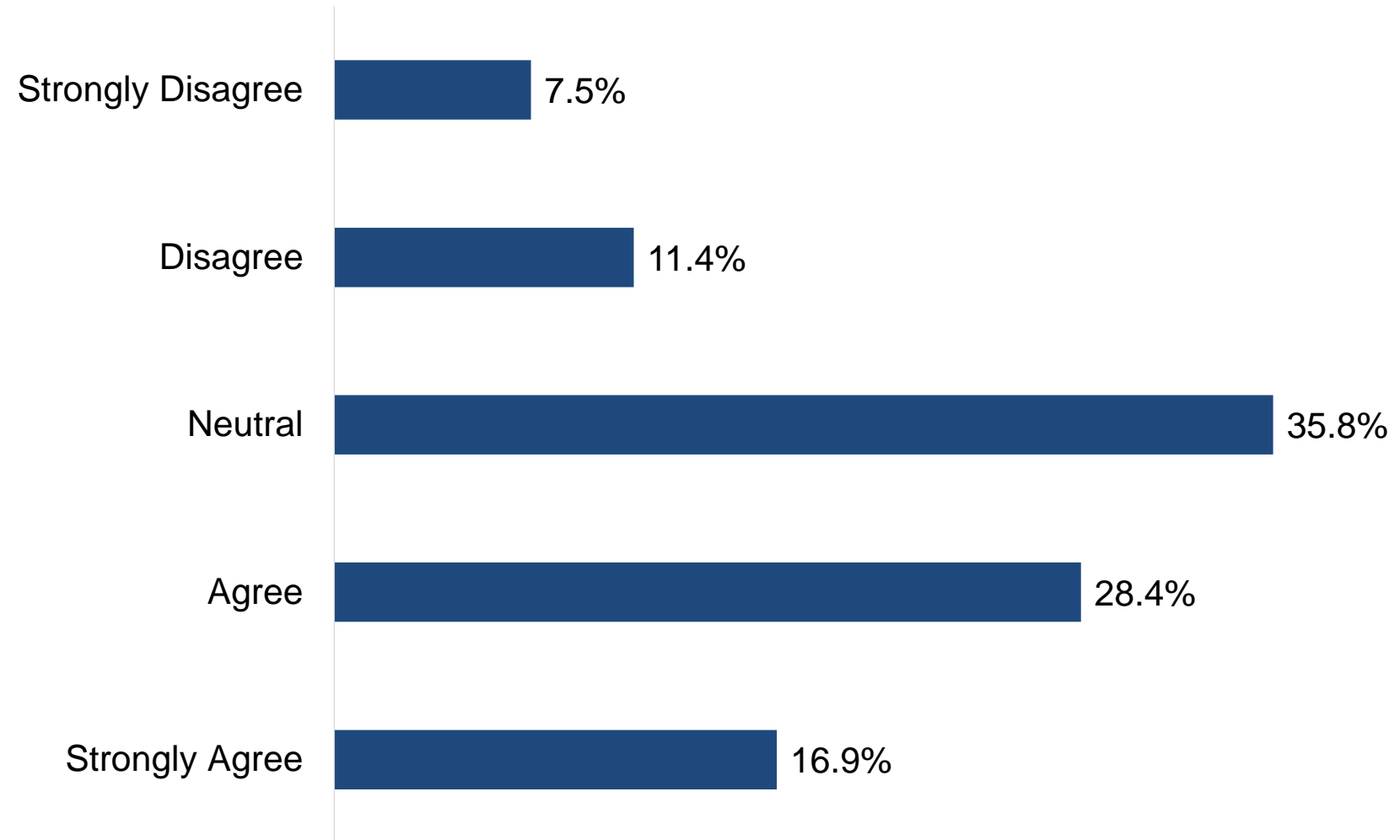
Q46B. How many people does this income support?(if you are paying child support but your child is not living with you, this still counts as someone living on your income)



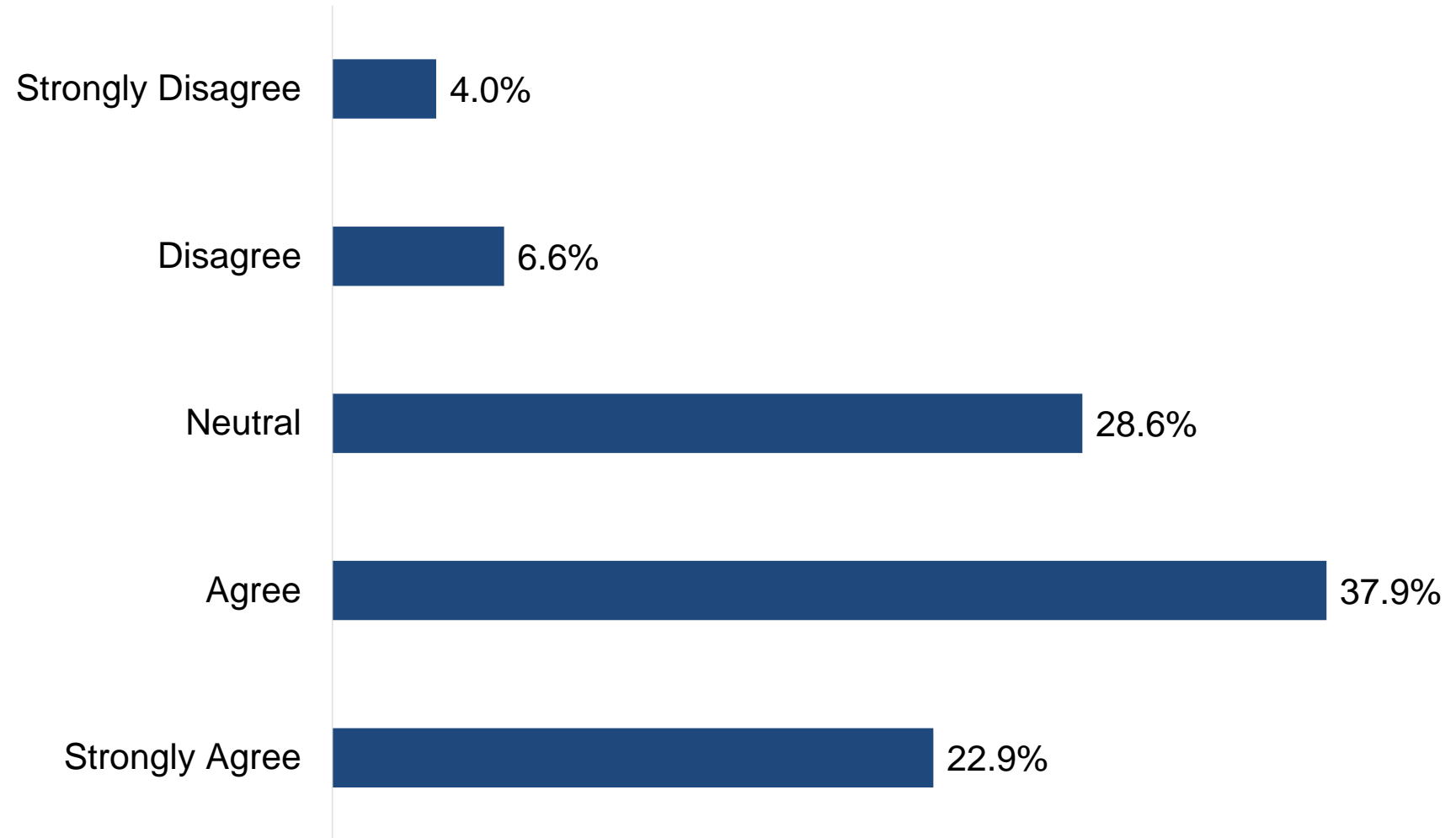
# Q47. What is your employment status?



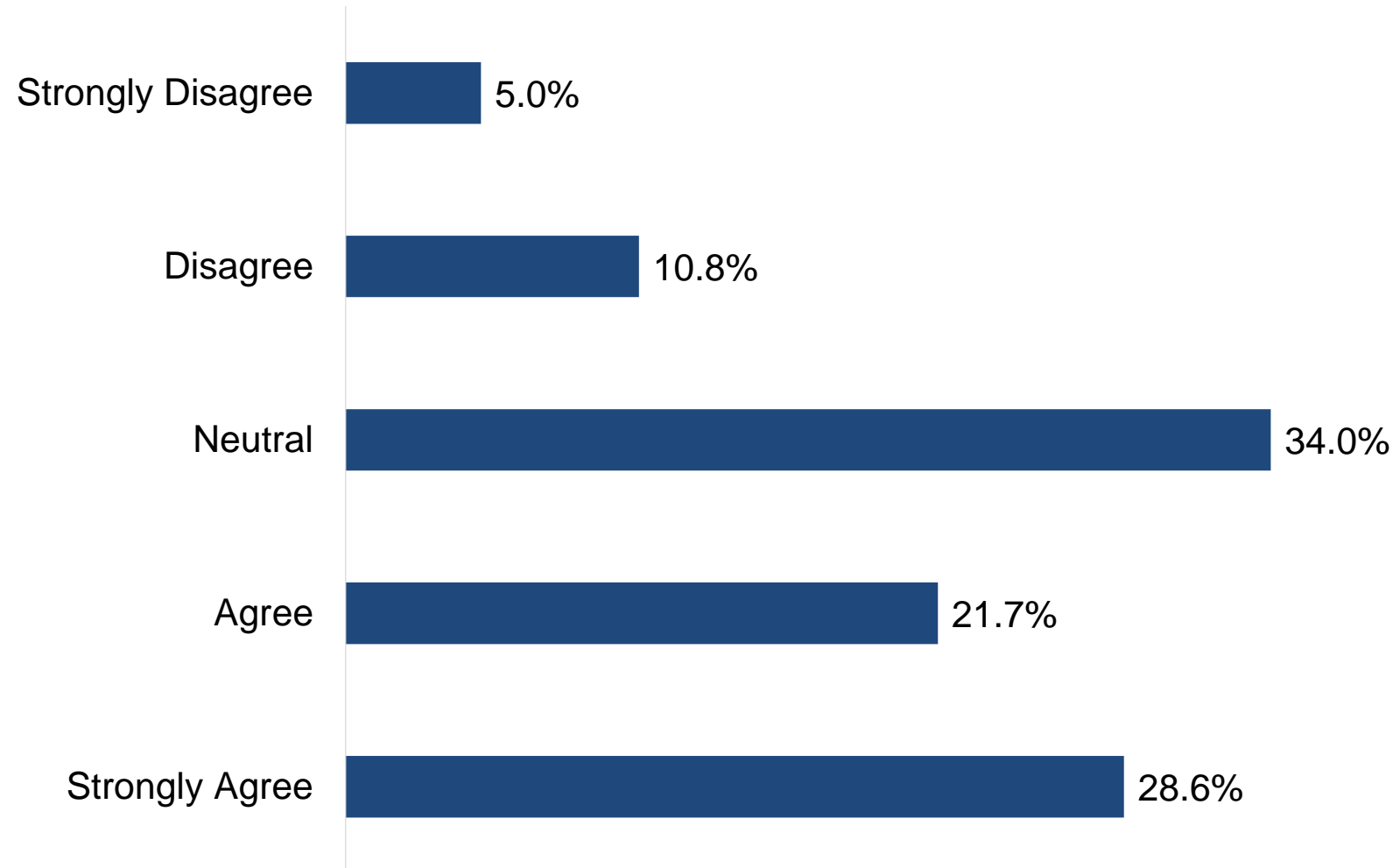
# Q1. How do you feel about this statement "There is good healthcare in Lee County"?



## Q2. How do you feel about this statement, "Lee County is a good place to raise children"?

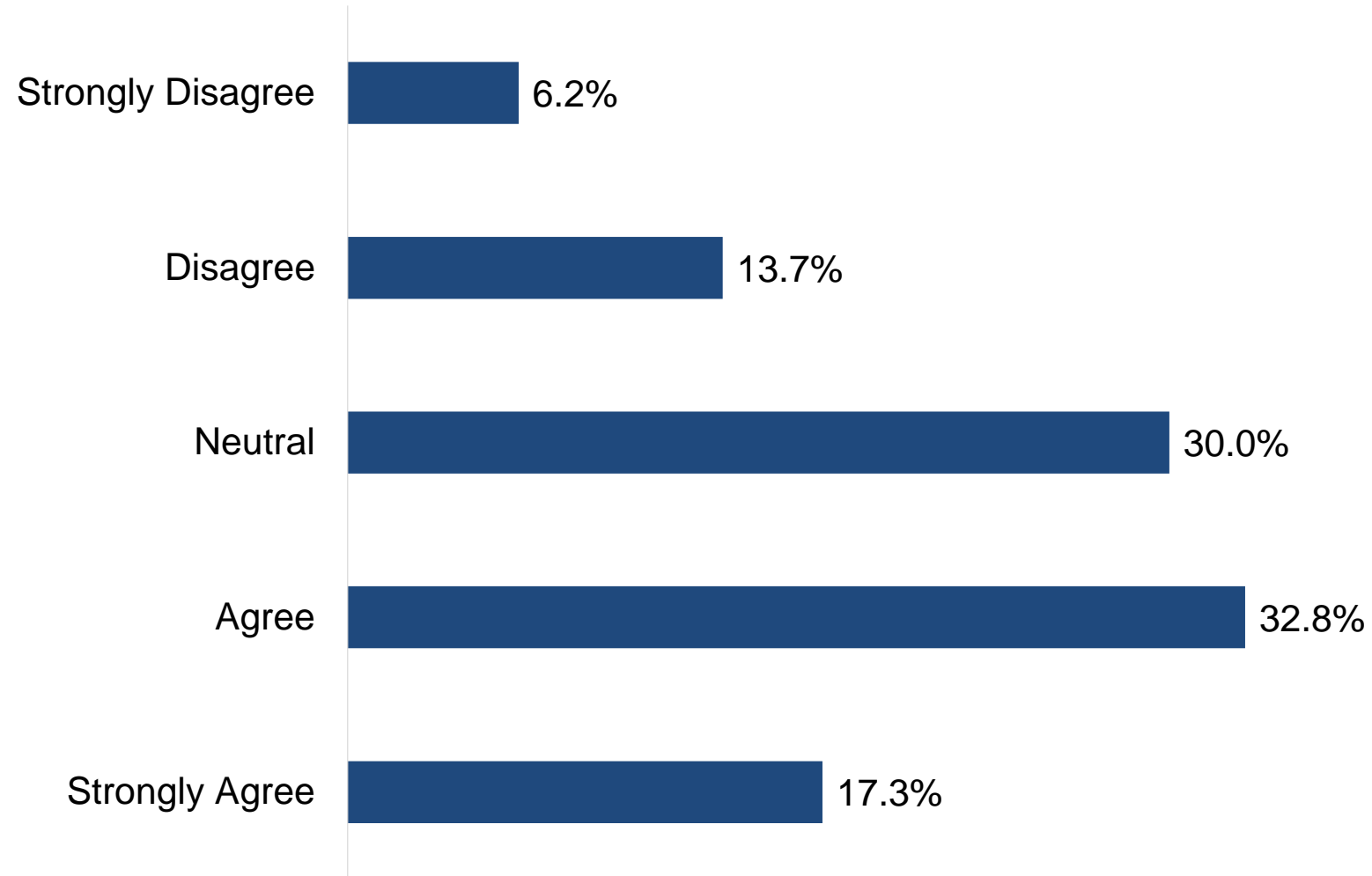


### Q3. How do you feel about this statement, “Lee County is a good place to grow old”?

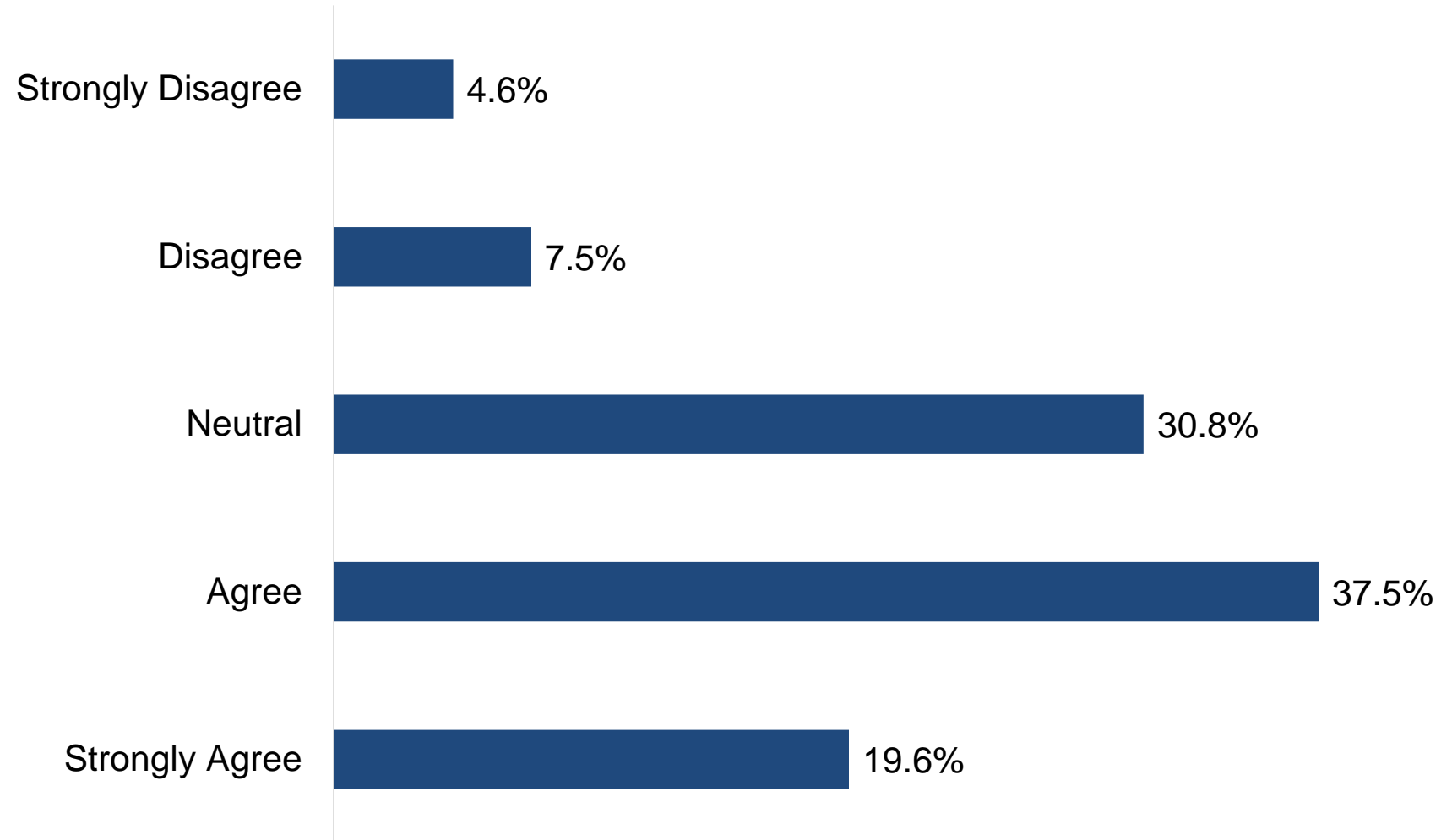




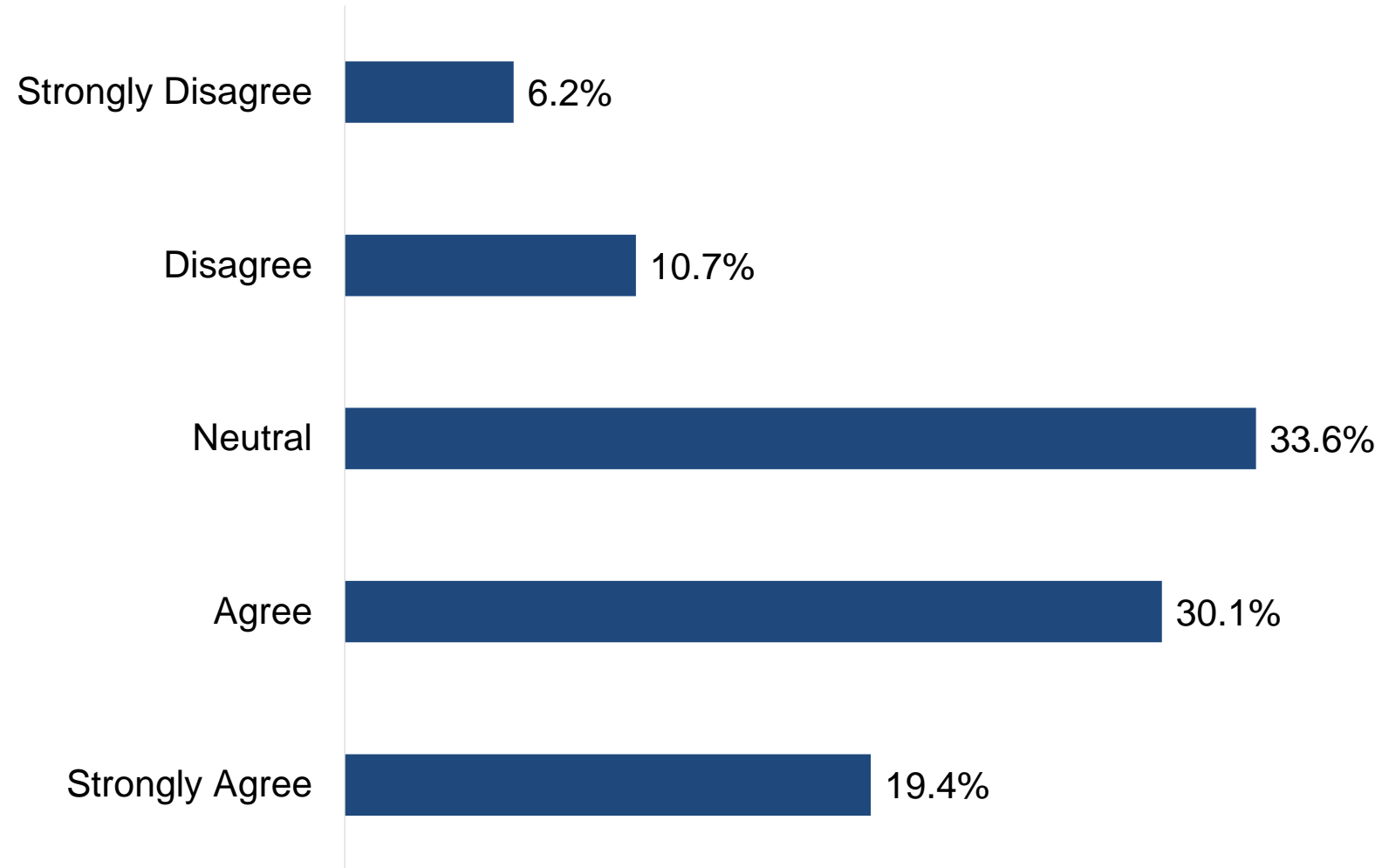
# Q4. How do you feel about this statement, “There is plenty of economic opportunity in Lee County”?



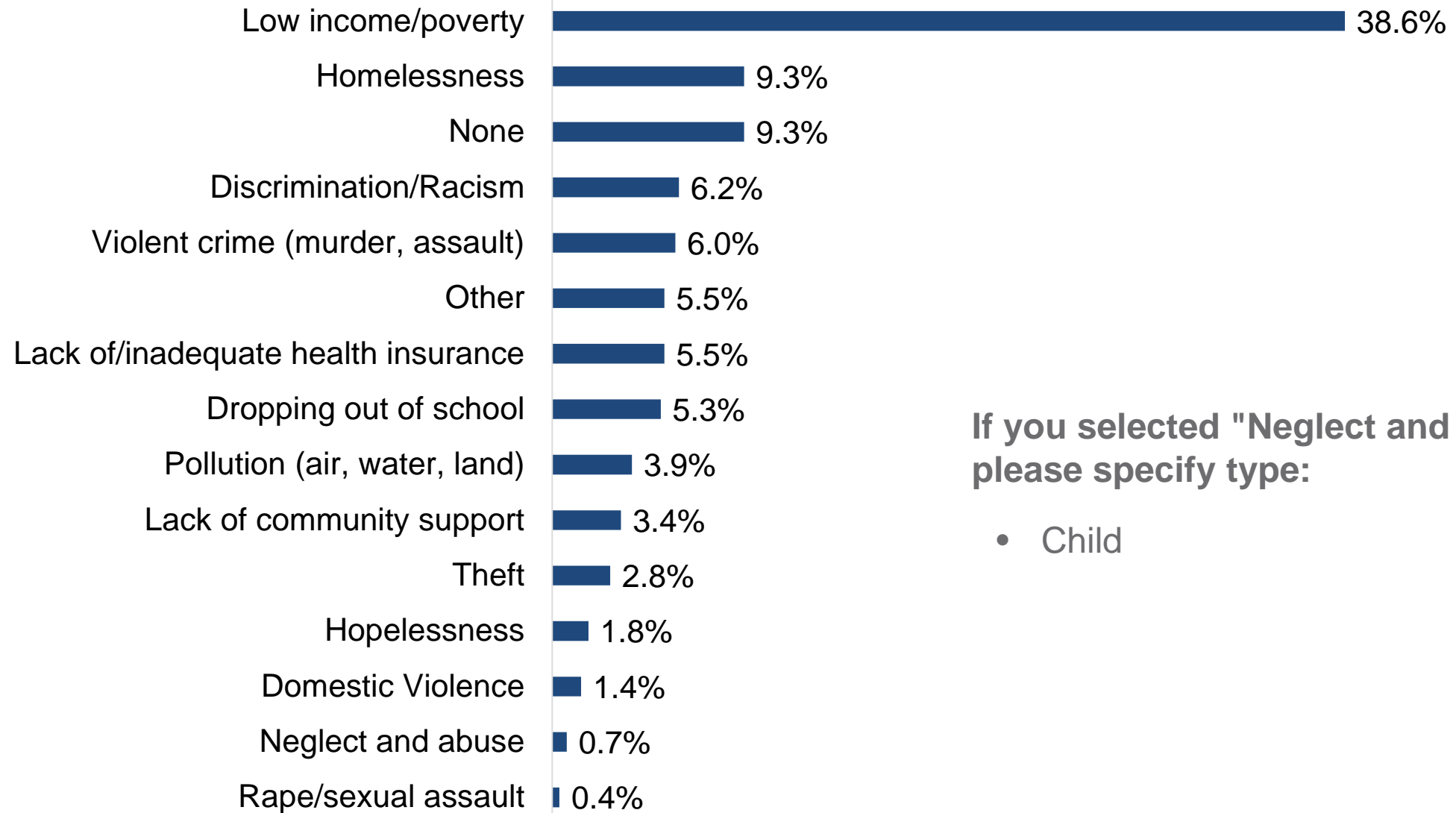
# Q5. How do you feel about this statement, “Lee County is a safe place to live”?



# Q6. How do you feel about this statement, “There is plenty of help for people during times of need in Lee County”?



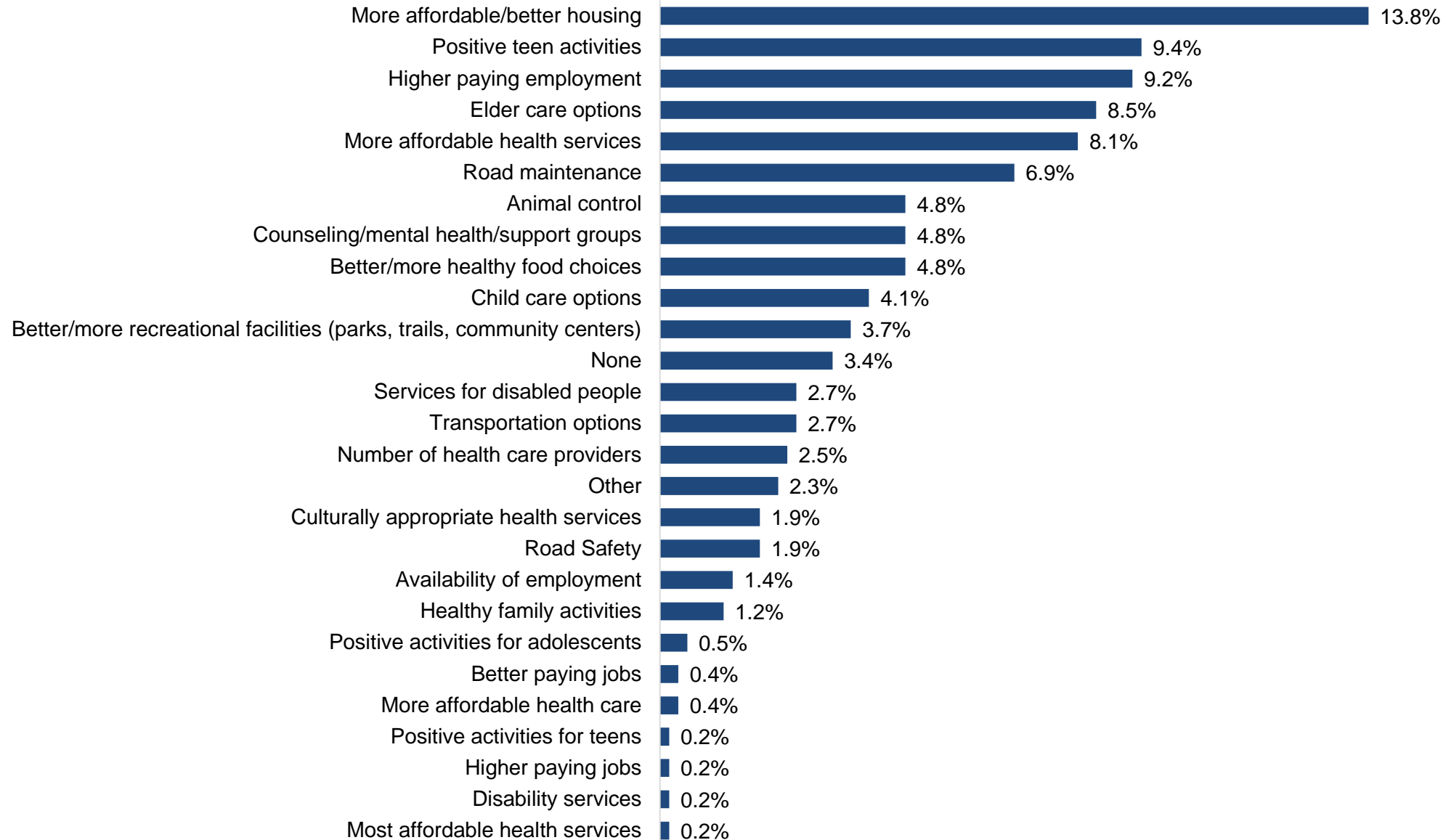
# Q7. In your opinion, which one issue most affects the quality of life in Lee County?



**If you selected "Neglect and abuse", please specify type:**

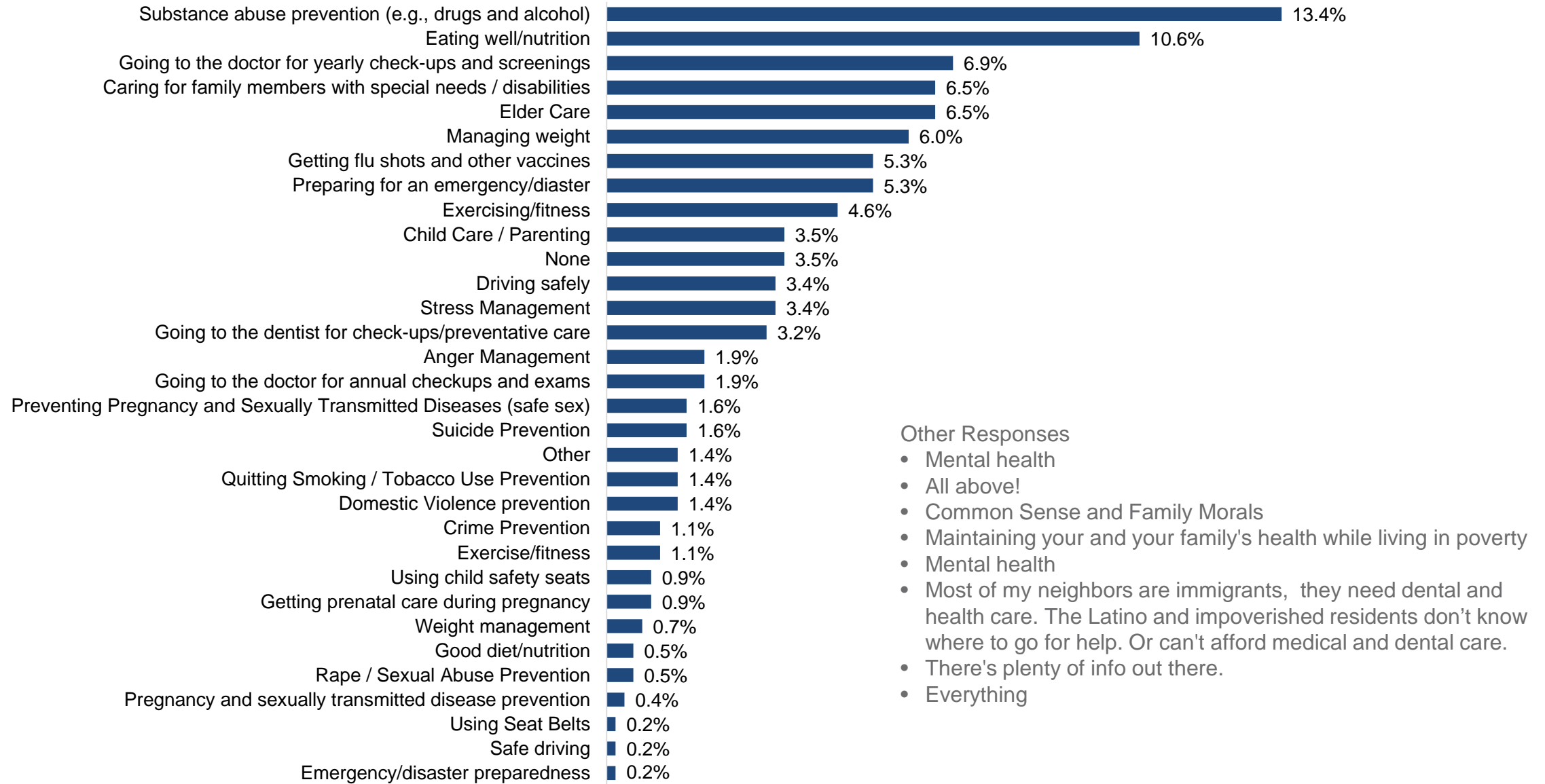
- Child

# Q8 In your opinion, which one of the following services needs the most improvement in your neighborhood or community?

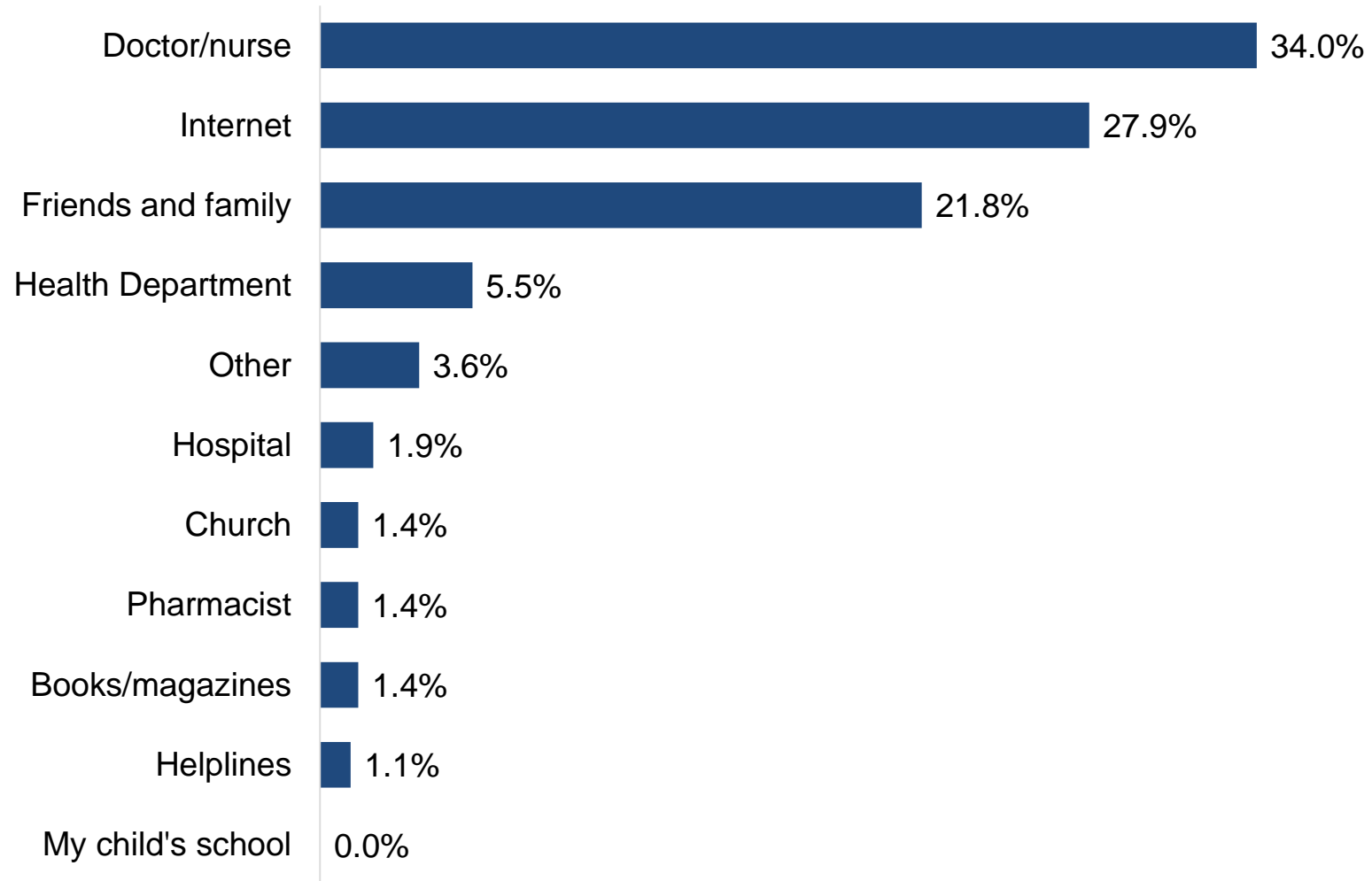




# Q9. In your opinion, which one health behavior do people in your own community need more information about?



# Q10. Where do you get most of your health -related information?



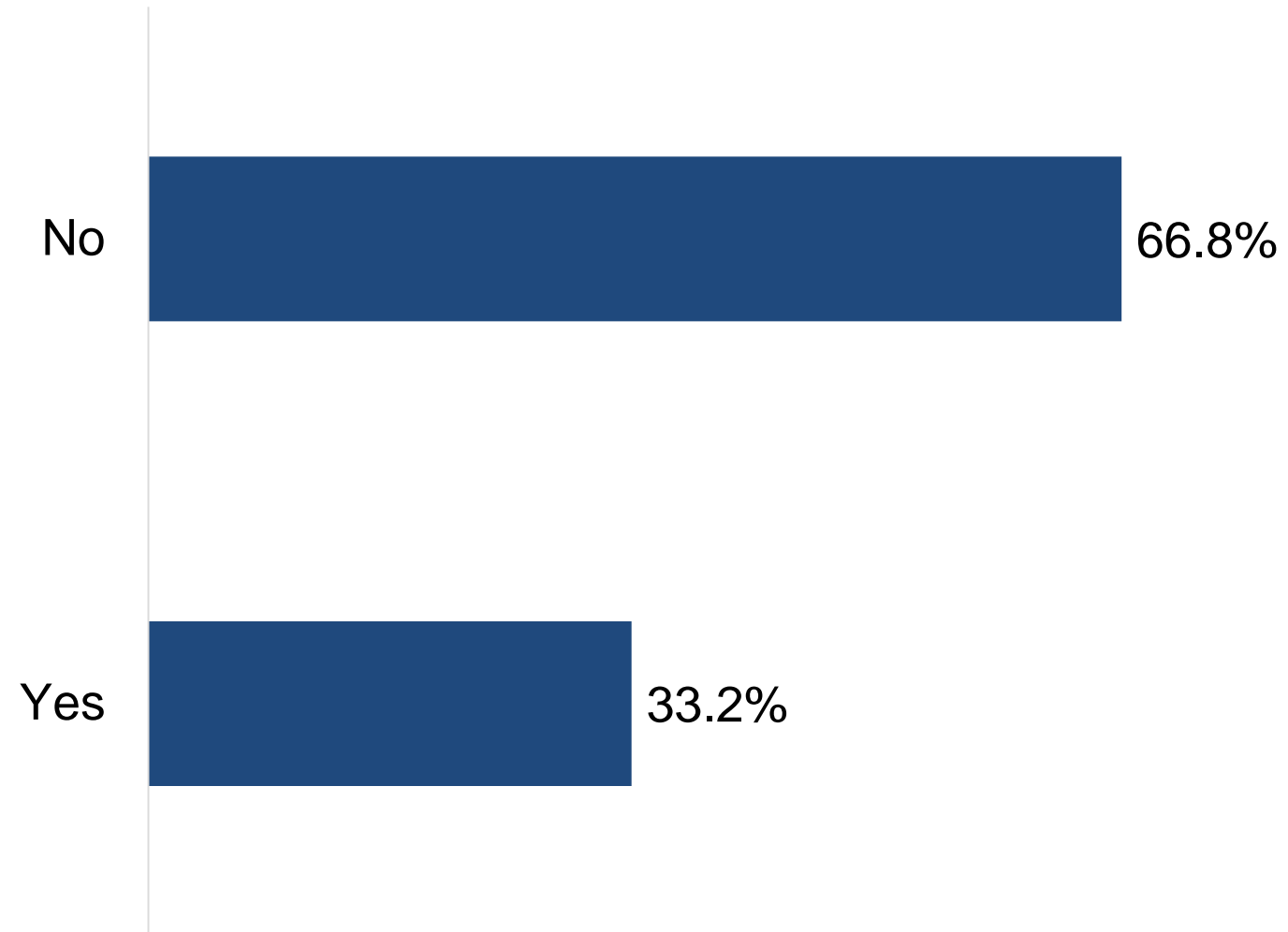


# Q11. What health topics(s)/ disease(s) would you like to learn more about?

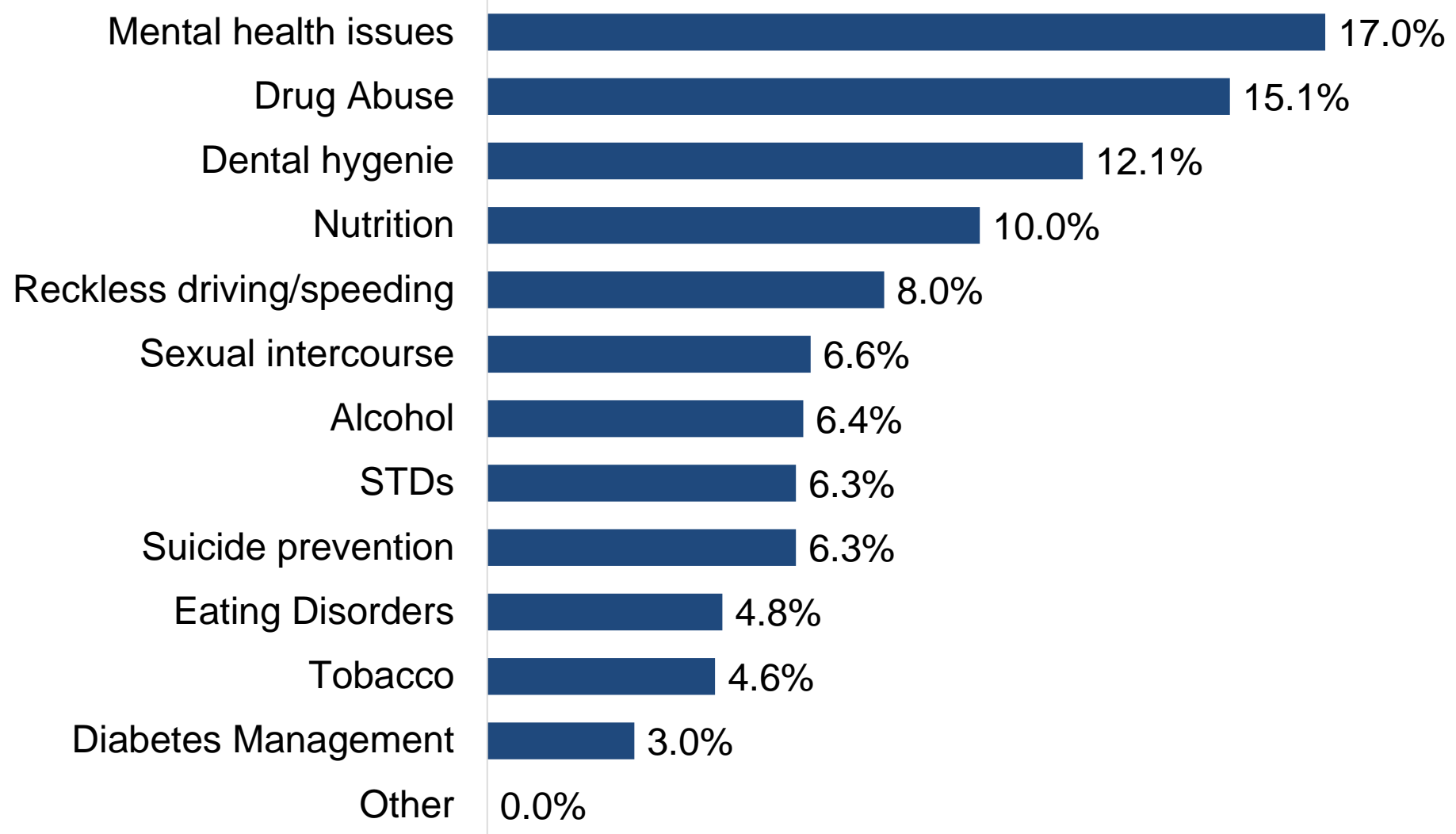
Topic	Mentions
<b>Mental/behavioral health</b>	<b>18</b>
<b>Diabetes/Prevention/Type 1</b>	<b>17</b>
<b>Weight loss/obesity</b>	<b>14</b>
Dementia/Alzheimer's Disease	9
Cancer/Preventing cancer	9
Nutrition/Healthy eating	9
Heart disease	8
Depression, anxiety, stress and stress mgt	7
High blood pressure	6
Arthritis	5
COVID/Coronavirus	5
Substance abuse treatment	3
Fitness and exercise	3
Natural and alternative medicines	3

