Kanabec County Veterans Services

Hours
Monday-Friday
0830-1600

18 N Vine ST, Suite 104
1st Floor of Courthouse

March 15   Happy Birthday American Legion

March 25
Medal of Honor Day
March 29

Office is closed
Tuesday March 20-Friday March 23

Spring CVSO Conference in Walker.

TRAINING
## Veterans Organizational Meetings

<table>
<thead>
<tr>
<th>Organization</th>
<th>Meeting Details</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Legion Post 201</td>
<td>4th Monday of month 7:00pm</td>
<td>Crystal Bar 39 N Union St, Mora</td>
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<tr>
<td>American Legion Post 640</td>
<td>2nd Wednesday of month 6:00 pm thru March</td>
<td>Civic Center 102 N Hill Ave, Ogilvie</td>
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<tr>
<td>Veterans of Foreign Wars</td>
<td>2nd Tuesday of month 7:00 pm</td>
<td>Braham Area Community Center 655 SW 8th St, Braham</td>
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<tr>
<td>American Legion Auxiliary</td>
<td>4th Monday of month 2:30 pm</td>
<td>Crystal Bar 39 N Union St, Mora</td>
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<tr>
<td>American Legion Auxiliary</td>
<td>2nd Wednesday of month 6:00 pm</td>
<td>Kanabec TWSP Hall 200 E Rutherford, Ogilvie</td>
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<tr>
<td>Disabled American Vets Chapter #4</td>
<td>3rd Thursday of month 6:45 pm</td>
<td>Hinckley American Legion 201 3rd ST NE</td>
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<tr>
<td></td>
<td>No meetings in Dec-Jan</td>
<td>Hinckley MN</td>
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The MN Department of Veterans Affairs (MDVA) offers supports to MN Veterans and families.

Customer Service for Veterans and Families
Phone: 1-888-LinkVet (546-5838)
International: +1-651-556-0596
TTY: 1-800-627-3529

**Chat support is available**

Chat hours are listed below.
- Monday - Friday: 07:00 AM - 07:45 PM CDT
- Saturday: 09:00 AM - 02:15 PM CDT
- Sunday: 11:00 AM - 04:15 PM CDT
Veterans Links & Phone

http://www.va.gov  All health care & VA Info

http://mn.gov/mdva
888-546-5838  MN State Benefits
877-294-6380  VA Pension
800-827-0648  Debt Management Office

www.ebenefits.va.gov
Set up an account to access and track all your VA benefits, obtain important documents, pay, certificate of eligibility education, and VA home loans. Also, Veterans Preference and employment assistance.

https://www.myhealth.va.gov
Online access to health records

Timber Trails Veteran’s Transportation
1-888-217-5222

Senior Linkage Line  800-333-2433

Veterans Choice Program
866-606-8198
www.va.gov/opa/choiceact

Kanabec County
http://www.kanabeccounty.org/

http://www.kanabeccounty.org/departments/veterans_services.php
Facebook: Kanabec Veterans
February flew by but that must mean spring is on the way!!

Big thank you to the DAV for selecting me for the mid-winter conference in Washington D.C. What an opportunity to work with veterans who are so driven to make sure veterans of all eras receive the same benefits.

Policy Goals are:
1. Comprehensive Support for Caregivers of all eras
2. Strengthen and modernize VA Health Care System
3. Defending our benefits and protecting our future
4. Improve Services and Recognition for Women Veterans
5. Support sufficient funding for veterans benefit and health care

For more information on this initiative contact me and I can share the literature.

Special thanks to DAV Chapter 4, and American Legion Post 201 for sponsoring the trip. Your support of veterans in our community has been an invaluable resource to me, this office and Kanabec County.

A quick look at the policy goals of our local service organizations:
<table>
<thead>
<tr>
<th>VFW Priority</th>
<th>American Legion Priority</th>
</tr>
</thead>
<tbody>
<tr>
<td>Budget</td>
<td>Health Care</td>
</tr>
<tr>
<td>Work Force Development &amp; Accountability</td>
<td>Women’s health care</td>
</tr>
<tr>
<td>Health Care</td>
<td>Suicide Prevention</td>
</tr>
<tr>
<td>Compensation &amp; Benefits</td>
<td>Veteran Caregivers</td>
</tr>
<tr>
<td>Education, Employment and Transition Assistance</td>
<td>Veteran Homelessness</td>
</tr>
<tr>
<td>Defense and Homeland Security</td>
<td>Transition</td>
</tr>
<tr>
<td>Military Quality of Life</td>
<td>Veteran Employment</td>
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<tr>
<td>POW/MIA</td>
<td>GI Bill</td>
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<td></td>
<td>Security</td>
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<td></td>
<td>Protect U.S. Flag from desecration</td>
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For more information:
https://www.vfw.org/advocacy/national-legislative-service


I will be at Spring Conference March 20–23 to receive the educational credits I need to maintain my accreditations.
WE NEED YOUR HELP:

Can you recommend a contractor, plumber, or electrician? We would love to know about them. Call Erica to have them placed on the list of service providers.

We have many veterans with needs in their home!

Have some extra time on your hands and want to give back: Volunteers are needed at

Lakes & Pines  320-679-1800  ext 115
Family Pathways  320-364-1115

Veterans Day on the HILL
Monday March 12, 2018

Call Erica if you would like a ride!!
No Barriers Warriors program - ECE supporting rural veterans

America’s rural communities are home to millions of men and women who have served in our armed forces, many of whom are living with a disability. This year, ECE is teaming up with our financial partner, CoBank, to honor and support veterans with disabilities in our community by enabling them to participate in one of four, five-day expeditions offered through the No Barriers Warriors program. Each of the expeditions takes place in the Colorado Rocky Mountains.

The CoBank/No Barriers program for rural veterans is more than just a mountain vacation, it provides an opportunity for veterans with disabilities to challenge their own limitations, both real and perceived, physical and mental. Through successfully completing demanding activities like rafting, rock climbing and hiking, participants become better-equipped to overcome the obstacles they face in their daily lives. By sharing the experience with other veterans with disabilities, they also build a network of support that can last a lifetime.

The program is open to veterans of any age and any branch of service. To be eligible, the veteran must simply have a VA disability rating and must be an ECE member. No Barriers Warriors expeditions are adapted to enable participation by veterans with various physical disabilities as well as those with “invisible” disabilities like PTSD.

If you would like to be considered to participate in this program or would like to nominate another veteran, please contact Desiree Cuda 763-689-8031, desiree.cuda@ecemn.com to be directed to the application. Applications must be completed by April 11, and expeditions are filled on a first come, first served basis, so don’t delay. Contact us today!

“I could never thank No Barriers enough for helping me get back my life. All I can do is try my best to pay it forward.”

— Eric, No Barriers Warriors participant
Armed Forces Day Golf Tournament
Saturday May 19, 2018
Spring Brook Golf Course, Mora MN

Shot Gun Start 10:00
3 Person Scramble/1 Veteran or serviceperson per team
$90/team includes: round/cart/meal

American Legion Post #201
Fundraiser is for: Eyes of Freedom & Silent Battle

Memorial Event August 3-6, 2018
Kanabec County Fairgrounds

Proceeds to benefit Veterans Emergency Fund

Call to register: 320-309-4166 (Robin)