



Lapeer County Senior Programs

810-245-5866

lapeercountyweb.org

Lapeer County Senior Programs provides supportive services and comprehensive programming designed to help seniors remain in their homes and maintain an independent lifestyle.

Eligibility for services is based on the level of care needed.

Participants must be 60 years of age or older and a resident of Lapeer County.

All programs and services are funded by the Lapeer County Senior Millage, and State/Federal Grants available through the Valley Area Agency on Aging (VAAA).

*Services Provided through the Lapeer County Senior Programs include:

- Home Delivered Meals and Congregate Site Meals
- Senior Centers
- Care Management
- In-Home Personal Care and Homemaking Services
- Respite
- Home Chore Services
- Transportation

Home Delivered Meals Program:

Lapeer County Senior Programs Home Delivered Meal program offers homebound seniors nutritionally balanced meals. Meals are delivered Monday, Tuesday, Wednesday and Friday (Thursday meals are delivered on Tuesdays, Saturday meals delivered on Friday).

**Eligibility is determined through a phone screening and in-home assessment. Seniors must be 60 years of age or older and residents of Lapeer County.

Congregate Meals:

Congregate meals are available daily at the Lapeer and Imlay City Senior Centers. All meals are provided at no cost to the senior, but donations are encouraged. To participate, attend a senior center, complete a registration form, and sign a reservation sheet (meals are ordered a day ahead).

Senior Centers:

Lapeer County Senior Programs operates two area senior centers. The centers are open Monday through Friday from 8:00 a.m. and 4:30 p.m., and offer a wide range of activities and programs. Seniors are free to participate in any activity or program but are asked to complete a registration form at their first visit to the center. Those 60 years of age and older are eligible to participate. Congregate lunch is served daily at 11:45 a.m. Reservations must be made 1 business day in advance.

Lapeer Senior Center
287 W. Nepeessing St
Lapeer, MI 48446
Phone 810-245-6896

Imlay City Senior Center
395 E. Third St.
Imlay City, MI
Phone 810-724-6030

Care Management:

Lapeer County Senior Programs offers Care Management services for clients who have multiple needs and are at risk of nursing home placement. This includes a comprehensive assessment to determine the level of care and evaluate service needs. An individualized care plan is developed, and reassessments are completed on a regular basis to allow for changes as needed. This is for those ages 60 years and older who have limited family support/assistance and have multiple needs but can reasonably stay at home with supportive services.

In-Home Personal Care and Homemaking:

Lapeer County Senior Programs provides various in-home supportive services; helping seniors to maintain an independent lifestyle. Eligibility for services are determined through a phone screening and in-person assessment; seniors must be 60 years of age or older and a resident of Lapeer County.

Personal Care services include in-home assistance with activities of daily living (ADL) for an individual; including bathing, dressing, grooming, toileting, transferring, eating and moving about.

Homemaking services consist of general household activities such as washing dishes, vacuuming, dusting, sweeping, laundry, grocery shopping, changing bed linens, and cleaning bathroom or kitchen surfaces.

Respite:

Respite care provides caregivers with the opportunity to take a break from the demands of caring for persons and 60 years and older with mental or physical disabilities. Program aides supervise and assist participants with activities of daily living while the caregiver attends to errands or just enjoys a recreational break.

Chore Services:

The home chore program provides basic home maintenance services to seniors who, because of frailty or disability, are unable to perform these tasks or do not have family who are able to assist in these tasks. They are intended to maintain the health and safety of the home and help the senior retain a degree of independence.

Home chores may include but are not limited to weatherization (caulking windows, installing weather stripping), safety measures (replacing light bulbs, installing smoke detectors, installing handrails and grab bars), clearing walkways of snow and ice, trimming overhead tree branches, cutting grass, leaf raking, etc.

Transportation:

Lapeer County Senior Programs transportation services are designed to help county seniors maintain their independence by providing reliable transportation within Lapeer County. Appointments need to be made as far in advance as possible to allow for scheduling. The phone number for this is 810-724-6030.

The van operates from the Imlay City Senior Center Monday through Friday; the cost is \$3.00 roundtrip. Appointments are made on a first call basis; medical appointments are prioritized. The van is not wheelchair accessible.