- Asthma 2
- Heart 2
- COPD 2
- Allergies 2
- Aging/elder care 2
- Any affecting Lee County 2
- Children and adults with special needs 2

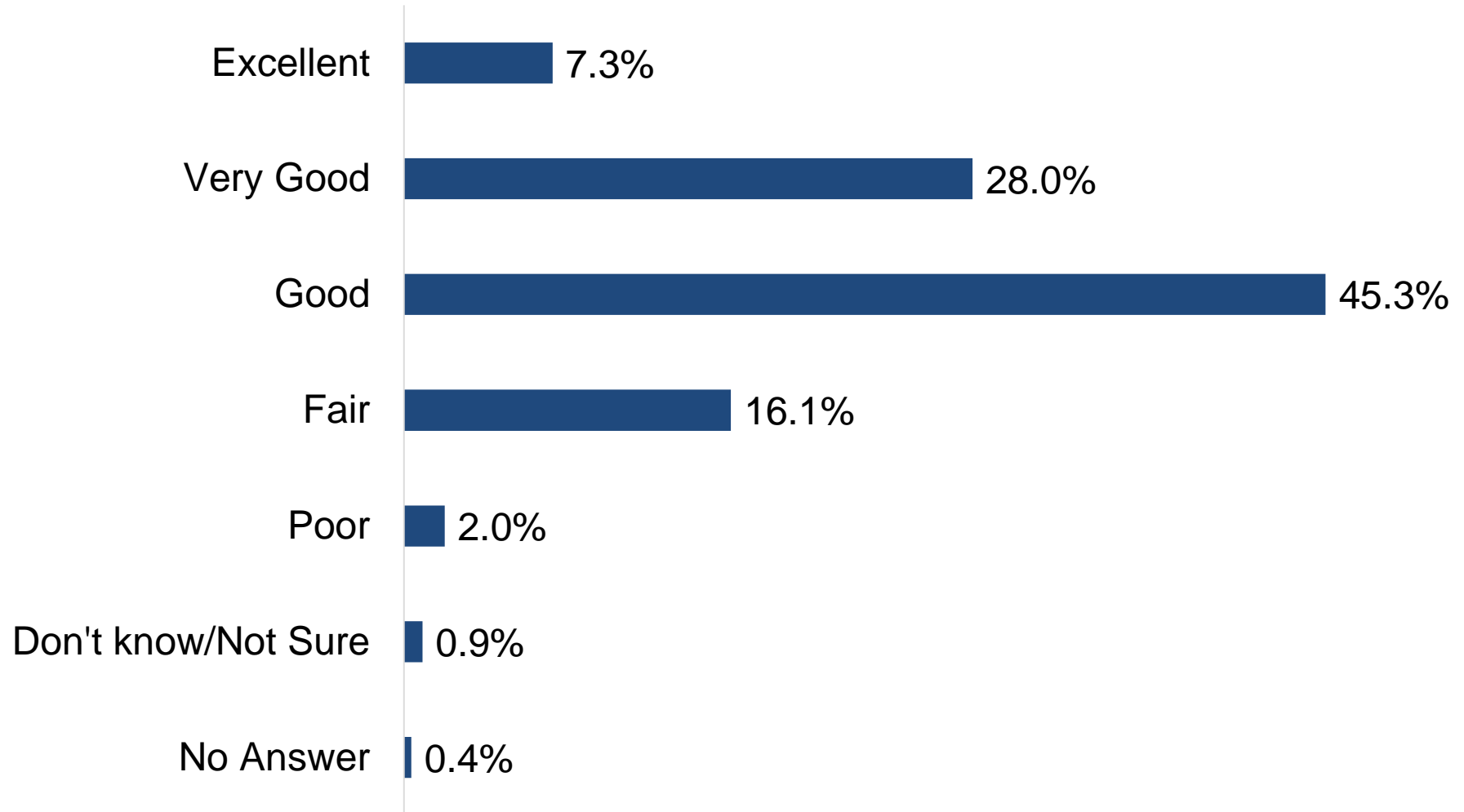
# Q12. Do you have children between the ages of 9 and 19 for which you are the caretaker? (Includes step-children, grandchildren, or other relative)



# Q13. Which of the following health topics do you think your child/children need(s) more information about?

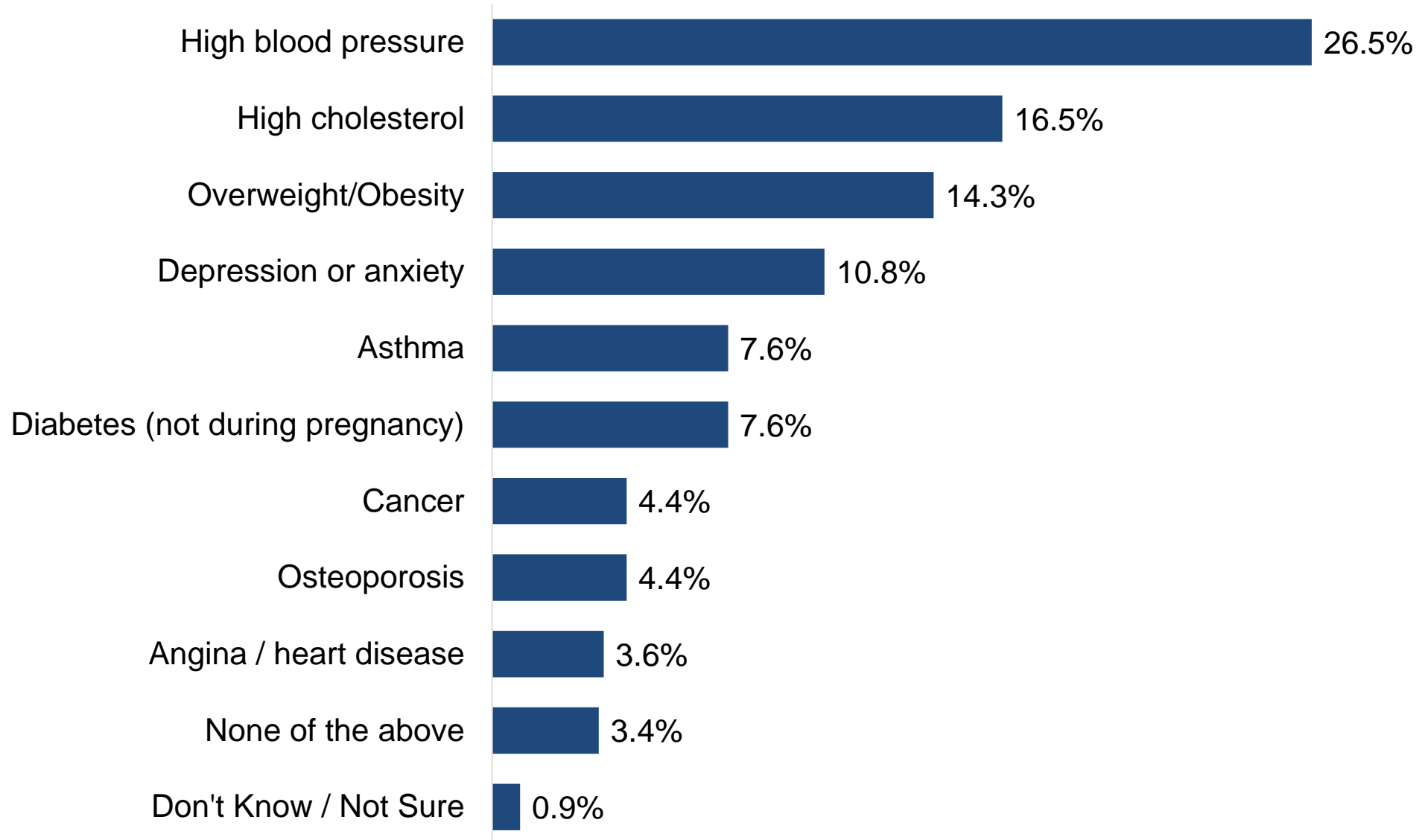


# Q14. Would you say that, in general your health is....

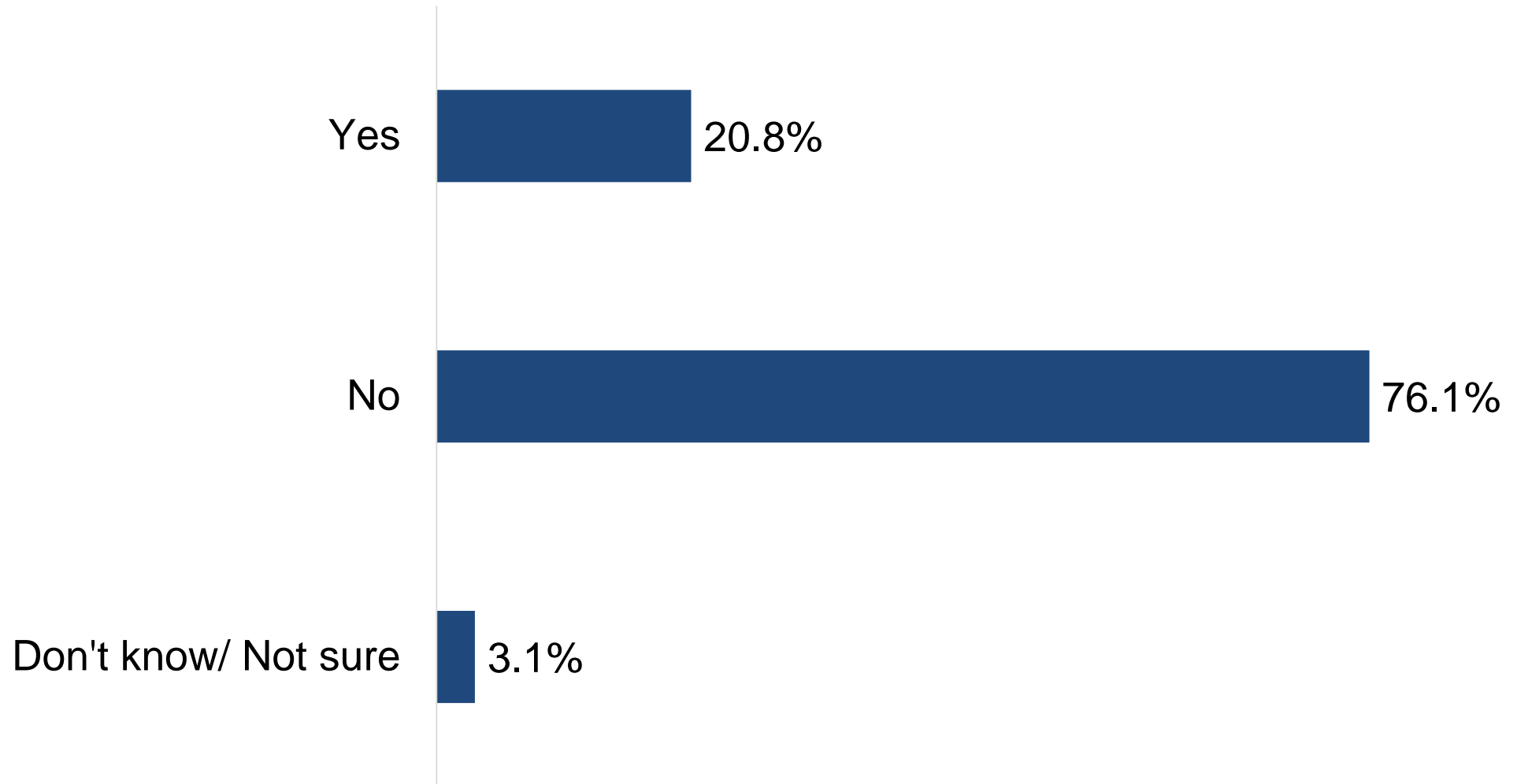




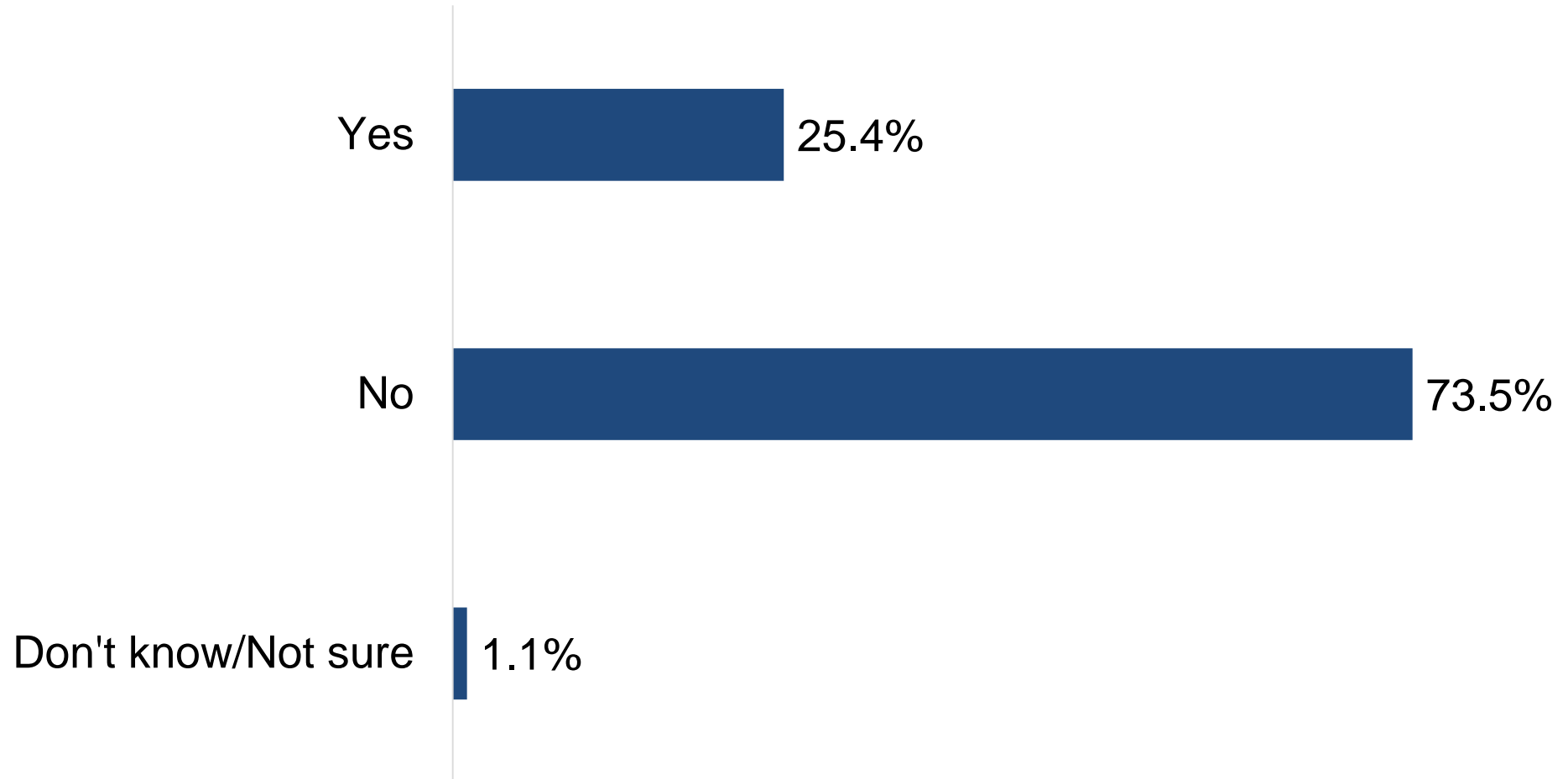
# Q15. Have you ever been told by a doctor, nurse, other health professional that you have any of the following health conditions?



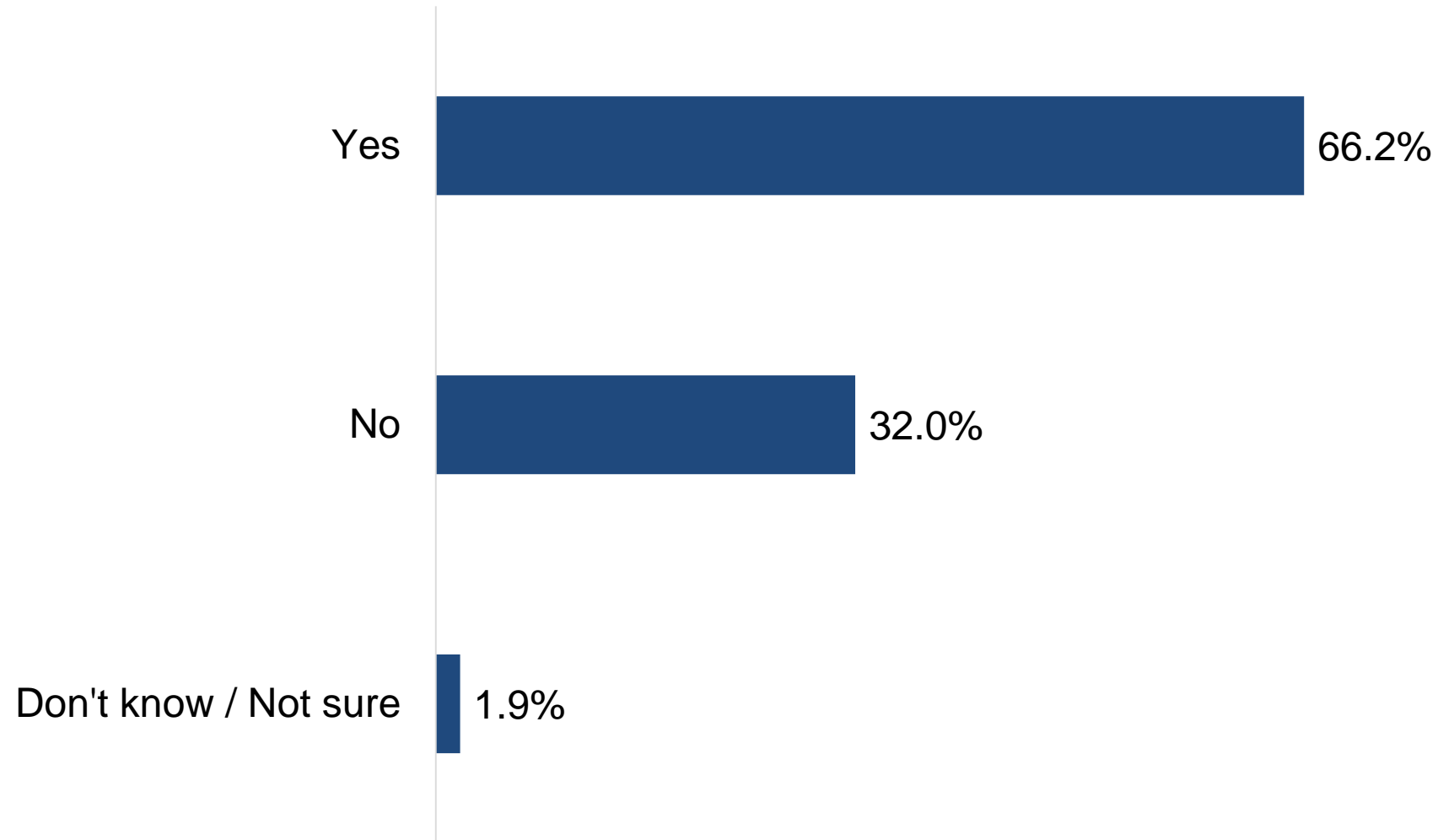
# Q16. In the past 30 days, have there been any days when feeling sad or worried keeping you from going about your normal business?



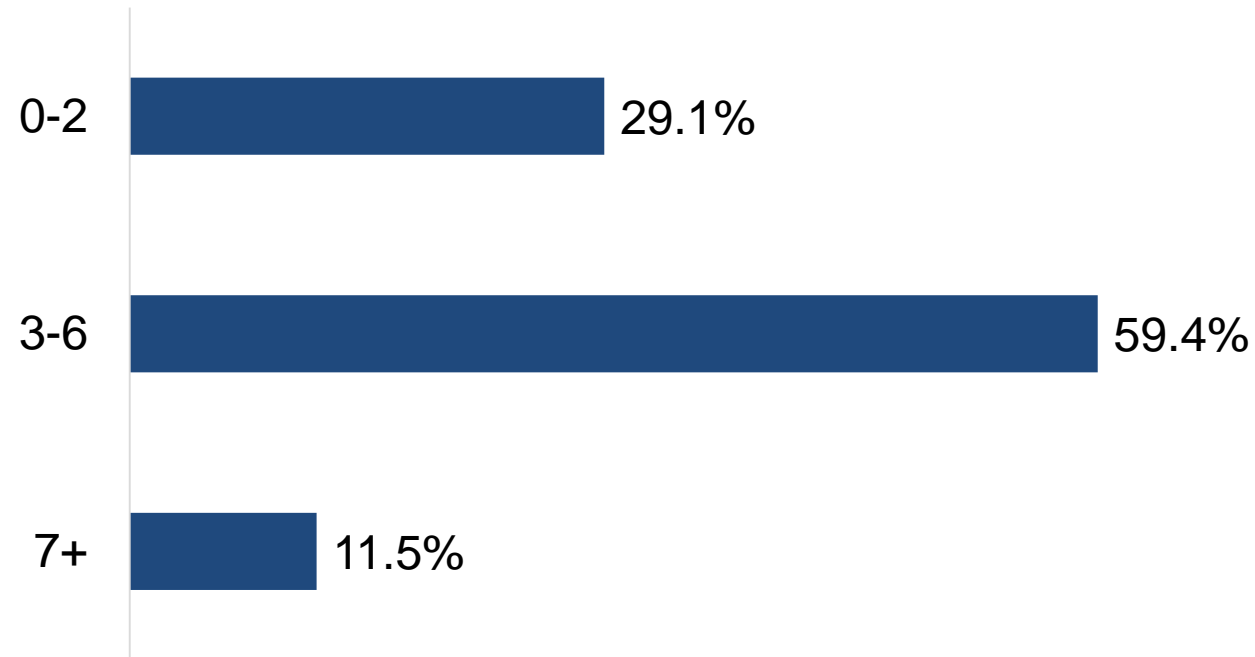
Q17. In the past 30 days, have you had any physical pain or health problems that made it hard for you to do your usual activities such as driving, working around the house, or going to work



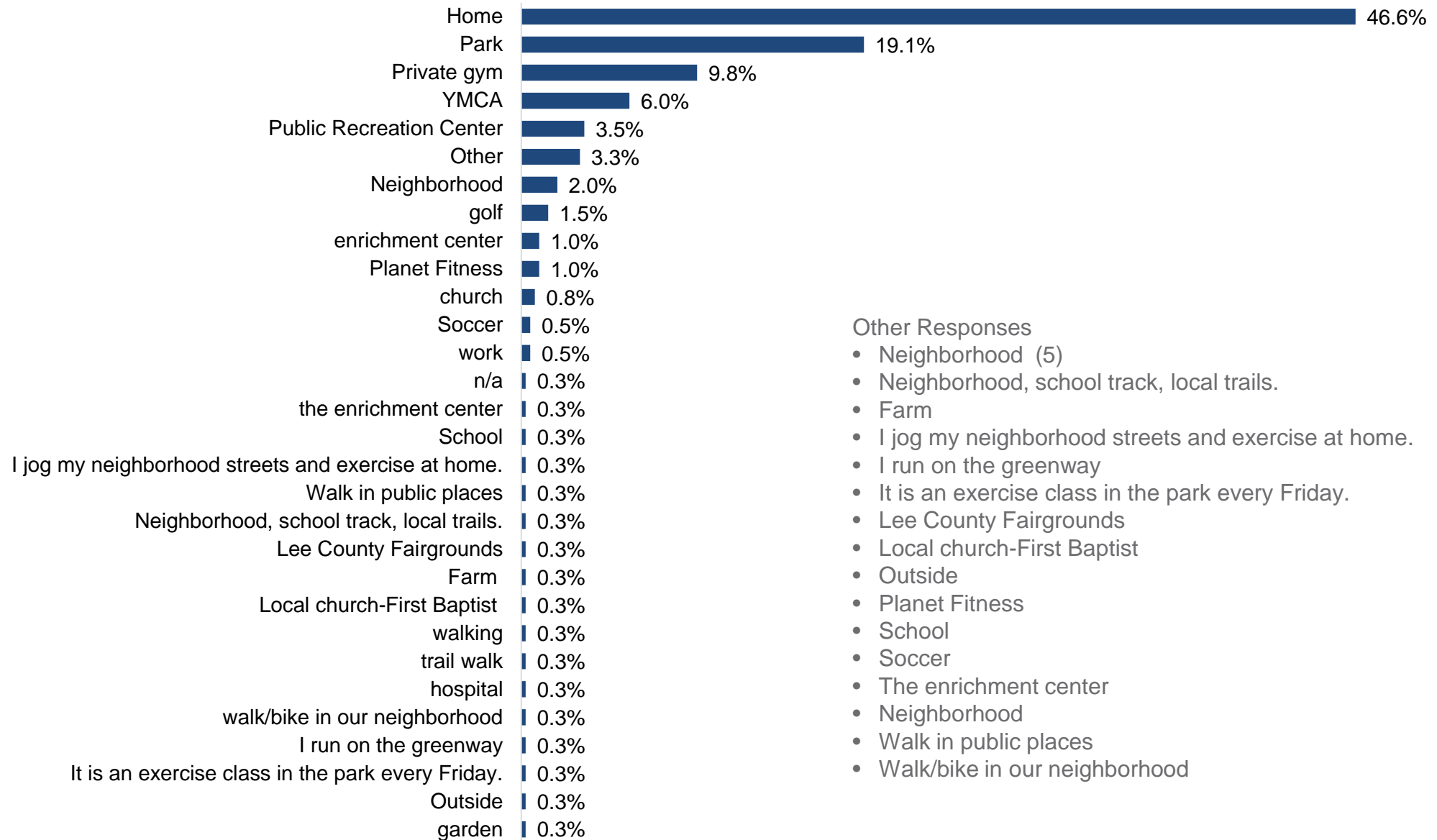
# Q18. During a normal week, other than in your regular job, do you engage in any physical activity or exercise that lasts at least a half an hour?



# Q19. Since you said yes, how many times do you exercise or engage in physical activity during a normal week?



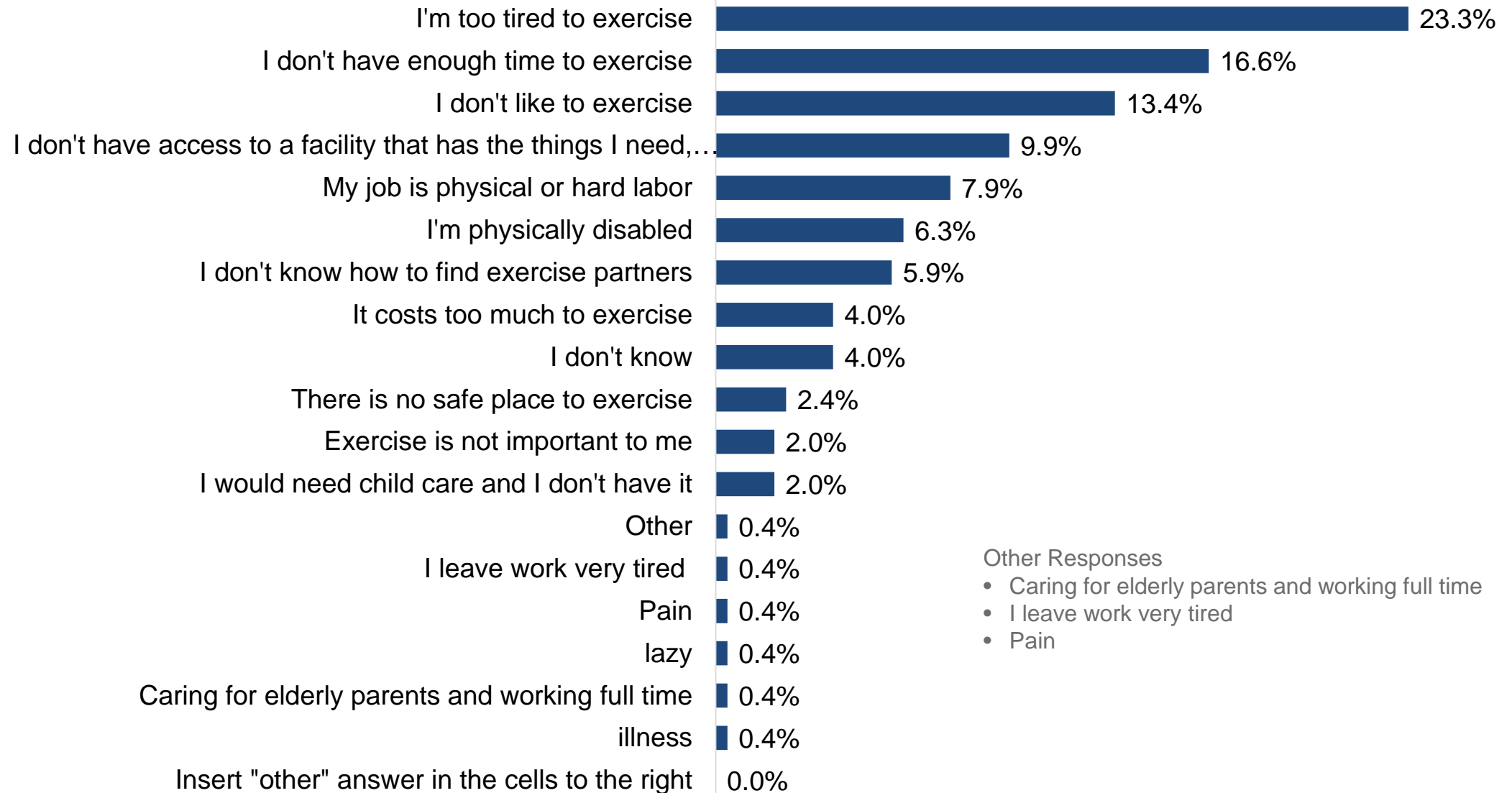
# Q20. Where do you go to exercise or engage in physical activity? check all that apply



- Other Responses
- Neighborhood (5)
  - Neighborhood, school track, local trails.
  - Farm
  - I jog my neighborhood streets and exercise at home.
  - I run on the greenway
  - It is an exercise class in the park every Friday.
  - Lee County Fairgrounds
  - Local church-First Baptist
  - Outside
  - Planet Fitness
  - School
  - Soccer
  - The enrichment center
  - Neighborhood
  - Walk in public places
  - Walk/bike in our neighborhood



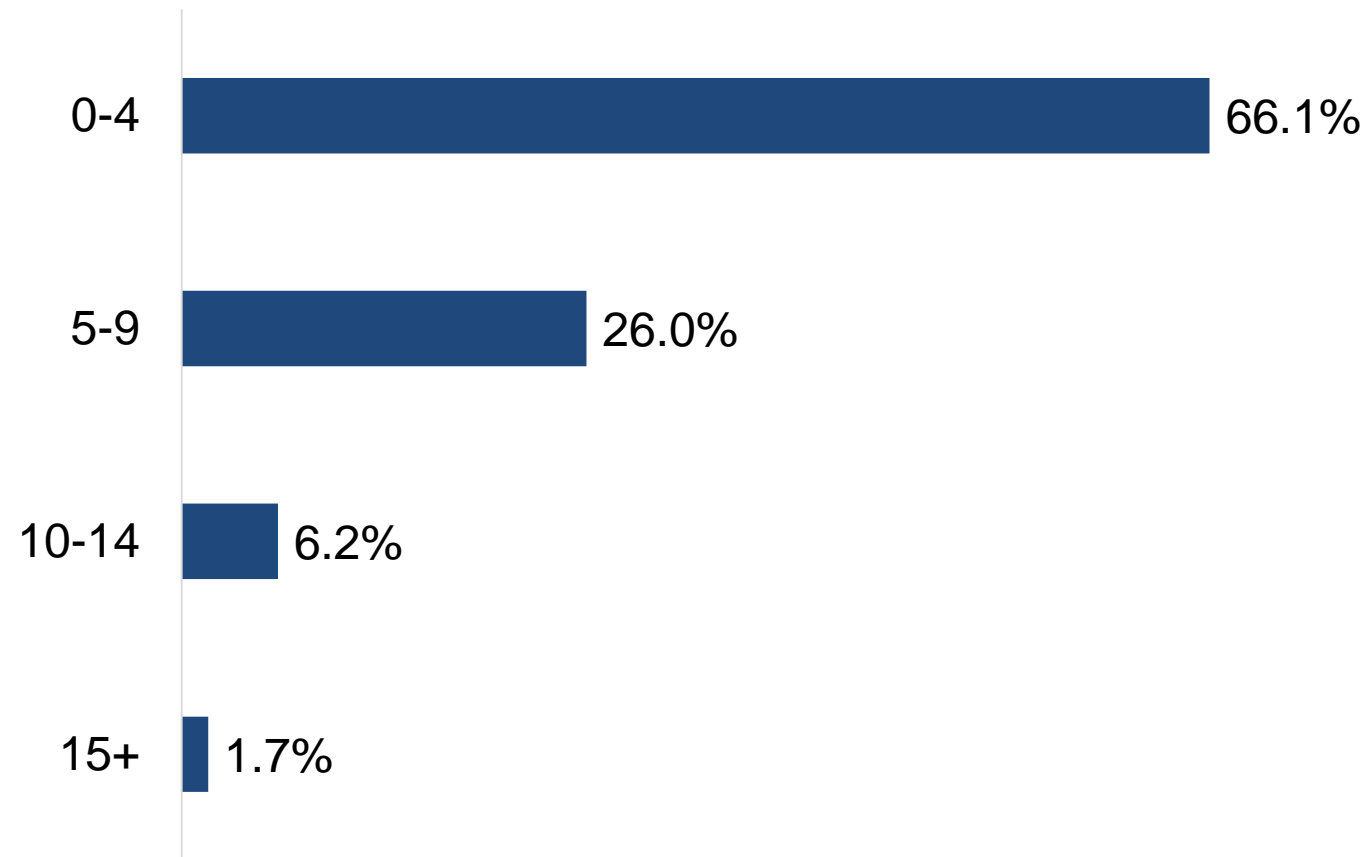
# Q21. Since you said "no", what are the reasons you do not exercise for least a half hour during a normal week? Check all that apply



### Other Responses

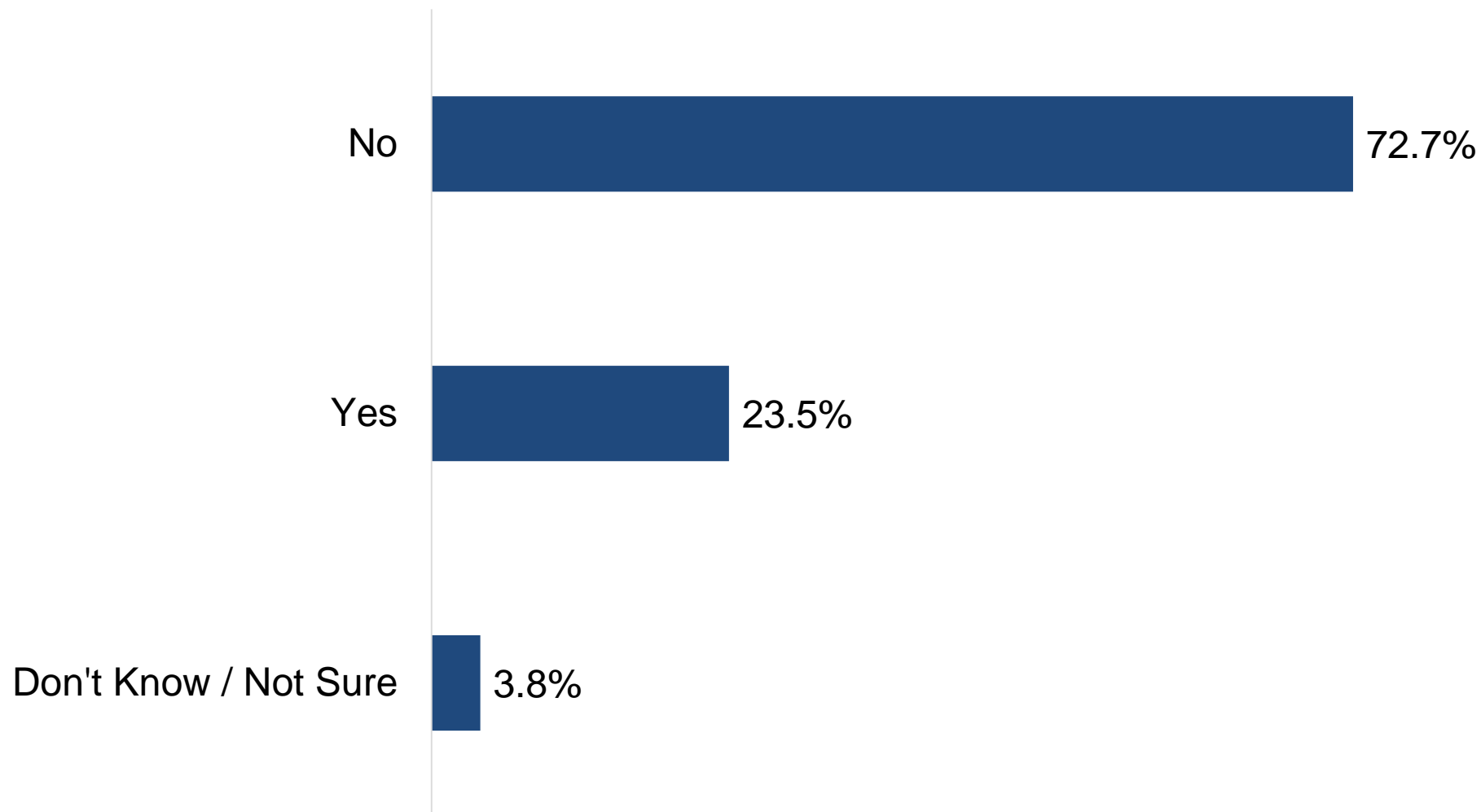
- Caring for elderly parents and working full time
- I leave work very tired
- Pain

