

Family Home Visiting

PROVIDED BY KANABEC COUNTY FAMILY HEALTH NURSES

Each family's journey is unique. The Kanabec County Family Health Nurses are available to support you and your family. We offer a variety of home visiting programs that may be beneficial to you, your family and your child(ren).



MATERNAL EARLY CHILDHOOD HOME VISITING

Registered Nurses will provide a structured home visiting program with a strong focus on parent-child relationship and child development. This program focuses on a parent's strengths and enhances their parenting skills. Visits begin during pregnancy or up to 8 weeks post hospital discharge and continue until the child is two years old.



UNIVERSAL BABY VISIT

Each baby born to a family living in Kanabec County is eligible to receive a Universal Baby Visit from a Kanabec County Family Health Nurse. Our nurses offer an in-home visit for you and your baby! Baby's weight and measurements will be assessed, mom will be assessed in her postpartum journey, and any concerns will be discussed. Our visit occurs when your baby is between 4-6 weeks of age, however they can be offered sooner if desired.



SHORT-TERM HOME VISITING

Our short-term home visiting program allows families in all stages of development to enroll and receive support and guidance from our family health nurses. We strive to connect you with resources and support your family in reaching new goals. Families with children who suffer from medical conditions can also receive support from our nurses.

Our Family Home Visiting programs are a great way to follow up on breastfeeding questions and other infant care questions that arise. Our nurses also address questions about pregnancy, baby/child development, home safety, injury prevention, and nutrition. To set up a nurse visit please contact us at:

Kanabec County Family Health
Public Health Building
905 East Forest Avenue, Mora, 55051
PH. (320)679-6330

