



RUNNING WITH THE LAW 5K

WALK — RUN — ROLL

SATURDAY, APRIL 13TH, 2019

Backup Date Scheduled for April, 27th, 2019

REGISTRATION

\$30 Adult Registration (by March 29)

\$20 Youth Registration* (by March 29)
Ages 4 and younger join the fun FREE**

\$20 Ghost Runner

Can't be at the Race? Register as a "Ghost Runner" and receive your "Running with the Law" race shirt!

\$35 Adults/\$25 Youth *after March 29*

Race begins at the Kanabec County Jail
100 N Vine St | Mora, MN 55051

EVENT INFO

9 am → Packet Pick-Up

10 am → Race Start Time

11 am → Prize Drawing

DONUT DASH

Kids Relay Race

REGISTER EARLY!

Proceeds from this event will be used to fund our outreach programs throughout the year! Programs includes: *Take a Kid Fishing, Shop with a Cop, Movies in the Park* and *National Night Out*. We appreciate your support!

*Race Shirts ONLY Guaranteed if registered by March 29th



Questions?

Contact Ashley Meier

Ph. 320.679.8426

badges@co.kanabec.mn.us



[website link](#)

**Ages 4 and younger participating for FREE are not eligible to receive a race shirt unless registered.



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REGISTRATION FORM *Register by March 29 for best pricing!*

☐ Sorry, I can't make it but I'd like to donate and receive a race shirt by being a Ghost Runner

First Name: _____ Last Name: _____ ☐ Adult ☐ Youth Age (as of 4/13/19): _____

Shirt Size (circle one) Youth S M L XL Men S M L XL XXL Women S M L XL XXL

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Shirt Size (circle one) Youth S M L XL Men S M L XL XXL Women S M L XL XXL

Emergency contact:

First Name: _____ Last Name: _____ Ph. _____

Completed Registration forms may be *mailed or delivered* to: Kanabec County Sheriffs Office OR Kanabec County Jail/Dispatch
18 N Vine St, Suite 143 100 N Vine St
Mora, MN 55051 Mora, MN 55051

Completed forms may also be submitted by email with payment due day of race: badges@co.kanabec.mn.us

INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED:

In consideration of my entry being accepted, I intend to be legally bound and do hereby for myself, my heirs, and executors waive all rights and claims for damages which I may have or which may hereafter accrue to me against B.A.D.G.E.S., sponsors or any subsidiary or political subdivision thereof, its or their respective officers, agents, representatives, successors, assigns and sponsors for any and all damages or injuries or injuries which may be sustained and suffered by me in connection with my association with or entry or participation in this event. If I should suffer injury or illness I authorize the officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. I also grant permission to BADGES for photos to be taken of my children or me during the event.

I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

Signature of Participant/If under 18, Signature of Legal Guardian

Date