# Q22. How many cups per week of fruits, vegetables, and 100% fruit juice would you say you eat?

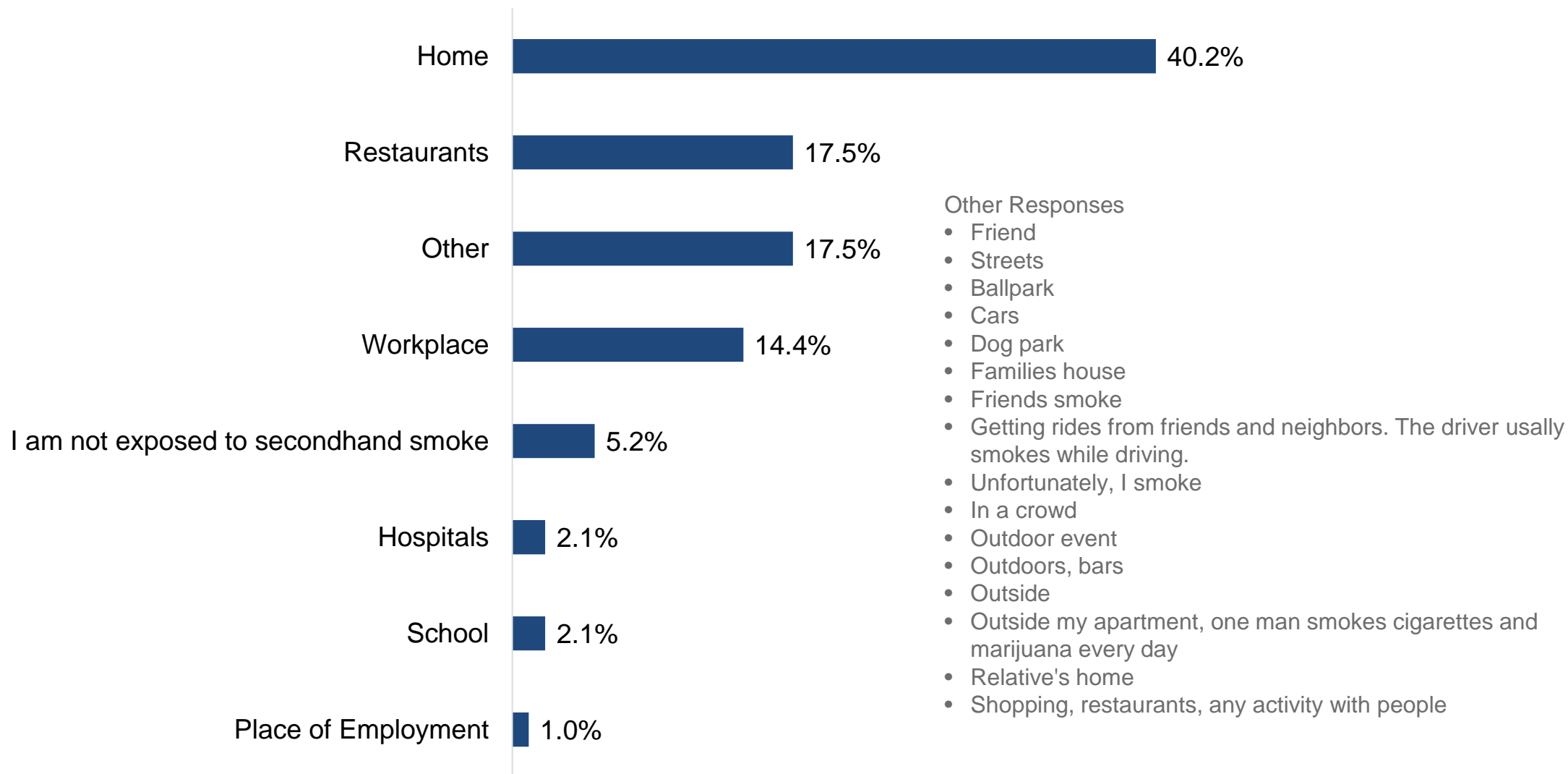




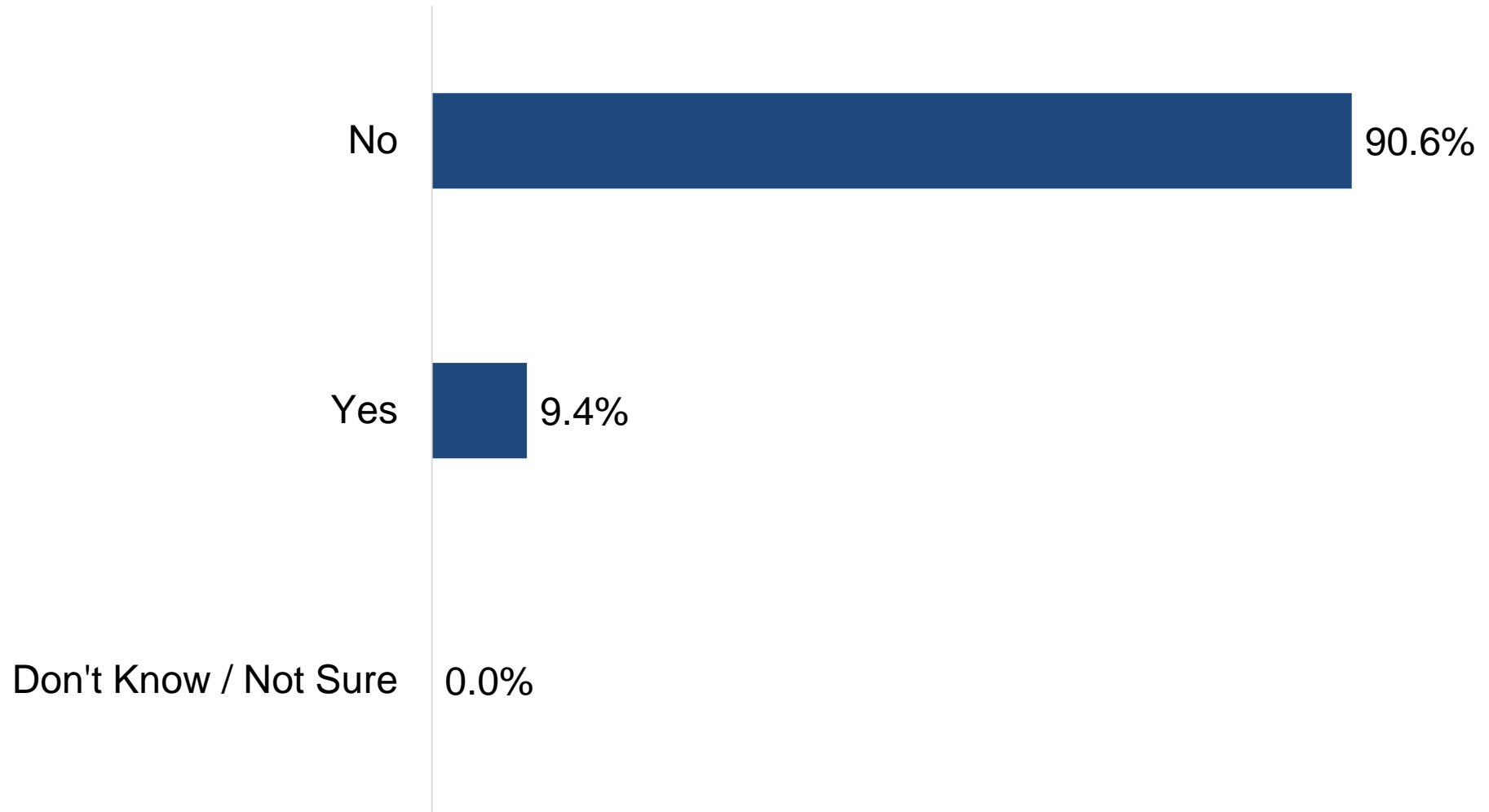
## Q23. Have you been exposed to secondhand smoke in the past year?



# Q24. If yes, where do you think you are exposed to secondhand smoke most often?

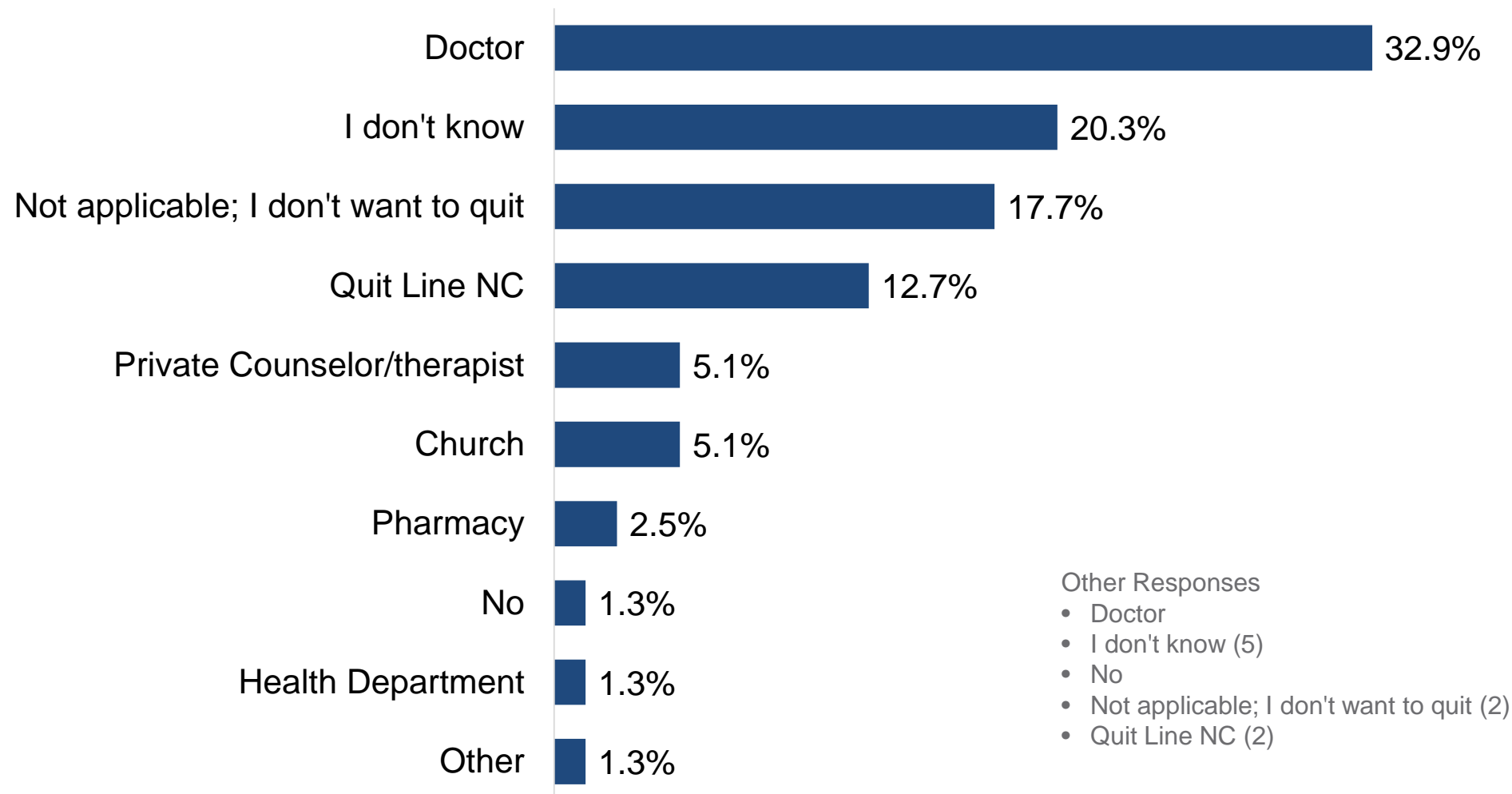


## Q25. Do you currently smoke? (Include regular smoking in social settings)



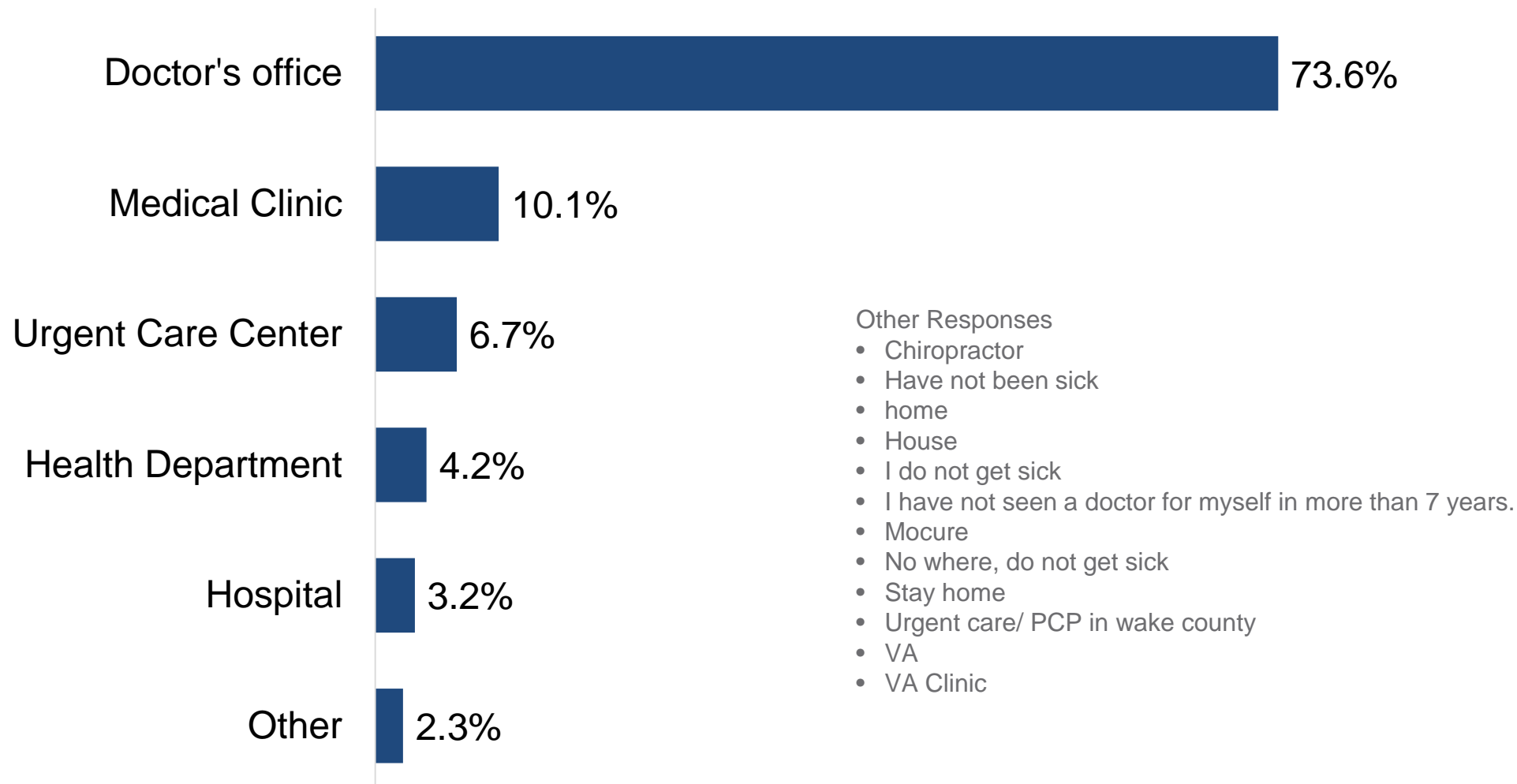


## Q26. If yes, where would you go for help if you wanted to quit?

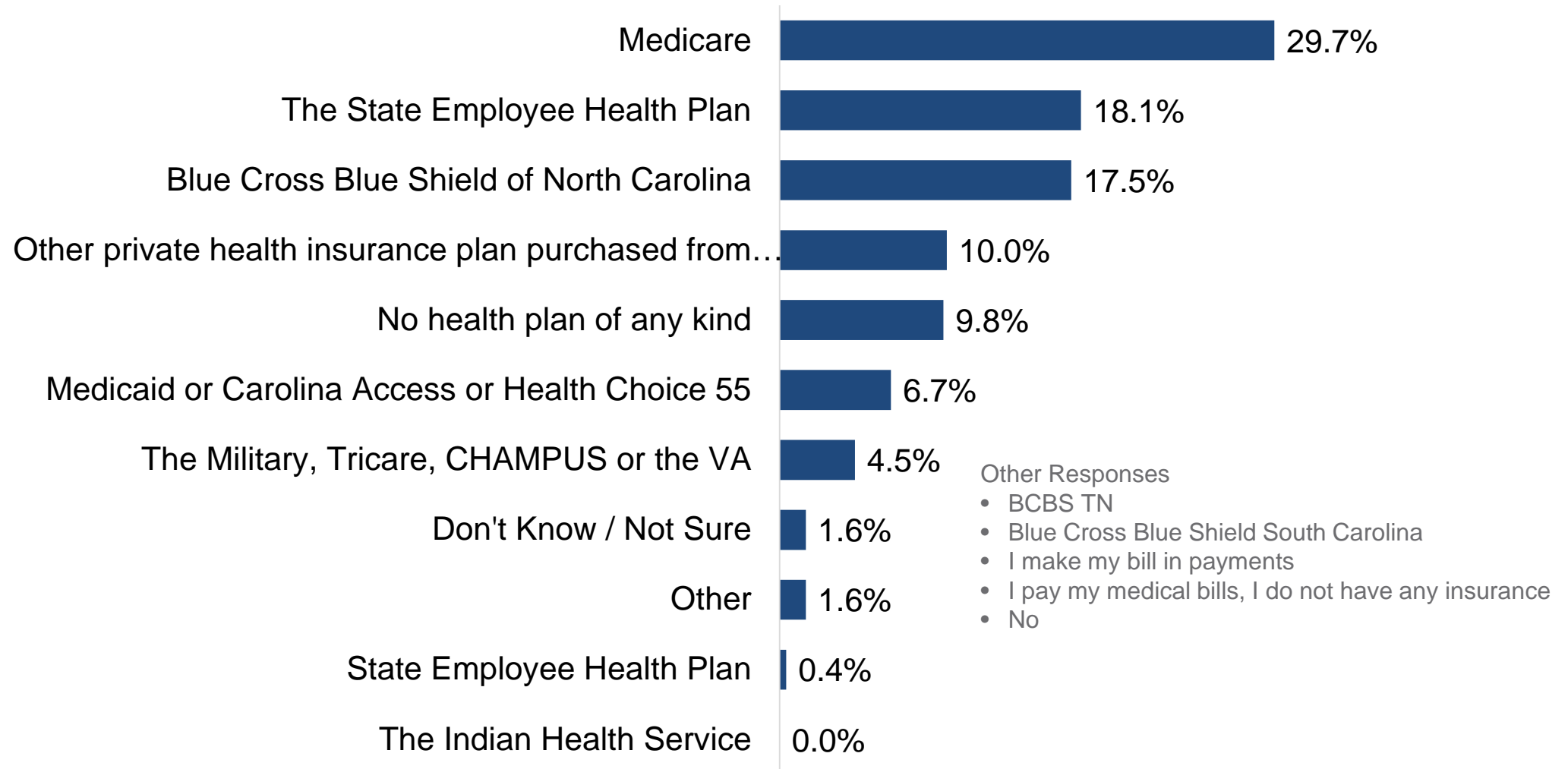




## Q27. Where do you go most often when you are sick?

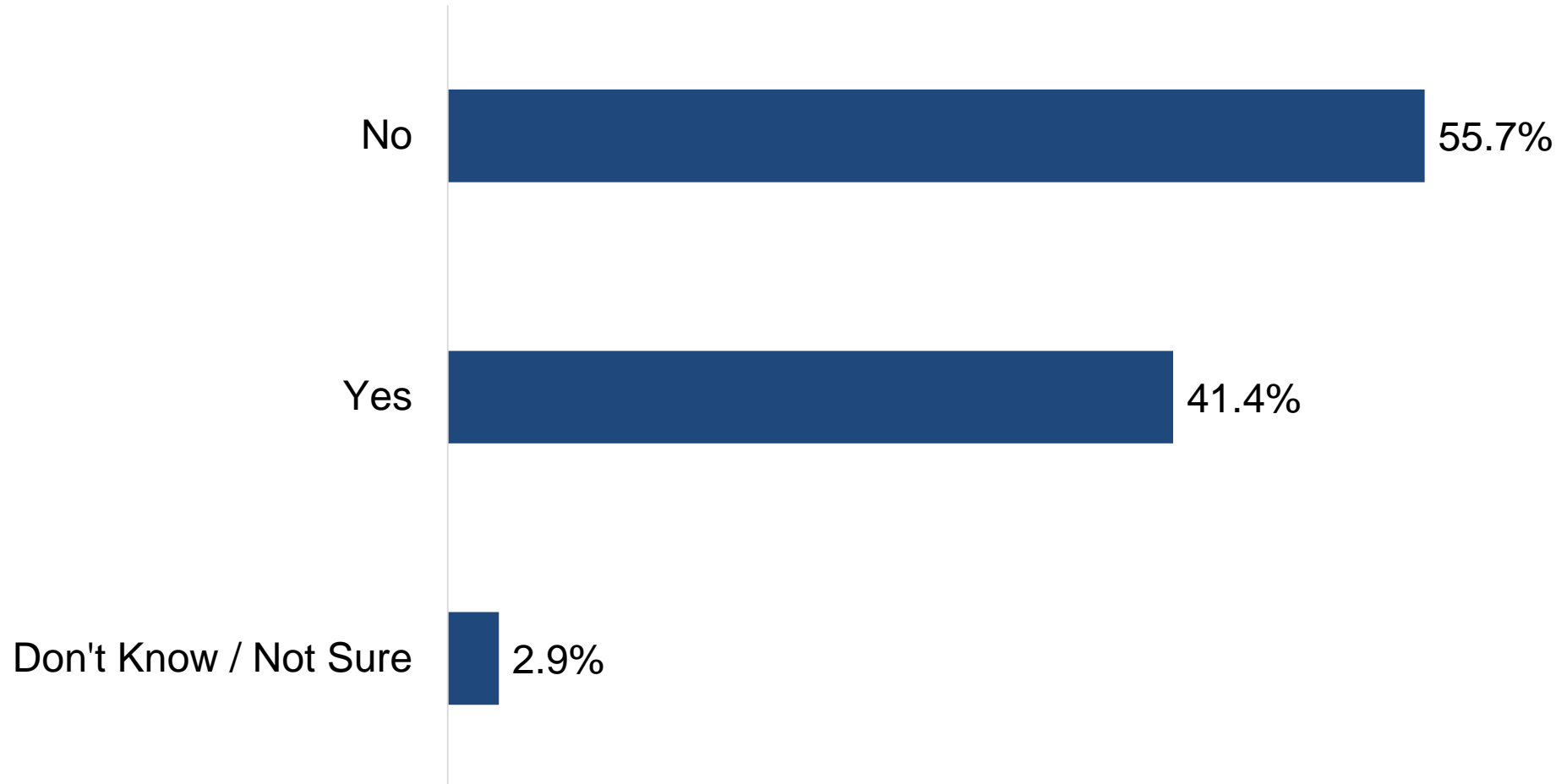


# Q28. What is your primary health insurance plan? This is the plan which pays the medical bills first or pays most of the medical bills?

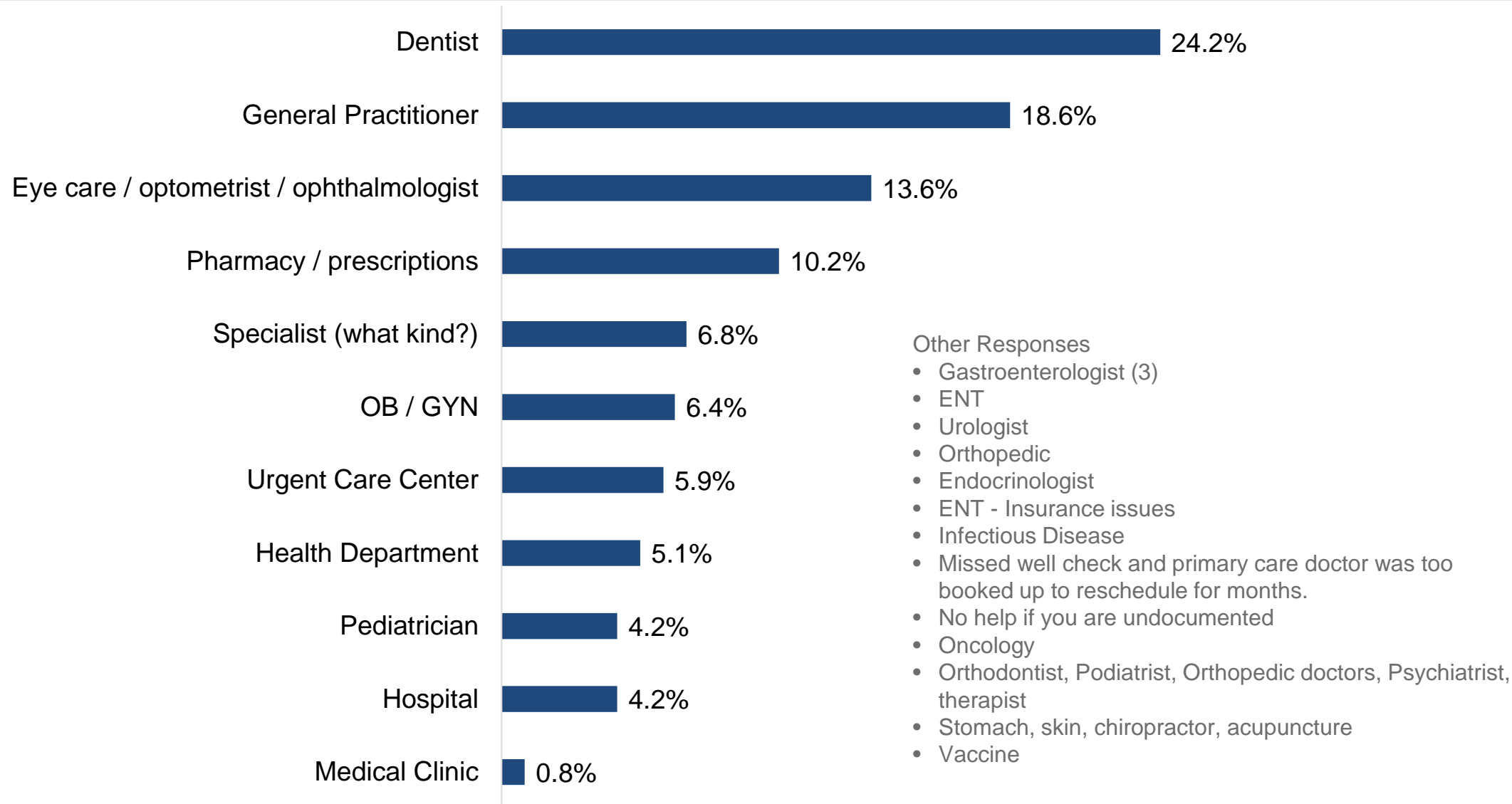


N=508 Q28. What is your primary health insurance plan? This is the plan which pays the medical bills first or pays most of the medical bills? [Note: The State Employee Health Plan is also called the "North Carolina Teacher's and Employee Health Plan." Medicare is a federal health insurance program for people 65 and older or some younger people with disabilities. Medicaid is a state health insurance program for families and individuals with limited financial resources or special circumstances.]

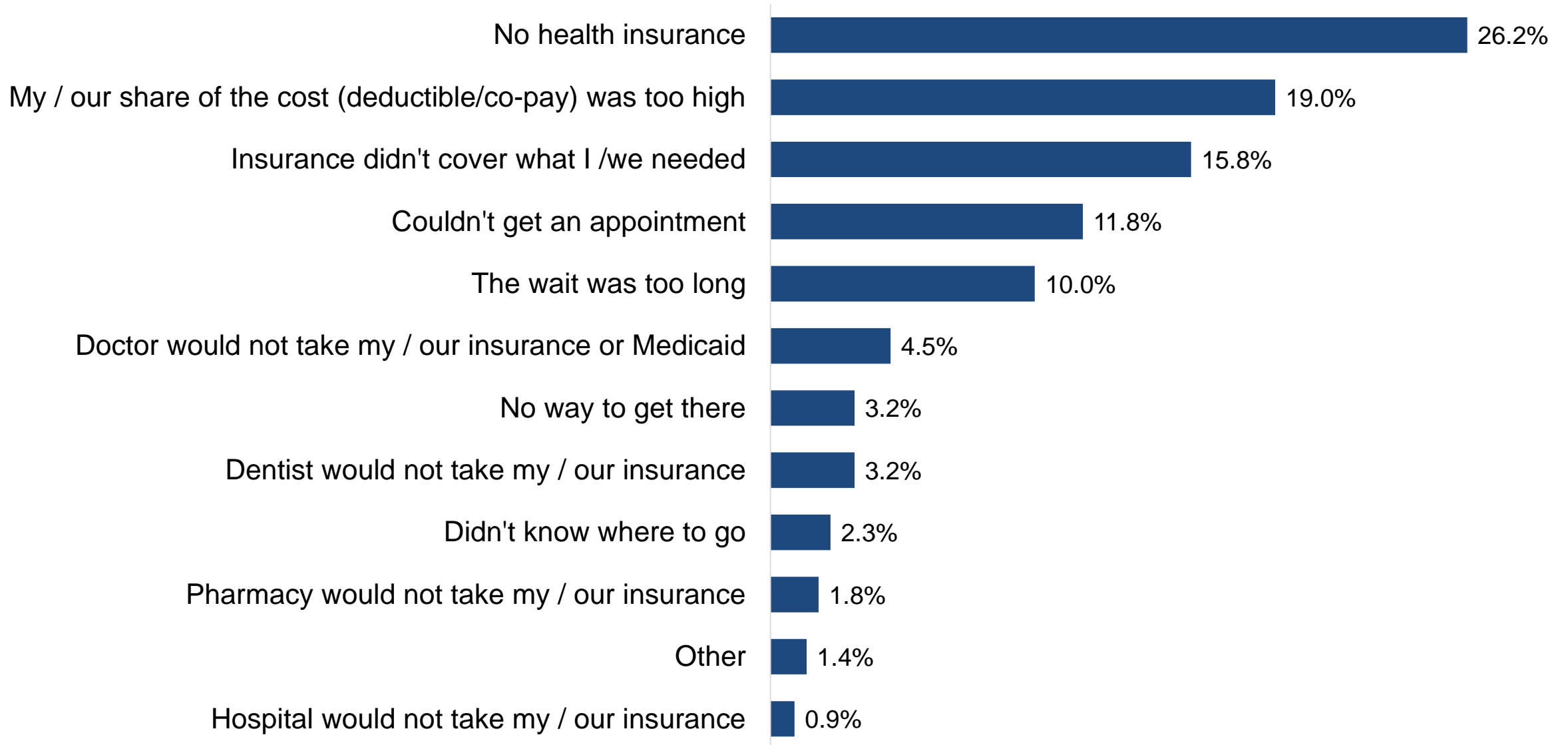
Q29. In the past 12 months, did you have a problem getting the health care you needed for you personally or for a family member from any type of health care provider, dentist, pharmacy, or other facility?



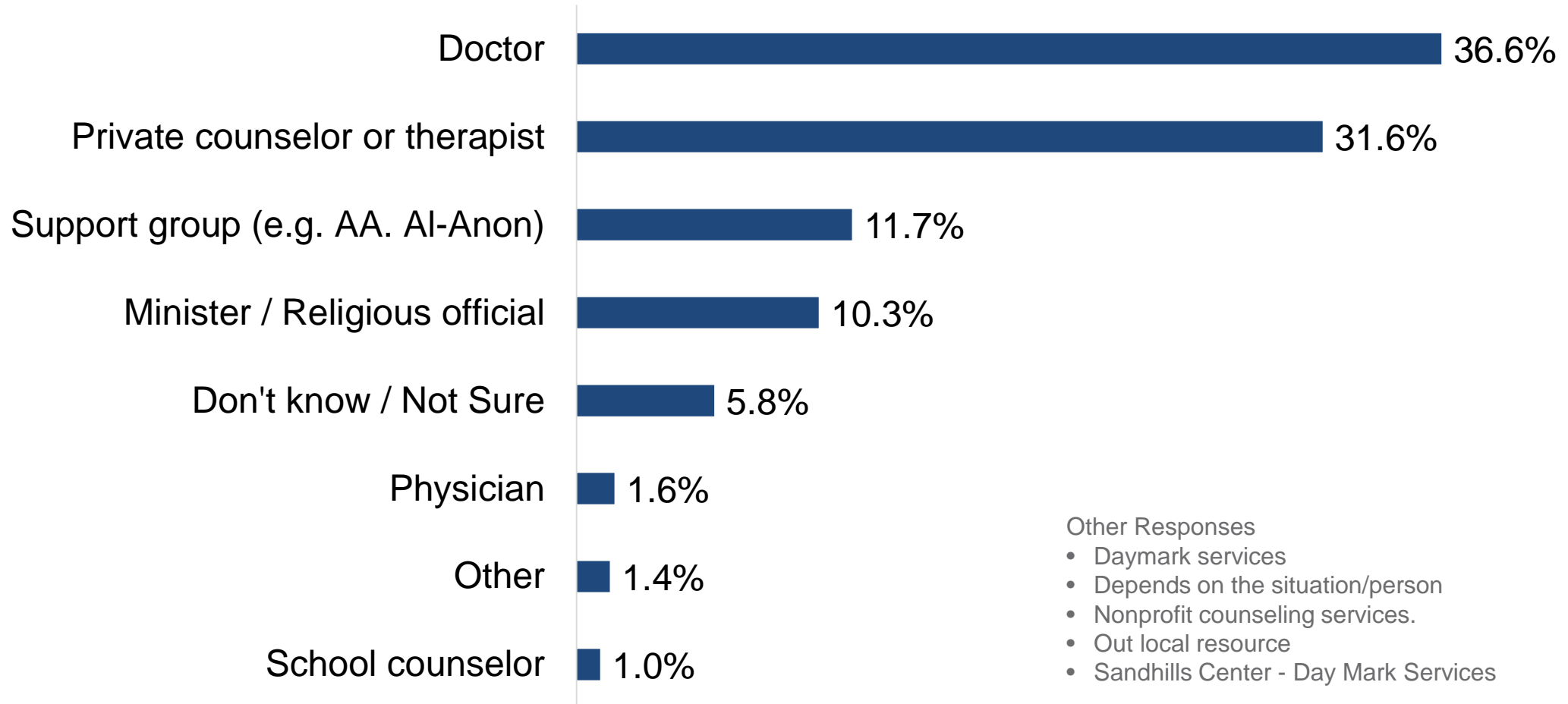
# Q30. Since you said "yes", what type of provider or facility did you or your family member have trouble getting health care from?



# Q31. Which of these problems prevented you or your family member from getting the necessary health care?

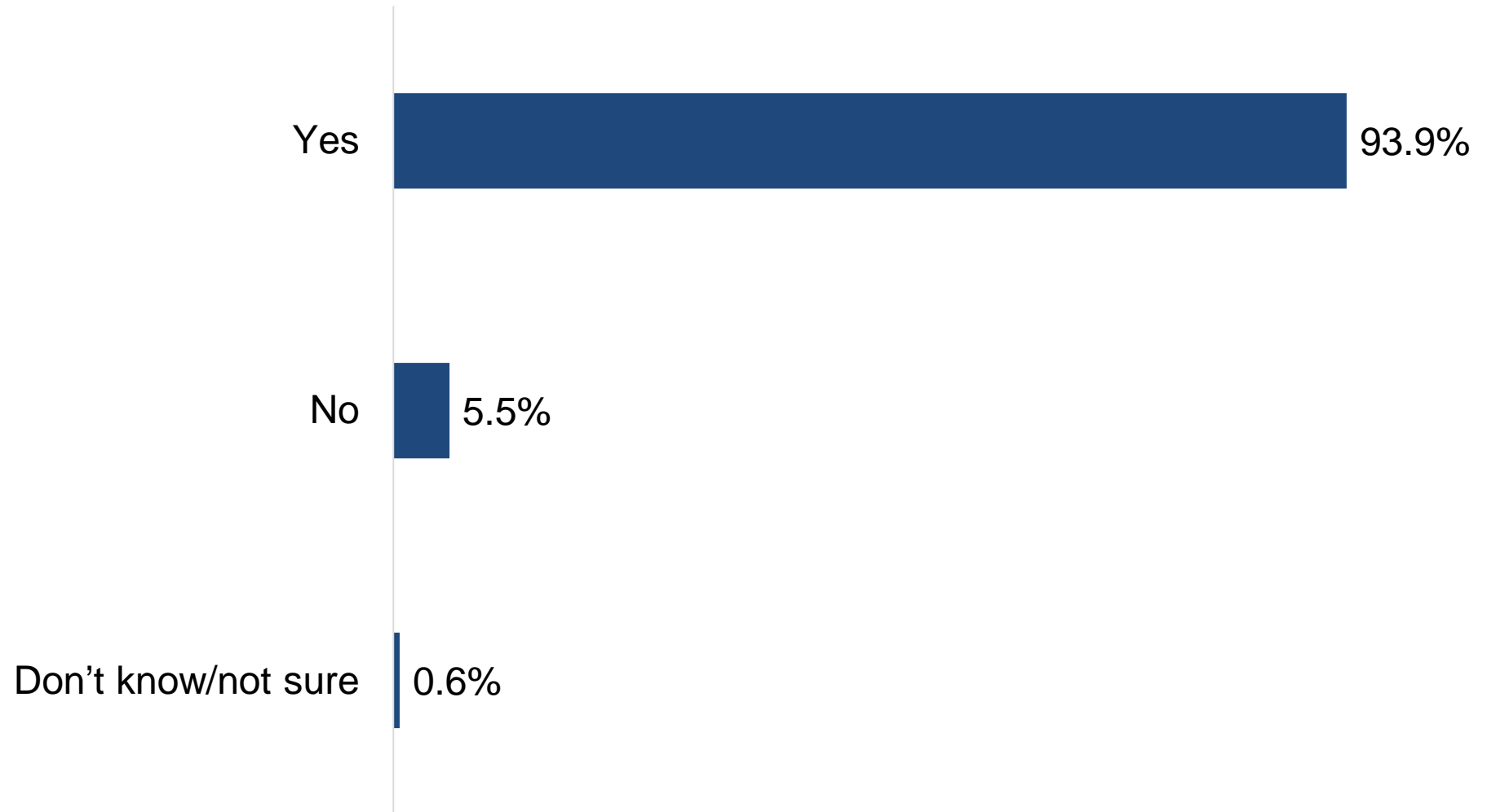


# Q32. If a friend or family member needed counseling for a mental health or drug / alcohol abuse problem, who is the first person you would tell them to talk to?



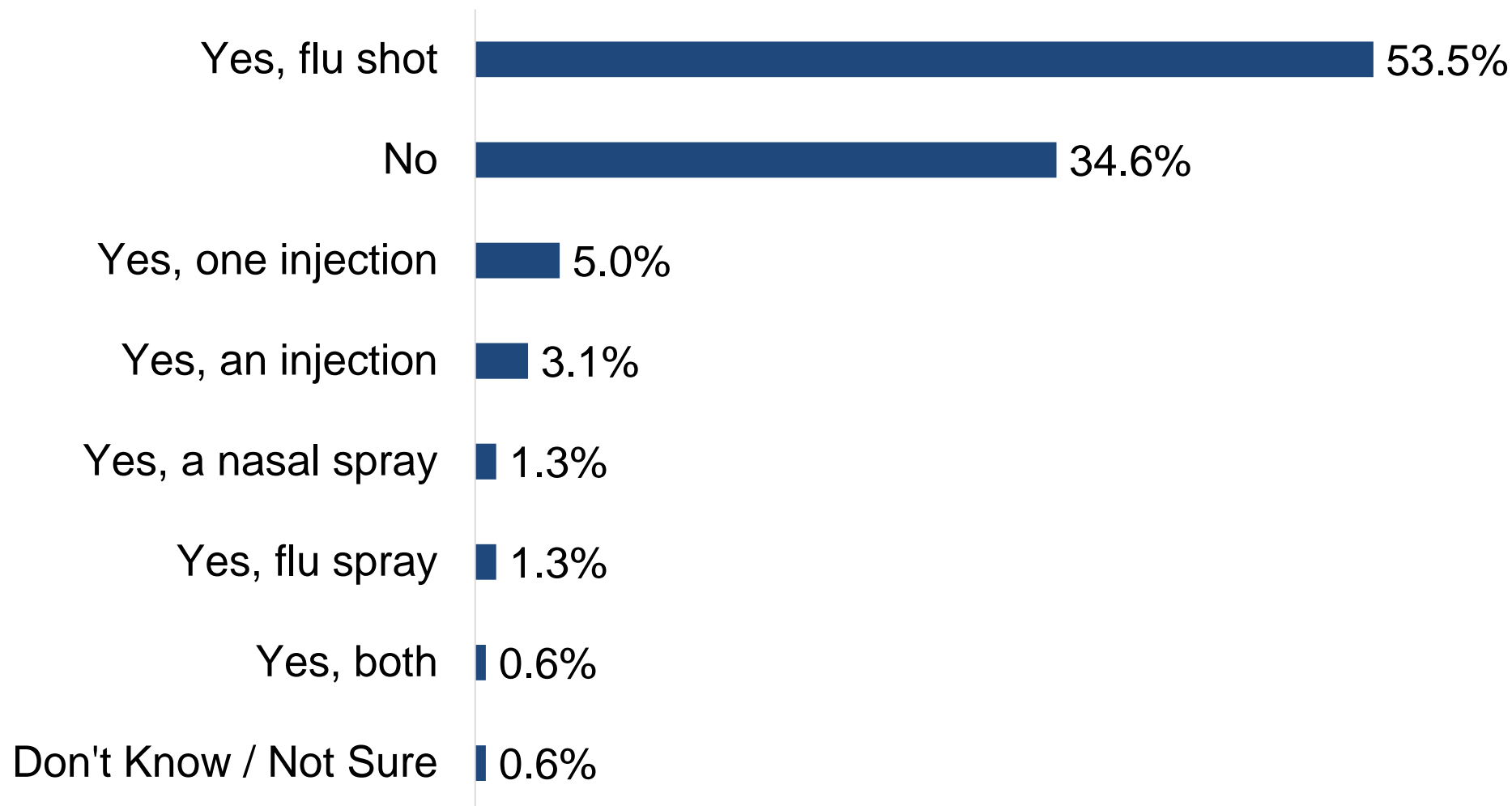


# Q47. Do you have access to the internet?





## Q50. During the past 12 months, have you had a seasonal flu vaccine?





# Health of the Community

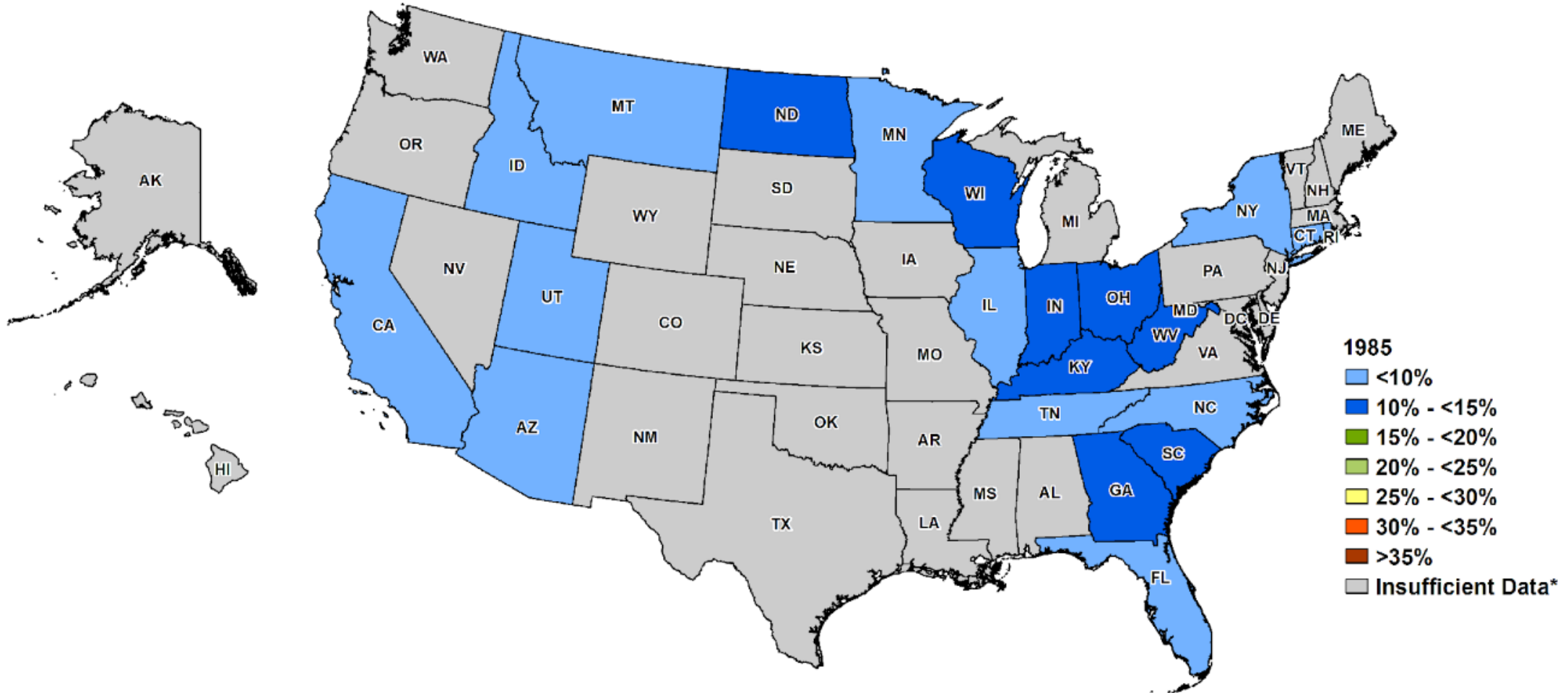
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*Lee County, NC CHNA*

# Obesity Trends Among U.S. Adults 1985

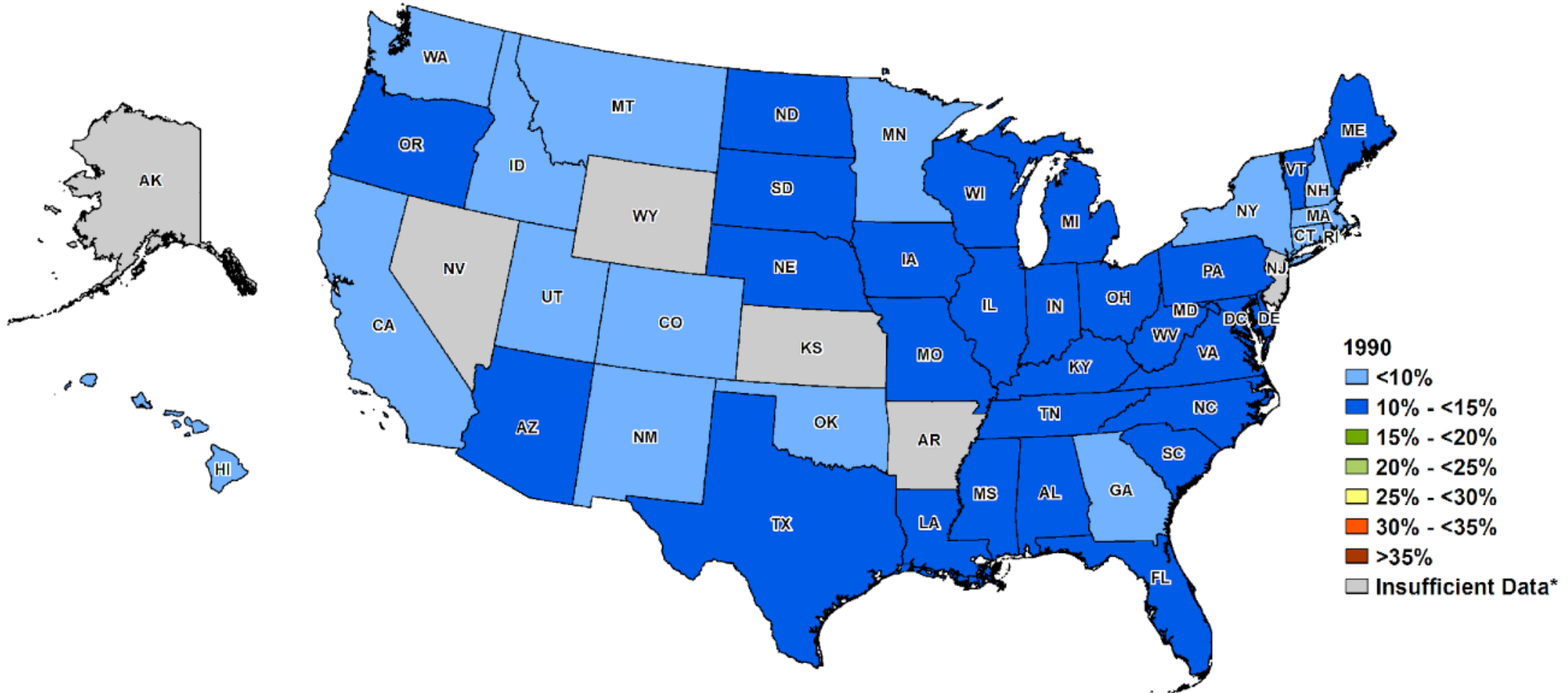


\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman



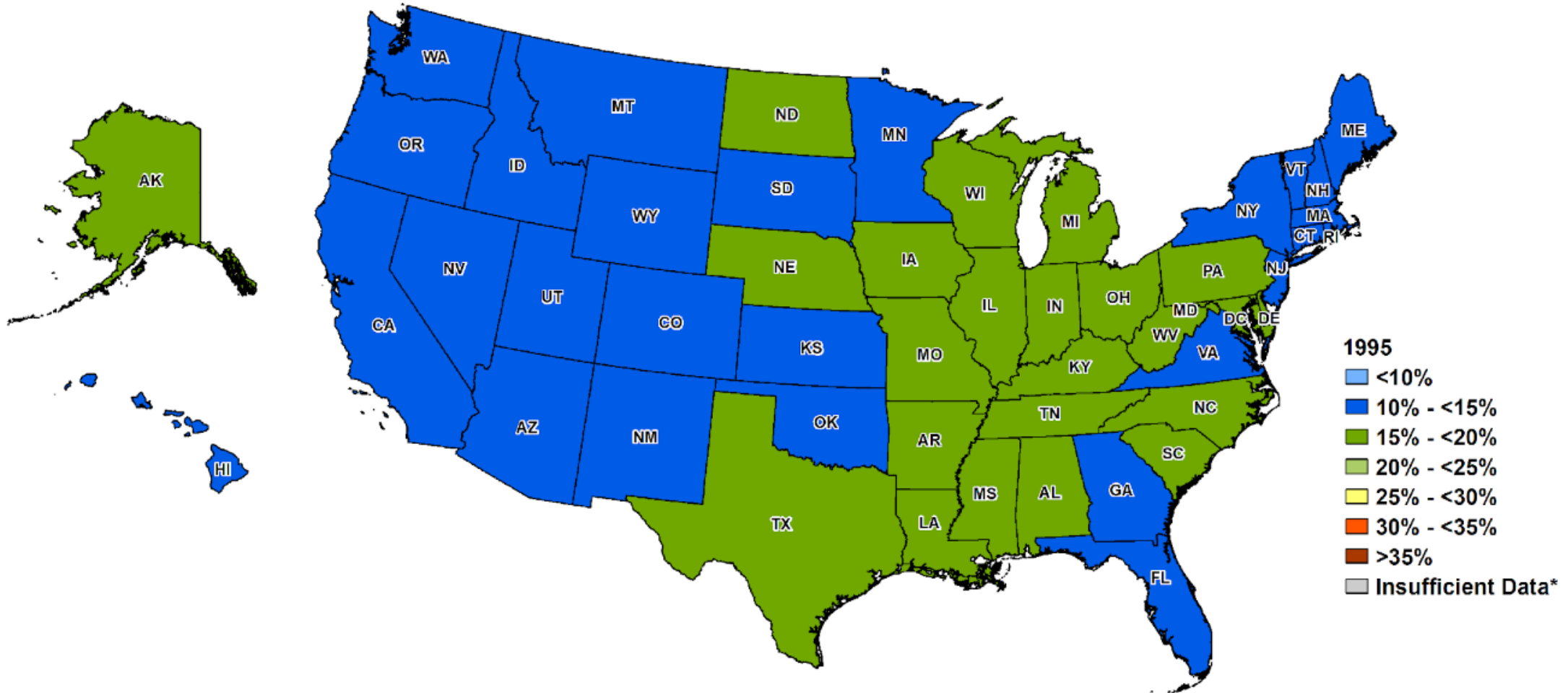
# Obesity Trends Among U.S. Adults 1990

\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman



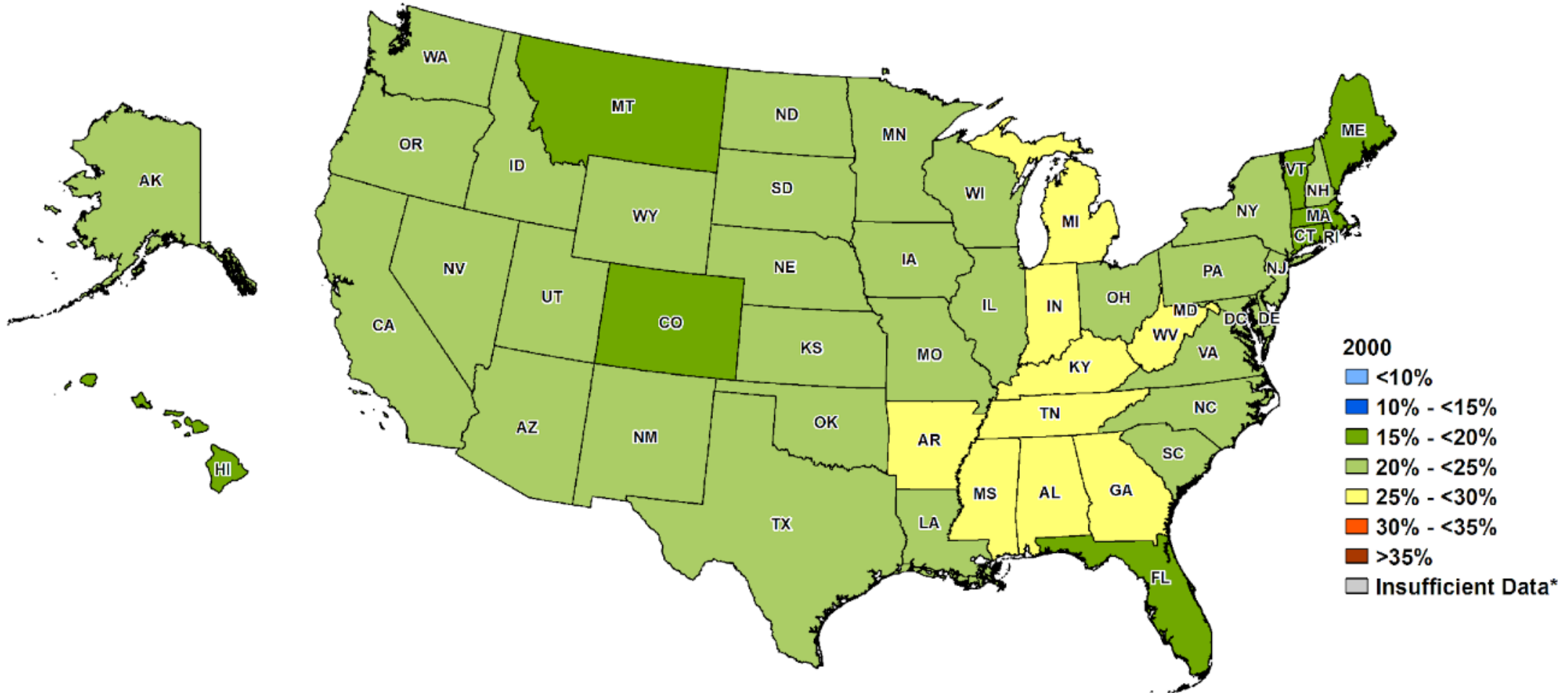
# Obesity Trends Among U.S. Adults 1995

\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman



# Obesity Trends Among U.S. Adults 2000

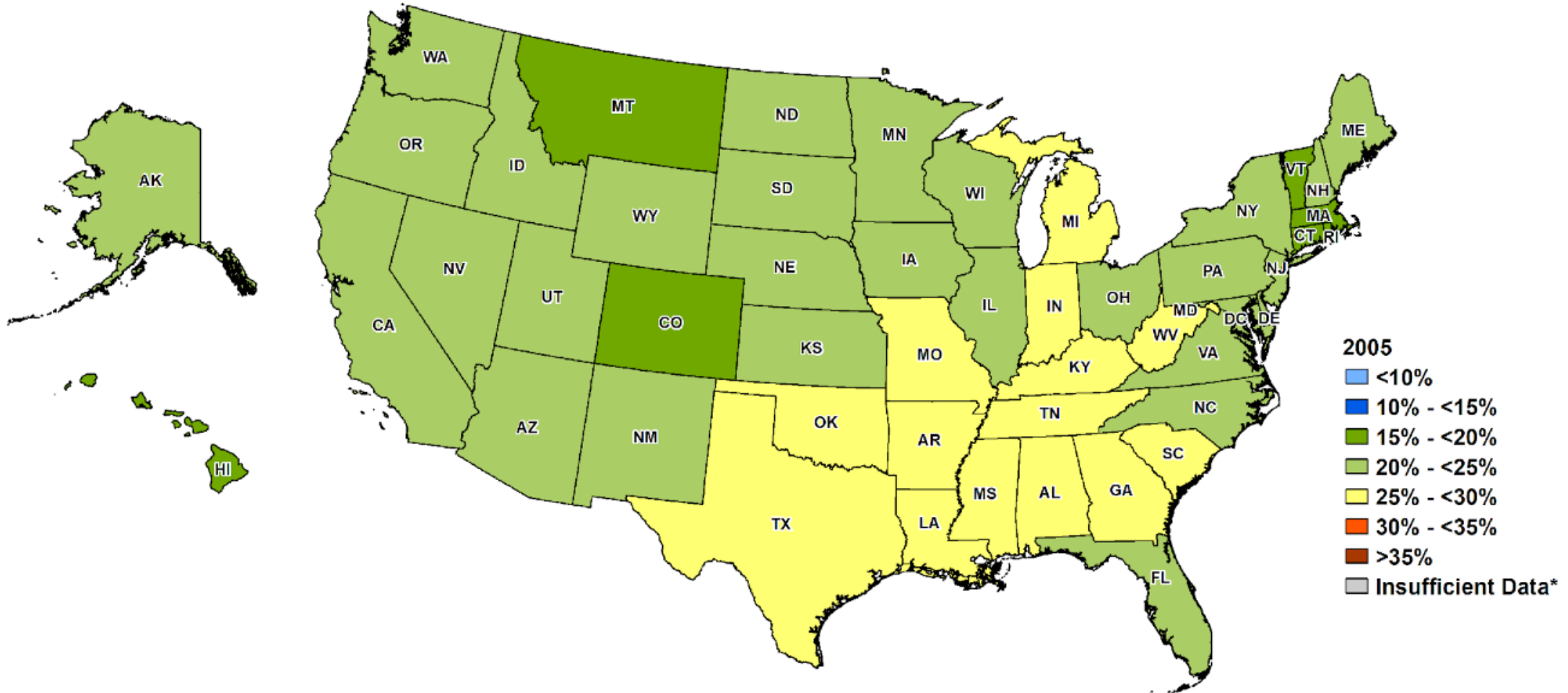
\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman





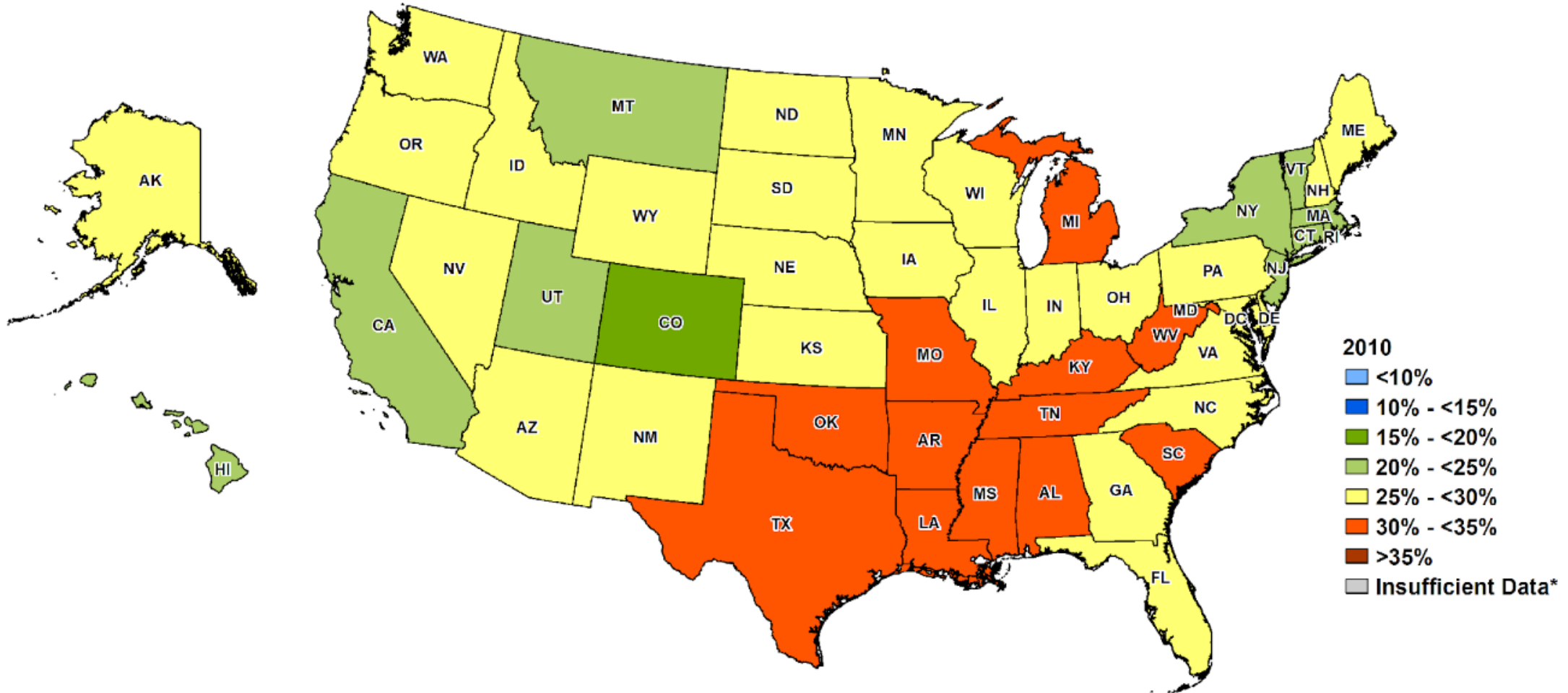
# Obesity Trends Among U.S. Adults 2005

\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman



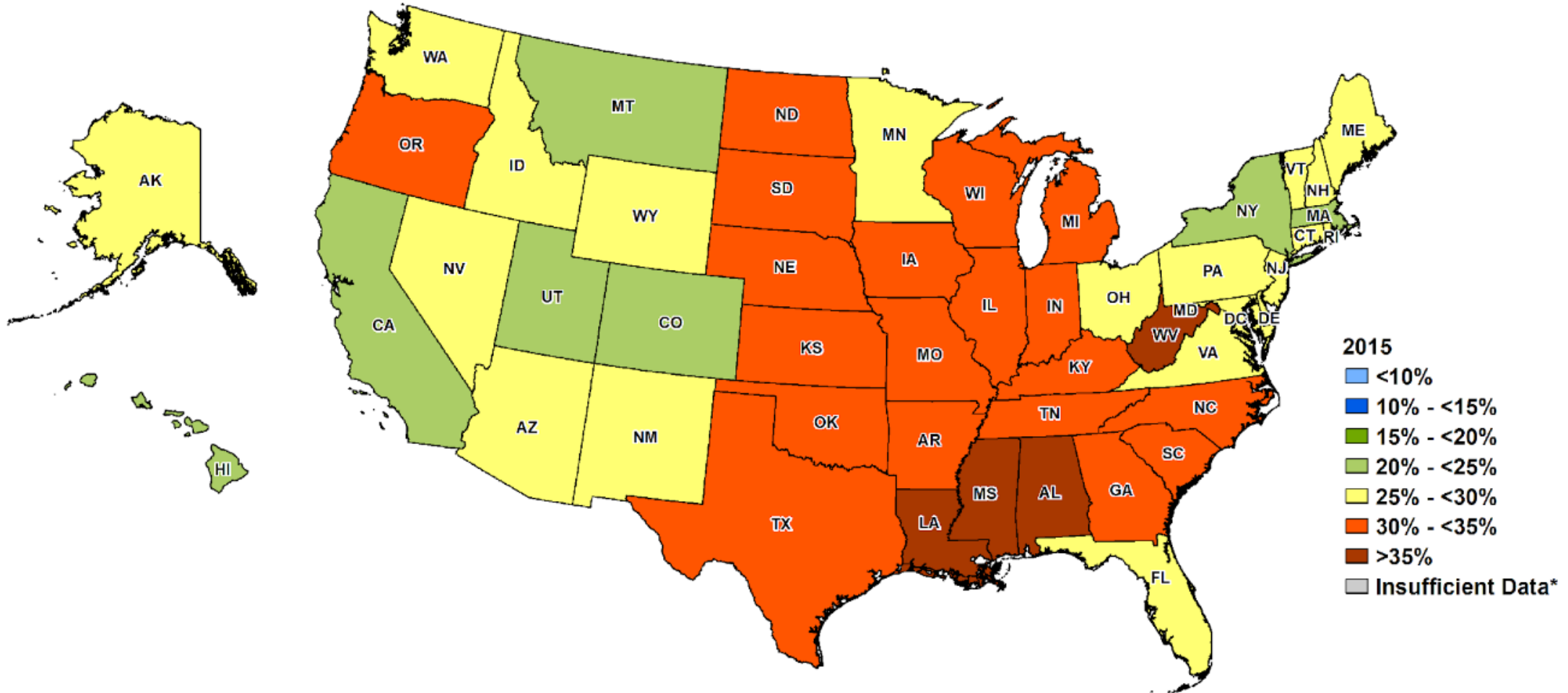
# Obesity Trends Among U.S. Adults 2010

\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman



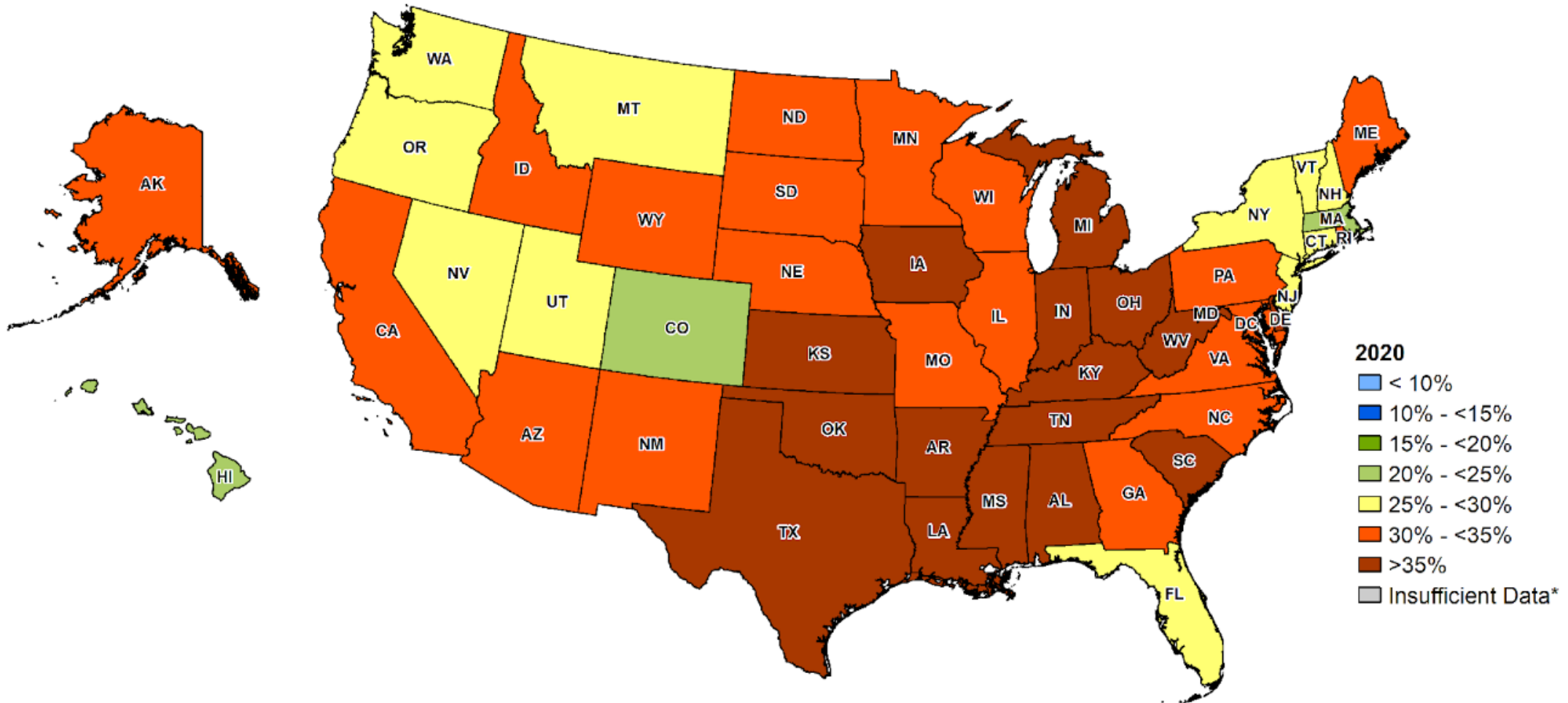
# Obesity Trends Among U.S. Adults 2015

\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman



# Obesity Trends Among U.S. Adults 2020

\*BMI  $\geq 30$ , or ~ 30 lbs overweight for a 5'4" woman

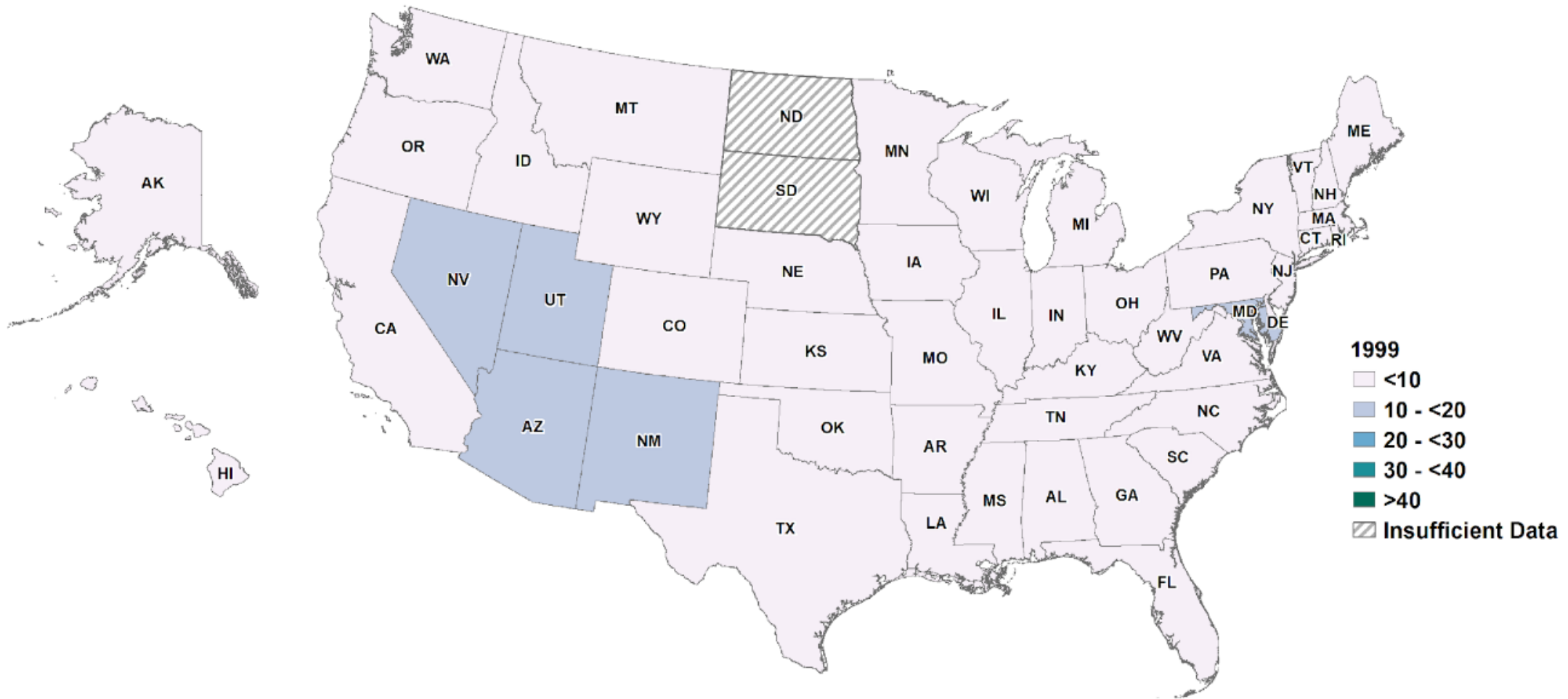


# Drug Overdose Mortality Rates 1999

(per 100,000 population)



CENTRAL CAROLINA HOSPITAL  
A Duke LifePoint Hospital

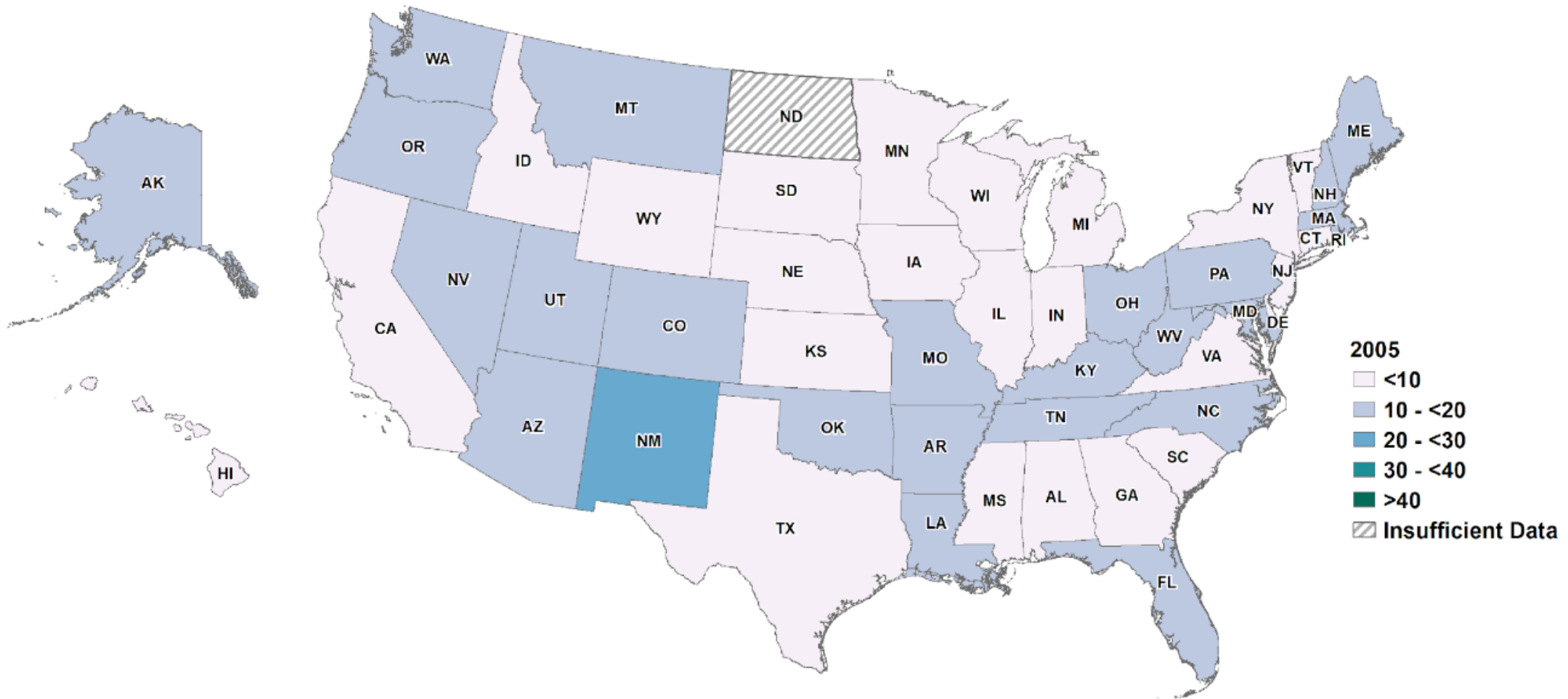


# Drug Overdose Mortality Rates 2005

(per 100,000 population)



CENTRAL CAROLINA HOSPITAL  
A Duke LifePoint Hospital

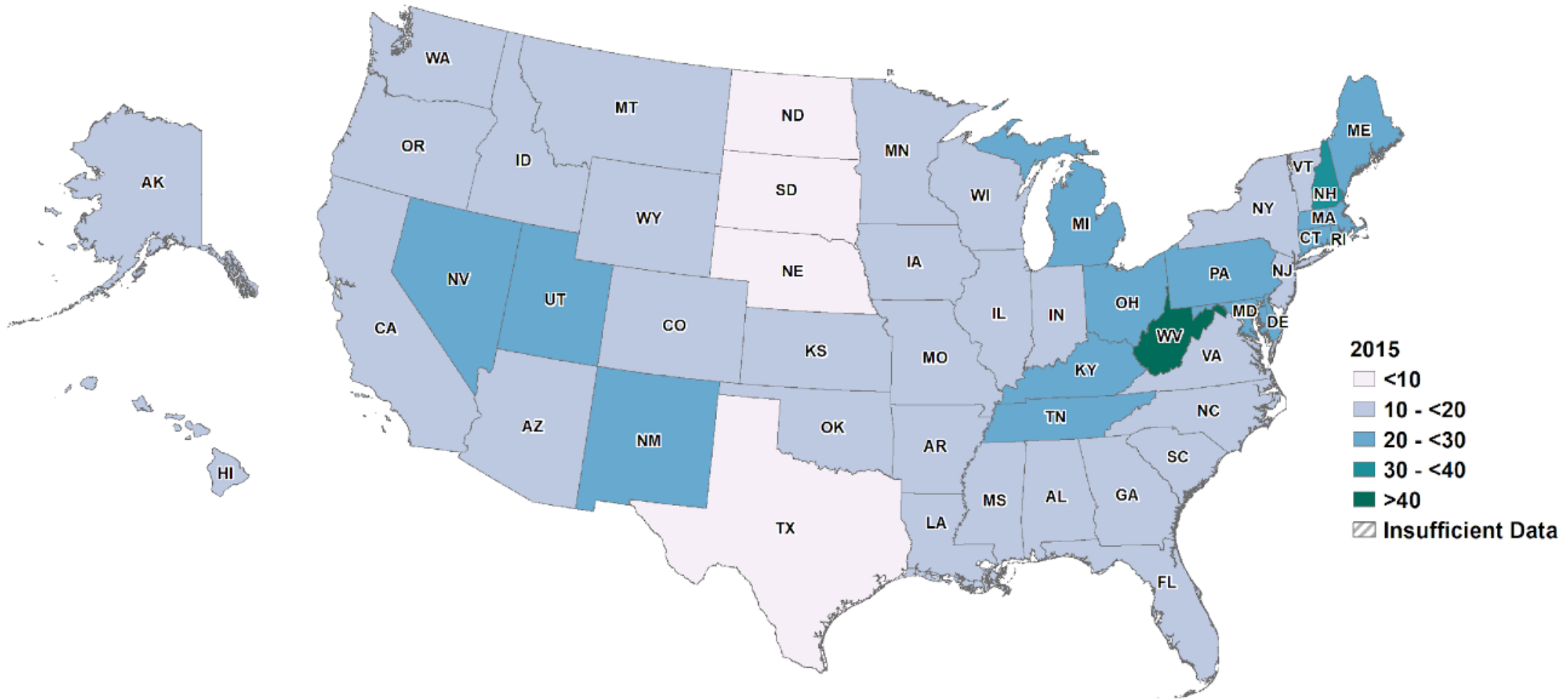


# Drug Overdose Mortality Rates 2015

(per 100,000 population)



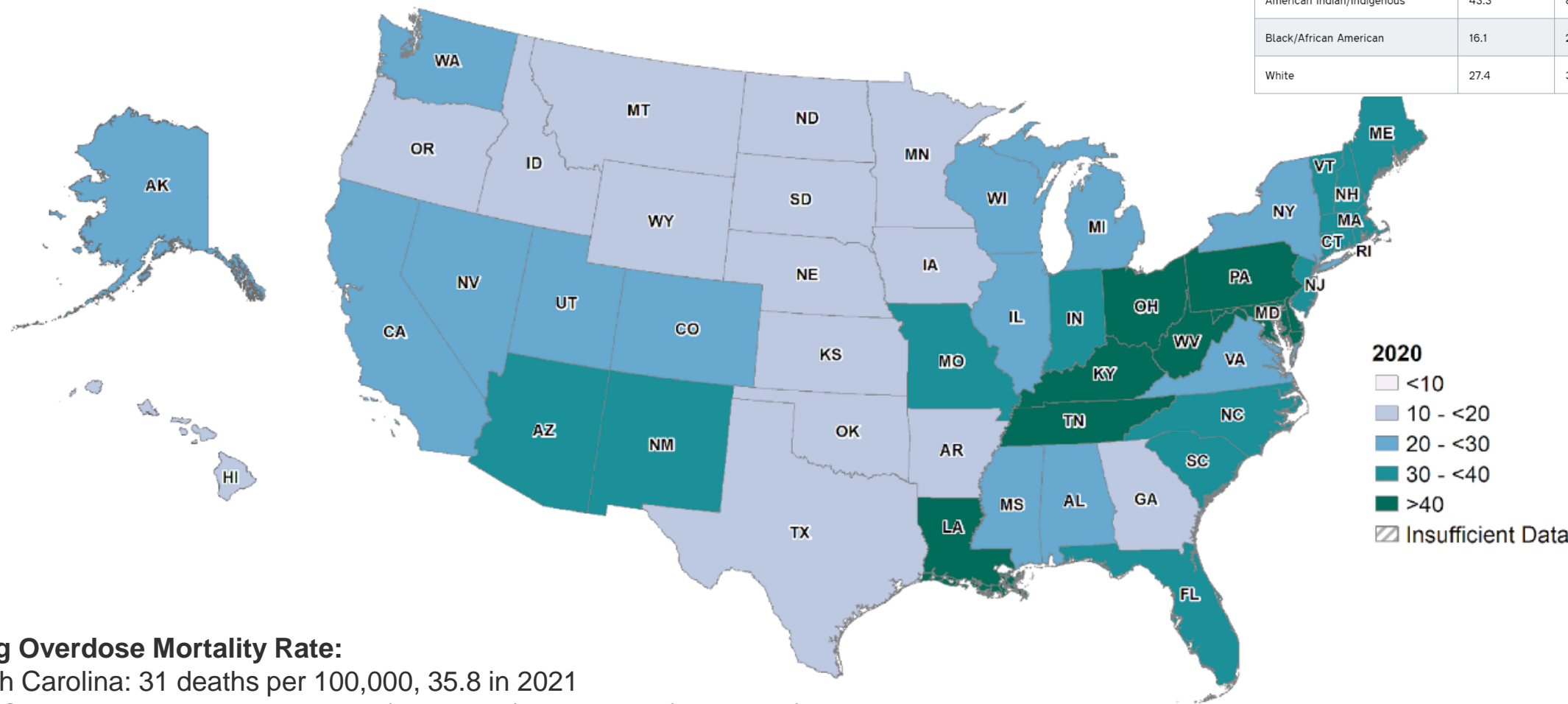
CENTRAL CAROLINA HOSPITAL  
A Duke LifePoint Hospital





# Drug Overdose Mortality Rates 2020

(per 100,000 population)



Overdose Death Rates by Year and Race. \*Deaths per 100,000 residents; Non-Hispanic

	2019 rate	2020 rate	Increase
American Indian/Indigenous	43.3	83.6	93%
Black/African American	16.1	26.7	66%
White	27.4	36.1	32%

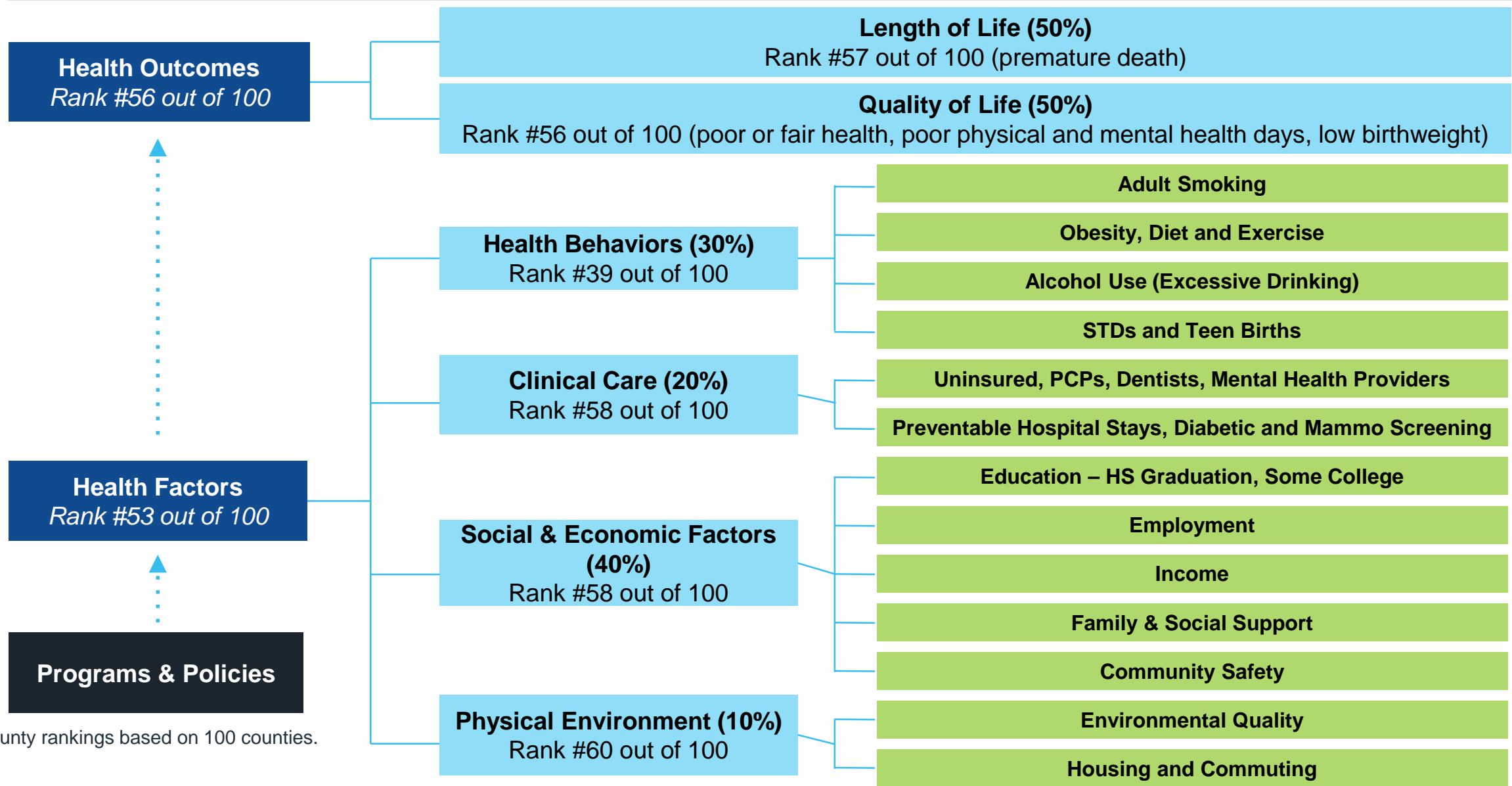
## Drug Overdose Mortality Rate:

North Carolina: 31 deaths per 100,000, 35.8 in 2021

Lee County: 53 deaths per 100,000 (33 deaths), 55 in 2021(34 deaths)

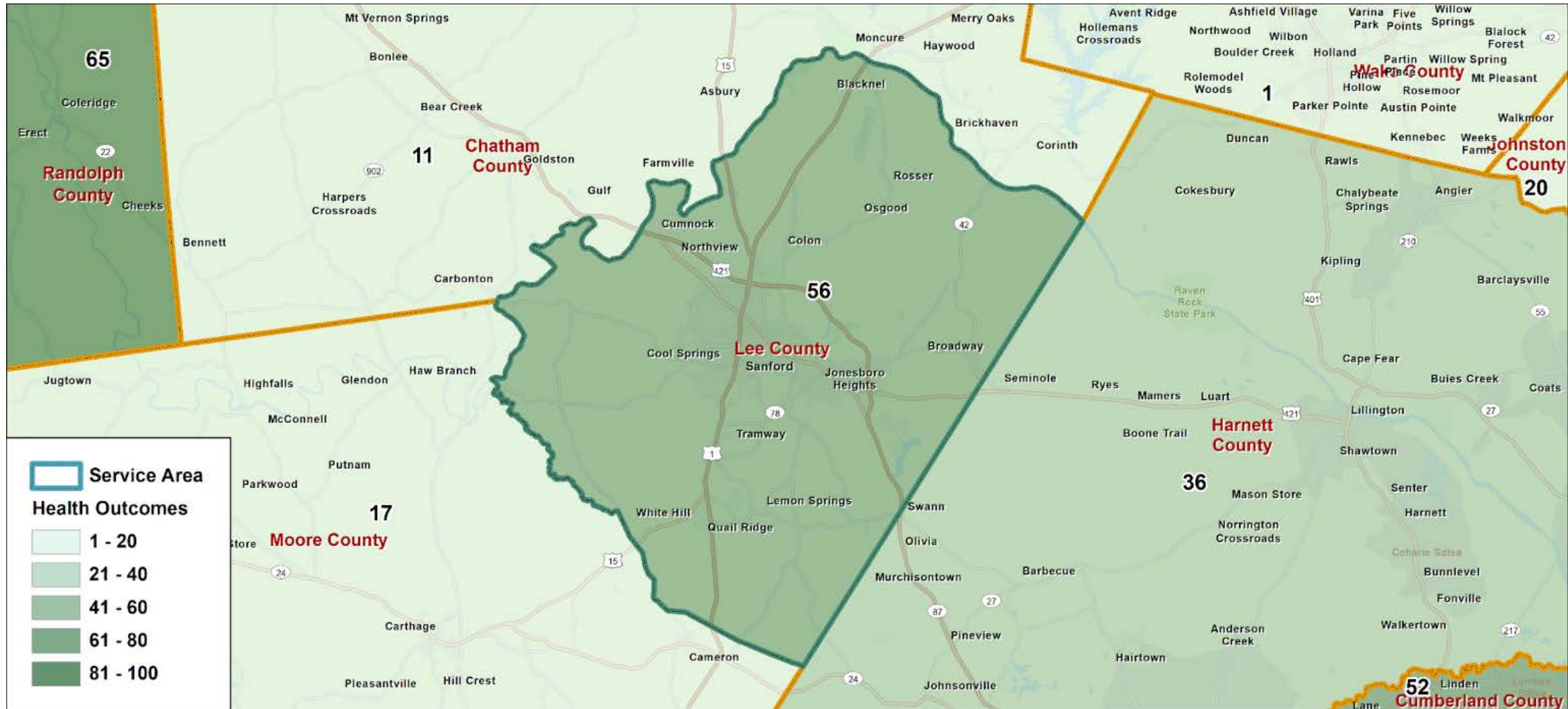


# Lee County, NC Health Rankings



NC county rankings based on 100 counties.

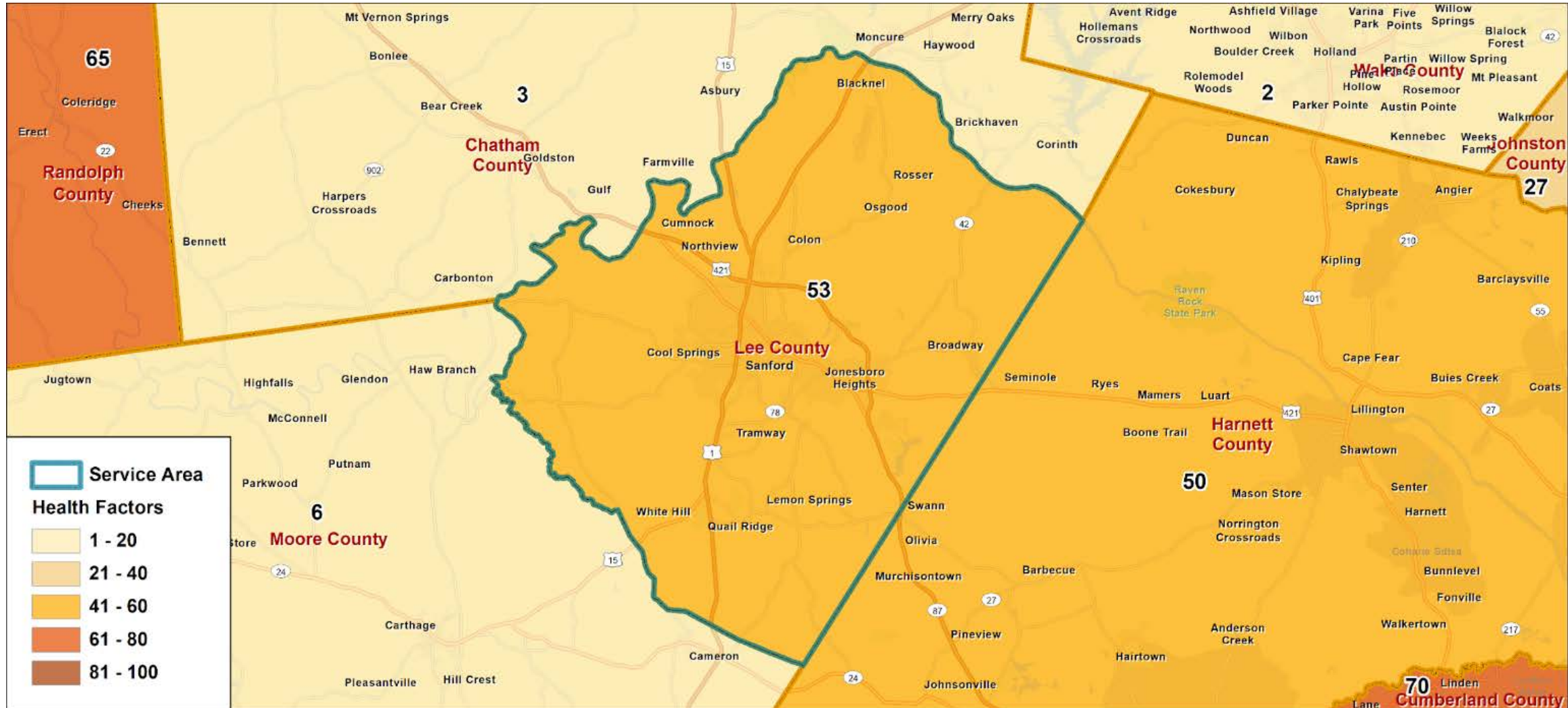
# Health Outcome Rankings - North Carolina



NC county rankings based on 100 counties.



# Health Factors Rankings - North Carolina



NC county rankings based on 100 counties.

# Contiguous Counties Health Rankings & Measures

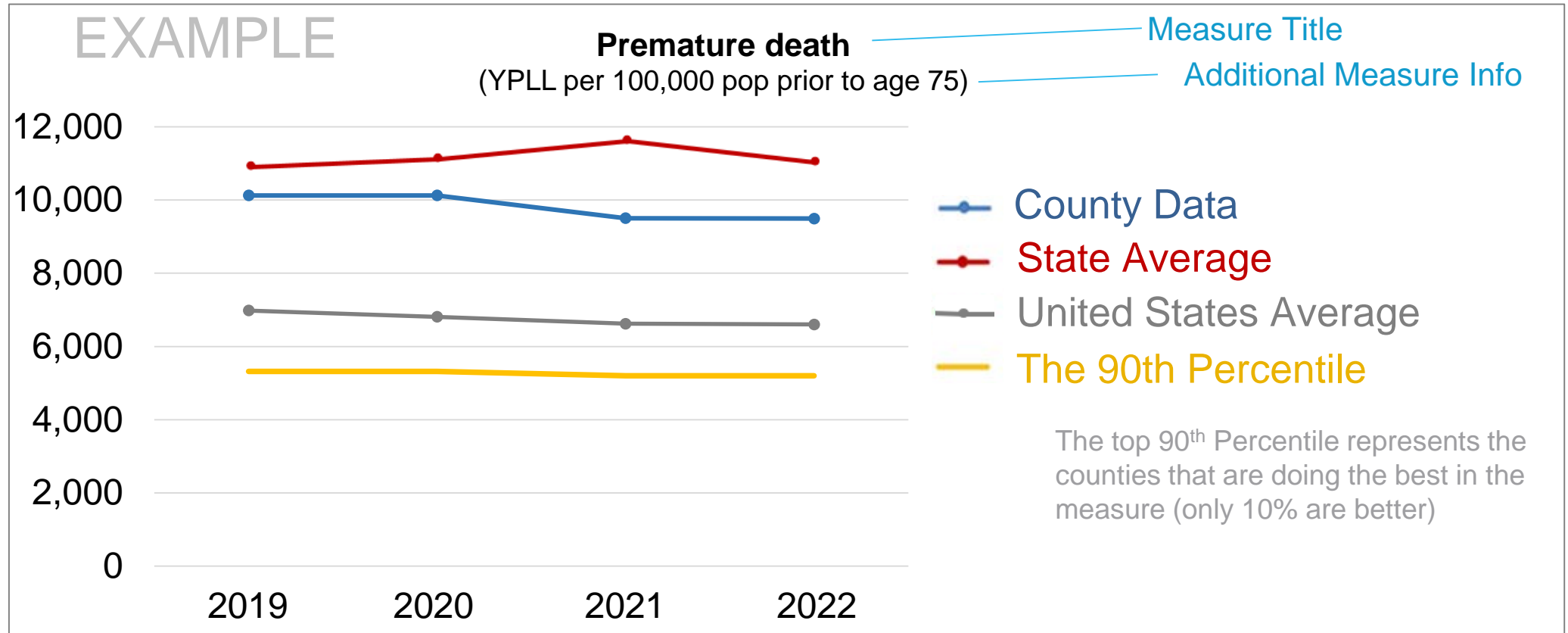
	Lee	Chatham	Harnett	Moore	Wake
<b>Health Outcomes</b>	<b>56</b>	11	36	17	1
Length of Life	<b>57</b>	14	37	26	1
Quality of Life	<b>56</b>	9	34	11	1
<b>Health Factors</b>	<b>53</b>	3	50	6	2
Health Behaviors	<b>39</b>	3	32	10	1
Clinical Care	<b>58</b>	9	87	5	3
Social & Economic Factors	<b>58</b>	11	40	8	2
Physical Environment	<b>60</b>	31	81	87	93
Adult smoking	<b>20%</b>	16%	20%	17%	13%
Adult obesity	<b>35%</b>	31%	37%	31%	28%
Uninsured	<b>16%</b>	14%	15%	12%	10%
Preventable hospital stays	<b>4,984</b>	2,437	5,131	3,498	3,175
High school completion	<b>85%</b>	89%	88%	92%	93%

Ranks out of 100 NC counties

Red = Concern

# Health Measure Trend Charts – How to read the next charts

A brief explanation of the health measure trend charts



The year the data was released

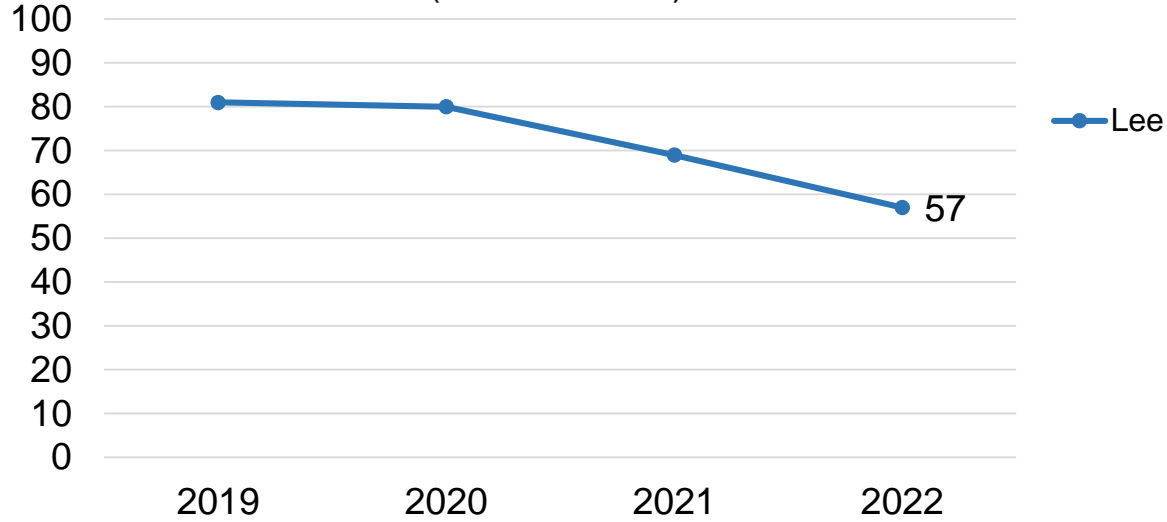
- = **Concern** for the County
- ★ = **Strength** for the County

A Strength for the County is a measure better or equal to the state score, and a Concern is worse than the state score.



# Length of Life Rank

## Length of Life Ranking (lower is better)



## Life Expectancy

(Average number of years a person can expect to live)

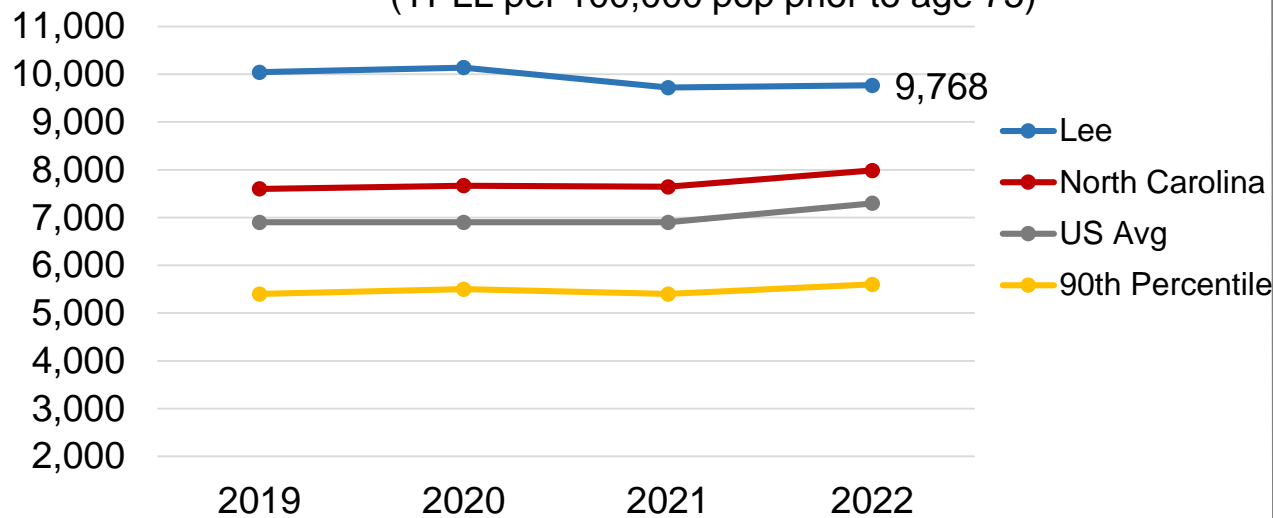
	2018-2020
Lee County	76.3
North Carolina	77.7
US Avg*	77.0
90th Percentile	80.6

Lee County	2018-2020
American Indian & Alaska Native	NR
Asian	NR
Black	73.1
Hispanic	82.9
White	75.5

\*Due to impacts of COVID, life expectancy in the US decreased 1.8 years from 2019.

## Premature death

(YPLL per 100,000 pop prior to age 75)



## Premature death by race/ethnicity

(YPLL per 100,000 pop prior to age 75)

Lee County	2018-2020
American Indian & Alaska Native	NR
Asian	NR
Black	12,500
Hispanic	5,800
White	8,300

# Leading Causes of Death per 100,000 Population 2020



Cause of Death	Lee County	North Carolina	US
Heart Disease	157.2	156.2	168.2
Cancer	156.8	148.8	144.1
COVID-19*	58.4	60.4	85
Accidents (Unintentional Injuries)	70.8	67.1	57.6
Strokes	47.9	44.4	38.8
Respiratory Diseases	42.3	38.5	36.4
Alzheimer's	45.7	37.5	32.4
Diabetes	28.8	26.9	24.8
Liver Disease	17.4	12.9	13.3
Influenza and Pneumonia	11.4	14.0	13
Nephritis, nephrosis	13.6	15.9	12.7
Hypertension	7.4	9.5	10.1
Parkinson Disease	8.6	9.8	9.9
Septicemia	9.0	12.2	9.7

Age-adjusted rates per 100,000 population.  
 Lee County data combined from 2019-2020. US and NC data from 2020  
 Rates that appear in red for a county denote a higher value compared to state data.  
 Age Adjustment Uses 2000 Standard Population.

\* COVID-19 Data from 2020



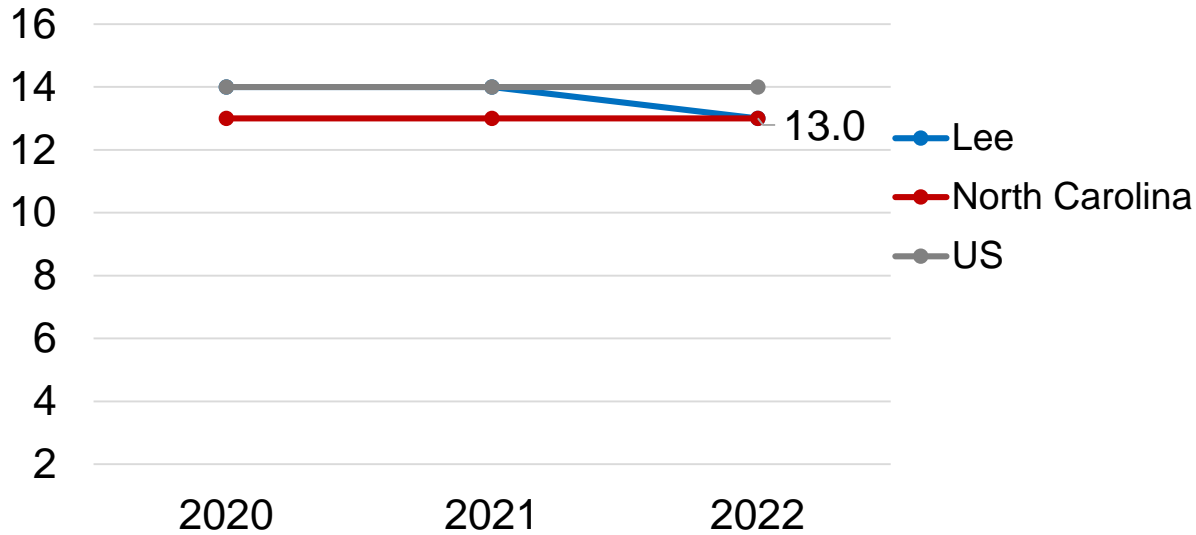
# Leading Causes of Death by Race/Ethnicity and Sex

NC 2016-2020 & Lee County 2016-2020

Cause of Death	NC Total	Lee Co Total	NC White	Lee Co White	NC Black	Lee Co Black	NC Hispanic	Lee Co Hispanic	NC Male	Lee Co Male	NC Female	Lee Co Female
Heart Disease	156.1	157.0	153.7	150.4	181.0	196.2	65.9	101.5	200.0	211.1	121.4	114.3
Cancer	152.4	164.8	153.7	154.9	176.1	209.7	81.1	N/A	187.2	209.8	131.3	130.6
Accidents (Unintentional Injuries)	58.3	71.6	64.5	72.3	50.2	77.7	32.5	44.6	80.2	105.7	38.0	39.0
Strokes	42.7	42.6	40.3	38.6	55.3	64.5	23.8	N/A	43.8	45.1	41.0	40.0
Respiratory Diseases	42.5	41.0	47.1	45.8	28.9	N/A	9.0	N/A	47.0	40.1	39.6	41.8
Alzheimer's	37.4	43.9	38.1	46.9	36.5	N/A	21.3	N/A	28.6	28.3	42.5	53.4
Diabetes	24.5	30.4	20.3	19.5	45.0	78.0	15.4	N/A	31.0	36.7	19.3	25.3
Nephritis, nephrosis	16.4	15.2	13.1	11.6	32.5	33.6	9.9	N/A	19.5	20.6	14.2	11.7
Influenza and Pneumonia	15.7	10.8	15.9	10.7	16.2	N/A	6.0	N/A	18.1	14.2	14.0	N/A
Suicide	13.4	12.7	17.1	14.2	5.9	N/A	5.5	N/A	21.5	23.0	6.0	N/A
COVID-19*	12.8	12.2	10.5	8.7	19.8	N/A	22.8	N/A	15.9	16.0	10.4	N/A
Septicemia	12.5	10.5	11.7	10.5	17.4	N/A	5.6	N/A	13.8	N/A	11.5	10.1
Liver Disease	11.1	16.2	12.5	18.4	7.7	N/A	7.9	N/A	14.8	22.4	7.9	10.6
Homicide	7.3	11.4	3.2	N/A	19.6	36.9	4.0	N/A	11.9	18.9	2.9	N/A

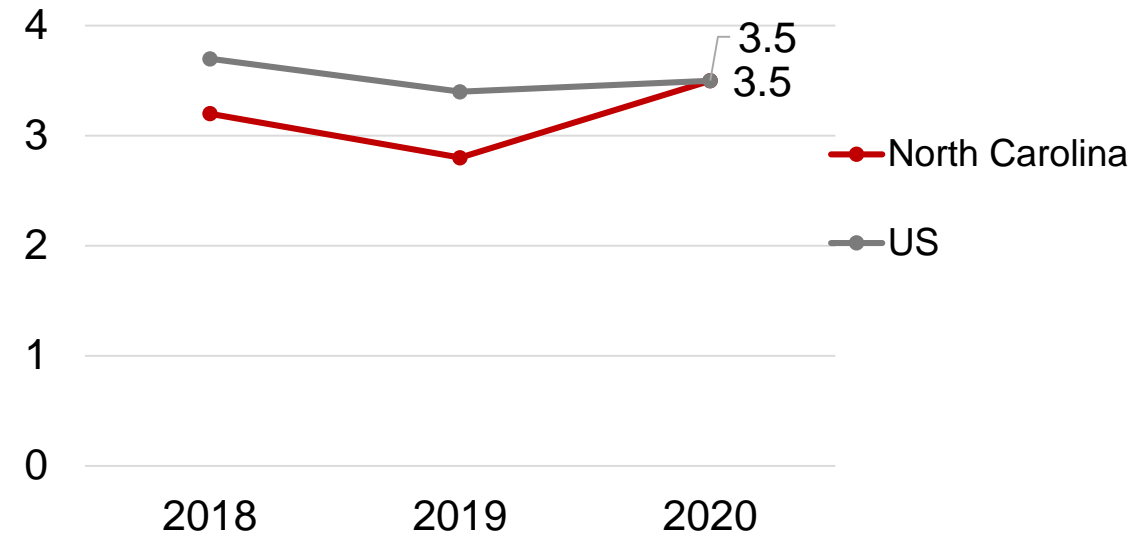
# Suicide rate per 100,000 Population

★ **Suicide Rate**  
(per 100,000 Population)



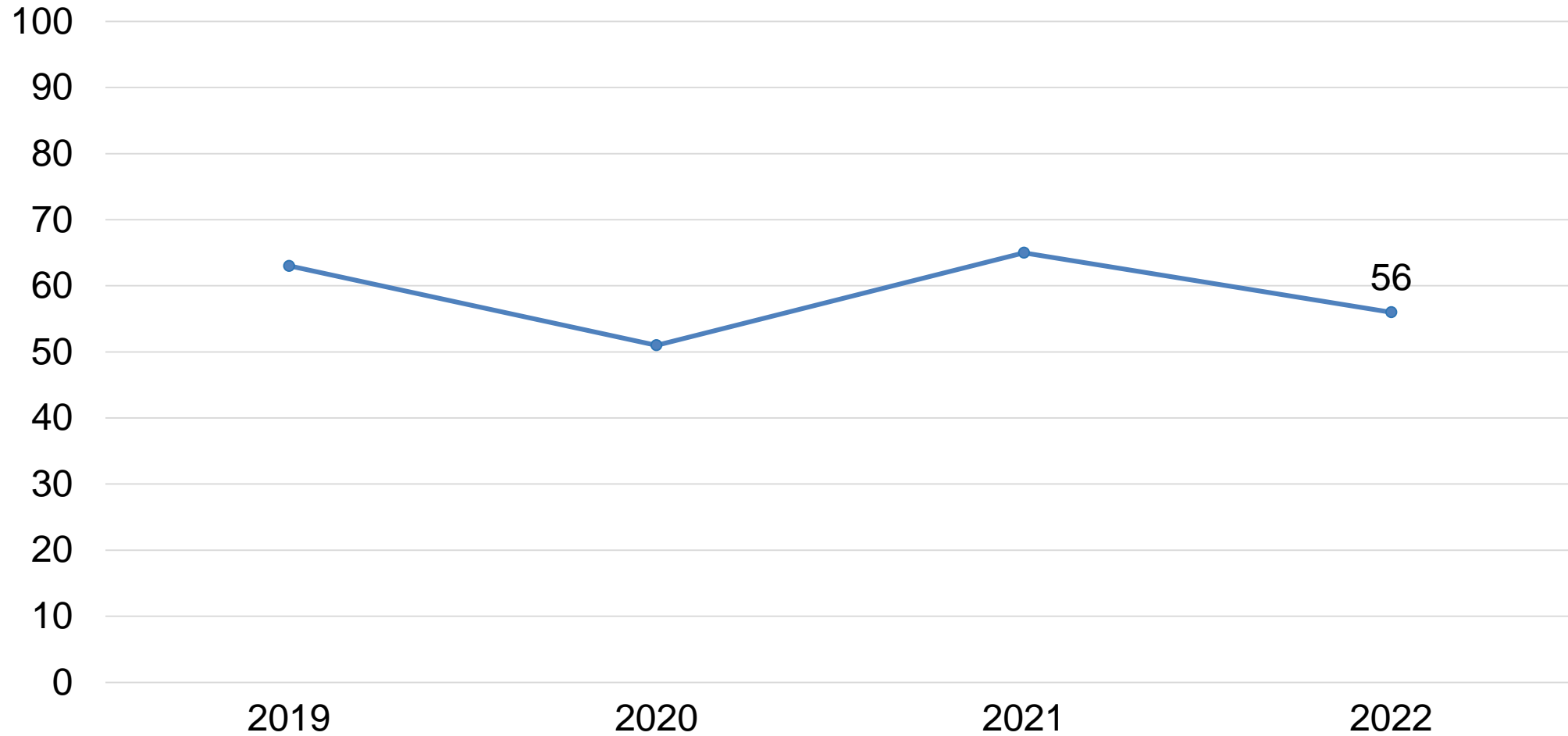
Age-adjusted rates per 100,000 population.  
Lee County, NC, North Carolina, and US data are from individual years.  
Age Adjustment Uses 2000 Standard Population.

**Teen Suicide Rate**  
(per 100,000 Population adolescents age 15-19)



Crude rates per 100,000 population.  
North Carolina, and US data are from individual years.  
Age Adjustment Uses 2000 Standard Population.

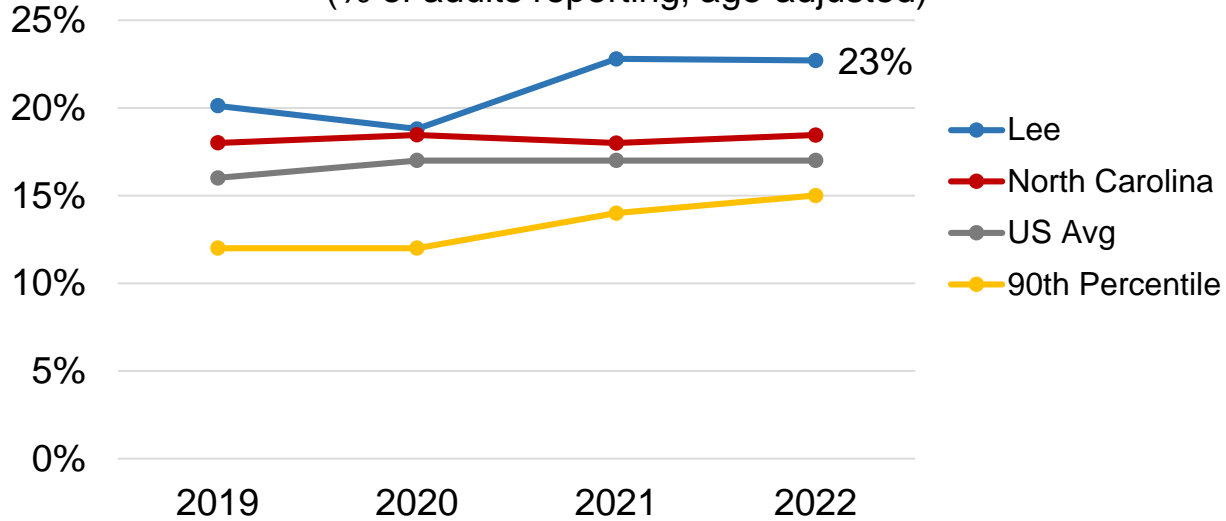
## Quality of Life Ranking (lower is better)



# Quality of Life Rank

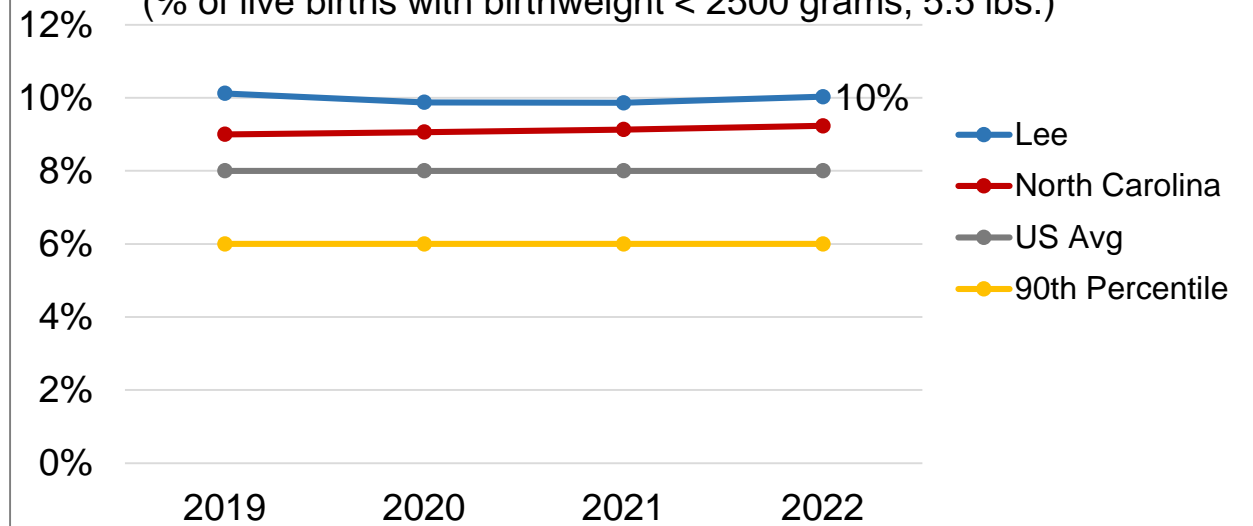
## Poor or fair health\*

(% of adults reporting, age-adjusted)



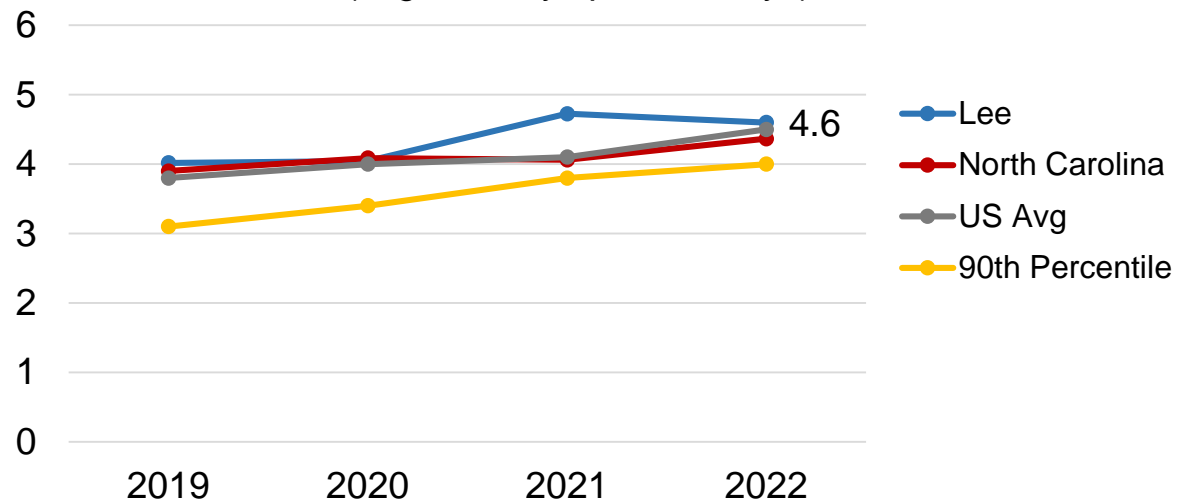
## Low birthweight

(% of live births with birthweight < 2500 grams, 5.5 lbs.)



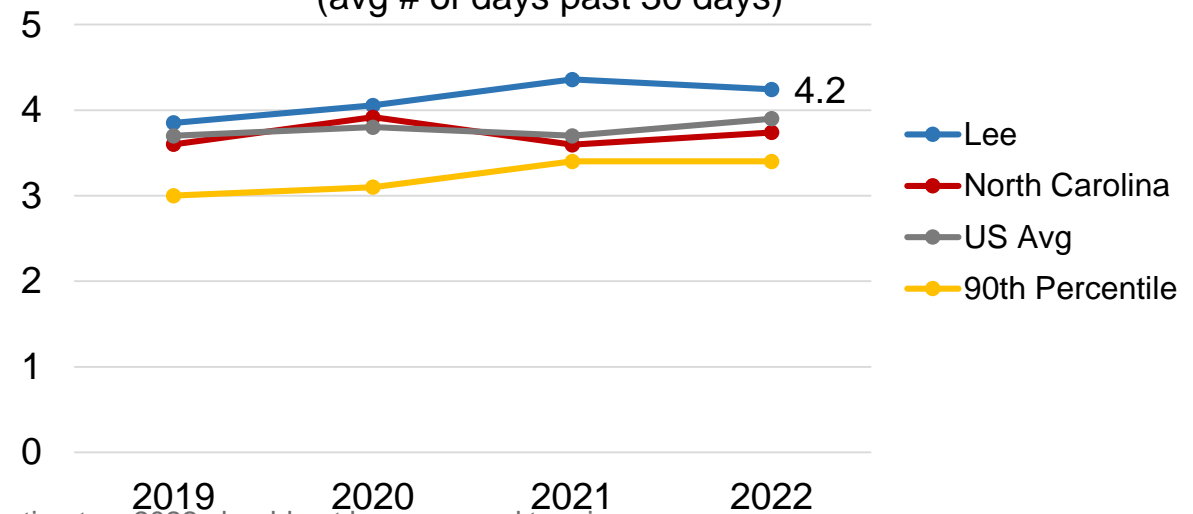
## Poor mental health days\*

(avg # of days past 30 days)



## Poor physical health days\*

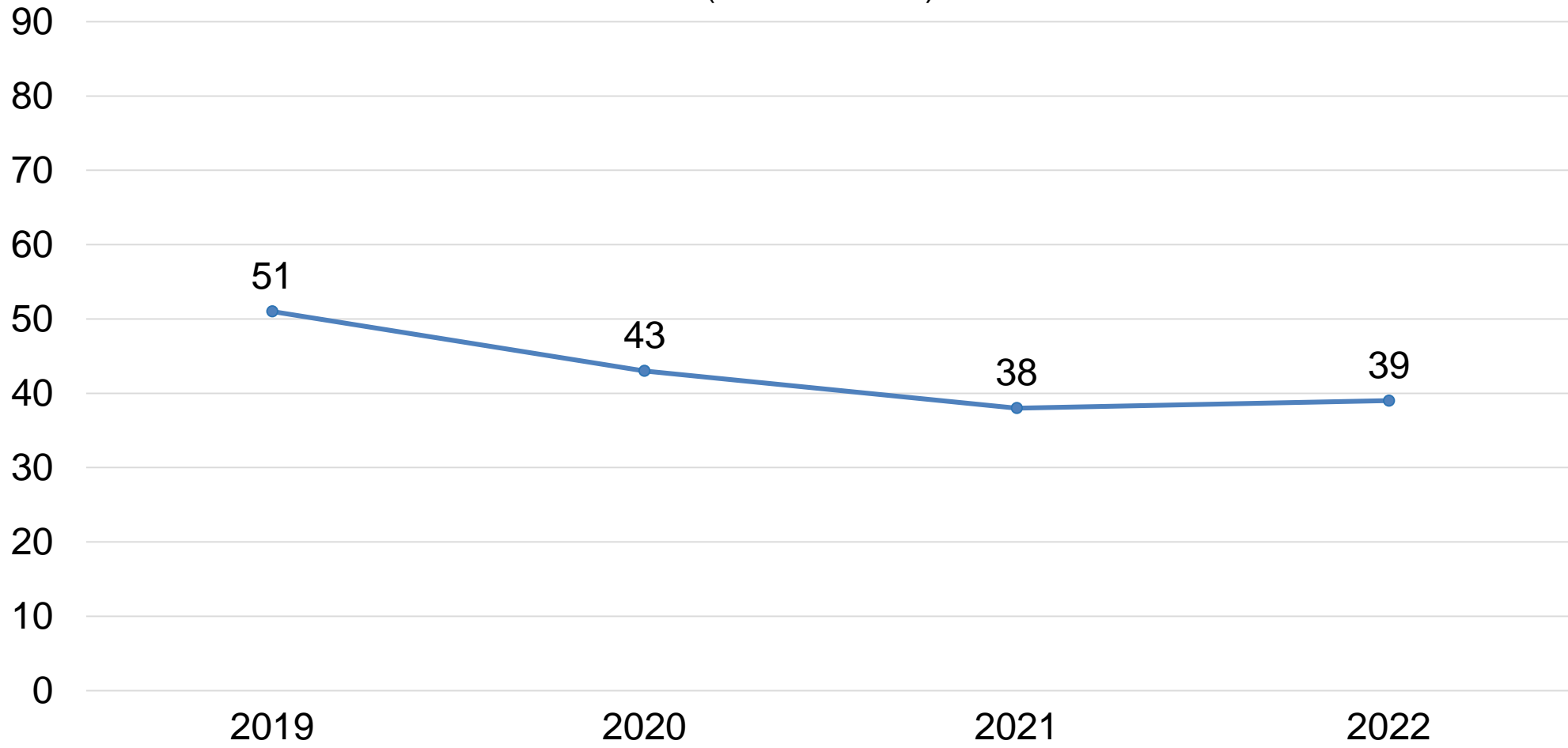
(avg # of days past 30 days)



\*Beginning with 2022 CHR, the CDC has updated their modeling procedure for producing small-area estimates. 2022 should not be compared to prior years.



## Health Behaviors Ranking (lower is better)



## ● Adult obesity

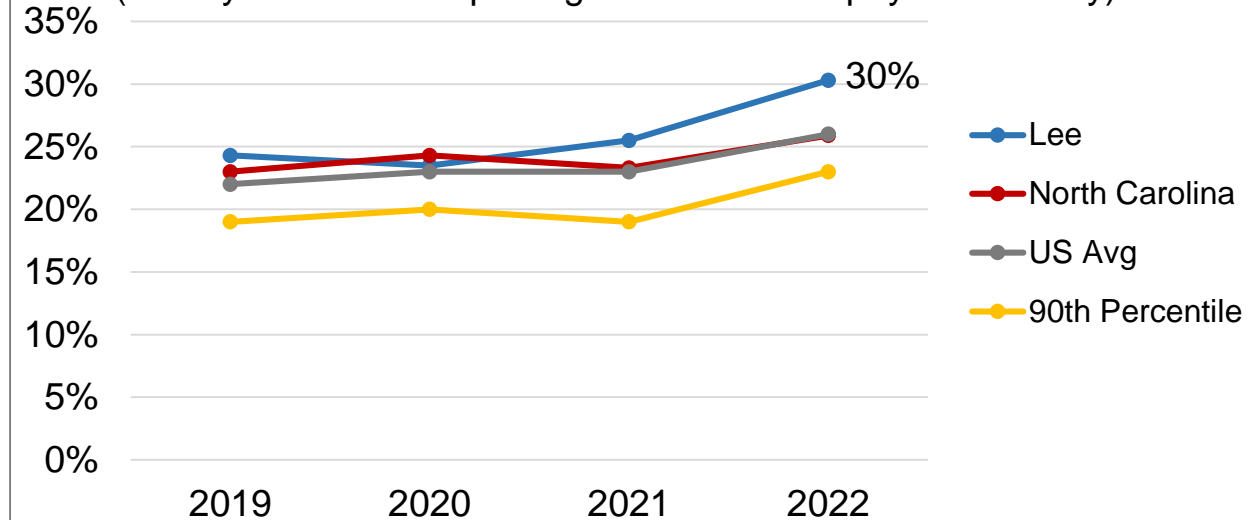
(% of adults that report a BMI of 30 or more)

2022	
Lee County	35%
North Carolina	34%
US Avg	32%
90th Percentile	30%

Beginning with 2022 CHR, the CDC has updated their modeling procedure for producing small-area estimates. 2022 released data should not be compared to prior years.

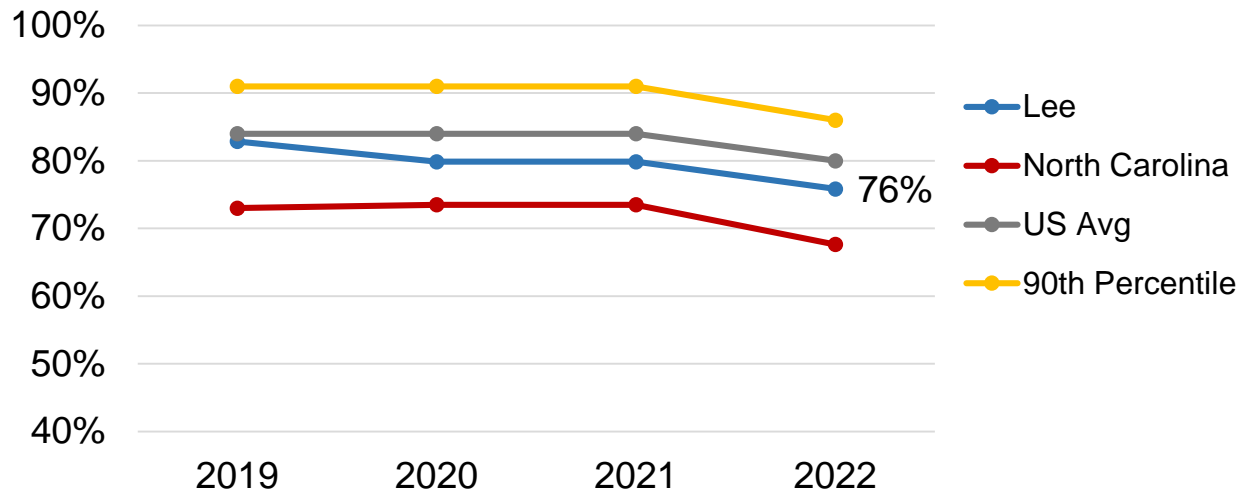
## ● Physical inactivity

(% 20 yo and older reporting no leisure time physical activity)



## ★ Access to exercise opportunities

(% of population with adequate access to locations for physical activity)



## ● Adult smoking

(% that report every day or "most days")

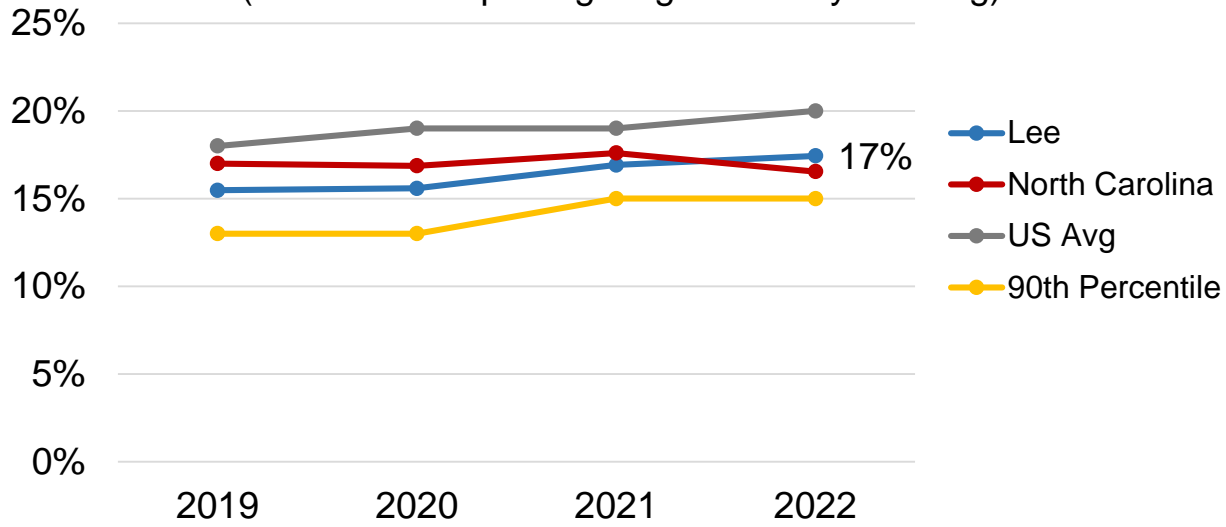
2022	
Lee County	20%
North Carolina	19%
US Avg	16%
90th Percentile	15%

In 1965, 45% of the US smoked

Beginning with 2022 CHR, the CDC has updated their modeling procedure for producing small-area estimates. 2022 released data should not be compared to prior years.

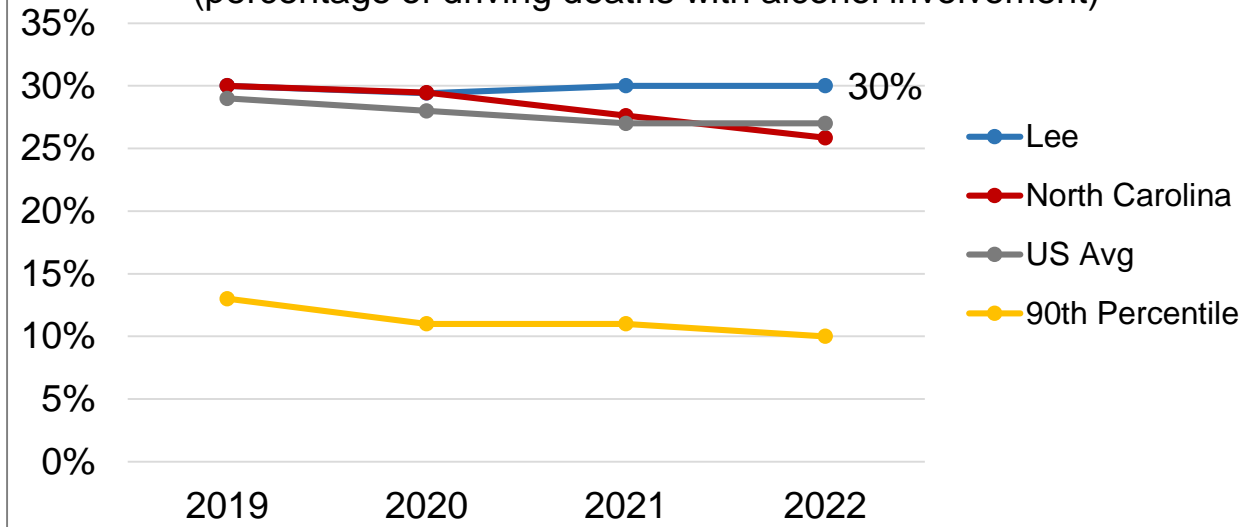
## ● Excessive drinking

(% of adults reporting binge or heavy drinking)



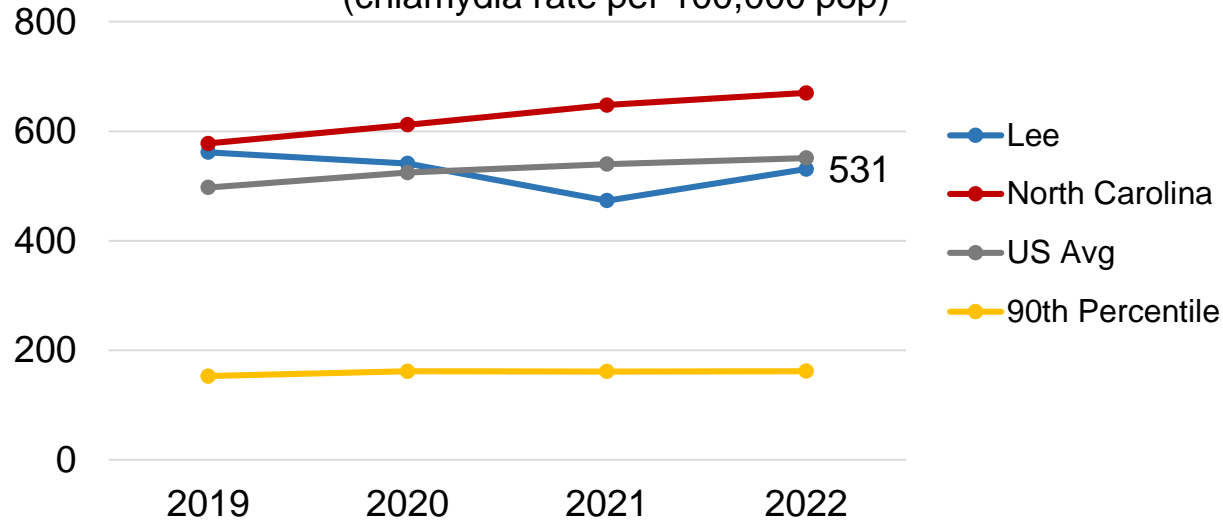
## ● Alcohol impaired driving deaths

(percentage of driving deaths with alcohol involvement)

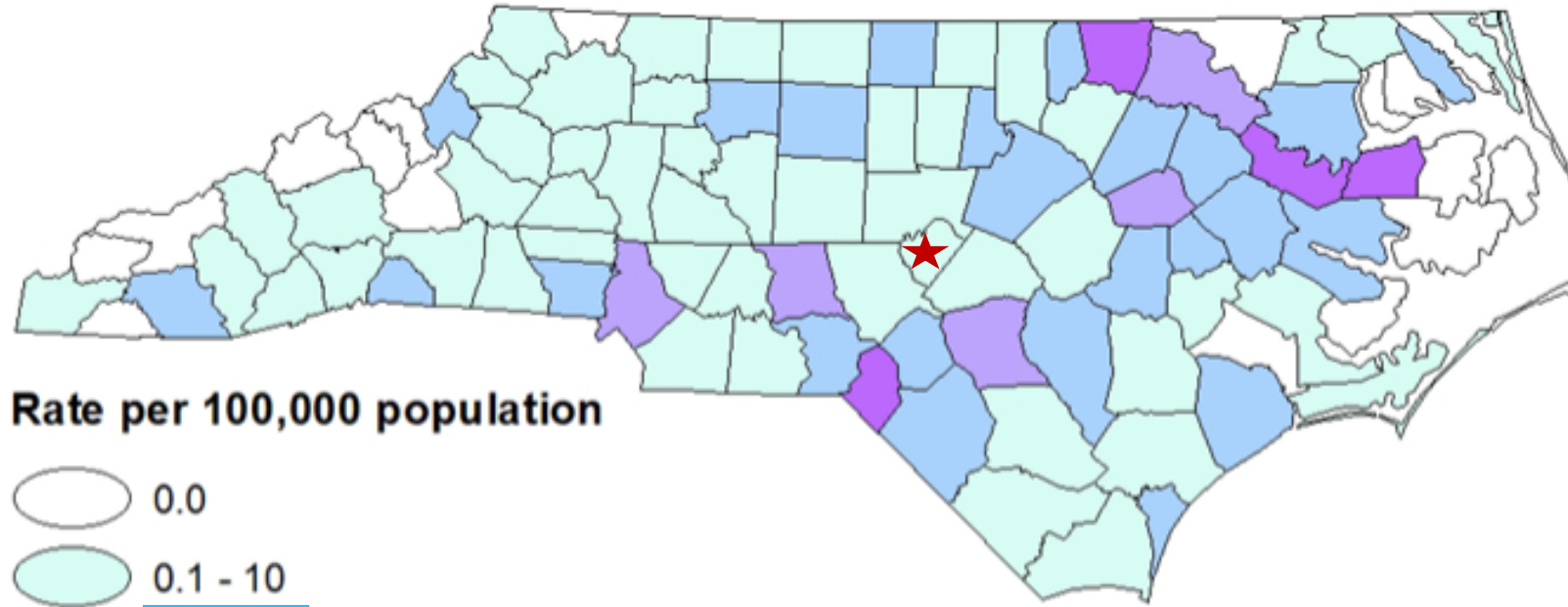


## ★ Sexually transmitted infections

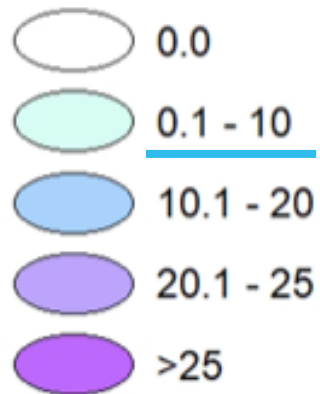
(chlamydia rate per 100,000 pop)



# HIV Rate (newly diagnosed by county of residence) 2020



Rate per 100,000 population

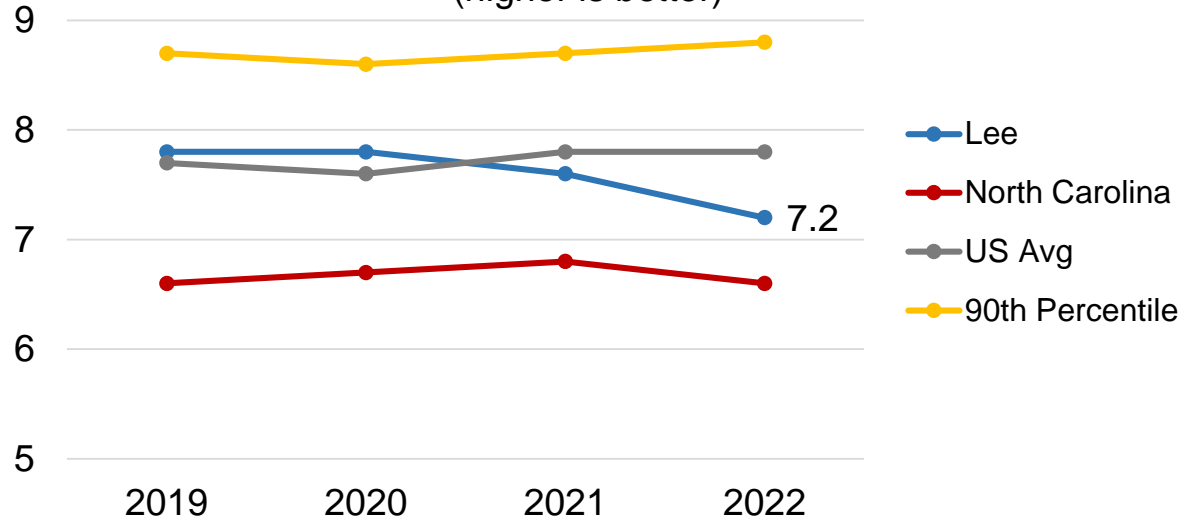


191 - # of people diagnosed with HIV in Lee County

9.7 - 2018-2020 average rate

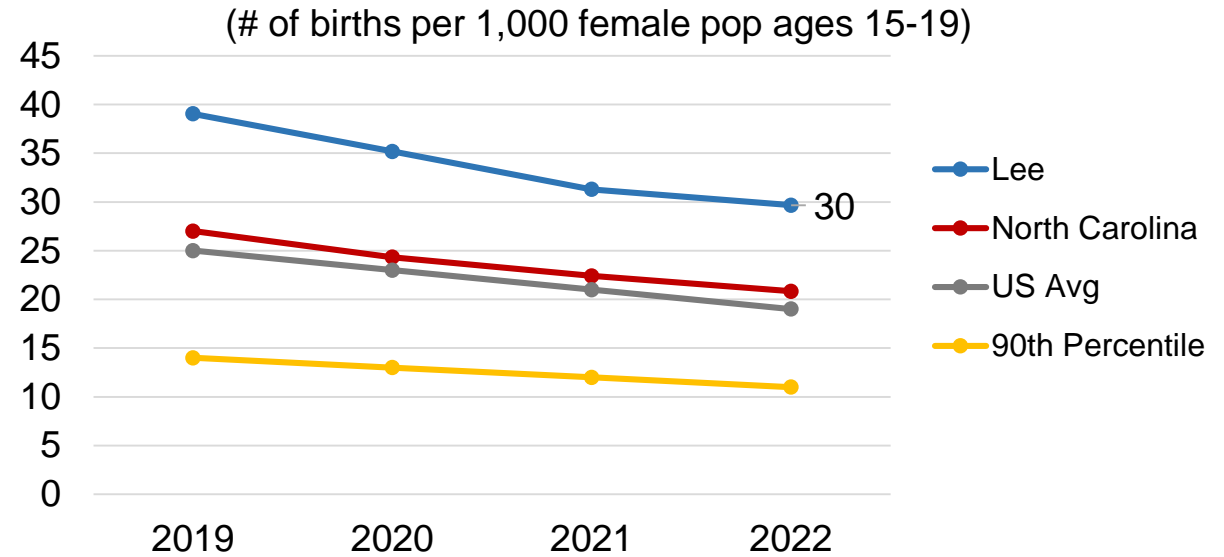
^Note: 2020 data should be treated with caution due to reduced availability of testing caused by the COVID-19 pandemic.  
Data Source: enhanced HIV/AIDS Reporting System (eHARS) (data as of June 28, 2021).

## ★ Food environment index (higher is better)



The food environment index is comprised of % of the population with limited access to healthy foods and % of the population with food insecurity. Limited access to foods estimates the % of the population who are low income and do not live close to a grocery store. Food insecurity is the % of the population who did not have access to a reliable source of food during the past year.

## ● Teen birth rate

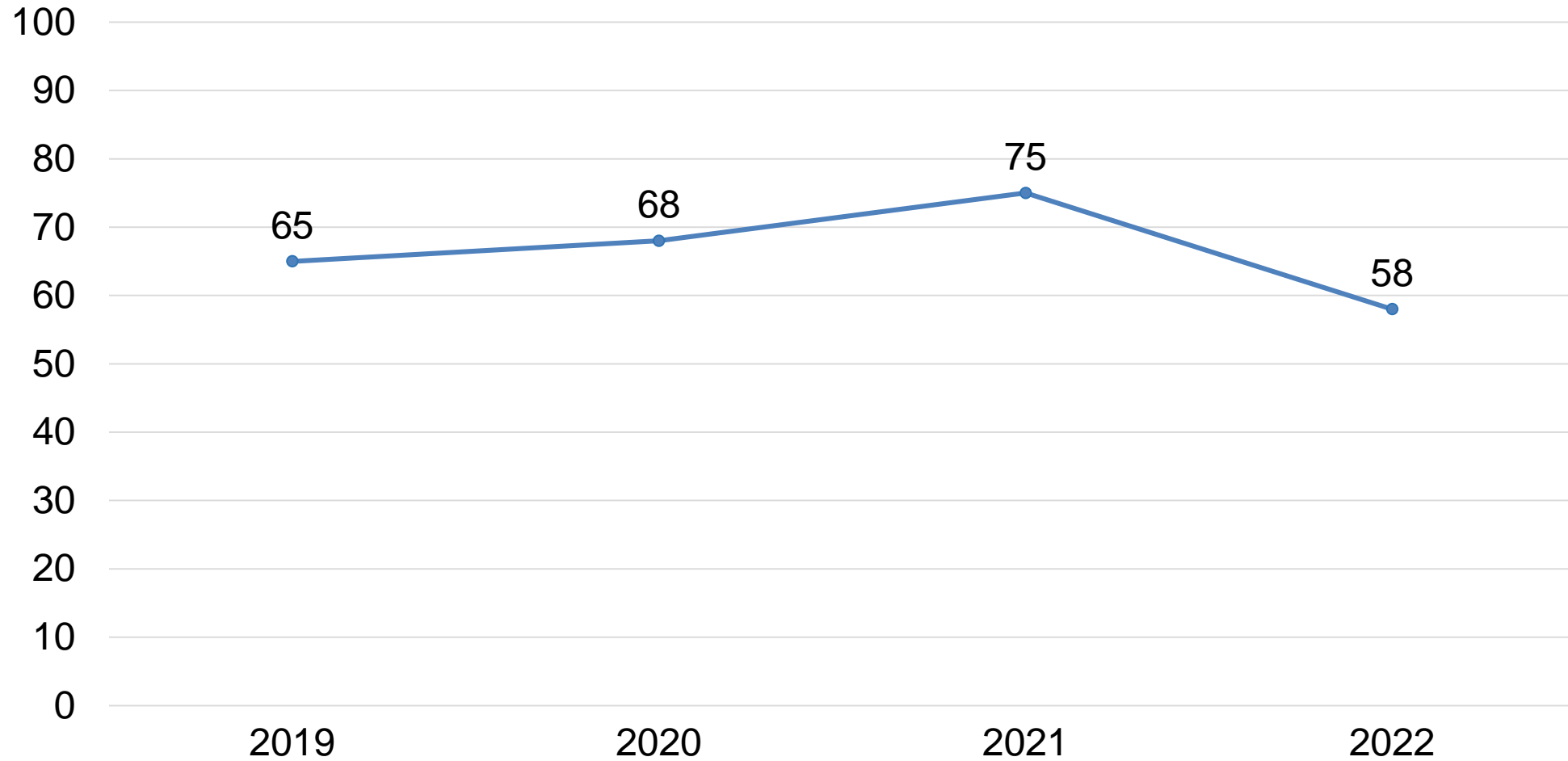


## Teen birth rate

(# of births per 1,000 female pop ages 15-19)

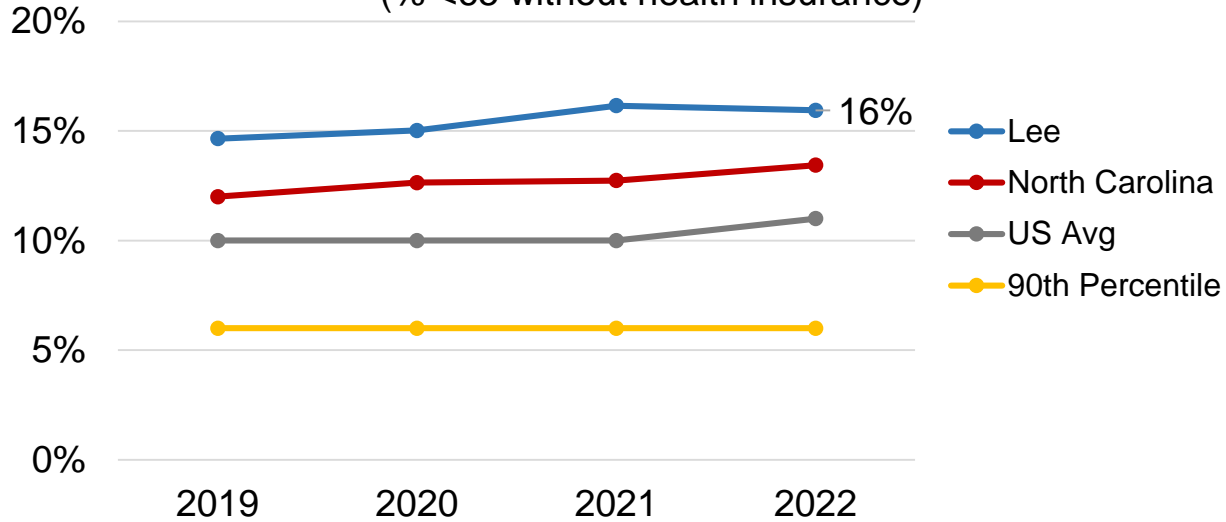
Lee County	2021
Asian	NR
Black	38
Hispanic	40
White	20

## Clinical Care Rank (lower is better)



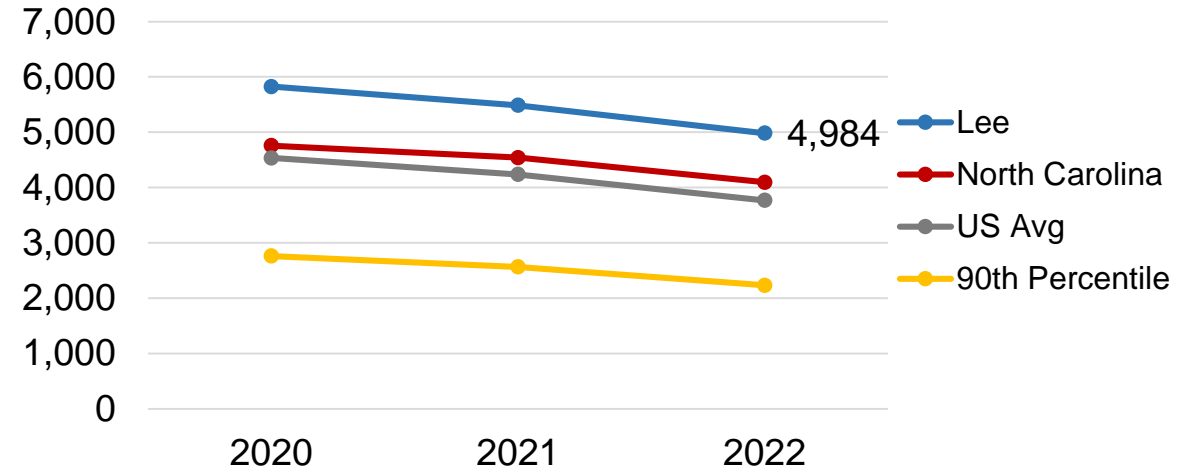
## ● Uninsured

(% <65 without health insurance)



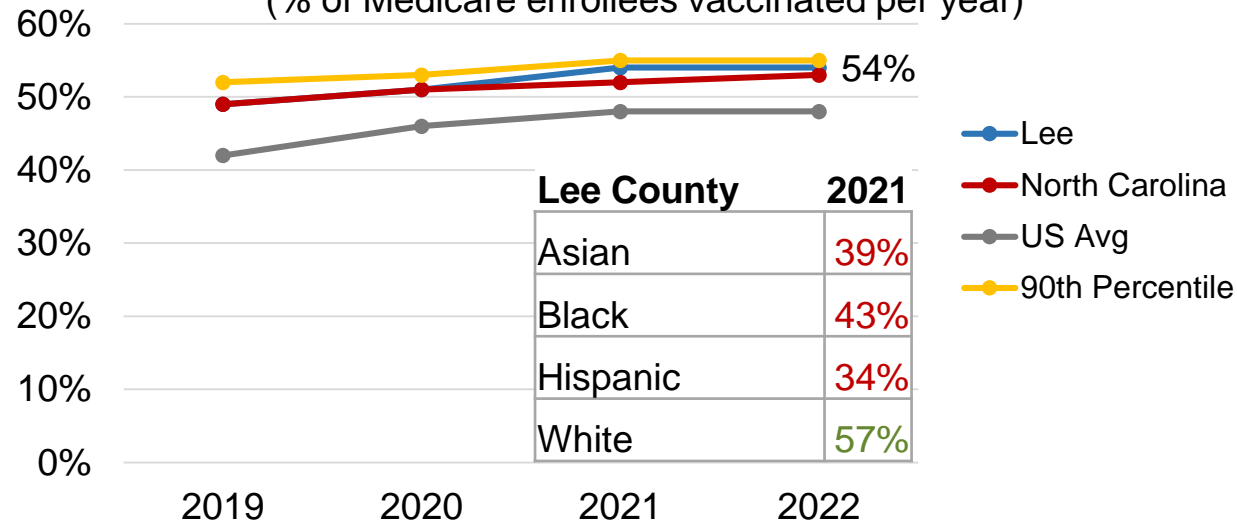
## ● Preventable hospital stays

(hospitalization rate for ambulatory-sensitive conditions per 100,000 Medicare enrollees)



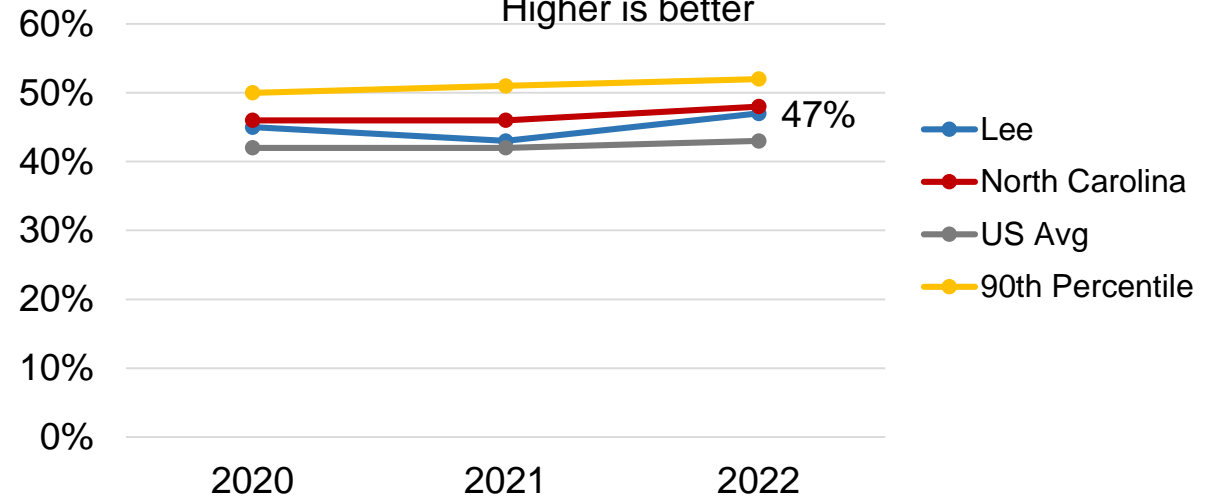
## ★ Flu Vaccines

(% of Medicare enrollees vaccinated per year)



## ● Mammography screening

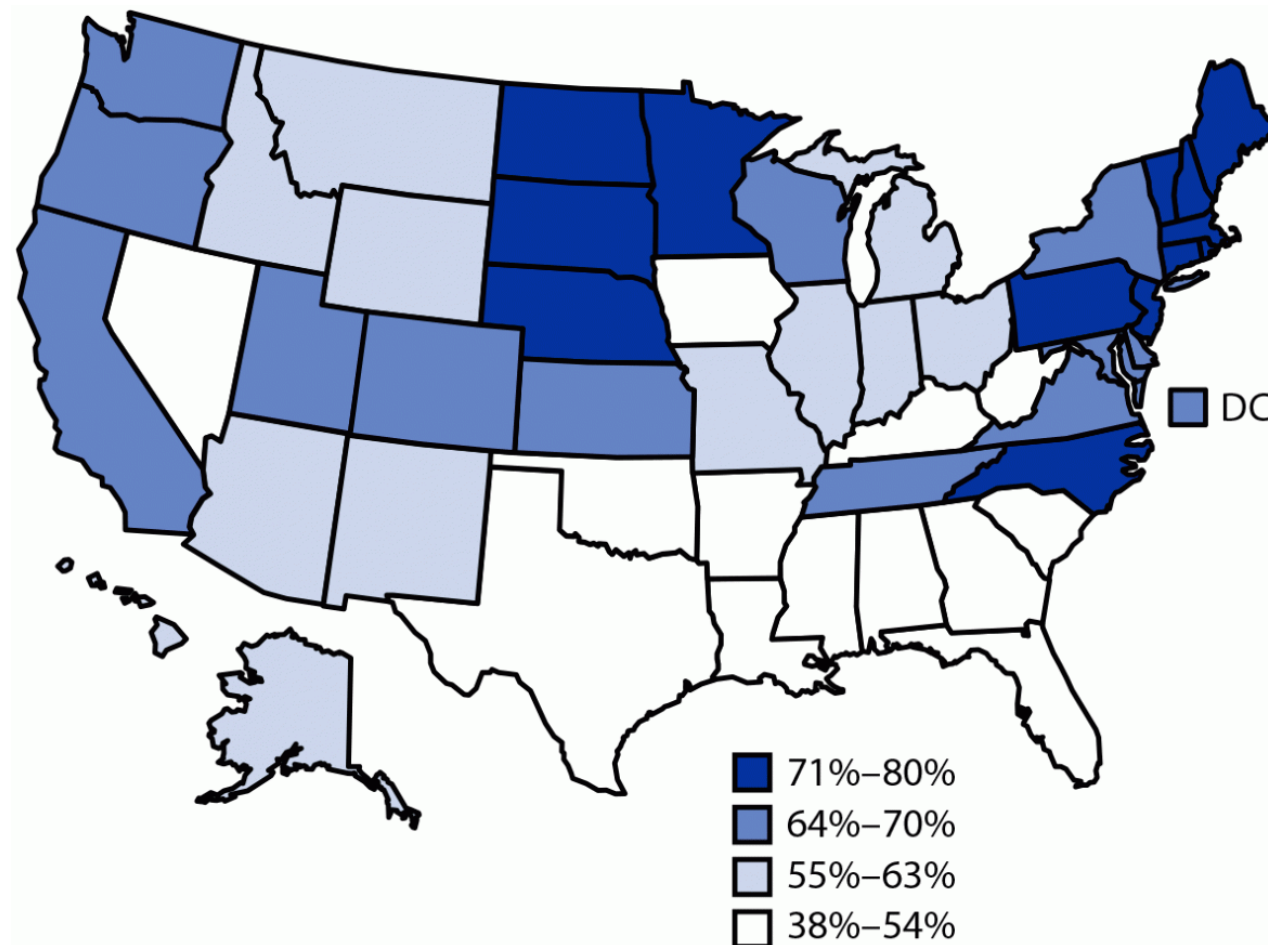
(% female Medicare enrollees ages 65-74 receiving annual mammogram)  
Higher is better





# Vaccination Coverage Among Children

Combined 7 Series Vaccination Coverage by Age 24 Months among Children Born in 2017-2018, National Immunization Survey-Child (NIS-Child), 2018-2020



**North Carolina**  
**75.9%**

**United States**  
**70.5 %**

**62%** of the total residents of Lee County are fully vaccinated for **COVID-19**.

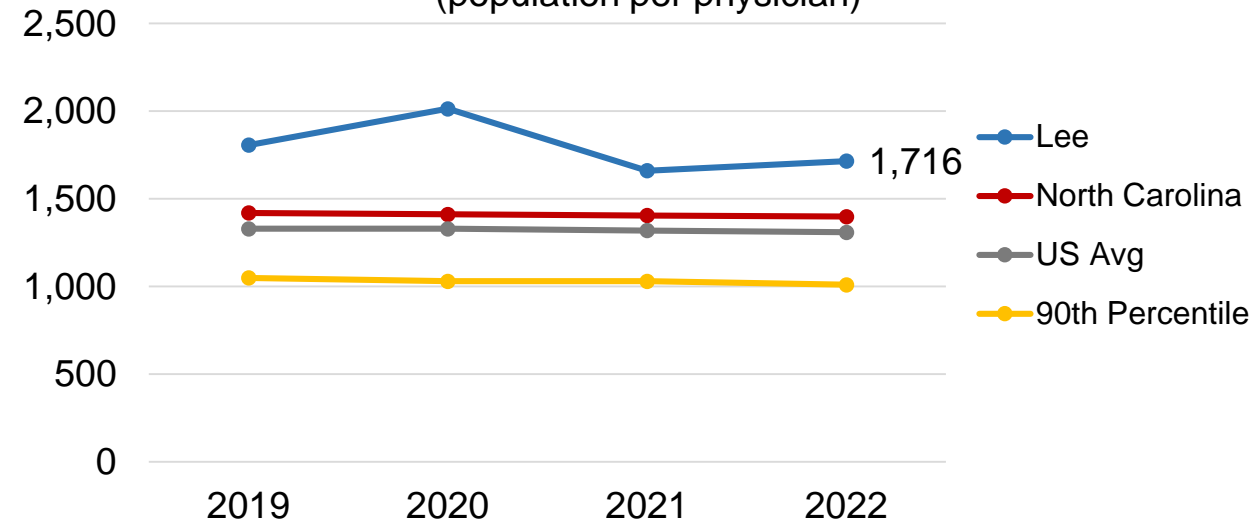
NC = 67%

US = 70%

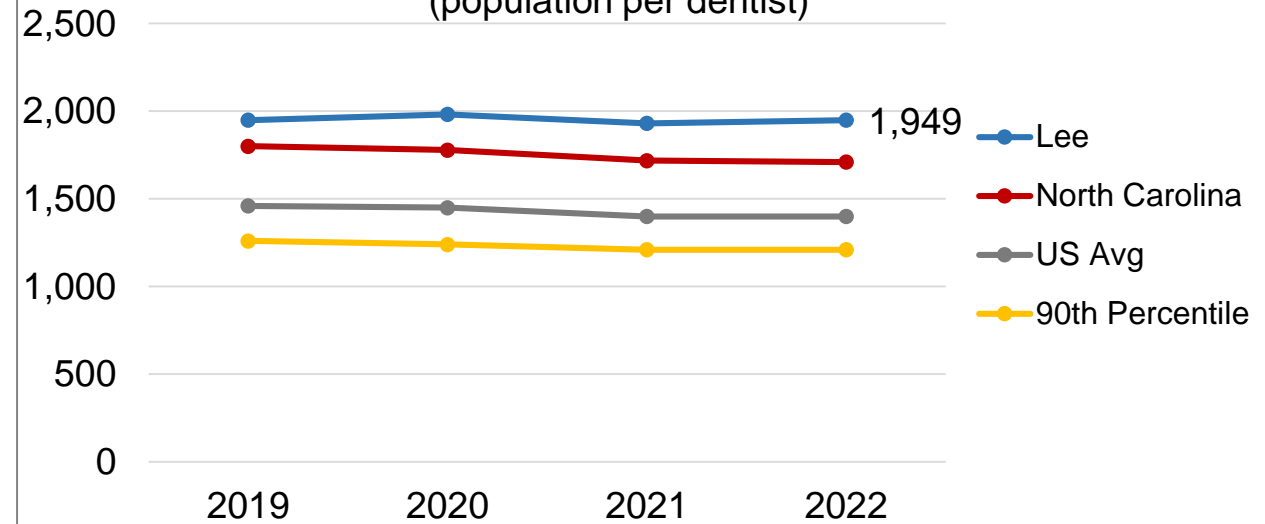
10/5/2022

Combined 7 vaccine series (4:3:1:3\*:3:1): 4 or more doses of DTaP, 3 or more doses of Polio, 1 or more doses of MMR, Hib full series (3 or 4 doses, depending on product type received), 3 or more doses of HepB, 1 or more doses of Varicella, and 4 or more doses of PCV (In 2013 data, referred to as 4:3:1:4:3:1:4-FS)

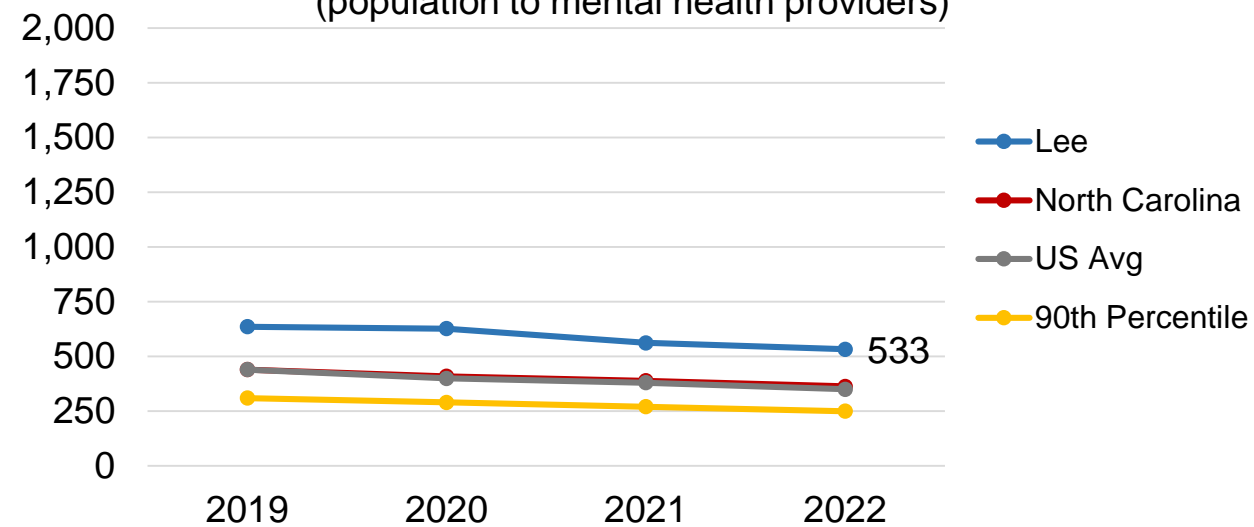
## Primary care physicians (population per physician)



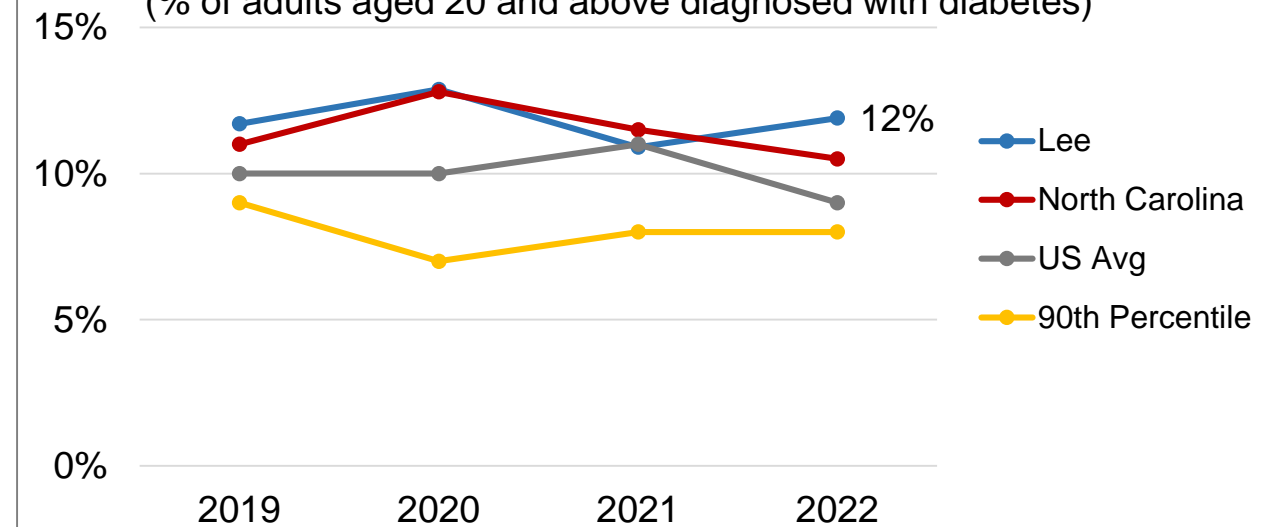
## Dentists (population per dentist)



## Mental health providers\* (population to mental health providers)



## Diabetes prevalence (% of adults aged 20 and above diagnosed with diabetes)



\*Mental health providers include psychiatrists, psychologists, licensed clinical social workers, counselors, and advanced practice nurses specializing in mental health care.

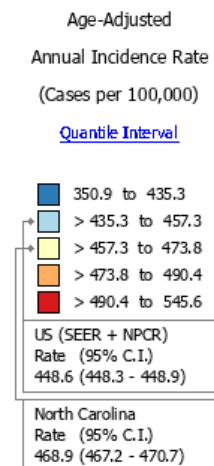
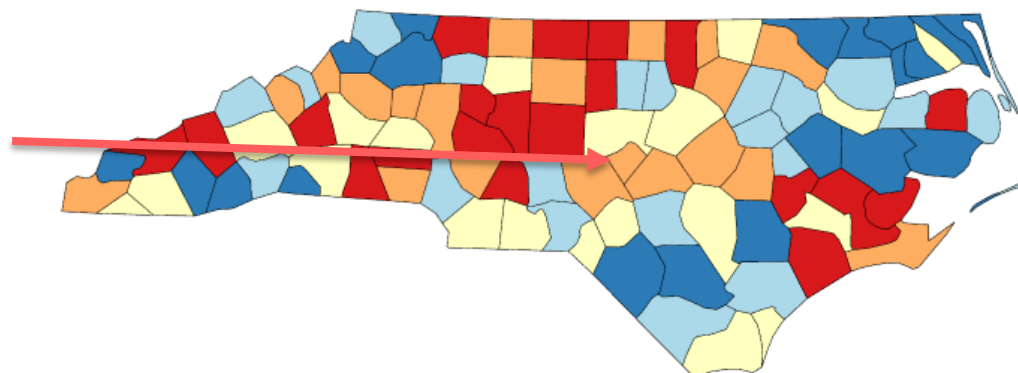
# Cancer Incidence Rates for North Carolina Counties

**US**  
**448.6**

**North Carolina**  
**468.9**

**Lee County**  
**482.3**

Incidence Rates<sup>†</sup> for North Carolina by County  
All Cancer Sites, 2014 - 2018  
All Races (includes Hispanic), Both Sexes, All Ages



**Notes:**

[State Cancer Registries](#) may provide more current or more local data.

Data presented on the State Cancer Profiles Web Site may differ from statistics reported by the State Cancer Registries ([for more information](#)).

<sup>†</sup> Incidence rates (cases per 100,000 population per year) are age-adjusted to the [2000 US standard population](#) (19 age groups: <1, 1-4, 5-9, ... , 80-84, 85+). Rates are for invasive cancer only (except for bladder which is invasive and in situ) or unless otherwise specified. Rates calculated using SEER\*Stat. Population counts for denominators are based on Census populations as modified by NCI.

The [1969-2018 US Population Data](#) File is used for SEER and NPCR incidence rates.

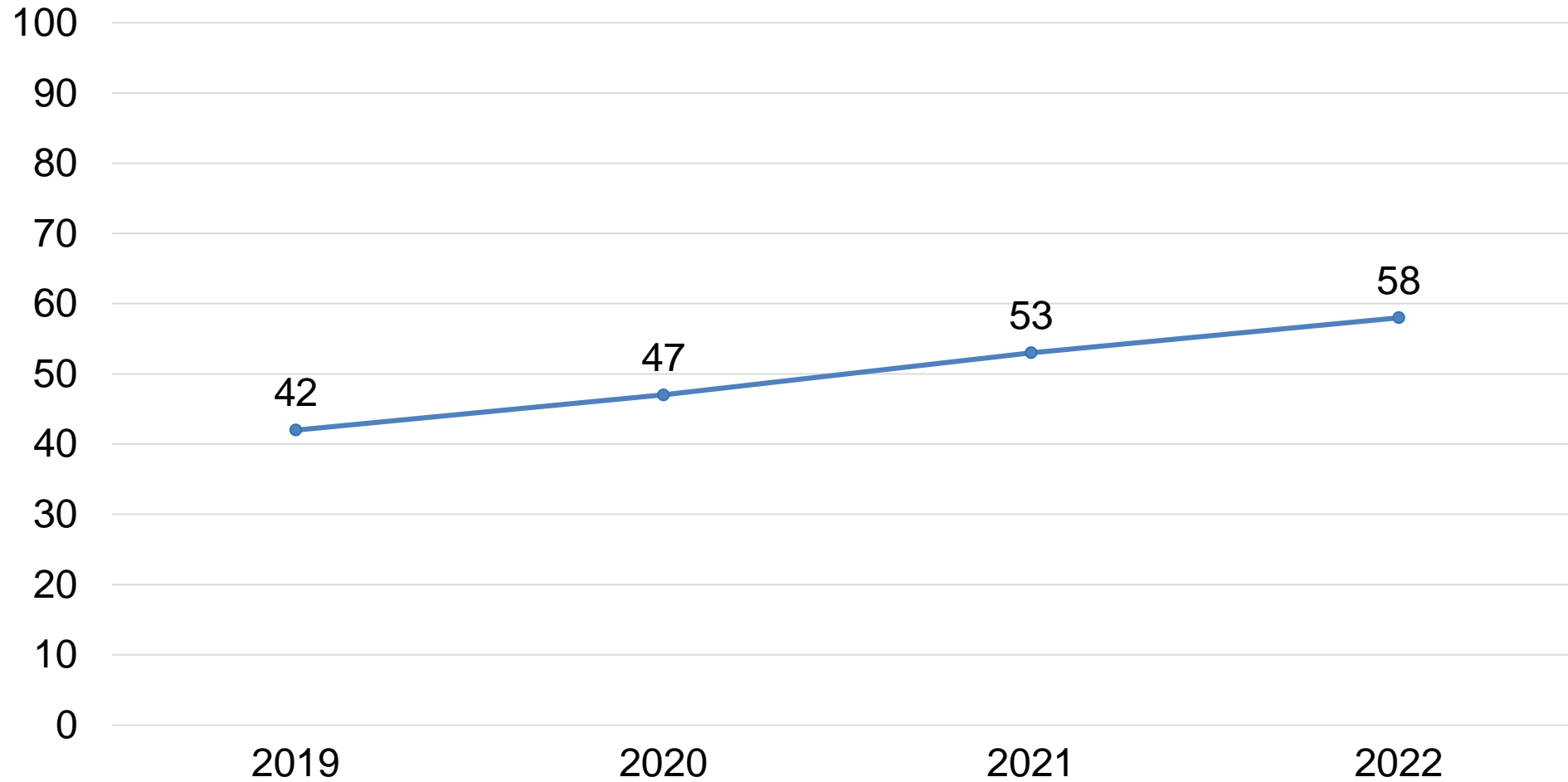
Rates are computed using cancers classified as malignant based on ICD-O-3. For more information see [malignant.html](#)

Data for the United States does not include data from Puerto Rico



## Social and Economic Factors Ranking

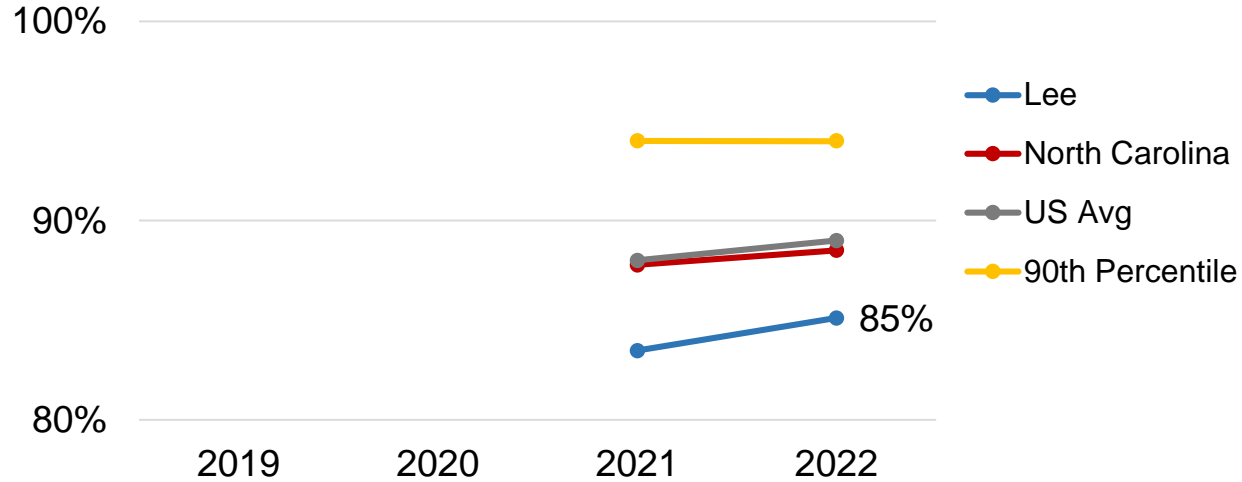
(lower is better)



# Social & Economic Factors

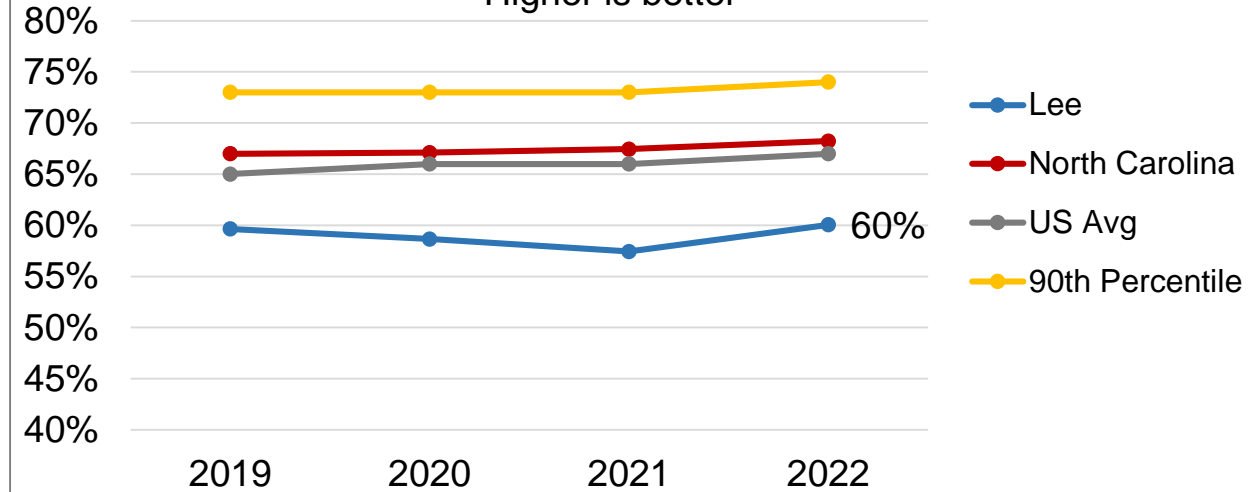
## ● High school completion

(% off adults ages 25 and over with a high school diploma or equivalent)  
higher is better



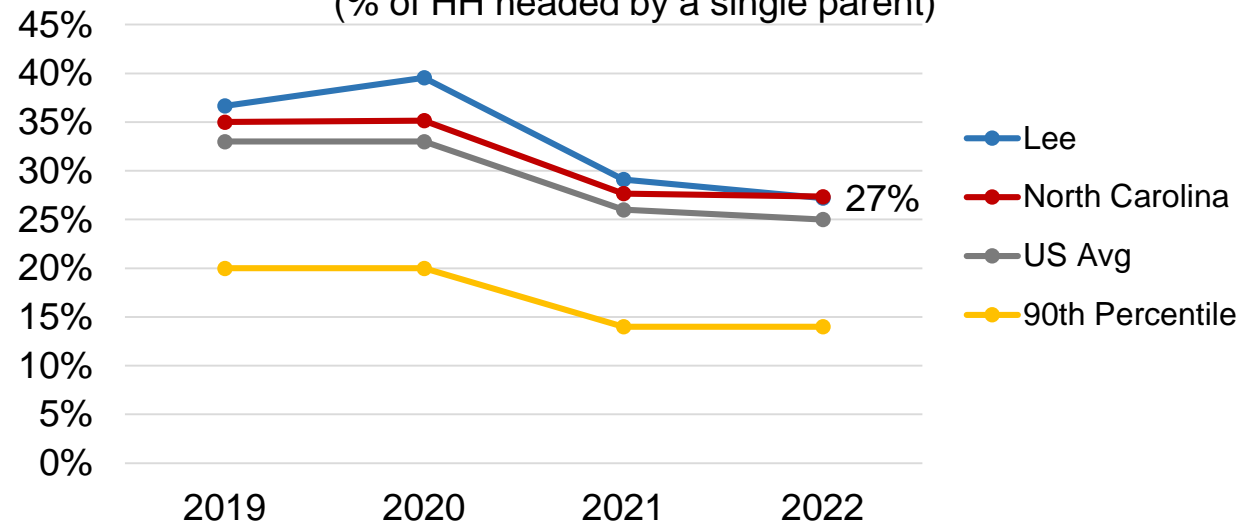
## ● Some college

(% of adults 35-44 with some postsecondary ed)  
Higher is better



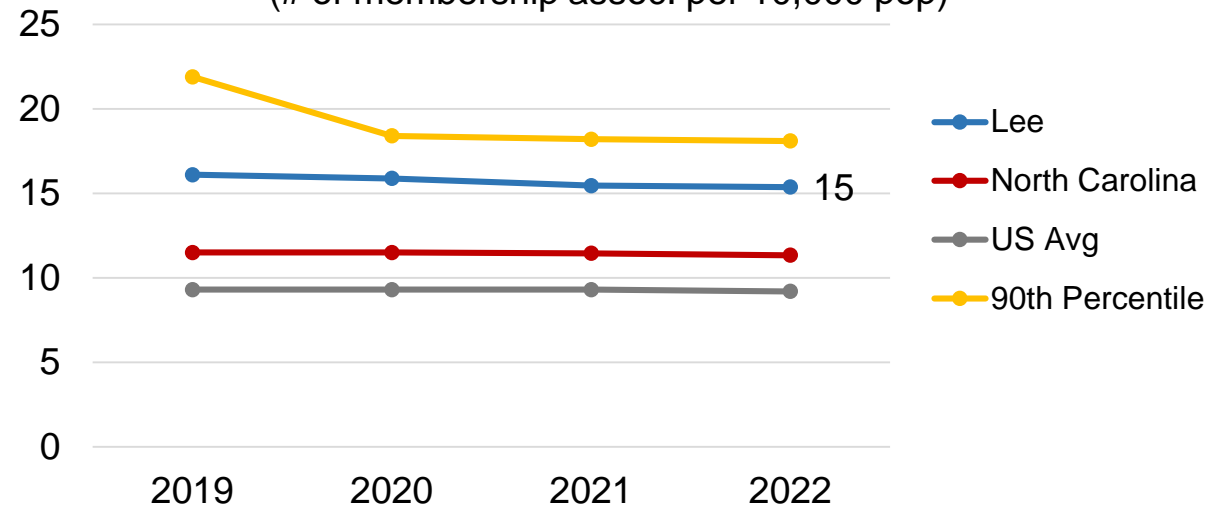
## ★ Children in single-parent households

(% of HH headed by a single parent)

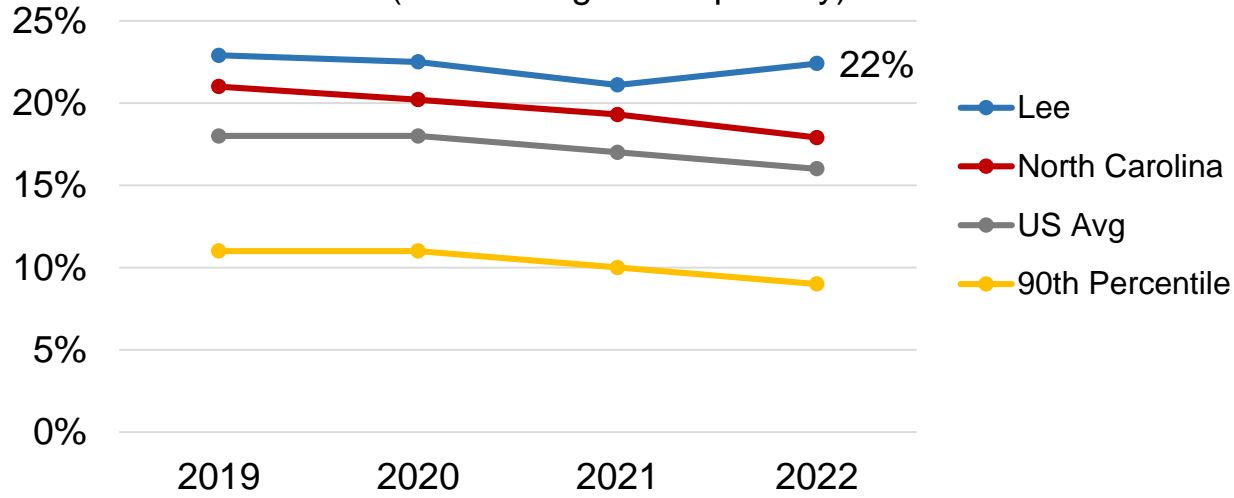


## ★ Social associations

(# of membership assoc. per 10,000 pop)



## ● Children in poverty (% under age 18 in poverty)



## Children in poverty (% under age 18 in poverty)

### Lee County

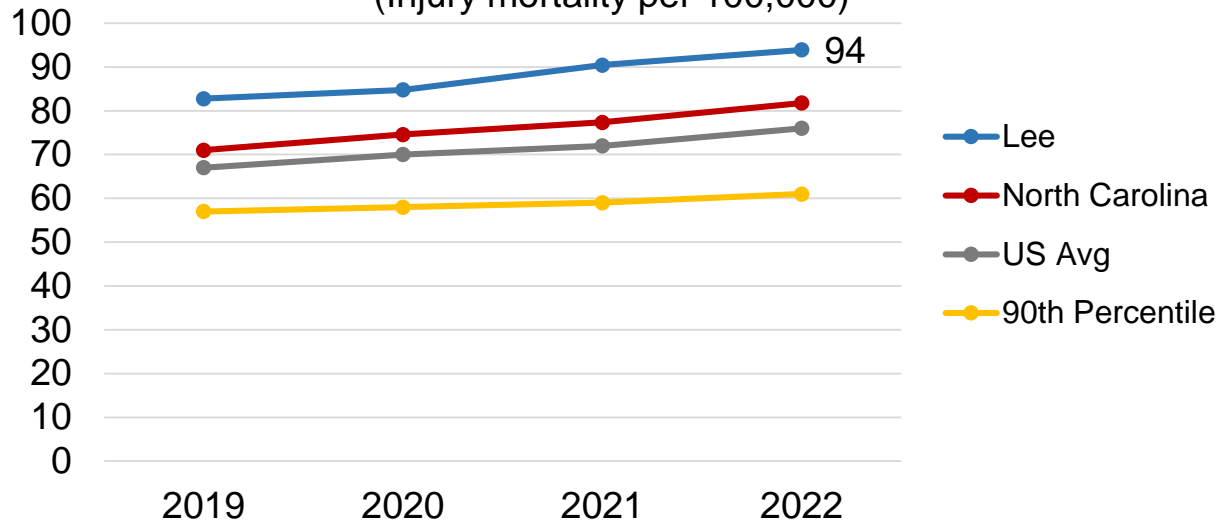
2022

American Indian & Alaska Native	NR
Asian	NR
Black	40%
Hispanic	29%
White	14%

63% of children are eligible for free or reduced-price lunches 2020-2021, compared to 58% for NC

## ● Injury deaths (Injury mortality per 100,000)

(Injury mortality per 100,000)



## Injury deaths (Injury mortality per 100,000)

(Injury mortality per 100,000)

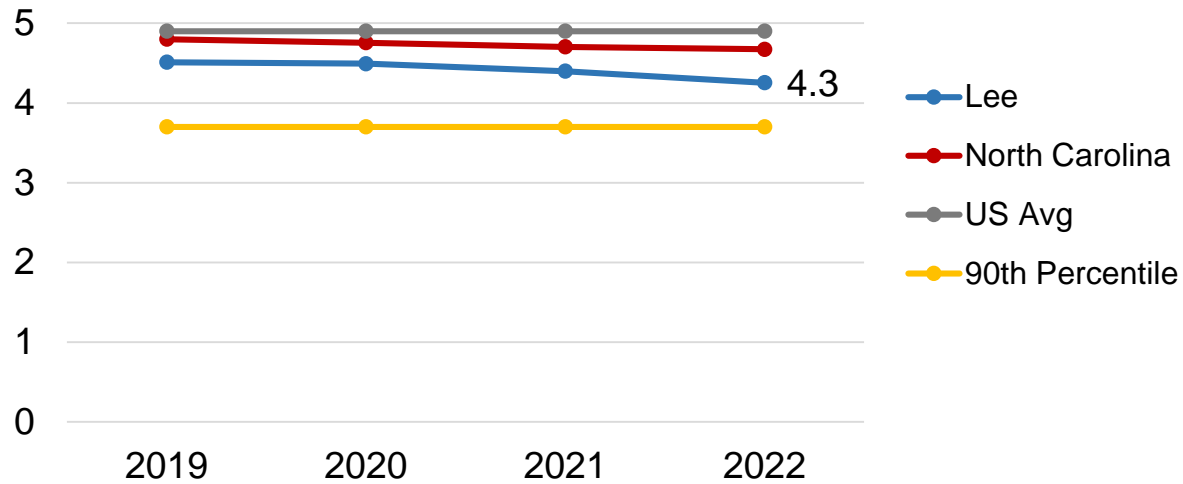
### Lee County

2022

American Indian & Alaska Native	NR
Asian	NR
Black	119
Hispanic	39
White	105

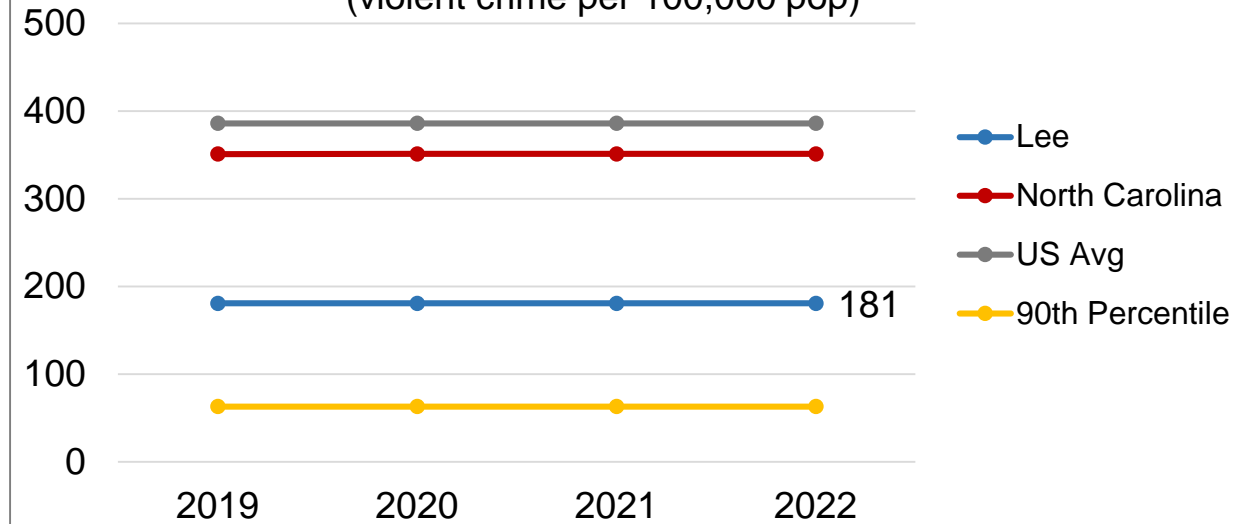
## ★ Income inequality

(ratio of HH income at the 80th percentile to income at the 20th percentile)



## ★ Violent crime rate

(violent crime per 100,000 pop)



## Crime Rates

(crime per 100,000 pop)

The Crime Index includes the total number of murders, rapes, robberies, aggravated assaults, burglaries, larcenies, and motor vehicle thefts.

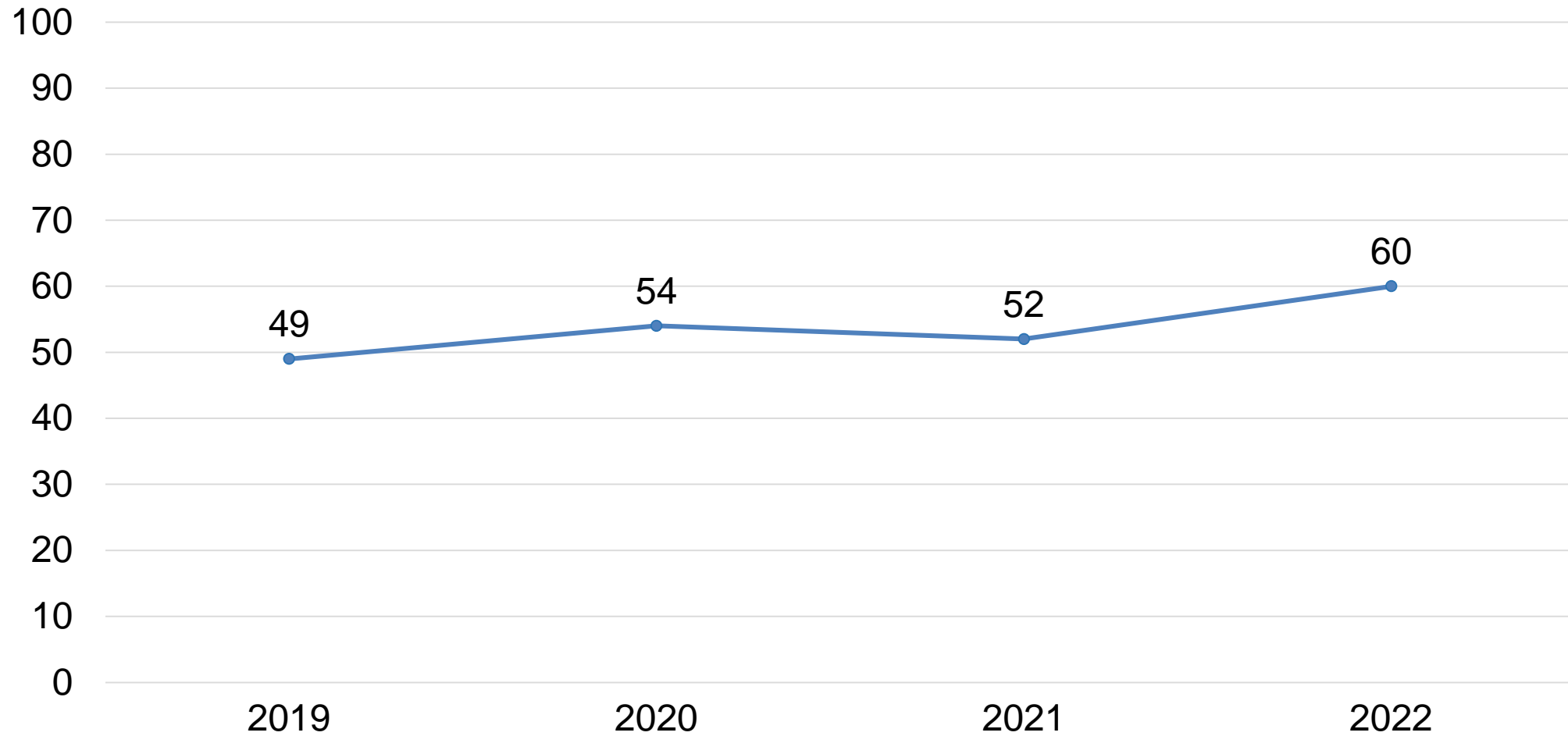
2021	Index Crime Rate	Violent Crime Rate	Property Crime Rate
NC	2,586	430	2,324
Lee County	1,631	156	2,156

Crime Index offences decreased 4.5% from 2019 to 2020 and 5.6% from 2020 to 2021.



# Physical Environment Rank

## Physical Environment Rank (lower is better)



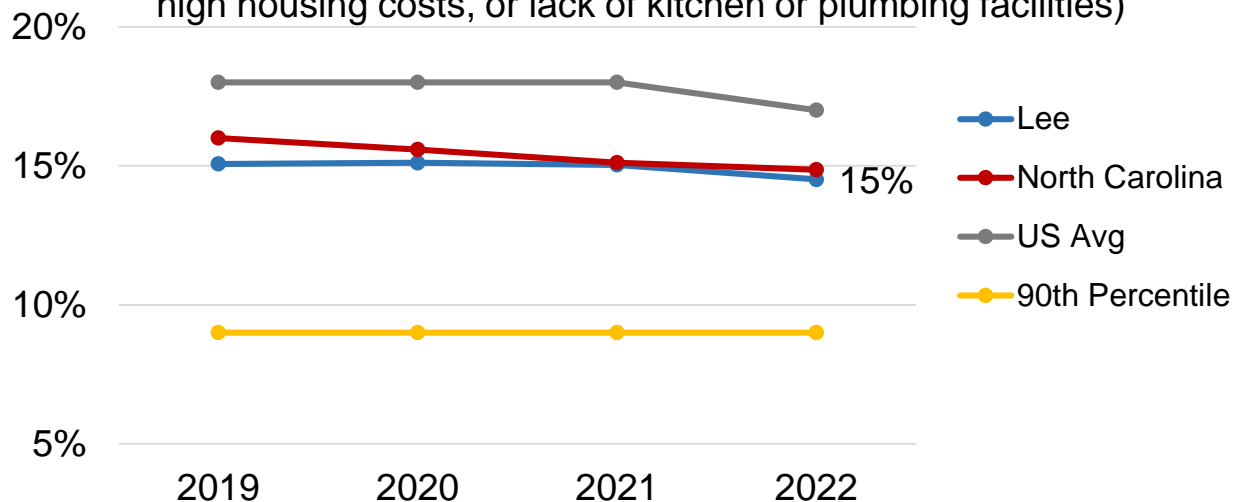
## ★ Drinking water violations

Lee County	2020	2021	2022
	No	No	No

Source: EPA Safe Drinking Water Information System.

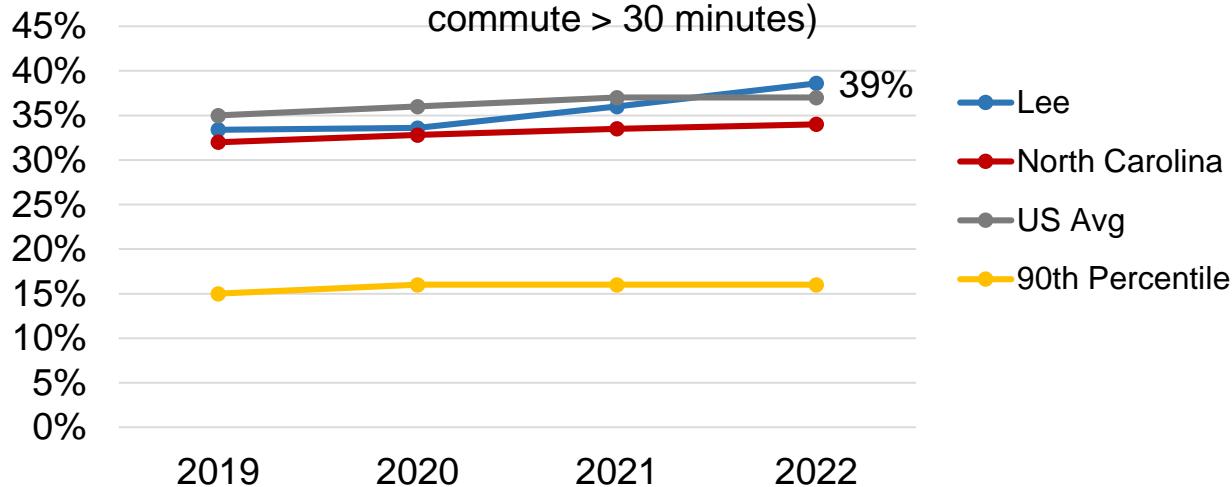
## ★ Severe housing problems

(% of hh with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities)



## ● Long commute- driving alone

(among workers who commute alone, the % that commute > 30 minutes)

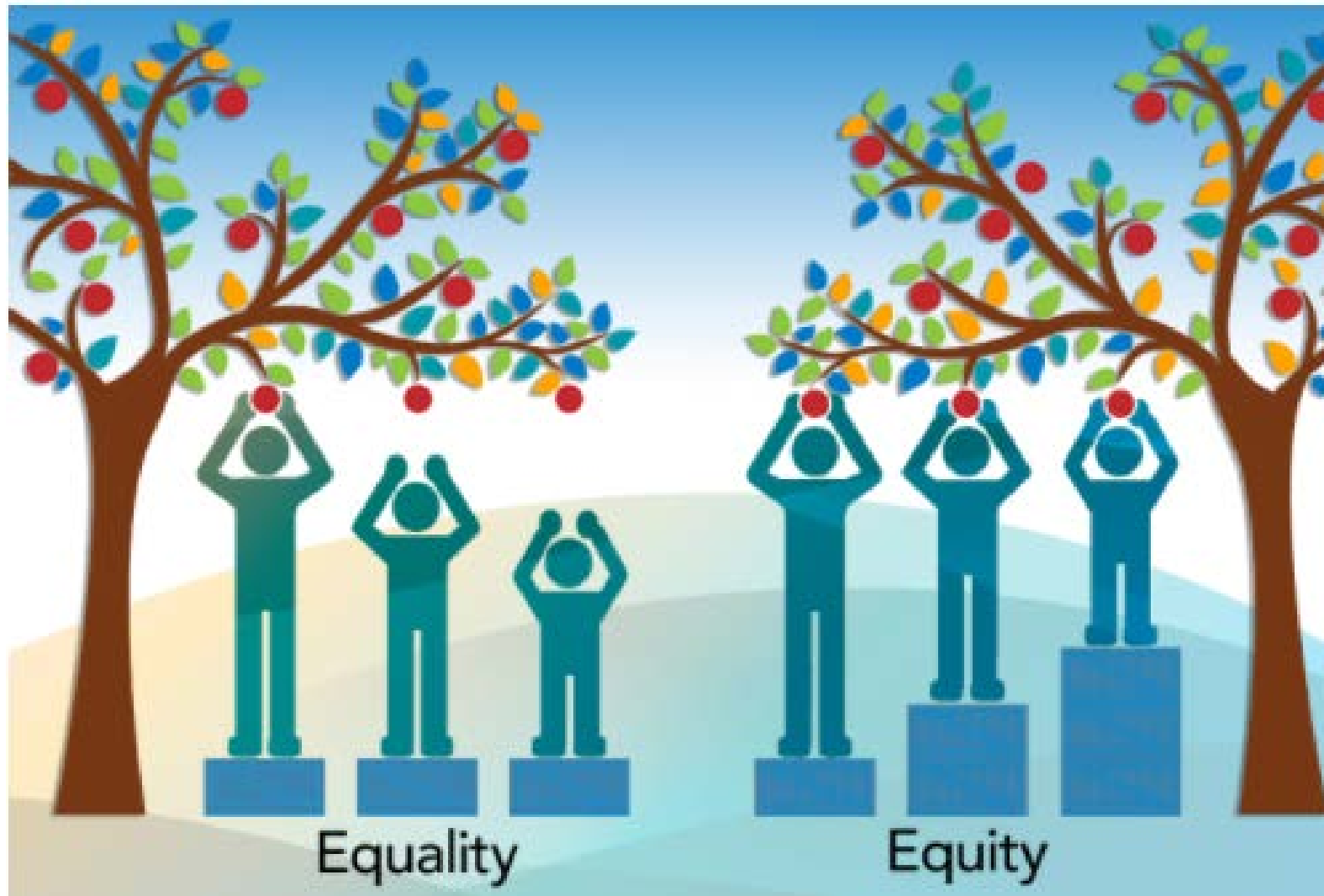


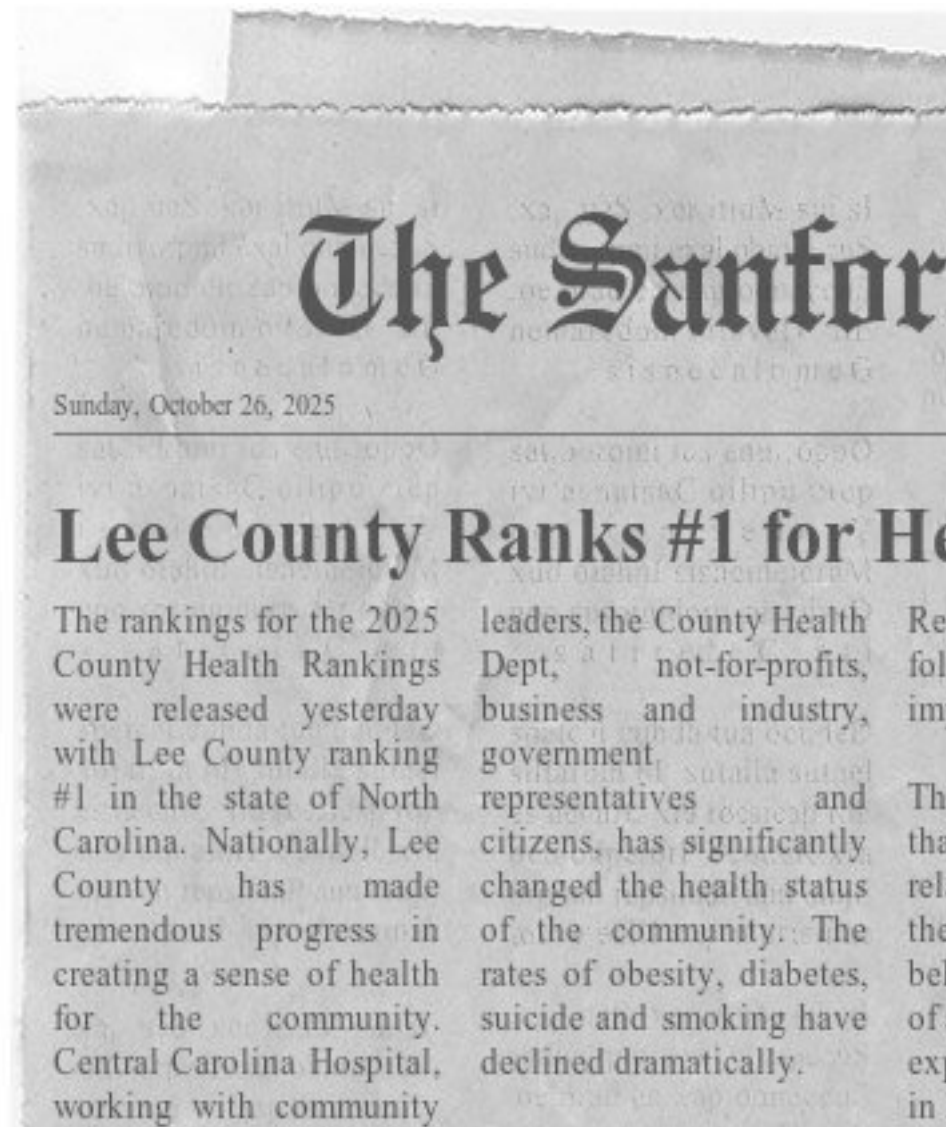
## ● Broadband access

(% of households with broadband internet connection)

Lee County	2022
Lee County	75%
North Carolina	83%
US Avg	85%
90th Percentile	88%

# Health Equality and Health Equity







*“If there is **hope** in the future,  
there is **power** in the present.”*  
– John Maxwell



# Significant Community Health Issues: Identified Issues

## 2019 CHNA

- Obesity
- Fitness/Nutrition
- Mental Health – including Alcohol and Substance Misuse

## Secondary Data

- Adult smoking
- Adult obesity
- Uninsured
- Preventable hospital stays
- High school completion
- Higher cancer incidence
- Lower COVID-19 vaccination rates

## Focus Groups

- Diabetes
- Mental health
- Substance use disorder
- STD/Is
- Access to Medicare resources
- Unhoused population and affordable housing
- Transportation
- Better nutrition
- Teen pregnancy
- Affordable childcare
- Internet – changing behavior and attitudes
- Gun violence

## Survey

- Low Income/poverty
- Unhoused
- Mental health – depression, anxiety, stress
- Diabetes
- Obesity - healthy eating, active living
- Dementia/Alzheimer's
- Cancer and prevention
- Heart disease
- High blood pressure
- High cholesterol
- Dental care
- Lack of health insurance
- Cost of care





A blue background with a network diagram of white nodes and lines. The nodes are circles of varying sizes, some with smaller circles inside them, connected by thin white lines. The network is more dense on the left side and becomes sparser towards the right.

# 10 Minute Break

# 2022 Top Health Issues

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1. Mental health – 9 post-its
2. Healthy eating/Active living – 7 post-its
3. Tie substance use disorder and social determinants of health (housing, transportation, safety, education) – 6 post-its
4. Access to care – 5 post-its
5. Youth development and activity – 3 post-its

# Exercise 2

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- You will be working with your table.
- On your table is a worksheet. We need three volunteers:
  - Scribe – official record keeper
  - Reporter – will report the group’s discussion
  - Facilitator – keep the group on track and on time
- Complete the worksheet – 2 goals and 2 actions for each goal with resources and collaborators needed.

## Exercise 2 - Brainstorming

**Significant Community Health Issue:**

\_\_\_\_\_

Please list your top 2 community health goals relative to your topic. Please make these goals SMART (Specific, Measurable, Attainable, Realistic, Time-bound)

1. \_\_\_\_\_

2. \_\_\_\_\_

**Create a Community Action Plan for your 2 Goals with suggested resources needed:**

Goal 1 (*from above*)

Resources/Collaborators Needed:

Action 1:

Action 2:

Goal 2 (*from above*)

Resources/Collaborators Needed:

Action 1:

Action 2:



# Thank You!

## Next Steps:

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- *Implementation Plan*
- *Community Health Report*

A network diagram background consisting of various nodes (circles) connected by lines. Some nodes are solid, some are dashed, and some are double-lined. The connections are a mix of solid and dashed lines, creating a complex web-like structure. The overall color scheme is light blue on a dark blue background.

# Appendix

## Additional Data

# Original Source and Year

Focus Area	Measure	Source	Year(s)
<b>HEALTH OUTCOMES</b>			
<b>Length of Life</b>	Premature death*	National Center for Health Statistics - Mortality Files	2018-2020
<b>Quality of Life</b>	Poor or fair health‡	Behavioral Risk Factor Surveillance System	2019
	Poor physical health days‡	Behavioral Risk Factor Surveillance System	2019
	Poor mental health days‡	Behavioral Risk Factor Surveillance System	2019
	Low birthweight*	National Center for Health Statistics - Natality files	2014-2020
<b>HEALTH FACTORS</b>			
<b>HEALTH BEHAVIORS</b>			
<b>Tobacco Use</b>	Adult smoking‡	Behavioral Risk Factor Surveillance System	2019
<b>Diet and Exercise</b>	Adult obesity‡	Behavioral Risk Factor Surveillance System	2019
	Food environment index	USDA Food Environment Atlas, Map the Meal Gap from Feeding	2019
	Physical inactivity‡	Behavioral Risk Factor Surveillance System	2019
	Access to exercise opportunities	Business Analyst, ESRI, YMCA & US Census Tigerline Files	2010 & 2021
<b>Alcohol and Drug</b>	Excessive drinking‡	Behavioral Risk Factor Surveillance System	2019
	Alcohol-impaired driving deaths	Fatality Analysis Reporting System	2016-2020
<b>Sexual Activity</b>	Sexually transmitted infections	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB	2019
	Teen births*	National Center for Health Statistics - Natality files	2014-2020
<b>CLINICAL CARE</b>			
<b>Access to Care</b>	Uninsured	Small Area Health Insurance Estimates	2019
	Primary care physicians	Area Health Resource File/American Medical Association	2019
	Dentists	Area Health Resource File/National Provider Identification file	2020
	Mental health providers	CMS, National Provider Identification	2021
<b>Quality of Care</b>	Preventable hospital stays*	Mapping Medicare Disparities Tool	2019
	Mammography screening*	Mapping Medicare Disparities Tool	2019
	Flu vaccinations*	Mapping Medicare Disparities Tool	2019
<b>SOCIAL &amp; ECONOMIC FACTORS</b>			
<b>Education</b>	High school completion	American Community Survey, 5-year estimates	2016-2020
	Some college	American Community Survey, 5-year estimates	2016-2020
<b>Employment</b>	Unemployment	Bureau of Labor Statistics	2020
<b>Income</b>	Children in poverty*	Small Area Income and Poverty Estimates	2020
	Income inequality	American Community Survey, 5-year estimates	2016-2020
<b>Family and Social</b>	Children in single-parent households	American Community Survey, 5-year estimates	2016-2020
	Social associations	County Business Patterns	2019
<b>Community Safety</b>	Violent crime	Uniform Crime Reporting - FBI	2014 & 2016
	Injury deaths*	National Center for Health Statistics - Mortality Files	2016-2020
<b>PHYSICAL ENVIRONMENT</b>			
<b>Air and Water</b>	Air pollution - particulate matter	Environmental Public Health Tracking Network	2018
	Drinking water violations+	Safe Drinking Water Information System	2020
<b>Housing and Transit</b>	Severe housing problems	Comprehensive Housing Affordability Strategy (CHAS) data	2014-2018
	Driving alone to work*	American Community Survey, 5-year estimates	2016-2020
	Long commute - driving alone	American Community Survey, 5-year estimates	2016-2020



# Original Source and Year

Focus Area	Measure	Source	Year(s)
<b>HEALTH OUTCOMES</b>			
<b>Length of Life</b>	COVID-19 age-adjusted mortality	National Center for Health Statistics - Mortality Files	2020
	Life expectancy*	National Center for Health Statistics - Mortality Files	2018-2020
	Premature age-adjusted mortality*	National Center for Health Statistics - Mortality Files	2018-2020
	Child mortality*	National Center for Health Statistics - Mortality Files	2017-2020
	Infant mortality*	National Center for Health Statistics - Mortality Files	2014-2020
<b>Quality of Life</b>	Frequent physical distress‡	Behavioral Risk Factor Surveillance System	2019
	Frequent mental distress‡	Behavioral Risk Factor Surveillance System	2019
	Diabetes prevalence‡	Behavioral Risk Factor Surveillance System	2019
	HIV prevalence+	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB	2019
<b>HEALTH FACTORS</b>			
<b>HEALTH BEHAVIORS</b>			
<b>Diet and Exercise</b>	Food insecurity	Map the Meal Gap	2019
	Limited access to healthy foods	USDA Food Environment Atlas	2019
<b>Alcohol and Drug Use</b>	Drug overdose deaths*	National Center for Health Statistics - Mortality Files	2018-2020
	Motor vehicle crash deaths*	National Center for Health Statistics - Mortality Files	2014-2020
<b>Other Health</b>	Insufficient sleep‡	Behavioral Risk Factor Surveillance System	2018
<b>CLINICAL CARE</b>			
<b>Access to Care</b>	Uninsured adults	Small Area Health Insurance Estimates	2019
	Uninsured children	Small Area Health Insurance Estimates	2019
	Other primary care providers	CMS, National Provider Identification	2021
<b>SOCIAL &amp; ECONOMIC FACTORS</b>			
<b>Education</b>	High school graduation+	EDFacts	2018-2019
	Disconnected youth	American Community Survey, 5-year estimates	2016-2020
	Reading scores*+	Stanford Education Data Archive	2018
	Math scores*+	Stanford Education Data Archive	2018
	School segregation	National Center for Education Statistics	2020-2021
	School funding adequacy+	School Finance Indicators Database	2019
<b>Income</b>	Gender pay gap	American Community Survey, 5-year estimates	2016-2020
	Median household income*	Small Area Income and Poverty Estimates	2020
	Living wage	The Living Wage Calculator	2021
	Children eligible for free or reduced	National Center for Education Statistics	2019-2020
<b>Family and Social Support</b>	Residential segregation - Black/white	American Community Survey, 5-year estimates	2016-2020
	Residential segregation - non-	American Community Survey, 5-year estimates	2016-2020
	Childcare cost burden	The Living Wage Calculator, Small Area Income and Poverty	2021 & 2020
	Childcare centers	Homeland Infrastructure Foundation-Level Data (HIFLD)	2021
<b>Community Safety</b>	Homicides*	National Center for Health Statistics - Mortality Files	2014-2020
	Suicides*	National Center for Health Statistics - Mortality Files	2016-2020
	Firearm fatalities*	National Center for Health Statistics - Mortality Files	2016-2020
	Juvenile arrests+	Easy Access to State and County Juvenile Court Case Counts	2019
<b>PHYSICAL ENVIRONMENT</b>			
<b>Housing and Transit</b>	Traffic volume	EJSCREEN: Environmental Justice Screening and Mapping Tool	2019
	Homeownership	American Community Survey, 5-year estimates	2016-2020
	Severe housing cost burden	American Community Survey, 5-year estimates	2016-2020
	Broadband access	American Community Survey, 5-year estimates	2016-2020





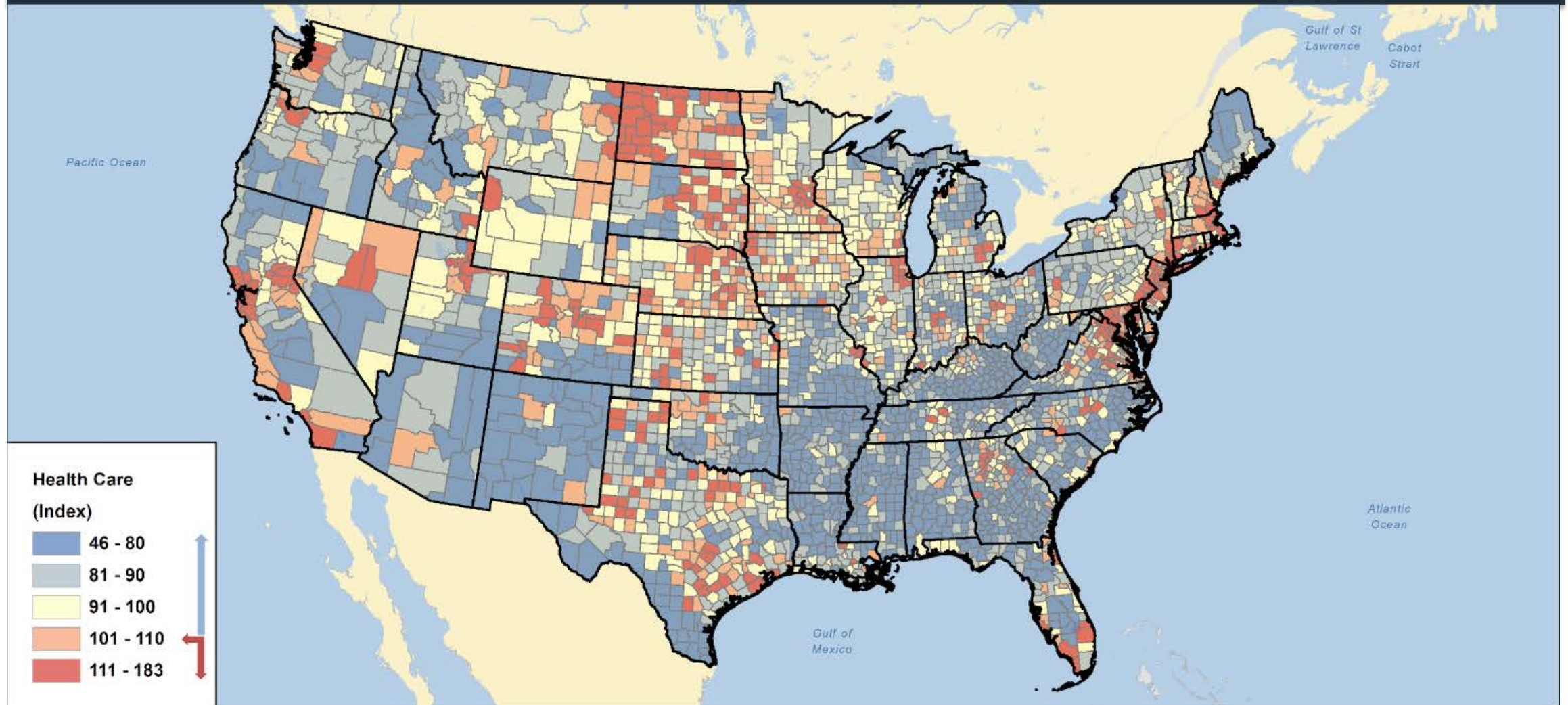
# Esri Data Sources and Description

Database name	Source	Vintage	Description	Frequency of updates
Updated Demographics	Esri	2021/2026	Esri provides current-year updates and five-year projections of population, age by sex, race and Hispanic origin, households and families, tenure, home value, household income, household income by age of householder, per capita income, current-year employed population by occupation and industry, unemployment, current-year marital status, current-year educational attainment, current-year age by sex and race, current-year disposable income, current-year net worth, and more.	Annually
Census Data	Esri and U.S. Census Bureau	2010 & 2000	Esri provides census data for geographies not supplied by the Census Bureau including ZIP Codes, DMAs, rings, drive times, and hand-drawn areas. Esri also provides data for states, counties, tracts, block groups, places, CBSAs, congressional districts, and county subdivisions.	Decennially
American Community Survey (ACS)	U.S. Census Bureau	2015-2019	Esri provides ACS data for households by social security income, households by retirement income, poverty status, labor force, journey to work, languages spoken, and ancestry. To increase understanding of the data, Esri developed a system of reliability symbols that indicates the accuracy of each estimate. Esri also provides the ACS data for geographies not supplied by the Census Bureau, such as ZIP Codes, rings, drive times, and hand-drawn areas.	Annually
Tapestry Segmentation	Esri	2021	Tapestry Segmentation provides an accurate, detailed description of America's neighborhoods. U.S. residential areas are divided into 67 distinctive segments based on their socioeconomic and demographic composition.	Annually

# Consumer Spending on Health Care

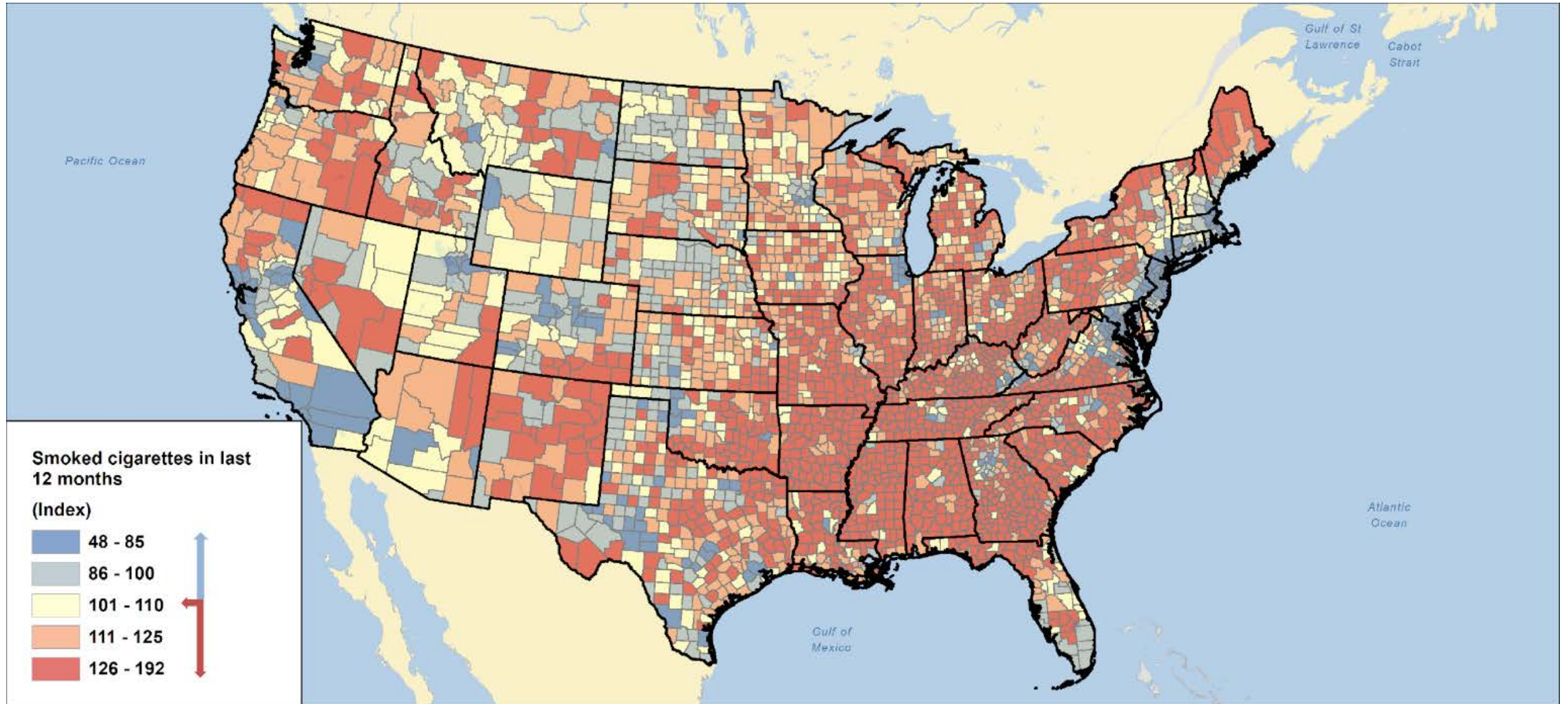


US Index is 100. Orange and Red shaded census tracts are areas that spend more out of pocket on health care than the US average. Grey, blue, and yellow colors spend less out of pocket on healthcare than the US.



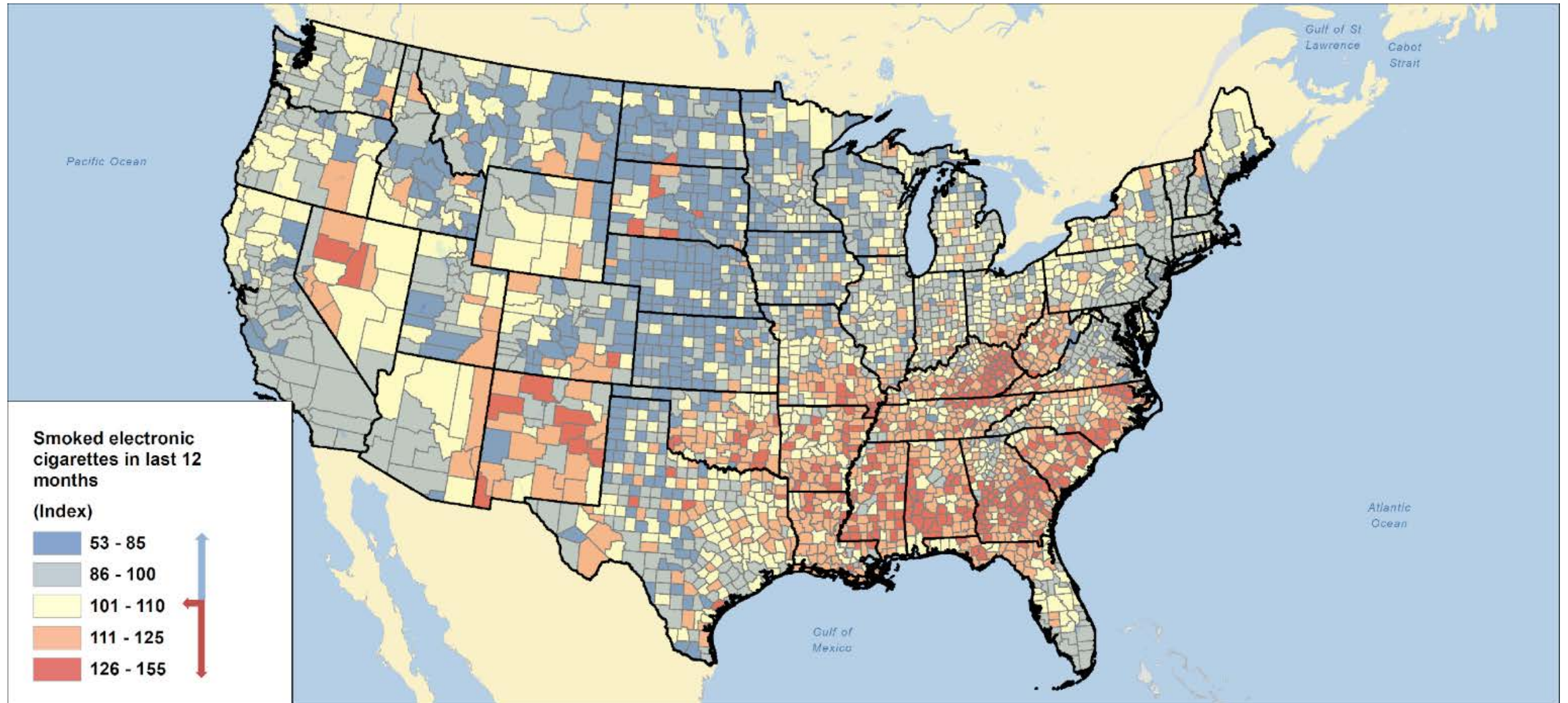


# Smoked Cigarettes in Last 12 Months



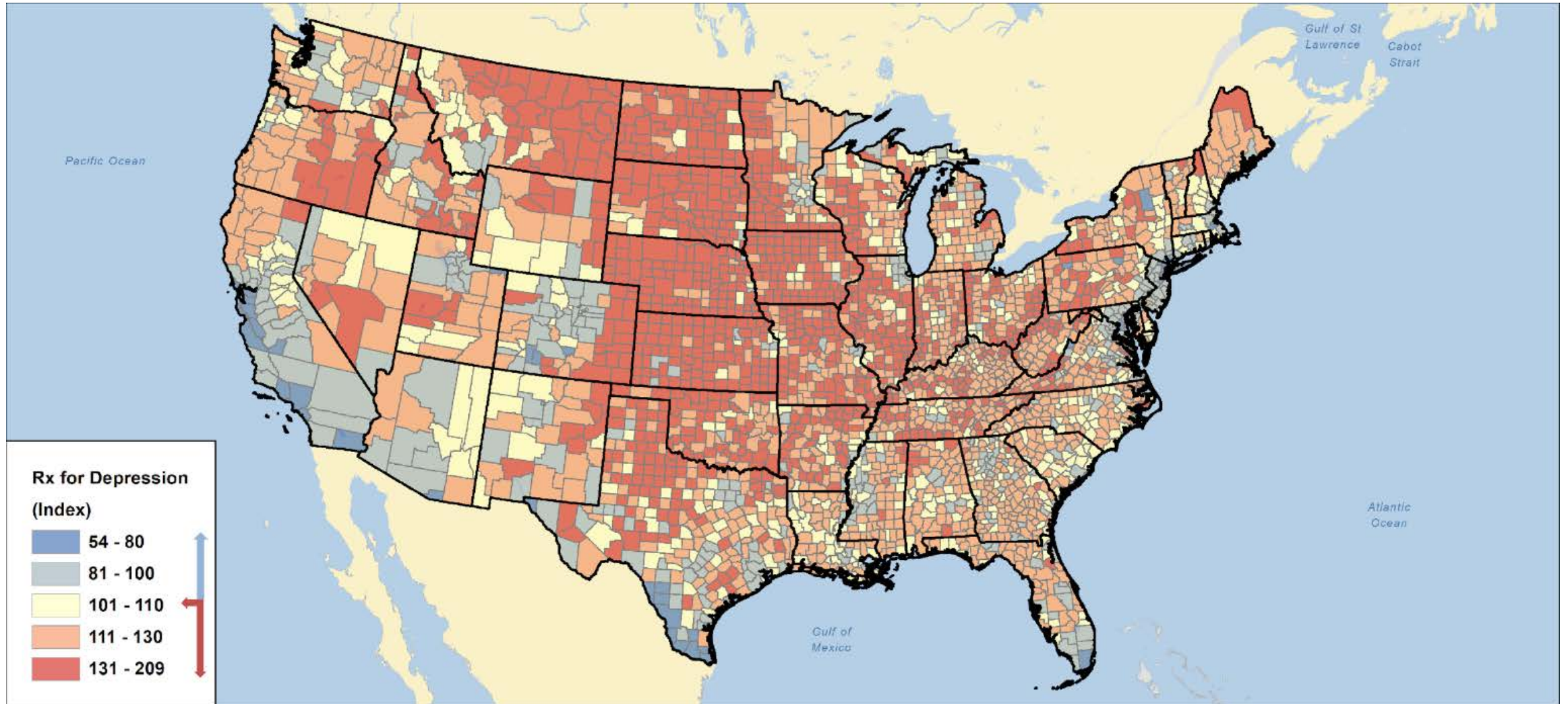


# Smoked Electronic Cigarettes in the Last 12 Months



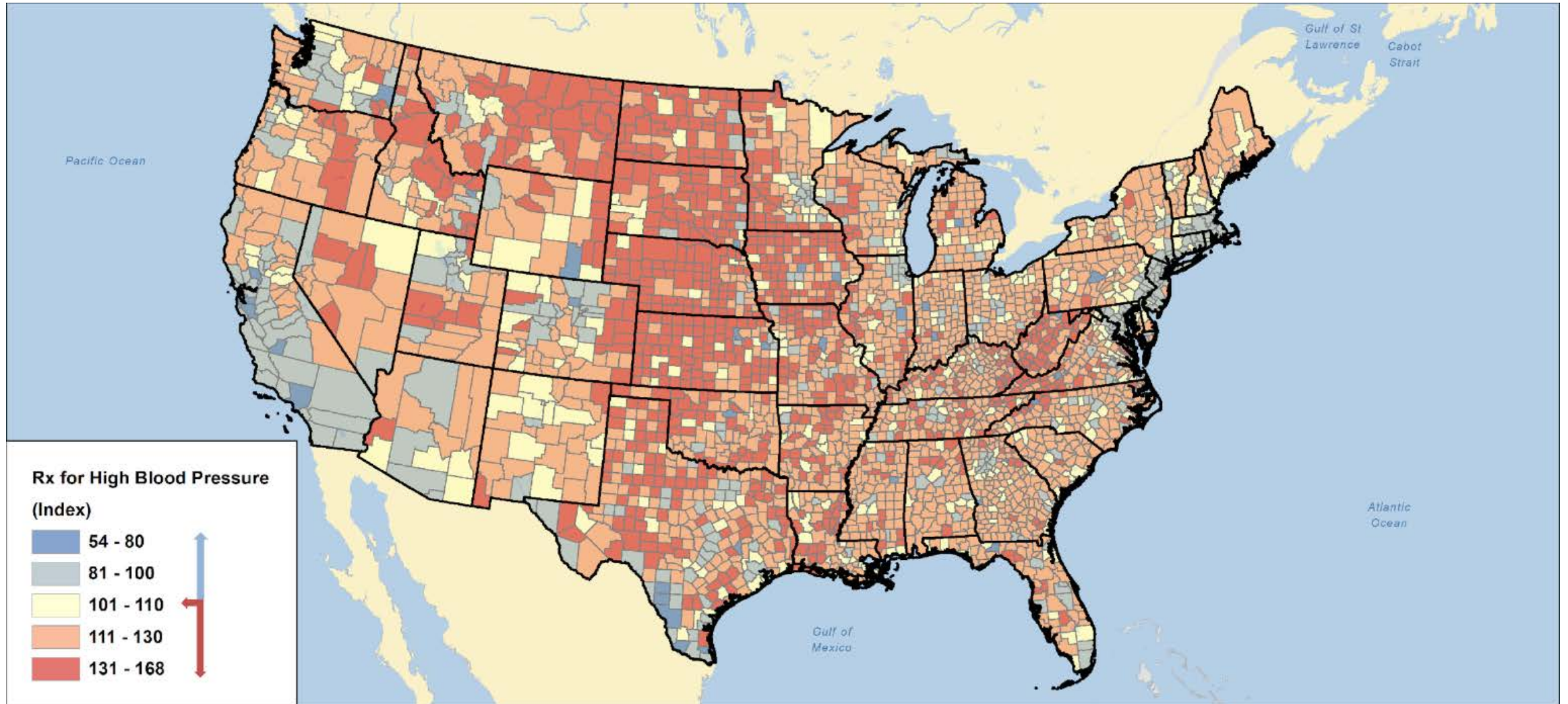


# Use Prescription Drug for Depression



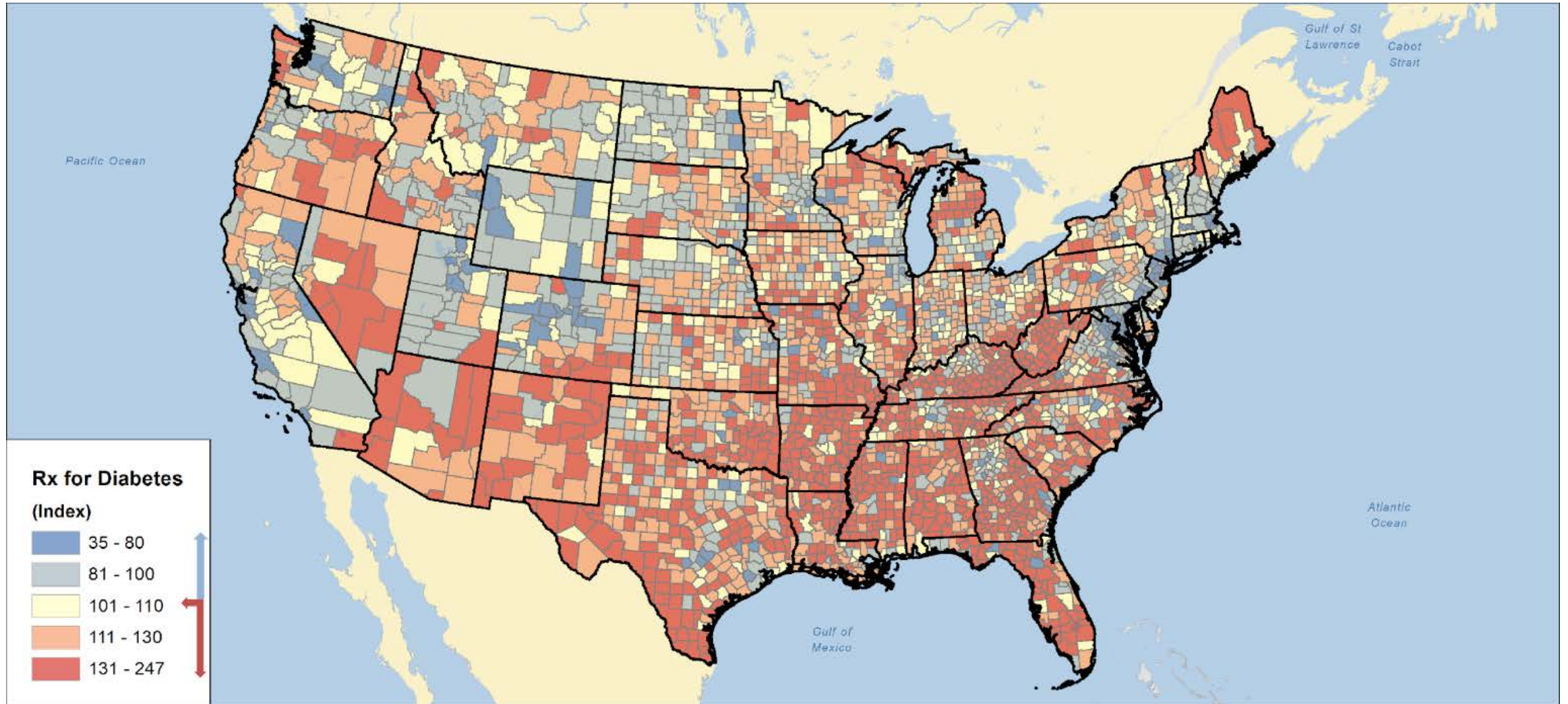


# Use Prescription Drug for High Blood Pressure



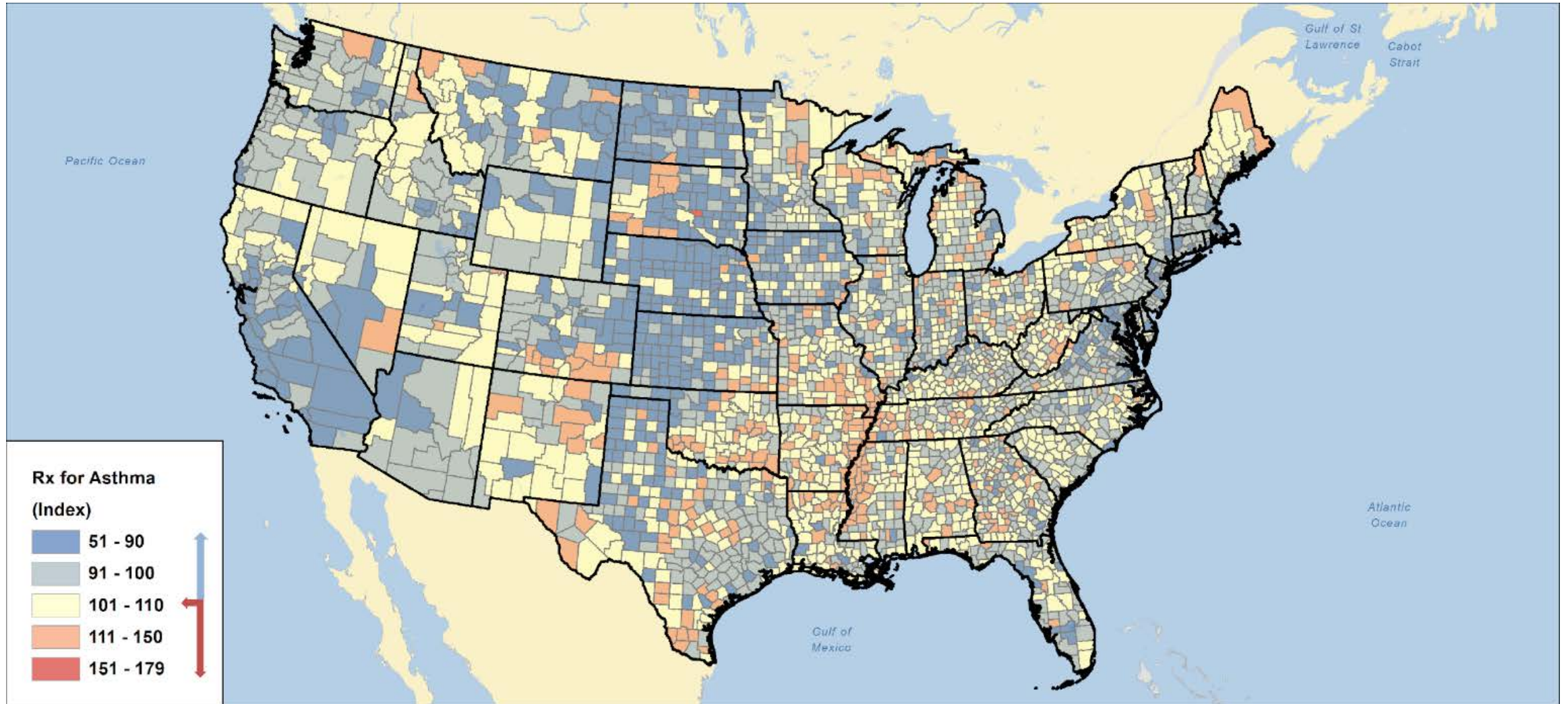


# Use Prescription Drug for Diabetes (Insulin Dependent)



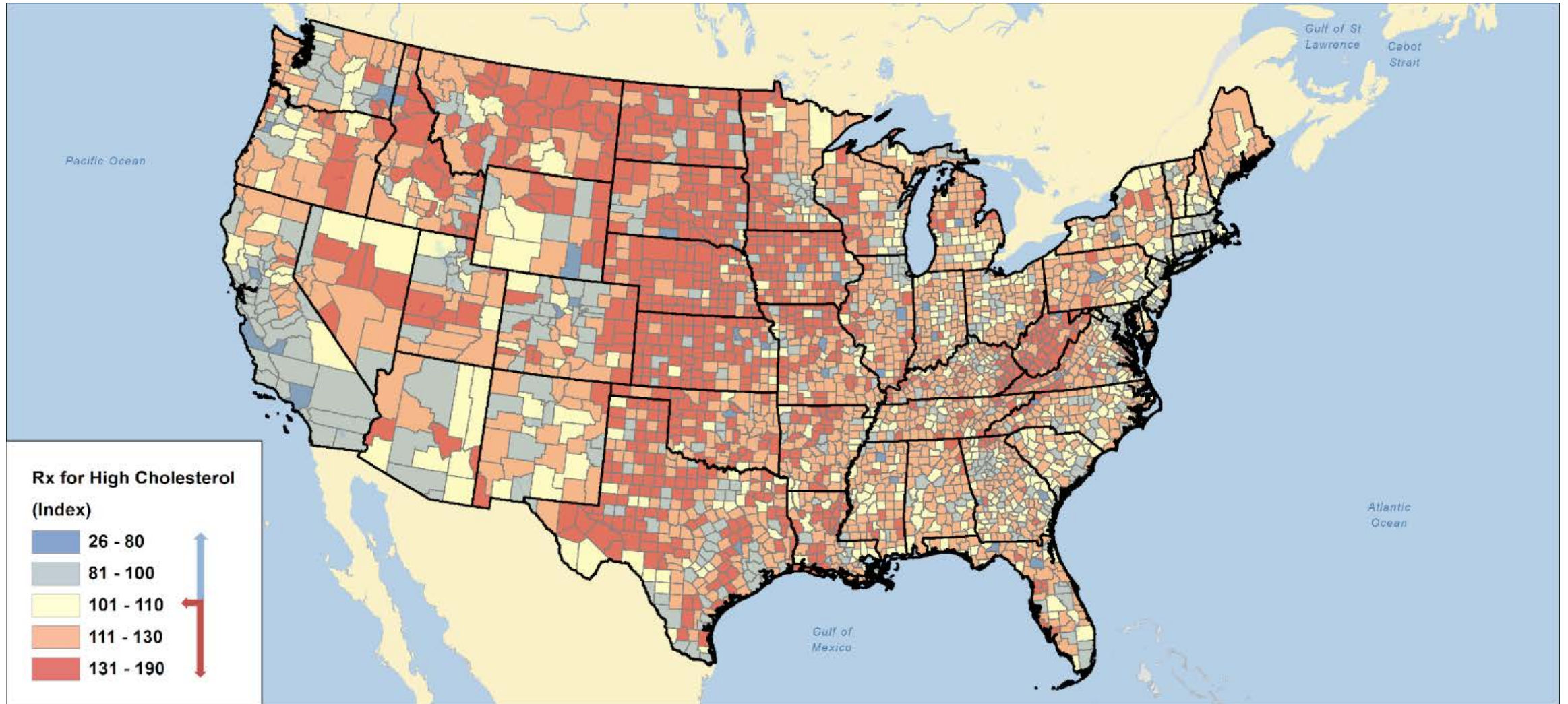


# Use Prescription Drug for Asthma





# Use Prescription Drug for High Cholesterol





# Visited a Doctor in the Last 12 Months

